

Long-term effectiveness and safety of a three-piece acrylic hydrophobic intraocular lens modified with hydroxyethyl-methacrylate: an open-label, 3-year follow-up study

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Background: Clareon® is a new hydrophobic acrylic optic biomaterial designed for enhanced clarity and greater resistance to glistening. The present study evaluated the effectiveness and safety of a three-piece hydrophobic, monofocal intraocular lens (IOL) Model MA60NM, made of this new optic material.

Methods: In this prospective, multicenter, open-label study, eligible patients aged ≥ 60 years, underwent a unilateral implantation with IOL Model MA60NM following phacoemulsification. Patients were followed-up for up to 3 years after implantation. Visual outcome and serious adverse events (SAEs, cumulative and persistent) were compared to ISO grid rates (BS EN ISO 11979-7:2006). The primary effectiveness variable was Best Spectacle-Corrected Visual Acuity (BSCVA) at 1-year postoperative follow-up. In addition, posterior capsular opacification (PCO) was assessed qualitatively and graded by slit lamp exam on a 5-point scale at all visits.

Results: Overall, 179 and 138 patients completed the 1-year and 3-year postoperative follow-up, respectively. The BSCVA outcomes were better with IOL Model MA60NM than the ISO grid rates with 95.5% of patients at 1 year and 94.2% of patients at 3 years having achieved a BSCVA of 20/40 or better vs 92.5% in ISO grid. The incidence of cumulative or persistent SAEs was lower after Model MA60NM implantation than the ISO grid reference. The incidence of clinically significant PCO was 1.1% at the 1-year and 2.2% at the 3-year visit. Posterior capsulotomy rate was 1.1% at 1 year and 1.4% at 3 years.

Conclusion: The three-piece hydrophobic, monofocal IOL Model MA60NM was effective for the visual correction of aphakia and successfully met all the safety parameters as defined by the ISO criteria. PCO and posterior capsulotomy rates were low over the 3-year follow-up period. This study provides evidence and supports the long-term safety and effectiveness of the new optic biomaterial Clareon®.

Keywords: Best Spectacle-Corrected Visual Acuity, effectiveness, posterior capsule opacification, ND:YAG laser capsulotomy, long-term safety

Introduction

Posterior capsular opacification (PCO) is a relatively common complication after an uneventful cataract surgery.^{1,2} It occurs as a result of the growth and migration of the residual lens epithelial cells (LECs) from the peripheral posterior capsular bag into the space between the capsule and the optic of the intraocular lens (IOL) leading to opacification.¹⁻⁵ It has an adverse effect on optic clarity, quality of vision, and visual function.¹⁻⁵ It is a delayed manifestation that can appear months or years after cataract

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surgery, with an incidence of 28%–67% after IOL implantation in adults and 100% in children, and depends on several factors.^{5–7}

IOL capsular biocompatibility is an important contributor to the development of PCO.^{1,2} Studies have shown that the IOL material and design have an impact on the rate of PCO development.^{4,8–10} In a meta-analysis of 11 studies involving 889 eyes, hydrophobic IOLs were found to be associated with significantly lower subjective PCO scores in comparison with hydrophilic lenses.¹¹ Unlike hydrophobic IOLs that strongly adhere to the posterior capsule, hydrophilic polymers and silicone materials promote fibrosis, cell migration, and proliferation on the IOL surface and thus tend to lead to higher rates of PCO formation.^{12,13} In addition, lower PCO rates are observed with IOLs that have a sharp-edged design as it inhibits the adhesion of macrophages and LECs to IOL.^{4,10,14} Therefore, apart from clinical performance, it is also essential to consider the capsular biocompatibility of any new IOL optic material.

Clareon® (Alcon Laboratories Inc., Fort Worth, TX, USA) is a new cross-linked acrylic optic biomaterial developed by combining a hydrophilic polymer (2-hydroxyethyl-methacrylate) and a hydrophobic component (phenylethyl acrylate) with a chemically bonded ultraviolet absorber. The present study describes the long-term effectiveness and safety of a three-piece, soft, foldable, acrylic, hydrophobic, monofocal lens Model MA60NM, made of Clareon® biomaterial, in patients implanted after cataract surgery by phacoemulsification.

