Pharmacokinetics of glycopyrronium/formoterol fumarate dihydrate delivered via metered dose inhaler using co-suspension delivery technology in patients with moderate-to-very severe COPD

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Purpose: The efficacy and tolerability of GFF MDI (Bevespi Aerosphere®), a fixed-dose combination of glycopyrronium (GP)/formoterol fumarate dihydrate (FF) 14.4/10 μg (equivalent to glycopyrrolate/formoterol fumarate 18/9.6 μg) delivered by metered dose inhaler (MDI) using innovative co-suspension delivery technology, has been investigated in a Phase III clinical trial program (NCT01854645, NCT01854658, NCT01970878) in patients with COPD. Here, we present findings from a pharmacokinetic (PK) sub-study of NCT01854645 (PINNACLE-1).

Methods: PINNACLE-1 was a multicenter, randomized, double-blind, parallel-group, 24 wk chronic-dosing, placebo- and active-controlled study. The PK sub-study assessed the systemic accumulation of glycopyrronium and formoterol following administration of GFF MDI 14.4/10 μg, GP MDI 14.4 μg, or FF MDI 10 μg (all BID) for 12 wks. Plasma for PK analysis was collected for up to 12 h after dosing, on Day 1 and Week 12.

Results: Of 2,103 patients randomized in PINNACLE-1, 292 participated in the PK sub-study. The plasma concentration–time profiles of glycopyrronium were similar following treatment with GFF MDI or GP MDI, both after single dosing and at Week 12. Accumulation at Week 12 relative to Day 1 was up to 2.30-fold for glycopyrronium. The plasma concentration–time profiles of formoterol were similar following treatment with GFF MDI or FF MDI, both after single dosing and at Week 12. Accumulation at Week 12 relative to Day 1 was up to 1.62-fold for formoterol.

Conclusion: Overall, the results have characterized the accumulation of glycopyrronium and formoterol associated with GFF MDI, GP MDI, and FF MDI, and indicated that there were no meaningful PK interactions, whether drug–drug or due to formulation, between glycopyrronium and formoterol following treatment with GFF MDI formulated using co-suspension delivery technology.

Keywords: COPD, glycopyrronium, formoterol fumarate dihydrate, metered dose inhaler, co-suspension delivery technology, pharmacokinetics

Introduction

Monotherapy or dual therapy with long-acting muscarinic antagonist (LAMA) and long-acting β₂-agonist (LABA) bronchodilators is central to the maintenance treatment of COPD. Combined LAMA/LABA therapy has been shown to improve bronchodilation to a greater degree than LAMAs or LABAs alone, with a similar safety profile. Delivering dual LAMA/LABA therapy as a fixed-dose combination (FDC) in a single device may improve adherence and, therefore, also improve outcomes compared with multiple devices.
The dual bronchodilator therapy glycopyrronium/formoterol fumarate dihydrate (GFF) is a LAMA/LABA FDC delivered by metered dose inhaler (MDI) using innovative co-suspension delivery technology. GFF MDI (Bevespi Aerosphere®, AstraZeneca Pharmaceuticals LP, Wilmington, DE, USA) 14.4/10 μg (equivalent to glycopyrrolato/formoterol fumarate 18/9.6 μg), has been approved in the USA for the long-term maintenance treatment of airflow obstruction in patients with COPD.9 The co-suspension delivery technology used to formulate glycopyrronium (GP) and formoterol fumarate dihydrate (FF) together in GFF MDI enables the uniform delivery of both treatments.10–12

Two pivotal 24 wk, Phase III studies of GFF MDI (PINNACLE-1 [NCT01854645] and PINNACLE-2 [NCT01854658]) demonstrated that GFF MDI had a similar safety profile to monocomponent MDIs (GP MDI and FF MDI, delivered using co-suspension delivery technology), placebo MDI, and open-label tiotropium.4 Additionally, GFF MDI showed superior efficacy to monocomponent MDIs and placebo in patients with moderate-to-very severe COPD.4 A 28 wk safety extension of these studies (PINNACLE-3 [NCT01970878]) confirmed the similar safety profile of GFF MDI to monocomponent MDIs and open-label tiotropium over 52 wks.13 GFF MDI also maintained the significant improvements in lung function end points compared with monocomponent MDIs over 52 wks.13

