Mitochondrial diseases caused by mtDNA mutations: a mini-review

Abstract: There are several types of mitochondrial cytopathies, which cause a set of disorders, arise as a result of mitochondria’s failure. Mitochondria’s functional disruption leads to development of physical, growing and cognitive disabilities and includes multiple organ pathologies, essentially disturbing the nervous and muscular systems. The origins of mitochondrial cytopathies are mutations in genes of nuclear DNA encoding mitochondrial proteins or in mitochondrial DNA. Nowadays, numerous mtDNA mutations significant to the appearance and progress of pathologies in humans are detected. In this mini-review, we accent on the mitochondrial cytopathies related to mutations of mtDNA. As well known, there are definite set of symptoms of mitochondrial cytopathies distinguishing or similar for different syndromes. The present article contains data about mutations linked with cytopathies that facilitate diagnosis of different syndromes by using genetic analysis methods. In addition, for every individual, more effective therapeutic approach could be developed after wide-range mutant background analysis of mitochondrial genome.

Keywords: mitochondrial cytopathy, mitochondrial dysfunction, mtDNA mutation, mitochondrial gene mutation

Introduction

Mitochondria are organelles, descended from ancient Alphaproteobacteria around 1.5–2 billion years ago.¹² The presence of two membranes (the outer high-permeable membrane and the internal membrane, separating the matrix from the environment), its own ribosomes (with a smaller sedimentation coefficient than the cytoplasmic ones and divergent of its both composition and structure) and the circular double-stranded DNA in mitochondria is explained by their origin.³⁷ One of the main mitochondrial functions is energy production, oxidative phosphorylation (OXPHOS) system generating ~90% of cellular energy.³ In addition, these organelles are involved in the maintaining of essential cellular processes: regulation of intracellular energy metabolism, play an important role in intracellular signaling, apoptosis, centrosome homeostasis and mitotic fidelity and chromosomal gene expression.⁸–¹¹ In addition, they have a great importance in the process of development, differentiation and proliferation of cells and tissues both in normal and abnormal ways (for instance, tumorigenesis).⁵,¹⁰

Mitochondrial DNA is a double-stranded supercoiled ring molecule, which does not contain histones. It means that mtDNA is not packaged in the form of nucleosomes such as nuclear chromatin. However, this molecule forms a complex with >20 different proteins.¹²,¹³ Such a spherical nucleoprotein complex 100 nm in diameter is called a nucleoid and can contain one or more copy of mtDNA.¹³–¹⁵ MtDNA nucleoid contains two areas: core and peripheral regions that are formed by proteins such as TFAM,
mtDNA is a polyplody molecule, and each cell contains hundreds or thousands of nucleoids. Mammalian mitochondrial genome contains 16.5 thousand base pairs (it differs in various species), coding 37 genes, such as genes of subunits 12S and 16S of ribosomal RNA, 22 transfer RNA genes and 13 genes of protein subunits, included in the enzyme complex OXPHOS. Among 13 genes of respiratory chain proteins, seven genes encode subunits of I complex, three genes encode subunits of IV complex, two genes encode subunits of V complex and one gene encodes subunit of III complex. It should be emphasized that the coding region of mitochondrial genome does not contain introns. However, there is an ~1 kb noncoding region (D-loop) in this genome, which consists of the control and two hypervariable parts. Control parts of D-loop contain light strand promoter (LSP) and heavy strand promoter (HSP). The double strand of mitochondrial DNA subdivides to heavy and light strands (guanine and cytosine enriched, respectively).

In contrast to nuclear DNA, mitochondrial DNA is more susceptible to damages; although it has a mechanism of repair, the capacity of repair is limited. In the processes of mitogenesis, mitophagy, fusion and fission of mitochondria, the heteroplasmy level of mitochondrial genome mutations can decrease. For example, the combination of the mitochondrial genome mutation m.1494C>T with aminoglycoside stress led to mitophagy and the occurrence of oxidative stress in a cell. The association of mtDNA mutations with mitochondrial biogenesis was studied by Liu et al. This research team analyzed lymphocyte cell lines obtained from patients with maternally inherited hypertension. These cells contained mitochondrial genome mutation m.4467C>A (MT-TM gene). It was found that in this cell line, containing mitochondrial genome mutation m.4467C>A (MT-TM gene), reactive oxygen species production was 114.5% higher compared with that in control cell line, not containing this mutation. However, the level of ATP in this mutant cell line was 26.4% lower compared to that in the control cell line.

