

Surgery of primary tumor improves the survival of newly diagnosed metastatic melanoma: a population-based, propensity-matched study

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Background: For the melanoma patients who are with the primary tumor and metastatic disease concurrently (the newly diagnosed metastatic patients), the effect of primary tumor surgery on survival has never been discussed.

Objective: We sought to estimate this effect based on data from the Surveillance, Epidemiology, and End Results database.

Patients and methods: We identified patients with newly diagnosed metastatic melanoma from 2004 to 2015. The effect of primary tumor surgery was assessed by using Cox proportional hazard regression modeling and propensity score matching.

Results: Eight thousand three hundred and forty-one patients who had been diagnosed with primary melanoma and metastatic disease at the same time were included in this analysis, of whom 2,554 (30.6%) received primary tumor surgery. In multivariable analysis of the unmatched cohort, primary tumor surgery was an independent protective factor of overall survival (HR =0.617, 95% CI 0.565–0.674; $P<0.001$) and melanoma-specific survival (HR =0.599, 95% CI 0.537–0.668; $P<0.001$). In the matched cohort, primary tumor surgery was still associated with better overall survival (13 vs 6 months, $P<0.001$) and melanoma-specific survival (18 vs 6 months, $P<0.001$).

Conclusion: Our results reveal the benefit of primary tumor surgery on the survival of patients with newly diagnosed metastatic melanoma and may fill in the gaps of guidelines for this population.

IRB: IRB approval is not required because the SEER data are freely accessible.

Keywords: melanoma, metastatic, surgery, survival, propensity score, Surveillance, Epidemiology, and End Results database, SEER

Plain language summary

Why was the study done? For the newly diagnosed stage IV melanoma patients, the necessity and effect of primary tumor surgery has never been discussed.

What did the researchers do and find? We assessed the effect of primary tumor surgery on survival using Cox proportional hazard regression modeling and stratified propensity score matching as well, based on data from the Surveillance, Epidemiology, and End Results (SEER) database. The results show that primary tumor surgery is significantly associated with better patients' survival.

What do these results mean? This study challenges the conventional view and may fill in the gap of the relevant knowledge in the guideline.

Introduction

Malignant melanoma accounts for the vast majority of skin cancer deaths in the USA.¹ For melanoma patients with distant metastasis, the overall survival (OS) was only 9 months before 2009 and has improved to about 10–17 months in the recent decade.^{2,6} Common treatment options for metastatic melanoma comprise surgery, systemic therapy and radiotherapy. In spite of the fact that the surgical resection of metastases is suggested to be conducive to survival, complete resection of metastases is feasible in only a small proportion of carefully selected patients with metastatic melanoma.^{3–5} As systematic treatment represented by immune checkpoint inhibitors and targeted therapy has been becoming more important in the treatment of metastatic melanoma, the status of surgery has diminished in the last decade.^{6–8}

The primary tumor surgery is an effective means to treat or even potentially cure early-stage melanoma.⁹ However, for the melanoma patients with the primary tumor and metastatic disease concurrently occurring at the time of diagnosis (newly diagnosed metastatic patients), the necessity and effect of primary tumor surgery has never been discussed. The benefit of primary tumor surgery in improving survival that had been observed in other metastatic malignancies, such as breast cancer,^{10–14} colorectal cancer,^{15–17} gastric cancer,^{18–20} renal cell cancer²¹ and so on, made us wonder whether there would be a similar effect on metastatic melanoma. The Surveillance, Epidemiology, and End Results (SEER) database provides diagnosis, first-course treatment (including primary tumor surgery) and prognostic information of a considerable number of tumor patients.²² Besides, as SEER only provides information on initial diagnosis but not information of disease recurrence, all its cases are newly diagnosed, meaning that all stage IV patients from the SEER are in stage IV at new diagnosis. This makes it possible for us to study the impact of primary tumor surgery on the survival of the newly diagnosed stage IV patients.

The objective of this study was to assess the prognostic value of primary tumor surgery in metastatic melanoma patients after minimizing a potential case selection bias by using propensity score-matching analysis, based on data from the SEER database.

