

# Albumin-bound formulation of paclitaxel (Abraxane<sup>®</sup> ABI-007) in the treatment of breast cancer

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**Abstract:** Breast cancer is the most common type of malignancy diagnosed in women. In the metastatic setting this disease is still incurable. Taxanes represent an important class of antitumor agents which have proven to be fundamental in the treatment of advanced and early-stage breast cancer, but the clinical advances of taxanes have been limited by their highly hydrophobic molecular status. To overcome this poor water solubility, lipid-based solvents have been used as a vehicle, and new systemic formulations have been developed, mostly for paclitaxel, which are Cremophor-free and increase the circulation time of the drug. ABI-007 is a novel, albumin-bound, 130-nm particle formulation of paclitaxel, free from any kind of solvent. It has been demonstrated to be superior to an equitoxic dose of standard paclitaxel with a significantly lower incidence of toxicities in a large, international, randomized phase III trial. The availability of new drugs, such as Abraxane<sup>®</sup>, in association with other traditional and non-traditional drugs (new antineoplastic agents and targeted molecules), will give the oncologist many different effective treatment options for patients in this setting.

**Keywords:** paclitaxel, Abraxane, breast cancer, nanotechnology

## Introduction and background

Breast cancer is the most common type of malignancy diagnosed in women<sup>1</sup> with more than 180,000 estimated new cases in USA in 2008. Almost one third (32%) of all cancers diagnosed in women are breast cancer.<sup>1</sup> In the metastatic setting this disease is as yet incurable, and the main objectives are the palliative prolongation of survival and improvement of quality of life. Other end points are response rate, time to progression, time to treatment failure and others; all of these are surrogate end points without any real advantage for the patients suffering from a metastatic and progressive disease.

Therefore breast cancer continues to be a major health problem although the mortality has decreased during recent years, probably because of clinically improved new treatments for early-stage disease and the availability of new drugs which have shown demonstrable benefit for women also with advanced disease.<sup>2,3</sup>

Taxanes, and in particular the currently available paclitaxel (Taxol<sup>®</sup>; Bristol-Myers Squibb Co, Princeton, NJ, USA)<sup>4</sup> and docetaxel<sup>5</sup> (Taxotere<sup>®</sup>; Aventis Pharmaceuticals Inc, Bridgewater, NJ, USA), represent an important class of antitumor agents which have proved to be fundamental in the treatment of advanced and early-stage breast cancer. Both these drugs are included in the treatment regimens for adjuvant chemotherapy and are indicated as preferred agents for recurrent and metastatic breast cancer by The National Comprehensive Cancer Network (NCCN) clinical practice guidelines for breast cancer.<sup>6</sup>

Taxanes are cell cycle-specific agents that bind with high-affinity to microtubules, stabilizing and enhancing tubulin polymerization and suppressing spindle microtubule dynamics.<sup>7-11</sup> This effectively inhibits mitosis, motility, and intracellular transport within cancerous cells, leading to apoptotic cell death. Thus these drugs have shown

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antineoplastic activity against a wide variety of malignancies including also non-small-cell lung cancer and ovarian cancer.<sup>12–14</sup>

Paclitaxel is a naturally occurring complex product extracted from the bark of the western yew (*Taxus brevifolia*)<sup>15–17</sup> and is widely used for the treatment of breast, lung, and advanced ovarian cancers<sup>10,18,19</sup> while docetaxel was originally isolated in a precursor form from the needles of the European yew.<sup>20</sup>

The clinical advances of taxanes have been limited by their chemical formulation: they are highly hydrophobic molecules. To overcome this poor water solubility, lipid-based solvents are used as a vehicle. Solubility of paclitaxel is enhanced with a mixture of 50:50 Cremophor EL® (CrEL, a non-ionic surfactant polyoxyethylated castor oil; BASF, Florham Park, NJ, USA) and ethanol (Taxol® and generic equivalents),<sup>8</sup> while docetaxel is formulated in polysorbate 80 (Tween® 80) and ethanol diluent (Taxotere®). For administration, both drugs must be further diluted 5- to 20-fold with normal saline or 5% dextrose solutions before intravenous infusion.

These solvent-based formulations, however, can be associated with serious and dose-limiting toxicities.