However, with age, mitochondria can accumulate mutations that accelerate the aging process and degeneration. According to the fact that mitochondrial genome is maternally inherited, some mutations emerging in gametes can become hereditary. As noted earlier, mtDNA is a polyplody that could lead to the arising of heteroplasmy. The coexistence of more than one mtDNA variants in the same cell is a heteroplasmy. Otherwise, cell mitochondrial genome is a homoplasmic. The penetrance of mtDNA mutations in each individual is determined by many factors, including the localization of the mutation, its type and size (number of affected nucleotides) and the level of heteroplasmy.

It is well known that a large group of human diseases is characterized by the presence of defects in the mitochondrial activity. Such diseases can be both inherited and somatic. Mitochondrial diseases may be classified into two groups:

1. caused by mtDNA mutations and
2. occurring because of nuclear DNA mutations.

Cytopathies associated with mitochondrial genome mutations

The present article focuses on mitochondrial cytopathies associated with mtDNA mutations. According to the literature, mitochondrial genome mutations are associated with different mitochondrial disorders (mitochondrial cytopathies), which mainly affect nervous and muscular tissues. Molecular—cellular and biochemical manifestations of mitochondrial cytopathies are associated with defects of polypeptide chains belonging to the enzyme complex OXPHOS, errors in the transcription process, caused by mutations in transfer and ribosomal RNAs of mitochondrial genome. Mitochondrial dysfunction can encourage leakage of electrons from the electron transport chain (ETC), and this subsequently leads to elevation of oxidative stress in mitochondria so as in other intracellular compartment. Decrease in ATP production by OXPHOS could lead to increase in mitochondrial biogenesis (mitogenesis) or mitophagy if the mitochondrial quality control is not interrupted. Clinical manifestations of mutations in mitochondrial genome may be absent because of heteroplasmy. However, due to elevated mitogenesis for energy production or level of hypoxia reduction, the count of mutated mtDNA could be rises. The detection of mitochondrial genome pathologies happens at the moment when the number of copies of mutated mtDNA reaches a certain threshold at which the manifestation of the disease takes place.

Symptoms associated with mitochondrial cytopathies

There is a certain range of character and symptoms, which can be used for the detection and diagnosis of mitochondrial cytopathies. It should be noted that such symptoms may be
absent in healthy patients or in carriers of mtDNA mutations in the asymptomatic period of the disease.\textsuperscript{11,16}

The manifestation of the character and symptoms of mitochondrial cytopathies is associated with various organs and organ systems, such as\textsuperscript{11,31}

- brain and nervous system (developmental disorders and mental disorders, dementia, cramps, migraines, stroke-like episodes, atypical cerebral palsy, weakness, areflexia, gastrointestinal disorders, fainting, disturbance of thermoregulation, vision loss and blindness, hearing disorders and deafness);
- muscles (weakness, hypertonia, seizures and muscle aches);
- heart problems (cardiomyopathy, cardiac arrhythmia), hepatic problems (hypoglycemia, liver failure) and kidney problems (atrophy of proximal tubule);
- endocrine (diabetes) and exocrine (pancreatic insufficiency) disorders and
- systemic problems (weight loss, stunting, fatigue, trouble breathing).

Various symptom combinations of disease onset are possible.\textsuperscript{11,16}

**Syndromes of mitochondrial cytopathies**

Some groups of the most frequently occurring symptom combinations of mitochondrial cytopathies are combined into syndromes. Information on mtDNA mutations associated with mitochondrial cytopathies, a review of which is given below, is presented in Table 1.

