Small-cell lung cancer growth inhibition: synergism between NMDA receptor blockade and chemotherapy

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Background: Small-cell lung cancer (SCLC) has a poor prognosis since there is currently no effective therapy for commonly recurring disease. In our previous study, both primary and recurrent human tumors have been shown to express functional N-methyl-D-aspartate (NMDA) receptors, and blockade of these receptors with GluN1 and GluN2B antagonists decreased tumor cell viability in vitro, and growth of tumor xenografts in nu/nu mice.

Materials and methods: In this study, we examine the influence of the GluN2B antagonist ifenprodil and the channel-blocker antagonist memantine, on cell viability and growth of tumor xenografts of recurrent SCLC (rSCLC) in mice.

Results: Both antagonists significantly reduced cell viability and levels of components of the ERK1/2 pathway, increased apoptosis, and at very safe levels significantly reduced the growth of tumors in mice. Each antagonist and topotecan had additive effects to reduce cell viability with significant synergy demonstrated for the case of memantine. More significantly, combination treatments of xenografts in mice with ifenprodil and the chemotherapeutic agent topotecan produced clear additive effects that completely stopped tumor growth. Moreover, the ifenprodil and topotecan combination showed excellent supra-addition or synergy of inhibition for tumors ≤300 mm in size (P=4.7E−4). Combination treatment of memantine with topotecan also showed clear addition but, unlike ifenprodil, no synergy for the doses chosen.

Conclusion: Since topotecan is a drug of choice for treatment of rSCLC, our findings suggest that combining this agent with NMDA receptor blockade using the GluN2B antagonist, ifenprodil, will significantly improve patient outcomes.

Keywords: small-cell lung cancer, NMDA receptors, inhibitors, combination therapy

Introduction
Small-cell lung cancer (SCLC) has an incidence of ~40,000 new cases in the US each year,1 and while primary disease responds well to combination chemotherapies,1-4 remission times are limited and there is currently no effective treatment for recurrent disease.5-7 New treatments are, therefore, needed that are effective in providing long-term survival for patients with SCLC. Our discovery that all or most SCLC, both primary and recurrent forms, seem to depend for growth on functional N-methyl-D-aspartate (NMDA) receptors,3 led us to the studies described in this communication that examine the effects on tumor growth of two small antagonists as potential treatments and coupling these antagonists with chemotherapeutic agents as components of potential combination therapies. Although focus here is on recurrent SCLC (rSCLC) and the long-term culture NCI H82, the growth of cultures derived from primary disease (DMS 53, NCI H146, and NCI H345) have also been shown by us to be dependent on functional NMDA receptors.8 Receptor inhibition in adenocar-
cinema cells and other tumors has been found to impair the ERK1 growth cascade.9,10 Functional NMDA receptors are heterotetramers of two GluN1 and two GluN2 protein components that together form ion-channels.11 One antagonist examined here is a specific inhibitor of receptors containing the GluN2B protein,12 and this protein was found to be common to tumor NMDA receptors.9 The other is a channel blocker that recognizes the GluN1 protein. NMDA receptors are critically important for brain function, but have limited peripheral expression.13 However, both antagonists readily cross the blood–brain barrier. While a potential complication in the use of tumor NMDA receptor blockade could be expected from the reports of autoimmune encephalitis that can occur in some cancer patients through the generation of antibodies against the GluN1 protein of NMDA receptors,14,15 this malady seems to be principally due to a rare central inflammatory reaction.16 Moreover, the NMDA antagonists used here have been successfully introduced for therapy in the treatment of conditions such as post-traumatic stress disorder and Alzheimer’s disease, without serious side effects.17,18 The amount of each antagonist employed was designed to be similar to those that were found by others to be well tolerated in humans.17,18 The long-term cell culture of human SCLC used for these tests to grow tumors in nu/nu mice has been described as “variant” and is representative of recurrent disease.19

Materials and methods

Cultured cell lines

The variant SCLC cell line, NCI-H82, was obtained from American Type Tissue Culture Collection ([ATCC], Manassas, VA, USA). Cells were grown and maintained in Dulbecco medium or RPMI 1640 (Mediatech, Inc., Manassas, VA, USA) supplemented with 10% FBS (Sigma Chemicals, Perth, Australia) at cell densities of 105–5×105/mL in a humidified atmosphere of 5% CO2 at 37°C.

