

Theoretical overview of clinical and pharmacological aspects of the use of etelcalcetide in diabetic patients undergoing hemodialysis

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Abstract: Etelcalcetide is the first intravenous calcimimetic agent authorized for the treatment of secondary hyperparathyroidism (sHPT) in patients undergoing hemodialysis in Europe, the US, and Japan. The relationship between sHPT and diabetes resides on complex, bidirectional effects and largely unknown homeostatic mechanisms. Although 30% or more patients with end-stage renal disease are diabetics and about the same percentage of those patients suffer from sHPT associated with hemodialysis, no data on the specificities of the use of etelcalcetide in such patients are available yet. Regarding pharmacokinetic interactions, etelcalcetide may compete with oral hypoglycemics recommended for use in patients undergoing hemodialysis and insulins detemir and degludec, causing unexpected hypocalcemia or hypoglycemia. More importantly, hypocalcemia, a common side effect of etelcalcetide, may cause decompensation of preexisting cardiac insufficiency in diabetic patients or worsen dialysis-related hypotension and lead to hypotension-related cardiac events, such as myocardial ischemia. In diabetic patients, hypocalcemia may lead to dangerous ventricular arrhythmias, as both insulin-related hypoglycemia and hemodialysis prolong QT interval. Patients with diabetes, therefore, should be strictly monitored for hypocalcemia and associated effects. Due to an altered parathormone activity in this patient group, plasma calcium should be the preferred indicator of etelcalcetide effects. Until more clinical experience with etelcalcetide is available, the clinicians should be cautious when using this calcimimetic in patients with diabetes.

Keywords: glucose intolerance, renal impairment, calcimimetic, type 2 diabetes, hyperparathyroidism, parathyroid hormone

Introduction

Secondary hyperparathyroidism (sHPT), characterized by elevated levels of parathyroid hormone (PTH) in response to derangements in the homeostasis of calcium, phosphate, and vitamin D, is a common complication of chronic kidney disease (CKD).¹ Hypocalcemia, induced by phosphate retention and reduced calcitriol synthesis, typically occurs when the glomerular filtration rate (GFR) drops $<40 \text{ mL/min/1.73 m}^2$.² This leads to hyperplasia of the parathyroid gland and a compensatory elevation of the circulating PTH.³ Furthermore, CKD patients seem to have end-organ hyporesponsiveness to PTH, also known as PTH resistance, caused by an altered interaction of PTH with its receptor and/or downregulation of the PTH receptor.⁴ sHPT is present in 30%–40% of Stage 3 CKD patients and 50%–80% of Stage 4 CKD patients.⁵ Untreated sHPT eventually leads to renal osteodystrophy, as well as to accelerated vascular calcification and consequent myocardial infarctions, atrioventricular conduction disorders, and abnormalities in valvular function.⁶ Treatment options include the calcimimetic cinacalcet, vitamin D, and phosphate binders.

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According to the 2008 UK renal registry report, diabetic nephropathy is a major cause of an end-stage renal disease affecting 28.9% of new adult patients starting renal replacement therapy, while in the US, diabetic nephropathy accounts for approximately 40% of patients with the end-stage renal disease.^{7,8} An Indian study showed that >60% of type 2 diabetes mellitus (T2DM) patients with Stage 3 and 4 CKD suffer from sHPT, while 28.9% of T2DM patients undergoing outpatient hemodialysis have this disorder.^{9,10} On the other hand, in both healthy and renal failure patients, excess PTH impairs insulin release from pancreatic islets by an impaired glucose-induced calcium signal, additionally worsening glucose homeostasis.¹¹ Therefore, the relationship between sHPT and diabetes is bidirectional, and its clinical repercussions are multifaceted, wide present, and alarming.

