

Pharmacokinetic interactions and tolerability of rosuvastatin and ezetimibe: an open-label, randomized, multiple-dose, crossover study in healthy male volunteers

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Purpose: Rosuvastatin is a synthetic 3-hydroxy-3-methylglutaryl coenzyme A reductase inhibitor that effectively reduces low-density lipoprotein cholesterol levels. However, statin monotherapy does not always achieve acceptable low-density lipoprotein cholesterol levels in patients with severe hypercholesterolemia. Ezetimibe, a selective cholesterol-absorption inhibitor, is approved for use as a monotherapy or combination therapy with 3-hydroxy-3-methylglutaryl coenzyme A reductase inhibitors for patients with hypercholesterolemia. The aim of this study was to examine the pharmacokinetics (PKs) of drug interactions between rosuvastatin and ezetimibe, and the tolerability of combined administration in healthy Korean male volunteers.

Subjects and methods: Healthy subjects (n=24) were randomly allocated to 3 treatment groups: rosuvastatin (20 mg) alone, ezetimibe (10 mg) alone, and rosuvastatin (20 mg) plus ezetimibe (10 mg). The drugs were taken once every 24 hours over a period of 10 days. Blood samples were collected to analyze steady-state PKs.

Results: All adverse events observed during the study were mild, and the frequency was no higher for combined administration than for mono administration. For rosuvastatin, the steady-state mean ratios (90% CI) of the combined over the single dose were 1.076 (1.019–1.136) for $AUC_{\tau,ss}$ and 1.099 (1.003–1.204) for concentration at steady-state, respectively. In the case of free and total ezetimibe, the steady-state ratios of $AUC_{\tau,ss}$ and concentration at steady-state were 1.131 (1.051–1.218) and 1.182 (1.038–1.346), and 1.055 (0.969–1.148) and 0.996 (0.873–1.135), respectively.

Conclusion: Combined administration of rosuvastatin and ezetimibe was well tolerated. No clinically significant PK interactions between rosuvastatin and ezetimibe were observed when the 2 drugs were administered concomitantly.

Keywords: rosuvastatin, ezetimibe, pharmacokinetics, DDI, tolerability

Introduction

Globally, cardiovascular disease (CAD) is a major cause of morbidity and death. Dyslipidemia, hypertension, diabetes mellitus (DM), and obesity are important risk factors for CAD.^{1,2} Among them, dyslipidemia due to elevated total and low-density lipoprotein cholesterol (LDL-C) and reduced high-density lipoprotein cholesterol is closely associated with coronary artery disease, atherosclerosis, and cerebrovascular disease.

Cholesterol-lowering drugs, such as 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitors (statins) reduce the risk of CAD. Rosuvastatin is a

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fully synthetic HMG-CoA reductase inhibitor that is more effective at reducing LDL-C levels than other statins when used at a low dose; thus, it is the most potent drug for reducing cardiovascular risk.³ However, statin monotherapy does not always reduce LDL-C levels to acceptable levels in patients with severe hypercholesterolemia, particularly those at high cardiovascular risk.⁴ Therefore, to meet the target LDL-C levels, it may be necessary to combine statins with an additional drug that acts via a different mechanism.

Ezetimibe is a selective cholesterol and phytosterol absorption inhibitor that targets gastrointestinal cholesterol in the small intestine; this drug reduces plasma cholesterol in humans by 15%–20%.⁵ Ezetimibe administration is effective for both mono- and combination therapy with HMG-CoA reductase inhibitors in patients with hypercholesterolemia.⁶ Ezetimibe monotherapy is the recommended treatment for primary hypercholesterolemia in patients in whom statin therapy is contraindicated or in those that cannot tolerate statins. A previous study shows that a fixed-dose combination of ezetimibe and rosuvastatin is significantly better than rosuvastatin alone in terms of reducing LDL-C and triglyceride levels, and that the rate of reduction is even greater in patients with DM or metabolic syndrome.⁷ An early trial demonstrated additional reductions in LDL-C levels (by 12%–19%) when ezetimibe was administered with atorvastatin.⁸ Daily combined administration of ezetimibe plus rosuvastatin led to a significant fall in LDL-C when compared with rosuvastatin alone.⁹

The potential therapeutic interaction between ezetimibe and HMG-CoA reductase inhibitors offers significant clinical benefits provided that this drug combination is both safe and well tolerated.^{10,11} The primary purpose of this study was to examine the pharmacokinetic (PK) interactions and tolerability of rosuvastatin and ezetimibe when taken orally over 10 consecutive days by healthy Korean volunteers.