Patients and methods

Data source and patient selection

A query of the SEER registry using SEER*Stat 8.3.5 was performed to identify all stage IV patients diagnosed as malignant melanoma (ICD-O-3/WHO-2008 recode of “mela-

noma of the skin”) between the years 2004 and 2015, based on the 1973–2015 SEER research incidence data (November 2017 submission).²³ The information on surgery of primary tumor and metastatic sites, survival time, cause of death and other characteristics was identified. The cases with unknown surgical status or survival time and those with secondary malignancies at diagnosis were removed from the analysis. The characteristics of patients and tumor included time of diagnosis, age, sex, race, marital status, primary tumor site, histologic type, TNM stage and ulceration. Primary sites of melanoma were stratified into face/head/neck, trunk, limbs and other/unknown sites. Histologic types were stratified into nodular melanoma, superficial spreading melanoma, spindle cell melanoma and others/unknown types. The T, N and M stages were defined based on the American Joint Committee on Cancer TNM classification system for melanoma (sixth edition, 2002).

Statistical analyses

Kaplan–Meier curves were used to compare both OS and melanoma-specific survival (MSS, ie, death caused by cutaneous melanoma) in surgery and non-surgery groups. To further analyze the prognostic value of primary tumor surgery, multivariate Cox proportional hazard models were also used to identify the factors associated to patients' survival. Besides, we conducted stratified analysis to estimate the effect of primary tumor surgery before and after the year 2011 (2004–2010 and 2011–2015), respectively.

Propensity score matching

As the included patients were not randomized in this retrospective study, the unbalanced baseline characteristics may lead to selection bias, and hence influence the decision to treat with primary tumor surgery.²⁴ To reduce this impact, a matched case–control analysis was conducted by using propensity score matching. By using the propensity scores estimated according to the baseline covariates listed in Table 1, a matched dataset was created. Patients who received primary tumor surgery were matched to patients who did not receive the same, based on the calculated propensity scores with an algorithm of the nearest-neighbor 1:1 matching.²⁵

Data analysis was performed using SPSS Statistics 20.0 (IBM Corporation, Armonk, NY, USA). The categorical variables are presented as percentages and numbers, and comparisons are made using χ^2 tests. Log-rank tests were used to compare the difference in survival between patients in different groups. All tests were two-sided, and a *P*-value of <0.05 was considered statistically significant.

