The upregulated scavenger receptor CD36 is associated with the progression of nontarget lesions after stent implantation in atherosclerotic rabbits

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Background: The incidence of recurrent cardiovascular events from the progression of nontarget lesions (NTLs) is high for percutaneous coronary intervention-treated patients. However, the underlying mechanisms have not been thoroughly elucidated.

Methods: In this study, ten atherosclerotic rabbits with multiple plaques in the upper and lower segments of abdominal aorta (group A) were randomly divided into two subgroups: group A1 underwent intravascular ultrasound examination and stent implantation in the lower segments of the abdominal aorta (n=5), whereas group A2 was without stenting (n=5). Group B was a control group without balloon injury. The serum levels of high-sensitivity CRP, interleukin-6 (IL-6), oxidized low-density lipoprotein, and CD36 were assessed via ELISA at five time points between the 10th and 18th weeks. The upper abdominal aorta was examined via the immunohistochemical stain and Western blotting of matrix metallopeptidase 9 (MMP-9), CD36, IL-6, and tumor necrosis factor α.

Results: As a result, we found that stent implantation aggravated serum levels of CD36, oxidative stress, and inflammatory cytokines. Meanwhile, the upper abdominal arterial plaque burden significantly increased after stenting by intravascular ultrasound. Immunohistochemistry and Western blotting showed that the local NTLs’ matrix metallopeptidase 9, CD36, IL-6, and tumor necrosis factor α expressions in group A1 were significantly higher than those in groups A2 and B (P<0.05–0.01). More importantly, a strong correlation was identified between CD36 expression and NTLs’ plaque burden before the rabbits were killed.

Conclusion: Taken together, stent implantation accelerated inflammation, induced oxidative stress, and increased the NTLs’ progression, which were associated with the upregulated CD36 expression.

Keywords: inflammation, oxidative stress, CD36, atherosclerosis, stent

Introduction

Coronary heart disease (CHD) is the leading cause of morbidity and mortality worldwide, particularly in developing countries such as China. To date, percutaneous coronary intervention (PCI) with stent deployment is the most common revascularization procedure for CHD.1,2 It is reported that there are over 4,000,000 CHD patients undergoing PCI every year for the previous three decades.3 Of note, the increased use of PCI does not improve CHD patients’ prognosis of recurrent cardiovascular events. It is verified that clinical events after PCI resulted from not only the in-stent restenosis but also the progression of nontarget lesions (NTLs), remote from the site
of stent deployment. NTLs’ events contributed to 46.4% of the overall events over the 5-year follow-up. These results are consistent with Stone’s study, which indicate that PCI may accelerate the progression of atherosclerosis. However, there is limited evidence from the basic research to confirm this effect and elucidate the underlying mechanisms.

Vascular injury after the cardiovascular intervention is associated with local and systemic inflammation, which depends on the type and complexity of coronary artery disease, particularly in patients with acute coronary syndromes. By measuring the temperature difference between the NTLs and their proximal normal vessel wall, Toutouzas et al reported that the systemic inflammatory response triggered by PCI could aggravate remote NTLs’ surface heat production and local inflammatory activation. Apart from inflammation, oxidative stress contributes to NTLs’ progression after intervention injury. Reactive oxygen species increased from 24 hours after intervention injury and lasted up to 14 days, thus providing the conditions for the formation of oxidized low-density lipoproteins (ox-LDL).

CD36, a class B scavenger receptor, is a high-affinity receptor for ox-LDL, which mediates the entry of ox-LDL into the subvascular endothelium, thus leading to macrophage activation, foam cell formation, and pro-inflammatory cytokines release. In addition, ox-LDL via CD36 inhibits macrophage migration resulting in macrophage trapping in atherosclerotic lesions. Our previous clinical study investigated the function of CD36 in atherosclerosis and revealed that CD36 regulated atherosclerotic lesion progression in both the early and late stages. However, till now there are few studies probing the relationship between CD36 expression and NTLs’ progression after vascular intervention injury.