Subjects and methods

Subjects

Healthy male volunteers aged 19–45 years with a body mass index of 19–28 kg/m² were eligible for the study. All subjects were considered to be in good health based on medical history, physical examinations, vital signs (blood pressure, heart rate, and body temperature), 12-lead ECG, clinical laboratory tests (hematology, blood chemistry, and urinalysis), serology (hepatitis B surface antigen, hepatitis C virus antibodies, and HIV antigen/antibodies), and urine drug screening (amphetamines, methamphetamines, barbiturates, cocaine, opiates, benzodiazepine, cannabinoids, and methadone) within 4 weeks before the first administration of the study drug. Subjects with a known allergy or hypersensitivity to rosuvastatin or ezetimibe, or with a history of drug abuse, were excluded.

Study design

The study was designed as an open-label, randomized, multiple-dose, 3-treatment, 3-period, 6-sequence, and crossover clinical trial (Figure 1). All subjects were randomly assigned to 1 of 6 sequences and received 1 of 3 different treatments every 24 hours over 10 days: rosuvastatin 20 mg (Treatment A), ezetimibe 10 mg (Treatment B), or rosuvastatin 20 mg plus ezetimibe 10 mg (Treatment C). All treatments were given under fasted conditions along with 240 mL of water. After administration of the study drug(s), subjects were required to fast for 4 hours. Following a 2-week washout interval, subjects received one of the other treatment regimen. This was repeated until they had received all 3. Subjects were admitted in the Clinical Trial Center (CTC) at Asan Medical Center (AMC) from Days 9 to 11 (24 hours after the last dose) during each treatment period. On Days 12 and 13, all subjects visited the CTC

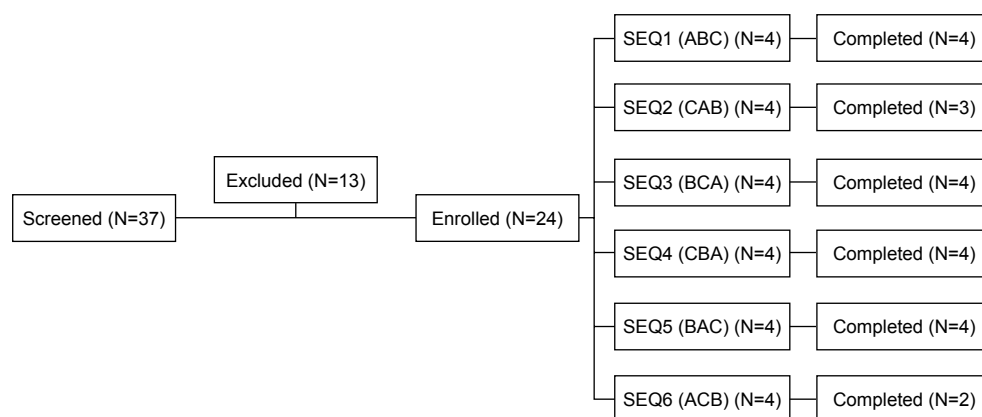


Figure 1 Study design of clinical trial (open-label, multiple-dose, three-treatment, three-period, six-sequence crossover study).

Notes: (A) Rosuvastatin 20 mg. (B) Ezetimibe 10 mg. (C) Rosuvastatin 20 mg plus ezetimibe 10 mg.

Abbreviation: SEQ, sequence.

to assess the tolerability and PK of rosuvastatin or ezetimibe. The schedule for the second and third treatment periods was the same as that for the first period. Follow-up visits were performed within 11 days after the last treatment.

For PK analysis, sequential blood samples were collected prior to (Days 1 and 9) and 0, 0.25, 0.5, 1, 1.5, 2, 3, 4, 6, 8, 12, 24, 48, and 72 hours after the Day-10 dose. All blood samples used to determine the concentration of rosuvastatin, total ezetimibe, and free ezetimibe were drawn into EDTA tubes and separated by centrifugation at 1,800 g for 8 minutes at 4°C. Samples were then stored at -70°C until analysis.

