

Redefined clinical spectra of diabetic foot syndrome

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Purpose: The aim of this study was to present the redefined clinical spectra of diabetic foot syndrome (RCS-DFS) and determine whether the RCS-DFS can be used to predict amputations.

Patients and methods: This is a retrospective study of type 2 diabetic patients referred with DFS for management at King Abdullah University Hospital (KAUH) between January 2014 and December 2015. Data collection form and diabetic foot (DF) characteristic chart were used to document the following: demographic data, diabetes-related parameters, DF characteristics, surgical interventions and amputations. The predominant clinical presentations of DF problems (ulcer, sepsis or gangrene) were integrated with the clinical criteria for diabetic foot infection (DFI) diagnosis and classification of Infectious Diseases Association of America (IDSA)/International Working Group on Diabetic Foot (IWGDF) to redefine the clinical spectra of DFS. Related risk characteristics and amputation rate at all levels were compared between the three RCS.

Results: In this study, there were 95 (47.0%) septic DFS (SDFS) patients, 65 (32.2%) ulcerative DFS (UDFS) patients and 42 (20.8%) gangrenous DFS (GDFS) patients. Poor glycemic control (HbA1c >7.5%), hypertension, history of the same foot problems, duration of symptoms, revascularizations and ischemic severity were significantly different between the three RCS. UDFS had the highest rate of limb salvage without amputations (70.8%). GDFS had the highest rate for final toe amputations (52.4%) and major amputations (23.8%). Final minor amputation rate was around 20% for both SDFS and GDFS.

Conclusion: Redefining DFS into ulcerative, septic and gangrenous by integration of the predominant clinical presentation and the clinical criteria for DFI diagnosis and classification of IDSA/IWGDF showed significant differences in amputation rate. Therefore, it can be used clinically to categorize patients with DFS to predict amputations and to help in planning their management. Further prospective studies are suggested to validate these results.

Keywords: diabetes mellitus, classification, diabetic foot syndrome, amputations

Introduction

Diabetic foot (DF) problems are common, costly and disabling with high rate of recurrence, amputations and mortality.¹⁻³ They result from interaction of several diabetes-related components in variable proportions of severity (neuropathy, ischemia and infections).^{2,4-6} These problems are collectively known as DF syndrome (DFS).^{3,7,8} However, the WHO defines DFS as an ulcer of the foot of diabetic patients distal to the malleoli associated with diabetes-related complications.⁹

Because the presentations and outcomes of DFS are diverse, several DF classification systems have been proposed. Wagner's¹⁰ classification system is a clinical description of DF problems, while the University of Texas (UT) classification system

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is an integration of infections and ischemia as stages (A–D) with Wagner's grades 0–3.^{11,12} Further attempts to incorporate important pathogenic and outcome-related parameters, such as perfusion, extent of ulcer (size), ulcer depth, infection and sensation were proposed, as in the perfusion, extent, depth, infection and sensation (PEDIS) classification system by the International Working Group on Diabetic Foot (IWGDF).¹³ The severity of DF infections (DFIs) was brought into focus, where the association of Infectious Diseases Association of America (IDSA) and the IWGDF proposed independently a strict clinical criteria for diagnosis and classification of DFIs, which are classified as mild, moderate and severe infection.^{14,15} King's classification system categorized the clinical spectra of DF problems into stages (1–5): normal foot, foot at risk, ulcerative DF, infected (septic) DF and necrotic (gangrenous) DF.¹⁶ Classification of DFS is needed to facilitate communication between health care providers and researchers to provide appropriate patient care. Redefinition and classifications are driven by low level of satisfaction and are encouraged by increasing level of understanding pathogenic components of DFS.^{11–13,17}

In this study, we integrated the predominant clinical presentations of DF problems (ulcer, sepsis or gangrene) with the clinical criteria for DFI diagnosis and classification of IDSA/IWGDF¹⁴ to redefine the clinical spectra of DFS (RCS-DFS). The aim of this study was to present the RCS-DFS and determine its ability to predict amputations among referred patients with DFS for hospital management at King Abdullah University hospital (KAUH).

Patients and methods

This is a retrospective study of 202 consecutive type 2 diabetic patients, referred with DFS for management at KAUH during the period from January 2014 to December 2015. KAUH is the main teaching and referral hospital in northern part of Jordan. Patients with chronic limb ischemia without tissue loss were excluded. Patients with DFS are managed according to an updated protocol consistent with the international guidelines.^{15,18} The management of these patients is carried out under the care of vascular surgeon according to KAUH policies, who might request additional consultations when needed.

