Drug tendering: drug supply and shortage implications for the uptake of biosimilars

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Abstract: Due to the continued increase in global spending on health care, payers have introduced a number of programs, policies, and agreements on pharmaceutical pricing in order to control costs. While incentives to increase generic drug use have achieved significant savings, other cost-containment measures are required. Tendering is a formal procedure to purchase medications using competitive bidding for a particular contract. Although useful for cost containment, tendering can lead to decreased competition in a given market. Consequently, drug shortages can occur, resulting in changes to treatment plans to products that may have lower efficacy and/or an increased risk of adverse effects. Therefore, care must be taken to ensure that tendering does not negatively impact patient care or the health care system. A large and expanding portion of total pharmaceutical expenditure is for biologic therapies. These agents have revolutionized the treatment of many diseases, including cancer and inflammatory conditions; however, patient access to biologic drugs can be limited due to availability, insurance coverage, and cost. As branded biologic therapies reach the end of patent- and data-protection periods, biosimilars are being approved as lower-cost alternatives. Biosimilars are products that are highly similar to the originator product with no clinically meaningful differences in terms of safety, purity, or potency. As more biosimilars receive regulatory approval and adoption increases, these therapies are expected to have an impact on global health care spending and should result in overall savings. However, the use of tendering to maximize the potential benefits of biosimilars has varied across the world. Therefore, the objectives of this review are to examine the drug-tendering process and its implications on drug supply and drug shortages, as well as to describe biosimilars and how tendering may influence their uptake.

Keywords: biosimilars, drug shortages, drug supply, small-molecule drugs, tendering

Introduction

Global spending on medicines is projected to reach US$1.4 trillion by 2020, with up to 60% of this total paid by governments. For comparison, the total global spending on health care in 2018 is projected to be US$9.3 trillion, with an anticipated increase of 5.2% per year. A number of programs, policies, and agreements on medicine pricing and quantity have been enacted to control costs. For example, the Affordable Care Act in the US expands the share of pharmaceutical expenditure paid for by the government through funded and mandated programs, which are expected to command substantial discounts from list prices. In Japan and many European countries, incentives to increase generic use have been enacted to achieve savings; however, generics account for a large portion of current pharmaceutical expenditure. Therefore, many of the potential savings associated with their use have already been realized. Other...
cost-containment measures have been employed to limit phar-
maceutical expenditure: risk-sharing programs (incorporating
financial-based models and performance- or outcome-based
models/contracting), price reductions, rebates, and changes
in value-added tax rates on medicines, guideline-linked
reimbursement, copayments, and distribution margins.5-7 In
an analysis of the cost-effectiveness of different measures,
internal and external reference pricing and the use of generics
were considered the most useful policies.8 While changes in
cost sharing have increased the use of generics, such poli-
cies may have unintended consequences. An increase in cost
sharing above a certain threshold can reduce medication
adherence, excessively tax vulnerable groups, and/or increase
administrative cost on the collection of cost sharing, thus
making cost sharing less effective and potentially leading
to worsening of patient health and outcomes.8 Therefore, it
is important that cost-containment measures do not reduce
incentives for using effective products at a lower price.

A large and expanding portion of total pharmaceutical
expenditure is for biologic therapies, with projected spending
of US$200–$210 billion in 2016.9 Despite biologic therapies
revolutionizing the treatment of many diseases, including a
variety of cancers and inflammatory diseases, patient access
to these drugs can be limited due to availability, insurance
coverage, and cost.9-12 As branded biologic therapies reach
the end of patent- and data-protection periods (Table 1),
biosimilars are being approved as lower-cost alternatives.12
Biosimilars are “highly similar to the [approved, branded]
reference product [hereafter referred to as the ‘originator’]
notwithstanding minor differences in clinically inactive
components” with “no clinically meaningful differences
between the biological product and [originator] in terms of
the safety, purity, and potency”.13 As more biosimilars
receive regulatory approval and adoption increases, these
therapies are expected to have an impact on total phar-
maceutical expenditure and should result in overall savings.1,9