Given an already complicated medication regimen for many patients suffering from renal failure associated with diabetes and sHPT and a delicate link between the two diseases, a special attention should be paid to the treatment of diabetic patients with sHPT. In November 2016, the European Medicines Agency (EMA) approved etelcalcetide, the first intravenous calcimimetic agent, for the treatment of sHPT in adult patients with CKD undergoing hemodialysis, while the US Food and Drug Administration (FDA) and the Japanese Pharmaceuticals & Medical Devices Agency (PMDA) did so at the beginning of 2017.¹² Etelcalcetide offers several advantages over cinacalcet, an oral calcimimetic introduced in 2004, such as better treatment adherence due to its administration within patients' hemodialysis sessions. However, clinical particularities of its use in a large population of diabetic patients undergoing hemodialysis and its potential pharmacological interactions with hypoglycemic agents remain largely unexplored. This review aims to identify all characteristics of etelcalcetide that could hold clinical relevance when administered to patients with diabetes. Given the limited amount of data on the use of etelcalcetide in diabetic dialysis patients, the nature of this review is narrative and theoretical, purely reflecting authors' concerns and considerations on this topic that might or not be relevant in the future.

Etelcalcetide: dosing regimen, and pharmacokinetic and pharmacodynamic aspects

Etelcalcetide is an anti-parathyroid agent which reduces PTH secretion through binding and activation of the calcium-sensing receptor (CaR) on the surface of the chief cell of the parathyroid gland.¹³ Etelcalcetide allosterically modulates the

CaR enhancing the activation of the receptor by extracellular calcium and decreasing PTH secretion which consequently leads to reductions in calcium and attenuation of post-dialytic phosphate elevation.¹³ The pharmacokinetics of etelcalcetide is linear, and following intravenous administration three times per week at the end of each hemodialysis session in CKD patients, etelcalcetide plasma levels reach steady state at 4 weeks after the initial dosing. Steady-state plasma levels are 2- to 3-fold higher than the initial ones. The drug is predominately bound to serum albumin (SA), following biotransformation in blood by reversible disulfide exchange with endogenous thiols.¹³ The effective half-life of 3–5 days is observed after intravenous administration three times per week at the end of a hemodialysis session. Hemodialysis eliminates the drug, and no body weight, gender, age, or race-related pharmacokinetic differences have been observed in adult patients studied.¹³

The recommended initial dose is 5 mg administered by bolus injection three times per week. PTH should be measured after 4 weeks from initiation, and the dose titrated to establish an individualized regimen ranging from 2.5 to 15 mg three times per week. In the maintenance phase, PTH should be measured every 1–3 months. Reduction in PTH levels correlates with plasma etelcalcetide concentrations in hemodialysis patients. If PTH is <100 pg/mL, the dose should be temporarily stopped and reinitiated at a lower dose once PTH returns to >150 pg/mL and pre-hemodialysis serum corrected calcium ≥ 8.3 mg/dL.¹³

Clinical efficacy and safety of etelcalcetide have been evaluated in two double-blind, placebo-controlled studies, and one double-blind, cinacalcet-controlled study, including 1,706 sHPT patients undergoing hemodialysis.^{14,15} The primary end point in all studies was the proportion of patients with >30% reduction from baseline in PTH during the efficacy assessment period (defined as weeks 20–27 inclusive). Placebo-controlled studies demonstrated a significant difference in >30% PTH reduction among patients receiving etelcalcetide and those treated with placebo, while the active-controlled study showed non-inferiority to cinacalcet.^{14,15}

Pharmacological considerations

Pharmacokinetic interactions

In vitro studies showed that etelcalcetide is not a substrate for CYP450 enzymes and does not inhibit or induce them.¹⁶ Similarly, in in vitro studies, etelcalcetide was not a substrate of efflux and uptake transporter proteins and did not exhibit a potential to inhibit common transporter proteins.¹⁶ Pharmacokinetic alterations of etelcalcetide potentially

induced by diabetes mellitus, such as an impaired drug absorption (owing to changes in subcutaneous adipose blood flow, muscle blood flow, and gastric emptying), biotransformation (owing to enzyme/transporter regulation involved in this process), and excretion (owing to nephropathy), cannot be expected as the drug is administered intravenously and it is almost completely eliminated by hemodialysis.¹⁷