The RCS-DFS is defined as follows: chronic unhealed DF ulcer with/without mild infections was classified as ulcerative DFS (UDFS); clinical evidence of moderate or severe DFI with/without tissue loss (ulcer, gangrene) was classified as septic DFS (SDFS); finally, foot gangrene at presentation in diabetic with/without mild infection was classified as

gangrenous DFS (GDFS). Infections are classified into mild (superficial and limited in size and depth), moderate (deeper or more extensive) or severe (accompanied by systemic signs or metabolic perturbations) according to “Infectious Diseases Society of America Clinical Practice Guideline for the Diagnosis and Treatment of DFIs”.

Admitted patients were assessed for comorbidities including smoking, hypertension, cardiac diseases, chronic renal impairments/hemodialysis, acute renal impairments, stroke and history of feet problems. Other data were collected on diabetes-related parameters (type of diabetes, duration of diabetes, glycemic control and the modality of control of hyperglycemia) and DF characteristics: ulcer (site and depth), gangrene (extent/site), clinical evidence of infection and severity (Lipsky et al¹⁵), presence of neuropathy (10 g monofilament test), severity of ischemia (symptoms, physical examination, Ankle Brachial Pressure Index [ABI])¹⁹ and RCS-DFS (UDFS, SDFS and GDFS).

A structured customized DF data collection form and DF characteristic chart were used to document the following: demographic data, comorbidities, diabetes-related parameters, DF characteristics, surgical interventions (debridement, incision and drainage) and amputation level. The DF characteristic chart was used to document DF characteristics: foot perfusion, foot sensation, foot ulcer depth, infection and site of tissue loss (ulcer or gangrene).

For the purpose of this study, DF problems were categorized according to Wagner's classification of DF: no ulcers = grade 0; full-thickness skin ulcer = grade 1; ulcer penetrating to muscle, tendon or joint capsule = grade 2; deep ulcer reaching bone or joint with the evidence of deep-seated abscess or osteomyelitis = grade 3; limited gangrene not extending proximal to metatarsal head = grade 4; and gangrene extending proximal to metatarsal head = grade 5.

Severe ischemia was defined as ABI of ≤ 0.5 , mild/moderate ischemia was defined as ABI of 0.51–0.9 and no ischemia was defined as ABI of >0.9 .¹⁹

Amputation is defined as the removal of extremity tissue that involves bone resections. Toe amputation refers to single or multiple toe amputation excluding big toe amputation. Minor amputation refers to amputation involving the foot that spares an intact heel. Big toe amputations are considered as minor amputations. Major amputation is defined as amputation that interferes with the heel.²⁰ Final amputation refers to the end result of foot problem whether there is no amputation at any level or there is the level with healed stump.

The medical records and hospital databases were used to retrieve data relevant to our study. The ethical approval was

obtained from the institutional review board (IRB) at Jordan University of Science and Technology. The IRB did not require the patients' consent to review their medical records because their information was abstracted by the treating physician. Every effort was made to protect the patient data confidentiality. Statistical analysis was performed using SPSS version 22. Frequencies and percentages were calculated for different variables. Data were analyzed using the chi-squared test. The difference was considered significant if P -value was ≤ 0.05 .

Results

A total of 202 type 2 diabetic patients with DFS were included in the study. The distribution of DFS spectra was 65 (32.2%) UDFS patients, 95 (47.0%) SDFS patients and 42 (20.8%) GDFS patients according to RCS-DFS.

The distribution of patients' related characteristics and diabetes-related parameters according to RCS-DFS is summarized in Table 1. The prevalence of poor glycemic control (HbA1c $>7.5\%$), hypertension, history of the same foot problems, duration of symptoms and revascularizations differed significantly according to RCS-DFS. The prevalence of foot characteristics, main risk factors and the final amputation rate of Wagner's grades are summarized in Table 2. There are no significant differences related to distribution of diabetic neuropathy (DPN) in RCS-DFS. The prevalence of ischemia (ABI ≤ 0.9) was the highest in patients with GDFS (92.9%), followed by UDFS (61.5%), and the lowest prevalence of ischemia was found in patients with SDFS (38.9%; P -value <0.001). Severe ischemia showed higher prevalence (59.5%) for patients with GDFS compared to patients with SDFS

Table 1 The relation of the RCS-DFS to distribution of patient (demographic and health)-related risk characteristics

