Cervical cancer screening using the Cervista high-risk human papillomavirus test: opportunistic screening of a hospital-based population in Fujian province, China

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Objectives: The Cervista® high-risk human papillomavirus (HR-HPV) test was evaluated as a primary screening method for cervical cancer in women aged ≥21 years and was compared with different screening and triage combinations.

Materials and methods: A nested case–control study within the Fujian provincial Cervical Lesion Screening Cohorts was used to evaluate the Cervista test as the primary cervical screening method in a hospital-based population. Strategy 1 primarily screened using a cytology screen with HR-HPV testing used for triage. Strategy 2 primarily screened using cytology and HR-HPV co-testing. Strategy 3 primarily screened using HR-HPV testing and triaged HPV-positive women based on cytology. Strategy 4 primarily screened using HR-HPV testing and referred A9 pool HPV-positive women to colposcopy directly, whereas non-A9 HPV-positive women were triaged using cytology.

Results: There were 10,183 women included in this study; 16.49% (1677/10,183) were HR-HPV-positive, 9.52% had abnormal cytology, and 9907 women were normal during follow-up. A total of 276 women were diagnosed with cervical intraepithelial neoplasia 2 or worse (CIN2+), 197 with CIN3 or worse (CIN3+), and 70 with cervical cancer. Moreover, 10.15% (20/197) women who were CIN3+ were identified as cytology-negative, while 8.63% (17/197) were HR-HPV negative (P > 0.05). The cumulative risk rate for HPV−/cytology− was 0.836 (95% CI, 0.424–1.648) in CIN3+ cases. Strategy 4 yielded the highest sensitivity for CIN2+ or CIN3+ and the lowest positive predictive value for CIN2+ or CIN3+ among the four screening strategies.

Conclusion: The Cervista HR-HPV test can provide a reliable and sensitive clinical reference for the cervical cancer primary screen.

Keywords: human papillomavirus, primary screen, A9 pool, liquid-based cytology, histology

Introduction

Cervical cancer is thus far the most common human papillomavirus (HPV)-related cancer,1 of the 600,000 invasive cancer cases caused by HPV in 2012, invasive cervical cancer accounted for >500,000 of the cases, which resulted in approximately 266,000 deaths.2 Persistent infection with high-risk human papillomavirus (HR-HPV) is strongly associated with pre-invasive lower genital tract disease and invasive cancer.3 One of the major preventive strategies involves the detection of treatable precancers and early cancers using HPV assays. Cervical cytology screening programs, which are still the most widely used tests, have substantially reduced the incidence of and mortality due to...
cervical cancer, particularly in countries with a wide-screening coverage.4,5 However, cytology screening has a lower sensitivity in terms of detecting pre-invasive and invasive cervical lesions than does HPV testing, and the sensitivity of cytology varies according to the laboratory and the expertise of the technologists, as well as the medical infrastructure of a particular region.6,7 Moreover, cytology has lower reassurance against prevalent and especially incident pre-cancers and requires shorter intervals between screens to achieve good sensitivity rates.7,8 Primary HPV screening has been compared with cytology in several large, randomized clinical trials: HPV testing has been allowed for the earlier detection of precancers and reduced the incidence of cancer during the follow-up.9 Accordingly, intervals between screens can be extended. In addition, the reassurance provided by co-testing over HPV testing alone is limited.10 Primary HPV screening algorithms have been approved in the US, Netherlands, and Australia and are planned in Italy (2018).11,12

China accounts for approximately one-fifth of the world’s population, and its cervical cancer burden has a substantial effect on the global estimates of the current and future burden of the disease.13 An estimate suggested that the number of new cervical cancer cases in China was 100,000 every year, accounting for 29% of the world’s total.14 However, only 21% of women reported ever undergoing a Papanicolaou (Pap) test in China. The increasing trend in the incidence and mortality due to cervical cancer may be related to inadequate screening, increasing prevalence of HPV infection, and the lack of an HPV vaccine.15 Since the HPV vaccine was only recently introduced in China, it will take some time until it has been implemented across China;16 therefore, screening alone serves as the major prevention strategy during this period. In 2009, China’s government launched the National Cervical Cancer Screening Program in rural areas. It was the first time that the Chinese government had proposed to gradually widen access to cervical cancer screening services in rural areas, and it represented a step toward the nationwide provision of cervical cancer screening.14 Although the coverage of cervical cancer screening in China is low;17,18 a more sensitive primary HPV testing method was required in clinical practice.