### Cardiomyopathy and encephalomyopathy

Mitochondrial cardiomyopathy is described as a state of the myocardium, characterized by abnormal structure of the heart muscle and its functions or both of these parameters. Typical manifestations of mitochondrial disease are hypertrophic and

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<td>m.3243A&gt;G</td>
<td>DHU Nucleotide 14, localized in the mTERF binding site</td>
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<td>A large deletion of mitochondrial genome at positions from 4,308 to 14,874</td>
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<td></td>
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<td></td>
<td>A large deletion of mitochondrial genome at positions from 4,398 to 14,822</td>
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<td>MT-ND4, complex 1</td>
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<td>MT-ATP6, complex 5</td>
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<td>Nucleotide 29, localized in the stem of anticodon loop</td>
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**Notes:** *One letter amino acids designation: A, alanine; D, aspartic acid; F, phenylalanine; G, glycine; H, histidine; I, isoleucine; L, leucine; M, methionine; N, asparagine; P, proline; R, arginine; T, threonine; V, valine; Y, tyrosine.

**Abbreviations:** CPEO/PEO, chronic progressive external ophthalmoplegia syndrome/progressive external ophthalmoplegia; KSS, Kearns–Sayre syndrome; LHON, Leber hereditary optic neuropathy; LS, Leigh syndrome; MELAS, mitochondrial myopathy, encephalopathy, lactic acidosis and stroke-like episodes; MERRF, myoclonic epilepsy associated with ragged red fibers; MIDD, maternally inherited diabetes and deafness; NARP, neuropathy, ataxia and pigmentary retinopathy; NIDDM, noninsulin-dependent diabetes mellitus.
dilated cardiomyopathy, arrhythmia and extensive myocardial infarction of left ventricle. Severe manifestations include cardiomyopathies, ventricular tachycardia and cardiac failure. The condition of patients with mitochondrial cardiomyopathy could acutely deteriorate in metabolic crisis caused by physical factors such as febrile states.32,33

Encephalomyopathies, associated with mitochondrial mutations, are characterized by lesions of gray matter of the brain and spinal cord. This pathology is caused by disturbance of the energy supply of the nervous system cells, leading to a change in membrane polarization and, as a consequence, myoclonic seizures and epilepsy. Encephalopathy is characterized by dementia, migraine-like pain, stroke episodes, sensorineural hearing loss, nerve atrophy, etc.34–36

Mitochondrial mutations, associated with cardiomyopathy and encephalopathy, can be in both the protein-coding sites and the RNA-coding portions of mtDNA. Encephalomyopathy and cardiomyopathy are some of the characteristics of certain symptom combinations of mitochondrial cytopathies, including mitochondrial myopathy, encephalopathy, lactic acidosis and stroke-like episodes (MELAS), myoclonic epilepsy associated with ragged red fibers (MERRF), chronic progressive external ophthalmoplegia syndrome/progressive external ophthalmoplegia (CPEO/PEO) and Kearns–Sayre syndrome (KSS), as well as Alpers–Huttenlocher disease, childhood onset epilepsia partialis continua (EPC) and myoclonic epilepsy myopathy sensory ataxia (MEMSA).38,90

Aminoglycoside-induced hearing disorders
Hereditary disorders of hearing and deafness can be triggered by a conductive or sensorineural cause and also by their combination. As a rule, the prevalence of hearing disorders increases with age. However, if there is a genetic predisposition, deafness/hearing disorder can occur under the influence of a trigger factor. Such triggers can be antibiotics of aminoglycoside group, inducing ototoxicity. The use of gentamicin, tobramycin, amikacin, kanamycin, or streptomycin, even once, can lead to a bilateral hearing loss of varying severity. Aminoglycoside-induced hearing disorder is caused by damage to the auditory system, vestibular apparatus or by both of the reasons. These damages are the consequence of the cochlear hair cells’ death and the vestibular apparatus. It is well known that in individuals with aminoglycoside-induced ototoxicity, mitochondrial genome mutations, for example, m.1555A>G and m.1494C>T, are often detected.78,79,91

