Dual-layer aligned-random nanofibrous scaffolds for improving gradient microstructure of tendon-to-bone healing in a rabbit extra-articular model

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Background: Tendon/ligament injuries are common sports injuries. Clinically, the repair of a ruptured tendon or ligament to its bony insertion is needed, but the enthesis structure is not well reestablished following surgical repair. Herein, we fabricated dual-layer aligned-random scaffold (ARS) by electrospinning and aimed to investigate the effect of the scaffold on tendon-to-bone healing in vivo.

Materials and methods: The random and dual-layer aligned-random silk fibroin poly(1-lactic acid-co-e-caprolactone) (P(LLA-CL)) nanofibrous scaffolds were successfully fabricated by electrospinning methods. Ninety New Zealand white rabbits were randomly divided into three groups (random scaffold [RS], ARS, and control groups), and they were subjected to surgery to establish an extra-articular tendon-to-bone healing model with autologous Achilles tendon.

Results: Histological assessment showed that the ARS significantly increased the area of metachromasia, decreased the interface width, and improved collagen maturation and organization at the tendon–bone interface compared with the RS and control groups. Microcomputed tomography analysis showed that the bone tunnel area of RS and ARS groups was significantly smaller than those of the control group. Real-time polymerase chain reaction showed that BMP-2 and osteopontin expression levels of the tissue at the interface between the bone and graft in the RS and ARS groups were higher than those of the control group at 6 weeks. Collagen I expression level of the ARS group was significantly higher than those of the RS and control groups at 6 and 12 weeks. Moreover, the ARS groups had a better ultimate load-to-failure and stiffness than the RS and control groups.

Conclusion: ARS could effectively augment the tendon-to-bone integration and improve gradient microstructure in a rabbit extra-articular model by inducing the new bone formation, increasing the area of fibrocartilage, and improving collagen organization and maturation. The dual-layer aligned-random silk fibroin/P(LLA-CL) nanofibrous scaffold is proved to be a promising biomaterial for tendon-to-bone healing.

Keywords: tendon-to-bone healing, electrospinning, aligned, random, dual-layer

Introduction

Tendon/ligament injuries are common, mostly occurring during physical activity.1 Tendon grafts such as semitendinosus, gracilis, tibialis, and peroneous longus tendons were frequently used to reconstruct the ruptured tissues.2 Although reconstruction surgery has become increasingly popular for years, the outcomes are not always satisfactory due to the poor healing capacity of the transplanted tendons with the host tissues, especially for cases requiring enthesis regeneration.3 Histologically, enthesis is characterized by a transitional series of tissues including tendon/ligament, fibrocartilage,
calcified fibrocartilage, and bone. This distinct structure is essential for minimizing stress concentrations between the connective tissue and bone, for its gradients in mechanical properties as a natural functionally graded structure.

Due to the functional significance of the enthesis, there has been a growing interest in tendon/ligament-to-bone healing. Many efforts have been made to biomimetic the structure through interfacial tissue engineering. However, it is difficult to establish effective interface healing because of the complexity of the transition between soft and hard tissues. Several studies have reported that indirect connection, mostly consisting of Sharpey’s-like fibers, was observed in the healing process of different tendon–bone models. Nevertheless, this indirect connection with poorly organized fibers between the tendon and the bone was far from the native structure and had insufficient pullout strength. As a result, the inferior mechanical and biochemical properties of the repaired tissue could increase the risk of re-injury and continued disability.

Nanofibrous scaffolds fabricated by electrospinning techniques have become increasingly popular in the field of interfacial tissue engineering in recent years. The nanofibrous scaffolds are characterized by their good biocompatibility, high aspect ratios, and high porosity with small pore sizes. Moreover, the morphology features of the scaffolds play an important role in cellular activity, including attachment, proliferation, and differentiation. Yin et al investigated the effects of nanotopography of electrospun scaffolds on the differentiation of human tendon stem/progenitor cells (hTSPCs) and demonstrated that the aligned scaffolds could induce the tenogenic differentiation of hTSPCs, while the random scaffolds could induce the osteogenic differentiation of hTSPCs in vitro. Zhang et al investigated the effects of nanotopography of electrospun scaffolds on the differentiation of hTSPCs in vitro. Raw silk was degummed three times with 0.5 wt% Na₂CO₃ solution (Sigma-Aldrich Co., St Louis, MO, USA) at 100°C for 0.5 h each time and then washed with sterilized distilled water three times. Degummed silk was dissolved in a ternary solvent system of CaCl₂/H₂O/ethanol solution (mole ratio 1/8/2) for 1 h at 70°C. After dialysis through cellulose tubular membrane (250-7μ; Sigma) in distilled water for 3 days at room temperature, the SF solution was filtered and lyophilized to obtain regenerated SF sponges.