Indeed, significant savings have been reported with Zarzio®,
a biosimilar filgrastim (originator product Neupogen®),
with annual savings of €85 million reported across 17 EU
countries in 2011.14

This article reviews tendering and current experience
with small-molecule drugs. The effect of tendering on
drug manufacturers, pricing, and the quality of drugs in a
given market, including the implications of drug shortages,
is also discussed. Finally, an overview of biosimilars is
presented, including the guidelines for biosimilar regula-
tory approval and the potential impact of tendering on
biosimilar uptake.

### Defining tendering and terms of contracts

The ultimate goal of pharmaceutical procurement is to pur-
chase high-quality products with reliable supplier service
and the lowest-possible prices.15 One method used to contain
spending is tendering, a formal procedure using competi-
tive bidding for a particular contract.15,16 Tendering is used
when equivalents for a specific medicine are available, and
is defined by the World Health Organization (WHO) Col-
laborating Centre for Pharmaceutical Pricing and Reimburse-
ment Policies as “any formal and competitive procurement
procedure through which offers are requested, received and
evaluated for the procurement of goods, works or services,
and as a consequence of which an award is made to the
provider whose tender/offer is the most advantageous”.17
Tendering is a major purchasing strategy worldwide for
inpatient treatments, but is only used by a few countries
for outpatient pharmaceuticals.17 The tendering process
for pharmaceuticals typically comprises: determining the
tender format and scope; defining the requirements for the
medication (including quantities); selecting the suppliers to
participate in bidding; preparing and sending the documents;
receiving and opening bids; collating bids for adjudication;

<table>
<thead>
<tr>
<th>Biologic</th>
<th>US patent expiration</th>
<th>Biosimilar status</th>
<th>EU patent expiration</th>
<th>Biosimilar status</th>
</tr>
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<tbody>
<tr>
<td>Filgrastim</td>
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<td>2006</td>
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<td>2004</td>
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<td>Pegfilgrastim</td>
<td>2015</td>
<td>Application filed</td>
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<td>Approved</td>
<td>2018</td>
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<td>Rituximab</td>
<td>2018</td>
<td>Phase III trials</td>
<td>2013</td>
<td>Approved</td>
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<td>Infliximab</td>
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<td>2015</td>
<td>Approved</td>
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<td>Trastuzumab</td>
<td>2019</td>
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<td>2014</td>
<td>Application filed</td>
</tr>
<tr>
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<td>Application filed</td>
<td>2018</td>
<td>Application filed</td>
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<tr>
<td>Enanercept</td>
<td>2028/2029</td>
<td>Approved</td>
<td>2015</td>
<td>Approved</td>
</tr>
</tbody>
</table>

**Notes:** Expiration dates are based on those cited within Genetic Engineering & Biotechnology News, although other patent dates may apply; there is no patent that specifically claims the composition of matter of cetuximab.
Potential impact on pricing, competition, product quality, and health-system economics associated with tendering

The main methods recognized by the WHO for obtaining favorable pricing when purchasing drugs include supplier competition through open tenders, restricted tenders, or competitive negotiation.20 Direct negotiation with a single supplier is less likely to result in optimal pricing; therefore, it is recommended that this practice be limited to very small or emergency purchases.20 Open tendering, which does not require prequalification of suppliers, is most likely to result in the lowest prices, especially when many reputable suppliers are available and are likely to be interested in the contract.15 Restricted tendering can have a favorable impact on the quality of medicines and the sustainability of the market, as the process is limited to those suppliers registered with the appropriate authorities and/or who have qualified based on past performance and demonstration of product quality, thereby keeping unqualified suppliers out of the process.15 Competitive negotiation may result in favorable pricing, and is employed when select suppliers are involved, in emergency situations, or when special terms or restrictions are required.15