The aim of the study was to investigate whether stent-induced inflammation and oxidative stress could affect nonintervened NTLs’ progression and its relationship with CD36 expression in atherosclerotic rabbit models.

**Methods**

**Animals**

Sixteen male New Zealand rabbits (1.5–2.5 kg) were obtained from the Shandong Provincial Academy of Agricultural Sciences (Jinan, China) and were fed with 18 weeks of a cholesterol-rich diet (1% cholesterol). The animals were randomly divided into two groups: group A (n=11) and group B (n=5). Rabbits in group A underwent the balloon-induced abdominal aortic wall injury at the second week. Balloon-induced aortic wall injury was performed with a 4-Fr balloon catheter (balloon diameter and length 3.5×15 mm², EMERGE™ PTCA Dilatation Catheter, Boston Scientific Corporation, Shanghai, China), which was introduced through the right femoral artery to the thoracic aorta after anesthetization with an intravenous injection of pentobarbital sodium (30 mg/kg). The balloon was inflated with saline to obtain 8 atmospheres, and the catheter was retracted down to the iliofemoral artery. This process was repeated three times in each rabbit to ensure denudation of the endothelium of the abdominal aorta and one rabbit died in this process. According to the abdominal aortic angiography at the 10th week, ten rabbits in group A with multiple plaques in the upper and lower segments of the abdominal aorta were randomly divided into two subgroups: group A1 underwent stent deployment in the lower segment according to clinical methods (n=5, rapamycin eluting stent, LEPU Medical, Beijing, China), whereas group A2 underwent angiography without a stent (n=5). As for group B, the rabbits were fed a diet of 1% cholesterol, without balloon injury or stent deployment. All rabbits were sacrificed at the end of the 18th week. NTLs were defined as the upper segment of the abdominal aorta remote from the stent at a distance of at least 5 mm. The animal protocols were performed under the Guide for the Care and Use of Laboratory Animals and were approved by the Institutional Animal Care and Use Committee of Shandong University.

**Intravascular ultrasound examination**

Intravascular ultrasound (IVUS) studies were performed using a 3.2 F catheter, which contained a single rotating element transducer of 40 MHz connected to an IVUS system (iLab, Boston Scientific Corp., Fremont, CA, USA). The catheter was pulled back from the aortic arch to the abdominal aorta by a motorized withdrawal device at a constant speed of 0.5 mm/second. The following parameters were measured from the cross-sectional images: maximum diameter (Dmax), minimum diameter (Dmin), plaque area (PA), eccentricity index (EI), remodeling index (RI), the external elastic membrane area (EEMA), lumen area (LA), plaque area (PA = EEMA−LA), and plaque burden (PB% = PA/EEMA×100%). The rabbits in groups A1 and A2 underwent IVUS at least twice (at the 10th and 18th weeks), whereas group B underwent the IVUS examination at the 18th week prior to euthanasia.

**Biochemical assays**

The serum levels of total cholesterol (TC), triglyceride (TG), high-density lipoprotein cholesterol, and low-density lipoprotein cholesterol (LDL-C) were measured by enzymatic assays at the 10th, 11th, and 18th weeks. With the aim to investigate the trend over time, 4 mL of blood was taken from the middle ear artery at different time points (before, 1 hour, 24 hours, 7 days,
and 8 weeks after stent). The serum levels of high-sensitivity C-reactive protein (hs-CRP), interleukin-6 (IL-6), ox-LDL, and CD36 were quantified by the ELISA. Plasma glucose concentration was also measured with the Glucose Analyzer (Yellow Spring Instrument, Yellow Springs, OH, USA).