Patient (demographic and health)-related risk characteristics	Spectra of DFS			P-value	Total, N (%)
	GDFS, n (%)	UDFS, n (%)	SDFS, n (%)		
Age (years)					
≤ 55	14 (33.3)	23 (35.4)	31 (32.6)	0.935	68 (33.7)
>55	28 (66.7)	42 (64.6)	64 (67.4)		134 (66.3)
Gender					
Male	25 (59.5)	48 (73.8)	66 (69.5)	0.29	139 (68.8)
Female	17 (40.5)	17 (26.2)	29 (30.5)		63 (31.2)
BMI (kg/m^2)					
≤ 25	27 (64.3)	36 (55.4)	45 (47.4)	0.174	108 (53.5)
>25	15 (35.7)	29 (44.6)	50 (52.6)		94 (46.5)
Diabetic duration (years)					
≤ 10	12 (28.6)	21 (32.3)	29 (30.5)	0.919	62 (30.7)
>10	30 (71.4)	44 (67.7)	66 (69.5)		140 (69.3)
HbA1c (%)					
≤ 7.5	8 (19)	29 (44.6)	28 (29.5)	0.016	65 (32.2)
>7.5	34 (81)	36 (55.4)	67 (70.5)		137 (67.8)
ESR					
≤ 48	23 (54.8)	29 (44.6)	44 (46.3)	0.560	96 (47.5)
>48	19 (45.2)	36 (55.4)	51 (53.7)		106 (52.5)
Modality of control of hyperglycemia					
Oral	22 (52.4)	34 (52.3)	47 (49.5)	0.921	103 (54)
Insulin	20 (47.6)	31 (47.7)	48 (50.5)		93 (46)
Comorbidities, risk factors, history					
Smoking	22 (52.4)	39 (60.0)	46 (48.4)	0.353	107 (53)
Hypertension	32 (76.2)	35 (53.8)	54 (56.8)	0.05	121 (59.9)
Cardiac disease	15 (35.7)	27 (41.5)	34 (35.8)	0.731	76 (37.6)
Chronic renal impairments	4 (9.5)	10 (15.4)	22 (23.2)	0.130	36 (17.8)
History of stroke	6 (14.3)	3 (4.6)	8 (8.4)	0.213	17 (8.4)
History of foot problems	27 (64.3)	23 (35.4)	35 (36.8)	0.005	85 (42.1)
History of problems of other foot	22 (52.4)	27 (41.5)	34 (35.8)	0.190	83 (41.3)
Symptom duration (weeks)					
≤ 4	33 (78.6)	24 (36.9)	70 (73.7)	0.000	127 (62.9)
>4	9 (21.4)	41 (63.1)	25 (26.3)		75 (37.1)
Primary revascularization					
No	8 (19)	29 (44.6)	66 (69.5)	0.000	103 (51)
Yes	34 (81)	36 (55.4)	29 (30.5)		99 (49)

Abbreviations: BMI, body mass index; DFS, diabetic foot syndrome; ESR, erythrocyte sedimentation rate; GDFS, gangrenous DFS; RCS-DFS, redefined clinical spectra of DFS; SDFS, septic DFS; UDFS, ulcerative DFS.

Table 2 The amputation of the RCS-DFS to distributions of foot-related risk characteristics and final amputation

