ORIGINAL RESEARCH Image registration reveals central lens thickness minimally increases during accommodation

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Purpose: To evaluate anterior chamber depth, central crystalline lens thickness and lens curvature during accommodation.

Setting: California Retina Associates, El Centro, CA, USA.

Design: Healthy volunteer, prospective, clinical research swept-source optical coherence biometric image registration study of accommodation.

Methods: Ten subjects (4 females and 6 males) with an average age of 22.5 years (range: 20-26 years) participated in the study. A 45° beam splitter attached to a Zeiss IOLMaster 700 (Carl Zeiss Meditec Inc., Jena, Germany) biometer enabled simultaneous imaging of the cornea, anterior chamber, entire central crystalline lens and fovea in the dilated right eyes of subjects before, and during focus on a target 11 cm from the cornea. Images with superimposable foveal images, obtained before and during accommodation, that met all of the predetermined alignment criteria were selected for comparison. This registration requirement assured that changes in anterior chamber depth and central lens thickness could be accurately and reliably measured. The lens radii of curvatures were measured with a pixel stick circle.

Results: Images from only 3 of 10 subjects met the predetermined criteria for registration. Mean anterior chamber depth decreased, $-67 \,\mu m$ (range: -0.40 to $-110 \,\mu m$), and mean central lens thickness increased, 117 µm (range: 100-130 µm). The lens surfaces steepened, anterior greater than posterior, while the lens, itself, did not move or shift its position as appeared from the lack of movement of the lens nucleus, during 7.8 diopters of accommodation, (range: 6.6-9.7 diopters).

Conclusion: Image registration, with stable invariant references for image correspondence, reveals that during accommodation a large increase in lens surface curvatures is associated with only a small increase in central lens thickness and no change in lens position.

Keywords: swept-source biometry, accommodation, anterior chamber depth, crystalline lens thickness, image registration, lens curvature

Background

Continued disagreement exists as to the fundamental mechanism of accommodation in humans. Despite over 150 years of research, 2 theories remain. The Helmholtz theory hypothesizes that during accommodation, the zonules relax causing the lens to round up with a large increase in central lens thickness (>35 µm/diopter of accommodation) and anterior movement of the lens.¹⁻³ In contrast, the Schachar mechanism⁴ states that during accommodation, the equatorial zonules increase in tension causing peripheral lens flattening and a small increase in central lens thickness (<20 µm/diopter of accommodation) while the lens remains stable.²⁻⁴ Both theories predict central lens thickness will increase; however, Helmholtz predicts a much larger increase than Schachar. The fundamental difference between the 2 theories is the magnitude of the

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change in central lens thickness and the extent and direction of the change in equatorial lens diameter.

Given these differences, it seems that modern imaging of the lens in the unaccommodated and accommodated state could readily distinguish between these 2 theories. However, during accommodation, even with 1 eye patched, the viewing eye cyclotorts^{5–7} and since the eye does not have a fixed point of rotation, the whole eye also shifts.⁸ These extraocular movements are not random and introduce significant alignment errors when comparing accommodated and unaccommodated images.⁶ Moreover, the microsaccades of the eye make identifying corresponding images for perfect registration difficult. The result has been a continued disagreement for interpreting lens measurements acquired at baseline and during accommodation.

In order to differentiate between these 2 mechanisms of accommodation, high resolution and proper image registration are a prerequisite. To satisfy these basic criteria, the most advanced commercially available ocular swept-source optical coherent tomographic biometer, the Zeiss IOLMaster 700 (Carl Zeiss Meditec Inc., Jena, Germany) was used. The swept source optical coherence biometer has the advantage of long range and higher sampling rates than can typically be obtained with spectral/Fourier domain optical coherence tomography.^{9,10} The Zeiss IOLMaster 700 simultaneously images the cornea, anterior chamber, entire central crystalline lens and fovea, with a standard deviation of repeat measurements in the optic axis of 10 µm for the anterior chamber depth and 20 µm for the lens thickness.^{11,12} In addition to measuring central corneal thickness and axial length, the instrument has a video camera and keratometer to measure the center of the cornea relative to the visual axis, white-towhite (WTW; corneoscleral margins), corneal curvature, corneal astigmatic axis and pupil diameter.