Preparation of SF/P(LLL-CL) nanofibrous scaffolds

The SF/P(LLL-CL) electrospinning solution with a concentration of 10 wt% was prepared by mixing SF and P(LLL-CL) (w/w [%] = 25:75) in HFIP and by stirring at room temperature for 5 h. The SF/P(LLL-CL) solution was fed into plastic syringe, and then the syringe was loaded in
a syringe pump (789100C; Cole-Pamer, USA) and operated at a rate of 1.2 mL/h. A high-voltage power supply of 10 kV (DW-P403-1AC-5; Dongwen Co. Ltd, China) was used. The distance between the collector and needle was 10–15 cm. The RS was fabricated. To obtain ARS, a rotating drum collector at a rate of 3,000 rpm was subsequently applied to form the aligned nanofibers on the random nanofibers. Eventually, the RS and ARS were crosslinked via alcohol vapor and placed in vacuum to remove the residual solvent.

**Structural morphology of the scaffolds**

The morphology of the scaffolds was observed by scanning electron microscopy (JSM-5600; Japan) at an accelerating voltage of 15 kV. The mean fiber diameters were measured using ImageJ Software (National Institutes of Health, USA).

**Animal model**

The animal study was approved by the Animal Research Committee of Shanghai Jiaotong University Animal Science Department. All procedures were performed following the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health and the Animal Welfare Act. Ninety New Zealand white rabbits (weight, 2.8–3.2 kg; age, 6–8 months; 30 rabbits in each group) underwent surgery to establish an extra-articular tendon-to-bone healing model with autologous Achilles tendon (Figure 1). The rabbits were anesthetized by intramuscular injection of 0.8 mL of xylazine hydrochloride and 0.8 mL of diazepam. After skin preparation, the rabbits were put supine on the operating table. An incision was made along the Achilles tendon of one hindlimb. Achilles tendon with a partial thickness of 2 cm was harvested as a graft. A bone tunnel was made in the proximal tibia of the other hindlimb at the longitudinal axis of the tibia by a 2.5-mm-diameter Kirschner wire. In the experimental group, the Achilles tendon wrapped with ARS or RS was passed through the bone tunnel, while in the control group, the unwrapped Achilles tendon was transplanted directly. Both ends of the implanted Achilles tendon were sutured to the adjacent soft tissue while the lateral end was left about 0.5 cm for future biomechanical testing. The wounds were closed layer by layer. The animals were returned to cages without immobility and they were intramuscularly injected with penicillin at a concentration of 100,000 U/kg for consecutive 3 days after surgery. The rabbits were sacrificed at 6 and 12 weeks and the graft-tibia complex (GTC) samples were harvested for the following tests.

![Figure 1 Animal surgery procedure.](image)

**Notes:** (A) Partial-thickness Achilles tendon of one hindlimb was harvested. (B) The bone tunnel was made in the proximal tibia of the other hindlimb. (C, D) The Achilles tendon graft was passed through the bone tunnel.
Histological assessment
The GTC samples were fixed in 10% formalin, decalcified, and embedded in paraffin. Five-micrometer-thick sections were cut parallel to the long axis of the tendon and stained with hematoxylin and eosin (H&E), toluidine blue (TB), and Picrosirius red. The slides were blindly and independently evaluated by two investigators.

Metachromasia
Metachromasia is a characteristic change in the color of staining carried out in biological tissues. For example, TB becomes dark blue when bound to cartilage tissues, which is considered as metachromasia. The total area of metachromasia for each sample was measured using ImageJ Software.