**Immunohistochemistry**

At the 18th week, the rabbits were sacrificed, and the upper abdominal aorta was collected and fixed in 4% formaldehyde. Tissue samples embedded in paraffin were reacted with mouse anti-rabbit matrix metalloproteinase 9 (MMP-9) monoclonal antibody (Abcam, Cambridge, MA, USA), mouse anti-rabbit CD-36 polyclonal antibody (Bioss ANTIBODIES, Beijing, China), mouse anti-rabbit IL-6 polyclonal antibody (Bioss ANTIBODIES), and mouse anti-rabbit tumor necrosis factor α (TNF-α) polyclonal antibody (Bioss ANTIBODIES). The sections were incubated with a goat anti-mouse peroxidase-labeled anti-body (ZSGB-BIO) as the secondary antibody at room temperature for 15 minutes. Histopathological slides were analyzed using a computer-assisted morphometric analysis system (Image-Pro Plus 5.0, Media Cybernetics, Rockville, MD, USA). The positive staining of MMP-9, CD36, IL-6, and TNF-α was counted in five images of every slice under high-power fields (>400), and three individuals independently reported the results.

**Western blots**

We examined the protein expression of MMP-9, CD36, IL-6, and TNF-α in the upper abdominal aorta by Western blot analysis. In brief, 30 µg of tissue lysates were prepared as the standard protocol and separated on a 12% sodium dodecyl sulfate-polyacrylamide gel by electrophoresis. The protein bands were subsequently transferred to a polyvinylidene sulfate-polyacrylamide gel by electrophoresis. The protein concentration was also measured with the Glucose Analyzer. Plasma glucose concentration was also measured with the Glucose Analyzer (Yellow Spring Instrument, Yellow Springs, OH, USA).

**Statistical analysis**

Continuous variables were reported as the mean ± standard deviation (SD) and were analyzed using unpaired Student’s *t*-tests and ANOVAs, whereas categorical variables were analyzed via chi-square tests. The relationship between variables was estimated by Spearman analysis. For all analyses, a *P*-value <0.05 was considered significant, using SPSS 17.0.

**Results**

**Stent implantation increased upper abdominal arterial plaque burden in atherosclerotic models**

Five animals per group were analyzed following our protocol (Figure 1A). Figure 1B, C shows that stent implantation effectively restored the narrowed abdominal aorta. Figure 2A shows the morphological difference of the NTLs before sacrifice by IVUS. At the 10th week, IVUS showed that Dmax (4.60±1.14 mm vs 3.99±0.15 mm, *P*<0.05), EEMA (15.5±7.24 mm² vs 8.66±0.54 mm², *P*<0.05), PA (4.34±1.28 mm² vs 0.09±0.04 mm², *P*<0.05), and PB (23.57±14.63% vs 1.07±0.37%, *P*<0.05) were significantly increased in group A compared with those in group B (Table 1, Figure 2B). Furthermore, the above parameters were much higher in groups A1 and A2 compared with group B at the 18th week (Table 1, Figure 2C–2F). Of note, an obvious increase in EI, RI, and PB was observed in group A1 compared with those in group A2 (Table 1, Figure 2E, F).

**Stent implantation aggravated the serum ox-LDL and glucose levels, not including TC, TG, and LDL-C**

Both Table 2 and Figure 3 show that TC, TG, and LDL-C in group A were significantly higher than those in group B (*P*<0.01), while there was no significant difference between groups A1 and A2 (*P*>0.05). Ox-LDL level was more significantly increased in group A1 compared with group A2 (*P*<0.05), keeping high levels till 8 weeks after stenting (Figure 4A). Also, blood glucose levels were significantly higher in group A1 than those in both groups A2 and B at 24 hours after stenting (Figure 4B).

**CD36 protein level was associated with upregulated inflammation, increased oxidative stress, and abdominal arterial PB**

Immunohistochemistry showed that the local NTLs’ expressions of MMP-9, IL-6, and TNF-α in groups A1 and A2 were significantly higher than those in group B (all *P*<0.05, Figure 5A, B). Furthermore, the expressions of MMP-9, IL-6, and TNF-α in group A1 were substantially higher than those in group A2 (all *P*<0.05, Figure 5A–C). Western
Western blotting showed similar results in which the protein expression levels of MMP-9, IL-6, and TNF-\(\alpha\) in group A1 were substantially higher than the levels in groups A2 and B (\(P<0.05\), Figure 5D, E).

