

ORIGINAL RESEARCH

Nomograms to predict overall survival and cancer-specific survival in patients with adrenocortical carcinoma

Yan Li¹ Xiaohui Bian² Junyu Ouyang² Shuyi Wei² Meizhi He² Zelong Luo

Department of Oncology, Zhujiang Hospital of Southern Medical University, Guangzhou, Guangdong, China; ²The Second School of Clinical Medicine, Southern Medical University, Guangzhou, Guangdong,

Purpose: To develop nomogram models to predict individualized estimates of overall survival (OS) and cancer-specific survival (CSS) in patients with adrenocortical carcinoma (ACC).

Patients and methods: A total of 751 patients with ACC were identified within the Surveillance Epidemiology, and End Results (SEER) database between 1973 and 2015. The predictors comprised marital status, sex, age at diagnosis, year of diagnosis, laterality, histologic grade, ethnicity, historic stage, radiation therapy, chemotherapy, and surgery of primary site. Based on the results of the multivariate logistic regression analyses, the nomogram models were used for predicting OS and CSS in patients with ACC. The nomograms were tested using concordance index (C-index) and calibration curves.

Results: In univariate and multivariate analyses of OS, OS was significantly associated with age at diagnosis, year of diagnosis, histologic grade, historic stage, and chemotherapy. In univariate and multivariate analyses of CSS, age at diagnosis, year of diagnosis, historic stage, and chemotherapy were the independent risk factors with CSS. These characteristics were included in the nomograms predicting OS and CSS. The nomograms demonstrated good accuracy in predicting OS and CSS, with the C-index of 0.677 and 0.672.

Conclusion: These clinically useful tools predicted OS and CSS in patients with ACC using readily available clinicopathologic factors and could aid individualized clinical decision

Keywords: adrenocortical carcinoma, nomogram, overall survival, cancer-specific survival

Introduction

Adrenocortical carcinoma (ACC) is a rare and typically aggressive malignancy with a poor prognosis. The estimated incidence of ACC is 1-2 cases per million populations per year leading to 0.2% of all cancer deaths in the United States. However, ACC is a quite heterogeneous disease. Consequently, the clinical outcome widely differs for any given tumor stage. For example, most patients with an advanced stage of disease had a median survival time of fewer than 12 months, even after complete tumor resection,² while some patients might enjoy long-term remissions which lasted up to 8 years.³ Therefore, an accurate prognostic indicator is necessary to guide patients in individualized clinical decision making. According to patient and tumor characteristics, we established the nomogram models to provide individualized estimates of survival in patients with ACC using the Surveillance Epidemiology, and End Results (SEER) database, which is one of the largest population-based cancer databases.

Correspondence: Zelong Luo Department of Oncology, Zhujiang Hospital of Southern Medical University, No. 253, Industrial Avenue, Haizhu District, Guangzhou 510280, Guangdong, Tel +86 20 6278 2355



Email luozelong10@163.com

Patients and methods

Data source

The SEER database was used to identify patients diagnosed with ACC from 1973 to 2015. SEER collects cancer incidence data from population-based cancer registries covering approximately 34.6% of the US population. The information in the SEER database is accrued from 18 regional cancer registries, including information on patients' demographic, cancer diagnosis, and treatment, as well as the cause of death.

Study population

We selected patients with positive histology of ACC (International Classification of Diseases for Oncology, third edition site codes: C740 and C749, and histologic subtype code: 8370). Then, the screening conditions were as follows: first and only malignant tumor, unilateral tumor. Patients whose death was reported by autopsy only or death certification only or who had an unknown marital status were excluded. These criteria resulted in 751 records (Figure 1).

Study variables

The characteristics analyzed were marital status, sex, age at diagnosis, year at diagnosis, laterality, histologic grade, ethnicity, primary tumor size, historic stage, treatment modality (surgery, chemotherapy, radiotherapy), the cause of death, and survival months. Overall survival (OS) and cancer-specific survival (CSS) were the endpoint outcomes of the study. OS was determined from the vital status recode and was defined as the time from diagnosis until death. CSS was determined from the SEER cause-specific death classification and was

defined as the time from diagnosis until death because of ACC.

Statistical analyses

The clinicopathologic characteristics were categorized. In this study, the univariate logistic regression analyses were used to identify the characteristics which were significantly associated with OS and CSS. In the univariate analyses, hazard ratios (HRs) were calculated per one standard deviation increase in predictor variables. Characteristics with P<0.05 were included in the multivariate logistic regression model. Then, we used a backward stepwise logistic regression to find the optimal multivariate model where all contained characteristics were statistically significant with P<0.05. Kaplan-Meier survival analysis⁵ with a log-rank test⁶ was used to demonstrate differences in survival between patient groups for all characteristics, including OS and CSS. The HR and 95% CI were used to evaluate the strength of association between each characteristics and OS or CSS. Based on the results of the multivariate logistic regression analyses, nomograms for 1-, 3-, and 5-year OS and CSS were performed, which was constructed as a visualizing aid to obtain predicted values manually from the multivariate logistic regression models. The performance of the nomograms was measured by concordance index (C-index), which was a measure of discriminative ability that quantified the proportion of all patient pairs. A C-index of 0.5 indicated no predictive ability, whereas a C-index of 1.0 indicated perfect discrimination. Additionally, calibration curves were provided to evaluate the performance of the nomograms based on the logistic

