

New bacterial growth in bronchial secretions after bronchoscopic valve implantation

Nilab Sarmand¹
 Daniela Gompelmann^{1,2}
 Konstantina Kontogianni¹
 Markus Polke¹
 Felix JF Herth^{1,2}
 Ralf Eberhardt^{1,2}

¹Department of Pulmonology and Respiratory Care Medicine, Thoraxklinik, at the University of Heidelberg, Heidelberg, ²Translational Lung Research Center Heidelberg, Member of the German Center for Lung Research DZL, at the University of Heidelberg, Heidelberg, Germany

Background: Bronchoscopic valve implantation is an established treatment in selected patients with severe lung emphysema. There is evidence in literature of increased bacterial colonization of various implants. So far, it is unclear if an increased bacterial colonization can also be observed after endoscopic valve therapy.

Methods: Retrospective analysis of patients with examination of the bronchial secretions for presence or change of bacterial growth before and after valve implantation.

Results: Overall, 144 patients who underwent bronchoscopic follow-up after valve implantation were included in this analysis. Prior to valve placement, only 7 out of 144 consecutive emphysema patients (5%) presented with evidence of bacterial colonization, whereas 137 patients (95%) showed no bacterial growth prior to valve placement. One hundred seven out of the 137 patients (78%) showed new bacterial growth after valve implantation. Almost 38% of the patients who presented with a new bacterial growth had evidence of *Viridans streptococci*, *Rothia mucilaginosa* and *Neisseria* species simultaneously, as bacterial colonization. Pathogenic bacterial growth was recorded for *Staphylococcus aureus* (18%), *Pseudomonas aeruginosa* (13%) and *Stenotrophomonas maltophilia* (9%) microorganisms. There was also a significant bacterial growth by *Moraxella catarrhalis* (26%) and anaerobic bacteria (23%), especially in patients with complete atelectasis after successful endoscopic lung volume reduction. For all of the 7 patients, the presented initial bacterial colonization showed a change in the flora after bronchoscopy valve implantation.

Conclusion: In this study we observed an increased bacterial colonization in the long term after valve implantation. This finding needs further evaluation regarding its possible clinical relevance but should be taken into consideration in the follow-up of these patients.

Keywords: valve implantation, lung volume reduction, bacterial growth, COPD

Background

COPD is a widespread disease. Around 65 million people suffer from a moderate-to-severe COPD.¹ Severe COPD often presents with lung emphysema caused by extensive destruction of the alveolar walls and thus resulting in hyperinflation and airspace enlargement.² Endoscopic lung volume reduction (ELVR) such as valve implantation is an established treatment in selected patients with severe lung emphysema.³ Thereby, one-way valves are placed in the airways of the most emphysematous lung lobe using fiberoptic bronchoscopy.⁴ The result of valve implantation is blocking ventilation and thus inducing atelectasis of the hyperinflated lobe.⁵ However, various complications are reported after endoscopic valve placement including pneumothorax, pneumonia, recurrent exacerbations and increased sputum production.⁶

Exacerbations are defined by an increase from baseline in dyspnea, sputum volume and sputum purulence. Most of the acute exacerbations in advanced COPD triggered

Correspondence: Nilab Sarmand
 Department of Pulmonology and Respiratory Care Medicine, Thoraxklinik University of Heidelberg, Roentgenstr 1, 69126 Heidelberg, Germany
 Tel +49 6 221 396 1200
 Fax +49 6 221 396 1202
 Email nilab.sarmand@med.uni-heidelberg.de

by bacteria are caused by *Haemophilus influenzae*, *Moraxella catarrhalis*, *Streptococcus pneumoniae* and *Pseudomonas aeruginosa*.⁷ The course of the COPD is complicated by recurrent exacerbations.¹ There is evidence that acute exacerbations are related to bacterial growth.⁸ Nevertheless, there are nonpathogenic microorganisms such as *Streptococcus viridans*, *Neisseria* spp., *Corynebacterium* spp. and *Candida* spp. belonging to the oropharyngeal or gastrointestinal flora, which usually do not cause respiratory infections. Pathogenic microorganisms involved in respiratory infections are *P. aeruginosa*, *Haemophilus influenzae*, *M. catarrhalis*, *Streptococcus pneumoniae*, *Klebsiella pneumoniae* and *Staphylococcus aureus*.⁹

Previous studies have shown that patients with COPD have bacterial infections in the lower airways. However, these findings provide strong evidence that there is no significant risk of exacerbation caused by *Streptococcus pneumoniae* and *M. catarrhalis*. In comparison, bacterial growth with *P. aeruginosa* and *Haemophilus influenzae* was associated with increased rate of acute exacerbations in patients with COPD.¹⁰

Very little data are available regarding the association between bacterial growth after valve implantation and procedure-related COPD exacerbation.¹¹ This retrospective analysis investigates the bacterial growth with examination of the bronchial secretions for presence or change of bacterial growth before and after valve implantation.

