Clinical features related to xeroderma pigmentosum in a Brazilian patient diagnosed at advanced age

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Abstract: Xeroderma pigmentosum is a rare autosomal recessive genetic disease characterized by extreme sensitivity due to solar radiation and deficiency in excision repair DNA. Those factors promote a set of skin abnormalities such as keratosis, hyperpigmentation, tumors in areas exposed to sunlight, and ocular and, eventually, neurological disorders. In the present review, we summarize the main clinical features related to a case of xeroderma pigmentosum in a man who was not diagnosed until he was 45 years old.

Keywords: xeroderma pigmentosum, DNA repair-deficiency disorders, ultraviolet rays

Introduction
Xeroderma pigmentosum (XP) is a rare autosomal recessive genetic disease, characterized by deficiency in DNA repair mechanism through the nucleotide excision repair (NER) pathway, which leads to sensitivity to ultraviolet (UV) radiation, thereby promoting the appearance of cutaneous tumors, such as squamous cell carcinoma (SCC), basal cell carcinoma (BCC), and cutaneous melanoma (CM).¹–³ Approximately 25% of affected individuals have neurologic manifestations like microcephaly, diminished or absent deep tendon stretch reflexes, progressive sensorineural hearing loss, and progressive cognitive impairment.⁴ The most common cause of death in XP patients is skin cancer, most frequently due to metastatic melanoma or invasive SCC.⁵ XP patients who smoke have an increased risk of lung cancer compared to the general population, among other cancers, as cigarette smoke components have mutagenic effects similar to UV radiation.⁶ Skin cancers can also occur in unusual sites that get less UV radiation exposure, including the tongue.⁷ Studies also suggest that XP patients under age 20 years have increased risk for cancers of the brain and those at other central nervous system locations.⁸–⁹

NER is a very important DNA repair pathway as it deals with a wide range of structurally unrelated DNA lesions and adducts. The XP genes (XPA, ERCC3 [XPB], XPC, ERCC2 [XPD], DDB2 [XPE], ERCC4 [XPF], and ERCC5 [XPG]) encode proteins that operate in NER pathway and participate in recognition, demarcation, and removal of DNA damage.¹⁰ In addition, XP is associated with pathogenic variants in the DNA bypass polymerase POLH (XPV).¹¹ XP patients harbor mutations in at least 1 of the above genes.¹¹

The incidence of skin cancer is 1,000 times higher in XP patients, and life expectancy is about 30 years. Actually, the median age at death in persons with XP with neurodegeneration (29 years) was found to be lower than that in XP patients without
neurodegeneration (37 years).12 Symptoms may begin at 8 years of age when the first lesion may appear.5

This case report comprises an XP patient seen at the Clinical Oncology Service of General Hospital of University of Campinas between 1993 and 2010.

Case report

The study was conducted for educational purposes and according to the Declaration of Helsinki, and it was approved by the Human Ethics Committee of the São Francisco University, Bragança Paulista, SP, Brazil, under protocol no. 49150215.8.0000.5514.

SLJF, a 45 year old, male, Caucasoid, farmer, smoker for 20 years/1 pack a day, sought the oncology department due to an injury in the lower left eyelid accompanied by local pain. During his familial history investigation, the patient reported a sister, 2 brothers, and a cousin with skin cancer (Figure 1); however, no details were observed in his records. He also mentioned having several tumors in his face since 13 years old, which were surgically removed, irregular use of sunscreen, and daily long period sun exposure. During clinical investigation, hyperchromic and hypochromic spots and many hyperkeratotic papules in sun exposed areas (arms and face) were observed. Therefore, no genetic and histological analysis was performed. We show here, for educational purposes, the SCC and BCC (Figure 2) tumors that were found in the face and wrist of a comparable XP patient. Etretinateretinoid chemopreventive (Tigason®; Hoffmann-La Roche, Basel, Switzerland) was prescribed, which was further replaced by acitretin (Neotigason®; Hoffmann-La Roche), and the mandatory use of sunscreen. The patient was monitored monthly, and at 49 years developed CM in the face. At 50 years, he developed periorbital SCC with the left orbital wall invasion, leading to eye desiccation. At 53 years, new BCC and SCC located in same areas that were previously affected were observed. At 62 years, an inoperable recurrence of CM (Figure 3) was observed. The patient had received Taxol as chemotherapy treatment, but he died after 7 cycles.

Discussion

The peculiarity of XP is the early onset and is related to severity of lesions, which begin around the age of 2–8 years.5,13 This is justified by alteration in DNA repair capacity after sun exposure, which depending on XP type is reduced to 7.5% or less, compared to 100% in the control group.13 Although

Figure 1 Family heredogram showing the patient’s affected family members.

Notes: The patient with XP is represented by the striped square. The XP patient reported a sister (full circle), 2 brothers (solid squares), and a cousin (not shown) with skin cancer.

Abbreviation: XP, xeroderma pigmentosum.
our patient had delayed diagnosis of XP, he had an above average survival, probably due to follow-up after diagnosis.

Genetic testing for XP gene mutations and family counseling could help in early diagnostics and aid in assisting family members. Furthermore, the genotypic variety of XP determines the various clinical manifestations observed in the disease.

There is a complex relationship between the clinical diseases and the molecular defects in NER. Patients with one of several clinical diseases may have inherited a defect in one of several different NER genes. Since the NER pathway functions in sequence, a defect in one part of the pathway impairs the function of the subsequent steps. Many of the XP A, XP B, XP D, and XP G individuals exhibit a severe NER deficiency, whereas individuals with XP V variant show the least aggressive disease, have better prognosis, and enjoy higher life expectancy. Also, it appears that individuals who only have a partial NER defect, like XP F and XP C patients, tend not to develop neurologic symptoms at all or develop them later in life as compared with patients with more severe NER defects. Our patient did not develop neurologic symptoms and presented ocular issues later in life. Neurological degeneration is observed in 20%–30% of homozygous patients with mutation in XP A or XP D. Molecular analyses were not performed in our case, but the diagnosis could be established on a clinical basis.

The public unified health system serves the majority of the Brazilian population. The unified public health system was created by the Brazilian Federal Constitution in 1988, and it is administrated by the Ministry of Health, with subsystems in each Brazilian State and city. However, only in 2014 did the Ministry of Health issue guidelines for complete assistance to be given to individuals with rare disorders. Hopefully with these national actions, the scenario presented here might improve and molecular analyses could be performed to help diagnose XP as early as possible.

**Consent statement**

The authors have tried, unsuccessfully, to obtain written informed consent for publication of this case from the patient's next of kin. The case has been sufficiently anonymized so as not to cause harm to the patient or their family.

**Disclosure**

The authors report no conflicts of interest in this work.

**References**