As already mentioned, etelcalcetide is predominately bound to SA by reversible covalent binding, and therefore, its unbound fraction could be altered by hypoalbuminemia or drugs that compete for the same binding site on the SA molecule. Hypoalbuminemia in patients undergoing hemodialysis is attributed to protein-calorie malnutrition, decreased albumin synthesis, and extracorporeal losses during hemodialysis, making a troublesome liaison with the impaired liver production of albumin during insulin deficiency.^{18,19} In such patients, increased plasma levels of an active fraction of etelcalcetide caused by hypoalbuminemia may cause an unexpected drop in PTH levels and subsequent hypocalcemia. Also, albumin binding of etelcalcetide may be altered by nonenzymatic glycation of plasma proteins, as in the case of sulfonyleureas.^{20–23}

Oral hypoglycemic agents

The 2005 American National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI) guidelines suggest that, in hemodialysis patients, newer insulin regimens and insulin preparations should be used rather than oral agents for glycemic control because of the lack of adequate data concerning the use of oral agents in hemodialysis patients.²⁴ However, some clinicians prefer maintaining their patients on oral hypoglycemics after hemodialysis initiation, especially when they provide satisfying glycemic control.

Preferred oral hypoglycemics in hemodialysis patients have predominantly hepatic metabolism, inactive or weakly active metabolites that are excreted in the urine, and a low risk of hypoglycemia, as the pharmacokinetic properties of many of the available oral hypoglycemic agents are altered by kidney dysfunction.²⁴ Oral antidiabetics recommended for use in patients undergoing hemodialysis are glipizide and repaglinide.²⁵ Both of these drugs may compete with etelcalcetide at the protein-binding level. Glipizide's protein binding exceeds 99%, while repaglinide, the preferred glinide in hemodialysis patients, is bound to albumin over 98%.^{26,27} At the moment, it is not known whether this protein-binding displacement could lead to clinically significant hypoglycemia and/or increased free concentrations of etelcalcetide and consequent hypocalcemia. However, the clinicians must keep

these possibilities in mind when co-administering etelcalcetide with the aforementioned antidiabetic drugs as no interaction studies have been performed with etelcalcetide so far.

Insulin and glucagon-like peptide 1 receptor agonists

As the kidneys primarily excrete exogenous insulin, experts recommend an insulin dose reduction of 50% when estimated GFR is <10 mL/min/1.73 m².²⁸ In many patients, peripheral insulin resistance improves upon the initiation of hemodialysis, and their insulin requirements are additionally reduced.^{29–31} Overall information about drug–drug interactions with insulin is limited, although there are data suggesting a clinically relevant increase (with oral antidiabetic products, pramlintide, angiotensin-converting enzyme inhibitors, fibrates, monoamine oxidase inhibitors, salicylates, etc.) and decrease in the hypoglycemic effect of insulin (with corticosteroids, diuretics, sympathomimetic agents, isoniazid, phenothiazine derivatives, protease inhibitors, atypical antipsychotic medications).^{32–36} The mechanisms responsible for these interactions are largely unknown.

When injected subcutaneously, insulin detemir and degludec extensively bind to albumin which appears to be responsible for low absorption from the subcutaneous depot of these drugs.^{37–39} Due to its high albumin binding, free concentration of etelcalcetide may be affected by its co-administration with these insulins. Liraglutide has been suggested as one of the glucagon-like peptide 1 receptor agonists that do not require dose adjustment in patients on hemodialysis.⁴⁰ However, liraglutide is also the only drug from this group with high protein binding ($>98\%$), and awaiting interaction studies with etelcalcetide, the clinicians should be aware of the potential interaction between these two drugs. The list of hypoglycemic agents that could interact with etelcalcetide at the protein-binding level is provided in Table 1.

Table 1 Hypoglycemic agents with potential to interact with etelcalcetide at the protein-binding level

Drugs	Albumin binding (%)	Possible clinical effect
Oral hypoglycemic agents		Hypocalcemia/hypoglycemia
Glipizide	>99	
Repaglinide	>98	
Insulins		
Detemir	>98	
Degludec	>99	
GLP-1 receptor agonists		
Liraglutide	>98	

Abbreviation: GLP-1, glucagon-like peptide 1.

Pharmacodynamic interactions

Among hypoglycemic agents recommended for use in patients with diabetes undergoing hemodialysis, there are no data that could suggest a potential pharmacodynamic interaction with etelcalcetide at the moment.

