Dexmedetomidine attenuates the propofol-induced long-term neurotoxicity in the developing brain of rats by enhancing the PI3K/Akt signaling pathway

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Background: Propofol induces short- and long-term neurotoxicity. Our previous study showed that dexmedetomidine (Dex) can attenuate the propofol-induced acute neurotoxicity in rodents by enhancing the PI3K/Akt signaling. However, whether treatment of young rats with Dex could protect them from long-term neurotoxicity induced by propofol is unclear.

Materials and methods: Seven-day-old male Sprague Dawley rats were randomized and injected intraperitoneally with saline (100 μ L, NS), propofol (100 mg/kg), Dex (75 μ g/kg), propofol (100 mg/kg) plus Dex (25, 50 or 75 μ g/kg), 10% dimethyl sulfoxide (DMSO, 100 μ L) or TDZD-8 (a GSK3 β inhibitor, 1 mg/kg), or intracerebroventricularly with DMSO (5 μ L) or LY294002 (a PI3K inhibitor, 25 μ g/5 μ L DMSO). Other rats in the experimental group were injected with the same doses of propofol, Dex and LY294002 or TDZD-8. All the rats were monitored until they were 9 weeks old. Their spatial learning and memory were tested by Morris water maze. The neuronal apoptosis, expression of PSD₉₅, expression and phosphorylation of Akt and GSK3 β and synaptic ultrastructures were determined by terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling, immunohistochemistry, Western blot and transmission electron microscopy assays, respectively.

Results: Compared with the NS control group, young rats injected with intralipid, Dex, TDZD-8, LY294002 or DMSO alone did not show any significant change as they aged. Propofol significantly increased the escape latency time, hippocampal neuroapoptosis and synaptic ultrastructural changes but decreased the relative levels of PSD₉₅ expression, and Akt and GSK3 β phosphorylation in the developing hippocampus of the rats. The neuronal toxic effects of propofol were significantly mitigated by the pretreatment with a higher dose of Dex. The neuroprotective effect of Dex was enhanced by the treatment with TDZD-8, but was completely abrogated by the treatment with LY294002.

Conclusion: Our results indicated that the pretreatment of young rats with Dex attenuated the propofol-induced long-term neurotoxicity in their developing hippocampus by enhancing the PI3K/Akt signaling.

Keywords: propofol, dexmedetomidine, long-term neurotoxicity, PI3K, hippocampus

Introduction

Propofol (2,6-diisopropylphenol) has been commonly used in pediatric and obstetric patients as an intravenous anesthetic and sedative drug because of its rapid onset, continuous infusion without accumulation and quick recovery.^{1,2} However, fetal and neonatal exposure to antagonists for N-methyl-D-aspartate (NMDA) receptors or

agonists for γ -aminobutyric acid (GABA) receptors may lead to accelerated neurodegeneration.³ Propofol acts as a positive allosteric modulator of GABA_A receptors and produces adverse effects on immature neurons in different species.^{4–6} At a clinical-relevant dose, propofol can enhance neuronal differentiation, but cause long-term changes in the dendritic development of immature GABAergic neurons *in vitro*.^{7,8} Furthermore, propofol induces dose-dependent changes leading to the damage of neonatal neurons and embryonic neural stem cells, and permanent neurological impairment in rodents.^{4,9–11} The potential side effects of propofol affecting the development of infant brain have also raised concerns about its safety.^{12,13} Hence, discovery of new therapeutic reagents to prevent the neuronal side effects of propofol will be of significance.

Dexmedetomidine (Dex) is a highly specific agonist of the α_2 -adrenoceptor and has been used clinically as a potent anesthetic adjuvant for sedation, analgesia and anxiolytic therapy without respiratory suppression.^{14,15} Recent studies have reported that the engagement of α_2 -adrenoceptors by Dex reduces the ischemia- and hypoxia-induced neuronal damages by increasing the expression of antiapoptotic protein Bcl-2 and decreasing the expression of pro-apoptotic proteins Bax and p53 in the brain.^{16–18} A study showed that Dex induced FAK activation and supported the survival of neurons by inhibiting the caspase-3 activation in rat hippocampal sections cultured in an oxygen- and glucose-deprived condition.¹⁹ Dex has been shown to attenuate the isoflurane-induced neuronal injury in the hippocampus of neonatal rats in a dose-dependent manner and prevent the isoflurane-induced long-term memory impairment.^{20,21} Dex also exerts a protective effect on lipopolysaccharide-induced acute lung injury by mediating the PI3K/Akt/mTOR pathway.²² However, it is unclear whether treatment with Dex can mitigate the propofol-induced long-term neurotoxicity.

