Biliary tract cancer: current challenges and future prospects

Michele Ghidini¹
Claudio Pizzo¹
Andrea Botticelli²
Jens Claus Hahne³
Rodolfo Passalacqua¹
Gianluca Tomasello¹
Fausto Petrelli⁴

¹Department of Oncology, Azienda Socio Sanitaria Territoriale of Cremona, Cremona, Italy; ²Department of Clinical and Molecular Medicine, Sant’Andrea Hospital, Rome, Italy; ³Division of Molecular Pathology, The Institute of Cancer Research, Sutton, Surrey, UK; ⁴Department of Oncology, Operative Unit of Oncology, Azienda Socio Sanitaria Territoriale of Bergamo Ovest, Treviglio, Bergamo, Italy

Purpose: Incidence and mortality of biliary tract carcinoma (BTC) are increasing, especially in South America and Asia. Such a disease often bears a dismal prognosis because of diagnosis occurring at late stages and for the frequent relapses after surgery. The aims of this review were to summarize the state of the art of the treatment of BTC and give a view at possible future prospects linked with molecular profiling, immunotherapy, and targeted therapies.

Design: We conducted a systematic literature search using MEDLINE and the 2018 ASCO Meeting abstract databases to identify published clinical trials, translational series, and meeting abstracts. All significant papers and abstracts available to date were included.

Results: For resected BTC, thanks to the BILCAP study, adjuvant chemotherapy (CT) with capecitabine should be regarded as the new standard of care. For locally advanced inoperable and metastatic diseases, the use of chemoradiotherapy and radioembolization has not been supported by any randomized Phase III study. The standard of care remains the combination of CT with gemcitabine and cisplatin, as reported by the ABC-02 trial. All targeted therapies have failed to improve the survival outcomes, either in combination with CT or as single agents and are not recommended in the treatment of BTC. Whole-exome sequencing and molecular profiling have helped in identifying genetic signatures typical of different BTC subtypes. With this support, new trials with targeted agents and immunotherapy have been designed, and results are awaited.

Conclusion: BTC still remains a disease with very few treatment options. Different BTC subtypes own peculiar gene mutations and pathways alterations. Therefore, molecular profiling may be the only key to enable new tailored strategies with targeted agents and immunotherapy.

Keywords: surgery, cholangiocarcinoma, adjuvant treatment, first-line treatment, targeted therapies, molecular profiling

Introduction
Biliary tract carcinoma (BTC) defines a group of rare gastrointestinal tumors including gallbladder cancers (GBCs) and cholangiocarcinomas (CCAs), further divided into intrahepatic cholangiocarcinomas (iCCAs) and extrahaepatic cholangiocarcinomas (eCCAs). Extrahepatic disease may be split into hilar (Klatskin’s tumor) and distal CCA.¹

BTC is also histologically classified into small-duct and large-duct types according to the histological and molecular classification. Small-duct iCCAs often develop against the background of chronic hepatitis or liver cirrhosis. Differently, large-duct cancers may be associated with chronic cholangiopathies (intrahepatic stones and primary sclerosing cholangitis) or premalignant lesions called biliary intraepithelial neoplasia

¹Dovepress
Open Access Full Text Article
Cancer Management and Research 2019:11 379–388
This article was published in the following Dove Press journal:
Cancer Management and Research

Purpose: Incidence and mortality of biliary tract carcinoma (BTC) are increasing, especially in South America and Asia. Such a disease often bears a dismal prognosis because of diagnosis occurring at late stages and for the frequent relapses after surgery. The aims of this review were to summarize the state of the art of the treatment of BTC and give a view at possible future prospects linked with molecular profiling, immunotherapy, and targeted therapies.

Design: We conducted a systematic literature search using MEDLINE and the 2018 ASCO Meeting abstract databases to identify published clinical trials, translational series, and meeting abstracts. All significant papers and abstracts available to date were included.

Results: For resected BTC, thanks to the BILCAP study, adjuvant chemotherapy (CT) with capecitabine should be regarded as the new standard of care. For locally advanced inoperable and metastatic diseases, the use of chemoradiotherapy and radioembolization has not been supported by any randomized Phase III study. The standard of care remains the combination of CT with gemcitabine and cisplatin, as reported by the ABC-02 trial. All targeted therapies have failed to improve the survival outcomes, either in combination with CT or as single agents and are not recommended in the treatment of BTC. Whole-exome sequencing and molecular profiling have helped in identifying genetic signatures typical of different BTC subtypes. With this support, new trials with targeted agents and immunotherapy have been designed, and results are awaited.

Conclusion: BTC still remains a disease with very few treatment options. Different BTC subtypes own peculiar gene mutations and pathways alterations. Therefore, molecular profiling may be the only key to enable new tailored strategies with targeted agents and immunotherapy.