Clinical considerations related to the use of etelcalcetide in diabetic patients

Parathormone activity in diabetes

As already mentioned, 60% of T2DM patients with end-stage renal disease and 28.9% of T2DM patients undergoing outpatient hemodialysis suffer from sHPT.¹⁰ The principal reason for this high prevalence is kidney-related hyperphosphatemia and vitamin D deficiency, while hypomagnesemia (owing to poor dietary intake, increased magnesuria, altered insulin metabolism, recurrent metabolic acidosis, metformin- and diabetic neuropathy-related diarrhea, etc.) and hypoalbuminemia (owing to nephrotic syndrome, hemodialysis itself, poor dietary intake) significantly contribute.⁴¹ Despite the high prevalence of sHPT among diabetic patients with end-stage renal disease and patients on hemodialysis, studies which compared parathyroid function in diabetic and nondiabetic patients on hemodialysis found a significantly lower parathyroid activity in the diabetic group. Interestingly, all studies that addressed this topic identified lower parathormone serum levels in diabetic patients than in nondiabetic patients, while there were no significant differences in serum calcium and phosphorus levels between diabetics and nondiabetics.^{42–45} The explanation for these observations is still lacking. The main indicator of etelcalcetide's efficacy is PTH, which should be monitored, according to the manufacturer's recommendation, 4 weeks after the treatment initiation and every 1–3 months in the maintenance phase.¹³

Adynamic bone disease (ABD)

ABD is a variety of renal osteodystrophy characterized by reduced osteoblasts and osteoclasts and markedly low bone turnover without osteoid accumulation.⁴⁶ The absence of cellular activity and osteopenia are typically associated with low plasma PTH levels.⁴⁷ In a bone biopsy study in hemodialysis patients, PTH plasma levels determined by immunoradiometric assay were highly predictive of ABD if <120 pg/mL, while levels >450 pg/mL virtually excluded ABD.⁴⁸ Nonetheless, patients with end-stage renal disease normally have PTH levels higher than those found in healthy population, and low bone formation rates have also been found in uremic patients with PTH levels within or above

the normal range.⁴⁹ Several preclinical studies showed a diminished calcemic response to PTH stimulation, which suggests a resistance to the action of PTH in patients with chronic renal failure, probably due to downregulation of cellular PTH/PTH-related protein receptor.^{49–51} Apart from the resistance to PTH, overtreatment of sHPT is another possible contributor to the ABD development.⁴⁷

As stated in the Summary of Product Characteristics (SPC) of etelcalcetide, if PTH levels decrease below the recommended target range (100 pg/mL), the dose of this drug should be reduced or therapy discontinued.¹³ However, while this recommendation may indeed result in the prevention of ABD in general population, patients with diabetes may require a different approach.

Studies have shown that serum markers of bone turnover, especially the formation markers, such as osteocalcin, are decreased in patients with diabetes.^{52,53} Moreover, bone histomorphometry has demonstrated that remodeling parameters such as bone formation rate and mineralizing surface are significantly lower in T2DM patients than controls indicating a low turnover state.^{54,55} When compared with their matched nondiabetic counterparts, patients with diabetes undergoing hemodialysis had significantly lower plasma PTH levels, mineralized bone area, osteoblastic osteoid, and bone formation rate.⁵⁶ This is thought to be owing to higher levels of circulating sclerostin, an osteocyte product that negatively regulates bone formation, and the accumulation of advanced glycation end products that weaken the bone matrix.^{57–60} This suggests that the reduction or discontinuation of etelcalcetide in diabetic patients may be required at plasma PTH levels higher than those recommended by the manufacturer to prevent the ABD development. While awaiting studies addressing this important issue, instead of relying on plasma PTH levels for the prevention of ABD in diabetic patients undergoing hemodialysis, the clinicians should use histomorphometric parameters to get an overview upon bone metabolism.