In particular polyoxyethylated castor oil is biologically and pharmacologically active and leaches plasticizers from standard intravenous (iv) tubing releasing di(2-ethylhexyl)phthalate (DEHP). Its infusion produces histamine release with consequent well-described hypersensitivity reactions, including anaphylaxis. In early phase I trials 20% to 40% of unmedicated patients were affected<sup>10,11</sup> by these reactions. Moreover it has been also associated with hyperlipidemia, abnormal lipoprotein patterns, aggregation of erythrocytes, and prolonged, sometimes irreversible sensory neuropathy which may be associated with demyelination and axonal degeneration.<sup>25,26,29</sup> CrEL can also cause neutropenia.<sup>30</sup>

The CrEL–paclitaxel formulation thus requires special infusion sets (tubing and in-line filters) in order to minimize exposure to DEHP. On the other hand, longer infusion times (1 to 24 hours, median time 3 hours) with a large volume of iv fluid and premedication (including dexamethasone, diphenhydramine, and cimetidin) help to reduce the risk of hypersensitivity reactions. Despite these standard precautions hypersensitivity can, however, occur and rarely be fatal.<sup>21</sup>

Infusion schedules of paclitaxel seem to influence its clinical effectiveness, too. In fact, longer infusions of the drug produce greater clinical efficacy than more rapid injections.<sup>18</sup>

Hypersensitivity reactions can also occur with polysorbate 80, though to a lesser extent than with CrEL. Polysorbate 80 has also been associated with sometimes severe and irreversible sensory and motor neuropathies.<sup>31</sup> Moreover polysorbate 80 can alter membrane fluidity,<sup>31</sup> leading to cumulative fluid retention. This unique docetaxel toxicity may be reduced by prophylactic corticosteroids.<sup>32,33</sup>

Another important point is that CrEL and polysorbate 80 may limit tumor penetration with a negative impact on efficacy. In particular, the formation of large polar micelles of CrEL–paclitaxel in the plasma compartment entraps the drug and can lead to non-linear pharmacokinetics due to decreased drug clearance and decreased volume of distribution. This contributes to a lack of dose-dependent antitumor activity.<sup>22–24,28</sup> Also co-administered drugs, such as anthracycline compounds, could be affected by this phenomenon.<sup>22</sup>

Finally, it has been recently demonstrated in vitro that polyoxyethylated castor oil inhibits endothelial transcytosis of paclitaxel that is mediated by an albumin receptor.<sup>27</sup>

Therefore during recent years a special effort has been made to avoid these problems. New systemic formulations are being developed, mostly for paclitaxel, which are highly soluble, Cremophor-free and increase the circulation time of the drug.

## Nanotechnology

Nanotechnology is a new field of interdisciplinary research that has expanded rapidly and widely over the past 10 years to help overcome problems in medicine. The term “nanotechnology” was initially introduced to refer to small-scale applicative materials (1 to 100 nm).<sup>34</sup> Today a combination of four criteria have been suggested as essential definitions of a nanotechnology tool:<sup>35</sup> the “nano” size of the device; its man-made character; the properties linked to its nanoscopic dimensions; and the ability of “ad hoc” mathematical models to predict its specific behavior.

There are many examples of the development of this discipline, with tools applicable to different diseases. Most well studied are liposomes,<sup>36</sup> dendrimers,<sup>37,38</sup> super paramagnetic nanoparticulates,<sup>39,40</sup> polymer-based platforms,<sup>41,42</sup> gold nanoshells,<sup>43,44</sup> silicon- and silica-based nanoparticles,<sup>45–47</sup> carbon-60 fullerenes,<sup>48</sup> and nanocrystals.<sup>49</sup>

They can be divided into three generations of compound, according to whether or not they were developed to target a specific target which is expressed on the tumor cells or the endothelium.<sup>50</sup>

Among the “first generation” vectors (not specifically targeted), liposomal drug delivery is certainly the most successfully used in the clinic, as demonstrated by liposomal doxorubicin for breast, ovarian and Kaposi’s sarcoma.<sup>51</sup>

In particular for liposomal daunorubicin (DaunoXome®), liposomal doxorubicin (D-99, Myocet™), and pegylated liposomal doxorubicin (Doxil® and Caelyx®), the delivery system enables the enhanced permeation and retention (EPR) effect.<sup>52,53</sup> In fact the small dimension (<300 nm) enables the drug to accumulate in the tumor mass by crossing passively the fenestrations in the diseased vasculature (passive targeting), avoiding or reducing the perfusion of normal tissue (mostly the heart with a consequent lower cardiotoxic effect).