The pharmacokinetic (PK) profile of GFF MDI 28.8/10 μg compared with monocomponent MDIs, GP MDI 28.8 μg, and FF MDI 10 μg has previously been described in a Phase IIb study in patients with moderate-to-severe COPD after 7 d of chronic dosing.14 Here we present findings from a PK sub-study of PINNACLE-1, which assessed the systemic accumulation of glycopyrronium and formoterol and evidence for PK interaction following administration of GFF MDI 14.4/10 μg versus the monocomponent MDIs, GP MDI 14.4 μg, and FF MDI 10 μg, for 12 wks in patients with moderate-to-very severe COPD.

Methods

Study design

This PK assessment was conducted as a sub-study of PINNACLE-1, a multicenter, randomized, double-blind, parallel-group study to assess the efficacy and safety of GFF MDI 14.4/10 μg, GP MDI 14.4 μg, and FF MDI 10 μg compared with placebo MDI (all BID), and open-label tiotropium bromide once daily in patients with moderate-to-very severe COPD over 24 wks.4 The PK assessments were obtained from a subset of patients randomized to each active treatment arm, excluding open-label tiotropium, but including patients randomized to placebo MDI. However, the patients in the PK sub-study who received placebo MDI were not included in the PK population for analysis.

The primary PK objective was to assess the systemic accumulation of glycopyrronium and formoterol following BID administration of GFF MDI, GP MDI, and FF MDI for 12 wks. An additional objective was to evaluate whether evidence for PK interactions was present when glycopyrronium and formoterol are formulated together in GFF MDI.

Study patients

Patients in the PINNACLE-1 study were current or former smokers (≥10 pack-years), 40–80 years of age, who had a clinical history of moderate-to-very severe COPD. Key inclusion and exclusion criteria of PINNACLE-1 have been previously published.4 For inclusion in the PK population, patients had to have sufficient plasma concentration data to calculate at least one PK parameter on either Day 1 or at Week 12 and no major protocol deviations that affected the collection and interpretation of PK data.

Sample collection and assessments

Plasma samples were collected from ~5 mL of whole blood by direct venipuncture (or from an indwelling intravenous cannula) 30 min prior to dosing and at 2, 5, and 20 min, and 1, 2, 4, 8, 10, and 12 h after dosing, on Day 1 (after a single dose) and at Week 12 (after chronic dosing).

Plasma concentrations of glycopyrronium and formoterol were determined by Tandem Labs (Salt Lake City, UT, USA) using a validated high-performance liquid chromatography tandem mass spectrometry method.

PK and statistical analysis

Prior to the final PK analysis, patient data (eg, concomitant medications, dosing information from the patient diary, and adverse events and protocol deviations) were reviewed in a blinded manner by Everest Clinical Research Services, Inc. (Markham, ON, Canada) and Pearl – A member of the AstraZeneca Group (Redwood City, CA, USA) for inclusion/exclusion into the PK population.

Patients who had missed one or more doses of study medication in the 2 d prior to the Week 12 visit were excluded from the analysis of Week 12 data since these patients were not at steady state. In addition, the 12 h plasma concentration value at Week 12 was excluded if patients took their evening dose of study medication prior to the collection of the 12 h blood sample.
PK parameters
Mean plasma concentration–time profiles for glycopyrronium and formoterol were plotted, and descriptive statistics were calculated for plasma concentration data at each nominal time point. For presentation of these data, all values below the lower limit of quantification (LLQ) were assigned a value of $\frac{1}{2}$LLQ, with the exception of Day 1 pre-dose values, which were assigned a value of zero and no geometric mean was calculated. The LLQ for formoterol was 1.0 pg/mL. The LLQ for glycopyrronium was 2.0 pg/mL initially but was lowered to 1.0 pg/mL during the study.