Tendering has several positive impacts on pricing. The tendering process is designed to select the most cost-efficient supplier(s) of a particular product.15 Therefore, tendering may achieve important savings when the purchasing power of the procurement office is high and there are several potential suppliers for similar products.21 Short-term savings in pharmaceutical costs due to the use of tendering have been reported.22 A qualitative analysis of tendering in 18 European countries indicated most of the countries had positive experiences with tendering in hospital settings through lower prices for purchasers.23 In Denmark, Germany, and the Netherlands, significant price reductions associated with tendering have been reported.23 For example, in the Netherlands, the introduction of the preference policy in 2008 resulted in close to an 85% reduction compared with the pre-preference policy price. Prices continued to decline to 2012 and averaged a 94% reduction compared with the pre-preference policy price.23 In Germany, there is no publication of rebates or winning prices; however, rebate contracts appear to be the preferred way of procuring generic medicines. Although price information is not available and may vary for the same molecule, it is believed that discounts of >90% are achieved at patent expiry. Additionally, savings from rebates have been estimated to be in the region of €1 billion and might increase further if the totality of the generics market is covered.21

Despite the positive short-term effects on pricing, long-term negative consequences have also been associated with the use of tendering. For example, the achievement of low pricing through tendering can force some manufacturers out of a given market and lead to erosion of competition, which could subsequently lead to higher prices.21,22 A recent study of drug prices in Thailand (a country that employs price negotiations, but not tendering for price control) indicated that single-source drugs had higher prices.24 Recently in the US, some generic-medicine prices increased due to several companies going out of business, owing to low profitability from reduced prices.25,26 For example, the price of digoxin increased from $0.12/tablet in July 2013 to $1.06/tablet in June 2014. Additionally, the price for divalproex sodium extended release increased from $0.27/tablet to $2.38/tablet.26 Also, unintended consequences may occur when tendering is applied to selected medications. For example, a tendering procedure was applied to simvastatin in Belgium, resulting in...
price reductions and savings for health care payers; however, these savings were offset by increased costs for other statins, eg, atorvastatin and rosuvastatin. Consequently, total statin expenditure increased by 6.5%.27,28

Other long-term negative economic impacts that have been associated with tendering include decreased pharmaceutical investments, resulting in loss of employment and income from taxes, as well as reductions in value-added features, such as improved packaging and programs to support patient compliance.27 Furthermore, tendering procedures can lead to slower development of innovations (to differentiate products) and competition within the generic medicine market.23,25 A robust generic medicine market stimulates originator drug development and life-cycle management, due to the need to replace income lost from losing exclusivity.25 The use of generics allows the addition of more expensive medicines to treatment paradigms while containing costs, leading to savings in health care system pharmaceutical budgets.23 Additionally, innovation in generic medicines includes addressing patient and pharmacist needs to differentiate one generic from another, which could facilitate patient compliance and use of medication through packaging, drug-delivery systems, and devices that are easier to use or understand.25

The requirement for limiting tenders to local or national companies to support economic development can be a challenge to ensure that pharmaceuticals achieve the intended and expected treatment outcomes through meeting sufficiently stringent quality-assurance standards.15,29 In addition, the globalization of pharmaceutical markets has made it more difficult to ensure the quality of imported products.29 For example, while open tendering may increase the number of potential suppliers, complications and delays can often occur post-qualification. The success of open tenders post-qualification depends on the capacity of the procurement program to winnow out unqualified suppliers and poor-quality products after bids have been received; in some cases, from all over the world.15 If routine or “by exception” laboratory testing of products after shipment results in unacceptable failure rates, the supplier should be removed from future tenders.15 While the US Food and Drug Administration (FDA) and other health authorities have tried to harmonize pharmaceutical standards, the failure to establish sufficiently stringent criteria during the tendering process (for qualified suppliers or after tenders have been awarded) could result in products with substandard quality reaching the market.15

