Osimertinib in the treatment of non-small-cell lung cancer: design, development and place in therapy

Abstract: The discovery of epidermal growth factor receptor (EGFR) mutations and subsequent demonstration of the efficacy of genotype-directed therapies with EGFR tyrosine kinase inhibitors (TKIs) marked the advent of the era of precision medicine for non-small-cell lung cancer (NSCLC). First- and second-generation EGFR TKIs, including erlotinib, gefitinib and afatinib, have consistently shown superior efficacy and better toxicity compared with first-line platinum-based chemotherapy and currently represent the standard of care for EGFR-mutated advanced NSCLC patients. However, tumors invariably develop acquired resistance to EGFR TKIs, thereby limiting the long-term efficacy of these agents. The T790M mutation in exon 20 of the EGFR gene has been identified as the most common mechanism of acquired resistance. Osimertinib is a third-generation TKI designed to target both EGFR TKI-sensitizing mutations and T790M, while sparing wild-type EGFR. Based on its pronounced clinical activity and good safety profile demonstrated in early Phase I and II trials, osimertinib received first approval in 2015 by the US FDA and in early 2016 by European Medicines Agency for the treatment of EGFR T790M mutation-positive NSCLC patients in progression after EGFR TKI therapy. Recent results from the Phase III AURA3 trial demonstrated the superiority of osimertinib over standard platinum-based doublet chemotherapy for treatment of patients with advanced EGFR T790M mutation-positive NSCLC with disease progression following first-line EGFR TKI therapy, thus definitively establishing this third-generation TKI as the standard of care in this setting. Herein, we review preclinical findings and clinical data from Phase I–III trials of osimertinib, including its efficacy in patients with central nervous system metastases. We further discuss current available methods used to analyze T790M mutation status and the main mechanisms of resistance to osimertinib. Finally, we provide an outlook on ongoing trials with osimertinib and novel therapeutic combinations that might continue to improve the clinical outcome of EGFR-mutated NSCLC patients.

Keywords: osimertinib, T790M mutation, epidermal growth factor receptor, tyrosine kinase inhibitors