Foot-related risk characteristics	Spectra of DFS			P-value	Total, N (%)
	GDFS, n (%)	UDFS, n (%)	SDFS, n (%)		
Gangrene					
No	0 (0)	65 (100)	65 (68.4)	0.000	130 (64.4)
Yes	42 (100)	0 (0)	30 (31.6)		72 (35.6)
Ulcer					
No	42 (100)	0 (0)	52 (54.7)	0.000	94 (46.5)
Yes	0 (0)	65 (100)	43 (45.3)		108 (53.5)
Ischemic grade					
No ischemia	3 (7.1)	25 (38.4)	58 (61.1)	0.000	86 (42.6)
ABI ≥ 0.5	14 (33.3)	24 (36.9)	18 (18.9)		56 (27.7)
ABI < 0.5	25 (59.5)	16 (24.6)	19 (20.0)		60 (29.7)
Infection					
No clinical evidence	23 (54.8)	33 (50.8)	0 (0)	0.000	56 (27.7)
Mild (IWGDF)	19 (45.2)	32 (49.2)	0 (0)		51 (25.2)
Moderate (IWGDF)	0 (0)	0 (0)	83 (87.4)		83 (41.1)
Severe (IWGDF)	0 (0)	0 (0)	12 (12.6)		12 (5.9)
Neuropathy					
No	23 (54.8)	26 (40)	35 (36.8)	0.000	84 (41.6)
Yes	19 (45.2)	39 (60)	60 (63.2)		118 (58.4)
Ischemic gangrene					
No	3 (7.1)	65 (100)	84 (88.4)	0.000	152 (75.2)
Yes	39 (92.9)	0 (0)	11 (11.6)		50 (24.8)
Ischemic ulcer					
No	42 (100)	25 (38.4)	79 (83.2)	0.000	146 (72.2)
Yes	0 (0)	40 (61.5)	16 (16.8)		56 (27.8)
Components					
One component	13 (31.0)	21 (48.8)	9 (9.5)	0.001	43 (21.3)
Two components	24 (57.4)	42 (64.6)	76 (80.0)		142 (70.3)
Three components	5 (11.9)	2 (3.1)	10 (10.5)		17 (8.4)
Wagner's grade					
Grade 2	0 (0)	57 (87.7)	13 (13.7)	0.000	70 (34.7)
Grade 3	0 (0)	8 (12.3)	52 (54.7)		60 (29.7)
Grade 4	42 (100)	0 (0)	30 (31.6)		72 (35.6)
Final amputation					
No amputation	1 (2.4)	46 (70.8)	34 (37.9)	0.000	81 (40.1)
Toe amputation	22 (52.4)	13 (20.0)	28 (29.5)		62 (30.7)
Minor amputation	9 (21.4)	3 (4.6)	20 (21.1)		32 (15.8)
Major amputation	10 (21.4)	3 (4.6)	13 (13.7)		26 (12.9)

Abbreviations: ABI, Ankle Brachial Pressure Index; DFS, diabetic foot syndrome; GDFS, gangrenous DFS; IWGDF, International Working Group on Diabetic Foot; RCS-DFS, redefined clinical spectra of DFS; SDFS, septic DFS; UDFS, ulcerative DFS.

(20%; P -value < 0.001). Gangrene was found in 72 patients (35.6% of all DFS). Gangrene as part of GDFS was found in 42 patients (58.3% of all gangrene) and as part of SDFS was found in 30 patients (41.7% of all gangrene). Moderate infection was found in 87.4% and severe sepsis in 12.6% of SDFS. Both GDFS and UDFS had a prevalence of mild infection of 42.2% and 49.2%, respectively.

Ulcers were found in 108 (53.5%) patients, where 65 (60.2% of all ulcers) patients had UDFS and 43 (39.8% of all ulcers) patients had SDFS.

All patients with GDFS had gangrene at presentation with Wagner's grade 4, none had grade 5. Most patients with

UDFS had Wagner's grade 2 (87.7%), while 54.7% and 31.6% of SDFS had Wagner's grade 3 and 4, respectively.

In this study, toe amputations were performed in 30.7%, minor amputations in 15.8% and major amputations in 12.9%, while only 40.1% of all DFSs had limb salvage with no amputations at any levels. The rate of final amputation in relation to RCS-DFS showed high rate for toe amputations (52.4%) and major amputations (23.8%) in association with GDFS, while the rate of minor amputation was around 21% for both GDFS and SDFS. UDFS had the highest rate of limb salvage with no amputations at any level (70.8%; P -value=0.000). Amputation rates for all levels among

RCS-DFS attained significant difference. Amputation rates at different levels in relation to RCS-DFS are listed in Table 3.

Discussion

The prevalence of SDFS, UDFS and GDFS was 47% 32.2% and 20.8%, respectively. The main defining features of these RCS-DFS were infection severities and types of tissue loss (ulcer or gangrene). In fact, ulcer, infection and gangrene are the recognized clinical problems in practice.⁵ Nather et al²¹ reported infections in 39.6%, gangrene in 31.7% and ulcers in 27% of DF problems treated at hospital. Although Wagner's classification recognized ulcer, infections and gangrene as different grades of DF problems, ulcer depth alone represents Wagner's grade 0–2, while deep ulcer reaching the bone with deep-seated infection/osteomyelitis constitutes grade 3, and gangrene constitutes grades 4–5.¹⁰ On the other hand, King's classification recognized them as different stages of DF problem with increasing severity. However, the severity of infection was not defined.¹⁶