Keywords: surgery, cholangiocarcinoma, adjuvant treatment, first-line treatment, targeted therapies, molecular profiling

Introduction
Biliary tract carcinoma (BTC) defines a group of rare gastrointestinal tumors including gallbladder cancers (GBCs) and cholangiocarcinomas (CCAs), further divided into intrahepatic cholangiocarcinomas (iCCAs) and extrahepatic cholangiocarcinomas (eCCAs). Extrahepatic disease may be split into hilar (Klatskin’s tumor) and distal CCA.¹

BTC is also histologically classified into small-duct and large-duct types according to the histological and molecular classification. Small-duct iCCAs often develop against the background of chronic hepatitis or liver cirrhosis. Differently, large-duct cancers may be associated with chronic cholangiopathies (intrahepatic stones and primary sclerosing cholangitis) or premalignant lesions called biliary intraepithelial neoplasia
(BilIN), suggesting a multistep carcinogenetic process. This classification is also associated with different carcinogenetic processes. Genetic alterations in the dehydrogenase 1 and 2 genes (IDH1/2), BAP1, and FGFR2 are mostly restricted to small-duct iCCAs, whereas mutations in KRAS and SMAD4 are more commonly observed in large-duct cancers.2

Incidence and mortality of BTC are increasing, especially in South America and Asia.3 Its frequency is higher in patients aged between 50 and 70 years with a 1.5 times higher prevalence for CCAs in men4 and GBCs in women (two to six times more).5 Usually, BTC is paucisymptomatic and characterized by weight loss, fever, and sometimes jaundice and pain. The disease rapidly brings the patient to cachexia and inanition, leading to a quick deterioration of the performance status.6 Unfortunately, less than 35% of patients are diagnosed with early (resectable) disease.7 Although surgery represents the only curative approach for localized disease, relapse rate is common.8 Radical surgery with adequate lymphadenectomy remains the only potentially curative treatment for early stage BTC.9

Most of the new cases (60%–70%) of BTC are diagnosed at an advanced stage, where treatment options are palliative and mainly based on chemotherapy (CT).10 Patients with advanced BTC have a poor prognosis with a median overall survival (mOS) commonly not exceeding 12 months. The activity of second and further lines of treatment is limited. Owing to worsening performance status after first line, best supportive care is often the natural choice after disease progression.7

In this review, we summarized the state of the art of the treatment of BTC. Additionally, we tried to give a view at the updates linked with genetic landscape, targeted therapies, and immunotherapy. Surgical and transplant procedures were not included in this review.

Resectable disease

Adjuvant treatment (AT)

Owing to the high rate (nearly 50%) of local and distance relapse after radical surgery,11 AT should be considered after radical resection of early stage BTC.9

A systemic review and meta-analysis included 20 studies and supported the use of AT after surgery, with a major benefit obtained from postoperative CT (OR 0.39) and chemoradiotherapy (CTRT; OR 0.61) with respect to radiotherapy (RT; OR 0.98, P=0.02). Patients who had a resection with positive margins (R1, OR 0.49, P=0.004) and nodal positive disease (OR 0.36, P=0.002) benefited the most from AT, whereas there was no significant gain in OS given by AT in the whole population included (pooled OR 0.74, P=0.06).7 When CTRT is used, the recommended dose of RT is 45 Gy with concurrent 5-fluorouracil (5-FU) or capecitabine (CAPE).9 Among these studies, only one had a randomized Phase III design and tested adjuvant CT with mitomycin C and 5-FU vs surgery alone. This trial included 139 cases of CCAs and 140 GBCs. Five-year OS and disease-free survival in the AT group were higher than those in the control group (respectively, 26% vs 14.4%, P=0.0367 for OS and 20.3% vs 11.6%, P=0.0210 for median relapse-free survival [mRFS]) in the GBC cohort, whereas no significant difference was shown for CCAs.12 Another recent meta-analysis including only studies of adjuvant CT reported a significant benefit in weighted mean OS of 4.3 months (P=0.014) obtained with postoperative treatment with a risk of death reduction of 41% (HR 0.59, P<0.001).13 An Asian randomized Phase III trial of adjuvant gemcitabine (GEM) vs observation in resected BTC showed no significant differences in mOS (62.3 vs 63.8 months, respectively, P=0.964) and mRFS (36.0 vs 39.9 months, P=0.693). There was no survival difference between the two groups in subsets stratified by lymph node and resection margin status.14