Introduction

Lung cancer is the leading cause of cancer mortality, representing more than one-quarter of all cancer deaths in 2016.1 About 85% of lung cancers are non-small-cell lung cancer (NSCLC), comprising adenocarcinoma, squamous cell carcinoma, and large-cell lung cancer, which are generally diagnosed as locally advanced or metastatic disease. For patients with advanced NSCLC, platinum-based chemotherapy has historically been the cornerstone of systemic treatment, although it offers modest improvement in overall survival (OS).2 The discovery of oncogenic drivers, including epidermal growth factor...
receptor (EGFR) mutations and anaplastic lymphoma kinase (ALK) rearrangements, mainly found in adenocarcinoma, and the development of specific molecularly targeted agents, has radically changed the therapeutic landscape for advanced NSCLC patients. The remarkable efficacy of treatment with EGFR tyrosine kinase inhibitors (TKIs), including gefitinib, erlotinib and afatinib, has been largely established in several prospective trials, resulting in higher objective response rate (ORR), longer progression-free survival (PFS) and better tolerability and quality of life (QoL), compared with standard platinum-based chemotherapy in EGFR-mutated NSCLC patients. Similarly, the first-in-class ALK TKI, crizotinib, showed superior efficacy than chemotherapy in NSCLC patients with ALK rearrangements. These targeted agents currently represent the standard, first-line treatment of such molecularly defined patients with advanced NSCLC. The combination of erlotinib and bevacizumab represents another first-line treatment option for patients with NSCLC harboring activating EGFR mutations. After progression to crizotinib, ALK-rearranged NSCLC patients can benefit from treatment with next-generation ALK inhibitors, including ceritinib, alectinib and brigatinib, which have been approved in this setting. Recently, for the relatively small subgroup of NSCLC patients harboring the BRAF V600E mutation, dabrafenib and trametinib combination has emerged as a novel, effective therapeutic option. In the past few years, immunotherapy has expanded the therapeutic array for NSCLC patients and different immune checkpoint inhibitors targeting the PD-1/PD-L1 pathway, including nivolumab, pembrolizumab and atezolizumab, are currently approved in the second-line setting. The anti-PD-1 monoclonal antibody, pembrolizumab, has recently received approval also in the first-line setting, for those patients whose tumors have high PD-L1 expression (defined as PD-L1 expression on at least 50% of tumor cells), establishing autocrine loops that hyperactivate the receptor. Indeed, in squamous cell lung cancer, which is a particularly aggressive disease, EGFR gene amplification occurs in 7%–10% of cases and EGFR protein overexpression is most common in squamous- compared with the nonsquamous NSCLC. Somatic activating mutations of EGFR are instead predominant in adenocarcinoma. Activating EGFR mutations were first identified in NSCLC in 2004 and characterized as oncogenic mutations conferring high sensitivity to targeted inhibition by EGFR TKIs. EGFR gene mutations cluster in the region encoding for adenosine triphosphate (ATP)-binding pocket of the kinase domain (exons 18–21) and induce constitutive activation of the receptor and downstream pro-survival pathways and, consequently, confer oncogenic properties to cells which become dependent on EGFR for their survival. The most common, “classic” mutations are the in-frame exon 19 deletion and the exon 21 point mutation, resulting in a substitution of arginine for leucine at position 858 (L858R), accounting for about 90% of all mutations. Other relatively rare, sensitizing EGFR mutations have been described, such as G719X and L861Q mutations. The prevalence of EGFR mutations is higher in never-smokers, females and patients of East Asian ethnicity. Through a systematic review and meta-analysis, including 456 studies, Zhang et al have found that the overall pooled prevalence for EGFR mutations in patients with NSCLC is 32.3%, ranging from 38.4% in China to 14.1% in Europe. The first-generation, reversible EGFR TKIs, gefitinib and erlotinib, are orally bioavailable synthetic anilinoquinazolines designed to compete for ATP binding to the catalytic site of the receptor, switch off prosurvival signals, and cause tumor cell death, whereas the second-generation inhibitors, including afatinib and dacomitinib, are irreversible inhibitors with greater affinity for the EGFR kinase domain and can also inhibit and block signaling from other members of the ErbB family, thus providing enhanced EGFR blockade. The Iressa Pan-Asia Study, including advanced NSCLC patients with clinical characteristics predictive of response to TKIs (East Asian patients, adenocarcinoma, never- or mild-smokers), was the first study demonstrating the superiority of gefitinib compared with chemotherapy in patients with...
EGFR mutations, thus leading to its approval in this setting. Indeed, within this subgroup of patients, gefitinib was associated with a significantly longer PFS and ORR compared with chemotherapy. Subsequent multiple, randomized Phase III trials, exclusively enrolling patients with EGFR-mutated NSCLC, explored the use of gefitinib, erlotinib or afatinib as first-line treatment in comparison with standard platinum-based chemotherapy. In all studies, EGFR TKIs improved ORRs, PFS and QoL over chemotherapy. However, none of the above studies have shown any benefit in OS for any of the EGFR TKI over platinum-based chemotherapy, likely due to treatment crossover effects at progression. Only a pooled OS analysis of patients included in 2 Phase III trials, LUX-Lung 3 and LUX-Lung 6, showed a significant OS benefit in patients with exon 19 deletions treated with afatinib, compared with chemotherapy. The same OS difference was not seen in patients with L858R mutations. These positive results have led to the approval of gefitinib, erlotinib and afatinib, as upfront therapies of advanced NSCLC patients with EGFR mutations. These drugs have dramatically improved the therapeutic management of NSCLC patients and have also impacted on the diagnostic process, since tumor molecular profiling has been rapidly incorporated over the past few years into clinical routine practice to guide treatment selection.

Mechanisms of resistance to first-line EGFR TKI therapy

Unfortunately, despite marked and often durable responses to EGFR TKIs, the vast majority of patients will develop progressive disease, generally within 1 year of treatment, due to development of acquired resistance that ultimately limits the long-term efficacy of these agents. A variety of mechanisms responsible for acquired resistance have been identified and can be broadly categorized into the following types: secondary mutations within the EGFR kinase domain, activation of alternative signaling pathways, namely bypass tracks, and phenotypic changes (including small-cell lung cancer transformation and epithelial to mesenchymal transition). The most common and best characterized mechanism of acquired resistance is represented by a C to T change at nucleotide 2369 in exon 20, which results in the substitution of the non-polar hydrophobic and larger amino acid methionine for the hydrophilic threonine residue within the ATP-binding cleft of the kinase domain.