Western blot showed CD36 levels in group A1 were significantly higher than those in group A2 and B (\(P<0.05–0.01\), Figure 6A, B). Similar results were obtained by immunostaining. The local NTLs’ expressions of CD36 in group A1 were much higher than those in groups A2 and B (\(P<0.05\), Figure 6C, D).

With the aim to elucidate the trend of inflammation over time, serum IL-6, hs-CRP, and CD36 were detected at five time points (before, 1 hour, 24 hours, 7 days, and 8 weeks) after stenting. IL-6 (not hs-CRP) increased at 1 hour after stenting, reached a peak at 24 hours post procedure, then declined gradually at 7 days till 8 weeks after stent (Figure 6E). However, hs-CRP increased at 7 days after stenting and continued rising until post-stent 8 weeks (Figure 6F). CD36 levels slightly increased at 1 hour after stenting, were significantly raised at 24 hours, and kept increasing until the rabbits were sacrificed (Figure 6G).

More importantly, only CD36 levels were positively correlated with elevated inflammation and oxidative stress at 24 hours after stent deployment (Figure 6H). In addition, a strong correlation was identified between CD36 expression and upper abdominal arterial PB at the 18th week (Figure 6I).

**Discussion**

In this study, we established an atherosclerotic model with multiple artery plaques by using the large balloon injury, which is more similar to the atherosclerotic distribution in CHD patients. The present study confirmed that stent implantation accelerated NTLs’ vulnerability and progress, which can be predicted by the serum CD36 level.

IVUS, the most often used methodology to evaluate the coronary arteries in CHD patients, provided high-quality, cross-sectional imaging of the entire artery wall and important information about the build up of plaque. In our study, NTLs after stenting presented with greater PBs, less luminal area, and an increase in eccentric index by IVUS. Immunohistochemistry and Western blot confirmed the increased expressions of the inflammatory cytokines IL-6, TNF-\(\alpha\), and...
MMP-9 in local NTLs after stenting, which all potentially increased NTLs’ vulnerability. These results suggested that stent implantation accelerated NTLs’ vulnerability and progression by inflammation activation.

Previous studies have reported that IL-6 is an upstream inflammatory cytokine that propagates the downstream inflammatory response responsible for the progression of atherosclerosis.14,15 In this study, we determined that only
Table 1 Values of IVUS for nontarget lesions

<table>
<thead>
<tr>
<th>Group</th>
<th>Time (week)</th>
<th>Dmax (mm)</th>
<th>Dmin (mm)</th>
<th>EEMA (mm²)</th>
<th>LA (mm²)</th>
<th>PA (mm²)</th>
<th>PB (%)</th>
<th>EI</th>
<th>RI</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>10th</td>
<td>4.60±1.14*</td>
<td>3.33±0.69</td>
<td>15.50±7.24*</td>
<td>11.16±3.77</td>
<td>4.34±1.28*</td>
<td>23.57±14.63*</td>
<td>0.22±0.07*</td>
<td>1.09±0.36</td>
</tr>
<tr>
<td>A1</td>
<td>18th</td>
<td>4.99±0.83*</td>
<td>2.76±0.48*</td>
<td>17.72±5.74*</td>
<td>7.29±2.14*</td>
<td>10.42±4.43*</td>
<td>57.42±9.29*</td>
<td>0.54±0.07*</td>
<td>1.14±0.29*</td>
</tr>
<tr>
<td>A2</td>
<td>18th</td>
<td>4.82±0.61*</td>
<td>3.35±0.41*</td>
<td>16.43±4.08*</td>
<td>9.89±2.28</td>
<td>6.54±1.99*</td>
<td>39.30±5.67*</td>
<td>0.30±0.04*</td>
<td>1.07±0.23</td>
</tr>
<tr>
<td>B</td>
<td>10th</td>
<td>3.49±0.15</td>
<td>3.10±0.18</td>
<td>8.66±0.54</td>
<td>8.57±0.51</td>
<td>0.09±0.04</td>
<td>1.07±0.37</td>
<td>0.11±0.07</td>
<td>0.98±0.02</td>
</tr>
<tr>
<td>A2</td>
<td>18th</td>
<td>4.82±0.61*</td>
<td>3.35±0.41*</td>
<td>16.43±4.08*</td>
<td>9.89±2.28</td>
<td>6.54±1.99*</td>
<td>39.30±5.67*</td>
<td>0.30±0.04*</td>
<td>1.07±0.23</td>
</tr>
</tbody>
</table>