Individual plasma glycopyrronium and formoterol concentration–time profiles were plotted for GFF MDI, GP MDI, and FF MDI at Day 1 and Week 12. $\text{AUC}_{0–12}$, $\text{C}_{\text{max}}$, and $t_{\text{max}}$ were estimated for each patient and were calculated by non-compartmental analysis (NCA) using the software Phoenix® WinNonlin® (Pharsight Corporation, Mountain View, CA, USA). For the purposes of parameter estimation, post-dose plasma concentration values below the LLQ were set to “missing” in the NCA. Pre-dose concentration values below the LLQ were set to “zero”.

Systemic accumulation
Systemic accumulations of glycopyrronium and formoterol were evaluated using natural-log transformed $\text{AUC}_{0–12}$ and $C_{\text{max}}$, which were analyzed using a mixed model with a fixed effect (visit) and a random effect (patient). For each treatment, the estimated ratio of geometric least squares mean (LSM) for Week 12 to Day 1 and the corresponding 90% CI were determined by exponentiating the mean difference between treatments and 90% CI on the logarithm scale. Also, because of between-patient assessment, high variability was anticipated and bounds for equivalence evaluation were not pre-specified.

Ethics approval and informed consent
This study was conducted in accordance with Good Clinical Practice Guidelines including the International Conference on Harmonisation, the US Code of Federal Regulations, and the Declaration of Helsinki. Institutional review boards (Schulman Associates IRB, Cincinnati, OH, USA, and Schulman Associates IRB, Ft Lauderdale, FL, USA) approved the protocol and informed consent form, and written informed consent was obtained from patients prior to screening.

Results
Study population
Of the 2103 patients who were randomized in the PINNACLE-1 study, 292 patients participated in the PK sub-study. There were no meaningful differences in baseline demographics and clinical characteristics of the patients in the PK sub-study across treatment groups (Table 1). The majority of patients were Caucasian (92.8%) and male (57.5%) from sites in Australia, New Zealand, and the USA. The mean age was 60.7 years and the mean body mass index was 28.9 kg/m². A total of 221 patients were included in the PK population; of those, 83 received GFF MDI, 70 received FF MDI, and 68 received GP MDI.

Plasma concentrations and PK parameters
The plasma concentration–time profiles of glycopyrronium following treatment with GFF MDI and GP MDI had similar profiles on Day 1 (after a single dose) and at Week 12 (after chronic dosing) (Figure 1A), with a median $t_{\text{max}}$ of 0.083 h (ie, 5 min) post-dose irrespective of treatment (GFF MDI or GP MDI) or sample day (Table 2).

The plasma concentration–time profiles of formoterol following treatment with GFF MDI and FF MDI had similar profiles on Day 1 and at Week 12 (Figure 1B). The median
The relative bioavailability for formoterol AUC_{0-12} (GFF MDI to FF MDI) was 112.11% (90% CI: 99.33, 126.52) on Day 1 and 100.91% (90% CI: 88.37, 115.24) at Week 12. The relative bioavailability for formoterol C_{max} (GFF MDI to FF MDI) was 118.76% (90% CI: 104.87, 134.50) on Day 1 and 101.33% (90% CI: 88.60, 115.89) at Week 12 (Figure 2).

**Discussion**

The primary objective of this PK sub-study of a randomized, placebo-controlled Phase III study was to characterize the systemic accumulation of glycopyrronium and formoterol in patients receiving GFF MDI, or the individual monocomponents GP MDI and FF MDI, delivered via innovative co-suspension delivery technology. This study also provided a comparison of PK parameters for glycopyrronium between GFF MDI and GP MDI, and for formoterol between GFF MDI and FF MDI.