The PI3K/Akt signaling is crucial for the proliferation, survival and differentiation of cells.²³ The activation of the PI3K/Akt signaling can induce antiapoptotic Bcl-2 expression and inhibit pro-apoptotic Bax expression and caspase activation.²⁴ The PI3K/Akt signaling is negatively regulated by GSK3 β , while activated Akt can induce GSK3 β phosphorylation, leading to its degradation.²⁵ Previous studies have shown that propofol can inhibit the Akt activation in the neurons and induce neuronal apoptosis via PI3K/Akt signaling pathway.^{26,27} Our previous study indicates that treatment with Dex can attenuate the Akt activation inhibition of propofol in neonatal rats.²⁸ However, whether treatment of neonatal

rats with Dex can prevent the Akt activation inhibition by propofol when they reach adulthood is unknown.

PSD₉₅ is one of the most abundant components in synapses. It can regulate the synaptic plasticity and affect the synaptic structures and functions in the developing hippocampus.²⁹ In Alzheimer's disease, the impairment of synaptic function is related to the decrease of PSD₉₅ levels.³⁰ It is possible that Dex treatment may preserve the levels of PSD₉₅ in rats after exposure to propofol.

More recently, studies confirmed that repeated exposure to propofol induced long-term neurotoxicity in neonatal rats.^{9,31} In our previous study, Dex preconditioning attenuated the propofol-induced formation of acute lesions in hippocampal neurons in postnatal 7-day-old rats by upregulating the phosphorylation of Akt and GSK3 β .²⁸ Hence, we assumed that pretreatment with Dex might attenuate the propofol-induced long-term neurotoxicity in the developing brain of neonatal rats by enhancing the PI3K/Akt signaling pathway. To verify this hypothesis, postnatal 7-day-old rats were treated with Dex, propofol and the antagonists of PI3K/Akt signaling pathway. When the rats reached the age of 9 weeks, changes in the spatial learning ability, histomorphology and expression level of PSD₉₅ in their hippocampus were investigated to explore the mechanisms and possible effects of Dex on the propofol-induced long-term neurotoxicity.

Materials and methods

Animals and study design

The experimental protocols were approved by the Laboratory Animal Use and Care Ethical Committee of Guangxi Medical University (Approval No 201702003). The experiments were performed according to the animal care and use guidance (the guidelines outlined by the National Institutes of Health, Bethesda, MD, USA).³² Male Sprague Dawley rats at 7 days of age and weighing 10–15 g and their mothers were obtained from the Laboratory Animal Center of Guangxi Medical University and housed in a specific pathogen-free facility at 23°C–25°C and 50%±10% humidity with a 12-h light/dark cycle and free access to food and water *ad libitum*.^{4,33}

All rats were randomly divided into 13 groups (30 animals per group) using a computer-generated random number table: some groups of rats were injected intraperitoneally (i.p.) with vehicle saline (NS group), 100 mg/kg intralipid (F group, medium- and long-chain fat emulsion; Yao Pharma, Chongqing, People's Republic of China), 75 μ g/kg Dex (Dex group; Hengrui Medicine, Jiangsu, People's Republic of China) or 50 mg/kg propofol twice at an interval of 40–60 min when the righting reflex of rats was recovered

(P group; Corden Pharma SPA, Liestal, Switzerland); some groups of rats were pretreated with 25, 50 or 75 $\mu\text{g/kg}$ Dex and then injected with 50 mg/kg propofol twice (PD₂₅, PD₅₀ and PD₇₅ groups, respectively); some groups of rats were injected intracerebroventricularly (i.c.) with 5 μL of 10% DMSO vehicle (DS₁ group), 25 $\mu\text{g}/5 \mu\text{L}$ LY294002 (a PI3K inhibitor) alone (L group; Sigma-Aldrich, St Louis, MO, USA) or the same dose of LY294002 and 30 min later with Dex and propofol (LPD group); some groups of rats were injected with 1 mg/kg TDZD-8 (a GSK3 β inhibitor) (T group; Sigma-Aldrich) or the same dose of TDZD-8 and 30 min later with Dex and propofol (TPD group); and one group of rats were injected i.p. with 100 μL of 10% DMSO (DS₂ group). One hour post-recovery, blood gas analysis was performed in five pups from each group, and the other rats were returned to their mothers until weaning at 4 weeks of age. At 9 weeks of age, the experimental and control groups of rats were tested simultaneously in a blinded manner. All adult rats were anesthetized by intraperitoneal injection with 10% chloral hydrate (3.5 mL/kg) before sacrifice by cervical dislocation. The experimental design and all the steps are shown in Figure 1.

Intracerebroventricular injection

Individual rats were injected i.c. with drug, as described previously.³⁴ Briefly, the rats were kept on the stereotaxic instrument on a warm soft pad, and with an ultrabright flash-light to illuminate the anatomical structures of the skull, the injection site of each rat was marked at three-fifths of the distance from each eye to the lambda suture with a nontoxic marker. After their skins were disinfected with 70% ethanol, the rats were carefully injected with 5 μL of vehicle or drug using a Hamilton syringe and a 27-gauge needle into the ventricle about 2 mm from the skin surface at a speed of 1 $\mu\text{L/s}$. After injection for 20 s, the needle was withdrawn slowly to prevent backflow. The contralateral ventricle was injected using the same procedure.