Notes: Values are the mean ± SD. *P<0.05 compared with group A2 at the same time; †P<0.05 compared with group A at 10th week; ‡P<0.05 compared with group B at the same time.

Abbreviations: Dmax, maximum diameter; Dmin, minimum diameter; EEMA, external elastic membrane area; EI, eccentricity index; IVUS, intravascular ultrasound; LA, lumen area; PA, plaque area; PB, plaque burden; RI, remodeling index.

Table 2 Changes in serum cholesterol (mmol/L) and triglycerides (mmol/L) in rabbits over time

<table>
<thead>
<tr>
<th>Group</th>
<th>Time (week)</th>
<th>TC (mmol/L)</th>
<th>TG (mmol/L)</th>
<th>HDL-C (mmol/L)</th>
<th>LDL-C (mmol/L)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>10th</td>
<td>39.32±6.32*</td>
<td>2.46±1.39**</td>
<td>3.00±0.74*</td>
<td>10.52±4.05*</td>
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<tr>
<td></td>
<td>11th</td>
<td>36.41±4.90*</td>
<td>2.22±1.06**</td>
<td>2.97±0.91</td>
<td>10.08±3.60*</td>
</tr>
<tr>
<td></td>
<td>18th</td>
<td>36.26±3.01*</td>
<td>2.38±1.70**</td>
<td>2.94±0.47</td>
<td>9.66±1.81*</td>
</tr>
<tr>
<td>A2</td>
<td>10th</td>
<td>38.06±11.14*</td>
<td>2.98±1.58**</td>
<td>3.11±0.33*</td>
<td>12.05±4.12*</td>
</tr>
<tr>
<td></td>
<td>11th</td>
<td>36.16±8.28*</td>
<td>2.58±1.25**</td>
<td>3.02±0.38</td>
<td>11.03±2.87*</td>
</tr>
<tr>
<td>B</td>
<td>10th</td>
<td>38.61±9.43*</td>
<td>2.84±1.18**</td>
<td>3.07±0.27</td>
<td>11.89±3.76*</td>
</tr>
<tr>
<td></td>
<td>11th</td>
<td>21.90±4.15</td>
<td>0.52±0.05</td>
<td>1.70±0.57</td>
<td>4.49±0.35</td>
</tr>
<tr>
<td></td>
<td>18th</td>
<td>22.79±3.90</td>
<td>0.67±0.10</td>
<td>2.08±0.30</td>
<td>4.49±0.37</td>
</tr>
<tr>
<td></td>
<td>18th</td>
<td>23.73±2.47</td>
<td>0.65±0.05</td>
<td>2.36±0.32</td>
<td>5.71±1.04</td>
</tr>
</tbody>
</table>

Notes: Values are the mean ± SD. *P<0.05; **P<0.01 compared with group B at the same time.

Abbreviations: HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TC, total cholesterol; TG, triglyceride.

Figure 3 ELISA showed upregulated TC (A), TG (B), HDL-C (C), and LDL-C (D) in the blood at the 10th, 11th, and 18th weeks. *P<0.05 vs group B.