Other mechanisms include the activation of parallel signaling pathways, the so-called bypass tracks, leading to EGFR-independent growth, including amplification, overexpression and autocrine loops involving MET, HER2, AXL, insulin-like growth factor (IGF-1R), fibroblast growth factor receptor, and ephrin type-A receptor 2 or molecular alterations of key downstream molecules of the PI3K/AKT/mammalian target of rapamycin (mTOR) or the RAS/RAF/MAPK pathways. A crucial role in acquired resistance has also been demonstrated for other key mediators downstream of EGFR, including nuclear factor-kB, the proapoptotic protein BIM (BCL2-like 11) and STAT3.

In addition, epithelial–mesenchymal transition and small-cell lung cancer transformation have been also correlated with resistance to EGFR TKIs.

Until recently, no standard treatment options after failure of EGFR TKI therapy were available. Because of possible coexistence of different subclonal populations of tumor cells in EGFR TKI-resistant cancers, some evidence suggests that for those patients experiencing central nervous system (CNS) progressive disease or oligo-progressive disease, local therapy (e.g., surgery, radiotherapy, or both) to the site of progression to target the TKI-resistant subclones might be appropriate, with continuation of treatment with the same initial TKI.

Systemic treatment is generally represented by platinum-based doublet or single-agent chemotherapies, with modest benefit in terms of PFS. A Phase III randomized trial failed to demonstrate the superiority of gefitinib plus cisplatin and pemetrexed compared with chemotherapy and placebo after progression on first-line gefitinib. In addition, the combination of gefitinib and chemotherapy had a detrimental effect on OS, mainly driven by T790M-positive mutation status detected by circulating tumor DNA (ctDNA) genotyping. Alternative treatment strategies, including investigational drugs or novel combinations, have been explored in clinical trials, but none of these has been approved as standard treatment in this setting.

Therapeutic strategies targeting EGFR T790M

The EGFR T790M occurs in about 50%–60% of EGFR TKI-resistant tumors. This gatekeeper mutation, and consequent amino acid change, interferes with reversible EGFR TKIs binding through steric hindrance and is analogous to L1196M in ALK and T315I in the BCR-ABL fusion gene conferring resistance to corresponding TKIs. The presence of T790M can also restore the affinity of mutant receptor for ATP, thus reducing the potency of competitive inhibitors. The identification of T790M prompted the development of different therapeutic strategies to overcome resistance. Second-generation EGFR TKIs, including afatinib, dacomitinib...
and neratinib, are irreversible, non-selective EGFR inhibitors showing greater potency compared with first-generation TKIs in inhibiting T790M kinase activity in preclinical studies.54–56

However, clinical data suggested a rather limited activity of these drugs in the setting of acquired resistance to first-generation TKIs.38,57–60 These results have been largely attributed to the fact that the high rate of toxicities, mainly represented by skin and gastrointestinal adverse events (AEs), due to non-selective inhibition of wild-type EGFR, limited the ability to administer in vivo doses sufficient to effectively inhibit the T790M mutation. Based on promising preclinical data, the combination of afatinib and cetuximab was tested in Phase Ib study in heavily pretreated patients with EGFR-mutated NSCLC and in those resistant to gefitinib or erlotinib; the results showed significant clinical activity, with ORR of 29% and median PFS of 4.7 months.61 Results were comparable in both subgroups of patients with T790M-positive and T790M-negative tumors. However, a high incidence of grade ≥3 AEs were observed (mainly skin and gastrointestinal toxic effects), with 13% of patients discontinuing study drugs due to treatment-related AEs.61 To overcome pharmacodynamic shortcomings of second-generation EGFR TKIs, third-generation, mutant EGFR-selective TKIs have been designed, with preferential activity toward sensitizing mutations, as well as T790M resistance mutation over the wild-type receptor, thus likely reducing on-target toxicities. The first-described compound directed at EGFR T790M was WZ4002, identified by screening an irreversible kinase inhibitor library for drugs that bound EGFR T790M. The drug binds irreversibly to mutant EGFR at the C797 residue and demonstrated 100-fold less potency against WT EGFR and 30–100 fold more potency against EGFR T790M.62,63 While WZ4002 has not progressed to clinical development, other drugs with similar characteristics were developed and taken into early phase clinical trials. Among these, CO-1686 (rociletinib) and AZD9291 (osimertinib) were the first to demonstrate pronounced clinical activity as single agent in EGFR-mutated NSCLC patients with acquired resistance to erlotinib, gefitinib or afatinib.54–56 However, while clinical development of rociletinib was interrupted due to some concerns regarding its benefit–risk profile,62,68 osimertinib development proceeded and it was granted US Food and Drug Administration (FDA) approval in November 2015 for the treatment of patients with metastatic EGFR T790M mutation-positive NSCLC who have progressed on or after EGFR TKI therapy.69