Arterial blood gas analysis and body weight monitoring

To determine whether the hypoxia and hypercapnia induced during propofol anesthesia would affect the development of the brain, an hour after recovery from the last injection, five pups from each group were anesthetized i.p. with 10% chloral hydrate (3.5 mL/kg), and the arterial blood was drawn out from the left ventricle to analyze the pH, PaO₂, PaCO₂ and HCO₃⁻ (i-STAT 300; Abbott, Chicago, IL, USA). The other rats were weighted at every week until they were 9 weeks old.

Morris water maze (MWM) test

To evaluate the functions of spatial learning and memory, the rats (n=8 per group) were assessed by MWM test, as described previously.³⁵ Briefly, the test was performed in a round, flat-bottomed black plastic pool (Institute of Materia Medica, Chinese Academy of Medical Sciences, Peking, People's Republic of China) with a diameter of 150 cm and a height of 50 cm. The pool was divided into four quadrants and filled with water at 23°C–25°C and had no visible internal marker. A round escape platform (diameter 10 cm, height 35 cm) was set hidden 2 cm underwater in one of the quadrants (target quadrant) of the pool. Each rat was trained to find the hidden platform in four trials daily for four consecutive days. Each rat was placed in the pool in the four quadrants, and the escape latency time (time to find the platform) was recorded using a camera (3 m above the pool) connected to a computerized recording system equipped with an automated analysis system (Smart V3.0; Panlab Harvard, Barcelona, Spain). The rats were allowed to rest on the escape platform for 15 s. If a rat failed to find the platform within 90 s, it was placed on the platform. On the fifth day, 24 h after the last training, all the rats were placed in the quadrant facing the target quadrant and allowed to swim freely for 90 s when the escape platform was removed. The number of times each rat attempted to reach the previous platform location and the time spent on the previous platform quadrant were recorded.

Western blot

The hippocampus of individual rats (n=5 per group) was dissected, frozen in liquid nitrogen and lysed in a lysis buffer (Beyotime Biotech, Shanghai, People's Republic of China), followed by centrifugation. After quantification of their protein concentrations using bicinchoninic acid protein assay (Sangon Biotech, Shanghai, People's Republic of China), the lysates (50 $\mu\text{g}/\text{lane}$) were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis on 10% gels and transferred onto a polyvinylidene fluoride membrane (0.22 μm pore size; EMD Millipore, Billerica, MA, USA). The membranes were blocked with 5% skim dry milk in Tris-buffered saline with Tween 20 at 37°C for 2 h and incubated with primary antibodies against Akt (Akt pan C67E7, rabbit monoclonal antibody [mAb]; Cell Signaling, Danvers, MA, USA), pAkt (Ser473, D9E XP, rabbit mAb; Cell Signaling), GSK3 β (D5C5Z XP, rabbit mAb; Cell Signaling) and pGSK3 β (Ser9 5B3, rabbit mAb, 1:1,000; Cell Signaling), anti-PSD₉₅ antibody (ab18258, rabbit polyclonal antibody [pAb], 1:500; Abcam, Cambridge, UK) and GAPDH antibody (rabbit pAb, 1:10,000; Proteintech, Rosemont, IL,

Figure 1 The experimental flowchart.

Notes: (A) The experimental grouping method. All pups were assigned to 13 groups by a random number table ($n=30$ per group). P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀, and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 $\mu\text{g/kg}$ Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 $\mu\text{g/5}$ μL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. (B) The experimental steps. The pups were intervened at postnatal 7 days. An hour post-recovery from the last injection, five pups in each group were subjected to arterial blood gas analysis, and other rats were returned to their mothers until weaning at 4 weeks of age. Morris water maze test, TUNEL, immunohistochemistry, Western blot and TEM assays were conducted at 9 weeks of age.

Abbreviations: Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; i.c., intracerebroventricularly; i.p., intraperitoneally; TEM, transmission electron microscopy; TUNEL, terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling.