Tolerability was assessed throughout the study by: 1) measuring vital signs, 2) 12-lead ECG, 3) clinical laboratory tests (hematology, blood chemistry, and urinalysis), 4) physical examinations, and 5) monitoring of adverse events (AEs). AEs were recorded in terms of symptoms and signs, duration, intensity, relationship to the study drug, action taken, outcome, and seriousness.

The study protocol was approved by the Korean Ministry of Food and Drug Safety and the Institutional Review Board of the AMC, Seoul, Republic of Korea. The study was conducted at the CTC of the AMC from June to September 2014. All subjects provided written informed consent before undergoing screening tests. The trial was registered at [ClinicalTrials.gov](https://clinicaltrials.gov) (identifier number NCT02127320).

Analytical methods

Measurement of rosuvastatin concentrations

The plasma concentration of rosuvastatin was measured using a validated liquid chromatography method with tandem mass spectrometric detection (LC-MS/MS) (Thermo Fisher Scientific, Waltham, MA, USA). The analytical column was Nanospace SI-2 C₁₈ column (75×2.1 mm × 3.0 μm, Shiseido, Tokyo, Japan), and the mobile phase comprised acetonitrile (A), deionized water (B), and formic acid (C) (A:B:C=45:55:0.1, v/v/v). The flow rate was 0.2 mL/minute. For rosuvastatin and the internal standard (rosuvastatin-d₆), the precursor-to-production reactions monitored were m/z 482.18 → 258.16 and 488.20 → 264.20, respectively. This assay had a lower limit of quantitation (LLOQ) of 0.5 ng/mL (signal to noise ratio >5), and calibration curves covered the concentration range of 0.5–300 ng/mL ($R^2 > 0.995$).

Measurement of ezetimibe and total ezetimibe concentrations

The plasma concentration of free and total ezetimibe (free ezetimibe plus ezetimibe glucuronide) was measured using a validated LC-MS/MS (Sciex API 4000 LC-MS/MS

system, Framingham, MA, USA). The analytical column was ACQUITY UPLC C₁₈ column (75×2.0 mm × 3.0 μm, Milford, MA, USA), the mobile phase comprised acetonitrile (A) and 5 mM ammonium acetate (B) [A:B=65:35, v/v]. The flow rate was 0.2 mL/minute. For ezetimibe and the internal standard (ezetimibe-d₄), the precursor-to-production reactions monitored were m/z 408.3 → 271.1 and 412.3 → 275.1, respectively. The LLOQ was 0.2 and 0.5 ng/mL for free and total ezetimibe (signal to noise ratio >5), respectively. The calibration curves of free and total ezetimibe covered the concentration range 0.2–200 ng/mL and 0.5–500 ng/mL, respectively ($R^2 > 0.995$). All plasma analyses were performed at BioCore Co., Seoul, Republic of Korea.

PK assessment and statistical analysis

The PK of rosuvastatin, free and total ezetimibe in each subject was analyzed using a non-compartmental method with WinNonlin® software 6.3 (Pharsight Co., Princeton, NJ, USA). All analyses were based on actual sampling times. The peak plasma concentration at steady-state ($C_{\max,ss}$) and the time taken to reach $C_{\max,ss}$ ($T_{\max,ss}$) were determined from observed values. The terminal elimination rate constant (λ_z) was estimated by linear regression of the terminal log-linear portion of the plasma concentration-time curves. The $t_{1/2\beta}$ for each participant was calculated as $\ln(2)/\lambda_z$.