KSS
KSS is a special type of mitochondrial myopathy, occurring because of the large heteroplasmic deletion of mtDNA, size 1.3–10 kb. The syndrome can be both maternally inherited and somatic. It occurs in the embryonic cells at the early stages of development.38 The disease is characterized by proximal muscle weakness, retinopathy, cardiac arrhythmia and ataxia.32 The diagnostics of this disease syndrome is complicated by the similarity of several syndromes of mitochondrial cytopathies: KSS, CPEO/PEO and ophthalmoplegia-plus syndrome. If the symptoms mentioned earlier appear in an individual prior to the age of 20 years, it may be affirmed that the patient has KSS. Diagnosis of these symptoms in an individual after 20 years or the diagnosis of three and less symptoms suggests that a patient has ophthalmoplegia-plus syndrome.16,93

CPEO/PEO
CPEO/PEO is symptomatically similar to KSS. It is distinguished by the presence of visual muscles’ myopathy and ptosis, pigmented degeneration of retina (retinitis pigmentosa) and dysfunction of central nervous system (dementia, cerebral ataxia). The manifestation of the disease occurs in childhood. In addition, this syndrome is characterized by the development of endocrine symptoms (diabetes, growth disturbance because of the growth hormone deficiency, hypoparathyroidism), dysphagia, changes in biochemical parameters and an increase in the level of lactate and protein of cerebrospinal fluid such as KSS.38,93

Leber hereditary optic neuropathy (LHON)
LHON is characterized by a sudden, complete, painless loss of central vision caused by optic nerve atrophy. Optic nerves changes in LHON develop sequentially; first, there is a loss of sight in one eye and then in the second eye. LHON symptoms may occur at any age; the average age of LHON manifestation varies from 15 to 35 years, while the proportion of men and women for this pathology is 4:1.37 Some individuals, except the core symptoms, associated with the loss of central sight, were also diagnosed with cardiac conduction disorders, sensory and motor neuropathy, tremor, ataxia and damage of basal ganglia (LHON plus).94 It is supposed that the atrophy of nerves in LHON is associated with point mtDNA mutations in genes of polypeptide chains of the first complex of OXPHOS, leading to disruption of the complex and an increased oxidative stress in the nerve endings of cells.42
MELAS
MELAS is diagnosed in early childhood or in the juvenile period. The syndrome is characterized by dilated or hypertrophic cardiomyopathy, excitation of His bundles of nervous fibers (preexcitation, bundle branch block), stroke-like episodes, seizures and diabetes. It is a neurodegenerative disease. In its course, the demyelination of the nerve fibers and the gradual death of neurons happen. In addition, the symptoms of MELAS are sensorineural hearing loss, ptosis, epilepsy, muscle fatigue and pain, generalized myopathy, myalgia and severe headache.41,95,96 MELAS is diagnosed if 1–30 casual point mitochondrial genome mutations are present, meanwhile in 80% of cases, mutation m.3243A>G of gene MT-TL1 is detected.43,44 The above-noted mutation leads to destabilization of tRNA and, accordingly, to a reduction in synthesis of OXPHOS proteins and insufficiency of complexes I, III and IV.42,43

MERRF
MERRF is a chronic neurodegenerative disease that manifests in both children and adults. This syndrome is accompanied by myoclonus, seizures and cerebellar ataxia. MERRF symptoms also consist of dementia, cardiomyopathy, cardiac arrhythmia, neuropathies, pyramidal insufficiency, optic atrophy and sensorineural hearing loss.55,96 The symptoms of this cytopathy are associated with mutations in complexes of NADH-CoQ reductase and cytochrome C-oxidase (COX), some polypeptide chains of which are encoded by mitochondrial genome. It was found that MT-TK gene mutations are the cause of MERRF; in 80% of cases, mutation m.8344A>G occurs; mutations m.8356T>C and m.8363G>A are detected less frequently.27,54