The “second generation” of therapeutic nanovectors are constructed to succeed in “active targeting” of specific biological molecules of the tumor cell. The aim is to deliver higher drug concentrations to pathologic tissues, sparing the normal ones in order to enhance the effect on the tumor, thereby reducing systemic toxicity. Chemical binding of high affinity ligand (eg, folate or prostate-specific membrane antigen) on the surface of the nanoparticles,<sup>54,55</sup> enhance the interaction of nanoparticles with tumor cells, greatly improving biodistribution of nanoparticles.

The so-called “third generation” of nanovectors has been developed<sup>56,57</sup> and is based on a multi-stage strategy. The first-stage particle (biodegradable mesoporous silicon microparticles) can circulate within the blood flow. The particle specifically chooses the pathologic endothelium through a mathematically driven recognition of the physico-chemical and geometrical (size, shape) surface features. The second-stage nanoparticles that are loaded, alone or in a group, to the first-stage ones, are released through the mesoporous material in the tumor mass from the site of vascular adhesion (tumor endothelium). These latter nanoparticles are sufficiently small (<20 nm) to easily cross the inter-endothelial junctions and diffuse within the extravascular compartment, addressing all the possible therapies in a more specific manner.

### **Albumin-bound paclitaxel (ABI-007)**

Albumin has a number of characteristics that make it an attractive drug vehicle in oncology. It is a natural carrier of endogenous hydrophobic molecules (such as vitamins, hormones, and other water-insoluble plasma substances), that are bound in a reversible non-covalent manner<sup>58–60</sup>

Moreover albumin seems to help endothelial transcytosis of protein-bound and unbound plasma constituents principally

through binding to a cell-surface, 60-kDa glycoprotein (gp60) receptor (albondin). gp60 binds to caveolin-1 (an intracellular protein) with subsequent formation of transcytotic vesicles (caveolae) (Figure 1).<sup>61–64</sup>

Also, osteonectin (known as secreted protein acid rich in cysteine [SPARC]) has been shown to bind albumin because of a sequence homology with gp60. SPARC, as caveolin-1, is often present in some neoplasms (breast, lung, and prostate cancer), which could explain why albumin is known to accumulate in some tumors and thus facilitates intratumor accumulation of albumin-bound drugs.<sup>58</sup>

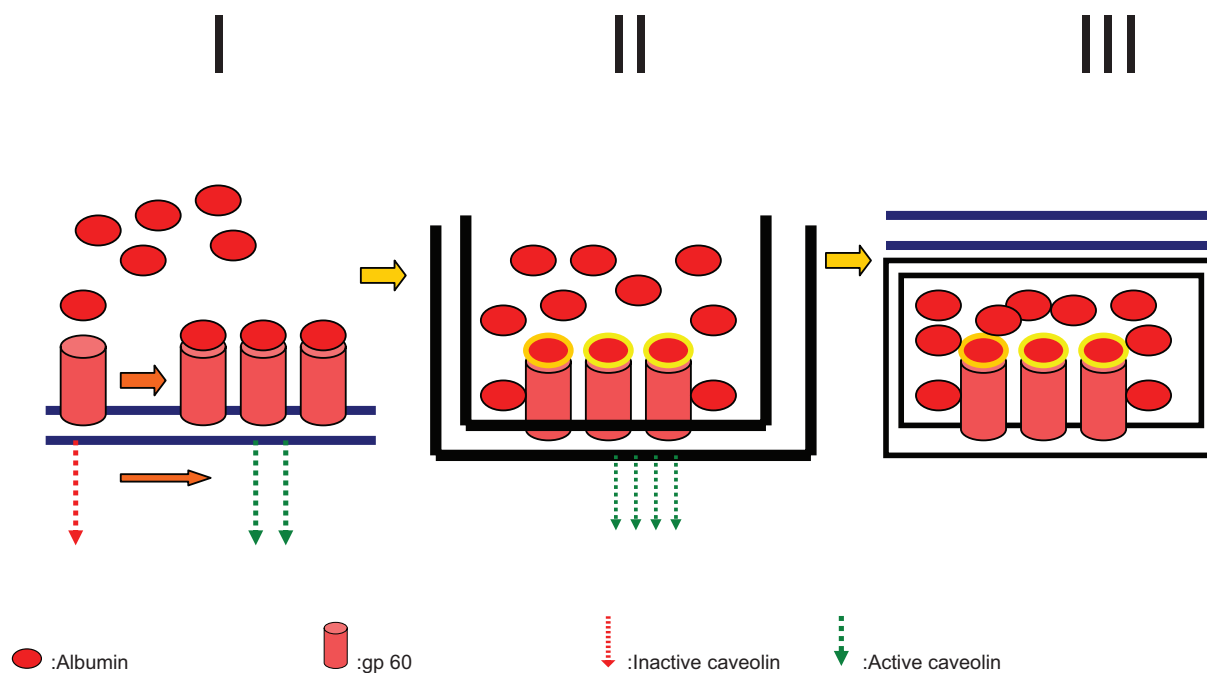
Albumin-bound (nab-)paclitaxel ABI-007 (Abraxane®; Abraxis BioScience and AstraZeneca) is another example of an EPR-based nanovector application for breast cancer. It represents one of the strategies adopted to overcome the solvent-related problems of paclitaxel and it has been recently approved by the US Food and Drug Administration for pretreated metastatic breast cancer patients.