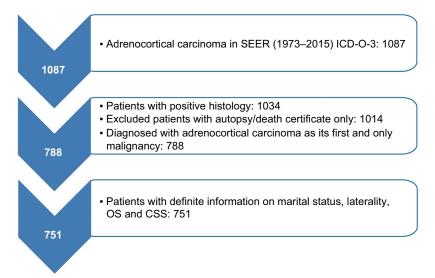


Figure I Flow chart for creation of the SEER data set.

submit your manuscript | www.dovepress.com

Abbreviations: ICD-O, International Classification of Diseases for Oncology; SEER, Surveillance Epidemiology and End Results; OS, overall survival; CSS, cancer specific survival.

regression models. We used the bootstrap validation method to estimate the predictive accuracy of the nomograms by using 200 bootstrap resamples. All data analyses were performed by using SAS (version 9.4; SAS Institute Inc., Cary, NC, USA) and R software (version 3.2.3), and all calculations were performed by using SPSS (version 24.0; IBM Corporation, Armonk, NY, USA). All tests were two-sided, and *P*<0.05 was considered statistically significant.

Results

Patient characteristics

The demographic, clinical, and pathologic characteristics of 751 patients with ACC are listed in Table 1. Marital status included married (n=448, 59.65%) and unmarried (n=303, 40.35%). The population consisted of 424 (56.46%) female and 327 (43.54%) male patients. As for age at diagnosis, more than 70% of the cases were diagnosed between 40 and 89 years of age, and there was a single peak that was seen in the fourth, fifth, and sixth decades of life (Figure 2). The number of cases increased over the years of study from 175 (23.30%) in 1973–1987 to 319 (42.78%) in 2002–2015. The locations of the lesions were similar, with 399 (53.13%) cases left and 352 (46.87%) cases right. Most cases were with an unknown grade (n=584, 77.76%), followed by grade III and IV (n=105, 13.98%), grade I and II (n=62, 8.26%). The main ethnicity was the white ethnicity (n=631, 84.02%). According to the SEER staging system, 202 (26.90%) patients presented with localized disease, followed by distant metastatic disease (n=160, 21.31%) and regional disease (n=96, 12.78%), additionally, the number of patients with unknown stage was 293 (39.01%). Treatment modality consisted of surgery, chemotherapy, and radiation therapy. Surgery included surgery of primary site (n=308, 41.01%), no surgery of primary site (n=87, 11.58%), and unknown (n=356, 47.41%). Of 751 patients, 124 (16.51%) patients received radiation therapy and 627 (83.49%) did not receive radiation therapy or unknown. 173 patients received chemotherapy, while 491 (65.38%) patients not or unknown.

Factors associated with OS

Table 2 shows the univariate and multivariate analyses of OS. In the univariate analysis, OS was significantly associated with age at diagnosis (P<0.001), year of diagnosis (P<0.001), histologic grade (P=0.002), historic stage (P<0.001), chemotherapy (P=0.017), and surgery of primary site (P=0.009). Conversely, OS was not significantly associated with marital status, sex, laterality, ethnicity, and radiation therapy. As for the multivariate analysis, the independent prognostic factors

Table I Demographics, clinical, and pathologic characteristics of 751 patients with adrenocortical carcinoma

Characteristics	All patients, N (%)				
Marital status					
Married	448 (59.65)				
Unmarried	303 (40.35)				
Sex	, ,				
Male	327 (43.54)				
Female	424 (56.46)				
Age at diagnosis	, ,				
0–39	209 (27.83)				
40–59	283 (37.68)				
60–89	259 (34.49)				
Year of diagnosis	, ,				
1973–1987	175 (23.30)				
1988–2001	257 (34.22)				
2002–2015	319 (42.78)				
Laterality					
Right	352 (46.87)				
Left	399 (53.13)				
Histologic grade	, ,				
Grade I+II	62 (8.26)				
Grade III+IV	105 (13.98)				
Unknown	584 (77.76)				
Ethnicity					
White	631 (84.02)				
Black	56 (7.46)				
Others	64 (8.52)				
Historic stage	, ,				
Localized	202 (26.90)				
Regional	96 (12.78)				
Distant	160 (21.31)				
Unknown	293 (39.01)				
Radiation therapy	, ,				
Yes	124 (16.51)				
No/unknown	627 (83.49)				
Chemotherapy	, ,				
Yes	260 (34.62)				
No/unknown	491 (65.38)				
Surgery of primary site					
Yes	308 (41.01)				
No	87 (11.58)				
Unknown	356 (47.41)				

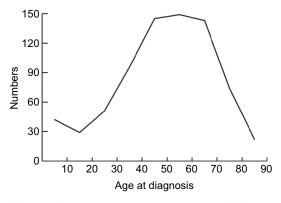


Figure 2 Number of patients diagnosed in each age group with ACC. **Abbreviation:** ACC, adrenocortical carcinoma.