Interface width analysis and morphological grading
Interface width analysis and morphological grading were performed by two investigators. Briefly, three sections of each specimen were chosen and the interface width was measured as the distance between the edge of the bone tunnel and the outer tendon determined under 200× magnification. Four separate measurements were made in each section. The interface width for each specimen was determined by averaging the values obtained from each specimen. Besides, the interface tissue at the tendon–bone interface was morphologically graded according to Yamakado’s classification, and these grades included separation between the bone and tendon, interface without collagen fiber continuity, collagen fiber continuity, and direct type of insertion. Each group had seven specimens at each time point. If two types of interface tissues were found in the same section, then the specimen was assigned to the higher grade.

Collagen density and organization
Picrosirius red staining was used for the assessment of collagen density and organization. All sections of samples at 12 weeks were analyzed under linear polarized light at 200× magnification. Thick mature, tightly packed, and better-aligned collagen fibers were reddish-yellow, whereas thin immature fibers were green. The areas of the two types of collagens were calculated as the average densities using the reddish-yellow fiber area/total tendon area and green fiber area/total tendon area ratios. Meanwhile, the orientation of the collagen fibers was also recorded.

Microcomputed tomography (micro-CT) analysis
At 12 weeks after surgery, the GTC samples (n = 5 in each group) were scanned perpendicular to the long-bone axis covering the entry and exit of the bone tunnel at a spatial resolution of 35 μm (1 mm aluminum filter, 65 KV, 380 μA) via Skyscan 1176 micro-CT imaging system (Bruker, Kontich, Belgium). The bone tunnel areas were measured by ImageJ Software. To quantify the amount of newly formed mineralized tissue over time, a 3.5 mm circular region of interest inside the tendon–bone tunnel was chosen and the reconstructed 3D datasets were analyzed to obtain the trabecular bone volume fraction of the total tissue volume of interest (BV/TV) value.

Biomechanical analysis
Immediately after sacrifice, the GTC samples (n = 5 in each group at each time point) were harvested and prepared for mechanical testing according to a previously reported procedure. The peripheral tissues, except for the tendon graft, were carefully removed from the GTC. The biomechanical testing was performed using an electronic universal materials testing system machine (AGS-X; Shimadzu, Kyoto, Japan). The tibia was firmly fixed and the lateral end of the graft outside the bone tunnel was sutured with an Ethibond W4843 suture for traction. Before the biomechanical testing, the specimen was preloaded with a static preload of 1 N for 5 min. The ultimate failure load was carried out with an elongation rate of 2 mm/min. The load-deformation curve was recorded, from which the ultimate failure load and the stiffness were measured. For each sample, the test was completed when the graft was ruptured or pulled out of the bone tunnel.

Real-time polymerase chain reaction (RT-PCR)
The GTC samples (n = 3 in each group at each time point) were harvested after sacrifice and snap-frozen in liquid nitrogen and subsequently stored at −80°C. Total RNA from interfacial samples between graft and host bone tunnel was extracted using Trizol reagent (10296010; Invitrogen, Carlsbad, CA, USA) based on the manufacturer’s instructions. The cDNA was generated using reverse-transcriptase M-MLV (D2640A; Takara Bio, Inc., Otsu, Japan) according to the manufacturer’s protocol. Quantitative PCR was carried out with SYBR Premix Ex Taq (DRR041A; Takara, Beijing, China), detected by a real-time PCR system (TP800; Takara, Kyoto, Japan). Values were expressed as relative expression with respect to the endogenous control, β-actin. The following primers were used for RT-PCR: β-actin, BMP-2, osteopontin (OPN), collagen I (COL I) and collagen III (COL III). Primer sequences were designed by the Primer 3 software.
Statistical analysis
Data were expressed as mean ± SD. The analysis of variance (ANOVA) and Tukey’s multiple comparisons were used to determine significant differences among three groups using Graphpad Prism 7.0 statistical software. $P<0.05$ was considered to be statistically significant.

Results
Characterization of the dual-layer ARS
The cross-sectional and surface fibrous morphologies of the ARS are shown in Figure 2. The average diameters of the aligned layer and the random layer were 445 ± 180 nm and 486 ± 142 nm, respectively.