Methods

Study design

This prospective, multicenter, open-label study was conducted from January 2000 to December 2004 at seven sites in four countries (three sites in Germany, two in UK, one site each in Spain and Italy). This study was performed in compliance with the ethical principles of the Declaration of Helsinki, Good Clinical Practice, and IOL standards per the International Organization for Standardization (ISO).^{14,15} The protocol and its amendments were approved by institutional review boards at each participating center.

Eligible patients underwent a unilateral IOL implantation with the IOL Model MA60NM (Alcon Laboratories Inc.) following phacoemulsification. The MA60NM IOL had a three-piece construction, a 6.0-mm-diameter biconvex optic, and an overall length of 13.0 mm. The haptics were of blue core polymethylmethacrylate with a 10° angulation. The IOL was manufactured in powers of 15.0–29.0 diopter in

0.5-diopter increments. Each IOL had a unique serial number. Each IOL package contained a patient registration card (Lens Implant Card), a patient identification card, adhesive labels with IOL labels, and the IOL.

Postoperative visits were scheduled at days 1–2 (visit 1), days 7–14 (visit 2), days 30–60 (visit 3), days 90–119 (visit 4), days 120–180 (visit 5), and days 330–420 (visit 6/1-year) after surgery. Following a protocol amendment, the study was extended to include two additional postoperative visits during days 630–780 (visit 7/2-year) and days 990–1140 (visit 8/3-year). Patients who had exited the initial study at the end of 1 year were contacted and re-enrolled into the study for the extension phase.

The objective of this study was to compare visual acuity and serious adverse events (SAEs) in patients implanted with IOL Model MA60NM vs historical control incidence levels by using the rates and methods described in the BS EN ISO 11979-7:2006. The BS EN ISO 11979-7:2006 specifies particular requirements for clinical investigations for posterior and anterior chamber monofocal IOLs for the correction of aphakia.¹⁵

Study population

Eligible patients were male or female patients aged ≥60 years, in good general and ocular health, with an age-related cataract that required extraction with IOL implantation, who expected to achieve a postoperative 20/40 or better visual acuity, and who were willing and able to complete all required postoperative visits.

Patients with any of the following conditions were excluded: amblyopia; clinically severe corneal dystrophy; congenital, traumatic, or complicated cataracts or rubella cataract; cornea plana; proliferative diabetic retinopathy; history of macular edema (ME) or retinal detachment or uveitis/iritis; iris neovascularization; pupil diameter <5.0 mm after dilation; medically uncontrolled glaucoma; optic atrophy; previous corneal transplant or glaucoma filtering surgery; recurrent severe anterior or posterior segment inflammation due to unknown etiology; vitreous loss; significant anterior chamber hyphema; Alzheimer's disease; terminal cancer; or any other condition/complication that, in the opinion of the surgeon, would compromise the stability of the IOL.

Endpoints

The primary effectiveness variable was Best Spectacle-Corrected Visual Acuity (BSCVA) of 20/40 or better at the 1-year postoperative follow-up. The primary safety variable

was incidence of SAEs, both cumulative and persistent SAEs. In addition, postoperative clinical observations (ie, non-serious AEs, AEs associated with the surgical procedure or the IOL implantation), and other supportive safety observations (ie, IOL observations [phenomena such as debris on the surface of the IOL, forceps marks on the surface of the IOL, and glistenings], IOL position change, qualitative PCO, posterior capsulotomy, intraocular pressure [IOP]) were also monitored during the study.

Effectiveness assessments

BSCVA

BSCVA was assessed at all postoperative visits and was measured to the smallest line using a standard Snellen chart equal to a distance of 6 m testing distance.

Safety assessments

Cumulative and persistent SAEs

SAEs were occurrences considered to be potentially sight-threatening. Cumulative SAEs were those events that had occurred at any time during the clinical study. Cumulative SAEs defined in the protocol were hypopyon, intraocular infection/endophthalmitis, lens dislocation, cystoid ME, pupillary block, retinal detachment/repair, hyphema, any secondary surgical intervention (retinal detachment repair was not considered a secondary surgical intervention), and other unexpected, potentially sight-threatening clinical observations as assessed by the investigator. Persistent SAEs were defined as those events that were present at the 1-year postoperative visit (330–420 days after surgery) or later and specifically included corneal stromal edema, iritis, raised IOP requiring treatment and vitritis.