A distinct advantage of the Zeiss IOLMaster 700 is that it captures high resolution sagittal sections of both the shape of the cornea and fovea allowing for 2 non-changing positional references separated by over 20 mm for image comparison.^{4,6,13,14} Using pre-established criteria for alignment, registrable image pairs can be used to reliably compare changes in intraocular structures between the baseline and accommodated state.

To minimize the effects of motion artifact, image registration is standard practice. It significantly improves measurement accuracy and detection of conformational changes.^{15–19} The advantages of image registration have become apparent in ophthalmology when it was incorporated into commercially available optical coherent tomographic instruments designed for examining the posterior segment of the eye. Measurements of change in retinal nerve fiber layer and central retinal thickness have become more accurate.²⁰⁻²¹ Detection of subtle retinal pathologies, not visible in the past, is now routinely observed.²²⁻²⁴ Unfortunately, there is no commercially available instrument that incorporates image registration for assessing the anterior segment of the eye. Consequently, reported accommodative lens directional and dimensional changes may be exaggerated and/or distorted. This is the first study to incorporate invariant stable positional references separated by >20 mm to measure the changes in central lens thickness during accommodation. A recent study of accommodative lens changes used the location of the pupil and the shape of the iris to determine image correspondence for image registration.²⁵ Since both the location of the pupil and shape of the iris change with accommodation, even during phenylephrine dilation,²⁶⁻³² reliance on these unstable references ensured that compared images were not properly registered.

Methods Subjects

Ten subjects (4 females and 6 males) with an average age of 22.5 years (range: 20–26 years) participated in this prospective cohort study. They were healthy ophthalmic technicians from the staff of California Retina Associates. All subjects agreed to participate and executed an informed consent. This study complied with the tenets of the Declaration of Helsinki and was approved by the Ethics Committee of the California Retina Associates.

All subjects had normal ocular examinations. Each had best corrected visual acuity of 20/20 and a mean spherical equivalent refraction of -1.01 diopters (range: 0.125 to -4.50 diopters). None were using any medications, supplements nor any recreational drugs that would affect accommodation.

Measurement system

The Zeiss IOLMaster 700 (Carl Zeiss Meditec Inc.) was used for image acquisition. The ring (Zeiss part number 0239–805) that retains the cover of the IOLMaster 700 was replaced with a ring modified to hold a 3.147" diameter semicircle 1.1 mm thick beam splitter (Newport Corp., Franklin, MA, USA) at 45° with respect to the optical axis of the biometer. The transmission of the beam splitter at 45° was \geq 95% for wavelengths from 500 to 1,100 nm and 99.5% reflective at 415 nm. Using an x-y-z mechanical stage affixed to the top of the biometer, a 415 nm light emitting diode flashlight (Zhishunjia Industry Co., Shenzhen, China) was supported at



Figure I Photographs of the modified IOLMaster 700 swept-source.

Notes: (A) The beam splitter mounted on the cover retaining ring. (B) The mechanical stage mounted at the top of the biometer to control the position of the 415 nm LED flashlight. (C) A photograph showing the fixation 20/50 near letter "O" target illuminated by the flashlight with the rest of the flashlight lens covered.

the side of the instrument (Figure 1). A 20/50 near chart black letter "O" on a transparent film was attached to the flashlight lens. A black piece of paper with a peripheral hole was used to cover the glass of the flashlight, except at the location of the letter (Figure 1C). The luminance of the target was ~100 cd/m², similar to a near chart,³³ as measured with a luminance meter (Model LS-110, Minolta Camera Co, Ltd., Osaka, Japan). With the beam splitter in place, the biometer was calibrated using the method described by the manufacturer.¹¹

Measurement procedure

Forty-five minutes after placing 1 drop of phenylephrine 10% in the right eye (1gtt every 1 min \times 3), which did not affect accommodative amplitude,³⁴ 3 unaccommodated biometric measurements were performed. For the measurements, the subjects fixated on the internal target light of the IOLMaster 700 with their uncorrected right eyes while their left eyes were patched. Then the flashlight was turned on and positioned, using the mechanical stage, until the subject confirmed the 20/50 letter was in focus and the fixation light of the biometer was aligned in the center of the letter. To stimulate maximum accommodation, a target distance of 11 cm from the eye was chosen to induce 9.0 diopters of accommodation, which was within 3 standard deviations of the reported objectively measured mean accommodative amplitude for this age group.^{35,36} While the subject maintained focus and alignment with the target letter at 11 cm from the cornea, 3 consecutive, accommodated biometric measurements were obtained. During all measurements, the light in the room was kept at the same overall illumination.