All statistical analyses were performed using SAS® software (v 9.3; SAS Institute Inc., Cary, NC, USA) and Phoenix® WinNonlin 6.3. Demographic data and PK parameters were summarized using descriptive statistics. For the comparison of PK characteristics between rosuvastatin or ezetimibe alone with combined administration of rosuvastatin and ezetimibe, $C_{\max,ss}$ and ($AUC_{\tau,ss}$) were log-transformed and tested by analysis of variance. The mean differences and 90% CIs were back-transformed to obtain geometric mean ratios and CIs for those ratios. Fisher's exact test was used to compare the frequency of AEs between 2 drugs. A P -value <0.05 was deemed significant.¹²

Result

Study participants

Of the 24 healthy Korean male volunteers enrolled, 21 completed the study. Three subjects withdrew informed consent for personal reasons. One was before first hospitalization and 2 after second hospitalization. All subjects were included in the tolerability assessment, whereas only the subjects who completed blood sampling as scheduled were included in PK analysis. Participant demographics, including age, height, weight, and body mass index are summarized in Table 1.

Table 1 Demographic characteristics of the study participants (n=24)

Characteristics	Mean \pm SD
Age (years)	24.71 \pm 3.52
Height (cm)	174.16 \pm 5.90
Body weight (kg)	70.46 \pm 8.17
Body mass index (kg/m ²)	23.21 \pm 2.35

PK analysis

To evaluate the PK drug–drug interactions between rosuvastatin and ezetimibe, the PK profiles of rosuvastatin, total and free ezetimibe were separately assessed (Figure 2).

Of the 24 subjects who were administered the study drugs, 1 was excluded from all PK analyses due to delay in administering ezetimibe. Finally, 23 subjects were included in the PK analysis of rosuvastatin, and 20 were included in the PK analysis of ezetimibe.

The PK parameters of rosuvastatin in the absence and presence of ezetimibe are shown in Table 2. For rosuvastatin,

the steady-state mean ratios of single versus combination doses (90% CI) for $AUC_{\tau,ss}$ and $C_{max,ss}$ were 1.076 (1.019–1.136) and 1.099 (1.003–1.204), respectively.

For total ezetimibe, the steady-state mean ratios (90% CI) of $AUC_{\tau,ss}$ and $C_{max,ss}$ were 1.055 (0.969–1.148) and 0.996 (0.873–1.135), respectively, while those for free ezetimibe were 1.131 (1.051–1.218) and 1.182 (1.038–1.346), respectively.

Tolerability

Ten subjects experienced a total of 28 AEs; of these, 23 were considered to be “possibly related” and 2 “probably related” to the study drug. Among the 25 events considered to be related to the study drug, the most common in the ezetimibe alone and ezetimibe plus rosuvastatin group were abdominal pain (4 subjects, 4 events) and headache (3 subjects, 4 events; Table 3). No significant changes in hepatic and renal function test, such as ALT, AST, creatine kinase, serum creatinine, and BUN were observed (data not shown). Laboratory tests revealed microscopic hematuria (occult blood) in 2 subjects:

