Alveolar dead space and capnographic variables before and after thrombolysis in patients with acute pulmonary embolism

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Abstract: Pulmonary embolism (PE) is a common condition. The central aim of this study was to describe the use of volumetric capnography (VCap) before and after fibrinolytic treatment of major PE. Lung scintigraphy was used as a base of comparison for the results of this treatment. We describe the cases of two conscious and spontaneously breathing patients (20- and 24-year-old women) with major PE undergoing thrombolysis. Curves of CO2 were obtained by VCap and associated with arterial blood gas analysis and D-dimer. The pattern of VCap was compared with the VCap of health volunteers. Parameters also calculated were: P(a-et)CO2 gradient, alveolar dead space fraction (AVDSf), late dead space fraction (fDlate), and slope phase III (Slp III). The VCap results before and after thrombolysis for patients 1 and 2 were, respectively, P(a-et)CO2: 12.6 to 5.8 and 7.9 to 1.6 (mmHg); AVDSf: 0.46 to 0.18 and 0.25 to 0.05; fDlate: 0.46 to 0.21 and 0.24 to 0.04; Slp III: 1.75 to 5.10 and 1.21 to 5.61 (mmHg/L). Lung scintigraphy was used to compare VCap results from the two subjects with VCap results from healthy volunteers and pigs before and after treatment associated with arterial blood gas, D-dimer, and showed satisfactory agreement.

Keywords: pulmonary embolism, capnography, respiratory dead space, thrombolysis, fibrin fibrinogen degradation products/fibrin fragment D

Introduction

Massive pulmonary embolism (PE) is a condition that presents as arterial hypotension, cardiogenic shock, and affects the preload of the left ventricular.¹ PE is characterized by an increase in dead alveolar space because of the lung areas that are ventilated but not perfused. The mortality rate among individuals with PE ranges from 10% to 25%. Thrombolytic treatment, aimed at rapid dissolution of emboli is recommended.² An effective demonstration of the efficacy of thrombolytic treatment in these patients is not always possible because the method considered to be the gold standard (pulmonary arteriography) is expensive, not always available, and carries a certain risk to the patient.

Noninvasive bedside techniques that aid in the diagnosis and evaluation of PE are based on respiratory parameters derived from the alveolar dead space. Using volumetric capnography (VCap), Eriksson and colleagues³ described a graphic method of extrapolating the arterial to end-tidal CO2 gradient [P(a-et)CO2] to a prolonged expiration. The authors dubbed this variable the alveolar late dead space fraction (fDlate).

Recently, Kline and colleagues⁴ and Rodger and colleagues⁵ used VCap in combination with determination of D-dimer (DD) levels, and gained good results from noninvasive bedside diagnosis, and follow-up evaluation of patients with PE.

The aim of this study was to compare ventilation/perfusion lung scintigraphy with the VCap variables before and after thrombolysis. Two conscious patients with acute
PE were evaluated, and submitted to thrombolysis. The same evaluation protocol, as described below, was used in both cases.

The protocol was initiated with the patient calm and seated in a chair. The capnography monitor used was a CO₂SMO Plus 8100 (Dixtal Biomédica, Manaus, Brazil), the sensor of which was connected to a mouthpiece. Nasal occlusion was achieved with a nose clip. Initially, the patient was allowed to breathe freely for 60 s in order to adapt to the new situation, after which monitoring began and arterial blood gases were collected from room air. The variables were recorded for a period of 4 min and stored on a computer.

Seven months after discharge, during a follow-up visit to the outpatient clinic, when rising from a chair in the waiting room of the medical office, the patient presented tachypnea (30 bpm) and tachycardia (130 bpm). A new embolic event was suspected although a new scintigraphy showed no evidence of acute PE; a change in lung perfusion was no longer detected (Figure 2).

When the diagnosis of extensive PE had been made, thrombolytic treatment with streptokinase (central catheter) began; no complications resulted from the treatment. A second (control) pulmonary/perfusion scintigraphy was performed 36 h later, which showed an improvement in the scintigraphic pattern, with reperfusion of some segments of both lungs, principally the left lung.

**Case 2**

A 24-year-old female patient was referred to the emergency room of a referral center. She complained of sudden thoracic pain and dyspnea for two days. The patient stated that she had used oral contraceptives for two years, had never smoked, and had no history of cough or other respiratory symptoms of lung disease.

A physical examination showed that she was in good general health. She was conscious, alert, and dyspneic with a respiratory rate of 22 bpm, with no cyanosis of the extremities, a heart rate of 110 bpm, blood pressure of 160/100 mmHg, and no edema or tightening of the lower limbs. The electrocardiogram revealed the S_qT pattern.

The lung scintigraphy was interpreted as positive for acute and extensive PE, affecting the entire right lung and a number of segments of the left lung (Figure 1). The Doppler ultrasound study of the lower limbs revealed no DVT. When the diagnosis of PE had been made, treatment with streptokinase (central catheter) began; no complications resulted from the treatment.

Seven months after discharge, during a follow-up visit to the outpatient clinic, when rising from a chair in the waiting room of the medical office, the patient presented tachypnea (30 bpm) and tachycardia (130 bpm). A new embolic event was suspected although a new scintigraphy showed no evidence of acute PE; a change in lung perfusion was no longer detected (Figure 2).