Table 2 Univariate and multivariate analyses of variables associated with OS

Characteristics	Univariate analysis		Multivariable analysis	Multivariable analysis		
	HR (95% CI)	<i>P</i> -value	HR (95% CI)	<i>P</i> -value		
Marital status						
Married	Reference					
Unmarried	0.817 (0.591–1.131)	0.224				
Sex						
Male	Reference					
Female	0.753 (0.543-1.046)	0.090				
Age at diagnosis		<0.001		<0.001		
0–39	Reference		Reference			
40-59	1.534 (1.054–2.235)	0.026	2.153 (1.390–3.335)	0.001		
60–89	3.952 (2.533–6.167)	<0.001	6.332 (3.801–10.549)	<0.001		
Year of diagnosis		<0.001		<0.001		
1973–1987	Reference		Reference			
1988-2001	0.627 (0.370–1.063)	0.082	0.667 (0.371–1.198)	0.175		
2002–2015	0.234 (0.144–0.380)	<0.001	0.163 (0.078–0.340)	<0.001		
Laterality	, , ,					
Right	Reference					
Left	0.971 (0.704–1.340)	0.859				
Histologic grade	,	0.002		0.035		
Grade I+II	Reference		Reference			
Grade III+IV	2.812 (1.437–5.502)	0.003	2.318 (1.071–5.019)	0.033		
Unknown	2.520 (1.480–4.290)	0.001	2.222 (1.199–4.117)	0.011		
Ethnicity		0.827				
White	Reference					
Black	1.151 (0.614–2.161)	0.661				
Others	1.151 (0.637–2.081)	0.641				
Historic stage	,	<0.001		<0.001		
Localized	Reference		Reference			
Regional	1.853 (1.054–0.258)	0.032	2.271 (1.228–4.198)	0.009		
Distant	16.083 (6.302–41.041)	<0.001	13.493 (5.092–35.754)	<0.001		
Unknown	0.863 (0.593–1.256)	0.441	2.145 (1.099–4.187)	0.025		
Radiation therapy	,		, ,			
Yes	Reference					
No/unknown	1.007 (0.654–1.552)	0.973				
Chemotherapy	,					
Yes	Reference		Reference			
No/unknown	0.651 (0.458–0.925)	0.017	0.478 (0.310–0.736)	0.001		
Surgery of primary site		0.009		0.099		
Yes	Reference					
No	3.806 (2.057,7.043)	<0.001	1.987 (1.033,3.822)	0.040		
Unknown	3.664 (2.562,5.239)	<0.001	1.336 (0.642,2.776)	0.438		

Abbreviations: HR, hazard ratio; OS, overall survival.

were age at diagnosis (P<0.001), year of diagnosis (P<0.001), histologic grade (P=0.035), historic stage (P<0.001), and chemotherapy (P=0.001).

As shown in Table 4, the 1-year, 3-year, and 5-year OS differed significantly in age at diagnosis (P<0.001), year of diagnosis (P=0.016), histologic grade (P=0.003), historic stage (P<0.001), chemotherapy (P<0.001), and surgery of primary site (P<0.001). On the contrary, it did not differ significantly across marital status, sex, laterality, ethnicity, and radiation therapy.

Factors associated with CSS

The univariate and multivariate analyses of CSS are listed in Table 3. Based on the univariate analysis, age at diagnosis (P=0.016), year of diagnosis (P<0.001), histologic grade (P=0.013), historic stage (P<0.001), chemotherapy (P<0.001), and surgery of primary site (P<0.001) were significantly associated with CSS. Additionally, marital status, sex, laterality, ethnicity, and radiation therapy were not significantly associated with CSS. In the multivariate analysis, age at diagnosis (P<0.001), year of diagnosis (P=0.006),

Table 3 Univariate and multivariate analyses of variables associated with CSS

Characteristics	Univariate analysis		Multivariate analysis	Multivariate analysis		
	HR (95% CI)	P-value	HR (95% CI)	P-value		
Marital status						
Married	Reference					
Unmarried	0.776 (0.573–1.052)	0.103				
Sex						
Male	Reference					
Female	0.868 (0.641–1.175)	0.359				
Age at diagnosis		0.016		<0.001		
0–39	Reference		Reference			
40–59	1.265 (0.877–1.826)	0.208	1.610 (1.062–2.441)	0.025		
60–89	1.750 (1.191–2.569)	0.004	2.468 (1.591–3.828)	<0.001		
Year of diagnosis		<0.001		0.006		
1973–1987	Reference		Reference			
1988–2001	0.738 (0.477–1.144)	0.174	0.801 (0.492–1.305)	0.373		
2002–2015	0.379 (0.251–0.572)	<0.001	0.363 (0.195–0.682)	0.002		
Laterality	,	10.00	,			
Right	Reference					
Left	0.916 (0.678–1.237)	0.567				
Histologic grade	(,	0.013		0.099		
Grade I+II	Reference		Reference			
Grade III+IV	2.546 (1.328–4.883)	0.005	2.139 (1.042–4.392)	0.038		
Unknown	2.033 (1.200–3.441)	0.008	1.763 (0.983–3.163)	0.057		
Ethnicity	2.055 (1.200 5.111)	0.918	1.765 (0.765 5.165)	0.037		
White	Reference					
Black	0.984 (0.556–1.740)	0.955				
Others	1.119 (0.648–1.933)	0.687				
Historic stage	(0.0000)	<0.001		<0.001		
Localized	Reference	10.00	Reference	10.00		
Regional	2.537 (1.496–4.301)	0.001	2.753 (1.589–4.769)	<0.001		
Distant	12.764 (6.521–24.986)	<0.001	9.308 (4.660–18.593)	<0.001		
Unknown	1.198 (0.836–1.716)	0.325	1.754 (0.965–3.187)	0.065		
Radiation therapy	1.176 (0.050 1.716)	0.525	1.751 (0.703 3.107)	0.003		
Yes	Reference					
No/unknown	0.820 (0.543–1.239)	0.345				
Chemotherapy	0.020 (0.313 1.237)	0.5 15				
Yes	Reference		Reference			
No/unknown	0.461 (0.330–0.646)	<0.001	0.415 (0.279–0.618)	<0.001		
Surgery of primary site	(0.550 0.510)	<0.001	(0.277 0.010)	0.210		
Yes	Reference	\u0.001		0.210		
No	2.594 (1.523,4.420)	<0.001	1.643 (0.922,2.928)	0.092		
Unknown	2.312 (1.674,3.192)	<0.001	0.891 (0.458,1.734)	0.092		