After a single dose and 12 wks of chronic dosing, the 12 h glycopyrronium plasma time–concentration profiles in patients receiving GFF MDI and GP MDI were comparable. Likewise, the formoterol plasma time–concentration profiles were comparable for patients receiving GFF MDI and FF MDI at both time points. For AUC_{0-12}, up to a 2.30-fold accumulation for glycopyrronium following BID dosing (weak-to-moderate) and up to a 1.62-fold accumulation for formoterol following BID dosing (weak) were observed at Week 12 relative to Day 1.13 These findings are comparable with previous studies that determined that the steady-state accumulation ratio of AUC_{0-12} for formoterol after 5 d of treatment with four inhalations of the FDC budesonide/formoterol (160/4.5 μg) MDI BID was 1.77-fold.16

Due to the parallel study design of PINNACLE-1, the relative bioavailability assessments of GFF MDI versus

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### Table 1 Baseline demographics and clinical characteristics (PK sub-study)

<table>
<thead>
<tr>
<th>Patient characteristics</th>
<th>GFF MDI</th>
<th>GP MDI</th>
<th>FF MDI</th>
<th>Placebo MDI</th>
<th>All patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean age, years (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Male, n (%)</td>
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<tr>
<td>Mean BMI, kg/m² (SD)</td>
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<tr>
<td>Current smoker, n (%)</td>
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<td></td>
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<tr>
<td>Mean pack-years (SD)</td>
<td></td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>ICS at baseline, n (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Mean CAT score (SD)</td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>Mean mMRC grade (SD)</td>
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</table>

**Notes:**
- Former smoker was defined as those who have stopped smoking for at least 6 wks prior to first screening visit.
- Notes = [number of pack-years smoked x (number of cigarettes per day/20) x number of years smoked].
- The total score is the sum of eight CAT item scores and range from 0–40.
- Grades range between 0–4, where 4 represents the highest level of breathlessness.

**Abbreviations:** PK, pharmacokinetic; GFF, glycopyrronium/formoterol fumarate dihydrate; MDI, metered dose inhaler; GP, glycopyrronium; FF, formoterol fumarate dihydrate; BMI, body mass index; ICS, inhaled corticosteroid; CAT, COPD Assessment Test; mMRC, modified Medical Research Council dyspnea scale.

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t_{max} was numerically earlier for patients receiving GFF MDI (median t_{max}: 0.41 h and 0.37 h on Day 1 and at Week 12, respectively) than for patients receiving FF MDI (median t_{max}: 1.00 h and 0.97 h for Day 1 and at Week 12, respectively) (Table 2). However, the mean t_{max} was generally comparable for patients receiving GFF MDI (mean t_{max} [CV%]: 0.92 h [102%] and 0.92 h [137%] on Day 1 and at Week 12, respectively), compared with patients receiving FF MDI (mean t_{max} [CV%]: 1.24 h [133%] and 1.06 h [106%] on Day 1 and at Week 12, respectively).

**Systemic accumulation of glycopyrronium and formoterol**

After 12 wks of chronic dosing, the glycopyrronium accumulation ratios for AUC_{0-12} were 2.30 for GFF MDI and 1.99 for GP MDI (Table 3). The glycopyrronium accumulation ratios for C_{max} were 1.40 for GFF MDI and 1.26 for GP MDI at Week 12 (Table 3). After 12 wks of chronic dosing, the formoterol accumulation ratios for AUC_{0-12} were 1.52 for GFF MDI and 1.62 for FF MDI (Table 3). The formoterol accumulation ratios for C_{max} were 1.32 for GFF MDI and 1.51 for FF MDI at Week 12 (Table 3). The intra-subject coefficients of variation were high for both glycopyrronium and formoterol (ranging from 30.1% to 54.9% and 26.4% to 38.1%, respectively; Table 3).