Recently, two Phase III randomized trials of AT have been completed, and a third one is ongoing (Table 1). The multicenter French PRODIGE 12–ACCORD 18 compared observation after surgery with gemcitabine and oxaliplatin (GEMOX) adjuvant CT. Although feasible and not associated with a deterioration in quality of life, adjuvant GEMOX was not associated with a prolonged RFS with respect to observation, with an mRFS of 30.4 for CT vs 22 months for control, P=0.31. The 4-year RFS was 39.3% vs 33.2%.15 On the opposite, the British Phase III BILCAP study compared AT with CAPE to observation after radical surgery. By considering intention-to-treat analysis, a significant difference in OS between AT and control was not shown (mOS 51 vs 36 months, HR 0.8, P=0.097). The difference became statistically significant only after performing a sensitivity analysis with adjustment for nodal status, grade of disease, and gender (HR 0.71, P<0.01). Even with per-protocol analysis, mOS was significantly higher in the CAPE group (53 vs 36 months, P=0.028).16 Subgroup analyses revealed an improvement in survival with AT for R0 resections (HR 0.73), but the entity of benefit was inferior in R1 population (HR 0.90). Perihilar CCAs did not benefit from CAPE therapy (HR 1.08), whereas the OS advantage was present in the eCCA cohort (HR 0.70). CAPE was active both in node-positive disease and node-negative disease; however, the first group had worse OS with a 2-year OS of 50% compared with 80% of node-negative
Liver-directed therapies

CTRT has been considered a possible option in the treatment of locally advanced and nonresectable BTC with survival rates between 9 and 14 months.8 However, the only randomized experience available showed the inferiority of CTRT compared to CT. This Phase II randomized study compared 50 Grays RT in addition to 5-FU and cisplatin (CTRT) with gemcitabine and oxaliplatin (GEMOX) CT alone in the treatment of nonresectable locally advanced BTC. The trial did not reach its completion due to the slow recruitment. In fact, only 32 patients were randomized. Median PFS (mPFS) and OS were longer in the CT arm compared to those in the CTRT arm (11.0 and 19.9 months in the CT arm vs 5.8 and 13.5 months in the combined arm). HRs were 0.65 for PFS and 0.69 for OS.19 Conversely, a retrospective analysis of iCCAs treated with high doses of RT showed a significant improvement in local control (P=0.009) and OS (P=0.004) when a median biologic equivalent dose >80.5 Grays was used.20 Yttrium-90 radioembolization represents another possible liver-directed treatment in nonresectable iCCAs, showing similar results to first-line CT in terms of responses and survival outcomes. However, no randomized prospective studies testing this interventional procedure are currently available. In a retrospective series, mPFS was 20 months when CT was given concomitantly to radioembolization and mOS after local treatment was not reached, with 46% of patients obtaining a downstaging and undergoing surgery.21 A systematic review and pooled analysis of 12 studies of radioembolization reported a weighted mOS of 15.5 months, with a partial response in 28% of cases and stable disease in 54% of patients at 3 months after treatment.22

Advanced inoperable and metastatic disease

Liver-directed therapies

CTRT has been considered a possible option in the treatment of locally advanced and nonresectable BTC with survival rates between 9 and 14 months.8 However, the only randomized experience available showed the inferiority of CTRT compared to CT. This Phase II randomized study compared 50 Grays RT in addition to 5-FU and cisplatin (CTRT) with gemcitabine and oxaliplatin (GEMOX) CT alone in the treatment of nonresectable locally advanced BTC. The trial did not reach its completion due to the slow recruitment. In fact, only 32 patients were randomized. Median PFS (mPFS) and OS were longer in the CT arm compared to those in the CTRT arm (11.0 and 19.9 months in the CT arm vs 5.8 and 13.5 months in the combined arm). HRs were 0.65 for PFS and 0.69 for OS.19 Conversely, a retrospective analysis of iCCAs treated with high doses of RT showed a significant improvement in local control (P=0.009) and OS (P=0.004) when a median biologic equivalent dose >80.5 Grays was used.20 Yttrium-90 radioembolization represents another possible liver-directed treatment in nonresectable iCCAs, showing similar results to first-line CT in terms of responses and survival outcomes. However, no randomized prospective studies testing this interventional procedure are currently available. In a retrospective series, mPFS was 20 months when CT was given concomitantly to radioembolization and mOS after local treatment was not reached, with 46% of patients obtaining a downstaging and undergoing surgery.21 A systematic review and pooled analysis of 12 studies of radioembolization reported a weighted mOS of 15.5 months, with a partial response in 28% of cases and stable disease in 54% of patients at 3 months after treatment.22