Western blot analysis

To examine the effects of reagents on the ERK1/2 pathway and poly(ADP-ribose) polymerase (PARP), NCI H82 cells in the RPMI with 10% FBS were treated for 24 hours at 37°C with either 250 µM ifenprodil, 250 µM memantine, 4 µM topotecan, or a combination of topotecan with each NMDA receptor blocker. Cell lysates were prepared by sonication using a RIPA buffer solution (1% NP-40, 1% sodium deoxycholate, 0.1% SDS, 150 mM NaCl, 25 mM Trizma HCl, and pH 7.4) with protease inhibitor (Hoffman-La Roche Ltd., Basel, Switzerland), the extracts centrifuged at 12,000g for 4 minutes, and the supernatant retained. The protein content of these extracts was assessed by differential absorbance measurements at 215 nm and 225 nm. Aliquots of each cell lysate (~25 µg protein) or tissue extract (~50 µg protein) were reduced using 50 mM dithiothreitol heated in a boiling water bath for 5 minutes, and separated on 12% gels by SDS-PAGE using Tris/Glycine/SDS buffer (25 mM Trizma, 192 mM glycine, 0.1% SDS, and pH 8.3) at a voltage of 50 V for 10 minutes, and then at 75 V for ~2 hours at ambient temperature or at 100V for 1 hour at 4°C. The proteins were transferred onto Immobilon-P polyvinylidene difluoride membrane (EMD Millipore, Billerica, MA, USA) in Tris/glycine/SDS buffer with 6% methanol, using the MiniPROTEAN 3 system (Bio-Rad Laboratories Inc., Hercules, CA, USA). The membrane was incubated with Superblock PBS buffer (Thermo Fisher Scientific, Waltham, MA, USA), followed by incubation with antibodies against total p42/44MAPK (New England Biolabs, Ipswich, MA, USA) or phosphor-p42/44MAPK (Cell Signaling Technology, Danvers, MA, USA). Blots were visualized using horseradish peroxidase-labeled goat anti-rabbit antibody (7074; Cell Signaling Technology), SuperSignal West Dura Extended Duration Substrate (Thermo Fisher Scientific), and a Fluorchem 8900 imager. The blots were stripped and incubated with anti-GAPDH (EMD Millipore) or scanned with anti-β-actin (Sigma Chemicals), to ensure equal protein loading.

Cell viability assay

NCI H82 cells were treated with 0.05% trypsin, washed in DMEM medium, and plated into 96-well plates at 104 cells/well in medium for 24 hour as previously described.18 Incubation for 24, 48, or 72 hours was then performed in DMEM containing 10% FBS in the presence or absence of either the channel-blocker antagonist memantine hydrochloride, or the GluN2B antagonist ifenprodil hemitartrate, at differing concentrations (20–400 µM), with and without topotecan (4.0 µM). Alternatively, cells were incubated at differing concentrations (0.2–16 µM) of topotecan in the presence and absence of memantine (25 µM) or ifenprodil (20 µM). For the case of memantine and topotecan combination, synergy was sought at 48 hours of incubation using multiple dosages of both compounds with memantine concentrations ranging from 10 to 40 µM and topotecan concentrations ranging from 1.0 to 32 µM. Finally, in all cases, MTT was added to incubates (Sigma Chemicals; 5 mg/mL diluted tenfold and incubated for 4 hour at 37°C, then solubilized with SDS overnight following manufacturer’s recommendations). Absorbance at 570 nm was recorded using a Synergy HT Multi-Detection Microplate Reader. Cell viability was evaluated as percent vehicle control at the corresponding incubation time.
Treatment of tumor xenografts of rSCLC in mice