Image analysis

Using the predetermined positional references, which do not change position during accommodation, image alignment of multiple images was performed in order to find an acceptable pair for comparison. The stable references used in this study were corneal thickness, corneal optical power (spherical equivalent keratometry), corneal astigmatic axis, corneal diameter (WTW), center of the cornea and axial length.^{6,13,14,37,38}

The pupil size had to be >4.0 mm and the displacements between the stable positional references for the image pairs, selected for final comparison, were required to meet the following criteria:

- 1. Corneal thickness $\leq 5 \,\mu m$
- 2. Spherical equivalent keratometry ≤ 0.15 diopters
- 3. Corneal astigmatic axis $\leq 4^{\circ}$
- 4. WTW ≤100 μm
- Center of the cornea related to the visual axis ≤150 µm (calculated from the x and y coordinates specified by the biometer)
- 6. Axial length $\leq 15 \,\mu m$.

The threshold criterion for each stable parameter above was based on the reported standard deviation of the repeatability for that parameter measured by the IOLMaster 700.¹¹ Consistent with the generally acceptable difference between clinical measurements,³⁹ a difference less than or equal to twice the reported standard deviation for the repeatability was chosen as the threshold for acceptable pairing of images. Additionally, a 400% magnification of the foveal images of the paired accommodated and unaccommodated images had to be registrable.

Once a pair was established, based on the above criteria, each digitized image was again magnified to 400%. The images were scaled using pixel software (Pixel Stick 2.9 for the Mac; Plum Amazing LLC, Princeville, HI, USA) and the central lens thickness specified by the biometer. Then the circle of the pixel stick was sized until it was superimposable on the anterior lens surface and then sized until it was superimposable on the posterior lens surface to determine their radii of curvatures. To validate this method of curvature measurement, the circle of the pixel stick was sized until it was superimposable on the anterior corneal surface and the calculated corneal radius of curvature was compared with the vertical keratometry specified by the biometer. The measurements were made manually and the examiner was masked. Repeatability was not assessed; however, the IOLMaster 700 reports are included in Figure 2 for anyone to repeat.

Central optical power (COP) of the lens was calculated with the following formula:⁴

$$COP = \frac{n_{1} - n_{a}}{r_{a}} - \frac{n_{1} - n_{a}}{r_{p}} + \frac{t(n_{1} - n_{a})^{2}}{r_{a}r_{p}n_{1}}$$

where n_1 is the refractive index of the lens, 1.42, n_a is the refractive index of the aqueous and vitreous, 1.336, t is the central lens thickness and r_a and r_p are the the radii of curvatures of the anterior and posterior curvatures, respectively. Following the standard convention for a concave surface, the posterior lens radius of curvature was designated minus.

Results

Subjects with registrable images

Of the 10 study subjects with 30 baseline and 30 accommodated images, only 1 baseline and 1 accommodated image from just 3 subjects met the stringent registration criteria for analysis. For these 3 subjects, the maximum difference between the baseline and accommodative images for: the location of the corneal center was 141 μ m, central corneal thickness was 5 μ m, spherical equivalent keratometry was 0.13 diopters, astigmatic axis was 4°, WTW (corneal diameter) was 100 μ m and axial length was 10 μ m (Figure 2). In addition, their foveas were registrable. Age, spherical equivalent refraction and differences between the stable parameters for the paired accommodated and unaccommodated images (1 image from each accommodative state) from each of the 3 subjects are given in Table 1.

Forty-five minutes after administration of phenylephrine, the pupil sizes of subjects 1, 2 and 3 were 7.6, 8.6 and 8.3 mm. Their pupils constricted 3.1, 1.8 and 2.1 mm (mean of 2.3 mm) to 4.5, 6.8 and 6.2 mm while focusing on the near target (Figure 2). Superimposition and registration of the foveal images from the image pairs is shown in Figure 3.

