BMP-2 inhibits lung metastasis of osteosarcoma: an early investigation using an orthotopic model

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Background: Bone morphogenetic proteins (BMPs), members of the TGF-β superfamily, are known to regulate cell proliferation, differentiation, apoptosis, chemotaxis, and angiogenesis. BMPs also participate in the development of most tissues and organs in vertebrates. Recombinant human (rh) BMPs, such as rhBMP-2, rhBMP-4, and rhBMP-7, have been recently approved to augment spinal fusion and recalcitrant long-bone non-unions because of their equivalent or superior efficacy to autogenous bone graft in enhancing bony fusion. Nonetheless, the use of BMPs is contraindicated in surgery for bone tumors because of concerns that this anabolic growth factor may cause tumor proliferation. However, we have repeatedly reported that BMP-2 is effective in inducing osteogenic differentiation of a subpopulation of osteosarcoma (OSA) cells that acquire stem cell attributes and are capable of reconstituting tumor masses, which in turn suppress the malignancy of the bone tumor.

Methods: 3×10⁵/20 µL human OSA 143B cells were inoculated into 5–6 weeks old BABL/c nude mice to establish orthotopic OSA. X-ray device was used to monitor the developed tumors in animals. Necropsy was performed and the pathology of lung metastasis were tested by Haemotoxylin and Eosin. Moreover, bone formation induced by rhBMP-2 was investigated through micro-computed tomography. In addition, immunohistochemistry staining was used to evaluate the tumorigenicity and growth of OSA cells after rhBMP-2 treatment.

Results: In the present study, we established an orthotopic model of OSA by inoculating 143B cells into BABL/c mice, which resulted in a tumor occurrence rate of 100%. Following the treatment with rhBMP-2, lung metastasis, which contributes to poor prognosis, was significantly restricted, indicating an additional aspect of rhBMP-2 to suppress expansion of OSA. Concurrently, our micro-computed tomography and radiographic analyses showed that rhBMP-2 reduced the invasion of tumor cells into adjacent bone tissue, which in turn helped to preserve the integrity of the affected bone tissue. Finally, the growth of Ki-67-positive cells and those cells that express high levels of aldehyde dehydrogenase (ALDH) was found to be inhibited in the developed tumors.

Conclusion: On the basis of these results, we conclude that rhBMP-2 can impede the malignancy of OSA by reducing lung metastasis of the tumor. Induction of the tumor cells by rhBMP-2 also helps to preserve the impaired skeleton. These results imply that BMP-2 or BMP-2-mimetic drugs, if properly combined with traditional therapies, may provide a new therapeutic option for the treatment of OSA.

Keywords: osteosarcoma, recombinant human bone morphogenetic protein-2, lung metastasis, orthotopic tumor model, cancer stem cell

Introduction

Osteosarcoma (OSA) is one of the most malignant tumors particularly occurring in children, adolescents, and young adults.1–6 Over 60% of patients with OSA are diagnosed between the age of 10–20 years old,7 with tumor present in the spine and limbs such as distal femur, proximal tibia, and proximal humerus.5 OSA in elderly patients, on the other hand, is often...
linked to other causes such as Paget’s disease or some other bone lesions. Over the past few decades, the combined use of chemotherapeutics with aggressive surgery has improved the long-term survival rates of patients with OSA to around 65%. However, approximately 10%–20% of patients with OSA have metastases at the initial diagnosis. When the tumor metastasizes to the lung, almost all patients succumb to death, unless the pulmonary metastasis can be resected completely. Clinically, metastatic OSA also poses a great challenge for its treatment. Signatures of genes that regulate chemoresistance are often expressed in the metastatic tumor. Furthermore, conventional chemotherapy is always accompanied with toxic and adverse effects that compromise the quality of life of patients.

Reconstruction of impaired skeleton affected by OSA presents an additional challenge. Surgical management of symptomatic OSA typically involves resection of the tumor in conjunction with bone stabilization. Such stabilization presently involves placement of instrumentation to internally fixate the affected segments. Instrumentation, however, will eventually fail unless a bony fusion occurs. Unfortunately, the patients with OSA typically also undergo chemo- and radiation therapies that negatively affect such fusion. Even without adjuvant treatments, bone regeneration can still be difficult to achieve with standard fusion techniques. All these hurdles have urged new investigations to explore new alternatives to treat OSA.