Histological assessment
Metachromasia
TB staining showed that the area of glycosaminoglycan staining at the interface between the tendon and bone was not significantly different among the three groups at 6 weeks (20,049 ± 2,696 μm² [ARS], 19,418 ± 2,369 μm² [RS], and 15,488 ± 4,236 μm² [control]) (Figure 3A and B). At 12 weeks, the total metachromasia area of the ARS group was significantly higher than those of the RS and control groups (61,021 ± 4,515 μm² [ARS], 42,184 ± 4,983 μm² [RS], and 33,230 ± 2,754 μm² [control]). Besides, significant differences were also detected between the RS and the control groups.

Interface width analysis and morphological grading
H&E staining demonstrated that there was no significant difference in terms of the interface width among the three groups at 6 weeks (Figure 3C and D) (89.8 ± 19.5 μm [ARS], 91.5 ± 20.2 μm [RS], and 93.7 ± 17.3 μm [control]). The interface width of the ARS and RS groups was much smaller than that of the control group at 12 weeks (23.2 ± 5.6 μm [ARS], 42.7 ± 8.7 μm [RS], and 83.4 ± 11.8 μm [control]). Still, no significant difference in the interface width between the ARS and RS groups was observed. Moreover, the morphological grading results for the interface tissue are shown in Table 1. Direct type of insertion could be only seen in the ARS group at 12 weeks.

Collagen type and organization
At 12 weeks, the collagen orientation of the RS and control group was not well organized (Figure 4). However, the ARS group exhibited oriented collagen fibers, the angular deviation of fibers was fairly uniform across the insertion, and the fibers

Figure 2 SEM observations of the dual-layer aligned-random nanofibrous scaffold.
Notes: (A) Cross-section of the scaffold; (B) upper layer of aligned fibers; and (C) lower layer of random fibers.
Abbreviation: SEM, scanning electron microscopy.
were anchoring closely to the bone. The reddish-yellow fiber area/total tendon area ratio of ARS group was significantly higher than those of the RS and control groups (50.6% ± 1.7% [ARS], 8.9% ± 0.9% [RS], and 7.4% ± 1.1% [control]), while the green fiber area/total tendon area ratio was significantly lower than those of the RS and control groups (5.3% ± 0.7% [ARS], 48.2% ± 4.1% [RS], and 53.3% ± 3.7% [control]).

Micro-CT analysis

New bone formation was observed at the interface between the tendon and tibial bone tunnel in all the three groups at 12 weeks (Figure 5). The RS and ARS groups showed higher new bone formation compared with the control group. The BT/TV value of the RS and ARS groups was significantly higher than that of the control group at 12 weeks (9.0% ± 0.9% [ARS], 9.2% ± 0.7% [RS], and 5.2% ± 1.4% [control]). The BT/TV value between the RS and ARS groups was not significantly different. Accordingly, the average bone tunnel area of the RS and ARS groups was significantly smaller than that of the control group (3.8 ± 0.3 mm² [ARS], 3.8 ± 0.3 mm² [RS], and 4.7 ± 0.5 mm² [control]). However, there was no significant difference between RS and ARS groups.

Biomechanical testing

All grafts were pulled out from the bone and no graft rupture occurred. The ultimate failure load and stiffness increased in all the three groups from 6 to 12 weeks after surgery (Figure 6). At 6 weeks, the ultimate failure load of the ARS and the RS groups was higher than that of the control group, respectively (43.9 ± 7.5 N [ARS], 41.4 ± 5.7 N [RS], and 25.3 ± 5.9 N [control]). However, significant difference was not detected between the ARS and the RS groups until

<table>
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<th>Table 1 Yamakado interface morphological grade</th>
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<td>6 weeks (n = 7)</td>
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<td>Control</td>
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<td>Direct type of insertion</td>
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Abbreviations: RS, random scaffold; ARS, aligned-random scaffold.
at 12 weeks (83.2 ± 12.4 N [ARS], 66.2 ± 6.6 N [RS], and 50.6 ± 3.5 N [control]). Similarly, the stiffness of the ARS and the RS groups was significantly higher than that of the control group at 6 weeks (9.9 ± 1.9 N/mm [ARS], 9.3 ± 1.4 N/mm [RS], and 5.8 ± 1.3 N/mm [control]). At 12 weeks, there was significantly higher stiffness in the ARS group than in the RS group (21.5 ± 3.5 N/mm [ARS], 15.6 ± 1.6 N/mm [RS], and 10.0 ± 1.1 N/mm [control]).