Measurement of anterior and posterior lens radii of curvatures

Matching of the pixel stick circles along with the radius of curvatures of the unaccommodated and accommodated anterior corneal surface and anterior and posterior lens surfaces are shown in Figures 4 and 5. The anterior corneal surface and each lens surface radius of curvature were converted to millimeters using the following:

$$RoC (mm) = \frac{Central lens thickness (mm)}{Central lens thickness (pixels)} \times RoC (pixels)$$

where, RoC = surface radius of curvature. For the conversion from millimeters to pixels, the central lens thickness of each subject and each accommodative state was used to individualize scaling of the pixel circle measurement for each image. Comparisons of the calculated anterior corneal radius of curvature to the biometer specified vertical keratometry and the calculated lens surface radii of curvatures are given in Tables 2 and 3, respectively.

The standard deviation of the mean difference between the calculated and biometer-measured vertical keratometry was $\pm 140 \mu$ m, implying that the biometric images were not distorted and the precision (2 standard deviations) for the pixel circle lens radius measurements was approximately $\pm 300 \mu$ m.

Change in anterior chamber depth and central lens thickness

The change associated with accommodation in anterior chamber depth, central lens thickness, anterior and posterior radii of curvatures and COP are given in Table 4.

The mean decrease in anterior chamber depth, increase in central lens thickness and decrease in vitreous length was -67, 117 and $-40 \,\mu$ m, respectively. Based on the measured radius of curvature of each lens surface, the average calculated increase in central lens optical power was 7.78 diopters. This compares closely with the accommodation stimulated by a near target at 11 cm from the cornea in these eyes without any correction. The difference between the calculated change in lens optical power and the expected accommodation (accommodative stimulus minus the spherical equivalent of the refraction) was +0.69 diopters (9.69–9.00 diopters), -1.36 diopters (7.01–8.365) and -0.36 diopters (6.64–7.0 diopters). The mean difference was -0.34 diopters.

Registration of the cornea and fovea

Superimposition of the corneas and foveas of the entire sagittal sections of the accommodated on top of the unaccommodated eyes of the subjects revealed the lens was stable and did not move anteriorly, posteriorly or downward during accommodation as appeared from the lack of movement of the lens nucleus (Figure 6). Α

OD right			Analysis						
	Measured value	s	Ker	atometry values					
AL: 22.60 n	nm (SD	=3 µm)		n: 1.3375					
ACD: 3.27 m LT: 3.96 m	m (SD m (SD	=9 μm) =10 μm)	SE: 43.99 D (l) K1: 43.01 D @ 1 K2: 45.02 D @ 8 ΔD: +2.02 D @ 8	(SD =2 μm) 176° (SD =3 μm) 86° (SD =2 μm) 86°					
Cent	tral corneal thic	ness	WTW and pupil values (CW-chord)						
CCT: 488 µm	n (SD	=4 µm)	WTW: 12.1 mm P: 7.6 mm	lx: +0.5 mm ly: +0.1 mm Px: +0.2 mm Py: +0.1 mm					
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00		Analysis
right		
1	Measured values	Keratometry values
AL: 23.92 m	nm (SD =6 μm)	n: 1.3375
ACD: 3.89 mr LT: 3.31 mr	n (SD =8 μm) n (SD =10 μm)	SE: 44.07 D (SD =3 μm) K1: 43.75 D @ 9° (SD =3 μm) K2: 44.40 D @ 99° (SD =7 μm) ΔD: +0.65 D @ 99° (SD =7 μm)
Cent	ral corneal thickness	WTW and pupil values (CW-chord)
CCT: 590 µm	(SD =4 μm)	WTW: 12.2 mm lx: +0.4 mm ly: +0.1 mm P: 8.6 mm Px: +0.2 mm Py: +0.1 mm
2		Areasting and

00		Analysis							
right									
-	Measured values	Keratometry values							
AL: 24.08 m ACD: 3.83 mr LT: 3.50 mr	im (SD =10 μm) n (SD =6 μm) n (SD =10 μm)	n: 1.3375 SE: 43.19 D (I) (SD =1 μm) K1: 42.42 D @ 11° (SD =3 μm) K2: 43.99 D @ 101° (SD =3 μm) ΔD: +1.57 D @ 101° (SD =3 μm)							
Cent	ral corneal thickness	WTW and pupil values (CW-chord)							
CCT: 569 µm	(SD =3 µm)	WTW: 12.7 mm Ix: +0.4 mm Iy: +0.1 mm P: 8.3 mm Px: +0.2 mm Py: +0.2 mm							
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During accommodation central lens thickness minimally increases