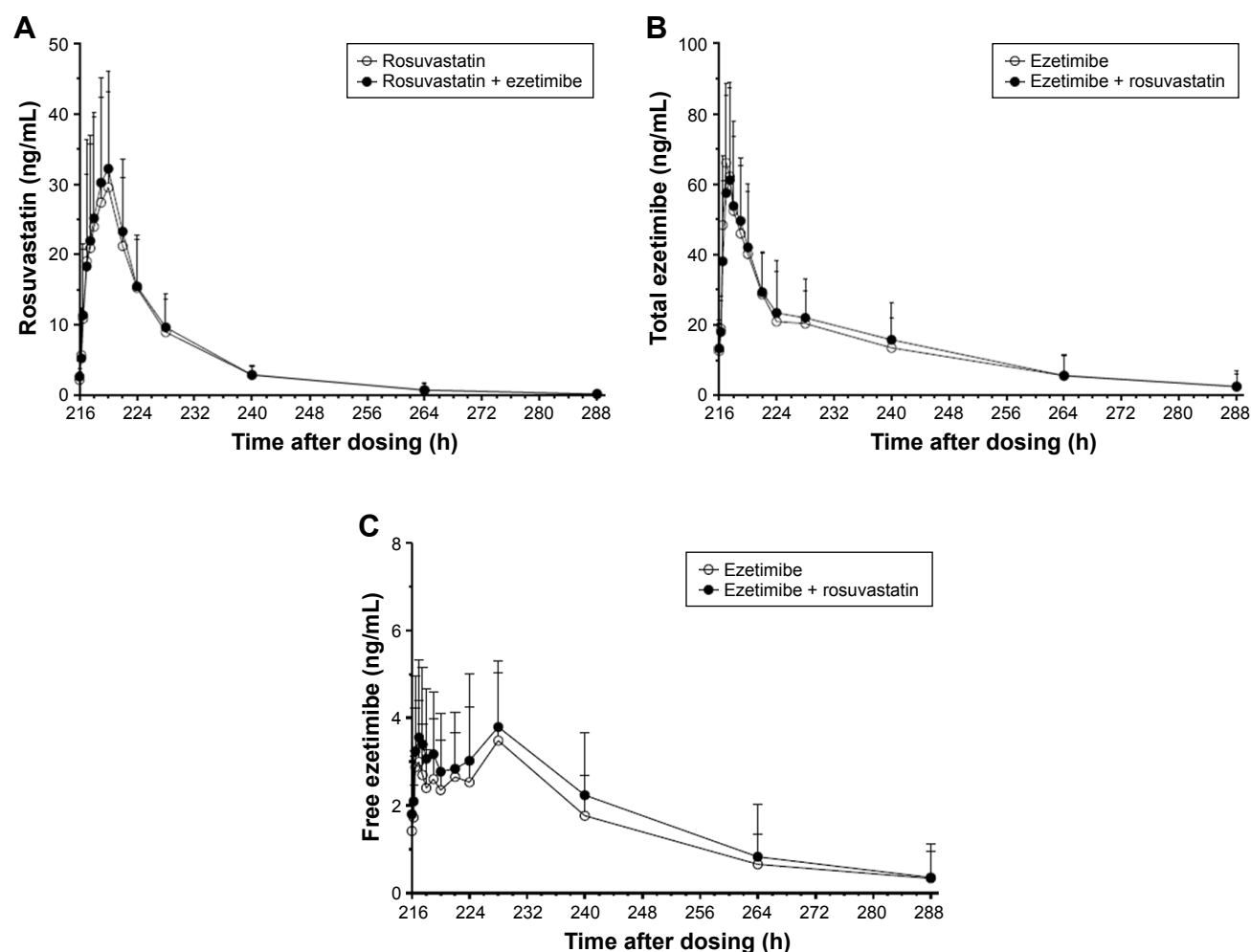


Figure 2 Mean (SD) plasma concentration-time curves for rosuvastatin (A), total ezetimibe (B), and free ezetimibe (C).

Table 2 PK comparisons of rosuvastatin, total and free ezetimibe

PK parameters (unit)	Rosuvastatin (n=23)	Ezetimibe (n=20)		Rosuvastatin + ezetimibe (n=23)	Rosuvastatin + ezetimibe (n=20)	
	Rosuvastatin	Total ezetimibe	Free ezetimibe	Rosuvastatin	Total ezetimibe	Free ezetimibe
AUC ₀₋₂₄ (ng·h·mL ⁻¹)	281.6±135.6 (48.2)	580.9±256.2 (44.1)	60.8±23.7 (39.0)	298.2±127.2 (42.6)	609.1±259.7 (42.6)	70.3±29.9 (39.5)
C _{max,ss} (ng·mL ⁻¹)	31.0±15.6 (50.4)	71.3±24.5 (34.4)	4.2±1.7 (39.5)	33.2±14.6 (44.0)	70.39±24.9 (35.4)	5.0±1.8 (35.2)
t _{1/2β} (h)	8.1±2.0 (24.0) ^b	14.7±5.1 (34.9) ^c	17.9±6.3 (35.2) ^d	9.1±5.7 (62.5)	13.41±5.1 (37.9) ^e	14.3±6.9 (48.0) ^d
T _{max,ss} (h) ^a	3.9±1.0 (25.2)	1.6±1.3 (86.6)	6.5±4.8 (73.0)	3.8±0.7 (19.5)	1.95±1.2 (61.4)	5.6±1.0 (77.2)
GMR of AUC ₀₋₂₄ (90% CI)	1.076 (1.019–1.136)	1.055 (0.969–1.148)	1.131 (1.051–1.218)			
GMR of C _{max,ss} (90% CI)	1.099 (1.003–1.204)	0.996 (0.873–1.135)	1.182 (1.038–1.346)			

Notes: Values are presented as arithmetic mean ± SD (CV, %). ^aT_{max} at day 10. ^bn=20. Two subjects were excluded because of R² < 0.90, and 1 subject was excluded because of %AUC_{extrapolation} > 20%. ^cn=19. One subject was excluded because of R² < 0.90 and/or %AUC_{extrapolation} > 20%. ^dn=12. Eight subjects were excluded because of R² < 0.90 and/or %AUC_{extrapolation} > 20%. ^en=18. Two subjects were excluded because of R² < 0.90.