The US Food and Drug Administration (FDA) has approved four kinds of HPV tests: Hybrid Capture® 2 (HC2) HPV DNA (Qiagen, Hilden, Germany), Cervista® (Hologic, Massachusetts, USA), APTIMA® (Hologic, Massachusetts, USA), and the cobas® HPV test (Roche Diagnostics, Indianapolis, USA). Thus far, the FDA has recommended the cobas HPV test alone for HPV testing for primary screening. This led to speculation that primary cervical cancer screening via HPV testing is a promising screening strategy that needs further validation, especially in Chinese women. A negative HC2,19 GP5+/+6+ polymerase chain reaction-enzyme immunoassay (PCR-EIA),19,20 or Cobas HPV test11,22 indicates a low risk of developing cervical precancer or cancer in follow-up data of HPV-based primary screen. The Cervista HPV HR test was the second HR-HPV assay approved by the FDA in 2009 and is a qualitative test that uses three separate oligonucleotide mixtures (A5/A6 pool [HPV 51, 56, and 66], A7 pool [18, 39, 45, 59, and 68], and A9 pool [HPV 16, 31, 33, 35, 52, and 58]) depending on the correlation among 14 types of HR-HPV DNA gene sequences used to detect HR-HPV types.21 The Cervista test detects 14 HR-HPV types: HPV66 and the same 13 HR-HPV types as detected by HC2 testing, and several comparative studies have shown its similar sensitivity and specificity to those of the HC2 test.22 However, the utility of the Cervista HPV test as a primary HPV screening method and the clinical performance of different cervical cancer screening strategies, particularly in the Chinese population, remains unclear. This study was designed to provide evidence of the efficiency of a cervical cancer screening strategy using the Cervista HPV test for the detection of cervical intraepithelial neoplasia grade 2 or more severe (CIN2+) and CIN3 or more severe (CIN3+) in a Chinese hospital-based population.

Materials and methods
Study population
We conducted a nested case–control study within the Fujian provincial Cervical Lesion Screening Cohorts (FCLSCs), a cervical screening cohort study involving a hospital-based and community-based population in Fujian Provincial Maternity and Children’s Health Hospital. This study is an opportunistic screening of a hospital-based population. Women, who underwent primary cervical screening, including the Cervista HR-HPV test, were initially included from 2012 to 2016. The population eligible for this cohort study involved two arms, one consisting of healthy patients undergoing routine physical examinations, and another consisting of patients visiting the outpatient clinic for any gynecologic conditions except cancer. All cases assigned to this nested case–control study which fulfilled the following criteria were included as cases or controls: 1) sexually active nonpregnant women aged ≥21 years; 2) valid Cervista HPV testing and cytology results; 3) consistently tested with Cervista or cytology in the follow-up phase; and 4) willingness to participate in this study. Cases included women with a confirmed diagnosis of
Cervical specimen collection
Cervical cells were collected using plastic brushes from the cervical canal of all participants and placed into 20-mL vials of PreservCyt® solution (Hologic, USA) for cytology or HPV DNA testing. The samples for cytology and HPV assays were stored at 4°C and then sent to laboratory for testing.

Liquid-based cytology
ThinPrep slides were blinded and evaluated, independent from the results of the other assays, by two experienced cytopathologists. If the diagnoses were different, the cervical samples were reviewed again, and a consensus diagnosis was obtained. The results were evaluated using the 2001 Bethesda system. Samples were classified as negative for intraepithelial
lesion and malignancy (NILM), atypical squamous cells of undetermined significance (ASC-US), low-grade squamous intraepithelial lesion (LSIL), atypical squamous cells, not possible to exclude high-grade squamous intraepithelial lesion (ASC-H), high-grade squamous intraepithelial lesion (HSIL), squamous cervical cancer (SCC), atypical glandular cells (AGC), and adenocarcinoma in situ (AIS).24

Cervista HR-HPV assay
The Cervista HR-HPV assay used magnetic beads for DNA purification and Invader® chemistry for signal amplification, to qualitatively detect the specific nucleic acid sequences of 14 HR-HPV types simultaneously in three different pools (A5/A6 pool: 51, 56, and 66; A7 pool: 18, 39, 45, 59, and 68; A9 pool: 16, 31, 33, 35, 52, and 58).25 All detection procedures and interpretation of the HPV results were conducted in accordance with the manufacturer’s instructions.26 The human histone 2 gene (HIST2H2BE) served as an internal control for cellular DNA present in the sample. A positive result indicated that at least one of high-risk types is present in the groups.