OD right		Analysis	
Meas	ured values	Keratometry values	
AL: 22.61 mm	(SD =6 µm)	n: 1.3375	
ACD: 3.23 mm LT: 4.06 mm	(SD =10 μm) (SD =13 μm)	$\begin{array}{llllllllllllllllllllllllllllllllllll$	
Central co	rneal thickness	WTW and pupil values (CW-chore	d)
CCT: 493 µm	(SD =4 µm)	WTW: 12.2 mm lx: +0.5 mm ly: +0. P: 4.5 mm Px: -0.1 mm Py: +0.	1 п 3 п
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	Analysis										
right											
	Measured values	Keratometry values									
AL: 23.93 n	nm (SD =8 μm)	n: 1.3375									
ACD: 3.78 mr LT: 3.44 mr	n (SD =11 μm) n (SD =16 μm)										
Cent	ral corneal thickness	WTW and pupil values (CW-chord)									
CCT: 594 µm	(SD =4 μm)	WTW: 12.2 mm lx: +0.3 mm ly: +0.2 mm P: 6.8 mm Px: +0.0 mm Py: +0.1 mm									
2											

OD right		Analysis					
	Measured values	Keratometry values					
AL: 24.09 n ACD: 3.78 m LT: 3.62 m	nm (SD =5 μm) m (SD =8 μm) m (SD =16 μm)	$\label{eq:second} \begin{array}{ c c c c c c c c c c c c c c c c c c c$					
Cent	ral corneal thickness	WTW and pupil values (CW-chord)					
CCT: 570 µm	i (SD =3 μm)	WTW: 12.6 mm lx: +0.3 mm ly: +0.1 mm P: 6.2 mm Px: +0.0 mm Py: +0.5 mm					
3							

Figure 2 Data output from the IOL master for subjects 1, 2 and 3.

Notes: (A) Unaccommodated. (B) Accommodated. Note that the subjects' pupils constricted and their lenses increased in thickness while focusing on the near target. Abbreviations: ACD, anterior chamber depth; AL, axial length; LT, lens thickness; SE, spherical equivalent; WTW, white-to-white.

3

Subject	Age	Baseline SER	Accommodated – unaccommodated									
	(years)	(diopters)	CCT (µm)	SEK (diopters)	Astigmatic axis (°)	WTW (μm)	Corneal center (μm)	Axial length (μm)				
1	24	0.00	5	-0.05	0	100	0	10				
2	21	-0.635	4	-0.13	I	0	4	10				
3	20	-2.00	I	-0.08	-4	-100	100	10				
Average	21.7	-1.04	3	-0.08	-1	0	80.3	10				
SD	2.1	0.88	2	0	2.6	100	72.5	0				

 Table I
 Subject age, baseline spherical equivalent refraction and differences between accommodated and unaccommodated preselected parameters

Abbreviations: CCT, central corneal thickness; SEK, spherical equivalent keratometry; SER, spherical equivalent refraction; WTW, white-to-white.

Discussion

Accommodation induces cyclotorsion and convergence of the eye. These non-random changes in ocular alignment can systematically bias lens measurements if not carefully guarded against using precise image registration techniques. Accordingly, we set stringent inclusion criteria to find matching image pairs to guarantee appropriate comparison between intraocular structures.

Using a carefully designed target and the most advanced swept-source coherence tomographic biometer (Zeiss IOLMaster 700), we attempted to match baseline and accommodated images. To our surprise, even using this biometer, only 3 of 10 subjects satisfied the stringent inclusion criteria needed to identify perfectly registrable images from the accommodated and unaccommodated state. The difficulty in finding perfectly registrable matching images is likely a consequence of both the changes in ocular alignment and the microsaccadic movements that occur continuously in the fixating eye. Despite these challenges, 3 subjects were successfully identified who met the stringent inclusion criteria.

Another pitfall in researching lens changes during accommodation is that, in the absence of pharmacologic activation, accommodation is an effort-dependent process. Therefore, care must be taken to assure subjects are in fact accommodating. This point is especially important when assessing Schachar's mechanism as it contends small increases in lens thickness and no change in lens position. Two important features were used to confirm accommodative amplitude.



Figure 3 IOLMaster 700 foveal images of subjects 1, 2 and 3.

Notes: (A) Unaccommodated (red). (B) Accommodated (blue). (C) Accommodated superimposed on unaccommodated showing registration.