Patients with UDFS had longer duration of symptoms prior to referral, and patients with GDFS had higher prevalence of poor glycemic control (HbA1c >7.5%), history of hypertension, history of same foot problems and higher rate of primary revascularization. On the other hand, age, gender and body mass index were not significantly different among the RCS-DFS. An increased risk was associated with DPN, peripheral artery disease (PAD), past history of foot problems, longer duration of diabetes, male gender, old age, poor glycemic control and comorbidities.^{2,5,22} The prevalence of DPN was 58% in this study group. However, the prevalence of DPN showed no significant difference between RCS-DFS categories. DPN is a well-recognized component responsible for the increased risk of DF problems especially ulcers.^{2,4,5,23}

Most patients with septic RCS-DFS had two or more components (90.5%), while patients with UDFS and GDFS had comparable prevalence of two or more components (*P*-value 0.001). This finding is consistent with others, as DFSs are more likely to result from interaction of two or more components in variable proportions.^{1,2,24}

Ischemia prevalence (ABI ≤0.9) was 57.4% of DFS in this study. Variable ischemic prevalence rates had been reported among patients with DFS.^{8,12,25} Nearly 50% of DFS had ischemia (UT stage C–D).¹⁹ Ischemic prevalence rates differed significantly according to the category of RCS-DFS. Ischemia is an important component associated with the development of DFS with consequent poor outcome in general.^{2,11,19,23–27} PAD is two to three times more common in diabetics compared to nondiabetics.^{28,29} However, patients with DFS have higher risk for amputation compared to patients with PAD whether they have diabetes or not.³

Severe ischemia as defined by ABI (≤0.5) was found in nearly 60% of GDFS and in 24.6% of UDFS (*P*-value ≤0.001). PAD tends to be severe in diabetic patients with higher prevalence of leg vessel involvement.^{28–30} In fact, ischemia is well recognized in the pathway to DF ulcer with poor healing and poor overall outcome.^{4,11,19,25,27}

The prevalence of ischemic gangrene revealed significant difference among the RCS-DFS. The prevalence of gangrene was 31.6% in SDFS; nearly 11% of SDFS-associated gangrene were ischemic, while most of the GDFS-associated gangrene was ischemic (92.9%; *P*-value ≤0.001). Severe ischemia might progress to rest pain and tissue loss,²⁹ while deep-seated infections might be associated with the development of tissue destruction and gangrene even in the presence of mild ischemia.²⁴ Severe DFIs even without relevant hemodynamic atherosclerotic lesions can result in

Table 3 The relation of the RCS-DFS to amputation at all levels

Types of amputations	Types of DFSs			P-value	Total, N (%)
	GDFS, n (%)	UDFS, n (%)	SDFS, n (%)		
Toe amputations					
No	12 (28.6)	52 (80.0)	56 (58.9)	0.000	120 (59.4)
Yes	30 (71.4)	13 (20.0)	39 (41.1)		
Minor amputations					
No	31 (73.8)	62 (95.4)	70 (73.7)	0.001	163 (80.7)
Yes	11 (26.2)	3 (4.6)	25 (26.3)		
Major amputations					
No	32 (76.2)	62 (95.4)	82 (86.3)	0.014	176 (87.1)
Yes	10 (23.8)	3 (4.6)	13 (13.7)		
Major and minor amputations					
No	23 (54.8)	59 (90.8)	62 (65.3)	0.000	143 (70.8)
Yes	19 (45.2)	6 (9.2)	33 (34.7)		

Abbreviations: DFS, diabetic foot syndrome; GDFS, gangrenous DFS; RCS-DFS, redefined clinical spectra of DFS; SDFS, septic DFS; UDFS, ulcerative DFS.

tissue destruction and gangrene.^{14,19,31} Gangrene is a well-recognized clinical problem of DF with poor outcome,^{10,16} and it is an independent predictor of amputations.³² Gangrene was reported in nearly 30% of hospitalized DFS.^{32,33} Gershater et al²⁶ reported 6% of their large series to have Wagner's grade 4 (gangrene), which were excluded from the analysis related to lower extremity amputation, because gangrenous tissue ended up with some degree of amputation.