Abbreviations: HR, hazard ratio; CSS, cancer-specific survival.

historic stage (P<0.001), and chemotherapy (P=0.001) were the independent risk factors. In contrast, histologic grade (P=0.099) was not the independent risk factor with CSS.

As shown in Table 4, the 1-year, 3-year, and 5-year CSS were significantly affected by age at diagnosis (P<0.001), histologic grade (P=0.013), historic stage (P<0.001), chemotherapy (P<0.001), and surgery of primary site (P=0.001). But it did not differ in marital status, sex, year of diagnosis, laterality, ethnicity, and radiation therapy.

Kaplan-Meier curves analyses

The OS and CSS Kaplan–Meier curves are shown in Figure 3. Patients with old age (60–89 years) had worse survival than those with young age. Instead, patients diagnosed in 1988–2001 and 2002–2015 had significantly better survival than in 1973–1987. What is more, patients who had distant metastatic disease and whose tumors were poorly differentiated or undifferentiated had worse survival. Survival was also worse for patients who underwent chemotherapy. Conversely, survival

Table 4 1-year, 3-year, and 5-year OS and CSS in patients with adrenocortical carcinoma

Characteristics	os			CSS				
	I-year (%)	3-year (%)	5-year (%)	P-value	I-year (%)	3-year (%)	5-year (%)	P-value
Marital status				0.531				0.337
Married	63.30	40.50	32.70		65.70	42.30	34.60	
Unmarried	61.10	41.40	35.20		64.20	45.20	38.90	
Sex				0.106				0.225
Male	58.10	39.70	31.40		62.00	42.60	34.10	
Female	65.70	41.80	35.50		67.40	44.10	38.00	
Age at diagnosis				<0.001				<0.001
0–39	73.50	52.60	45.60		74.00	52.90	45.90	
40–59	69.10	45.30	35.50		71.30	47.60	38.10	
60–89	45.80	26.30	21.20		50.20	30.40	25.70	
Year of diagnosis				0.016				0.220
1973–1987	52.00	37.10	30.00		54.20	39.80	32.70	
1988-2001	64.00	43.60	34.50		66.60	46.40	37.20	
2002–2015	67.00	40.10	34.40		70.10	53.20	42.30	
Laterality				0.831				0.662
Right	60.50	42.60	33.20		62.60	44.90	36.00	
Left	64.00	39.40	33.50		67.20	42.20	35.90	
Histologic grade				0.003				0.013
Grade I+II	83.30	61.80	53.90		83.30	65.60	55.50	
Grade III+IV	58.45	35.70	28.90		60.60	37.80	30.70	
Unknown	60.80	39.40	32.20		63.80	42.10	35.00	
Ethnicity				0.041				0.075
White	63.10	42.30	35.40	•••	65.40	44.60	37.80	0.075
Black	66.70	38.90	28.30		71.20	43.20	33.80	
Others	48.70	26.00	18.75		53.80	28.70	20.70	
Historic stage				<0.001				<0.001
Localized	84.00	68.00	56.90	(0.001	86.70	72.10	60.90	(0.001
Regional	63.50	42.70	34.40		65.20	44.70	36.00	
Distant	28.10	9.40	5.00		30.00	10.40	5.60	
Unknown	66.10	38.00	33.20		69.80	40.10	36.10	
Radiation therapy				0.515				0.274
Yes	66.30	36.10	28.30	0.0.0	68.20	37.10	29.20	0.27
No/unknown	61.60	41.80	34.50		64.40	44.70	37.40	
Chemotherapy				<0.001				<0.001
Yes	56.70	26.60	19.60		57.90	27.20	20.50	30.001
No/unknown	65.30	48.00	40.50		68.90	51.90	44.30	
Surgery of primary site	55.55	10.00	10.50	<0.001	55.75	3,	50	0.001
Yes	77.60	49.60	41.40	\J.0.001	79.70	51.30	43.20	0.501
No	19.90	0.00	0.00		23.10	0.00	0.00	
Unknown	58.70	40.70	32.90		61.20	43.80	35.90	

Abbreviations: CSS, cancer-specific survival; OS, overall survival.