In Europe, the EU Public Procurement (EPP) Directive enacted in 2016 outlines general rules governing procurement of supplies (including medicines and medical devices), work, or services by public authorities in EU member states, and awards tenders based on the “most economically advantageous tender” (MEAT).30 The MEAT may include a best price:quality ratio, which enables the contracting authority to take the following factors beyond price into account: qualitative, technical, aesthetic and functional characteristics of the product; accessibility; social, environmental, and innovative characteristics; total life-cycle benefit; trading and delivery conditions; and after-sales service.30 When deemed appropriate to encourage greater quality, the EPP permits any of the 28 EU member states to prohibit or restrict the use of price-only or cost-only criteria when defining the MEAT.30 The European Association for Bioindustries (EuropaBio) considers inclusion of the best price:quality ratio in MEAT the first step toward full inclusion of quality criteria in public procurement.31 Many European countries use public procurement for the provision of medicines, and particularly in hospital settings. National health care systems vary greatly across EU member states, and thus public procurement of medicines, including biosimilars, will also differ considerably across national jurisdictions. These range from largely public-funded health care bodies, such as the National Health Service in the UK, to highly privatized hospitals in countries such as Italy and Cyprus.31

**Potential for drug shortages and recalls**

A drug shortage is a shortcoming in the supply of a medicinal product that means it is impossible to meet current or projected demand at the patient level.32,33 Drug shortages can cause significant economic and clinical effects at all levels of the health care system, including for patients, pharmacists, clinicians, the pharmaceutical industry, and policy makers.34 Areas of impact include the preparation or dispensing of a drug, patient care through the use of alternative treatments, and overall increased workload to manage the shortage.32,35,36 Of utmost importance, patient care can be severely affected by the lack of drugs or inferior treatment options, eg, alternative options may be prescribed even though there is greater risk of disease progression and/or adverse effects (including death) or increased chance of medication errors and/or decreased compliance.32,35 Additionally, drug shortages can compromise or delay medical procedures or result in medication errors.35,37–40 The Association of Community Cancer Centers issued a statement noting that reductions in production and shortages of critical oncology drugs can create serious implications, such as forcing oncologists to alter or forgo critical treatment regimens.41 In the US and Europe, there have been a number of notable incidents of drug shortages...
for oncology medications resulting in patients experiencing interruptions or delays to their treatment schedules. In one case, physicians were surveyed afterward, and reported that the alternative regimen had inferior efficacy in 30.4% of cases and greater toxicity in 34.8% of cases compared with the unavailable medication. Additionally, there is greater risk of medication errors when clinicians need to treat patients with an unfamiliar or less common alternative therapy. Two patients died when hydromorphone was substituted for morphine because clinicians were unaware of the differences in potency. In another case, methohexital was substituted for propofol, and one patient fatally overdosed due to an improper dilution.

In recent years, the number of product recalls in some product categories, such as sterile injectables (particularly injectable oncology drugs), has increased. The presence of foreign visible or subvisible particulate matter in injectable/parenteral formulations is one of the most common reasons for product recalls. Between 2008 and 2012, the FDA reported that 22% of recalls for sterile injectable drugs were due to the presence of visible particles. Other reasons were lack of sterility assurance (22%), impurities/degradation (9%), and “other” (47%), such as crystallization and discoloration. Furthermore, complex manufacturing processes mean that sterile injectables are particularly vulnerable to drug shortages; indeed, in 2010, the most common reasons for injectable-medication shortages were product-quality issues leading to recall or cessation of production. While quality/manufacturing issues are a major reason for these shortages, other reasons include production delays at the manufacturer, delays in receiving raw materials and components, and product discontinuations. This suggests that there may be a greater risk of supply disruption for products that are more specialized in manufacturing, have fewer manufacturers, have limited production capacity, and/or have longer lead times. Therefore, there may be implications for biologic therapies.