The prevalence of ulcers was 53.5%, and the prevalence of infections was 72.3% in the study group. Ulcers were found in 45.3% of SDFS, Wagner's grade 3 ulcers were found in 54.7% of SDFS, while 13.7% were of grade 2. Wagner's grade 2 ulcers were the majority of UDFS (87.6%) while 12.4% were of grade 3. Nearly 50% of UDFS and GDFS had mild infection. Therefore, Wagner's grade 0–2 ulcers might be infected, a finding that is supported by other studies where the prevalence and severity of DFIs increased with higher Wagner's grade.^{14,19,27} In a recent retrospective study, the healing of DF ulcer and overall outcome deteriorated with increasing severity of each subcategory of PEDIS classification system, with tendency for grades 1–2 to have mild infection and grade 3 to have moderate and severe infections.³⁴ The prevalence of infections and its severity showed significant difference between RCS-DFS categories (P -value ≤ 0.001). Infected ulcer without ischemia (UT stage B) had elevenfold of increased risk of amputation compared to noninfected and non-ischemic ulcers (UT stage A).²⁵ Furthermore, infections of DF ulcers were associated with an increased rate of minor amputations by 50% compared to noninfected ulcer.³⁵ The rate of amputations increased from 3% for noninfected ulcer to 70% for severely infected foot ulcers.³⁶ Pickwell et al²⁷ found an increased hazard for any amputation by a factor of 2.15 comparing moderate to mild infections, and the risk hazard for any amputation increased by a factor of 4.12 comparing severe to moderate infections. Gangrenous tissue might be infected as well. Wet gangrene with infections spreading to viable foot tissues (moderate and severe) carries high risk for poor outcome.²³ Several studies demonstrated a strong association between amputation and higher problem severity (infection and gangrene).^{11,12,15,19,24,25,37} Previous studies, as well, demonstrated an increased rate of amputation, higher level of amputation and prolonged hospitalization in relation to increased severity of DFIs.^{18,37}

Comparing the RCS-DFS in relation to amputation rate at all levels revealed significant difference. UDFS had the lowest amputation rate at all levels. SDFS and GDFS had comparable rate of minor amputations (21%). On the

other hand, GDFS had the highest rate at all levels except for minor amputations. Lower extremity amputation rates related to DFS showed global variations probably because of differences in study design and population, severities of DF problems, definition of amputations and the standard of care.^{5,9,26,35}

The RCS-DFS classification predicted amputations at all levels, and this might be due incorporation of a validated DFI classification system of IDSA/IWGDF. Results from validation studies of IDSA/IWGDF classification systems demonstrated an increase in amputation rate in association with increasing infection severity.^{18,27,36} On the other hand, validation of other classification systems for DF problems demonstrated variability in amputation predictions at different levels.^{11,25}

In summary, DFS is a dynamic complex clinical foot problem in diabetic patients who have several clinical spectra at presentation. An ulcer can be the presenting clinical picture which might be due to neuropathy and ischemia, and it can be infected.^{4,6,38} Increased severity of infections is associated with poor outcomes.³⁷ In community-based studies, nearly 50% of ulcers can be infected and the prevalence of infected ulcer might reach 82% for hospitalized DFS. Unhealed ulcer with/without mild infection, UDFS, can progress to higher grade of infection. This progression might be used as quality care indicator and an outcome parameter for UDFS management. Most of the UDFS cases and moderately infected ulcers without PAD cases can be treated as outpatients.^{15,18–20}

The proportion and severity of pathogenic factors involved in the development of DFS can vary between patients and lesions (spectra).^{2,39} Patients presenting with gangrene have distinct clinical picture, different underlying pathogenesis and different outcomes. Therefore, mixing gangrene with ulcers may lead to misunderstanding, confusion and diversity of reported outcome. None of the several proposed classification systems is satisfactory for all,^{11–13,17} neither it can cover all components in a clinically meaningful way. Therefore, the need for a clinical classification of DFS is well recognized.³⁹ We proposed the RCS-DFS as a clinically useful classification tool that can predict amputations at all levels in relation to different spectra of DFS.

Conclusion

Redefining DFS into ulcerative, septic and gangrenous by integration of the predominant clinical presentation and the clinical criteria for DFI diagnosis and classification of IDSA/IWGDF showed significant differences in amputa-

tion rate. Therefore, it can be used clinically to categorize patients with DFS to predict amputations and to help in planning their management. Further prospective studies are suggested to validate these results.

Author contributions

All the authors made substantial contributions to conception and design, acquisition of data or analysis and interpretation of data; contributed to drafting the article or revising it critically for important intellectual content approved the final version of the manuscript to be published; gave final approval of the version to be published; and agreed to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Disclosure

The authors report no conflicts of interest in this work.

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