Abbreviations: HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TC, total cholesterol; TG, triglyceride.
cD36 is related to the nTls' progression

IL-6, not hs-CRP, significantly increased at 1 hour of rabbit abdominal arterial stent implantation. This level peaked at 24 hours and then gradually declined after 7 days for 4 weeks; however, it remained higher than the control and balloon-injury groups. Interestingly, the IL-6 levels at 24 hours post stent deployment were related to the CD36 levels. We confirmed that IL-6 is the earliest released inflammatory factor induced by stent implantation, which was associated with CD36 upregulation. With respect to another inflammation indicator hs-CRP, we surprisingly found that the hs-CRP levels were unchanged within the first 24 hours and began to increase on the seventh day compared with the baseline levels. This trend was inconsistent with previous clinical observations. One reason for the early upregulation of hs-CRP in CHD patients after PCI may be the perioperative myocardial infarction induced by microthrombosis, which rarely occurred in our study because the stent site-abdominal aorta does not locate in terminal vessels. However, elevated levels of hs-CRP from the seventh day to the 18th week suggested that hs-CRP participated in the late progression of vulnerable plaques.

In addition to inflammation, ox-LDL (a marker of lipoprotein-associated oxidative stress) and blood glucose significantly increased after stenting in our study. A positive relationship between the ox-LDL, hyperglycemia, and CD36 levels was observed, suggesting that oxidative stress (represented by ox-LDL and hyperglycemia) played a central role in the initiation of CD36. CD36 belongs to class B scavenger receptors, which are membrane glycoproteins with a mass of 88 kDa, composed of a single protein chain. CD36 locates on the multiple cell surface, such as adipocytes, monocytes, platelets, and macrophages. The macrophage is a key in atherosclerosis progression, which takes up ox-LDL mainly through scavenger receptors. CD36 is the most important scavenger receptor in macrophage recruitment to atherosclerotic lesions and leads to vascular wall inflammation through the combination of ox-LDL in a receptor-type manner.

Recent studies have reported an additional atherogenic effect by platelet CD36-bound ox-LDL. Platelets interacting with ox-LDL release chemokines and mediate platelet-monocyte aggregate formation, which enhances monocytes, phenotypic changes and foam cell formation.

Our previous study showed that CD36 regulated atherosclerotic lesion progression in both the early and late stages. Harb et al showed that the recruitment of radiolabeled macrophages to atherosclerotic lesions was reduced by pretreatment with the CD36-binding peptide EP80317. In contrast, in CD36-deficient mice, the pretreatment had no effects. In humans, autopsy studies performed in CHD patients have demonstrated increased expression of the CD36 receptor on macrophages, comprised within atherosclerotic plaques. Taken together, CD36 is an important receptor in atherosclerosis progression.

In this study, we determined that the local expression of CD36 in NTLs was substantially higher after stenting than the control and vehicle groups. Moreover, the serum CD36
was the only cytokine that significantly increased from the early time and maintained high levels until 8 weeks. In addition, CD36 levels in the blood were positively correlated with elevated inflammation and oxidative stress which are confirmed to accelerate the progression of NTLs in our study. More importantly, the relationship analysis showed that only CD36 levels were significantly related to the progression of PB of NTLs at the 18th week. This observation suggests that CD36 has a great potential to be a novel biomarker to predict the progression of NTLs. Meanwhile, CD36 has high expression levels in the smooth muscle cells by immunostaining. But, whether the circulating CD36 originates from smooth muscle cells or not remains to be further studied. Taken together, CD36 was confirmed as a key receptor in the progression of NTLs, which might have potential implications for clinical practice.

An important limitation was that our study failed to block or interfere with CD36 expression by gene knockout or siRNA. Furthermore, atherosclerotic rabbit abdominal aortic stents were deployed without drug treatment. Moreover, animal models established by balloon injury and high-fat diet do not completely resemble atherosclerotic plaques in humans.

In this study, we confirmed that nonintervened NTLs were accelerated by stenting-induced inflammation and
oxidative stress, which were associated with upregulated CD36 expression.

**Acknowledgments**

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**Disclosure**

The authors report no conflicts of interest in this work.

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