First-line CT

The standard of care in first-line treatment of advanced BTC is still represented by combination of CT with gemcitabine and cisplatin (GEMCIS; Table 2). Such a regimen was tested in the Phase III randomized ABC-02 trial, which enrolled 410 patients who were assigned to doublet treatment or GEM monotherapy. mOS in the experimental arm was 11.7 vs 8.1 months (HR 0.64, P<0.001). mPFS was 8 months with the doublet and 5 months with GEM alone (P<0.001). In addition, GEMCIS determined a better tumor control, with a rate of 81.4% vs 71.8% for GEM (P=0.049).23 GEMCIS were also compared to GEM and S-1 in the Phase III randomized Asian JCOG1113, FUGA-BT trial (Table 2). This was a noninferiority (NI) trial. After randomizing 354 patients, mOS was 13.4 for standard treatment vs 15.1 for GEM and S-1 (HR 0.95 and P=0.046 for NI). mPFS was 5.8 months for GEMCIS vs 6.8 months for the experimental arm (HR 0.86). Because of the reduced amount of gastrointestinal toxicity compared with GEMCIS and the possibility to avoid hydration, GEM and S-1 combination was considered one of the options in the treatment of advanced BTC in Asia.24

Table 1 Randomized Phase III trials of adjuvant CT in resected BTC

<table>
<thead>
<tr>
<th>Study/authors</th>
<th>Therapeutic regimen</th>
<th>Number of patients</th>
<th>Endpoints Primary</th>
<th>Secondary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Takada et al11</td>
<td>Mitomycin C, 5-FU vs obs</td>
<td>508</td>
<td>5-year OS (%), 26 vs 14.4*</td>
<td>5-year DFS (%), 20.3% vs 11.6*</td>
</tr>
<tr>
<td>Prodigex2–ACCORD18, Edeline et al15</td>
<td>GEMOX vs obs</td>
<td>196</td>
<td>mRFS (months), 30.4 vs 22.0</td>
<td>Global HrQoL, 70.8 vs 83.3 (at 12 months) and 75.0 vs 83.3 (at 24 months)</td>
</tr>
<tr>
<td>BILCAP, Primrose et al14</td>
<td>CAPE vs obs</td>
<td>447</td>
<td>mRFS (months), 25 vs 18*</td>
<td>mOS (months), 51 vs 36*</td>
</tr>
<tr>
<td>ACTICCA-1 trial, Stein et al16</td>
<td>GEMCIS vs obs</td>
<td>440</td>
<td>Ongoing</td>
<td>Ongoing</td>
</tr>
</tbody>
</table>

Note: *Statistically significant.

Abbreviations: 5-FU, 5-flurouracil; BTC, biliary tract carcinoma; CAPE, capecitabine; CT, chemotherapy; DFS, disease-free survival; GEMCIS, gemcitabine and cisplatin; GEMOX, gemcitabine and oxaliplatin; HrQoL, health-related quality of life; mOS, median overall survival; mRFS, median relapse-free survival; obs, observation; OS, overall survival.
No established therapies after first-line failure are currently available. In this regard, a systematic review of 25 studies was performed. mOS was 7.2 months, mPFS was 3.2 months, and response rate (RR) was 7.7% with lack of evidence for recommending the use of a second-line CT in advanced BTC.25 A recent randomized Phase II Asian study compared irinotecan monotherapy to irinotecan and CAPE doublet (Table 2). mPFS and 9-month survival rate were better for the combination treatment (3.7 vs 2.4 months, \( P = 0.036 \) and 60.9% vs 32%, \( P = 0.045 \), respectively). No significant prolongation of OS was registered (\( P = 0.107 \)).26 The Phase III randomized study ABC-06, comparing second line 5-FU and oxaliplatin (OX) to best supportive care, has recently met its recruitment target, and results are awaited.10

**Table 2** Phase II and III trials with at least 50 patients included in first- and second-line treatment of advanced BTC