Table I Baseline variables before and after propensity score matching

Characteristics	Unmatched cohort (n=8,341)				Matched cohort (n=1,476)			
	No primary tumor surgery (n=5,787)	Primary tumor surgery (n=2,554)	χ^2	P-value	No primary tumor surgery (n=738)	Primary tumor surgery (n=738)	χ^2	P-value
	Count (%)	Count (%)			Count (%)	Count (%)		
Year of diagnosis			24.25	<0.001			0.03	0.870
2004–2010	3,000 (51.8)	1,473 (57.7)			479 (64.9)	482 (65.3)		
2011–2015	2,787 (48.2)	1,081 (42.3)			259 (35.1)	256 (34.7)		
Sex			0.00	0.996			1.00	0.317
Female	1,801 (31.1)	795 (31.1)			231 (31.3)	249 (33.7)		
Male	3,986 (68.9)	1,759 (68.9)			507 (68.7)	489 (66.3)		
Age at diagnosis (years)			17.50	0.001			2.16	0.540
≤40	314 (5.4)	181 (7.1)			46 (6.2)	50 (6.8)		
41–60	1,647 (28.5)	779 (30.5)			225 (30.5)	235 (31.8)		
61–80	2,806 (48.5)	1,132 (44.3)			327 (44.3)	334 (45.3)		
≥81	1,020 (17.6)	462 (18.1)			140 (19.0)	119 (16.1)		
Race			4.77	0.312			7.78	0.100
White	5,569 (96.2)	2,464 (96.5)			705 (95.5)	717 (97.2)		
Black	89 (1.5)	45 (1.8)			13 (1.8)	10 (1.4)		
American Indian/Alaska Native	56 (1.0)	19 (0.7)			12 (1.6)	4 (0.5)		
Asian or Pacific Islander	59 (1.0)	17 (0.7)			6 (0.8)	2 (0.3)		
Unknown	14 (0.2)	9 (0.4)			2 (0.3)	5 (0.7)		
Marital status			10.88	0.004			7.46	0.024
Unmarried	2,160 (37.3)	1,015 (39.7)			319 (43.2)	268 (36.3)		
Married	3,343 (57.8)	1,385 (54.2)			379 (51.4)	428 (58.0)		
Unknown	284 (4.9)	154 (6.0)			40 (5.4)	42 (5.7)		
Primary site			4,389.20	<0.001			7.21	0.066
Limbs	290 (5.0)	835 (32.7)			211 (28.6)	182 (24.7)		
Trunk	307 (5.3)	812 (31.8)			218 (29.5)	196 (26.6)		
Face/head/neck	250 (4.3)	678 (26.5)			160 (21.7)	185 (25.1)		
Other	4,940 (85.4)	229 (9.0)			149 (20.2)	175 (23.7)		
Histologic type			1,701.66	<0.001			0.25	0.969
SSM	27 (0.5)	257 (10.1)			17 (2.3)	17 (2.3)		
NM	72 (1.2)	569 (22.3)			44 (6.0)	41 (5.6)		
SCM	110 (1.9)	64 (2.5)			13 (1.8)	15 (2.0)		
Other/unknown	5,578 (96.4)	1,664 (65.2)			664 (90.0)	665 (90.1)		
T stage			4,095.13	<0.001			3.25	0.517
T1	73 (1.3)	332 (13.0)			35 (4.7)	34 (4.6)		
T2	43 (0.7)	265 (10.4)			34 (4.6)	26 (3.5)		
T3	51 (0.9)	382 (15.0)			44 (6.0)	36 (4.9)		
T4	79 (1.4)	789 (30.9)			56 (7.6)	69 (9.3)		
Unknown	5,541 (95.7)	786 (30.8)			569 (77.1)	573 (77.6)		
N stage			1,460.02	<0.001			5.13	0.274
N0	891 (15.4)	533 (20.9)			156 (21.1)	141 (19.1)		
N1	1,835 (31.7)	1,048 (41.0)			289 (39.2)	272 (36.9)		
N2	85 (1.5)	248 (9.7)			40 (5.4)	52 (7.0)		
N3	130 (2.2)	389 (15.2)			62 (8.4)	80 (10.8)		
Nx	2,846 (49.2)	336 (13.2)			191 (25.9)	193 (26.2)		
M stage			310.70	<0.001			2.73	0.256
M1a	570 (9.8)	626 (24.5)			108 (14.6)	131 (17.8)		
M1b/c	3,932 (67.9)	1,471 (57.6)			451 (61.1)	430 (58.3)		
Mx	1,285 (22.2)	457 (17.9)			179 (24.3)	177 (24.0)		
Ulceration			3,007.38	<0.001			0.11	0.947
No	676 (11.7)	659 (25.8)			87 (11.8)	83 (11.2)		
Yes	125 (2.2)	1,098 (43.0)			96 (13.0)	96 (13.0)		
Unknown	4,986 (86.2)	797 (31.2)			555 (75.2)	559 (75.7)		

(Continued)

Table 1 (Continued)

Characteristics	Unmatched cohort (n=8,341)				Matched cohort (n=1,476)			
	No primary tumor surgery (n=5,787)	Primary tumor surgery (n=2,554)	χ^2	P-value	No primary tumor surgery (n=738)	Primary tumor surgery (n=738)	χ^2	P-value
	Count (%)	Count (%)			Count (%)	Count (%)		
Metastasectomy			3.80	0.051			0.63	0.429
No	5,656 (97.7)	2,513 (98.4)			727 (98.5)	723 (98.0)		
Yes	131 (2.3)	41 (1.6)			11 (1.5)	15 (2.0)		

Abbreviations: NM, nodular melanoma; SCM, spindle cell melanoma; SSM, superficial spreading melanoma.