Postoperative clinical observations

Nonserious adverse events (AEs) were those that were not potentially sight threatening and were reported as clinical observations. In addition, postoperative clinical observations were monitored and included postoperative ocular events normally associated with the surgical procedure or IOL implantation, such as corneal edema, iritis, macular degeneration/drusen, membrane formation on IOL, pigment precipitation on IOL, transiently raised IOP requiring treatment, synechiae, vitreous detachment, vitritis, and any additional findings the investigator might observe. Some of the postoperative events were part of the protocol-defined cumulative or persistent SAEs and were required to be reported as such.

Other supportive safety observations

Other supportive observations evaluated in this study included IOL observations, IOL position change, posterior capsule opacification, posterior capsulotomy, and IOP.

PCO was qualitatively assessed at each scheduled and unscheduled visit during this clinical study. PCO was graded as none, clinically non-significant, or clinically significant requiring Neodymium:Yttrium Aluminum Garnet (Nd:YAG) laser capsulotomy.

Statistical analysis

All analyses were descriptive; data were summarized as n and percentage (%) per study visits. The primary effectiveness analysis was performed on the “all implanted” group, which included all patients who were successfully implanted with the study lens and had at least one postoperative visit. In addition, the effectiveness analysis was performed on “best case” group, that is, all patients implanted with a study lens, had at least one postoperative visit, and did not have any preoperative ocular pathology or macular degeneration at any postoperative visit. Patients with any violation of the inclusion/exclusion criteria or the surgery techniques defined in the investigational plan were excluded from the per-protocol analysis.

Safety results were summarized for the safety analysis set, which included all patients enrolled in this study with attempted IOL implantation (successful or aborted after contact with the eye).

Ethical approval and consent to participate

The study protocol was approved by the central Institutional Review Board/Ethics committee of each participating country (Saint-Thomas’ Hospital Research Ethics Committee, Medical Committee Office Saint-Thomas’s Hospital; East Berkshire Research Ethics Committee, John Lister Postgraduate Medical Center, Wexham Park Hospital; Ethical Committee at the Faculty of Medicine, RWTH – University of Aachen, Aachen, Germany; Ethikkommission Freiburg, Freiburg, Germany; Instituto Oftalmologico de, Alicante, Spain; Ufficio Sperimentazioni, Istituto Scientifico, Ospedale S Raffaele, Milan, Italy). All participants provided written informed consent before entering the study.

Results

In total, 189 patients underwent the unilateral implantation with the IOL Model MA60NM, and 179 (94.7%) patients completed the 1-year postoperative follow-up. In all, 10 patients

discontinued the study and the major reasons were lost-to-follow-up (n=2), unable to attend follow-up visits (n=3), death (n=1), worsening health condition (n=2), and patient was uncooperative (n=2). In total, 152 patients were re-enrolled for the extension phase at the completion of 1 year, 138 patients were observed 2-year postoperatively, and 138 were evaluated at the 3-year visit. Of these, 124 represented the consistent cohort who attended both the 2- and 3-year follow-up visits.

The “all implanted” group included 179 and 138 patients for the 1- and 3-year analyses, respectively. The “best case” analysis included 139 and 110 patients from the “all implanted” group at the 1-year and 3-year postoperative visits, respectively.

The mean age of patients in the “all implanted” group was 74.1 ± 7.5 (range 53–90) years, 61.9% (n=115) were female and 98.4% (n=186) were Caucasian.

Effectiveness

The proportion of patients in the “all implanted” group with a BSCVA of 20/40 or better at the 1-, 2- and 3-year postoperative follow-up visits is shown in Figure 1. At 1 year, 95.5% of patients implanted with IOL MA60NM had BSCVA of 20/40 or better, which was favorable when compared with an ISO grid rate of 92.5%. Moreover, in the “best case” group analysis, 100% of patients had BSCVA of 20/40, which was favorable when compared with an ISO grid rate of 96.7%.