Figure 4 IOLMaster 700 corneal images of subjects 1, 2 and 3 showing the radius of curvature in pixels for the circle that matched the anterior vertical surface of the cornea.

Notes: (A) Unaccommodated. (B) Accommodated anterior corneal surface. The fine red line of the pixel stick circle is only easily seen when the image is magnified to make the central corneal thickness ~0.5".

First, pupil constriction occurred in all subjects in the accommodative state despite having received a strong adrenergic agonist. Second, central lens thickness increased when the subjects were focusing at near. Third, by measuring the change in lens curvatures during accommodation, we were able to confirm average accommodative amplitude of 7.8 diopters. Because subjects were imaged without their refraction, we compared the calculated change in lens



Figure 5 IOLMaster 700 lens images of subjects 1, 2 and 3 showing the radius of curvature in pixels for the circle that matched the unaccommodated and accommodated lens surfaces.

Notes: Unaccommodated (A) anterior and (B) posterior. Accommodated (C) anterior and (D) posterior lens surfaces. The fine red line of the pixel stick circle is only easily seen when the image is magnified to make the central thickness ~3".

power with the predicted amount of accommodative amplitude needed to resolve the near target given their baseline refractions and found a mean difference of <0.50 diopters, further confirming that the subjects were accommodating on the near target. The calculated accommodative amplitude for subject 1 was 9.67 diopters, which was less than one tenth of a diopter above 3 standard deviations of the reported objectively measured mean accommodative amplitude, 6.25 diopters ± 1.13 diopters for subjects in this age group.^{35,36} Although not

Table 2 Co	mparison of	measured	anterior	corneal	radius to	o IOL	Master	700	vertical	keratome	try
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Subject	Unaccom	modated				Accommodated					
	CR	CR	VK	VK	CR – VK	CR	CR	VK	VK	CR – VK	
	(pixels)	(mm)	(diopters)	(mm)	(μm)	(pixels)	(mm)	(diopters)	ters) (mm)		
1	1,295	7.38	45.02	7.46	-83	1,311	7.42	44.94	7.48	-57	
2	1,363	7.68	44.40	7.57	112	1,371	7.70	44.19	7.60	96	
3	1,357	7.65	43.99	7.64	12	1,345	7.50	44.26	7.59	-92	
Average	1,338	7.57	44.47	7.56	14	1,342	7.54	44.46	7.56	-17	
SD	38	0.16	0.52	0.09	98	30	0.14	0.41	0.07	100	

Abbreviations: CR, measured corneal anterior radius; VK, vertical keratometry.

Subject	Unaccon	nmodated					Accomm	nodated							
	CLT	CLT	AR	AR	PR	PR	CLT	CLT	AR	AR	PR	PR			
	(pixels)	(mm)	(pixels)	(mm)	(pixels)	(mm)	(pixels)	(mm)	(pixels)	(mm)	(pixels)	(mm)			
1	695	3.96	1,795	10.2	1,163	-6.6	717	4.06	1,205	6.8	783	-4.4			
2	587	3.31	1,839	10.4	1,117	-6.3	607	3.44	1,221	6.9	891	-5.0			
3	621	3.50	1,859	10.5	1,087	-6.I	649	3.62	1,269	7.1	903	-5.0			
Average	634	3.59	1,831	10.4	1,122	-6.4	658	3.71	1,232	6.9	859	-4.8			
SD	55	0.33	33	0.13	38	0.25	56	0.32	33	0.1	66	0.4			

Table 3 Conversion of lens surface curvatures from pixels to millimeters

Abbreviations: AR, anterior lens radius; CLT, central lens thickness; PR, posterior lens radius.

common, subjects can have an objectively measured accommodative lead;^{40,41} however, even if the accommodative amplitude was actually lower for this subject, it would not meaningfully alter the results.

Having verified that accommodation was occurring and identifying registrable matching image pairs based on the predetermined criteria, the changes in lens thickness and lens position that occur during accommodation could be reliably assessed. For the 3 subjects that met the inclusion criteria, registered images demonstrated that mean anterior chamber depth decreased to $-67 \,\mu m$ (range: $-40 \text{ to } -110 \,\mu m$), central lens thickness increased to 117 µm (range: 100-130 µm), vitreous length decreased to $-40 \,\mu m$ (range: 10–60 μm) and anterior and posterior radii of curvatures steepened to 3.4 mm (range: 3.4-3.5 mm) and 1.5 mm (range: 1.1-2.1 mm), during a mean 7.8 diopters of accommodation. On average, anterior chamber depth decreased by -8.5 µm/diopter, central lens thickness increased by 16 µm/diopter, and anterior and posterior radii of curvature steepened by 437 µm/diopter and 193 µm/diopter.