Bone morphogenetic proteins (BMPs), a group of cytokines belonging to the TGF-β superfamily, play important roles in bone tissue formation and remodeling. BMPs have been known to regulate cell proliferation, apoptosis, differentiation, chemotaxis, and angiogenesis and induce bone and cartilage formation in vivo and in vitro. However, the roles of BMPs in tumorous tissues are often contradictory. BMP-2 has been shown to stimulate the growth of pancreatic carcinoma and lung carcinoma. On the other hand, BMP-2 clearly inhibits the growth of tumor cells including breast cancer, myeloma, gastric cancer, colon cancer, brain tumor, and prostate cancer in the absence of androgen. Overexpression of BMP-2 in rat OSA UMR106 cells inhibits proliferation and results in osteoblastic transdifferentiation. Geng et al have shown that Coleusin factor inhibits OSA proliferation through BMP-2 upregulation and subsequent osteoblastic differentiation. Wang et al reported that BMP-2 causes inhibition of tumor-inducing gene expression and upregulation of differentiation markers, which in turn inhibit the tumorigenicity of high aldehyde dehydrogenase expressed (ALDH) cells derived from human OSA OS99-1 cells. Recombinant human (rh) BMP-2 has also been reported to inhibit tumor growth and induce bone formation in human renal cell carcinoma cells, which often invade spinal columns due to the close vicinity.

The exogenous application of BMP-2 to the surgical site following tumor excision does not increase the risk of local recurrence. Furthermore, a recent study by Gill et al using xenografted OSA indicated that the addition of BMP-2 did not increase the risk of lung metastasis. However, the major limitation of all the above studies was that the observations were mainly based on the subcutaneous model system. It will therefore be more clinically beneficial and relevant to conduct the evaluation with an orthotopic model to further improve the efficacy of BMP-2 in the treatment of OSA.

In the present study, an orthotopic OSA model with a high lung metastasis rate was established. The affected animals expressed several clinical symptoms similar to those observed in human patients. We then used the model to further assess the effect of BMP-2 on lung metastasis and how it can be used to treat bone erosion symptoms.

Materials and methods

Cell culture and inoculation of OSA cells

Human OSA 143B cell lines were purchased from the American Type Culture Collection. Cells were cultured in minimum essential medium (Hyclone) supplemented with 10% FBS (Gibco) in a humidified atmosphere of 5% CO₂ in air at 37°C and used during the log phase of growth. A total of 3×10⁷/20 µL human OSA 143B cells were inoculated into 5- to 6-week-old BABL/c nude mice (SLRC Laboratory Animal) to establish orthotopic OSA. The animals were anesthetized with Zoletil 50 (Virbac), and operative fields were prepared with iodine and 75% alcohol. OSA cells were directly injected into the right side of the proximal tibia. All the studies were approved and performed according to the protocols of Institutional Animal Care and Use Committee of Beihang University.

OSA models treated with rhBMP-2

BABL/c nude mice with orthotopic OSA were divided into four groups at random: Group A (n=14, 17.76±0.48 g); Group B (n=14, 17.81±0.65 g); Group C (n=14, 17.69±0.55 g); and Group D (n=15, 17.97±0.56 g). For the rhBMP-2/collagen gel preparation, 25 µL of injectable collagen gel was mixed with 2.5 µL of the same reconstituted solution containing 2.5 µg of rhBMP-2 (#355-BM; R&D Systems). The compound was then injected into the animals of Groups C and D 14 days after tumor cell inoculation of 143B cells with a 0.3 mm (25-gauge) needle at the orthotopic sites. The animals were anesthetized as described before. All the tumor-bearing mice were sacrificed after 42 or 56 days of tumor cell inoculation. The animals identified to have critical conditions before this period were excluded early from the study and humanely sacrificed.
Radiographic track of the developed OSA
A portable X-ray device (BJI-G; HSCreate) was used to monitor the developed tumors in animals. The entire affected limbs were monitored every 7 days with animals under anesthesia as aforementioned.