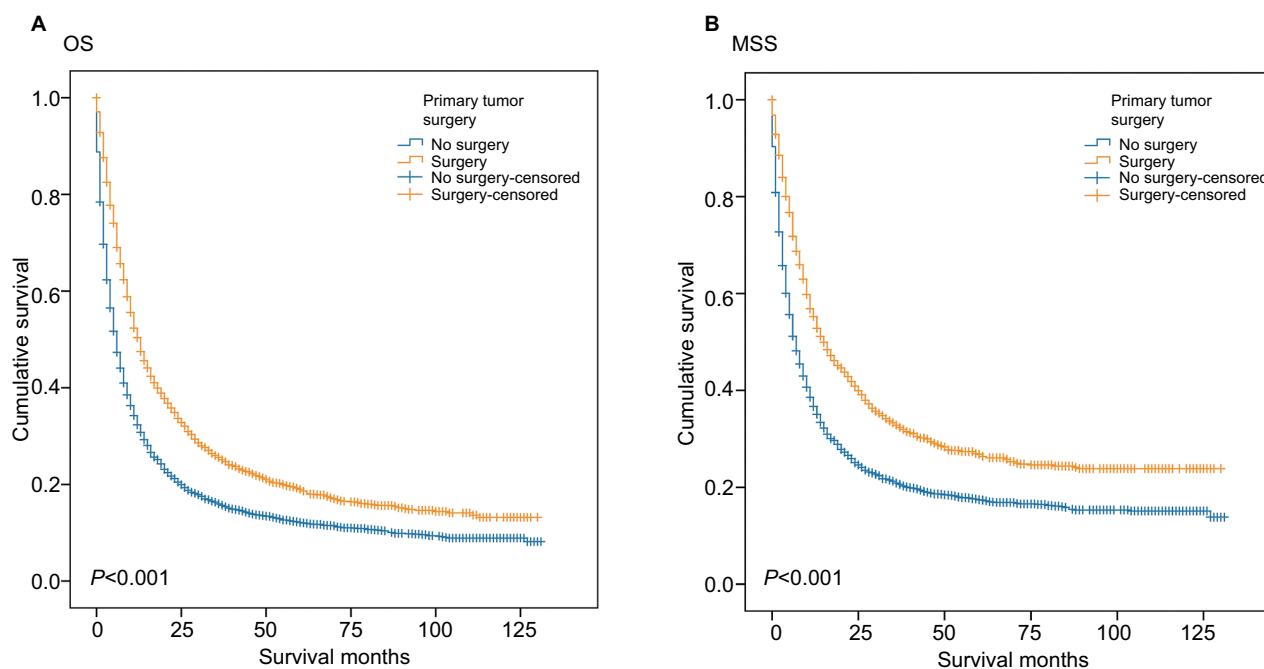


Figure 1 Kaplan-Meier curves for (A) OS and (B) MSS according to primary tumor surgery status in the unmatched cohort.

Abbreviations: MSS, melanoma-specific survival; OS, overall survival.

Results

Eight thousand three hundred and forty-one patients who had been diagnosed with primary melanoma and metastatic disease at the same time were included in this analysis, of which 2,554 (30.6%) received surgery of the primary tumor and 2.1% received metastasectomy (Table 1). The median OS and MSS of all patients were 8.0 months (95% CI 7.7–8.3 months) and 9.0 months (95% CI 8.5–9.5 months), respectively.

On univariate analysis of the unmatched cohort, patients receiving surgery of the primary tumor had both better median OS (13 vs 6 months, $P < 0.001$) and median MSS (15 vs 7 months, $P < 0.001$), compared with those who did not receive the same (Figure 1). Besides, this trend occurred in both periods of 2009–2010 (OS: 12 vs 5 months; MSS: 13

vs 6 months) and 2011–2015 (OS: 14 vs 6 months; MSS: 22 vs 9 months), with all P -values being < 0.001 (data not shown). On multivariable Cox regression analysis, undergoing primary tumor surgery was an independent protective factor of OS (HR = 0.617, 95% CI 0.565–0.674; $P < 0.001$) and MSS (HR = 0.599, 95% CI 0.537–0.668; $P < 0.001$), as shown in Table 2. The other protective factors of OS included later years of diagnosis (2011–2015; HR = 0.837, 95% CI 0.790–0.886; $P < 0.001$), married status (HR = 0.770, 95% CI 0.730–0.813; $P < 0.001$) and metastasectomy (HR = 0.466, 95% CI 0.381–0.570; $P < 0.001$), as shown in Table 2. The risk factors of OS included older age, sex of male, tumor location of trunk, historical type of nodular melanoma and higher T, N and M stages. The protective and risk factors of MSS were similar to those of OS.