ABI-007 is a novel, albumin-bound, 130-nm particle formulation of paclitaxel, free from any kind of solvent.<sup>66</sup> It is used as a colloidal suspension derived from the lyophilized formulation of paclitaxel and human serum albumin diluted in saline solution (0.9% NaCl). In detail human serum albumin stabilizes the drug particle at an average size of 130 nm which prevents any risk of capillary obstruction and does not necessitate any particular infusion systems or steroid/antihistamine premedication before the infusion.<sup>67</sup>

Preclinical studies, conducted in athymic mice with human breast cancer, demonstrated that ABI-007 has a higher penetration into tumor cells with an increased anti-tumor activity, compared with an equal dose of standard paclitaxel.<sup>67, 68</sup>

A phase I clinical study by Ibrahim, conducted on 19 patients with solid tumors and breast cancer, showed a maximum tolerated dose of ABI-007 about 70% higher than that of CrEL paclitaxel formulation (300 mg/m<sup>2</sup> for an every 3 weeks regimen). Dose-limiting toxicities were sensory neuropathy, stomatitis, and ocular toxicity (superficial keratopathy and blurred vision at a dose of 375 mg/m<sup>2</sup>). No patients experienced hypersensitivity reactions. ABI-007 was administered intravenously with no premedication, in shorter infusion periods (30 minutes vs 3 hours for polyoxyethylated castor oil-based paclitaxel) and with a standard infusion device. Moreover, pharmacokinetic parameters showed a linear trend.<sup>69</sup>

A phase II trial confirmed that ABI-007 has important antitumor activity in patients with metastatic breast cancer. The overall response rate (at a dose of 300 mg/m<sup>2</sup>



**Figure 1** Mechanism by which gp60 protein-albumin complex induces caveolin-1-mediated membrane internalization of plasma components across the vascular endothelium. In detail, panel I shows the bond between albumin receptor (gp60) and albumin which recruits and activates caveolin-1. In panel II caveolin-1 leads to membrane invagination and internalization of free or protein-bound plasma molecules. Panel III: the so-formed caveolae mediate transcytosis and the extravascular deposition of their content.

every 3 weeks) was 48% for all patients and 64% for patients in first-line therapy. Time to tumor progression was 26.6 weeks for all patients and 48.1 weeks for patients with confirmed tumor responses; median overall survival was 63.6 weeks. No severe ocular events were noted, and other common taxane-associated toxicities were less frequent and less severe (eg, myelosuppression, peripheral neuropathy, nausea, vomiting, fatigue, arthralgia, myalgia, alopecia).<sup>70</sup>