Lung metastasis assay
After the animals were sacrificed, their lung tissues were collected and stained with hematoxylin and eosin. Necropsy was performed, and the pathology of lung metastasis was graded according to the number and size of the identified tumor nodules in the lung tissues. Samples were categorized according to the following scores: 0 = relatively normal where no tumor cell aggregation is present in the pulmonary tissue; 1 = mild where tumor cell aggregation is <25% coverage; 2 = moderate indicating the aggregation region accounts for 25%–50%; 3 = moderate to marked where the aggregation coverage extends to 50%–75%; 4 = marked where >75% aggregation is distributed in the affected lung tissue.

Micro-computed tomography to scan bone tissue
Micro-computed tomography was performed postmortem by using the SkyScan1176 system (Bruker microCT) at 42 days (Groups A and C) and 56 days (Groups B and D) after cell inoculation. Scans were performed at the tibiae using a 0.5 mm aluminum filter at 50 kV voltage and 500 µA current. Images were then reconstructed using Mimes®17.0 (Materialise). Bone mineral content (BMC), volumetric bone mineral density (vBMD), bone volume (BV), and bone surface (BS) were calculated, and the region of interest was 400 slices from the growth plate to the distal tibia.

Immunohistochemical staining
Cells expressing a high level of ALDH and Ki-67 were stained. Briefly, formalin-fixed paraffin-embedded sections of tumor samples were stained with mouse anti-Ki-67 antibody (sc-23900; Santa Cruz Biotechnology, Inc.) and mouse anti-ALDH antibody (sc-166362; Santa Cruz Biotechnology, Inc.) using standard procedures. Immunofluorescent staining was performed as previously described.42

Statistical analysis
Data were expressed as mean ± SD. Statistically significant differences were determined by two-tailed Student’s t-test using SPSS 22 software (IBM, Armonk, NY, USA) with a significant level at P<0.05.

Results
An orthotopic OSA model with high tumor incidence
Fourteen days after implantation with 143B human OSA cells into the tibia, eight mice were randomly photographed. The results confirmed that the tumor growth rate had reached almost 100% (Figure 1). Radiographic evidence indicated osteolytic epiphyses, with the presence of the Codman triangle, which is a primary characteristic of OSA observed in bone tissue (Figure 2A). Further, erosion of the affected skeleton deteriorated over time (Figure 2B). Skeleton of the affected limbs was severely eroded, and the affected soft tissue formed few lumps with calcification shadows 28 days later (Figure 2C). With progression in time, the proximal tibia tissue was completely impaired, and the adjacent soft lumps continued to grow until 42 days (Figure 2D). In addition, the first spontaneous death occurred in Group B (untreated) after 37 days of inoculation of tumor cells.

Restriction of lung metastasis by rhBMP-2
Metastatic nodules were observed in the sections of lung tissues and presented in different numbers and sizes. Large tumor nodules were identified to colonize the lung tissue of BABL/c mice without rhBMP-2 treatment at 42 days (Figure 3A). Eventually, the entire organ was infiltrated by the tumor cells as shown in Figure 3B. Although lung
metastasis also occurred in the groups treated with rhBMP-2, the tumor nodules were much smaller and confined without extensive spread (Figure 3C and D).

To evaluate whether rhBMP-2 restricts the development of metastatic tumors in the lung, the number and size of nodules identified in the tissue sections were measured (coverage of tumor cell aggregation) to assess the efficacy. Metastasis grading (Table 1) indicated no obvious difference between the treated and untreated groups (Groups A and C) at 42 days, with grades of 2.4±1.14 (n=5) and 2.0±1.0 (n=5), respectively. However, metastasis was highly inhibited at 56 days in the group receiving rhBMP-2 (Group D), with a grade of 2.2±1.48 (n=5), compared to the untreated group (Group B) that developed marked lung metastasis, with a grade of 3.8±0.45 (n=5).

Bone formation induced by rhBMP-2 in tumor-bearing mice
As shown in Figure 4A, three-dimensional (3D) reconstruction of tibia micro-architecture shows that the proximal tibia was completely eroded in the untreated groups (Groups A and B) at 42 days after inoculation with tumor cells. The impaired skeleton had deteriorated and developed structural failure at 56 days (Figure 4B). On the other hand, the integrity of the affected skeleton was much preserved with structured bone formation in Groups C and D that were treated with rhBMP-2 (Figure 4C and D).