At the 3-year follow-up, 94.2% and 98.2% of patients had a BSCVA of 20/40 or better in the “all implanted” group and “best case groups,” respectively, and the proportion was higher than the ISO grid rate (Figure 1). When analyzed by baseline age-category, BSCVA results were similar to overall group (Table 1).

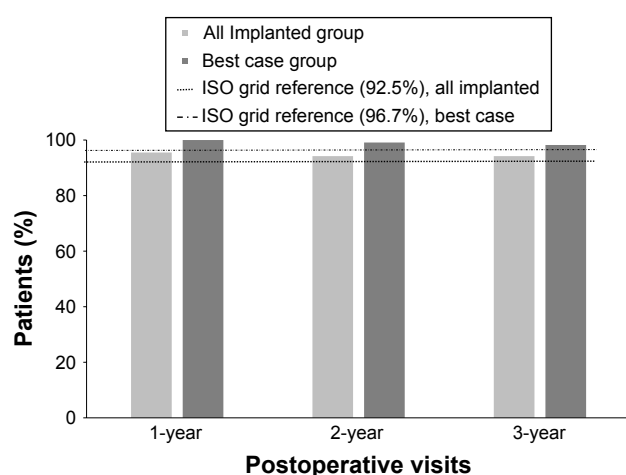


Figure 1 Best Spectacle-Corrected Visual Acuity status 20/40 or better at 1-, 2- and 3-year postoperative follow-up visits in patients implanted with IOL Model MA60NM – “all implanted” group and “best case” group.

Abbreviation: IOL, intraocular lens.

Table 1 The Best Spectacle-Corrected Visual Acuity status 20/40 or better at 1-, 2- and 3-year postoperative follow-up visits with IOL Model MA60NM, by age category – “all implanted” group

Age category, n (%)	1-Year N=189	2-Year N=138	3-Year N=138
<60 years	5 (100)	5 (100)	5 (100)
60–69 years	45 (100)	38 (100)	38 (97.4)
70–79 years	84 (96.6)	67 (95.7)	68 (95.8)
≥80 years	37 (88.1)	20 (80.0)	19 (82.6)

Safety

No clinically significant differences were identified in the rate of SAEs, postoperative clinical observations, and other supportive safety observations between IOL Model MA60NM and ISO reference grid rates. No safety issues were observed, based on age, gender, or best-corrected distance visual acuity.

The incidence of cumulative or persistent SAEs following IOL Model MA60NM implantation was lower than the ISO grid reference (Table 2). Overall, three SAEs were observed in IOL Model MA60NM group: two occurrences of cystoid ME and one occurrence of a secondary surgical intervention (correction of residual refraction by LASIK); neither of the SAEs were considered IOL related. There were no reports of persistent SAEs.

Table 2 Cumulative serious adverse events incidence rates through 1 year with IOL Model MA60NM vs ISO Grid Rates – “all implanted” group

Serious adverse event	Model MA60NM, n (%) N=189	ISO grid (%)
Cystoid macular edema	2 (1.1)	3.0
Hyphema	0	N/A
Hypopyon	0	0.3
Intraocular infection/ endophthalmitis	0	0.1
Lens dislocation	0	0.1
Pupillary block	0	0.1
Retinal detachment/ repair	0	0.3
Secondary surgical intervention	1 (0.5)	0.8
Iridectomy for pupillary block	0	N/A
Repositioning of IOL	0	N/A
IOL removal due to inflammation	1 (0.5)	N/A
Other	0	N/A

Notes: The incidence rates are based upon the number of eyes with an event divided by the number of eyes implanted. Patients had no duplicate adverse events at different visits. ISO grid rates are based on BS EN ISO 11979-7:2006.

Abbreviations: IOL, intraocular lens; N/A, not available.

Table 3 Incidence of postoperative non-serious AEs through 1 year with IOL Model MA60NM – “all implanted” group

Adverse event	Model MA60NM, n (%) N=189
None	79 (41.8)
Corneal edema	40 (21.2)
Iritis (3 cells in a field or greater)	2 (1.1)
Macular degeneration	19 (10.1)
Pigment precipitation on lens	18* (9.5)
Vitreous detachment	6 (3.2)
Macular edema	2 (1.1)
Raised IOP requiring treatment	7 (3.7)
Other	76 (40.2)

Notes: The incidence rates in this table are based upon the number of eyes with an event divided by the number of eyes implanted. *Includes five patients with “Other” IOL observations which indicate pigment precipitates on the IOL.