In all 3 subjects, the lens was stable, as evidenced by the lack of apparent movement of the nucleus during accommodation (Figure 6). Since the whole lens did not move and the decrease in anterior chamber depth was greater than the decrease in vitreous length (Table 4), the anterior portion of

the lens moved anteriorly more than the posterior portion of the lens moved posteriorly. The larger movement of the anterior portion of the lens was consistent with the greater steepening of the anterior lens surface than the posterior surface.

These findings of small changes in lens thickness associated with large central lens surface steepening and an unchanging lens position are predicted by Schachar's mechanism of accommodation.⁴

Conclusion

This study highlights that the small changes in anterior chamber depth and central lens thickness during accommodation can easily be masked by extraocular movements, which are large in magnitude. Prior studies have reported exaggerated changes in anterior chamber depth and lens thickness of three or more times greater than in the present study.^{42–49} These prior studies did not use image registration to differentiate the effects of ocular alignment and/or microsaccadic movements. It is well documented that when studies do not incorporate proper image registration, measurements can be inaccurate and/or exaggerated.^{50–54}

Although phenylephrine does not appear to have an effect on accommodative amplitude,³⁴ pupillary dilation does affect near vision. Therefore, it would be ideal to have a technique that does not require pupillary dilation and has the same or

 Table 4
 Accommodative changes in anterior chamber depth, lens thickness, lens curvatures, vitreous length and central optical power

Subject	Age	e Unaccommodated						Change with accommodation					
	(years)	ACD	CLT	AR	PR	VL	СОР	ACD	CLT	AR	PR	VL	СОР
		(mm)	(mm)	(mm)	(mm)	(mm)	(diopters)	(µm)	(µm)	(mm)	(mm)	(mm)	(diopters)
I	24	3.27	3.96	10.2	-6.6	15.37	20.67	-40	100	-3.4	2.1	-0.05	9.69
2	21	3.89	3.31	10.4	-6.3	16.72	21.16	-110	130	-3.5	1.2	-0.0 I	7.01
3	20	3.83	3.5	10.5	-6.I	16.75	21.50	-50	120	-3.4	1.1	-0.06	6.64
Average	21.7	3.66	3.59	10.4	-6.4	16.28	21.11	-67	117	-3.4	1.5	-0.04	7.78
SD	2.1	0.34	0.33	0.13	0.25	0.79	0.42	37.9	15.3	0.03	0.56	0.03	1.66

Abbreviations: ACD, anterior chamber depth; AR, anterior lens radius; CLT, central lens thickness; COP, central optical power; PR, posterior lens radius; VL, vitreous length.



Figure 6 Images of the complete sagittal section of the eyes of subjects I, 2 and 3 with registration of the corneas and foveas. Notes: Accommodated image (blue) on top of the unaccommodated image (red) of subjects I, 2 and 3. As shown by the apparent lack of movement of the lens nucleus, the whole lens did not move. There was no anterior, posterior or downward movement of the whole lens.

greater resolution than the swept-source optical coherence tomographer for imaging the whole eye.

As imaging modalities improve and incorporate image registration, it will be possible to more reliably assess changes in lens thickness and lens surface curvatures during accommodation. As is evidenced by this work, it is imperative that stringent image registration techniques be used that include unchanging stable references for precise image correspondence to evaluate changes in the eye that occur with accommodation.

What was known

Previous studies that did not incorporate image registration with non-changing positional references for image comparison found: 1) A large accommodative change in central lens thickness of ~45 µm/diopter. 2) The whole lens appeared to move anteriorly.

What this article adds

- High resolution techniques that incorporate image registration with stable unchanging references are required to properly assess changes associated with accommodation.
- With precise image registration, central lens thickness minimally increases 16 μm/diopter.
- The lens is stable during accommodation. The whole lens does not move anteriorly, posteriorly or downward during accommodation.

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Disclosure

The authors report no conflicts of interest in this work.

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