Introducing interventional radiology through a longitudinal clinical clerkship

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Dear editor

We read with great interest the article by Ojha et al1 in which the authors expressed concern over the lack of doctors choosing interventional radiology (IR) as a subspecialty and predicted a shortage of interventional radiologists in the future. The authors suggest that this shortage may be due to low exposure to IR in the medical curriculum and suggest possible solutions to this issue.

As medical students, we agree that exposure to IR is limited compared to other specialties. The reasons for this are complex; however, we believe that a significant reason is the current structure of the medical curriculum. Traditionally, clinical medicine is taught in a block rotation system,2 where medical students rotate through different specialties that are based on the organ systems of the human body, such as cardiology or gastroenterology. With this system, it is difficult to place IR into the curriculum since IR is not defined by a particular organ system; rather, it is defined by the use of minimally invasive, image-guided procedural techniques in many different organ systems. The diversity of modern IR practice acts as a hindrance to its implementation into the medical curriculum.

To combat this difficulty, we suggest that IR should be introduced to medical students via a longitudinal clinical clerkship, where students attend IR sessions related to the specialty that they are currently studying. For instance, students would observe uterine fibroid embolization during their gynecology placement and percutaneous nephrostomy during their urology placement. This approach would allow students to appreciate the role of IR in patient management, which will aid them irrespective of their future career path.

Longitudinal clerkship models have been utilized in medicine previously, such as the Harvard Medical School–Cambridge Integrated Clerkship.2 The program offers an integrated approach to learning where students follow patients through their unique health care journey, appreciating the contribution of many different specialists to patient care.2,3 The Harvard Medical School–Cambridge Integrated Clerkship program has been used to teach students about the impact of cancer on patients’ lives, providing students with insight that would be otherwise unattainable in the traditional block rotation model.4

In summary, we agree with Ojha et al that the current role of IR in medicine warrants greater exposure to the field among medical students. With regard to implementing curricular change, we suggest a longitudinal clerkship model to enhance student understanding of IR.

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