Table 2 Multivariate analysis of prognostic factors for survival in the unmatched population

Variables	Category	OS			MSS		
		P-value	Exp(B)	95% CI for Exp(B)	P-value	Exp(B)	95% CI for Exp(B)
Year of diagnosis	2011–2015	<0.001	0.837	0.790–0.886	<0.001	0.704	0.656–0.75
Sex	Male	<0.001	1.128	1.067–1.193	<0.001	1.151	1.076–1.231
Age at diagnosis (years)	≤40	<0.001			<0.001		
	41–60	<0.001	1.229	1.091–1.385	0.002	1.220	1.075–1.384
	61–80	<0.001	1.425	1.269–1.600	<0.001	1.321	1.166–1.497
	≥81	<0.001	1.924	1.700–2.178	<0.001	1.742	1.511–2.007
Marital status	Unmarried	<0.001			<0.001		
	Married	<0.001	0.770	0.730–0.813	<0.001	0.732	0.686–0.781
	Unknown	<0.001	0.692	0.610–0.785	<0.001	0.620	0.526–0.732
Primary site	Limbs	<0.001			<0.001		
	Trunk	0.036	1.110	1.007–1.223	0.123	1.098	0.975–1.237
	Face/head/neck	0.196	0.933	0.840–1.036	0.068	0.882	0.770–1.009
	Other	0.020	0.888	0.803–0.981	0.007	0.847	0.750–0.957
Histologic type	SSM	0.001			0.001		
	NM	0.005	1.303	1.083–1.567	0.004	1.390	1.112–1.739
	SCM	0.662	0.946	0.737–1.214	0.704	0.942	0.691–1.284
	Other/unknown	0.021	1.222	1.031–1.449	0.022	1.273	1.035–1.564
T stage	T1	0.021			N/A ^a		
	T2	0.529	1.060	0.884–1.272			
	T3	0.440	1.067	0.905–1.259			
	T4	0.005	1.230	1.063–1.423			
	Unknown	0.632	1.035	0.899–1.192			
N stage	N0	<0.001					
	N1	0.001	1.139	1.052–1.233	0.001	1.179	1.068–1.302
	N2	0.924	1.007	0.865–1.174	0.876	0.985	0.814–1.192
	N3	<0.001	1.337	1.182–1.511	<0.001	1.453	1.256–1.681
	Nx	<0.001	1.279	1.186–1.379	<0.001	1.333	1.212–1.465
M stage	M1a	<0.001			<0.001		
	M1b/c	<0.001	2.191	2.013–2.383	<0.001	2.559	2.294–2.854
	Mx	<0.001	1.875	1.705–2.061	<0.001	2.119	1.876–2.393
Primary tumor surgery	Yes	<0.001	0.617	0.565–0.674	<0.001	0.599	0.537–0.668
Metastasectomy	Yes	<0.001	0.466	0.381–0.570	<0.001	0.434	0.341–0.553

Note: ^aThis item is not included in the multivariable logistic regression.

Abbreviations: B, partial regression coefficients; Exp, exponential function; MSS, melanoma-specific survival; NM, nodular melanoma; OS, overall survival; SCM, spindle cell melanoma; SSM, superficial spreading melanoma.

Several factors such as age, tumor site, histologic type, TNM stage and so on were significantly associated with the rate of primary tumor surgery in unmatched cohort. To further corroborate the benefits of surgery found in univariate and multivariate analyses, we performed a propensity score matching to optimally adjust for the selection bias between the two groups (Table 1). As in the unmatched cohort, surgery of primary tumor was also associated with better OS (13 vs 6 months, $P < 0.001$) and MSS (18 vs 6 months, $P < 0.001$) in the matched cohort (Figure 2).