**RT-PCR**

At 6 weeks, BMP-2 and OPN expression levels of the RS and ARS groups were higher than those of the control group,
respectively (Figure 7). However, difference was not detected between the two groups. At 12 weeks, BMP-2 and OPN expression levels showed no significant difference among the three groups. Moreover, collagen I expression level of the ARS group was significantly higher than those of the RS and control groups at 6 and 12 weeks, respectively. Collagen III expression level of the ARS group was significantly lower than those of the RS and control groups at 6 and 12 weeks, respectively. However, neither collagen I nor collagen III expression levels showed significant difference between the RS and control groups.

Discussion

According to the previous studies, SF has good biocompatibility and potential osteogenic induction.\textsuperscript{29} It is demonstrated that the random SF nanofibrous scaffold could accelerate MC3T3-E1 cells proliferation and osteogenic differentiation in vitro and promote new bone formation in vivo as well.\textsuperscript{30,31} Moreover, Vaquette et al\textsuperscript{32} found that bone marrow mesenchymal stem cells could spontaneously orientate along the microfibers and produce collagen I and III on the aligned P(LLA-CL) mat, making the seeded scaffolds similar to ligaments in morphology. However, the effect of SF/P(LLA-CL) materials on tendon-to-bone healing remains unclear. In this study, we fabricated SF-blended P(LLA-CL) nanofibrous scaffolds and investigated their effect on tendon-to-bone healing.

The micro-CT images showed that new bone formation was observed at the interface in the RS and ARS groups. The BV/TV value of the RS and ARS groups was also higher.
than that of the control group. This was consistent with the histological result that the interface width of the RS and ARS groups was smaller than that of the control group. More new bone formation at the tendon–bone interface indicated lower interface width.\textsuperscript{11} Moreover, RT-PCR showed that the expression levels of BMP-2 and OPN, the important osteogenic markers, were higher in the RS and ARS groups than those in the control group at 6 weeks. BMP-2 was found at the interface between the tendon and bone throughout the 12-week study period in a rabbit model and was found to be associated with bone and cartilage formation.\textsuperscript{33,34} Moreover, it was reported that BMP-2 could act via the Ras-mitogen-activated protein kinase signaling pathway, which ultimately leads to OPN, alkaline phosphatase, and osteocalcin expression in the osteoblasts.\textsuperscript{35} Our results indicated that there was stronger induction of bone formation in the RS and ARS groups, which is favorable for the enthesis formation. We speculated that two factors were associated with the bone formation. On the one hand, SF was regarded as a favorable scaffold material for bone formation due to its ability to support the differentiation of mesenchymal stem cells along the osteogenic lineage via different pathways.\textsuperscript{29,36} On the other hand, the random nanotopography of the scaffold could induce stem cells to differentiate into osteogenic lineage.\textsuperscript{20,37} Wang et al\textsuperscript{38} applied the random SF/P(LLA-CL) nanofibrous scaffold to bone tissue engineering and found

**Figure 6** Biomechanical testing for tendon-to-bone healing of the control group, the RS group, and the ARS group at 6 and 12 weeks after surgery.

Notes: (A, B) Digital camera image of biomechanical test experiment of implanted graft. Red arrow points to the graft. (C) Comparison of the maximal failure load among the three groups. (D) Comparison of the stiffness among the three groups. The ARS group showed best biomechanical property at 6 and 12 weeks after surgery. *P<0.05 vs control, #P<0.05 vs RS group.

Abbreviations: RS, random scaffold; ARS, aligned-random scaffold.
that the scaffold could facilitate human adipose-derived stem cells (hASCs) osteogenic differentiation and promote new bone formation in a calvarial defect model of rats. This study also illustrated the osteogenesis ability of the random SF/P(LLA-CL) scaffold.