In addition, as shown in Table 2, the defined image parameters used to assess bone quality were significantly higher in the treated group, including BV (Group B =3.35±0.19 mm³, Group D =5.26±1.75, P<0.05), BMC (Group B =3.38±0.22 mg, Group D =5.0±1.6, P<0.05), and BS (Group B =51.27±1.93 mm², Group D =73.5±20.78, P<0.05). Note that the assessed values of BV, BMC, and BS in Group D were even comparable to those in the normal control (Figure 5).

Tumorigenicity and growth of OSA cells inhibited by rhBMP-2
Immunohistochemical staining of the tumor sections confirmed that the growth of cells expressing a high level of aldehyde dehydrogenase (ALDH³), a putative marker for a variety of cancer stem cells (CSCs), was suppressed in groups treated with rhBMP-2 compared to that in the
Table 1 Grading of lung metastasis of OSA-bearing animals

<table>
<thead>
<tr>
<th>Groups</th>
<th>Time</th>
<th>Drug</th>
<th>Metastasis grade</th>
<th>Mean ± SD</th>
<th>Metastasis rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group A</td>
<td>42 days</td>
<td>Collagen gel</td>
<td>1, 2, 2, 3, 4</td>
<td>2.4±1.14 (n=5)</td>
<td>5/5</td>
</tr>
<tr>
<td>Group B</td>
<td>56 days</td>
<td>Collagen gel</td>
<td>3, 2, 4, 3, 4</td>
<td>3.6±0.45 (n=5)</td>
<td>5/5</td>
</tr>
<tr>
<td>Group C</td>
<td>42 days</td>
<td>rhBMP-2</td>
<td>1, 2, 2, 3, 4</td>
<td>2.0±1.0 (n=5)</td>
<td>5/5</td>
</tr>
<tr>
<td>Group D</td>
<td>56 days</td>
<td>rhBMP-2</td>
<td>0, 2, 2, 2, 3, 4</td>
<td>2.2±1.48 (n=5)</td>
<td>4/5</td>
</tr>
</tbody>
</table>

Notes: Grading criteria based on the coverage of tumor cell aggregation over the sectioned lung tissue. Relatively normal, 0% = 0; mild, <25% = 1; moderate, 25%–50% = 2; moderate to marked, 50%–75% = 3; marked, >75% = 4. Days after the inoculation of human OSA 143B cells.

Abbreviations: OSA, osteosarcoma; rhBMP-2, recombinant human BMP-2.
untreated ones (Figure 6). Ki-67-positive cells (highly proliferating cells) were also greatly reduced by BMP-2 treatment, whereas the expression of Ki-67 was much higher in Group C (untreated) at 42 days (Figure 7).

**Discussion**

OSA is the most common primary bone malignancy of childhood and adolescence, comprising almost 60% of the common histological subtypes of bone sarcomas in childhood. Despite the success of neoadjuvant chemotherapy for OSA to improve prognosis, OSA still has one of the lowest survival rates for pediatric cancer because of local recurrence and metastasis. Continuous efforts using immunotherapies, tissue factors, and/or surgical resections have been suggested to reduce lung metastasis; yet, the mechanisms of these strategies have not been fully elucidated. Increasing evidence supports the hypothesis that tumors are organized in a hierarchy of heterogeneous cell populations with different proliferative potentials. The capability to initiate tumor formation and promote tumor growth exclusively resides in a small subpopulation of tumor cells, termed CSCs or tumor-initiating cells. Many studies have confirmed that CSCs are responsible for tumor progression, metastasis, recurrence, and resistance to chemotherapy and radiation treatments. Experimental evidence also supports the notion that OSA are organized and sustained by CSCs.