Because suppliers may leave tendered markets due to low pricing, reduced competition associated with tendering has the potential to lead to drug-supply shortages. There have been a number of reports of drug shortages in various markets and across various drug classes. Canada has experienced drug shortages of specialized medications, which have been linked to the consolidation of manufacturers to a single supplier. Similarly, the European Association of Hospital Pharmacists reported in 2013 that over half of medicine shortages (52.4%) were related to having a limited number of suppliers. In Germany, tendering caused a shift in the market from larger to smaller pharmaceutical manufacturers, which has been associated with reports of short-term shortages of medicine. This led German pharmacists to criticize the discount contracting system and to increase pressure on lawmakers to prioritize measures to mitigate the supply shortages.

The European Federation of Pharmaceutical Industries and Associations has reported that many European countries, including the UK, France, Italy, Spain, Portugal, Greece, Poland, the Czech Republic, Hungary, Romania, and Slovakia, have felt compelled to take action in the last few years. For example, in 2014, Greece moved from a single supplier to a three-supplier model for hospital procurement, as the previous model had resulted in significant shortages. The adapted procurement mechanisms allowed for a greater number and diversity of suppliers to mitigate their risk of shortages. However, in more recent years, it is important to note that other factors, including economic and political factors, have contributed to drug shortages in Greece. Additionally, France became the first country to introduce legal obligations and sanctions for pharmaceutical companies and pharmacy wholesalers to fight against drug shortages. Measures include: the identification of major therapeutic-interest drugs or classes of drugs for which shortage-management plans must be prepared; the requirement for pharmaceutical companies to develop and implement these shortage-management plans; if there are major therapeutic-interest drugs in shortage or in potential shortage outside of France, then wholesalers cannot sell them to wholesale distributors for drug export; and in the case of a breach of an obligation, pharmaceutical companies may be administratively and financially sanctioned.

Drug shortages have been associated with several economic factors, including the stoppage of drug production for economic reasons. In the US, drug shortages have become more frequent and have been linked to the consolidation of manufacturers. This has resulted in a reduction of products, leaving only a few manufacturers for older, less profitable products, which are often maintained in lower inventories. In the Netherlands, the number and average duration of reported drug shortages increased from 2004 to 2011; the majority (69%) of the longer shortages were due to economic factors. In Europe, economic causes (eg, reduced profitability and market attractiveness) behind drug shortages are generally not reported, because this can lead to a negative perception about the marketing-authorization holder. A reduction in the number of manufacturers in a market, whether it is due to consolidation or awarding of single-source tenders, can limit the ability to redistribute or increase supplies, eg, as a consequence of increased demand.
or to cover manufacturing or supply issues experienced by the main supplier.15,16

Tendering can also be associated with drug shortages through shifts in demand for certain drugs. Consolidation of generic-drug buyers and the use of group-purchasing and procurement programs have led to changes in purchasing patterns that can have an impact on distribution and inventories.39,58 Unforeseen and unexpected increases in demand (eg, due to disease outbreaks), changes in clinical practice, and parallel trade can also be associated with drug shortages.22 In addition, should issues arise with production or distribution when single-source tendering is used, the ability for another manufacturer to step in is eliminated.48 Splitting tender awards allows the maintenance of drug-supply capacity and adequate competition, while avoiding dependence on a single supplier.15 However, while this secures the drug supply, it may undercut the level of savings associated with tendering, because the economy of scale is usually reduced and bidders may not necessarily offer the lowest prices.15,48

**Biosimilars**

As more branded biologic therapies reach the end of patent and data-protection periods, biosimilars are being developed and approved for use. Biosimilars are not considered generics of biologic drugs.13,60,61 The recommendation for regulatory approval is based on the “totality of the evidence”, and includes a comprehensive data package from all stages of development (analytical, nonclinical, and clinical similarity assessment) that demonstrates biosimilarity to the originator biologic product.13,60,61 As with all biologic products, postmarketing pharmacovigilance is critical to monitor the safety of biosimilars.62 To date, more than 20 biosimilars have been approved by the European Medicines Agency since the development of specific recommendations for their evaluation (Table 2).60,63 The FDA approved its first biosimilar (a biosimilar to filgrastim) in 2015, and the first biosimilar monoclonal antibody (a biosimilar to infliximab) in 2016 (Table 2).64