Abbreviations: AE, adverse event; IOL, intraocular lens; IOP intraocular pressure.

The postoperative clinical observations observed following IOL implantation are shown in Table 3. Most frequently reported postoperative non-serious AEs were corneal edema, macular degeneration, pigment precipitation on lens and “other.” Some of the clinical observations were present only at one visit, while others persisted across multiple visits. The presence of ocular inflammation (corneal edema and iritis) was not observed beyond the days 30–60 postoperative visit. Vitreous detachment and macular degeneration were not associated with cataract surgery. No clinically relevant sequelae were associated with pigment precipitation.

The trend was similar with other supportive safety observations. Four IOL observations were assessed as clinically significant by the investigator. These included two reports of debris on the IOL and two reports of forceps marks on the surface. Overall, the incidence of trace glistening was low: 6.1% (n=11) at the 1-year postoperative visit, 1.4% (n=2) at the 2- and 3-year follow-up visits. In one patient, three occurrences of IOL tilt (due to optic not positioned in the bag) were noted in consecutive visits (starting from day 90 to day 119 visit onward). Also, there was one occurrence of IOL decentration (2.0 mm; the reason given by the investigator was that the haptics could not be seen). Raised IOP requiring treatment was not observed at the 1-year follow-up visit or later.

Clinically significant PCO was reported in six (3.2%) eyes (eleven reports of clinically significant PCO in five eyes and five reports of clinically significant PCO requiring YAG in two eyes). By follow-up period, the incidence of clinically significant PCO was 1.1%, 2.2%, and 2.2% at 1-, 2-, and 3-year postoperative visits, respectively (Table 4). Clinically non-significant PCO was reported in 27.9%,

Table 4 Incidence of PCO at 1-, 2-, and 3-year postoperative follow-up visits with IOL Model MA60NM – “all implanted” group

PCO n (%)	1-Year N=179	2-Year N=138	3-Year N=138
None	126 (70.4)	109 (79.0)	105 (76.1)
Clinically non-significant	50 (27.9)	26 (18.8)	30 (21.7)
Clinically significant	2 (1.1)	3 (2.2)	3 (2.2)
Clinically significant requiring Nd: YAG ^a	1 (0.6)	0	0

Notes: ^aOne additional case of clinically significant PCO requiring YAG was recorded during an unscheduled visit during 1-year follow-up period. Thus, the incidence of Nd: YAG procedure at 1- and 3-years was 1.1% (2/179) and 1.4% (2/138), respectively.

Abbreviations: IOL, intraocular lens; PCO, posterior capsular opacification; Nd: YAG, Neodymium: Yttrium Aluminum Garnet laser capsulotomy.

18.8%, and 21.7% of patients at 1-, 2-, and 3-year postoperative visits, respectively (Table 4). The rate of clinically significant PCO requiring Nd:YAG laser capsulotomy was very low, 1.1% and 1.4%, at the end of 1- and 3-years, respectively.

Discussion

The study demonstrated that the three-piece foldable IOL Model MA60NM made of optic biomaterial Clareon® was effective for visual correction of aphakia when implanted following cataract extraction by phacoemulsification. The primary effectiveness objective was met; at the 1-year postoperative follow-up, a relatively higher proportion of patients implanted with IOL Model MA60NM achieved excellent BSCVA than the historical control value. These visual outcomes were maintained at 3 years. Furthermore, 100% of “best case” patients achieved BSCVA of 20/40 or better 1 year after surgery. Based on the assessment of SAEs, postoperative clinical observations and other supportive safety observations, no unexpected or unwarranted safety issues were observed during the 3-year study period. In particular, we also assessed PCO rates for up to 3 years after surgery following implantation with the Clareon®-based IOL. Overall, in the present study, reports of clinically significant PCO and PCO requiring Nd:YAG laser capsulotomy were very low.