Moreover, based on the histological results of our study, the ARS implanted in vivo could effectively improve the histological structure of the tendon-to-bone area after surgery. It is believed that multilayer materials are very suitable for the interfascial tissue engineering, for they can make full use of the properties of different layers and form the grading structure, which are similar to the native enthesis. We applied the dual-layer aligned-random nanofibrous scaffold in order to further improve not only the bone tissue formation but also the alignment of the collagen fiber, thus mimicking the structure of the native four zones including tendon, fibrocartilage, calcified fibrocartilage, and bone, for the tendon-to-bone healing. Generally, the collagen fibers between the tendon and bone progressively reorganized and matured during the tendon-to-bone healing process. Orr et al demonstrated that aligned electrospun scaffold could increase the expression of tenomodulin compared to nonaligned scaffolds and exhibited aligned collagen fibrils throughout the full thickness following seeding with hASCs for 28 days in vitro. In the present study, the in vivo experiment also showed that the collagen fibers at the interface between the tendon and bone were oriented in the ARS group at 6 weeks. At 12 weeks, the fibers deviated mildly but were fairly uniform and continuous. This may be caused by the bone-tendon contact stress. Besides, the collagen fibers of the ARS group also showed the highest reddish-yellow fiber area/total tendon area ratio as compared with the other two groups at 12 weeks, which indicated the highest level of maturation among the three groups. The expression levels of collagen I and collagen III indicated the composition of the collagen fibers. The histological finding was in accordance with the RT-PCR results that the collagen I levels in the ARS group were the highest among the three groups. More importantly,
direct type of insertion, consisting of four zones, could be only seen in the ARS group at 12 weeks.

However, re-establishment of the direct attachment at the interface without any biological strategies was not easy. Rodeo et al.30 reported that direct type of tendon-to-bone healing could not be seen in a dog extra-articular model during 26 weeks after surgery. Newsham-West et al.43 investigated the process of tendon–bone healing after patellar tendon re-attachment surgery in a sheep model and found that the interface between the tendon and bone was still hypercellular and no layer of fibrocartilage tissue was observed after 104 weeks. Based on the Yamakado Interface Morphological Grade, direct type of insertion could be only seen in the ARS group at 12 weeks in our study. Moreover, according to the metachromasia analysis, significant differences were detected among the three groups, with the total metachromasia area of the ARS group being the highest. As intense metachromatic staining with TB was considered an indicator of mature fibrocartilage formation,44 we believe that combination of aligned and random morphology of the scaffold could facilitate the organization and maturation of collagen fibers as well as the fibrocartilage chondroid formation at the interface.

Actually, the final purpose of satisfactory tendon-to-bone healing is to enhance the biomechanical property of the tendon in the bone tunnel. In our study, the higher ultimate failure load and stiffness of the ARS and the RS groups were attributed to the random morphology of the SF/P(LLA-CL) material in the RS and ARS groups, which could induce and augment bone ingrowth into the interface, thus helping to improve biomechanical property of the tendon–bone tissues. At 12 weeks, there were significantly higher ultimate failure load and stiffness in the ARS group than in the RS group, which was consistent with the histological results. The interface between the bone and the tendon in the ARS group had more mature structure than other groups at 12 weeks. Especially, direct type of insertion was only seen in the ARS group, which could afford effective transfer of mechanical loads between soft tissue and hard tissue and enhance the biomechanical property of the tendon-to-bone structure remarkably.45 Chronologically, the progressive increase in biomechanical property was correlated with the degree of bone ingrowth, mineralization, and maturation of the healing tissue according to the histology.40

This study has two limitations. First, the tendon-to-bone healing model used in this study differs from that used in humans. However, this animal model has been well established in the literatures.72,46 Second, this is a pilot study with a small sample size, and the observation period and evaluation tools are limited. However, the differences are statistically significant among the groups, and the results are encouraging. Our study offers a novel biologic approach to enhance the tendon–bone healing of soft tissue graft with the dual-layer aligned-random SF/P(LLA-CL) nanofibrous scaffold.

**Conclusion**

ARS could effectively augment the tendon-to-bone integration and improve gradient microstructure in a rabbit extra-articular model by inducing new bone formation, increasing the area of fibrocartilage, and improving collagen organization and maturation. This positive effect comes from both the two layers of the scaffold. Therefore, the dual-layer aligned-random SF/P(LLA-CL) nanofibrous scaffold is proved to be a promising biomaterial for tendon-to-bone healing. Intra-articular ligament reconstruction using this material in a big animal is needed for further evaluation.

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**Disclosure**

The authors report no conflicts of interest in this work.

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