<table>
<thead>
<tr>
<th>Study/authors</th>
<th>Phase/type</th>
<th>Number of patients</th>
<th>Therapeutic regimen</th>
<th>Endpoints</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>RR (%)</td>
</tr>
<tr>
<td>Valle et al23</td>
<td>First-line, Phase III, randomized</td>
<td>410</td>
<td>GEMCiS vs GEM</td>
<td>DCR 81.4 vs 71.8*</td>
</tr>
<tr>
<td>JCOG1113, FUGA-BT, Morizane et al26</td>
<td>First line, Phase III, randomized</td>
<td>354</td>
<td>GEMCiS vs GEM+S-I</td>
<td>32.4 vs 29.8, NI</td>
</tr>
<tr>
<td>Zheng et al29</td>
<td>Second line, Phase II, randomized</td>
<td>60</td>
<td>XELIRI vs IRI</td>
<td>13.3 vs 6.7</td>
</tr>
<tr>
<td>Lee et al27</td>
<td>First line, Phase III, randomized</td>
<td>268</td>
<td>GEMOX+erlotinib vs GEMOX</td>
<td>30 vs 16*</td>
</tr>
<tr>
<td>VECTIBIL, Leone et al28</td>
<td>First line, Phase II, randomized</td>
<td>89 Ras WT</td>
<td>GEMOX+panitumumab vs GEMOX</td>
<td>26.6 vs 18.1</td>
</tr>
<tr>
<td>TACTIC, Ferraro et al27</td>
<td>First line, Phase II, open label, single arm</td>
<td>78 Ras WT</td>
<td>GEMCiS+panitumumab</td>
<td>46 CR/RP</td>
</tr>
<tr>
<td>PICCA, Vogel et al30</td>
<td>First line, Phase II, open label</td>
<td>62</td>
<td>GEMCiS+panitumumab vs GEMCiS</td>
<td>45 vs 39</td>
</tr>
<tr>
<td>BINGO</td>
<td>First line, Phase II, randomized</td>
<td>150</td>
<td>GEMOX+cefoximab vs GEMOX</td>
<td>23 vs 29</td>
</tr>
<tr>
<td>Malka et al31</td>
<td>First line, Phase II, randomized</td>
<td>122</td>
<td>GEMOX+cefoximab vs GEMOX</td>
<td>27 vs 15</td>
</tr>
<tr>
<td>Chen et al32</td>
<td>First line, Phase II, randomized</td>
<td>50</td>
<td>GEMCAPE+bevacizumab</td>
<td>40</td>
</tr>
<tr>
<td>Iyer et al33</td>
<td>First line, Phase II, prospective</td>
<td>50</td>
<td>CAPE+IRI+GEM+bevacizumab</td>
<td>6</td>
</tr>
<tr>
<td>Larsen et al34</td>
<td>Second line, Phase II, prospective</td>
<td>124</td>
<td>GEMCiS+cediranib vs GEMCiS</td>
<td>44 vs 19</td>
</tr>
<tr>
<td>ABC-03, Valle et al36</td>
<td>First line, Phase II, randomized</td>
<td>102</td>
<td>GEM+sorafenib vs GEM</td>
<td>8 vs 6</td>
</tr>
<tr>
<td>AIO study, Moehler et al37</td>
<td>First line, Phase II, randomized</td>
<td>56</td>
<td>Sunitinib</td>
<td>8.9</td>
</tr>
<tr>
<td>Yi et al38</td>
<td>Phase II, multicenter, single arm</td>
<td>53</td>
<td>Sunitinib</td>
<td>15</td>
</tr>
<tr>
<td>SUN-CK, Neuzillet et al39</td>
<td>Second line, Phase II, single arm</td>
<td>173</td>
<td>Vandetanib vs Vandetanib+GEM vs GEM+placebo</td>
<td>2 vs 11 vs 7*</td>
</tr>
</tbody>
</table>

Note: *Statistically significant.
Abbreviations: BTC, biliary tract carcinoma; CAPE, capecitabine; CiS, cisplatin; DCR, disease control rate; DFS, disease-free survival; GEM, gemcitabine; GEMCAPE, gemcitabine and capecitabine; GEMCiS, gemcitabine and cisplatin; GEMOX, gemcitabine and oxaliplatin; IRI, irinotecan; mOS, mean overall survival; mPFS, mean progression-free survival; NI, noninferiority; OX, oxaliplatin; RFS, relapse-free survival; RR, response rate; WT, wild type; XELIRI, cetuximab and irinotecan.

**Second-line CT**

No established therapies after first-line failure are currently available. In this regard, a systematic review of 25 studies was performed. mOS was 7.2 months, mPFS was 3.2 months, and response rate (RR) was 7.7% with lack of evidence for recommending the use of a second-line CT in advanced BTC.25 A recent randomized Phase II Asian study compared irinotecan monotherapy to irinotecan and CAPE doublet (Table 2). mPFS and 9-month survival rate were better for the combination treatment (3.7 vs 2.4 months, \( P = 0.036 \) and 60.9% vs 32%, \( P = 0.045 \), respectively). No significant prolongation of OS was registered (\( P = 0.107 \)).26 The Phase III randomized study ABC-06, comparing second line 5-FU and oxaliplatin (OX) to best supportive care, has recently met its recruitment target, and results are awaited.10

**Genetics of BTC**

**Mutational patterns**

Increasing attention has been paid in studying the genetic alterations linked to BTC (Figure 1). Whole-exome sequencing (WES) analyses performed in different series have shown mutations with different frequencies that were correlated with different BTC sites of primary tumor.10 In a recent series, 153 BTC cases were analyzed in search for mutations in 56 genes. Most of the cases (77.1%) harbored a driver-gene mutation and targetable pathway alterations were present in
68% of cases. Different sites of origin had distinct molecular profiles. KRAS mutations were the most detected ones (28% of cases), followed by TP53 alterations (18%). TP53 and KRAS mutations were significantly associated with a worse survival and more frequent eCCAs and GBCs ($P=0.0019$ for both KRAS and TP53). Mutations in the IDH1 and IDH2 genes ($P=0.0005$) and in the chromatin-remodeling gene BAP1 ($P=0.0097$) were typical of iCCAs. In a recent series of KRAS wild-type (WT) BTC patients, mutated IDH1/2 was associated with a significantly higher mOS of 28.22 months compared to 11.56 months for nonmutated genotypes ($P=0.025$). Conversely, mOS did not differ when stratification by TP53 mutation was performed ($P=0.82$).