Discussion

Metastatic melanoma has been an incurable disease in spite of the improvement in survival largely attributed to advances

in systemic treatment options over the last decade, while the role of the primary tumor surgery in this setting is still ambiguous due to the lack of relevant research. To the best of our knowledge, this is the first study to evaluate the impact of primary tumor surgery on metastatic melanoma. Moreover, as the SEER database encompasses 28% of the US population,¹ our data are, to some extent, generalized and reflective of the population experience.

Historically, the surgery in metastatic patients was generally referring to the surgery for metastatic sites (ie, the metastasectomy), which was performed for palliation or potentially cure.⁵ The National Comprehensive Cancer Network guideline²⁶ recommends feasible metastasectomy in the patients with stage IV melanoma, but it does

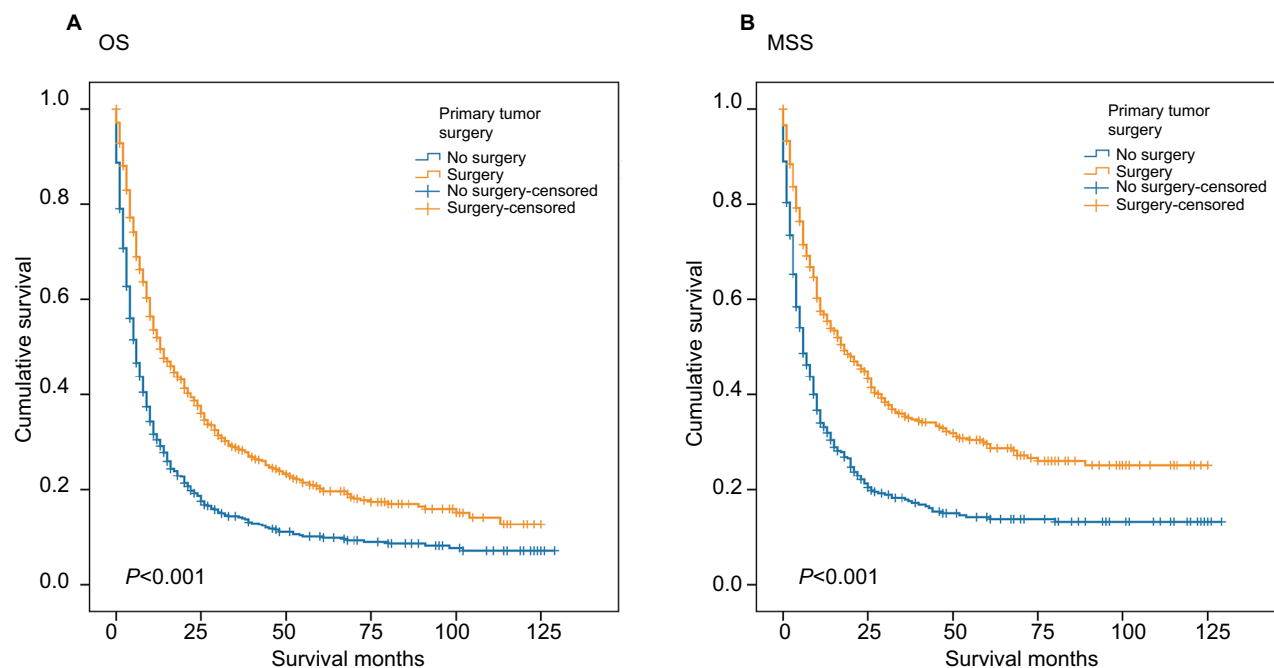


Figure 2 Kaplan–Meier curves for (A) OS and (B) MSS according to primary tumor surgery status in the matched cohort.