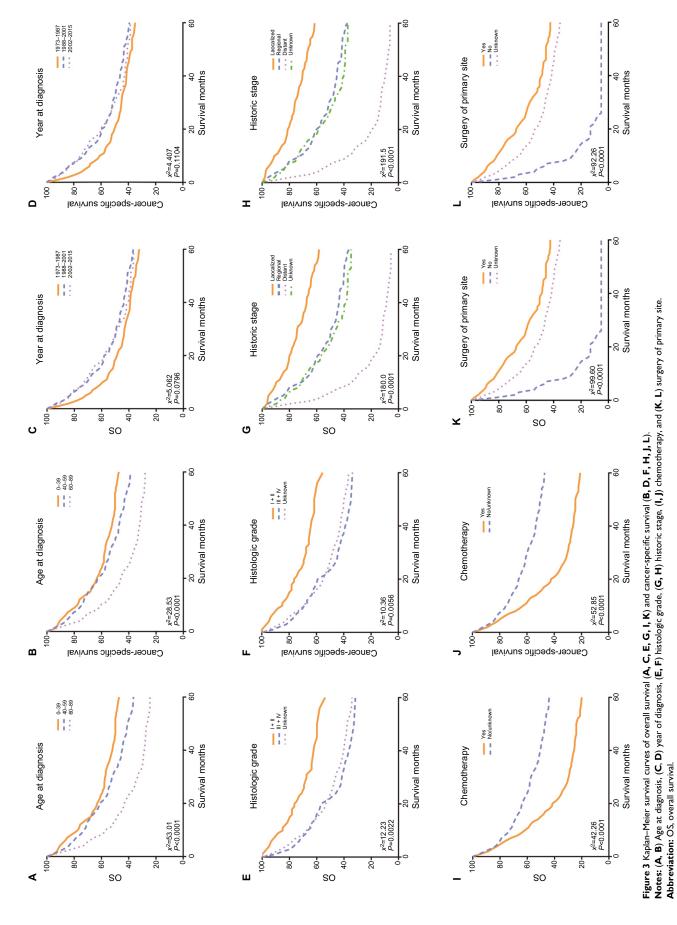
was much worse for patients who did not have surgery of primary site than patients who had surgery or unknown.

Nomogram development

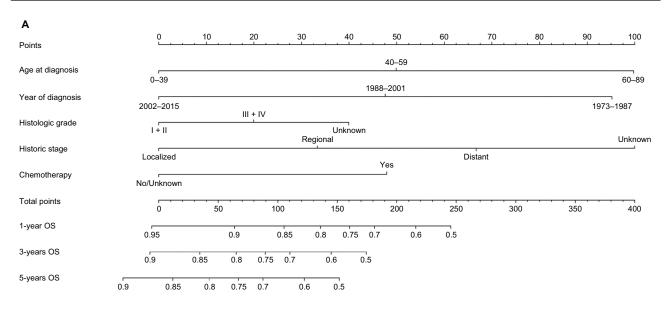
submit your manuscript | www.dovepress.com

As shown in Figure 4, nomograms were developed to predict 1-year, 3-year, and 5-year OS and CSS, which was aimed to provide accurate and specific prediction of prognosis. Because age at diagnosis, year of diagnosis, histologic grade, historic stage, and chemotherapy were the independent

prognostic factors with OS, while age at diagnosis, year of diagnosis, historic stage, and chemotherapy were the independent risk factors with CSS, these characteristics were included in the nomograms. The total points that were used to provide estimates of 1-year, 3-year, and 5-year OS and CSS were calculated from these factors. For example, a 40-year-old patient who was with a grade III and regional ACC, diagnosed in 2001 and underwent chemotherapy, would score a total of 199 points for OS and 180 points for CSS.



Cancer Management and Research 2018:10



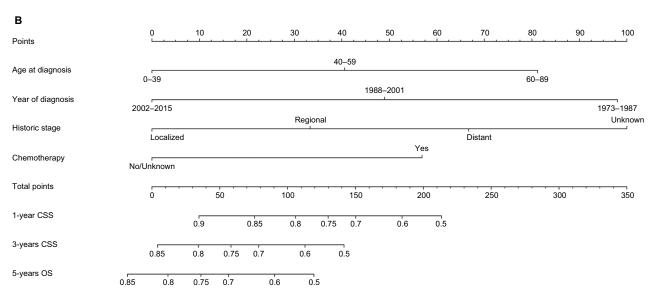


Figure 4 Nomograms for predicting the OS and CSS rates at 1-year, 3-year, and 5-year in patients with adrenocortical carcinoma.

Notes: (A) Predicting 1-year, 3-year, and 5-year OS rates, (B) predicting 1-year, 3-year, and 5-year CSS rates.

Abbreviations: CSS, cancer-specific survival; OS, overall survival.

Therefore, his/her predicted 1-year OS and 1-year CSS would be approximately 66% and 61%, respectively.

Internal validation of the models

The nomogram models were internally validated by evaluating both discrimination and calibration. Discrimination was measured using the C-index, which was 0.677 (95% CI, 0.654–0.700) for the model predicting OS and 0.672 (95% CI, 0.648–0.696) for CSS. The calibration curves for 3-year OS and CSS are shown in Figure 5. In the calibration curves, we could see that there was a good correlation between the

3-year OS and CSS estimated from the nomograms and those derived from Kaplan–Meier estimated.