Both the mTOR (51% of cases) and the KRAS/NRAF/BRAF (34%) pathways were frequently altered. GBCs and eCCAs were mostly associated with the APOBEC-mediated somatic molecular signature, with a high mutational burden and increased expression of the APOBEC3B gene. APOBEC3B is a DNA cytosine deaminase-inducing mutation in multiple human cancers. Differently, three main pathways linked to epigenetic regulation and oxidative phosphorylation were found altered in iCCAs: the Ras/phosphatidylinositol-4,5-bisphosphate 3-kinase pathway, the p53 cell cycle signaling, and TGF-$\beta$/Smad signaling. FGFR2 fusions were reported as the most frequent targetable alteration in iCCAs, with a prevalence of 45% described in a recent series. A WES analysis performed on GBCs only showed mutations in the ERBB family of proteins and downstream genes in the 35.8% of cases, with a significant negative prognostic role at multivariate analysis ($P=0.001$). HER-2 overexpression was reported with a higher prevalence in GBCs as well (19%).

Other relevant deregulated pathways in BTCs are the VEGF–VEGFR-1/2 (with a VEGF overexpression in more than half cases of both iCCAs and eCCAs) and the EGFR pathway, with an overexpression in 27.4% of iCCAs and 19.2% of eCCAs. These pathways, when altered, were associated with tumor progression, recurrence, and hematogenic metastatic spread in iCCAs and eCCAs. The WNT/$\beta$-catenin pathway is upregulated in hilar CCA. cMET overexpression was seen in 11.7% of iCCAs and 16.2% of eCCAs, as well. Higher c-MET expression

---

**Figure 1** Risk factors and molecular alterations of BTC.

**Abbreviations:** BTC, biliary tract carcinoma; eCCA, extrahepatic cholangiocarcinoma; GBC, gallbladder cancer; iCCA, intrahepatic cholangiocarcinoma.
was associated with poor 5-year survival rate for both CCAs overall \((P=0.0046)\) and iCCAs \((P=0.0013)\).36

In conclusion, several genetic alterations are associated with BTCs representing possible targets of antitumor biologic agents. Among them, \(K\)R\(A\)S, \(T\)P\(5\)3, ID\(H\), and B\(A\)P1 mutations and \(F\)G\(F\)R\(2\) fusions are the most frequent ones.

**Clinical studies with targeted therapies**

Several Phase II and III trials in first- and second-line treatment of advanced BTCs have been performed so far. Both targeted therapies and combinations of CT and biological agents have been tested (Table 2).

Results using different anti-EGFR agents have been disappointing. A Phase III randomized trial compared combination therapy with GEMOX with or without the addition of erlotinib. The experimental arm had a higher number of objective responses \((40 \text{ vs } 21 \text{ patients}, P=0.005)\) but no difference in OS was registered \((P=0.611)\).37 Two Phase II trials tested panitumumab in BTC patients with \(K\)R\(A\)S \(W\)T genotype. The randomized Phase II Vecti-BIL study randomized subjects to GEMOX doublet or the same combination with panitumumab. No differences in mOS \((P=0.42)\) and PFS \((P=0.27)\) were described.38 Similarly, the Phase II TACTIC study tested the combination of GEMCIS, and panitumumab in BTC \(K\)R\(A\)S \(W\)T patients. This single-arm trial showed a good tolerability and a promising clinical efficacy, with 46% of patients having complete or partial response, mPFS of 8.1 months and OS of 10.2 months, therefore, the addition of bevacizumab was not shown to improve outcome as compared with standard CT.41 As second-line treatment together with CAPE, irinotecan, and GEM, bevacizumab showed a limited benefit, with an mPFS of 3.6 months, mOS of 6.4 months,

\(\text{RR of 6\%}^{44}\).

Ramucirumab, a monoclonal antibody targeting VEGFR2, showed an mPFS of 2.73 months and OS of 6.31 months when administered in advanced and pretreated BTC. In a minority of patients (13%), mPFS was superior to 24 weeks. These results, which are comparable to those obtained with more toxic CT regimens, may require further investigations in the field of refractory BTC.45