Maternally inherited diabetes and deafness (MIDD)
MIDD is characterized by sensorineural hearing loss and the development of diabetes in individuals in adulthood. MIDD includes insulin-dependent diabetes mellitus (IDDM) and noninsulin-dependent diabetes mellitus (NIDDM), which are associated with diabetes mellitus type 1 and type 2, respectively.7,58 Sometimes MIDD is accompanied by other symptoms of mitochondrial cytopathies: cardiomyopathy, myopathy, retinitis pigmentosa, ptosis, disorders of the renal tubules, and psychoneurological symptoms.97 Mitochondrial cytopathy MIDD can be caused by point mutations in mtDNA or large deletions, for example, nucleotide deletion at positions 4,308–14,874 or 4,398–14,822.55,56

Leigh syndrome (LS)
LS is an infantile subacute necrotizing encephalopathy. It is a progressive neurodegenerative disease affecting children. The first signs of this cytopathy are physical and mental developmental disorders and disruption of previously acquired skills. The clinical symptoms of LS include perinatal asphyxia, respiratory dysfunction, neuropathies of cranial nerves, ataxia, dystonia and hypotension, seizures and also disturbance of the reflex activity, in particular, sucking and swallowing reflexes. The course of the disease is progressing; it is rarely undulating.98 The causes of such symptoms are mutations and functional insufficiency of NADH-CoQ reductase and cytochrome COX and also other enzymes of energy metabolism, including the ATPase, pyruvate dehydrogenase, pyruvate dehydrogenase. Inheritance of LS may be recessive, linked to the X-chromosome or an autosome, and mitochondrial.70 The point nucleotide substitution of mtDNA at position 8,993 of gene of the sixth protein subunit of ATPase is linked with the development of LS. Moreover, if the level of heteroplasmy for this mutation is >90%, LS develops in the individual, and if heteroplasmy for this mutation is detected within 70%–90%, neuropathy, ataxia and pigmentary retinopathy (NARP) syndrome develops. Symptoms may not manifest in patients with the heteroplasmy level of this single nucleotide substitution <70%.16,27,42

NARP syndrome
NARP as a rule manifests in the second decade of life. In contrast to LS, the disease progresses much slower. The characteristic symptoms of NAPR are proximal neurogenic muscle weakness, sensory neuropathy, ataxia, cardiomyopathy, developmental delay and learning problems and degeneration of the retina. In addition, dementia and seizures are diagnosed.99,100

Pathogenetic mechanism of mitochondrial genome mutations
According to the literature cited in this article, the mtDNA mutations associated with mitochondrial cytopathies lead to damage in the protein subunits of mitochondrial respiratory chain enzymes or transport RNA defects (Table 1). In the first case, the synthesis of ATP decreases as a result of the dysfunction of respiratory chain complexes. This leads to an energy deficit in the mitochondria and cells of the body. In particular, the pathogenetic mechanism of mitochondrial genome mutation m.8249G>A (MT-CO2 gene complex 4), leading to mitochondrial myopathy, was described in an article by Mkaouar-Rebai et al101 In the second case, tRNA dysfunction occurs, leading to reduction in the amount of protein subunits of mitochondrial respiratory chain enzymes. This also leads to a decrease of the energy level in human cells and tissues. For example, the molecular mechanism of
mutation m.3243A>G (MT-TL1 gene) pathogenesis, leading to renal disease and acute kidney injury, was described in the article by Emma et al. Pathogenesis of m.5521G>A (MT-TW gene) associated with mitochondrial myopathy was described in the article by Mkaouar-Rebai et al. Unfortunately, the molecular mechanisms of mitochondrial genome mutations that lead to the occurrence and development of mitochondrial cytopathies by the world’s scientists have not been sufficiently studied. Therefore, they require further research and specification.