Colposcopy and histology
Women who were HPV-positive and/or had an abnormal cytological result (with a grade higher than ASC-US) were referred for colposcopy and punch biopsy within 12 weeks of the initial visit. Women with a punch biopsy diagnosis greater than HSIL underwent a loop electrosurgical excision procedure cone biopsy or conization using a cold knife. Specimens were fixed in 10% formalin and routinely processed for paraffin embedding. Subsequently, 4-μm-thick histological sections were cut and stained with hematoxylin and eosin using the standard method. Cervical biopsy specimens were then histologically examined and classified according to the CIN system.27 The primary round was included from the first visit to complete colposcopy with biopsy or endocervical curettage (ECC) if necessary. All women who underwent colposcopy in the primary round and who did not have CIN2+ were eligible for the follow-up round. For women with negative results for cytology and HPV tests at primary round, as the disease status, it was assumed that no new disease would be observed until further histology was received.

Screening procedures
This study evaluated the performance of four screening strategies using the dataset created by the study. A flowchart of the strategies conducted is shown in Figure 2. The three strategies currently used for cervical cancer screening (primary cytology test, co-testing, and primary HR-HPV test) and another strategy were designed to evaluate the performance of the Cervista HR-HPV test. Strategy 1 comprised cytology with HPV testing performed only for ASC-US. Strategy 2 comprised co-testing women with both cytology and HR-HPV testing, after which HPV-positive women with negative cytology were retested with both tests in a routine follow-up per year and underwent ECC if either test yielded abnormal results. Strategy 3 comprised primary screening of women with HPV testing alone, triage of HPV-positive women with cytology, and referring those with cytology ≥ASC-US/AGC for colposcopy/ECC. Strategy 4 comprised screening women using HPV testing, referring those infected with A9 pool for colposcopy/ECC, triage for those without infection with A9 pool with cytology, and referring those with cytology ≥ASC-US/AGC for colposcopy/ECC.

Statistical analysis
The performance characteristics of the screening strategies were evaluated by calculating the sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), positive likelihood rate (PLR), negative likelihood rate (NLR), and Youden index according to the standard definitions for CIN2+ or CIN3+. The 95% CIs were calculated using exact binomial CIs. The number of colposcopies needed to detect one case was equivalent to the number colposcopies per case, identified by end point. The χ² test, Fisher’s exact test, and a cumulative risk analysis were performed. Results for women with missing disease status in primary or follow-up round were imputed that the characteristics of women with valid biopsy results are not significantly different from those with missing disease status. All data analyses were performed using SPSS 17.0 (SPSS Inc., Chicago, IL, USA). All statistical tests were two-sided, and a P-value <0.05 was considered to indicate statistical significance.

Results
Clinical characteristics of the studied population
A total of 10,575 cases of primary cervical screening used the Cervista HR-HPV test in FCLSCs; of these, 10,183 cases fulfilled the criteria. The median follow-up time was 2.5 years (1–5 years). During the course of follow-up, 2071 women were selected for further examination according to the prevalence screen algorithm; 1592 had available cervical histology results. A flow chart describing the selection of the study cohort with inclusion/exclusion criteria can be found in Figure 1. The total HR-HPV positivity rate using
Figure 2 Flowchart of the four screening strategies for cervical cancer.

**Abbreviations:** ASC-US, atypical squamous cells of undetermined significance; HR-HPV, high-risk human papillomavirus; LSIL, low-grade squamous intraepithelial lesion; ASC-H, atypical squamous cells, not possible to exclude high-grade squamous intraepithelial lesion; AGC, atypical glandular cells; ECC, endocervical curettage; NILM, negative for intraepithelial lesion and malignancy; HPV, human papillomavirus.
the Cervista HR test was 16.49%. The frequencies of A5/ A6, A7, and A9 pools were 4.44%, 4.45%, and 10.30%, respectively. Moreover, 9.52% of women had abnormal cytology: ASC-US, 4.21%; AGC, 1.10%; LSIL, 1.91%; ASC-H, 0.19%; HSIL, 0.92%, and cervical cancer, 0.56%. Among women who had available histology results, a total of 276 were diagnosed with CIN2+, 197 with CIN3+, and 70 with cervical carcinoma (Table 1).

Cumulative risk for CIN2+, CIN3+, or cancer

Herein, 20 of 197 (10.15%) cases of CIN3+ identified during the study occurred in women with negative baseline cytology. In contrast, 17 (8.63%) occurred in women who tested negative for HR-HPV during the study (P > 0.05). The cumulative risk rate was 0.836 (HPV-/cytology−, 95% CI: 0.424–1.648) in CIN3+ cases. Similar results were observed using a CIN2+ end point, and the cumulative risk rate was 0.701 (HPV−/cytology−, 95% CI: 0.403–1.221). Moreover, 68 of 70 (97.14%) women with cervical cancers were HPV−, but strategy 1 required fewer tests than strategy 2 to detect CIN2+ or CIN3+.