Cediranib, an oral inhibitor of the VEGF pathway, was tested in the randomized Phase II ABC-03 trial. In the study design, the experimental arm included standard CT with GEMCIS with the addition of cediranib, while the control arm included CT only. The addition of cediranib did not improve mPFS \((8.0 \text{ vs } 7.4 \text{ months for control}, P=0.72)\) and resulted in higher toxicity, hypertension, diarrhea, and bone marrow toxicity.46 Among other oral multi-kinase inhibitors, sorafenib, sunitinib, and vandetanib have been used inBTC trials. A double-blind, placebo-controlled Phase II study compared GEM and sorafenib vs GEM alone. mPFS and OS were similar between the two arms \((P=0.859 \text{ and } P=0.775, \text{ respectively})\). However, a significant difference in OS was present when patients developed liver metastases after resection of primary BTC and were treated with sorafenib compared to placebo \((P=0.019)\).47 Sunitinib was used in second line in a multicentre Asian study. Time to progression was 1.7 months, and the efficacy of the oral drug was poor with an objective RR (ORR) of 8.9% and a disease control rate (DCR) of 50%.48 In a second trial (SUN-CK Phase II), sunitinib was used in the second-line treatment of iCCAs after progression to GEM. Results were promising with mOS of 9.6 months, while PFS was 5.2 months. DCR was 85%.49 Vandetanib, an oral inhibitor of VEGFR2, EGFR/HER1, and RET, was tested in subjects with advanced BTC in the “Van Gogh” study. Patients were randomized between three different arms: vandetanib alone, vandetanib plus GEM, and GEM plus placebo. PFS was not significantly different among
the three different arms (P=0.18). Similarly, no difference in mOS was observed (P=0.066).50

Selumetinib, an oral MEK inhibitor acting in the RAS/RAF/MEK/ERK signaling pathway, was administered together with GEMCIS in a Phase II trial. Efficacy was poor with no difference between the two selumetinib and GEMCIS arms (with different doses of selumetinib) and the control arm represented by standard CT (P=0.37 for selumetinib 75 mg twice a day continuously and 0.53 for doses on days 1–5 and 8–19 every 21 days). Addition of CT was detrimental adding toxicities and leading to a lower selumetinib dose intensity.51 A single-arm, Phase II and biomarker study of cabozantinib was performed for patients with advanced refractory CCA. Cabozantinib is a multi-kinase inhibitor with potent activity against VEGFR2 and MET. Previously treated patients with unresectable or metastatic CCA received cabozantinib (60 mg orally and daily on a continuous schedule). In this trial, cabozantinib demonstrated limited activity and significant toxicity. mPFS was 1.8 months, and mOS was 5.2 months.52

Another tested combination was pazopanib (a VEGFR tyrosine kinase inhibitor) and trametinib (MEK inhibitor). In this open-label, single-arm trial, patients received oral trametinib 2 mg once daily until progressive disease, death, or unacceptable toxicity. The primary endpoint was to determine the 12-week nonprogression (PD) rate. Secondary assessments included safety, mPFS, mOS, and overall response rate. The non-PD rate at week 12 was 10%, mPFS was 10.6 weeks.53

Another tested combination was pazopanib (a VEGFR tyrosine kinase inhibitor) and trametinib (MEK inhibitor). In this open-label, multicentre, single-arm trial, adults with advanced unresectable CCA received pazopanib 800 mg daily and trametinib 2 mg daily until disease progression or unacceptable toxicity. mPFS was 3.6 months, mOS was 6.4 months, ORR was 5%, and DCR was 75%. Despite an acceptable toxicity and evidence of clinical activity, the combination did not achieve a statistically significant improvement in 4-month PFS.54

All in all, targeted therapies failed to prolong survival outcomes in the treatment of unresectable and metastatic BTC, both in first- and second-line settings. Combination CT still remains the standard of care in advanced disease.

Future prospects

Immunotherapy

BTC represents a potentially attractive subset for immune-based therapies because of its association with chronic inflammation.55 In a retrospective series of resected BTC, a low expression of cytotoxic T-lymphocyte antigen-4 (CTLA-4) in the peritumoral tissue of resected BTC was associated with a higher survival than a higher expression (P=0.02). Therefore, CTLA-4 had a prognostic role, reflecting the capacity of the immune system to react against the tumor. CTLA-4 is expressed on the surface of regulatory T cells (Tregs) and binds to CD80 on antigen-presenting cells with inhibitory effects on cytotoxic cells. In patients receiving AT, strong CD80 expression was associated with a shorter survival (P=0.02). A possible explanation for that is given by the enrichment of activated Tregs in the tumoral microenvironment, inhibiting the response to CT.13 BTC with a high mutational load and with elevated expression of CTLA-4 and PD-L1 was shown to have the worst prognosis.56 Recently, a correlation between PD-L1 expression by either neoplastic (P=0.01) or inflammatory cell aggregates (P=0.005) and a high density of CD3-positive tumor infiltrating lymphocytes was reported, and in addition, the number of PD-L1 inflammatory cell aggregates was superior in case of a high PD-1 expression (P<0.0001).57 Interim results of the KEYNOTE-028 trial, a Phase Ib trial of pembrolizumab in advanced PD-L1-positive BTC progressing after a first-line therapy, showed a 17% ORR with 17% of partial response, 17% of stable disease, 52% of progressive disease, and a good profile of tolerability.57 Following this experience, a Phase I study of 5-FU and oxaliplatin (FOLFOX-6) CT in combination with pembrolizumab with an expanded Phase II cohort in BTC was planned, and such a trial is ongoing (NCT02268825). A Phase I trial assessed safety and efficacy of ramucirumab (VEGFR2 antagonist) with pembrolizumab (PD-1 antagonist) in biomarker unselected patients with previously treated advanced or metastatic BTC. The primary endpoint was safety and tolerability of the combination. Secondary endpoints included ORR. Ramucirumab–pembrolizumab combination showed limited clinical activity with infrequent grade 3–4 treatment-related adverse events (hypertension and neutropenia); ORR was 4%, mPFS was 1.6 months, and mOS was 6.4 months.58