Abbreviations: C_{max,ss}, concentration at steady-state; CV, coefficient of variation; GMR, geometric least square mean ratio; T_{max,ss}, time taken to reach C_{max,ss}.

in 1 during the second period after rosuvastatin-only treatment and in the other one at the follow-up visit. No clinically significant abnormalities were found with respect to vital signs, ECGs, and physical examinations. No volunteers dropped out due to AEs and no serious AE occurred during the entire course of the study. All AEs were mild in severity, and resolved without any sequelae.

Discussion

The present study examined the potential PK interaction between rosuvastatin and ezetimibe, and their tolerability by healthy male subjects taking multiple oral doses over a 10-day period.

Once absorbed, ezetimibe is extensively metabolized in the intestine to yield its glucuronide conjugate; therefore, it exists

mainly as ezetimibe glucuronide in the body. Cholesterol absorption inhibiting activity assays in a rat model demonstrate that both ezetimibe and ezetimibe glucuronide are pharmacologically active and that ezetimibe glucuronide is more potent than ezetimibe of the 2.¹³ Here, we show that the 90% CIs for the geometric mean ratios of single versus combination treatment for C_{max,ss} and AUC_{max,ss} were 0.80–1.25; the exception was C_{max,ss} of free ezetimibe (90% CI, 1.038–1.346). Recently, a PK study in healthy subjects using rosuvastatin (study part A) and ezetimibe (study part B) was reported; however, the study design was 7 day-dosing, 2-treatment, 2-period, 2-sequence crossover study with 2 treatment parts.¹⁴ Although the study design was different from the present study, the coadministration increased both C_{max,ss} and AUC_{max,ss} of free ezetimibe (90% CI of C_{max,ss}

Table 3 Summary of adverse events after administration of rosuvastatin and ezetimibe

Treatment, adverse reaction	Rosuvastatin	Ezetimibe	Rosuvastatin + ezetimibe	Total
Visual impairment	0 (0)	1 (1)	0 (0)	1 (1)
Abdominal discomfort	0 (0)	3 (3)	1 (1)	4 (4)
Diarrhea	0 (0)	1 (1)	0 (0)	1 (1)
Dyspepsia	0 (0)	0 (0)	1 (1)	1 (1)
Nausea	0 (0)	1 (1)	0 (0)	1 (1)
Vomiting	0 (0)	1 (1)	0 (0)	1 (1)
Chest pain	1 (2)	0 (0)	0 (0)	1 (2)
Feeling hot	0 (0)	1 (1)	0 (0)	1 (1)
Sensation of foreign body	0 (0)	1 (1)	0 (0)	1 (1)
Upper respiratory tract infection	1 (1)	0 (0)	0 (0)	1 (1)
Blood uric acid increased	0 (0)	0 (0)	1 (1)	1 (1)
Myalgia	0 (0)	1 (1)	0 (0)	1 (1)
Pain in extremity	0 (0)	1 (1)	0 (0)	1 (1)
Dizziness	0 (0)	1 (1)	0 (0)	1 (1)
Headache	0 (0)	1 (2)	2 (2)	3 (4)
Hematuria	2 (2)	0 (0)	1 (1)	2 (3)
Urticaria	0 (0)	0 (0)	1 (1)	1 (1)
Epistaxis	1 (1)	0 (0)	0 (0)	1 (1)
Oropharyngeal pain	0 (0)	0 (0)	1 (1)	1 (1)
Total	3 (6)	5 (14)	5 (8)	10 (28)

Note: Data are presented as number of subjects (number of events).

and $AUC_{max,ss}$, 0.994–1.285 and 1.094–1.341, respectively). These results suggest that we might need larger sample size when comparing a fixed-dose combination product with separate tablets.