Discussion

ACC is a rare and typically aggressive malignancy with a poor prognosis. Although ACC is a highly malignant cancer, some patients could also die from other causes. Consequently, our objective was to develop the OS and CSS nomograms to accurately predict the prognosis of patients with ACC.⁷ In our study, the nomogram models relied on age at diagnosis, year of diagnosis, histologic grade, historic stage, and chemotherapy.

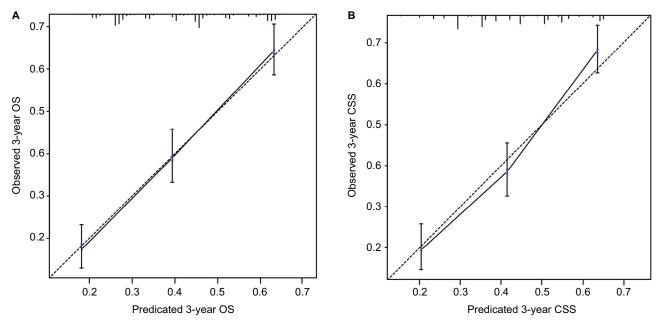


Figure 5 Calibration curves of the nomograms for predicting 3-year OS (A) and 3-year CSS (B) in patients with adrenocortical carcinoma. Abbreviations: OS, overall survival; CSS, cancer-specific survival.

In our study, there was a predominance of females and whites with a female to male ratio of 1.30:1 and Whites to non-Whites ratio of 5.26:1, which were similar to previous studies. 8-10 Historically, there was a bimodal age distribution which had been described for ACC, with one peak in early childhood and another peak in fourth and fifth decades of life. 11,12 However, we did not find such bimodal age distribution in our study. Instead, we only found a single peak that was seen in the fourth, fifth, and sixth decades of life. A similar absence of bimodal age distribution was reported in a few previous studies.^{8,13} As for the year of diagnosis, we could see more patients were diagnosed in 2002-2015, which may be due to the increased use of sensitive imaging studies and the increased awareness of physical examination in recent years.14 The left adrenal gland was slightly more affected than the right one, this peculiar difference in the laterality was also seen in previous studies. 13,15,16 However, the mechanism behind this observation was unknown.¹⁴

The majority of the tumors were of high grade at diagnosis, which was the opposite of our inherent cognition because of the increased use of sensitive imaging studies in recent years. The contrary was seen in multiple studies. 8,13,14 One possible explanation was that due to limitations in the specificity of current diagnostic tools, the lower grade tumors might be initially misclassified as benign and were only picked up later as ACC when they were in high grade. As for historic stage, the main disease was localized, which was parallel to previ-

ous studies. 9,17,18 The likely reason for this was that imaging examinations were more likely to find tumors located in the adrenal gland, and ACC accounted for 0%–25% of adrenal cortical masses 19 and up to 14% of adrenal incidentalomas. 20

In our study, surgical resection of the primary site remained the mainstay of therapy. However, in our multivariate analyses of OS and CSS, surgery of primary site was not the independent prognostic factor with P < 0.05. But we could see that in the survival analyses, both the 3-year and 5-year of OS and CSS were 0. That was to say, if patients with adrenal cortical cancer did not have surgery, they would live less than 3 years, which was similar to the previous study. 18 The reason for this was that adrenal cortical cancer was an extremely malignant and rapidly progressing cancer. Therefore, surgery was virtually the only option to achieve cure for local disease. Besides, it might yield survival benefit in advanced diseases. 1,14,21-24 Interestingly, we found that there were nearly twice as many people who received chemotherapy for those who received radiotherapy. This was because ACC was still considered radioresistant even though increasing evidence supported that ACC was not radiotherapy-resistant. 25,26 Therefore, only a very small portion of patients would receive radiotherapy as a palliative treatment. Although radiotherapy could not change the OS, it could reduce the risk of local recurrence and ameliorate tumor-related symptoms. 14,21,25,27 Patients who received radiotherapy did not benefit from recurrence control and ameliorate tumor-related symptoms, as ACC was an intrinsically high malignant tumor. Consequently, the mild benefits could not change the ultimate end. The advantages of adjuvant mitotane administration after surgery remained controversial. It was reported that mitotane could be effective for certain patients. What is more, predictors of response to mitotane therapy and other cytotoxic drugs could facilitate individualized treatment. 1,14,21,24,28

The clinical implications of our nomograms were mainly the ability to provide individualized estimates of OS and CSS in patients with ACC. The nomogram models were derived and validated for that specific purpose. For example, a 30-year-old (0 points) woman with a grade III (20 points) and regional (33 points) ACC, diagnosed in 2015 (0 points) who underwent chemotherapy (48 points) had a total of 101 points for OS, yielding an estimated 1-year OS of 86%, 3-year OS of 72%, and 5-year OS of 66%. Additionally, CSS estimated by the nomogram-derived might be used for adjusting the frequency and intensity of follow-up.