**Relationship between nuclear DNA and mtDNA in mitochondrial disease**

Mitochondrial diseases can be caused by mutations and polymorphisms in both the mitochondrial and nuclear genomes. Most of mitochondria proteins are coded by nDNA (~1,500 proteins: OXPHOS, TIM/TOM complexes, nucleoid proteins, matrix proteins, channels proteins etc.) including proteins regulated mitophagy, mitogenesis, fusion, fission, signaling proteins. Such nuclear genome mutations can cause instability in the mitochondrial genome, including the occurrence of large deletions and point mutations of mtDNA. For example, the combination of polymorphisms of the nuclear genomes rs6493454 and rs7182946 (locus TRPM1, chromosome 15) with mitochondrial genome mutation m.4917A>G (MT-ND2 gene) increased the risk of age-related macular degeneration (AMD). A similar effect was observed when mtDNA mutation m.12771G>A (gene MT-ND5) was combined with polymorphisms of nuclear DNA rs4932478, rs4932480, rs11459118, rs875390, rs875391, rs2351006, rs144871045 and rs2070780 (loci ABHD2/RLBP1, chromosome 15). In the research work by Meng et al., it was shown that the combination of the nuclear modifier allele A10S in the TRMU gene with mitochondrial genome mutation m.1555A>G (MT-RNRI gene) increased the risk of deafness.

It should be noted that the number of studies investigating how a combination of mutations of the mitochondrial and nuclear genome affects the occurrence and development of diseases is now very less.

**MtDNA mutations and therapy of cytopathies**

Molecular–cellular mechanisms of genesis and development of mitochondrial cytopathies are still not sufficiently understood and require further investigation. Therefore, treatment of mitochondrial disorders consists of symptomatic treatment, cofactor supplementations, NO precursors and exercise.

Mitochondrial genome mutations can be used for creating models to investigate the molecular–cellular mechanisms of cytopathies. Such models are already created for the study of pathologies such as MELAS, LHON, LS and MERRF. In addition, the analysis of the manifestations of mitochondrial genome mutations associated with cytopathies will allow carrying out a differentiated medical therapy for patients, choosing the very medication that would affect individuals carrying a particular mtDNA mutation. For example, an approach to the treatment of patients with MELAS, having mutation m.3260A>G in gene MT-TL1, is developing. Researchers believe that this mutation leads to mitochondrial dysfunction and energy deficiency in cells. For MELAS therapy, ketogenic diet and magnesium were used. It has been discovered that such treatment may lead to improvement of the function of respiratory chain complexes. A group of scientists from Germany made an attempt to treat a patient with mutation m.11778G>A, which was diagnosed with LHON and multiple sclerosis. The man was assigned an immunosuppressive therapy with mitoxantrone. In 12 months, the patient’s condition improved.

Modern way for mitochondrial cytopathy therapy is gene therapy development. Several different approaches are possible in gene therapy. The first method is a heteroplasmy shifting or reduction of mutant mtDNA, the second is a transfer of normal mtDNA polypeptides into the mitochondrion and the third is direct medication of the mtDNA. In addition, there aroused interest in the technology of using donor mitochondria in the process of fertilization for prevention of maternally inherited mitochondrial disorders. The recent research had shown that the interaction between donor mitochondria and host cell nucleus is normal in transcriptomic and energetic profiles. Moreover, targeted treatment of mitochondrial diseases can be achieved via nanotube transmission of mtDNA from one cell to another.

**Conclusion**

The manifestation of most mitochondrial syndromes of cytopathies has similar parameters. The use of only the biochemical and clinical research methods may not be sufficient for the appropriate diagnosis. In this case, a necessary step is the application of genetic analysis methods. If there is clear evidence of hereditary cytopathies, it is necessary to analyze mitochondrial genome mutations, for which, according to the literature, an association with the studied disease was found. It is important to note that in the development of
the disease, not only a specific mutation and its heteroplasmia level are important but also a general mutant background formed by all mutant alleles of mitochondrial genome. At the same time, the symptoms of mitochondrial cytopathies in patients can occur only after reaching a certain threshold of total mutation burden of the organism.

Mitochondrial genome mutations, detected during the analysis of the literature, can be used for creating models to investigate molecular–cellular mechanisms of cytopathies. In addition, the analysis of the manifestations of mitochondrial genome mutations associated with cytopathies will allow developing cellular models for choosing drug therapy for individuals having these pathologies. These cellular models will contain mutations associated with certain types of cytopathies.

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