Methods

Data were retrospectively collected from patients with severe COPD and emphysema who underwent an endoscopic valve implantation procedure in the Thoraxklinik Heidelberg between January 2011 and December 2014. In this analysis, examinations of the bronchial secretion for presence or change of bacterial growth before and after valve implantation were assessed. The protocol of this trial was approved by the local ethics committee of Heidelberg (S-609/2012). All patients gave consent for scientific use of the data acquired when they were admitted to our hospital. As the data were retrospectively analyzed, no further patient consent was required.

Subjects enrollment

All patients with the diagnosis of COPD and severe lung emphysema who received endoscopic placement of endobronchial (EBV; Pulmonx, Neuchâtel, Switzerland) and/or intrabronchial valves (Olympus, Tokyo, Japan), and in whom bronchial secretion was assessed before and after valve therapy, were enrolled in this analysis. Patients with

no endoscopic follow-up after valve implantation were excluded. Each patient was only included once in the analysis. Prior to valve implantation, all patients underwent multidetector computed tomography (MDCT) to identify the most emphysematous lung lobe. To quantify interlobar collateral ventilation that predicts therapeutic outcome, CT fissure analysis and/or catheter-based Chartis^{®12} measurement were performed.

Demographic variables (Table 1) and presence or absence of atelectasis within MDCT after valve implantation were collected. Bronchial secretion samples were examined from the treated lobe for presence or change of bacterial growth before and after valve implantation. Each bacterial organism in the bronchial secretion was recorded.

Assessment of clinical data

The data were collected by reviewing lung function parameters (vital capacity, forced expiratory volume in 1 second [FEV₁], residual volume [RV], total lung capacity), exercise test (6-minute-walk test) and dyspnea score (modified Medical Research Council) from each patient prior to valve placement.

Bronchial secretion samples

Bronchial secretion samples (aspiration of bronchial secretion from the treated lobe after instillation of 20 mL saline fluid) were obtained before and after valve implantation and in each bronchoscopic follow-up. Every patient underwent

Table 1 Baseline demographics

Demographic parameters	Baseline (n=144)
Gender (% female)	47.2
Age (years)	63.3±7.2
BMI (kg/m ²)	23.8±4.6
VC (L)	2.4±0.8
VC (%)	69.2±17.3
FEV ₁ (L)	0.8±0.2
FEV ₁ (%)	29.6±7.2
RV (L)	5.8±1.3
RV (%)	267.1±59.2
TLC (L)	8.2±1.5
TLC (%)	141.2±21.5
DLCO SB (%)	33.9±11.0
DLCO/VA (%)	49.0±16.4
6-MWD (m)	284.4±99.3
mMRC	2.8±1.1

Abbreviations: BMI, body mass index; DLCO, diffusing capacity of the lungs for carbon monoxide; DLCO SB, single-breath diffusing capacity of the lung for carbon monoxide; FEV₁, forced expiratory volume in 1 second; mMRC, modified Medical Research Council; 6-MWD, 6-minute walk distance; RV, residual volume; TLC, total lung capacity; VA, alveolar volume; VC, vital capacity.

a bronchoscopic follow-up within 12 months, from 12 to 24 months, and after 24 months. The indication for bronchoscopic follow-up was an increased productive cough, and lack or loss of success assuming valve malfunction.

Bronchial secretion was examined for bacterial and fungal growth. The airway bacteria cultures were classified into potential pathogenic microorganisms and nonpotential pathogenic microorganisms. Samples were processed by the clinical microbiology laboratory using standard procedures. Cultures were incubated and the number of visible colonies was recorded. Bacterial growth was examined based on macroscopic and microscopic methods.

Statistical analysis

Categorical variables are presented as mean \pm SD, minimum and maximum or n and % for frequency data.

Results

Overall, 397 patients with severe COPD and emphysema underwent endoscopic valve implantation in the Thoraxklinik University of Heidelberg from January 2011 to December 2014. Out of these, 253 patients had no further bronchoscopy because there was no suspected valve malfunction on the MDCT or they did not return for follow-up. Another exclusion criteria for this present analysis was the absence of bronchial secretion examination prior to valve implantation. Therefore, the final analysis involved 144 patients. All these patients (mean age was 63 ± 7 years) had severe COPD with a mean FEV₁ of 0.8 ± 0.21 (l), and the mean RV was $267\% \pm 59\%$ predicted. The baseline demographics are presented in Table 1.