There was only one prognostic model to compare with these nomogram models in the field of ACC. ¹⁸ Compared with the prognostic model, our study had the following strength. First, our study included data of ACC in the SEER database between 1973 and 2015 and 2015 was the year of the latest data for the database. Second, the indicators were more comprehensive than others' study. The indicators we used included marital status, sex, age at diagnosis, year at diagnosis, laterality, histologic grade, ethnicity, historic stage, and treatment modality (surgery, chemotherapy, radiotherapy). Besides, the most important point was that our study included the univariate and multivariate analyses, survival analyses, Kaplan-Meier curves analyses, nomogram models, C-index, and calibration curves, which was more complete than others' study. Additionally, the accuracy of our models could also be assessed by bladder, kidney, and prostate-cancer nomograms, and the C-index of these models was generally 0.620-0.774 and the trend of the calibration curves of our models was almost the same as the calibration curves of these models.^{29–31}

Apart from the prognostic nomogram model of defining the prognosis of patients with ACC, there were some large-scale studies that were performed to examine OS and CSS in patients with ACC. Wang et al examined a cohort of 749 patients with ACC within the SEER database between 1973 and 2014.³² Their studies showed that the prognostic factors for overall and cancer-specific mortality were age, treatment of primary site, chemotherapy, and tumor stage, and tumor stage had a dominant effect. Kebebew et al examined a cohort of 725 patients with ACC within the SEER database between 1973 and 2000.⁸ The authors found that the most important predictors of survival in patients with ACC were tumor

grade, tumor stage, and surgical resection. Xiao et al also examined a cohort of 641 patients exposed to surgery with ACC, within the SEER database between 1988 and 2012.³³ They found that age, tumor stage, tumor grade, and marital status affected OS and CSS. Paton et al assessed the OS in 602 patients with ACC within the SEER database between 1988 and 2002.⁹ The authors showed the relative effect of different stages on OS, and they found that if patients with ACC were not diagnosed at an earlier stage or with tumors smaller, survival would not improve. We corroborated these findings for age, tumor grade, tumor stage, and chemotherapy, and we found that in multivariate analyses, surgical resection did not affect OS and CSS in patients with ACC.

Our study had some limitations. First of all, our study was of a relatively small sample size (751). Our data also suffered from a lack of details. Comorbidity data were also not included in the SEER database. Therefore, we could not adjust for this important cofactor. What is more, massive missing data were the flaw for the SEER database. For example, it was interesting that the survival rates for patients who underwent chemotherapy were much lower than patients who did not undergo chemotherapy or unknown. A possible explanation was that these patients of unknown chemotherapy status had actually undergone chemotherapy and had a long survival time. However, lack of information made them classified as a class with patients who did not undergo chemotherapy. With any predictive model, the point estimates had an inherent range of uncertainty.³⁴ Finally, there was the unavoidable selection bias of all retrospective studies. Although the SEER database had these inherent limitations which might have played a role in the selection of available patients for our study, we still considered the SEER database as a high-quality data to provide medical records at participating institutions of ACC.

In summary, although the nomogram models had some limitations, they were enough to be trusted to provide individualized estimates of OS and CSS in patients with ACC. Therefore, we strongly recommend using these models in patients with ACC to aid individualized clinical decision making. Meantime, future prospective studies should be done to search for a more accurate prognostic model.

Ethics

The SEER database is freely available and the data are anonymized so that there were no ethical issues.

Author contributions

YL and XHB designed the study. YL, XHB, JYOY, and SYW collected the data. YL, XHB, and JYOY analyzed the data. YL, XHB, and MZH organized the manuscript. ZLL reviewed

the papers and revised the manuscript. All the authors have read and approved the final manuscript, contributed toward data analysis, drafted and revised the paper, and agreed to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

References

- Else T, Kim AC, Sabolch A, et al. Adrenocortical carcinoma. Endocr Rev. 2014;35(2):282–326.
- Sidhu S, Sywak M, Robinson B, Delbridge L. Adrenocortical cancer: recent clinical and molecular advances. *Curr Opin Oncol*. 2004;16(1):13–18.
- Hara I, Sakamoto Y, Kanomata N, et al. Long-term survival after bilateral adrenalectomy for metachronous adrenocortical cancer. *Int J Urol*. 2004;11(12):1127–1129.
- NCI [database on the Internet]. SEER Incidence Data, 1973–2015 (Including July-December 2005 Hurricane Katrina Impacted Louisiana Cases). Available from: http://seer.cancer.gov/index.html. Accessed November 12, 2018.
- Kaplan EL, Meier P. Nonparametric estimation from incomplete observations. *J Am Stat Assoc.* 1958;53(282):457–481.
- Mantel N. Evaluation of survival data and two new rank order statistics arising in its consideration. Cancer Chemother Rep. 1966:50(3):163-170.
- Capitanio U, Jeldres C, Shariat SF, Karakiewicz P. Clinicians are most familiar with nomograms and rate their clinical usefulness highest, look-up tables are second best. *Eur Urol.* 2008;54(4):958–959.
- Kebebew E, Reiff E, Duh QY, Clark OH, McMillan A. Extent of disease at presentation and outcome for adrenocortical carcinoma: have we made progress? *World J Surg.* 2006;30(5):872–878.
- Paton BL, Novitsky YW, Zerey M, et al. Outcomes of adrenal cortical carcinoma in the United States. Surgery. 2006;140(6):914