According to a maturation arrest model proposed by Sell, CSCs do not undergo typical turnover like mature

Table 2  Microstructural properties of the approached tibias analyzed by micro-computed tomography

<table>
<thead>
<tr>
<th>Groups</th>
<th>Time</th>
<th>Drug</th>
<th>vBMD (mg/mm³)</th>
<th>BV (mm³)</th>
<th>BMC (mg)</th>
<th>BS (mm²)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal</td>
<td>42 days</td>
<td>–</td>
<td>0.93±0.04</td>
<td>5.26±0.17</td>
<td>5.0±1.6</td>
<td>73.5±2.07</td>
</tr>
<tr>
<td>Normal</td>
<td>56 days</td>
<td>–</td>
<td>0.95±0.04</td>
<td>5.26±0.17</td>
<td>5.0±1.6</td>
<td>73.5±2.07</td>
</tr>
<tr>
<td>Group A</td>
<td>42 days</td>
<td>Collagen gel</td>
<td>0.93±0.04</td>
<td>4.06±0.41</td>
<td>3.81±0.5</td>
<td>57.04±1.91</td>
</tr>
<tr>
<td>Group B</td>
<td>56 days</td>
<td>Collagen gel</td>
<td>0.96±0.02</td>
<td>3.53±0.19</td>
<td>3.38±0.22</td>
<td>51.27±1.93</td>
</tr>
<tr>
<td>Group C</td>
<td>42 days</td>
<td>rhBMP-2</td>
<td>0.93±0.04</td>
<td>4.06±0.41</td>
<td>3.81±0.5</td>
<td>57.04±1.91</td>
</tr>
<tr>
<td>Group D</td>
<td>56 days</td>
<td>rhBMP-2</td>
<td>0.96±0.02</td>
<td>3.53±0.19</td>
<td>3.38±0.22</td>
<td>51.27±1.93</td>
</tr>
</tbody>
</table>

**Notes:** *Normal: without OSA 143B cell inoculation. All numbers are shown as mean ± SD. Abbreviations: vBMD, volumetric bone mineral density; BV, bone volume; BMC, bone mineral content; BS, bone surface; rhBMP-2, recombinant human BMP-2; OSA, osteosarcoma.
Figure 5 Bone parameters increased by rhBMP-2.

Notes: (A) Bone volume, (B) bone mineral content and (C) bone surface were significantly increased by rhBMP-2 compared with untreated groups after 56 days of cell inoculation (n=8, *P<0.05).

Abbreviation: rhBMP-2, recombinant human BMP-2.

Figure 6 Immunohistochemical staining of ALDH<sup>+</sup> cells.

Notes: Growth of ALDH<sup>+</sup> cells (red circles) were decreased at the injection site receiving rhBMP-2 treatment on day 42 (A) and 56 (B). On the contrary, ALDH<sup>+</sup> cells remained dominant at the control sites treated with collagen gel both on day 42 (C) and 56 (D). Scale bar =100 μm.

Abbreviations: rhBMP-2, recombinant human BMP-2; ALDH<sup>+</sup>, high aldehyde dehydrogenase expressed.
cells and remain present before proliferative stimulus is given. This model also explains that the differentiation state of the cancer that develops will depend on the stage of differentiation at which maturation arrest occurs, thereby clarifying the cause of poor prognosis with lowly differentiated tumor cells. Differentiation therapy has been proposed to induce terminal differentiation of CSCs, thereby depriving CSCs of the self-renewal property and chemoresistance. Extensive studies have shown that CSCs are chemoresistant until they are differentiated into amplifying “progenies”, which become sensitive to chemotherapy. In this aspect, differentiation therapy holds great promise for cancer treatment and has been supported by many studies. Yan et al confirmed that overexpression of IKKa induces differentiation and reduces tumorigenicity of nasopharyngeal carcinoma cells. Hepatocellular carcinoma (HCC)-derived CSCs could be differentiated into hepatocytes.

Figure 7 Reduction of Ki-67 positive cells by BMP-2 treatment.
Notes: Immunohistochemical staining shows expansion of Ki-67 positive cells (brown stained) was unrestricted and became overwhelming in the collagen gel control groups (A and B). However, the expansion was then suppressed by the treated rhBMP-2 at the later time point (C and D). Scale bar =100 µm. Higher magnified regions of interest are indicated in A1–D1, with less spreading cells that are Ki-67 positive. Scale bar =60 µm.
Abbreviation: rhBMP-2, recombinant human BMP-2.
and neuronal cells by induction with the sex-determining factor. Other researchers also demonstrated that BMP-4 promotes differentiation of HCC-derived CSCs and in turn inhibits the self-renewal, chemotherapeutic resistance, and tumorigenic capacity of these cells. BMP-4 has also been reported to inhibit tumorigenic potential of human brain tumor-initiating cells. Campos et al revealed that all-trans retinoic acid (ATRA) induced differentiation of stem cell-like glioma cells, leading to reduced motility and tumorigenicity of CSCs in vitro. ATRA treatment was also found to be effective to induce differentiation of breast cancer cells, resulting in reduced invasiveness and migration, and increased sensitivity to anticancer treatment. Wang et al suggested that CSCs in OSA can be induced by BMP-2 toward osteogenic differentiation that in turn drastically restricts their tumorigenicity, thereby supporting the early concept to introduce BMP-2 as a differentiation therapy for treating OSA.