Decreased myocardial performance and congestive heart failure

Several studies suggest that DM has direct adverse effects on the heart, independent of obstructive coronary artery disease, such as an increased left ventricle (LV) mass and wall thicknesses, reduced LV systolic chamber and myocardial function, and increased arterial stiffness.^{61–63} On the other hand, hypocalcemia, a common side effect of etelcalcetide, is a known cause of a reversible heart failure as an intracellular increase of calcium ions plays a crucial role in the initiation

of cross-bridging between actin and myosin and the consequent contraction of cardiomyocytes.^{64–66} Hypocalcemia-induced decompensation of a preexisting cardiac insufficiency in diabetic patients has been described in the literature.⁶⁷ No specific characteristics of etelcalcetide use in diabetic patients have been reported so far, and although the SPC of etelcalcetide states that “serum calcium levels should be monitored in patients with a history of congestive heart failure while being treated with etelcalcetide”, there are no specific directives regarding patients with diabetes, stages of heart failure, or associated conditions, such as coronary disease.¹³ Therefore, in the presence of coexisting factors leading to heart failure, such as diabetes, the clinicians must strictly monitor serum calcium when using etelcalcetide and never overlook etelcalcetide-induced hypocalcemia as a possible trigger of cardiac events.

Hypotension

In clinical studies that evaluated efficacy and safety of etelcalcetide, hypotension was identified as a common side effect of this drug.^{14,15} The SPC of etelcalcetide states that “hypotension may be associated with significant reductions in serum calcium levels”, but the performed studies did not address the correlation between hypocalcemia and hypotension.¹³ Therefore, a direct hypotensive effect of etelcalcetide cannot be excluded. Etelcalcetide-induced hypocalcemia has an essential significance for patients undergoing hemodialysis, especially those with coexisting cardiovascular disturbances, such as the case with diabetic patients. Hemodialysis hypotension, episodic (defined as a sudden drop of systolic blood pressure <90 mmHg or of at least 20 mmHg with accompanying clinical symptoms) or chronic (persistent hypotension in which interdialytic systolic blood pressure is maintained at <90–100 mmHg), is caused by several factors such as aggressive reduction of circulating blood volume owing to ultrafiltration, rapid decrease in extracellular osmolality associated with sodium removal, and coexisting imbalance between ultrafiltration and plasma refilling.^{68,69} Acute intradialytic hypotonia reduces coronary blood flow and may lead to heart failure, cardiac arrhythmia, or even cardiac arrest, while recurrent or chronic hypotension can damage other vital organs such as the brain and gastrointestinal tract.⁷⁰ Patients with diabetes are particularly prone to hemodialysis hypotension because of autonomic neuropathy and impairment in cardiopulmonary receptors and arterial pressoreceptors and are at greater risk of hypotension-related cardiovascular complications.⁶⁹ Therefore, the clinicians must carefully monitor etelcalcetide-treated patients for

hypotension, especially those with preexisting hypotonia/hypoperfusion. Due to many potential complications related to hypocalcemia in diabetic patients treated with etelcalcetide, the clinicians may consider using cinacalcet instead, as this drug causes less hypocalcemia than etelcalcetide.¹⁵

Hepatic impairment

The entire spectrum of liver disease (abnormal liver enzymes, nonalcoholic fatty liver disease, cirrhosis, hepatocellular carcinoma, acute liver failure) is seen in patients with diabetes.^{71,72} Although it has been shown that the biotransformation of etelcalcetide occurs in blood and not in the liver, theoretically, impairment of the hepatic functional status may affect etelcalcetide's pharmacokinetics due to its high protein binding, primarily through hypoalbuminemia and albumin-binding displacement.^{13,71} Currently, there are no data regarding the use of etelcalcetide in patients with impaired liver function. The manufacturer does not discourage its use in such patients, but clearly states that the drug has not been studied in this group. Therefore, these patients must be under increased medical surveillance when treated with etelcalcetide. Clinical considerations related to the use of etelcalcetide in diabetic patients are summarized in Table 2.