 –920.
- Sturgeon C, Shen WT, Clark OH, Duh QY, Kebebew E. Risk assessment in 457 adrenal cortical carcinomas: how much does tumor size predict the likelihood of malignancy? *J Am Coll Surg*. 2006;202(3):423–430.
- Berruti A, Baudin E, Gelderblom H, et al. Adrenal cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol. 2012;23(Suppl 7):vii131-vii138.
- Veytsman I, Nieman L, Fojo T. Management of endocrine manifestations and the use of mitotane as a chemotherapeutic agent for adrenocortical carcinoma. J Clin Oncol. 2009;27(27):4619–4629.
- Sharma E, Dahal S, Sharma P, et al. The characteristics and trends in adrenocortical carcinoma: a United States population based study. J Clin Med Res. 2018;10(8):636–640.
- Fassnacht M, Libé R, Kroiss M, Allolio B. Adrenocortical carcinoma: a clinician's update. *Nat Rev Endocrinol*. 2011;7(6):323–335.
- Wang S, Gao WC, Chen SS, et al. Primary site surgery for metastatic adrenocortical carcinoma improves survival outcomes: an analysis of a population-based database. *Onco Targets Ther.* 2017;10: 5311–5315.

- Luo Y, Chen SS, Zheng XG, Luo L, Wang S. The efficacy of radiation therapy in adrenocortical carcinoma: a propensity score analysis of a population-based study. *Medicine*. 2017;96(17):e6741.
- Nilubol N, Patel D, Kebebew E. Does lymphadenectomy improve survival in patients with adrenocortical carcinoma? A population-based study. World J Surg. 2016;40(3):697–705.
- Zini L, Capitanio U, Jeldres C, et al. External validation of a nomogram predicting mortality in patients with adrenocortical carcinoma. *BJU Int.* 2009;104(11):1661–1667.
- Kloos RT, Gross MD, Francis IR, Korobkin M, Shapiro B. Incidentally discovered adrenal masses. *Endocr Rev.* 1995;16(4):460–484.
- Mansmann G, Lau J, Balk E, Rothberg M, Miyachi Y, Bornstein SR. The clinically inapparent adrenal mass: update in diagnosis and management. *Endocr Rev.* 2004;25(2):309–340.
- Zini L, Porpiglia F, Fassnacht M. Contemporary management of adrenocortical carcinoma. Eur Urol. 2011;60(5):1055–1065.
- Fassnacht M, Kreissl MC, Weismann D, Allolio B. New targets and therapeutic approaches for endocrine malignancies. *Pharmacol Ther*. 2009;123(1):117–141.
- Miller BS, Doherty GM. Surgical management of adrenocortical tumours. Nat Rev Endocrinol. 2014;10(5):282–292.
- Kirschner LS. The next generation of therapies for adrenocortical cancers. *Trends Endocrinol Metab.* 2012;23(7):343–350.
- Polat B, Fassnacht M, Pfreundner L, et al. Radiotherapy in adrenocortical carcinoma. Cancer. 2009;115(13):2816–2823.
- Hermsen IG, Groenen YE, Dercksen MW, Theuws J, Haak HR. Response to radiation therapy in adrenocortical carcinoma. *J Endocrinol Invest*. 2010;33(10):712–714.
- Sabolch A, Feng M, Griffith K, Hammer G, Doherty G, Ben-Josef E. Adjuvant and definitive radiotherapy for adrenocortical carcinoma. *Int J Radiat Oncol Biol Phys.* 2011;80(5):1477–1484.
- Terzolo M, Angeli A, Fassnacht M, et al. Adjuvant mitotane treatment for adrenocortical carcinoma. N Engl J Med. 2007;356(23):2372–2380.
- Kutikov A, Egleston BL, Wong YN, Uzzo RG. Evaluating overall survival and competing risks of death in patients with localized renal cell carcinoma using a comprehensive nomogram. *J Clin Oncol*. 2010;28(2):311–317.
- Brockman JA, Alanee S, Vickers AJ, et al. Nomogram predicting prostate cancer-specific mortality for men with biochemical recurrence after radical prostatectomy. *Eur Urol*. 2015;67(6):1160–1167.
- International Bladder Cancer Nomogram Consortium, Bochner BH, Kattan MW, Vora KC. Postoperative nomogram predicting risk of recurrence after radical cystectomy for bladder cancer. *J Clin Oncol*. 2006;24(24):3967–3972.
- Wang S, Chen SS, Gao WC, et al. Prognostic factors of adrenocortical carcinoma: an analysis of the surveillance epidemiology and end results (SEER) database. Asian Pac J Cancer Prev. 2017;18(10):2817–2824.
- Xiao WJ, Zhu Y, Dai B, et al. Conditional survival among patients with adrenal cortical carcinoma determined using a national populationbased surveillance, epidemiology, and end results registry. *Oncotarget*. 2015;6(42):44955–44962.
- Iasonos A, Schrag D, Raj GV, Panageas KS. How to build and interpret a nomogram for cancer prognosis. J Clin Oncol. 2008;26(8):1364–1370.

Cancer Management and Research

Publish your work in this journal

Cancer Management and Research is an international, peer-reviewed open access journal focusing on cancer research and the optimal use of preventative and integrated treatment interventions to achieve improved outcomes, enhanced survival and quality of life for the cancer patient. The manuscript management system is completely online and includes

a very quick and fair peer-review system, which is all easy to use. Visit http://www.dovepress.com/testimonials.php to read real quotes from published authors.

Submit your manuscript here: https://www.dovepress.com/cancer-management-and-research-journal