The anti PD-1 nivolumab is currently being tested in a Phase II, two-arm study with a randomization between the combination of nivolumab and GEMCIS vs a dual immuno-therapy with nivolumab and ipilimumab. The primary endpoint was the PFS rate at 6 months, with an accrual goal of 32 patients per arm.59 Another early phase trial is ongoing using nivolumab therapy together with entinostat, a histone deacetylase inhibitor. In murine models of pancreatic cancer, entinostat was shown to inhibit suppressive myeloid-derived suppressor cells (MDSC) with a consequent recruitment in T
cells and a synergistic effect together with anti-PD-1 therapy in order to improve survival. The Phase I trial will investigate the antitumor activity of the combination (measured as ORR) in unresectable or advanced pancreatic cancer and BTC patients who have progressed after at least one line of therapy. 60

Targeted therapies
Several studies are ongoing with agents targeting IDH1/2 mutations. Specifically, the AG120 IDH1 inhibitor is currently being tested at the dose of 500 mg once daily (expansion phase) after the promising initial results showed no dose-limiting toxicities (NCT02073994). With a high-throughput drug screen of 17 iCCAs cases, the multityrosine kinase inhibitor (TKI) dasatinib was shown to be active in tumors harboring IDH1 mutations. 61 On that basis, a Phase II trial of dasatinib in patients with IDH-mutant advanced iCCAs is ongoing (NCT02428855).

Another target of actual interest is FGFR. The ongoing Phase II trial with the oral FGFR inhibitor infgratinib in advanced CCA with FGFR aberrations (gene fusions, translocations, or other genetic alterations) showed interesting results with an overall response rate of 14.8% (18.8% for FGFR2 fusions only). 62 Other inhibitors, such as the irreversible FGFR inhibitor TAS-120 (NCT02052778) and the non-selective TKI ARQ-087, targeting FGFR 1–3 (NCT01752920), are being tested in Phase I and II trials, respectively. 10

As far as anti-angiogenic agents are concerned, a Phase II trial of GEM and pazopanib combination as first-line treatment of advanced BTC is ongoing (NCT01855724). A further Phase II trial involves regorafenib as single agent in pretreated BTC (NCT02053376). Recently, a French randomized Phase II study reported data on the activity of regorafenib in combination with GEMOX in advanced BTC. Regorafenib showed acceptable tolerability when combined with GEMOX with toxicities mainly imputable to conventional CT. 63 A randomized Phase II double-blind trial tested the combination of ramucirumab or merestinib (MET inhibitor) or placebo in addition to GEMCIS. 64

PI3K–AKT–mTOR pathway is still being investigated in BTC. Copanlisib, a PI3K inhibitor, is under evaluation together with GEMCIS in advanced CCA (NCT02631590).

Conclusion
Treatment of CCA is challenging both in early and advanced settings. Surgery is the only potentially curative option, but even in case of radical resection, relapses are common. Adjuvant CAPE has been shown to significantly improve outcomes and should be always offered after surgery. Outcomes of metastatic disease remain poor with very few advances achieved over the last years. To date, combination CT (for example, GEMCIS) still represents the best palliative treatment option. The addition of targeted agents to CT failed to demonstrate any further benefit. The increasing knowledge of molecular mechanisms underlying the tumoral processes, along with the availability of more and more accessible and comprehensive diagnostic techniques, will hopefully allow to identify reliable biomarkers able to guide the most effective treatments in the near future.

Disclosure
The authors report no conflicts of interest in this work.

References
Cancer Management and Research 2019:11

Dovepress

Current management of biliary tract cancer


46. Doherty M, Tam VC, McNamara MG, et al. Selumetinib (Sel) and cisplatin/gemcitabine (CisGem) for advanced biliary tract cancer (BTC): a randomized, open-label, non-comparative phase II AIO study. Eur J Cancer. 2018;92:11–19.