Although biosimilar usage is growing rapidly in most EU countries, the uptake of biosimilars has varied considerably across the EU, mostly due to variations in incentives, distribution channels, medical practice, and the education of key stakeholders.65–72 For example, the education of physicians and implementation of measures to stimulate biosimilar prescribing has led to Germany being among the most successful countries to capitalize on the benefits of biosimilars.65–68,70–72 However, it must be highlighted that the penetration of biosimilars in Germany is very heterogeneous and depends on therapeutic class and region.66,67,70–72 Compared with other markets, the uptake of biosimilars of erythropoietin has been especially successful in Germany, and is largely due to incentives for biosimilar use.66,67 In 2014, the uptake of biosimilars of erythropoietin was 8.3%, 21.7%, 23% and 2.4% in France, Italy, Spain and the UK, respectively, compared with 32.9% in Germany.66 However, biosimilar uptake in European countries varies by product class, and the performance of a biosimilar in one product class does not necessarily predict the performance of biosimilars in other product classes. For example, the penetration rates for granulocyte colony-stimulating factor (G-CSF) biosimilars in 2014 was 12.8%, 11.8%, 25.2%, 56.8% and 40.7% in Germany, France, Italy, Spain and the UK, respectively.66 Spain, the UK, and Italy are countries with dominant hospital markets compared with France (dominant retail market) and Germany (distribution mix), thus accounting for the high uptake of G-CSF biosimilars in these countries.66 Greater acceptance of G-CSF biosimilars in Italy may also be the consequence of medical considerations and/or reimbursement policies.72 Additionally, greater G-CSF uptake compared with erythropoietin uptake in the UK may have been due to large discounts by originator erythropoietin product brands prior to biosimilar entry.72
### Table 2 Biosimilar availability in Canada, Europe, and the US\(^3\)\(^1\)\(^4\)\(^9\)

<table>
<thead>
<tr>
<th>Reference product</th>
<th>Indication</th>
<th>Biosimilar</th>
<th>Manufacturer</th>
<th>Date of licensing/authorization</th>
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<tr>
<td><strong>Canada</strong></td>
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<td></td>
</tr>
<tr>
<td>Insulin glargine (Lantus(^9))</td>
<td>Diabetes mellitus</td>
<td>Basaglar(^8)</td>
<td>Eli Lilly Canada</td>
<td>September 1, 2014</td>
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<td>Etanercept (Enbrel(^7))</td>
<td>Ankylosing spondylitis, Rheumatoid arthritis</td>
<td>Brenzys(^8)</td>
<td>Merck Canada</td>
<td>August 31, 2016</td>
</tr>
<tr>
<td>Filgrastim (Neupogen(^6))</td>
<td>Neutropenia</td>
<td>Grastofil(^8)</td>
<td>Apotex</td>
<td>December 7, 2015</td>
</tr>
<tr>
<td>Somatropin (Genotropin(^9))</td>
<td>Growth-hormone deficiency in adults and children</td>
<td>Omnitrope(^8)</td>
<td>Sandoz</td>
<td>April 20, 2009</td>
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<tr>
<td>Infliximab (Remicade(^9))</td>
<td>Ankylosing spondylitis, Crohn's disease, Psoriatic arthritis, Psoriasis, Rheumatoid arthritis, Ulcerative colitis</td>
<td>Inflectra(^8)</td>
<td>Hospira</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>Europe</strong></td>
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<tr>
<td>Insulin glargine (Lantus(^9))</td>
<td>Diabetes mellitus</td>
<td>Abasaglar(^8)</td>
<td>Lilly del Caribe</td>
<td>September 9, 2014</td>
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<td>Eli Lilly</td>
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<td>Dwarfism, Pituitary Prader–Willi syndrome, Turner syndrome</td>
<td>Lusduna(^8)</td>
<td>Merck Sharp &amp; Dohme</td>
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<td>Ratiogrostim(^8)</td>
<td>Sicor Biotech</td>
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<td>Sicor Biotech</td>
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<td>Zarzio(^8)</td>
<td>Sandoz</td>
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<td>Filgrastim Hexal(^8)</td>
<td>Sandoz</td>
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<td>Epoetin-α (Eprex(^9)/Erypo(^9))</td>
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<td>Abseamed(^8)</td>
<td>Rentschler Biotechnologie; Lek Pharmaceuticals</td>
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<td>Silapo(^8)</td>
<td>Norbitec GmbH</td>
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<td>Bemfola(^8)</td>
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<td></td>
<td>Ovaleap(^8)</td>
<td>Biogen (Denmark) Manufacturing</td>
<td>January 14, 2016</td>
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<td>Etanercept (Enbrel(^7))</td>
<td>Psoriatic arthritis, Rheumatoid arthritis, Psoriasis</td>
<td>Ovaleap(^8)</td>
<td>Biogen (Denmark)</td>
<td>May 26, 2016</td>
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<td>Infliximab (Remicade(^9))</td>
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<td>Flixabi(^8)</td>
<td>Biogen (Denmark)</td>
<td>September 10, 2013</td>
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<td>Merckle Biotec</td>
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<tr>
<td>Enoxaparin sodium (Clexane(^8))</td>
<td>Venous thromboembolism</td>
<td>Inhixa(^8)</td>
<td>Techdow Europe</td>
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<td></td>
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<td>Pharmathen</td>
<td>September 15, 2016</td>
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(Continued)
obtained 92.9% of the market share in Norway.74 Prompted by the response in Norway, the Dutch authorities began funding a similar trial (BIO-SWITCH) to study the effects of switching from Remicade® to an infliximab biosimilar.72