USA) overnight at 4°C. After being washed, the bound antibodies were detected with secondary antibody (IRDye® 680RD, goat anti-rabbit IgG, 1:5,000; LI-COR, Lincoln, NE, USA) and visualized using the enhanced chemiluminescent reagents using the Odyssey infrared imaging system (LI-COR) and Image Lab software (Bio-Rad Laboratories Inc., Hercules, CA, USA). The relative levels of target protein to the control GAPDH were determined by densitometric analysis using the Quantity One V5.0 software (Bioz, Los Altos, CA, USA).²⁸

Terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) assay

The hippocampus of individual rats (n=5 per group) was fixed in 4% paraformaldehyde and paraffin-embedded. The brain coronal sections (5 µm) were selected randomly from each rat, and the percentages of apoptotic neurons in the hippocampus were determined using the TUNEL Apoptosis Assay Kit (TUN11684817; Roche Applied Science, Penzberg, Germany), according to the manufacturer's instruction. Briefly, the hippocampal tissue sections were deparaffinized, rehydrated and treated with proteinase K (Roche Applied Science), followed by quenching with 3.0% hydrogen peroxide. After being washed, the sections were incubated in a terminal deoxynucleotidyl transferase (TdT) reaction mix for 1 h at 37°C, incubated for 30 min in a solution of fluorescein isothiocyanate–anti-digoxigenin conjugate and counterstained with 4',6-diamidino-2-phenylindole. The control section had no TdT reaction. The sections were imaged at ×200 magnification under an Olympus BX51 fluorescent microscope using an OLYMPUS DP71 digital camera and DP controller software.²⁸ The TUNEL-positive cells were counted in five sampling fields selected randomly in a blinded manner.

Immunohistochemistry

The rats (n=5 per group) were anesthetized by chloral hydrate, and were perfused transaortically with normal saline and 4% ice-cold paraformaldehyde. The brain was dissected and paraffin-embedded. The consecutive brain coronal sections (4 µm) were dewaxed, rehydrated and subjected to antigen retrieval in citric acid (Solarbio Life Sciences, Beijing, People's Republic of China). The sections were blocked with goat serum (Beyotime Biotech) and incubated with anti-PSD₉₅ antibody (Abcam) at 4°C overnight. After being washed, the bound antibodies were detected with horseradish peroxidase-conjugated secondary antibody (LI-COR) and visualized with 3,3'-diaminobenzidine tetrahydrochloride

(ZSGB Bio, Beijing, People's Republic of China), followed by counterstaining with hematoxylin. The cornu ammonis areas CA₁, CA₂ and CA₃, and dentate gyrus regions of the hippocampus were photoimaged under a light microscope (magnification ×200). The integrated optical density in the positively stained areas on the section was statistically analyzed using Image-Pro Plus 6.0 software (Media Cybernetics, Rockville, MD, USA).³⁶

Transmission electron microscopy (TEM)

The synaptic ultrastructures of hippocampal neurons in adult rats (n=2 per group) were examined by TEM. After perfusion, the hippocampus of each rat was dissected and fixed in 1% osmium tetroxide, dehydrated and embedded in epon-araldite. The middle third of the CA₁ stratum radiatum of the hippocampus was cut into serial sections (50 nm) using an ultramicrotome. The sections were imaged using a TEM (Hitachi-7650) operating at 80 keV.²⁸

Statistical analysis

Data are expressed as mean±standard error of the mean. Multiple comparisons were performed by one-way analysis of variance (ANOVA) and post hoc Dunnett's test or repeated ANOVA where applicable using SPSS version 20.0 (IBM Corporation, Armonk, NY, USA). A *p*-value of <0.05 was considered statistically significant.

Results

Treatment with Dex mitigates the propofol-induced neurological function impairment in adult rats

Previous studies have shown that propofol can induce neonatal neuronal damages and Dex has a neuroprotective effect.^{4,6,7,12,37} To investigate the long-term neurotoxicity of propofol, young rats were injected with propofol and/or Dex or other specific inhibitors or vehicle controls. These rats were monitored up to 9 weeks of age. There was no significant difference in the arterial blood gas (Table 1) and body weight among these groups of rats (Figure 2). In addition, no skin injury was observed in the rats. These suggest that treatment with propofol, Dex or other compounds did not affect the development and maturation of these rats. To test the potential protective effect of Dex on propofol-induced neuronal impairment, the spatial learning and memory functions of the adult rats were tested by MWM assay. As shown in Figure 3, during the training trials, the escape latency time of the different groups of rats gradually decreased (Figure 3A). Although there was

Table 1 Injection with Dex and/or propofol did not affect arterial blood gas

Group	pH	PaO ₂ (mmHg)	PaCO ₂ (mmHg)	HCO ₃ ⁻ (mmol/L)
NS	7.30±0.02	92.6±5.6	44.3±4.5	23.7±2.4
P	7.28±0.02	89.2±8.4	50.4±5.1	22.5±2.4
PD ₂₅	7.29±0.03	89.0±9.4	48.7±5.7	23.6±2.6
PD ₅₀	7.28±0.02	91.8±7.4	50.9±6.3	23.1±3.4
PD ₇₅	7.28±0.03	89.2±8.2	46.6±5.3	23.1±3.4
LPD	7.30±0.02	89.6±7.8	49.4±4.5	22.8±2.7
TPD	7.29±0.03	89.0±7.5	48.9±2.9	22.8±2.8
F	7.30±0.02	91.4±8.0	44.9±4.7	23.8±2.9
DS ₁	7.30±0.02	91.4±8.0	45.1±4.5	24.6±3.1
DS ₂	7.29±0.01	94.0±5.7	44.4±4.8	23.9±3.0
Dex	7.30±0.02	92.4±7.8	43.3±5.6	23.5±2.9
L	7.30±0.02	89.60±6.8	46.6±5.8	22.9±2.6
T	7.30±0.02	90.6±7.1	45.9±4.6	22.8±2.5