Abbreviations: MSS, melanoma-specific survival; OS, overall survival.

not describe whether primary tumor surgery should be performed in this population. The lack of attention to the primary tumor surgery in metastatic melanoma may be partly ascribed to the fact that most metastatic diseases occur when the primary tumor has already been removed in earlier treatment. Importantly, all stage IV patients from SEER are newly diagnosed cases, whose primary tumors and metastases coexist when diagnosed as cancer. In other words, their primary tumor has not been removed yet. This may explain why the rate of primary tumor surgery in this study was as high as 31%, although the reasons for this or the guidelines followed by the US clinicians in the practice are unclear as far as we know. More importantly, both our results of Cox proportional hazard regression and analyses after propensity score matching demonstrated significant benefits of primary tumor surgery to OS and cancer-specific survival regardless of the patient, tumor and treatment characteristics. Although the results need to be further validated, they should call our attention to the benefit of primary tumor surgery in this population.

Similar to our investigation, several retrospective studies found that primary tumor surgery has a favorable prognostic impact on metastatic patients with other malignancies, such as breast,^{10–14} colorectal,^{15–17} gastric^{18–20} and renal cell cancer.²¹ Lowering the tumor burden,^{27,28} reducing recirculating tumor cells,²⁹ decreasing the cytokines regulating tumor metastasis³⁰

and restoring immunomodulation by removing potential source of immunosuppression from the primary site could explain the beneficial effect of primary tumor surgery.³¹ Considering the inherent selection biases in these studies and several controversial conclusions,³² and the theory of increased angiogenesis and accelerated relapse associated with surgical wound,^{33,34} the definitive effect and mechanisms of primary tumor surgery in these cancers and melanoma remain to be further clarified.

As we know, the targeted therapies and immune checkpoint inhibitors have been playing an vital role in treatment of metastatic melanoma since the US Food and Drug Administration approved BRAF V600E-targeted therapy and anti-CTLA4 immunotherapy for this cohort of patients in the year 2011.³⁵ We were confused by the fact whether the observed survival advantage in the surgical group was partly due to the effect of the novel agents mentioned above. As SEER does not provide the information whether patients have received the above treatments, we analyzed the effect of primary tumor surgery in pre (before 2011) and post (after 2011) the immune/targeted therapy periods, respectively. Also, we found that the surgery group had longer survival than the non-surgery group in both periods. Meanwhile, the COX regression analysis adjusted by the variables including time showed that surgery was a significantly independent prognostic factor, suggesting that the effect of surgery on survival

may not be influenced by the targeted or immune therapy. Additionally, the SEER does not provide usable information of radiation and chemical therapy, which makes the adjustment impossible for the use of these treatments. Nonetheless, it seems unlikely that the significant effects of primary tumor surgery are due solely to unadjusted confounding.

In addition, we found that the proportion of the patients who received metastasectomy was only 2.1%, which is much lower than that of patients receiving the primary tumor surgery. According to available evidence, metastasectomy was proved to be an effective treatment option with a benefit of OS for selected patients.⁵ Although metastasectomy was also associated with better survival in this study, its effect on improving the survival of metastatic population may be limited by the low proportion of the suitable candidates,⁴ which has been described by previous studies.³⁵ Given the situation that the numbers of patients who had undergone primary tumor surgery and metastasectomy differed widely and more information was unavailable, the patients' selection for these two surgical methods or combined application should be further studied in well-designed clinical trials.

It is important to consider our study in the context of its limitations. Firstly, a bias due to the imbalance of the surgery group compared with the non-surgery group cannot be completely excluded, considering other potential prognostic factors, such as performance status, gene mutation status, the time between diagnosis and excision of the primary tumor, insurance status and so on, were not available in SEER. Secondly, the "unknown" subgroups of some variables included in the analysis may incur biases. Thirdly, we were not able to evaluate the impact of primary tumor surgery on the quality of life of patients because the information on complications or adverse reactions after surgery is not available in the SEER database.

Conclusion

Despite the limitations, this study reveals that primary tumor surgery significantly benefits both OS and MSS of patients with newly diagnosed metastatic melanoma. The results may fill in the gaps of the guidelines, but need to be validated by further prospective studies or trials.

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Disclosure

The authors report no conflicts of interest in this work.

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