Economic analyses of budgetary impacts of biosimilars have been conducted, and biosimilars are more cost-efficient overall with significant savings.14,76,77 For example, in the London health-authority region, switching from originator filgrastim to the biosimilar filgrastim (Zarzio®) resulted in purchasing costs being reduced from £3.3 million in 2010 to £2.3 million in 2011, a £1 million annual saving.14 These savings were predicted to increase to £2 million in 2012 as the switch to Zarzio® continued. Furthermore, in the Southern Health Care region in Sweden, the introduction of Zarzio® was associated with net savings of €2 million, representing savings of 4%–5% of the total budget for all drugs.14 In an economic analysis of filgrastim, biosimilar filgrastim, and pegfilgrastim in Germany, France, Italy, Spain, and the UK, the biosimilar was consistently more cost-efficient than filgrastim or pegfilgrastim, with estimated savings of €457.84 for a 14-day regimen of treatment.76 Similarly, in a budget-impact analysis of a biosimilar to infliximab in Bulgaria, the Czech Republic, Hungary, Poland, Romania, and Slovakia, assuming the retail price for the infliximab biosimilar was 75% (25% discount) of the originator product, the projected estimated savings would be €15.3–€20.8 million in the first 3 years.77 An estimate on biosimilar-related savings between 2007 and 2020 for eight European countries (Germany, France, the UK, Italy, Spain, Sweden, Poland, and Romania) varied from €11.8 billion (slow penetration and minimal price reduction) to €33.4 billion (fast penetration and maximal price reduction).68

The development of biosimilars offers many potential benefits to patients, health care providers, and hospitals, including enhanced affordability and increased access to biologic treatments, without compromising on efficacy and safety. For example, in a pooled analysis of five postapproval studies across 12 European countries, Zarzio® was shown to be effective for the prevention of chemotherapy-induced neutropenia in clinical practice across a variety of cancers.14 Since its launch in 2009, the estimated exposure to Zarzio® is approximately 7 million patient-days (as of the FDA-approval date), and clinical experience has reported no prominent or new safety signals. Furthermore, no neutralizing antibodies were detected in any of the clinical studies in healthy volunteers or patients with cancer. Additionally, no reports of neutralizing antibodies have occurred during the ongoing pharmacovigilance of Zarzio® in clinical use.14,62,78