Adverse reactions

QT interval prolongation

A prolonged heart rate-corrected QTc interval is defined as >450 ms in men and 470 ms in women, and it is recognized as a well-known risk factor for ventricular arrhythmias and sudden cardiac death.⁷³ Etelcalcetide was shown to cause QTc prolongation in treated patients due to hypocalcemia, and its SPC emphasizes that

the levels of calcium should be closely monitored in patients with congenital long QT syndrome, previous history of QT prolongation, family history of long QT syndrome or sudden cardiac death and other conditions that predispose to QT prolongation and ventricular arrhythmia.¹³

This may impose a great obstacle to the use of this drug in diabetic patients on insulin treatment; namely, the QTc interval is characteristically prolonged in diabetes and has been related to unexplained cases of sudden overnight death in diabetic patients on insulin treatment.^{73–75} Even nondiabetic persons with hyperinsulinemia were found to have QTc interval prolongation, and this effect was observed in both acute and chronic states of hyperinsulinemia.^{76,77} Two principal mechanisms by which insulin affects the QTc interval have

Table 2 Hypothetical influence of the treatment of secondary hyperparathyroidism with etelcalcetide versus cinacalcet as a function of clinical alterations associated with diabetes mellitus

Clinical alterations in diabetes	Possible influence of etelcalcetide	Possible influence of cinacalcet
Lower plasma PTH levels	More rigorous monitoring for the prevention of ABD in diabetic patients	Requires more strict monitoring for the prevention of ABD in diabetic patients
Lower bone formation rate	Greater risk of ventricular arrhythmias due to hypocalcemia in diabetic patients	Greater risk of ventricular arrhythmias due to hypocalcemia in diabetic patients, but less risk of hypocalcemia than with etelcalcetide
Prolonged QTc interval		
Decreased myocardial performance and cardiac insufficiency	Decompensation due to hypocalcemia in diabetic patients	Decompensation due to hypocalcemia in diabetic patients, but less risk of hypocalcemia than with etelcalcetide
Greater risk of hemodialysis hypotension	Worsening of hypotension due to hypocalcemia in diabetic patients	Worsening of hypotension due to hypocalcemia in diabetic patients, but less risk of hypocalcemia than with etelcalcetide
Higher rate of hepatic impairment	Hypoalbuminemia and albumin-binding displacement may cause an increase in etelcalcetide plasma concentrations	A 2- to 4-fold increase in plasma concentrations in moderate-to-severe insufficiency ⁹⁵ Cinacalcet protein binding not affected by hepatic insufficiency ⁹⁵ Plasma concentrations significantly affected by smoking and other drugs metabolized by CYP2D6 ⁹⁵ Possibly decreased absorption of cinacalcet
Changes in subcutaneous adipose blood flow, muscle blood flow, and gastric emptying	No interference	

Abbreviations: ABD, adynamic bone disease; PTH, parathyroid hormone; QTc, corrected QT interval.

been proposed: direct action on the cell membrane to shift extracellular potassium into the cytoplasm by increasing the activity of the Na⁺/K⁺-ATPase pump and sympathetic stimulation by hypoglycemia and hypokalemia.^{78,79} As reported in a recent study that investigated the effects of hypoglycemia induced by the administration of human insulin to diabetic patients, insulin-induced hypoglycemia causes a significant QT prolongation in comparison with baseline values and is associated with hypokalemia and sympathoadrenal activation.⁸⁰ In addition to these findings, many studies have confirmed a significant QTc prolongation in hemodialysis patients compared with controls independently from glucose disturbances and insulin administration.^{81–85} Knowing that hypoglycemia is frequent in insulin-treated diabetic patients undergoing hemodialysis and that this procedure itself can induce QT prolongation, the clinicians should strictly monitor these patients for this adverse effect that may lead to ventricular arrhythmias when combined with other QT-prolonging medicines, such as etelcalcetide. Again, it is important to say that the nature of such reasoning is purely speculative and theoretical.

In studies designed to evaluate clinical efficacy and safety of repaglinide, arrhythmias were observed at ≤1% and no more frequently with this drug than with comparator drugs.²⁷ Nonetheless, repaglinide exerts its effect by closing ATP-dependent potassium channels, and in in vitro ion

channel studies, repaglinide was shown to inhibit all of the tested ionic currents in a concentration-dependent manner, significantly prolonging the action potential duration in isolated rabbit Purkinje fibers.⁸⁶ Although it has been shown that repaglinide's pharmacokinetics and safety are not influenced by severe renal impairment, there are no data regarding its QT interval-prolonging potential when administered with other drugs (ie, etelcalcetide) and in situations (ie, hemodialysis) that promote the appearance of this side effect.⁸⁷

Gastrointestinal adverse reactions

Clinical studies evaluating the clinical safety of etelcalcetide revealed that this drug causes nausea and vomiting in >10% of treated patients, while diarrhea occurs in >5%.^{14,15} Nausea and diarrhea are described as common adverse effects (≥1/100 to <1/10) of glipizide, while diarrhea commonly occurs with repaglinide.^{26,27} Clinicians should bear in mind that these effects may be potentiated when these hypoglycemics are co-administrated with etelcalcetide.