The study was approved by the Ethics Committee of the School of Medical Sciences of the State University of Campinas. The patients involved gave written informed consent to participate in this study.
Discussion

Results of the VCap variables of the patients are shown in Table 1. The cut-off values were 5 mmHg for \( P(a\text{-}et)CO_2 \), 0.15 for AVDSf, 0.12 for fDlate, and 7.48 for Slp III.

In cases 1 and 2, respectively, there were changes in the post-thrombolysis variables: \( P(a\text{-}et)CO_2 \) decreased from 12.6 to 5.8 mmHg and from 7.9 to 1.6 mmHg; AVDSf decreased from 0.46 to 0.18 and from 0.25 to 0.05; fDlate decreased from 0.46 to 0.21 and from 0.24 to 0.04; and Slp III increased from 1.75 to 5.10 mmHg/L and from 1.21 to 5.61 mmHg/L (Table 1).

Various clinical studies have compared and evaluated physiological respiratory indices, before and after thrombolysis, in patients with acute PE. Moreira and colleagues calculated the pre- and post-treatment fDlate for a patient submitted to surgical embolectomy, and Verschuren and colleagues evaluated two patients in spontaneous ventilation, treated with chemical thrombolysis for PE. These authors observed that the fDlate and \( P(a\text{-}et)CO_2 \) presented significant post-thrombolysis variations. This was due to the fact that the opening of the vascular beds by removal of thrombotic material resulted in great improvement of pulmonary perfusion and consequent reduction in the volume of alveolar dead space. Moreira and colleagues conducted two studies: one evaluating two capnography variables (AVDSf and fDlate) in a patient with chronic pulmonary hypertension due to exacerbation of PE, and another evaluating the same capnographic variables in two patients submitted to surgical embolectomy. The authors demonstrated that AVDSf and fDlate both correlated with the findings of imaging studies, their values moving closer to reference values as the imaging test results improved.

The reference values obtained in healthy individuals, that is, the Slp III and Slp III/expired volume values, tended towards normalization in the post-thrombolysis period.

In patients with PE, the Slp III values tend to be near or below zero. After treatment for acute PE, with resolution of the occluded vascular bed, either by thromboendarterectomy or chemical thrombolysis, a post-treatment increase in Slp III values was observed, as reported in other studies.

Although rarely discussed in the literature, this variation in Slp III has been reported in clinical articles evaluating human pulmonary development, and in experimental studies on PE. Ream and colleagues demonstrated that during post-natal alveolization Slp III tends to decrease in
value, remaining stable in adulthood. Diseases that decrease the number of alveoli available for gas exchange tend to increase Slp III. Central vascular occlusions, in turn, have the opposite effect, causing a reduction in Slp III values, which eventually fall below zero.

In experimental studies of acute PE,14,15 Slp III assumes low or even negative values and tends to increase when the disease is resolved. The application of these concepts to the present study in the analysis of the pre- and post-thrombolysis values of Slp III confirms such findings.

We also found that pre- and post-thrombolysis results were directly correlated with VCap data and with scintigraphic findings. As demonstrated by Kline and colleagues,4 when applied appropriately, VCap, used in conjunction with determination of D-dimer levels and a clinical score, can be useful in the diagnosis and follow-up of patients, especially in emergency rooms.

### Disclosure

This study received part of its funding in the form of a grant from the Fundação de Amparo a Pesquisa do Estado de São Paulo (FAPESP, Foundation for the Support of Research in the State of São Paulo; Grant no. 02/05252–3).

### References


### Table 1 Variables pre-and post-thrombolysis

<table>
<thead>
<tr>
<th>Variable</th>
<th>Patient 1</th>
<th></th>
<th></th>
<th>Patient 2</th>
<th></th>
<th></th>
<th>Pre-thrombolysis</th>
<th>Post-thrombolysis</th>
<th>Pre-thrombolysis</th>
<th>Post-thrombolysis</th>
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<tr>
<td>D-dimers</td>
<td>6981.44 ng/ml</td>
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<td></td>
<td>8752.55 ng/ml</td>
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<tr>
<td>Lung scintigraphy</td>
<td>Positive for acute PTE</td>
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<td>Significant improvement</td>
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<tr>
<td>P(a-et)CO2 (mmHg)</td>
<td>12.6</td>
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<td>7.9</td>
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<tr>
<td>AVDSf</td>
<td>0.46</td>
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<td>fDlate</td>
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<td>Slope III (mmHg/L)</td>
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<td>Slp III/Ve</td>
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<td>Reference data</td>
<td>7.48 ± 2.36</td>
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<tr>
<td>Slope III (mmHg/L)</td>
<td>5.10</td>
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<td>5.61</td>
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<tr>
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**Abbreviations:** PTE, pulmonary thromboembolism; P(a-et)CO2, arterial to end-tidal CO2 gradient; AVDSf, (end-tidal) alveolar dead space fraction; fDlate, late dead space fraction; Slp III/Ve, phase III slope of the expirogram/expired tidal volume (normalized).