**Relative bioavailability of glycopyrronium and formoterol**

The relative bioavailability for glycopyrronium AUC_{0-12} (GFF MDI to GP MDI) was 94.25% (90% CI: 78.52, 113.14) on Day 1 and 100.60% (90% CI: 84.23, 120.14) at Week 12. The relative bioavailability for glycopyrronium C_{max} (GFF MDI to GP MDI) was 100.92% (90% CI: 83.00, 122.72) on Day 1 and 109.10% (90% CI: 88.87, 133.92) at Week 12 (Figure 2).
its monocomponents in this sub-study were made between subjects, rather than the within-subject evaluation that is more typical for studies purely focused on PK. Hence, the high variability observed in this study was anticipated, and bounds for equivalence valuation had not been pre-specified. However, despite the high variability at steady state (Week 12), the 90% CIs for the ratios (GFF MDI versus monocomponent MDIs) of the geometric LSMeans for AUC_{0-12} fell within the traditional bioequivalence bounds of 80% to 125% for both glycopyrrolonium and formoterol, as did the 90% CI for the ratio

![Graph A](image1.png)

**Figure 1** Plasma concentrations after single and chronic dosing.

**Notes:** (A) Glycopyrronium from GFF MDI and GP MDI; (B) formoterol from GFF MDI and FF MDI (PK population).

**Abbreviations:** GFF, glycopyrronium/formoterol fumarate dihydrate; MDI, metered dose inhaler; GP, glycopyrronium; FF, formoterol fumarate dihydrate; PK, pharmacokinetic.
Table 2 PK parameters of glycopyrronium and formoterol on Day 1 and Week 12 (PK population)

<table>
<thead>
<tr>
<th>PK parameters</th>
<th>Glycopyrronium</th>
<th>( \text{AUC}_{0-12} \text{h} )</th>
<th>( C_{\text{max}} )</th>
<th>( t_{\text{max}} )</th>
</tr>
</thead>
<tbody>
<tr>
<td>( \text{GFF MDI} )</td>
<td>14.4/10 ng/L</td>
<td>37.20 (37.4) ng/mL</td>
<td>15.59 (82.8) ng/mL</td>
<td>0.08 (0.03, 7.98) h</td>
</tr>
<tr>
<td>( \text{GP MDI} )</td>
<td>14.4/10 ng/L</td>
<td>40.19 (63.7) ng/mL</td>
<td>15.19 (83.8) ng/mL</td>
<td>0.08 (0.03, 7.98) h</td>
</tr>
<tr>
<td>( \text{FF MDI} )</td>
<td>10 ng/L</td>
<td>41.29 (35.4) ng/mL</td>
<td>8.82 (42.4) ng/mL</td>
<td>0.08 (0.03, 4.45) h</td>
</tr>
<tr>
<td>( \text{N} )</td>
<td>83</td>
<td>68</td>
<td>83</td>
<td>70</td>
</tr>
</tbody>
</table>

Abbreviations: PK, pharmacokinetic; LSM, least-squares mean; CV%, coefficient of variation; LLQ, lower limit of quantification.

Importantly, the safety and tolerability profiles of GFF MDI, GP MDI, and FF MDI have been established in patients with moderate-to-very severe COPD during the full 24 wk period of this study (PINNACLE-1). Of the patients treated with GFF MDI, GP MDI, FF MDI, or placebo MDI, 58.8%–62.9% reported at least one treatment-emergent adverse event (TEAE), and 6.4%–8.4% reported serious TEAEs. The incidence of cardiovascular events of special interest was low (stroke, 0%–0.4%; cardiac ischemia, 0.4%–2.3%; cardiac failure, 1.3%–2.5%; arrhythmia, 1.3%–3.2%), and no important trends in clinical laboratory results, vital signs, or electrocardiograms were observed. Furthermore, these safety and tolerability results were confirmed in a similar 24 wk, randomized, controlled study (PINNACLE-2).
A 28 wk extension of both studies confirmed the long-term safety of the study treatments over 52 wks (PINNACLE-3).

Overall, our results consolidate similar findings of a Phase IIb study that evaluated the PK of a higher dose of GFF MDI (28.8/10 μg) versus monocomponent MDIs after a 7 d treatment period, and found no significant PK interactions for glycopyrronium and formoterol when delivered as an FDC MDI using co-suspension delivery technology.