Human subcutaneous tumor xenografts of SCLC cell line NCI H82 were raised in female nu/nu mice by injecting 0.5–1×10⁷ cells into the right flank. Tumors were allowed to grow for 2 weeks when they attained sizes of ~300 mm³ and the influence on tumor growth of the channel-blocker receptor antagonist memantine and the GluN2B antagonist, ifenprodil, given i.p., and then examined. Tumor size was assessed by multiplying depth, width, and length, and these measurements were each made in triplicate for each tumor on a daily basis. The sizes obtained for each tumor during the study were expressed as a percentage of the size measured on day zero of treatments. For one study, percentage tumor growth in a control group of animals receiving i.p. PBS vehicle (n=8) was compared to percentage tumor growth in animals (n=8) receiving ifenprodil (2.5 mg/kg body weight, once daily, and over 10 days). For a second animal study (n=8), tumor growth in vehicle-treated animals was compared to ifenprodil treatment (2.5 mg/kg body weight, once every second day, and over 9 days), topotecan treatment (3 mg/kg body weight on days 0, 2 and 4), or a combination treatment of ifenprodil and topotecan. For a third study (n=6), tumor growth in controls was compared to animals receiving memantine (5 mg/kg body weight, once on alternate days, and over 9 days), topotecan (2 mg/kg body weight, on days 0, 2, and 4), or a combination of memantine (alternate days) and topotecan. For a fourth study (n=6), control animals were compared to those receiving Cyclophosphamide (50 mg/kg body weight, on days 0, 1, and 2) or a combination of Cyclophosphamide and ifenprodil (2.5 mg/kg body weight, once on alternate days, and over 9 days).

Statistical evaluations

Statistical assessment of results employed GraphPad Prism 7 software and evaluations by ANOVA and the Student–Neumann–Kuels test. Longitudinal growth data of tumors were evaluated using repeated measures ANOVA. Significance was determined to be present for P<0.05. The P-value for synergy was computed as the t-test for testing the null hypothesis that combination index (CI) = 1 (drugs act independently). To evaluate synergy in vitro the CI of Chou–Talalay was used. To evaluate synergy in mouse tumor growth experiments, the method based on the comparison of the rate of growth as described in Demidenko was used. For this estimate for the rate of growth in each group, the function lme from the library nlme of the statistical package R is employed.

Assurance for animal studies

Animal studies were approved by the IACUC of Dartmouth College, an AAALAC approved facility, under animal welfare assurance number A3259-01.

Results

Ifenprodil, memantine, and topotecan reduce the ERK1/2 pathway with additive effects

Key components of the ERK1/2 pathway, p42MAPK, and phosphor-p42/44MAPK were dramatically reduced by incubating cells for 24 hours with ifenprodil or memantine. Results for ifenprodil are illustrated in Figure 1. The same amount (250 µM) of antagonist reduced total p42/44MAPK to about one-half and phosphor-p42/44 MAPK to about one-third of controls. However, while p42MAPK was decreased to one-third...

[Figure 1: Influence of 24-hour incubation of NCI H82 cells by ifenprodil (250 µM), topotecan (4 µM), or a combination of these compounds, on p42/44MAPK, phosphor-p42/44MAPK, and intact and 89Kd breakdown product of PARP.

Notes: Compared to controls, ifenprodil significantly increased p46MAPK (×1.53), reduced p42MAPK (×0.31), and reduced phosphor-p42/44MAPK (×0.59). Topotecan had the opposite effect on levels of these proteins (×0.68, ×0.70, and ×1.9, respectively), while the drug combination favored the influence of ifenprodil of the first two proteins, but phosphor-p42/44MAPK remained increased (×1.95, ×0.40, and ×1.41, respectively). For PARP, ifenprodil produced a threefold reduction of intact protein (×0.38) and a fivefold increase in the 89Kd fragment (×5.21), topotecan maintained the level of intact protein (×0.98) while increasing the level of fragment twofold (×2.23), and drug combination produced a twofold reduction of intact protein (×0.45) and an almost sixfold increase of 89Kd fragment (×5.48).

Abbreviation: PARP, poly(ADP-ribose) polymerase.]
of controls, p44MAPK was actually increased almost twofold by receptor blockade. Topotecan (4 µM) marginally reduced levels of both p42MAPK and p44MAPK to about two-thirds of controls while phosphorop42/44MAPK was increased almost twofold. When NMDA receptor antagonist was given together with topotecan, the effects on p42/44MAPK and phosphoro-p42/44MAPK by antagonist largely prevailed.

The DNA repair proteins, PARP, of rSCLC cells were reduced to about one-third of controls by ifenprodil and memantine, and the amount of 89Kd breakdown product of this enzyme representing caspase activity and cell apoptosis was increased about fivefold (Figure 1), topotecan produced no change in the intact protein and a twofold increase in breakdown product, and drug combination produced about a twofold reduction of intact protein and a sixfold increase of breakdown product.