Table 2 (Continued)

<table>
<thead>
<tr>
<th>Reference product</th>
<th>Indication</th>
<th>Biosimilar</th>
<th>Manufacturer</th>
<th>Date of licensing/authorization</th>
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<tr>
<td>Adalimumab (Humira®)</td>
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<td>Erelzi®</td>
<td>Sandoz</td>
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<td>Etanercept (Enbrel®)</td>
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<td>Rheumatoid arthritis</td>
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<td>Ankylosing spondylitis</td>
<td>Zarxio®</td>
<td>Sandoz</td>
<td>March 6, 2015</td>
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<td>Hematopoietic stem-cell transplantation</td>
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<td>Ankylosing spondylitis</td>
<td>Zarxio®</td>
<td>Sandoz</td>
<td>March 6, 2015</td>
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</tbody>
</table>

Notes: Availability as of February 28, 2017.
to the biosimilar infliximab (Remsima®) in clinical practice reported satisfactory outcomes, sustained efficacy, and no sign of increased immunogenicity or any other safety concerns.87,88 Furthermore, a long-term extension of the pivotal PLANETRA study reported comparable efficacy and tolerability in patients with rheumatoid arthritis who switched from originator infliximab to Remsima® for an additional year and in those who had long-term Remsima® treatment for 2 years.89 In Norway, recent data from the NOR-SWITCH trial in adult patients with spondyloarthritis, rheumatoid arthritis, psoriatic arthritis, Crohn’s disease, ulcerative colitis, or psoriasis demonstrated that switching from Remicade® to Remsima® was not inferior to continued treatment with Remicade®.82 Markets with the greatest benefit from biosimilars are functioning and competitive, with manufacturers motivated to participate and physicians who can determine the appropriate use of biosimilars for their patients.65 Consistent with an earlier analysis of vaccine tendering in Italy, a regional analysis of biosimilar tendering demonstrated that an increase in the number of competitors was associated with lower awarded prices, and that savings can be generated using tenders if the bid is designed to allow more than one manufacturer to supply the biologic.21,33 Similarly, the WHO recommends that competition should be increased to the point at which drug prices are as low as possible.20 Furthermore, the “rule of five” for pharmaceutical pricing states that prices typically reach their minimum when at least five alternatives are on the market; additional bids generally do not result in further lowering of prices.20 For biosimilars, the European Trade Association of biopharmaceutical companies, European Biopharmaceutical Enterprises, recognizes that tendering and procurement practices are used to achieve the best-possible value and outcomes; however, they recommend that tendering practices for biologics and biosimilars include a variety of selection criteria and not be based solely on price.84 Instead, tendering should provide for a sufficiently broad choice of products.84 As discussed previously, disruptions in the availability of medicines can negatively impact both patients and the health system, e.g., by increased costs in sourcing alternative supplies and/or by increased vulnerability of the supply chain due to suppliers who may provide substandard products.85 To ensure the best outcomes, scientific committees involved in decision making about tendering and awards should include physicians and respect and safeguard their decisions in the clinical choice of appropriate treatment for any patient.84

Conclusion
Biosimilars have the potential to expand treatment options for many diseases. As observed with small-molecule generic drugs, maximizing the potential benefits of biosimilars can be significantly impacted by the policies and practices used to achieve the best value in patient care. Additionally, any tendering policy should be evaluated annually to ensure that multiple companies are still manufacturing the tendered biologics to avoid drug shortages, as well as market failures leading to market manipulation and exorbitant prices. The positive and negative aspects of tendering for small-molecule generic drugs can be critically assessed now as additional biosimilars become available to inform pricing policy.

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Author contributions
All authors contributed toward data analysis, drafting and revising the paper and agree to be accountable for all aspects of the work.

Disclosure
IJ, CK, RP, and LGS are employees of Pfizer Inc. The authors report no other conflicts of interest in this work.

References