Notes: NS group: saline; P group: propofol; PD₂₅, PD₅₀ and PD₇₅ groups: pretreatment with Dex, injection with propofol; LPD group: pretreatment with LY294002 and Dex, injection with propofol; TPD group: pretreatment with TDZD-8 and Dex, injection with propofol; F group: intralipid; DS₁ group: intracerebroventricular injection with DMSO; DS₂ group: intraperitoneal injection with DMSO; Dex group: Dex; L group: intracerebroventricular injection with LY294002; T group: TDZD-8. Results are presented as the mean±SEM (n=5 per group).

Abbreviations: Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; SEM, standard error of the mean.

no significant difference in the swimming speeds of the different groups of rats, the escape latency times of these groups of rats were significantly different (Figure 3B). In comparison with the NS control group, rats injected with

propofol, but not intralipid, Dex, TDZD-8 (a GSK3 β inhibitor), LY294002 (a PI3K inhibitor) or DMSO at young age showed significantly increased escape latency period in their adult age (Figure 3D). Pretreatment with Dex significantly shortened the propofol-prolonged escape latency period, relative to the propofol-alone treatment, and this effect was enhanced by treatment with TDZD-8, but was completely abrogated by intracerebroventricular injection with LY294002. These results indicated that treatment with Dex mitigated the propofol-induced long-term neuronal impairment in adult rats, which appeared to depend on the PI3K/Akt signaling pathway.

Treatment with Dex reduces the propofol-induced neuronal apoptosis in the hippocampus of adult rats

To understand the structural changes associated with the brain function impairment, we evaluated the neuronal apoptosis of the hippocampus in the different groups of rats by TUNEL assays. As shown in Figure 4, in comparison with the NS control rats, young rats injected with intralipid, Dex, TDZD-8, LY294002 or DMSO did not show any increase in the frequency of neuronal apoptosis in the hippocampus as they aged. In contrast, injection with propofol increased the frequency of apoptosis in the hippocampus of rats ($p<0.01$), which was significantly mitigated by pretreatment with Dex

Figure 2 Injection of young rats with Dex and/or propofol did not affect their body weights in adult age.

Notes: Young rats were injected with propofol or Dex either alone or in combination with another drug, and the body weights of different groups of rats were monitored longitudinally. Data are expressed as the mean±SEM of each group at different time points (n=25 per group). P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 μ g/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 μ g/5 μ L LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex.

Abbreviations: Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; SEM, standard error of the mean.

Figure 3 Pretreatment of rats with Dex at young age improved the propofol-induced impairment in spatial learning and memory ability in adult age.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 μ g/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 μ g/5 μ L LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. Young rats were pretreated with Dex or another indicated compound and injected with propofol. At 9 weeks of age, the different groups of rats were trained for 4 days and tested by MWM. The escape latency time and swimming speed of individual rats were recorded. Data are expressed as the mean $\pm$ SEM of each group (n=8) from three separate experiments. (A) The escape latency time. (B) The swimming speed. (C) The escape latency time on the first training day. (D) The escape latency time on the testing day. * $p < 0.05$ versus the NS group; # $p < 0.05$ versus the P group; ^ $p < 0.05$ versus the PD₇₅ group; double symbols mean $p < 0.01$.

Abbreviations: Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; MWM, Morris water maze; SEM, standard error of the mean.

at a dose of 75 μ g/kg, but not at a lower dose. In addition, treatment with TDZD-8, together with Dex and propofol, further reduced the frequency of neuronal apoptosis ($p < 0.01$), while treatment with LY294002, together with Dex and propofol, abrogated the protective effect of Dex and increased the neuronal apoptosis in the hippocampus of adult rats. Hence, treatment with Dex significantly mitigated the propofol-mediated neuronal apoptosis in adult rats, which was positively regulated by the PI3K/Akt signaling pathway.