In the present study, we aimed to use an orthotopic model to further our investigation of the proposed differentiation therapy with BMP-2 that restricts lung metastasis. A high tumor formation rate and pulmonary metastasis were noted to be associated with the developed model. This was very beneficial for assessing the efficacies of new therapeutics to treat OSA as the model replicates the critical symptoms of the tumor as well as exhibits a high incidence of tumor occurrence. However, as reported earlier, there was spontaneous death occurring within 40 days. The short survival time of tumor-bearing animals can be attributed to high concentration of the injected tumor cells as indicated elsewhere.

As shown histopathologically, the metastatic tumor in lung tissues was suppressed in the rhBMP-2-treated animals for a longer period of time compared to that in the untreated groups. In a similar study reported by Gill et al, the authors concluded that when treated with BMP-2, either single dose or multiple doses, there was no difference in the incidence of lung metastasis in animals developing OSA; this finding was consistent with our observation in the present study. In addition, our results also showed that BV and BMC, the most indicational parameters of bone quantity, were significantly increased in the tumor-bearing animals treated with rhBMP-2 at 56 days. This was consistent with the rendered, reconstructed 3D images of the approached tibiae, where non-diffuse new bone formation was observed in the treatment groups. In contrast, large and extensive bone defects were found in the untreated groups. These results suggest that the treatment with rhBMP-2 induced bone formation in the OSA-impaired skeleton, which helps to preserve the integrity of the affected bone tissue in the tumor-bearing mice, thus suggesting a bone protective effect of the investigated regimen for the tumor-affected bone tissue.

Our data also showed that ALDH cells and Ki-67-positive cells were decreased with the treatment, indicating that the tumor expansion was restricted by rhBMP-2. However, it was noted that Ki-67-positive cells were still highly present at the early stage during the treatment. This phenomenon corresponds to the Sell’s model of maturation arrest, in which the more differentiated progenies of CSCs undergo an amplifying stage to expand the tumor and maintain its heterogeneity. With the delivered rhBMP-2 in the vicinity, these cells became more differentiated and fate-determined with downregulated ALDH expression and proliferative capacity. These results were consistent with the findings reported by Wang et al wherein CSCs and their low aldehyde dehydrogenase-expressing progenies were induced to form calcified and structured bone tissue with much restricted proliferating cells.

Although the current study additionally presents an encouraging promise to incorporate BMP-2 and/or its analogies into the current regimens to treat OSA, further investigations are necessary to elucidate the proposed mechanism. First, as the early data presented in this study show a tendency for rhBMP-2 to suppress lung metastasis of OSA, it will be more clinically meaningful to see how this correlates with the survival rate of the recruited animals. Second, previous studies have shown that the expression of key CSC markers such as Oct3/4a, Nanog, and Sox-2 genes is downregulated with elevated expression of osteogenic markers such as Runx-2, ALP, and collagen type I both in vitro and in vivo (subcutaneously) when the OSA cells are exposed to rhBMP-2. Given the complexity of the bone microenvironment in situ, it certainly warrants more detailed studies by recovering cells from the affected skeleton of the animals for molecular probing. We believe that this will help to understand how the cells might follow the proposed pathways to respond to BMP-2 treatment as reported previously. Last, it is also of our interest to perform biomechanical testing of the affected limb to assess the level of functional preservation of the affected bone tissue, such as its mechanical strength and material properties.

**Acknowledgments**

The authors acknowledge all the participants and participating institutes for experimental and technical support in this study. The present study was supported by the National Natural Science Foundation of China (NSFC grant no 31470045).
Disclosure
The authors report no conflicts of interest in this work.

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