Out of the 144 patients, only 7 subjects (5%) had evidence of bacterial colonization in the bronchial secretion, whereas 137 subjects (95%) showed no bacterial growth at baseline before valve implantation. The patients with bacterial colonization prior to treatment showed nonpotential pathogenic microorganisms in the bronchial secretions. All patients had an endoscopic follow-up after valve implantation after 12 months, 53 of these included patients had a further bronchoscopy after 12 to 24 months and 32 patients were

performed an additional bronchoscopy after 24 months because of suspected valve malfunction or migration of the valves according to the MDCT. Patients who had an increased sputum production also had another bronchoscopy for bronchial secretion examination.

Patients who had valves implanted did show new bacterial growth. Almost 38% of the patients who presented with new bacterial growth had evidence of *Viridans streptococci*, *Rothia mucilaginosa* and *Neisseria* spp. simultaneously, as bacterial colonization. Pathogenic bacterial growth was recorded for *Staphylococcus aureus* (18%), *P. aeruginosa* (13%) and *Stenotrophomonas maltophilia* (9%) microorganisms. There was also a significant bacterial growth by *M. catarrhalis* (26%) and anaerobic bacteria (23%) (Table 2). All of the 7 patients who presented with initial bacterial colonization showed a change in the flora after valve implantation.

Out of the 137 patients 35 patients had a lobar atelectasis and 33 patients a partial atelectasis, and the remaining 69 patients had no atelectasis at all. In the assessment of the variability of the absence and presence of atelectasis and microbiologic characteristics, differences were found between total atelectasis after valve implantation but only minimal changes were observed in the prevalence of bacterial growth according to partial atelectasis and absence of atelectasis. The difference was in anaerobic bacteria growth within bronchial secretion samples of patients who developed lobar atelectasis following valve implantation. About 63% of the 35 patients with lobar atelectasis showed a change in the bacterial growth by evidence of anaerobic bacterial growth after valve implantation (Table 3).

Discussion

This current retrospective analysis showed an increased and changed bacterial colonization in the long term after endoscopic valve implantation. This analysis illustrated 3 key findings. Firstly, patients who had valves implanted for periods longer than a year showed new bacterial growth. Secondly, the predominant potential pathogenic microorganisms recorded were *Staphylococcus aureus* and *P. aeruginosa*. Thirdly, patients with atelectasis after valve implantation

Table 2 New bacterial growth after valve implantation

	12 months (n=137) (%)	12–24 months (n=53) (%)	24 months (n=32) (%)	Total (n=137) (%)
<i>Stenotrophomonas maltophiliae</i>	7 (9)	4 (7.5)	2 (6)	13 (9.5)
<i>Pseudomonas aeruginosa</i>	18 (13)	3 (6)	1 (3)	18 (13)
<i>Staphylococcus aureus</i>	18 (13)	4 (7.5)	2 (6)	24 (17.5)
<i>Moraxella catarrhalis</i>	36 (26)	9 (17)	7 (22)	52 (38)
Anaerobic bacteria	22 (23)	1 (2)	1 (3)	24 (17.5)
Fungal growth	10 (7)	4 (7.5)	4 (12.5)	18 (13)

Table 3 Bacterial growth according to absence and presence of atelectasis

	Atelectasis (n=35) (%)	Partial atelectasis (n=33) (%)	No atelectasis (n=69) (%)	Total (n=137) (%)
<i>Stenotrophomonas maltophilia</i>	2 (6)	1 (3)	9 (12)	13 (9)
<i>Pseudomonas aeruginosa</i>	4 (12)	6 (18)	8 (10)	18 (13)
<i>Staphylococcus aureus</i>	5 (15)	10 (30)	9 (13)	24 (18)
<i>Moraxella catarrhalis</i>	5 (15)	5 (15)	4 (6)	14 (10)
Anaerobic bacteria	22 (63)	1 (3)	1 (1)	24 (17.5)

showed a change in the bacterial growth by evidence of anaerobic bacterial growth. Therefore, the hypoventilation of the lobar atelectasis because of valve placement can give rise to significantly different bacterial colonization.