Treatment with Dex mitigates the propofol-induced neuronal damages in the hippocampus of adult rats

PSD₉₅ is a scaffold protein which is crucial for memory, synaptic plasticity and other physiological functions in

the developing hippocampus.^{29,38} We tested the protective effect of Dex on the propofol-induced hippocampal tissue damages by detecting the levels of PSD₉₅ expression using immunohistochemistry. As shown in Figure 5, in comparison with the NS control group, rats treated with intralipid, Dex, TDZD-8, LY294002 or DMSO did not show any significant change in the levels of PSD₉₅ expression in the hippocampus. In contrast, the levels of PSD₉₅ expression in the hippocampus of rats treated with propofol at young age were significantly reduced, while treatment with Dex and propofol prevented the propofol-decreased PSD₉₅ expression in the hippocampus of rats (Figure 6A and B). While treatment with TDZD-8 enhanced the protective effect of Dex, treatment with LY294002 completely eliminated the protective effect of Dex and further decreased the levels of PSD₉₅ expression in the hippocampus of rats. A similar pattern of

Figure 4 Pretreatment of young rats with Dex decreased the propofol-induced neuroapoptosis in the hippocampus in adult age.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 µg/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 µg/5 µL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. The frequency of apoptotic cells in the hippocampus of individual rats was determined by TUNEL assay using FITC for apoptotic cells and DAPI for nucleus staining. Data are representative images (magnification ×200) or are expressed as the mean±SEM of each group (n=5 per group) from three separate experiments. **p*<0.05 versus NS group; ^*p*<0.05 versus P group; #*p*<0.05 versus PD₇₅ group; double symbols mean *p*<0.01. The red arrow on each merged picture pointed to the neuroapoptosis, and the red box on the lower right corner was its larger image.

Abbreviations: DAPI, 4',6-diamidino-2-phenylindole; Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; FITC, fluorescein isothiocyanate; SEM, standard error of the mean; TUNEL, terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling.

PSD₉₅ expression was detected in the hippocampus of the different groups of rats by Western blot assays (Figure 6).

Further TEM observation revealed that there were obvious changes in the hippocampal synaptic ultrastructure, such as a decrease in the thickness of hippocampal PSD,

the synaptic vesicles, vague presynaptic and postsynaptic membranes and obvious synaptic clefts in the hippocampus of rats injected with propofol alone (Figure 7). In contrast, injection with intralipid, Dex, TDZD-8, LY294002 or DMSO did not cause obvious change in rats. Furthermore, injection

Figure 5 (Continued)

Figure 5 Pretreatment of young rats with Dex attenuated the propofol-induced long-term neurotoxicity and increased the levels of PSD₉₅ expression in the hippocampus in adult age.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 µg/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 µg/5 µL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. The levels of PSD₉₅ expression in the hippocampus of individual rats were examined by immunohistochemistry using anti-PSD₉₅, HRP-conjugated secondary antibodies and DAB. Data are representative images (magnification ×200) or are expressed as the mean±SEM of each group (n=5 per group) from three separate experiments. **p*<0.05 versus NS group; #*p*<0.05 versus P group; ^*p*<0.05 versus PD₇₅ group; double symbols mean *p*<0.01.

Abbreviations: DAB, 3,3'-diaminobenzidine tetrahydrochloride; Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; HRP, horseradish peroxidase; SEM, standard error of the mean.

with Dex attenuated the propofol-induced synaptic changes in the hippocampus, and injection with TDZD-8 enhanced the protective effect of Dex. However, injection with LY294002 abrogated the effect of Dex and further increased the synaptic changes in the hippocampus of rats. These results indicated that injection of young rats with propofol induced neuronal damages that remained at adult age and treatment with Dex

prevented the propofol-induced neuronal damages in rats, dependent on the PI3K/Akt signaling pathway.

Dex enhances the PI3K/Akt signaling in the hippocampus of adult rats

Activation of the PI3K/Akt signaling can support the survival of neurons, which is positively regulated by GSK3β

Figure 6 Western blot analysis of the relative levels of PSD₉₅ expression in the hippocampus of rats.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 µg/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 µg/5 µL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. (A) The relative levels of PSD₉₅ expression in the hippocampus of individual rats were determined by Western blot assay. (B) Data are representative images or are expressed as the mean±SEM of each group (n=5 per group) from three separate experiments. **p*<0.05 versus NS group; #*p*<0.05 versus P group; ^*p*<0.05 versus PD₇₅ group; double symbols mean *p*<0.01.

Abbreviations: DMSO, dimethyl sulfoxide; sSEM, standard error of the mean.

Figure 7 (Continued)

Figure 7 The ultrastructure of hippocampal neurons as revealed by TEM.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 μg/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 μg/5 μL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. The right picture of each group is the enlarged view of the red box in the left picture. The yellow arrows indicate the presynaptic membrane and vesicles, and the red arrows indicate the postsynaptic membrane.