PCO continues to be an undesirable outcome after IOL implantation. In addition, the treatment of PCO, Nd:YAG laser capsulotomy, is associated with significant risks such as IOL damage, cystoid ME, IOP elevation, posterior segment complications and is also an additional financial burden on the health care systems.¹⁶ Across studies, the reported incidence of Nd:YAG laser capsulotomy is between 2% and 67%, and the reported rates vary depending on the follow-up period and the type of IOL.^{17–22} The risk of Nd:YAG laser

capsulotomy is reported to be sevenfold higher with hydrophilic lenses than with the hydrophobic lenses.¹¹

The Nd:YAG laser capsulotomy rate is considerably lower with Acrysof® IOLs (Alcon Laboratories Inc.) than other IOL lens materials.^{17–19,23–26} The Acrysof® IOLs are a series of acrylic, foldable, hydrophobic, single-, and multi-piece lenses with established clinical performance and safety for over two decades.^{17–19,23–28} Acrysof® IOLs are very stable, have high fibronectin binding, and provide enhanced capsular adhesion, thus providing maximal IOL optic-posterior capsule contact acting as an excellent barrier to prevent cellular proliferation.^{5,12} In addition, the Acrysof® IOLs present minimal to absent Soemmering's ring formation (precursor to PCO development), PCO and anterior capsular opacification, decentration, and minimal tilt.^{5,26,28} In a 7-year follow-up study, the cumulative Nd:YAG laser posterior capsulotomy rate after implantation of Acrysof® IOLs was observed to be ~1%–2% of new cases per year, reaching a plateau at 6 years.²⁷ In the present study, the posterior capsulotomy rates with Clareon®-based IOL Model MA60NM was <1.5% during the 3-year period, which is closer to the lower end of the range of 0%–10% reported in studies with Acrysof® IOLs during 2- to 5-year follow-up period.^{9,17,19,29,30}

Clareon® is built on the same proven fundamental attributes of Acrysof® technology and is a modified advanced cross-linked optic biomaterial designed for enhanced clarity, a low level of surface haze, and a resistance to the formation of glistening compared to other IOL materials (data on file). The introduction of a hydrophilic copolymer, 2-hydroxyethyl-methacrylate, in the acrylic backbone of Clareon®, creates an interface for the interaction of water molecules in the optic, preventing microvacuoles formation, thereby reducing the chances of glistening.^{31,32} Biomechanical characteristics of the IOL and its interaction with the lens capsule also has an effect on the ease of implantation, mechanical stability, and clinical outcomes.³³

In the present study, overall no safety concerns were reported with regard to IOL observation and IOL position (only one case each of IOL decentration and IOL tilt were reported) with Model MA60NM.

The open-label design and descriptive analyses of data are some of the limitations of the present study. Furthermore, considering the multifactorial etiology, other potential factors can also influence PCO rates in a given population. At the time of the study completion, BS EN ISO 11979-7:2006 was applicable and was thus used as a standard reference. Since then, updated ISO guidelines are available and should be considered for future studies.

This is the first prospective trial that provides valuable information on the long-term safety of the new optic biomaterial Clareon®. The Clareon® aspheric single-piece hydrophobic acrylic IOL Model SY60WF (Alcon Laboratories Inc.) has recently received CE mark approval in the EU and is made of the same polymeric biomaterial as the three-piece IOL used in this study. Some previous studies have shown that there is no difference in the PCO/YAG rates of single- and multi-piece IOLs that are made from the same biomaterial.^{28,34} However, this needs to be confirmed in future studies with the one-piece IOL Model SY60WF.

Conclusion

Patients had excellent visual outcomes and a low incidence of PCO, Nd:YAG laser capsulotomy, and glistening with the three-piece IOL Model MA60NM implantation during a 3-year follow-up period. Results from this study support the long-term effectiveness and safety of the optic biomaterial Clareon®.

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Author contributions

Both the authors were involved in the management of the study on behalf of the sponsor, interpretation of analyzed data, development of the manuscript, and have approved the final version for submission.

Disclosure

At time of the study, Andrew Maxwell was a medical monitor and a consultant for Alcon. Rajaraman Suryakumar is an employee of Alcon Laboratories Inc., Fort Worth, TX, USA. The authors report no other conflicts of interest in this work.

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