In a large international randomized phase III study, equitoxic doses of ABI-007 (260 mg/m<sup>2</sup>) and polyoxyethylated castor oil-based paclitaxel (175 mg/m<sup>2</sup>) were compared in 454 patients with metastatic breast cancer. ABI-007 was superior to standard paclitaxel for both overall response rate (33% vs 19%, respectively;  $p = 0.001$ ) and time to tumor progression ( $p = 0.006$ ) in all subgroups of patients, but mostly for those receiving the drug as first-line therapy (42% vs 27%, respectively;  $p = 0.029$ ). Also in this trial the incidence of toxicities was significantly lower in the ABI-007 group than the polyoxyethylated castor oil-based paclitaxel group; in particular, grade 4 neutropenia was lower (10% vs 21%, respectively;  $p = 0.001$ ) despite the approximately 50% higher dose. On the other hand, grade 3 sensory neuropathy was more frequent in the ABI-007 group (10% vs 2%, respectively;  $p = 0.001$ ), but it was easily managed.<sup>71</sup>

The authors explained the increased antitumor activity of ABI-007 by the higher intratumor paclitaxel concentrations

(as reported in preclinical studies) and higher dose administered.<sup>72</sup>

Neymann et al demonstrated also that weekly dosing of ABI-007 is safe and produces minimum toxic adverse effect with objective antitumor responses in patients previously exposed to paclitaxel.<sup>72</sup>

## Future perspectives

Paclitaxel and docetaxel are hydrophobic antineoplastic agents with significant antitumor activity against a broad spectrum of human tumors; in recent years multiple studies have suggested the strategic role of taxanes in the treatment of breast cancer and other studies have evaluated these agents in order to better understand their preclinical and clinical pharmacology. Only 5 years ago, results of a clinical trial<sup>73</sup> involving 3121 breast cancer patients showed that 4 cycles of paclitaxel after 4 cycles of doxorubicin and cyclophosphamide, compared with cyclophosphamide alone, were able to improve disease-free survival and overall survival of axillary node-positive patients. According to these data the therapy for axillary node-positive patients changed dramatically, with rapid adoption of paclitaxel plus cyclophosphamide as the new gold standard in clinical practice. In a relatively short time an impressive improvement occurred in the understanding of their mechanism of action, the mechanisms of tumor resistance and the toxicity profiles. Further laboratory

and clinical research is necessary to advance the therapy of patients with breast cancer in order to improve the therapeutic index and the safety of this class of agents. In this context the knowledge and investigation of new taxanes constitutes today one of the most exciting strategies for improving the clinical control of breast cancer in association with other cytotoxic agents not usually used in this disease (cisplatin, carboplatin, and irinotecan, and molecularly targeted agents, such as inhibitors of epidermal growth factor receptor, angiogenesis, Src tyrosine kinase, and mTOR).

Abraxane® is a Cremophor-free, albumin-bound paclitaxel that is approved for the treatment of recurrent breast cancer after combination chemotherapy or relapse within 6 months of adjuvant chemotherapy. Abraxane® consists of the active ingredient paclitaxel, which is found in paclitaxel and its generic equivalents. However, in the formulation of Abraxane®, paclitaxel is delivered in a suspension of albumin particles, showing significant advantages to paclitaxel and its generic equivalents, in which polyethoxylated castor oil (Cremophor EL®) is used as the solvent.

Moreover Abraxane® has showed strong antitumor activity when associated with radiotherapy in a supra-additive manner.<sup>74</sup> These effects were achieved without increased toxicity to normal tissues (the drug dose was 1.5 times higher than the maximum tolerated dose of traditional paclitaxel). According to these data, there is strong evidence that the association of Abraxane® with radiotherapy would improve the clinical results of taxane-based chemoradiotherapy. In our opinion in the near future this new taxane should be tested in large randomized clinical chemoradiotherapy trials.

Above all it is evident that treatment for breast cancer in future should be tailored to each patient, trying to select treatment strategies for cancer individually based on tumor-expressing factors and/or genomic and proteomic analysis. On the other hand, treatment strategies should be based not only on prognostic and predictive factors and prior adjuvant chemotherapy, but also on safety profile, impact on quality of life and patient preference. We believe that in this context, tolerability and compliance will probably become the most important factors in the future, according to the emerging value of quality of life in cancer care. The availability of new drugs, such as Abraxane®, in association with other traditional and non-traditional drugs (new antineoplastic agents and targeted molecules), will give the oncologist many different effective treatment options for patients in this setting.

## Disclosures

The authors disclose no conflicts of interest.

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