Calcimimetics: effect on pancreas

The extracellular CaR is expressed in many other tissues besides the parathyroid gland, including pancreatic islets of Langerhans, exerting functions not associated with plasma calcium homeostasis.^{88–90} It is thought that, in the pancreas, the CaR mediates cell-to-cell communication

within islets to coordinate insulin secretory responses, through local increases in the concentration of extracellular Ca^{2+} .⁹¹ In glucose-induced insulin secretion, free Ca^{2+} ions are co-released with insulin, increasing the local concentration of extracellular calcium in the intra-islet space. These changes act in a paracrine fashion; detected by the extracellular CaR on adjacent cells, the signal propagates across the islet, enhancing insulin secretion.⁹² This mechanism may be partially responsible for the higher prevalence of diabetes among patients with primary hyperparathyroidism.⁹³

In in vitro models, it has been shown that the activation of CaR using receptor-specific calcimimetics enhances insulin secretion from human islets.^{90,94} This enhancement was rapid and transient, suggesting that calcimimetics affect the insulin secretory process and it occurred without previous stimulation by glucose.^{90,94} Currently, it is not clear whether etelcalcetide or its older counterpart, cinacalcet, may influence glucose or insulin levels in patients with diabetes undergoing hemodialysis. The clinical trials performed with etelcalcetide do not provide any data related to the parameters of glucose metabolism in the included patients, including those with diabetes. The expression of a functional CaR within human pancreatic islets suggests that calcimimetics may have wider implications for tissues outside the normal targets for control of systemic calcium, and the researchers need to fully explore possible consequences of this.

Conclusion

While the clinical studies with etelcalcetide did include patients with controlled diabetes, they did not place attention on this patient group regarding etelcalcetide monitoring or safety aspects, neither did they report on possible interactions between hypoglycemic agents and etelcalcetide. Until more clinical experience with etelcalcetide is available and interaction studies are performed, the clinicians must take into account that pharmacokinetic interactions with etelcalcetide may occur at the SA-binding level with the two recommended oral hypoglycemics, glipizide and repaglinide, as well as with insulins detemir and degludec, and the clinicians should avoid their use. While an overall potential of etelcalcetide for pharmacokinetic and pharmacodynamic interactions with hypoglycemic agents seems to be low, its drug–disease profile deserves much more attention. Plasma PTH levels are lower in diabetic patients on hemodialysis than in their nondiabetic counterparts for unknown reasons, but interestingly, calcemia remains the same between the two groups. Also, these lower plasma PTH levels are associated with a greater degree of reduction of mineralized bone area, osteoblastic osteoid, and bone formation rate

in diabetic patients. On the other hand, etelcalcetide-induced hypocalcemia and its consequences are of special importance in patients suffering from diabetes due to the fact that this patient group already has cardiovascular disturbances, such as cardiac failure, ischemic heart disease, and hypotonia due to autonomic neuropathy and impairment in cardiopulmonary and arterial pressoreceptors and is, therefore, at greater risk of decompensation of the existing disease. The clinicians should put an extreme attention to the possibility of QTc interval prolongation and ventricular arrhythmias in diabetic patients treated with etelcalcetide, as insulin treatment/insulin-induced hypoglycemia has been linked with QTc prolongation and hypocalcemia is a known risk factor for this ECG alteration.

In conclusion, until clinical data refute our current theoretical concerns, the clinicians should avoid the use of oral hypoglycemic agents in combination with etelcalcetide and strictly monitor plasma levels and histomorphometric parameters of diabetic patients, at the same time surveilling them for cardiovascular events.

Disclosure

The authors report no conflicts of interest in this work.

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