Abbreviations: DMSO, dimethyl sulfoxide; TEM, transmission electron microscopy.

phosphorylation. Given that our results indicated the protective effect of Dex on the propofol-induced long-term neurotoxicity was dependent on the PI3K/Akt activation, we finally examined the relative levels of Akt and GSK3β expression and phosphorylation in the hippocampus of the different groups of adult rats by Western blot assays. As shown in Figure 8, there was no significant difference in the relative levels of Akt and GSK3β expression in the hippocampus of the different groups of rats. In comparison with the NS control rats, rats injected with intralipid, Dex, TDZD-8, LY294002 or DMSO did not show any change in the relative levels of Akt and GSK3β phosphorylation in the hippocampus. In contrast, the relative levels of Akt and GSK3β phosphorylation in the hippocampus were significantly reduced in the rats treated with propofol, while treatment with Dex at a higher dose significantly mitigated the propofol-reduced Akt and GSK3β phosphorylation in the hippocampus of rats. Furthermore, while treatment with TDZD-8 further increased the Akt and GSK3β phosphorylation to a level similar to that of the NS group, injection with LY294002 together with Dex and propofol further decreased the relative levels of Akt and GSK3β phosphorylation in the hippocampus of adult rats. Collectively,

these results clearly demonstrated that treatment with Dex mitigated the propofol-induced long-term neurotoxicity in the hippocampus of adult rats by enhancing the PI3K/Akt signaling activation.

Discussion

Our previous studies have demonstrated that propofol induced acute neurotoxicity in young rats and Dex attenuated the propofol-induced neuroapoptosis by enhancing the Akt activation in a dose-dependent manner.^{28,39} In our study, excluding the effect of hypoxia and hypercapnia on the development of brain, the results indicated that propofol injected into young rats induced neurotoxicity, leading to impairment of spatial learning and memory in their adult age. These suggest that the neurotoxicity induced by propofol at young age in rats may remain up to their adult age. Pretreatment with Dex mitigated and prevented the propofol-induced long-term neurotoxicity and improved the spatial learning and memory by increasing the Akt activation in the hippocampus of rats. Our finding might provide new insights into the underlying toxic pathogenesis of propofol and aid in the design of new therapies for prevention of propofol-related neurotoxicity.

Figure 8 Pretreatment of young rats with Dex mitigated the propofol-attenuated Akt activation in the hippocampus of rats.

Notes: P group: i.p. injected with 50 mg/kg propofol, and 40–60 min later, when the righting reflex was recovered, the procedure was repeated one more time; PD₂₅, PD₅₀ and PD₇₅ groups: intraperitoneal injection with 25, 50 and 75 µg/kg Dex, and 30 min later, intervention with propofol; LPD group: intracerebroventricular injection with 25 µg/5 µL LY294002, and 30 min later, intervention with Dex and propofol; TPD group: intraperitoneal injection with 1 mg/kg TDZD-8, and 30 min later, intervention with Dex and propofol. DS₁ and DS₂ groups: intracerebroventricular or intraperitoneal injection with DMSO; F group: intraperitoneal injection with intralipid; L group: intracerebroventricular injection with LY294002; T group: intraperitoneal injection with TDZD-8; Dex group: intraperitoneal injection with Dex. **(A)** The relative levels of Akt and GSK3β expression and phosphorylation in the hippocampus of individual rats were determined by Western blot. **(B)** Data are representative images or are expressed as the mean±SEM of each group (n=5 per group) from three separate experiments. *p<0.05 versus NS group; #p<0.05 versus P group; *p<0.05 versus PD₇₅ group; double symbols mean p<0.01.

Abbreviations: Dex, dexmedetomidine; DMSO, dimethyl sulfoxide; SEM, standard error of the mean.

Previous studies have shown that propofol has an adverse effect on immature neurons in different species and treatment with even a sub-anesthetic dose of propofol induces neuronal apoptosis in the cerebral cortex, caudate and putamen of neonatal rats.^{4-6,40} In our study, we observed that the number of TUNEL-positive neurons in the hippocampus increased in the adult rats that had been treated with propofol at young age. These, together with ultrastructural changes, including decreased levels of PSD₉₅ expression, widening synaptic cleft and hazing postsynaptic membrane as well as impaired spatial learning and memory, indicated that administration of high doses of propofol for a short time period induced long-term neurotoxicity, structural damages and functional impairments, similar to a previous observation with similar doses of propofol administered for a longer period.³¹ Indeed, injection with propofol affects the expression and proteolytic processing of crucial presynaptic and postsynaptic proteins, such as GAP-43 and MAP-2, in the cortex and thalamus of the developing brain in rats, which leads to permanent impairment of neuroplasticity and emotional behaviors.⁴¹ These also support the notion that healthy neurons and their intact synaptic structure are the basis of neurological function.