### Table 3 Accumulation ratios (Week 12/Day 1) for glycopyrronium and formoterol following GFF MDI and GP MDI or FF MDI administration (PK population)

<table>
<thead>
<tr>
<th>PK parameters</th>
<th>Glycopyrronium GFF MDI 14.4/10 μg</th>
<th>Glycopyrronium GP MDI 14.4 μg</th>
<th>Formoterol GFF MDI 14.4/10 μg</th>
<th>Formoterol FF MDI 10 μg</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Accumulation ratio of geometric LSM</td>
<td>90% CI</td>
<td>Intra-subject CV%</td>
<td>n</td>
</tr>
<tr>
<td>AUC_{0-12}</td>
<td>48/48</td>
<td>2.30</td>
<td>2.04, 2.59</td>
<td>39/36</td>
</tr>
<tr>
<td>C_{max}</td>
<td>60/73</td>
<td>1.40</td>
<td>1.22, 1.59</td>
<td>52/58</td>
</tr>
</tbody>
</table>

Notes: *Ratio of exponentiated mean difference of log-transformed PK parameter for Week 12 versus Day 1. A separate model was fit for each treatment. The CI is from a mixed model with visit as a fixed effect and patient as a random effect.

Abbreviations: GP, glycopyrronium; GFF, glycopyrronium/formoterol fumarate dihydrate; MDI, metered dose inhaler; FF, formoterol fumarate dihydrate; PK, pharmacokinetic; LSM, least squares mean; CV, coefficient of variation.

### Conclusion

The FDC GFF MDI and the individual components GP MDI and FF MDI were well tolerated and there were no safety concerns. In this PK sub-study, the AUC_{0-12} accumulation of glycopyrronium delivered from GFF MDI and GP MDI was 2.30-fold and 1.99-fold, respectively, and the AUC_{0-12} accumulation of formoterol delivered from GFF MDI and FF MDI was 1.52-fold and 1.62-fold, respectively.

![Figure 2](https://www.dovepress.com/)

**Figure 2** Relative bioavailability for glycopyrronium and formoterol following GFF MDI and GP MDI or FF MDI administration (GFF MDI/monocomponent MDI) (PK population).

Note: Vertical bars are 90% CI of the ratio (GFF MDI/monocomponent MDI) of geometric LSM.

Abbreviations: GFF, glycopyrronium/formoterol fumarate dihydrate; MDI, metered dose inhaler; GP, glycopyrronium; FF, formoterol fumarate dihydrate; PK, pharmacokinetic; LSM, least squares mean.
after 12 wks of treatment. The systemic exposure (AUC\textsubscript{0-12} and C\textsubscript{max}) of glycopyrronium and formoterol was similar when delivered in the FDC GFF MDI compared to when the individual components were delivered in separate inhalers (GP MDI and FF MDI) after single and chronic dosing (12 wks), indicating that there were no meaningful PK interactions, whether drug–drug or due to formulation, between glycopyrronium and formoterol when administered in the FDC GFF MDI with co-suspension delivery technology.

Acknowledgments

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Author contributions

All authors contributed toward conception and design, data acquisition, or data analysis and interpretation, critical revision, and providing final approval of the manuscript, and agree to be accountable for all aspects of the work.

Disclosure

GTF reports grants and personal fees from AstraZeneca, Boehringer Ingelheim, Novartis, Pearl – A member of the AstraZeneca Group, Sunovion, and Theravance. He has also received grants from Forest and personal fees from GlaxoSmithKline, Meda, Mylan, and Verona. RRR has received personal fees from AstraZeneca, Boehringer Ingelheim, Pearl – A member of the AstraZeneca Group, TEVA, Menarini, and Novartis; and grants/research support from Menarini. CR is an employee of AstraZeneca and Chief Executive Officer of Pearl – A member of the AstraZeneca Group. AM is an employee of Pearl – A member of the AstraZeneca Group. SS and UJM are employees of AstraZeneca. The authors report no other conflicts of interest in this work.

References