Bacterial colonization in the airways may be important to the understanding of COPD. Many studies point out that bacterial colonization influences the rates of COPD exacerbations.¹³ Rosell et al could show that 25% in a cohort of patients with COPD are colonized by potentially pathogenic microorganisms. It is known that the growth of potentially pathogenic microorganisms is associated with exacerbations of COPD. Especially, the appearance of *P. aeruginosa* in the lower airway is associated with frequent exacerbations independent of the bacterial load.¹⁴

Additionally, most ventilator-associated pneumonias are caused by *Staphylococcus aureus* and *P. aeruginosa*.¹⁵ It is known that foreign objects within the airways are associated with an increased risk of pulmonary infections because of retention of secretions and impairment of the mucociliary clearance. The implantation of airway stents, for example, is associated with airway colonization of potentially pathogenic microorganisms.^{16–18} Thereby, *Staphylococcus aureus* and *P. aeruginosa* are the dominant pathogens for stent-associated respiratory tract infection.¹⁷ Interestingly, the airway colonization of potentially pathogenic microorganisms did not lead to relevant respiratory infections.¹⁸

Anaerobic organisms also play an important role in pleuropulmonary infections. Anaerobic bacteria colonize normal oral cavity, upper respiratory tract, gastrointestinal, genital and skin flora. They may cause simple aspiration from acute to severe, necrotizing pneumonias, to chronic infections, such as lung abscess and empyema.¹⁹ Successful treatment of anaerobic pleuropulmonary infections may need a combined antibiotic therapy and surgical interventions.²⁰ Other studies show that anaerobic bacteria frequently colonize the lower respiratory tract of mechanically ventilated patients and they emphasize the importance of the anaerobic bacteria in ventilatory acquired pneumonia.^{21,22}

This retrospective analysis confirmed the hypothesis that valves presenting a foreign object within the airways increase the bacterial airway colonization. We found out that there is a change in bacterial growth after bronchoscopic valve implantation, namely anaerobic bacteria, especially in patients with total atelectasis after valve implantation. Thus, this could mean a higher risk for exacerbation rates of COPD in these patients.²³ There is evidence in the literature that colonization with *P. aeruginosa* is related to increased rates of COPD exacerbation after EBV implantation.²⁴ In this current analysis, the exacerbation frequency was not evaluated. However, only 1 out of 5 randomized controlled trials (RCTs) that compared complete occlusion of the lung lobe by valves to standard therapy reported a statistically significant increased rate of COPD exacerbation with hospitalization within 90 days following valve placement.^{25–29} However, it is questionable, if the increased exacerbation frequency is primarily due to the valves and the bacterial colonization or due to the bronchoscopic procedure itself. In the remaining 4 RCTs, no statistically significant difference of the COPD exacerbation rate was found between the treatment and the control groups. However, it must be noted that the follow-up period of these RCTs comprised only 6 months.

In a retrospective analysis, Fuehner et al could show an increased bacterial colonization after lung transplantation (LTX) in patients who had undergone previous ELVR. However, there were no different outcomes after LTX in terms of LTX waiting list time, duration of LTX procedure, ventilatory support, intensive care unit stay after LTX, or time to hospital discharge, comparing patients with previous ELVR to non-ELVR patients.¹¹

It is recommended that patients receive a prophylactic antibiotic therapy as well as short courses of oral steroids after valve implantation, to prevent bronchitis and exacerbations.³⁰ The patients in the analyzed cohort also received a prophylactic antibiotic therapy with Cefuroxim after valve implantation, for 5 days, but no oral steroids routinely. However, this recommendation needs further investigation to find out the

necessity of prophylactic antibiotic therapy and oral steroid therapy, as well as their influence on the bacterial airway colonization.

Recognized limitations of our study are the retrospective design on selected patients and the absence of a control group of patients who had not had valve implantation. Moreover, we did not assess the new bacterial growth for its possible clinical relevance and exacerbation rate of COPD. This finding needs further evaluation in prospective trials. As it was a retrospective analysis, only patients who underwent another bronchoscopy after valve implantation were enrolled, including patients who complained about increased mucus or experienced lack or loss of benefit from the implantation. This means that patients without symptoms, but still colonized, were not recorded leading to selection bias. Furthermore, the follow-up bronchoscopy was performed at different times after valve placement, so that a time-based structured detailed analysis was not possible.

Conclusion

In summary, these results underline the need to consider, both the bacterial colonization and exacerbations of COPD. By assuming that airways can harbor both generalized areas of nonpathogenic microbiome and a single site containing a potential pathogenic colonization, our results suggest potential progress in disease even in the absence of exacerbations in patients who have undergone bronchoscopic valve implantation. Nevertheless, knowledge of different colonization patterns may be important for future antibiotic strategies and when exacerbations occur in patients after bronchoscopic valve implantation.

Disclosure

The authors report no conflicts of interest in this work.

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