**Combination ifenprodil or memantine blockade with topotecan decreases cell viability with additive effects: synergy with memantine**

Ifenprodil, memantine, and topotecan all reduced the viability of rSCLC cells and the results are summarized in Table 1. When NCI-H82 rSCLC cells were treated for 48 hours with increasing concentrations of the GluN2B antagonist ifenprodil hemitartrate, there were dramatic reductions in cell viability indexed by the MTT method with significant changes \( (P<0.01) \) produced with doses of <50 µM antagonist, and a reduction to less than 50% controls (IC50) produced by doses of >106 µM. Similarly the channel-blocker antagonist memantine reduced cell viability and to a similar degree as ifenprodil, such that significance was observed at <50 µM antagonist \( (P<0.01) \), and reductions to less than 50% controls produced by concentrations of >196 µM. For topotecan incubations for 48 hours at concentrations in the range of 1.0–35 µM, significant reductions were obtained with 1.0 µM and a 50% reduction by 5.7 µM. Combining topotecan and NMDA receptor antagonists produced clear additive effects on reducing cell viability (Figure 2A–D). A dose of 4 µM topotecan added in the presence of increasing amounts of ifenprodil or memantine produced increased sensitivity at all concentrations with a reduced cell viability to 50% (IC50) produced by ~10 µM ifenprodil and by ~50 µM of memantine. Alternatively, as little as 20 µM and 25 µM of NMDA receptor antagonist added to increasing amounts of topotecan saw increased sensitivity throughout and IC50s achieved by only ~2 µM topotecan. When multiple combination dosing was performed between memantine and topotecan, a statistically significant synergy was demonstrated with a mean CI of 0.734 and \( P \)-value of 0.007.

**Table 1** Dose of NMDA-receptor antagonist (ifenprodil and memantine) or topotecan, alone or in combination, found to reduce rSCLC cell line (NCI-H82) viability to 50% control (IC 50) after 48 hours of incubation

<table>
<thead>
<tr>
<th>Drug</th>
<th>Combined treatment</th>
<th>IC50 (µM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ifenprodil –</td>
<td>106</td>
<td></td>
</tr>
<tr>
<td>Topotecan (4 µM)</td>
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<td></td>
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<tr>
<td>Memantine –</td>
<td>195</td>
<td></td>
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<tr>
<td>Topotecan (4 µM)</td>
<td>51.3</td>
<td></td>
</tr>
<tr>
<td>Topotecan –</td>
<td>5.7</td>
<td></td>
</tr>
<tr>
<td>Ifenprodil (20 µM)</td>
<td>2.3</td>
<td></td>
</tr>
<tr>
<td>Memantine (25 µM)</td>
<td>2.0</td>
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**Tumor growth is largely prevented by ifenprodil: synergy with topotecan**

Given at a well-tolerated dose, the GluN2B antagonist ifenprodil, largely prevented growth of tumor xenografts of rSCLC generated from NCI H82 cells in nu/nu mice (Figure 3A–C). For the first study, while vehicle-treated control tumors rapidly increased in size, ifenprodil treatment of tumors, on a daily basis, decreased their size by ~30%, and maintained them at a size below that at day 0 until treatment ceased at day 10. Thereafter, tumors began to recover and grow but at the same rate as control tumors so that at day 18, ifenprodil-treated tumors had grown by less than half of controls (Figure 3A, \( P<0.001 \)). The safe nature of the dose of drug given was reflected by obtaining the superimposed curves for changes in body weight of vehicle control and ifenprodil-treated animals (data not shown). For the second study (Figure 3B), topotecan and ifenprodil treatment alone slowed tumor growth compared to vehicle-treated controls so that each agent restricted the rise in tumor size to about 2.5-times by day 16, while controls rose to an average of 9.2-times. Tumor doubling times were 4 days for controls, 9 days for topotecan treatment, and 12 days for ifenprodil treatment. When results on individual animals in the second study are plotted (Figure 3C), it is seen that there is considerable scatter within each of the three groups. Combining topotecan and ifenprodil treatments seemed to arrest all growth over the 16 days of observation, and the tumors of all individual animals behaved in a similar manner with little scatter. From this study, there was clear addition through the topotecan and ifenprodil combination \( (P<0.01) \) with synergy displayed for tumors initially at \( \leq 300 \) mm³ in size \( (P=4.7E^{-4}) \). In a similar fashion, combining ifenprodil with cyclophosphamide treat-
ment produced a clear additive effect ($P<0.03$), preventing tumor growth (data not shown).