Strategy 4 detected a higher number of CIN3+ cases in the primary round than any of the other three strategies (Table 3). For example, strategy 4 detected 9.94% more cases of CIN3+ in the primary round than strategy 3. However, strategy 4 resulted in an increase in the number of colposcopies in the primary round and an increase in the number of colposcopies per case of CIN3+ in the primary round (5.42). Comparable results were seen using a CIN2+ end point.

Identification of cervical disease among the four screening strategies

Of the four screening strategies that were evaluated, strategy 4 had the highest sensitivity (89.85%; 95% CI: 85.63–94.07) for the detection of CIN3+ (Table 2). In comparison, the sensitivities of strategy 1 and strategy 2 were 88.32% (95% CI: 83.84–92.81) and that of strategy 3 (HR-HPV primary) was 81.73% (95% CI: 76.33–87.12). Strategy 3 had the highest specificity for CIN3+ (95.84%; 95% CI: 95.45–96.24), and strategy 4 had the lowest specificity (89.55%; 95% CI: 88.95–90.15). Strategy 1 and strategy 2 had an intermediate specificity that was between those of the other two strategies. The Youden’s index for strategy 1 and 2 for detecting CIN3+ was higher than that of the other strategies (82.99% vs. 77.57% or 79.39%). Similar results were observed using CIN2+ as the end point. The PPV and NPV, as well as PLR and NLR are shown in Table 2. In our study, strategy 1 had a similar sensitivity, specificity, PPV, NPV, PLR, and NLR as that of strategy 2 to detect CIN2+ or CIN3+, but strategy 1 required fewer tests than strategy 2 to detect CIN2+ or CIN3+.

Discussion

Cervical cancer is the second most common gynecological malignancy in women in developing countries, where approximately 85% of cervical cancer cases culminate in death; it is preventable because of its long precancerous lesion status. However, limited sensitivity and a correspondingly limited NPV, limits the use of cytology testing, although cytology testing has greatly reduced the incidence and the mortality of cervical cancer in developed countries when implemented as a primary screening test. Persistent HR-HPV infection plays an important role in the development of cervical cancer. Therefore, research on the value of the HPV-based screening has been performed in many institutions. The HC2, GP5+/6+ PCR-EIA, and Cobas HPV tests are considered fully clinically and epidemiologically viable HPV assays, validated following the Meijer validation protocol.

The Cervista HPV HR test was the second HR-HPV assay

| Table 1 Results of the HR-HPV testing and cytology for cervical disease |
|-----------------|--------|--------|--------|
|                  | Total  | CIN2+  | CIN3+  | Cancer |
| Number           | 10,183 | 276    | 197    | 70     |
| HR-HPV (+)       | 1,677  | 252    | 180    | 68     |
| % of number; 95% CI | 16.49; 15.75–17.20 | 91.30; 87.34–94.35 | 91.37; 86.54–94.89 | 97.14; 90.06–99.65 |
| Cytology ≥ASC-US | 970    | 243    | 177    | 66     |
| % of number; 95% CI | 9.52; 8.96–10.11 | 88.04; 83.62–91.63 | 89.85; 84.76–93.69 | 94.29; 86.01–98.42 |

Note: *The CI calculation was based on the exact CI for that proportion.

Abbreviations: CIN, cervical intraepithelial neoplasia; HR-HPV, high-risk human papillomavirus; ASC-US, atypical squamous cells of undetermined significance.
Table 2 Detection of cervical disease using different screening strategies for HR-HPV

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<tr>
<th>Screening Strategies</th>
<th>Sensitivity (%), 95% CI</th>
<th>Specificity (%), 95% CI</th>
<th>PPV (%), 95% CI</th>
<th>NPV (%), 95% CI</th>
<th>PLR (%), 95% CI</th>
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Abbreviations: HR-HPV, high-risk human papillomavirus; PPV, positive predictive value; NPV, negative predictive value; PLR, positive likelihood rate; NLR, negative likelihood rate; YI, Youden index; CIN, cervical intraepithelial neoplasia.