A previous single-dose study of 20 mg ezetimibe reported that the $C_{max,ss}$ of free ezetimibe was higher (5.2 ng/mL) than that reported herein (5.0 ng/mL; combination treatment, Table 2); however, no AEs or clinically significant changes were noted on physical examinations.¹⁵ As the pharmacological effect of the ezetimibe conjugate is more potent than that of the parent drug, and there is a small amount of free ezetimibe (<8%) in the body, the increase in the $C_{max,ss}$ value of free ezetimibe may have no impact on treatment effects or on toxicity.

Kosoglou et al reported that the T_{max} of free ezetimibe was 6.0 hours in individuals administered 10 mg rosuvastatin plus 10 mg ezetimibe, and 10 mg of ezetimibe alone for 14 consecutive days; the subjects were mainly Caucasian (87%) with LDL-C levels ≥ 130 mg/dL.⁹ These data are consistent with the results presented herein (5.4 and 7.3 hours, respectively). When we compared the $T_{max,ss}$ value of free ezetimibe with the time of AE onset, we found no clear association between them, suggesting that AEs were not related to the $C_{max,ss}$. Taken together, rosuvastatin and ezetimibe were well tolerated when administered either alone or concomitantly. We found that the LDL-C level significantly decreased in rosuvastatin-only and combination (rosuvastatin plus ezetimibe) groups (by 43.7% and 56.9%, respectively), but not significantly (9.7%) in the group taking ezetimibe alone, after the 10-day multiple dosing regimen (Table 4). In all treatment groups, the LDL-C levels returned to baseline after a 2-week washout. Although administration of 10 mg of ezetimibe reduced LDL-C levels significantly in

volunteers (n=8) with hypercholesterolemia, 1 of 8 subjects in the ezetimibe-only group achieved a 35%–50% reduction compared with half (4/8) of those in the combination group (ezetimibe and fluvastatin).¹⁰ This suggests that ezetimibe alone has limited efficacy to control hypercholesterolemia. A recent population pharmacodynamic model of Japanese patients supported the beneficial effects of ezetimibe when combined with rosuvastatin.¹⁶ Therefore, ezetimibe is expected to have synergistic effects in patients with hypercholesterolemia.

Previous reports demonstrated multiple peaks in the plasma concentration-time profiles of total and free ezetimibe; this was due to enterohepatic recycling after an oral dose of ezetimibe.^{17,18} Here, we also observed multiple peaks in PK plots for total and free ezetimibe; these peaks coincided with mealtimes and are thought to be due to enterohepatic recycling (Figure 2). This suggests that food intake triggers the enterohepatic recycling of total ezetimibe by emptying the gallbladder. Further studies based on population PK modeling would help to elucidate the impact of enterohepatic circulation on PK and its inter-individual variation quantitatively. Finally, this study would be important evidence to develop fixed-dose combination tablet to increase patient compliance.^{19,20}

Conclusion

Rosuvastatin (20 mg) and ezetimibe (10 mg) showed no clinically significant PK interactions. Concomitant administration of these 2 drugs was well tolerated by healthy male subjects taking multiple doses over 10 days.

Acknowledgments

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Disclosure

Dr Jung and Dr Son are employees of Hanmi Pharmaceutical Co., Ltd. The other authors report no conflicts of interest in this work.

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Table 4 The effects of rosuvastatin and ezetimibe on cholesterol level after 11-day administration

Parameter	Rosuvastatin (n=23)	Ezetimibe (n=21)	Rosuvastatin + ezetimibe (n=23)
LDL-C			
Baseline	101.17±15.70	101.59±18.05	103.83±21.32
Steady state (day 11)	57.00±12.55 ^a	91.76±19.87	44.83±8.36 ^a
HDL-C			
Baseline	50.83±8.88	50.55±9.06	50.13±9.25
Steady state (day 11)	49.96±9.95	50.95±10.38	47.61±9.50

Notes: Data are presented as arithmetic mean \pm SD. ^aStatistically significant from baseline ($P<0.05$).

Abbreviations: HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol.

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