**Tumor growth is reduced by memantine: addition but no synergy with topotecan combination**

Treating rSCLC tumors with memantine (5 mg/kg on alternate days) significantly ($P<0.01$) reduced their growth by day 13 compared to controls by almost 40% on average (doubling time going from 4 days to 6 days). These memantine-treated tumors grew to about 4-times their day 0 size (Figure 4). The amount of topotecan used (2 mg/kg days 0, 2, and 4) also significantly ($P<0.01$) decreased growth of such tumors but by ~20% of controls (doubling time from 4 days to 5 days). These topotecan-treated tumors grew to about 6-times their day 0 size. When the two substances were combined for...
reduced the size of tumors over the course of treatment, and given on alternate days significantly reduced the growth threefold. When the lower dose was combined with topotecan, there was complete tumor growth suppression with clear synergy for smaller tumors ($\leq 300 \text{ mm}^3$). Topotecan is currently the treatment of choice for rSCLC.\textsuperscript{6,7} While our studies were performed in mice, the mouse should be a reasonable model to use since ifenprodil has similar activities in humans and has a similar half-life.\textsuperscript{22–26} It did not negatively impact health according to body weight of animals. The ifenprodil dosage here was higher than is customarily used in humans, but is nevertheless of a similar magnitude. The topotecan dosage employed was similar to that proposed by others.\textsuperscript{27–29} SCLC recurrent disease in patients is generally resistant to treatment and

**Discussion**

The studies conducted are believed to provide firm evidence that NMDA receptor blockade can be safely and effectively used in the treatment of rSCLC. This is particularly so for the GluN2B antagonist ifenprodil, especially if included with current treatment by the chemotherapeutic agent topotecan. Ifenprodil at 2.5 mg/kg body weight given daily reduced the size of tumors over the course of treatment, and given on alternate days significantly reduced the growth threefold. When the lower dose was combined with topotecan, there was complete tumor growth suppression with clear synergy for smaller tumors ($\leq 300 \text{ mm}^3$). Topotecan is currently the treatment of choice for rSCLC.\textsuperscript{6,7} While our studies were performed in mice, the mouse should be a reasonable model to use since ifenprodil has similar activities in humans and has a similar half-life.\textsuperscript{22–26} It did not negatively impact health according to body weight of animals. The ifenprodil dosage here was higher than is customarily used in humans, but is nevertheless of a similar magnitude. The topotecan dosage employed was similar to that proposed by others.\textsuperscript{27–29} SCLC recurrent disease in patients is generally resistant to treatment and
while topotecan is the preferred therapy, results when given alone are mixed.30–32

Like ifenprodil, the channel-blocker memantine, given on alternate days at 5 mg/kg body weight,31 reduced the growth of tumors, and this reduction was increased when the drug was given with topotecan. However, unlike combination effects with ifenprodil, for the memantine combination with this chemotherapeutic agent, there was clearly no synergy for the amounts used. The dosage of memantine employed here was selected to generate in mice similar circulating levels (40–170 ng/mL) produced in patients being treated here for active PARP1, could be one mechanism through which NMDA antagonists enhance the actions of topotecan. While the mechanism for selective synergy of NMDA receptor blockade with topotecan is still to be resolved, it is clear that ifenprodil and topotecan together seem to exert a profound effect on tumor xenografts of rSCLC. The data from this and our other studies allow us to conclude that there is good reason outcomes for patients with this disease could be significantly improved by including NMDA receptor blockade by ifenprodil with currently preferred topotecan treatment.

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Author contributions
WGN drafted the manuscript and was the chief architect of the research conducted. WGN and FL were involved in performing cell-culture, in vitro viability studies, and Western Analysis, and KHD assisted in their planning. FL actively participated in performing and planning animal studies with WGN, and ED was responsible for performing statistical analysis. All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure
The authors report no conflicts of interest in this work.

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