Table 3 Detection of cervical disease using different screening strategies and the number of colposcopies that each strategy requires

<table>
<thead>
<tr>
<th>Screening strategies</th>
<th>Total No. of detected cases at primary round</th>
<th>No. of detected cases at follow-up round</th>
<th>No. lost to follow-up at primary round</th>
<th>No. of colposcopies at primary round</th>
<th>No. of colposcopies to detect one case at primary round</th>
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Abbreviation: CIN, cervical intraepithelial neoplasia.

approved by the FDA in 2009 and introduced into China by the China Food and Drug Administration (CFDA) in 2011, with a similar sensitivity and specificity to those of the HC2 test. However, the clinical performance of Cervista as a primary HPV screening method, especially in a Chinese hospital-based population, has remained uncertain.

FCLSCs are cervical screening cohorts involving a hospital-based and community-based population since 2008 in Fujian Provincial Maternity and Children’s Health Hospital, a local cervical screen center. The clinical performance characteristics of PCR-reverse dot blot (PCR-RDB) assays among 10,442 women in FCLSCs were evaluated previously; the results suggested that PCR-RDB can provide a reliable and sensitive clinical reference for cervical cancer screening. In the current study, patient data were derived from that for FCLSCs using the Cervista test since 2012; moreover, the population eligible for this cohort study involved two arms, one consisting of healthy patients undergoing routine physical examinations, and another consisting of patients visiting the outpatient clinic for any gynecologic conditions except cancer. The total infection rate of HR-HPV tested using the Cervista HR-HPV test was estimated at 16.49%, which is in
accordance to our previous report and other epidemiological studies regarding HPV in China. We also found that 10.15% women with CIN3+ were cytology-negative. In contrast, 8.63% women with CIN3+ were HR-HPV negative (P>0.05). The cumulative risk rate was 0.836 (HPV-/-cytology-, 95% CI: 0.424–1.648) in CIN3+ cases, implying that this hospital-based population was representative for evaluating the strategy regarding cervical cancer screening.

Currently, there are three main strategies for HPV testing: as a triage for ASC-US cytology, testing all women with both HPV and cervical cytology (co-testing) results, and primary HPV testing with cytology or colposcopy triage. In our study, these three main strategies were used to evaluate the Cervista test. We found that the sensitivity of strategy 1 (cytology) and strategy 2 (co-testing) was 88.32% (95% CI: 83.84–92.81) and that of the strategy 3 (HR-HPV primary) was 81.73% (95% CI: 76.33–87.12). The results were similar to those of a previous study. Therefore, these data suggest that Cervista HR-HPV testing was robust for HPV screening in Chinese women.

The most obvious triage approaches are cytology and HPV16/18 genotyping, both of which have been discussed widely in the literature. In our previous study, HPV-16 was the most prevalent genotype in the HR-HPV-positive women, followed by, from highest to lowest, HPV-52, -58, -18, -53, -33, -51, -56, -59, -68, -31, -66, -39, -35, and -45. The data implied that the A9 pool (HPV-16, -31, -33, -35, -52, and -58) involved approximately 77% HPV positive genotypes and were the major HPVs in CIN2+ cases, compared to the A7 pool (HPV-18, -39, -45, and -59) at 14% and the A5/ A6 pool (HPV-51, -56, and -66) at 6%. Based on the A9 pool, which is a major species in Fujian, we also evaluated HR-HPV primary screening for A9 pool as a triage approach to explore the Cervista test role in a primary screen. Strategy 4 (HR-HPV primary screening for A9 pool) had the highest sensitivity at 89.85% for detecting CIN3+. These results are similar to those of the ATHENA study, wherein the HPV primary screening had the highest sensitivity and identified more CIN3+ compared to that of the cytology or hybrid strategy. Furthermore, strategy 4 required the most colposcopies to detect one case of high-grade CIN. Moreover, strategies 1, 2, and 3 had fewer losses to follow-up at the primary round, in which the lifetime risk of cervical cancer was reduced by 25%–35%. In general, the Cervista HR-HPV test can provide a reliable and sensitive clinical reference for a cervical cancer primary screen.

An estimate suggests that the number of new cervical cancer cases in China accounted for 29% of the new cases of cervical cancer in the world. In China, a hospital-based cervical screen is currently the main strategy for cervical cancer prevention. Nevertheless, the coverage of cervical cancer screening in China is still much lower than that in developed countries. Therefore, a more sensitive primary HPV testing method is required in clinical practice. Since 2011 when Cervista as approved by the CFDA, many hospitals initiated use of the technology in clinical practice and explored how applications of the Cervista test would be meaningful and effective in Chinese women.

Based on the above analysis, strategy 4, which used the Cervista HPV HR test as an initial screening method and referred those infected with A9 pool for colposcopy, triage for those without infection with A9 pool, and referring those with cytology ≥ASC-US for colposcopy could be a suitable option for cervical cancer screening in Chinese women.

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