The mechanisms underlying the propofol-induced neurotoxicity in the developing brain are still unclear.^{42,43} Previous studies have suggested that propofol-induced neuronal toxicity is associated with increased levels of TNF- α in the developing brain and increases intracellular free calcium by activating the GABA_A receptor and subsequent opening of the L-type voltage-gated calcium channels.^{4,44} Our previous studies have shown that induction of hippocampal neuron apoptosis is associated with decrease of the NF- κ B and Bcl-2 expression *in vitro* and inhibition of the PI3K/Akt signaling pathway in the hippocampus of rats.^{28,39} Activation of the PI3K/Akt signaling can promote neuronal survival and synaptic plasticity.⁴⁵ However, we observed that the long-term neurotoxicity of propofol was related to decrease of the levels of Akt phosphorylation and worsened by injection with a PI3K/Akt inhibitor, similar to a previous observation.⁴⁶ It is known that all animals undergo physiological neuronal remodeling during which many neurons undergo spontaneous apoptosis. It is possible that in such a condition the neurons are especially sensitive to propofol. We will further investigate how propofol induces the long-term neurotoxicity and functional impairment after drug clearance in future.

PSD₉₅ is a cytoskeletal protein and regulates the learning, memory and synaptic plasticity.²⁹ In our study, we observed that exposure of young rats to propofol significantly decreased the levels of PSD₉₅ and induced the synaptic ultrastructural damages in their hippocampus as they aged. It is important

that PSD₉₅ binds to the NMDA receptors to control bidirectional synaptic plasticity and learning.⁴⁷ The decreased levels of PSD₉₅ and the structural damages may be associated with the impairment of spatial learning and memory functions. Although the mechanisms underlying the action of propofol in downregulating PSD₉₅ expression are unclear, they may be associated with that propofol induced neuronal apoptosis and inhibited the synapse formation.³¹ It is known that activation of NMDA receptor can promote calcium influx and activate the CaMK-II and F-actin to induce the phosphorylation and structural reorganization of PSD.^{45,48,49} Hence, PSD₉₅ is an excellent biomarker for measuring the integrity of postsynaptic membrane in animals.

A previous study has shown that Dex supports neurogenesis and plasticity.⁵⁰ Our results showed that Dex modulated the neuronal remodeling by increasing the thickness of hippocampal PSD and decreasing the synaptic cleft. Moreover, pretreatment of young rats with a higher dose of Dex significantly attenuated the propofol-induced neuronal apoptosis and decreased PSD₉₅ expression and structural damages as well as learning and memory impairment in their adult age, which was enhanced by co-injection with TDZD-8, but abrogated by injection with LY294002. More importantly, treatment with Dex before the intervention of propofol significantly increased the relative levels of Akt and GSK3 β phosphorylation in the hippocampus of adult rats. These results demonstrated that treatment with Dex mitigated the propofol-induced long-term neurotoxicity in adult rats, dependent on the activation of PI3K/Akt signaling pathway in the hippocampus. Our findings support the notion that activation of the PI3K/Akt signaling pathway can promote neuronal survival and synaptic plasticity.⁴⁵ The protective effect of Dex may be attributed to its promotion of neurogenesis and plasticity as well as neuronal survival by preserving the neurons from propofol-induced apoptosis.⁵⁰ Alternatively, Dex may promote the restoration from the neuronal injury following exposure to propofol and/or modulate the propofol-mediated neuronal remodeling in young rats. Therefore, our findings may aid in the design of new therapies for intervention and prevention of propofol-induced neuronal toxicity.

There are some limitations in the current study that need to be clarified. We did not separate the pups in the treatment groups from the pups in the control groups, for we worried that mother rats would abandon and hurt the adopted pups. The treatment drug might be released into the urine or feces from the treated rats which might affect the control rats in the same cage. Though the metabolites of propofol and Dex are thought to be inactive,⁵¹ the impact on the result was unclear. In this study, chloral hydrate was used in the rats'

sacrifice, for it did not have such effects that the volatile anesthetics and ketamine might affect apoptosis and the expression levels of proteins of the hippocampus of rats.^{52–55} In addition, the rats were sacrificed immediately after anesthesia without any recovery procedures. It was consistent with the animal ethical guidelines of the UK.⁵⁶ In this study, though we had examined the exterior of the rats, the vision of rats was hard to measure, and it might have interfered with the results of the MWM test. The design of this study did not take account of the time gradient which needs further research. Despite these above limitations, the results of our study are still reliable and also support our conclusions.

Conclusion

In summary, our results indicated that injection of young rats with propofol induced neurotoxicity of the hippocampal neurons when the rats reached adulthood, demonstrating the long-term neurotoxicity to the developing brains. Pretreatment with Dex significantly mitigated the long-term neuronal damages by enhancing the PI3K/Akt activation in the hippocampus of adult rats. Our findings may provide new insights into the toxicity of propofol and aid in the design of new therapies for intervention and prevention of propofol-related neuronal damages and may be of value in clinical anesthesia management. However, our results still need further confirmation.

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Disclosure

The authors report no conflicts of interest in this work.

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