**Osimertinib**

**Design and mechanism of action**

Osimertinib (TAGRISSO™, AZD9291; AstraZeneca) is a mono-anilino-pyrimidine compound that irreversibly and selectively targets EGFR TKI-sensitizing- and T790M resistance-mutant forms of EGFR, while sparing wild-type EGFR (Figure 1).65 Osimertinib binds to the EGFR kinase by targeting the cysteine-797 residue in the ATP-binding site via covalent bond formation. While WZ4002 and rociletinib

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**Figure 1 EGFR pathway and mechanism of action of osimertinib.**

*Abbreviation: EGFR, epidermal growth factor receptor; TGF, transforming growth factor.*
share a number of common structural features, osimertinib has a distinct, unique chemical structure. In EGFR recombinant enzyme assays, osimertinib had nearly 200 times greater potency against L858R/T790M than wild-type EGFR, thus confirming its selectivity for mutant EGFR.65 Osimertinib showed a wide therapeutic window against EGFR T790M-resistant mutations in an in vitro model established to assess the mutation specificity of different EGFR TKIs.70 In murine studies, the metabolism of osimertinib produced at least 2 metabolites, AZ5104 and AZ7550; of these 2 metabolites, only AZ7550 had comparable potency and selectivity to the original compound, while AZ5104 was more powerful against mutant and wild-type EGFR forms, at the expense of minor selectivity. When tested across multiple other kinases, osimertinib showed minimal off-target kinase activity. At 1 µM, the compound showed inhibition >60% of a limited number of additional kinases, including ErbB2/4, ACK1, ALK, BLK, BRK, MLK1 and MNK2, thereby supporting the overall selectivity of osimertinib. Interestingly, osimertinib did not show activity in vitro against the IGF-1R and insulin receptor, which also have a methionine gatekeeper in their kinase domains and this observation was confirmed in vivo studies, thus suggesting a low risk of dose-limiting toxicities related to hyperglycemia, in contrast to rociletinib.65

Osimertinib showed similar potency to early generation reversible TKIs in inhibiting EGFR phosphorylation in EGFR cell lines harboring EGFR mutations. However, unlike first-generation TKIs, it inhibited phosphorylation of EGFR in T790M mutant cell lines (H1975: L858R/T790M and PC-9VanR: ex19del/T790M) with higher potency (mean IC₅₀: <15 nM) than wild-type EGFR (mean IC₅₀: 480–1865 nM). In mutant EGFR cell lines, osimertinib also induced inhibition of downstream signaling substrates (pAKT, pERK) more potently compared with EGFR wild-type cell lines. In vitro studies on cell lines transfected with cDNAs encoding other rare EGFR mutations and HER2 mutations, which have also been correlated with EGFR TKIs acquired resistance, showed that AZ5104 had some activity against the EGFRvIII mutant, while osimertinib was effective in inhibiting the growth of cells harboring HER2 mutations (VC insertion at G776 in exon 20 and the most common exon 20 YVMA 776-779ins). Therefore, depending on the clinical exposures achieved, osimertinib and AZ5104 may also inhibit these targets.65

In mutant EGFR xenograft models, once daily dosing of osimertinib induced significant dose-dependent regression in both TKI-sensitizing and T790M-resistant EGFR-mutant disease models. Significant tumor shrinkage was observed at low doses. When osimertinib was administered as long-term daily oral dosing, complete and durable responses were observed in these EGFR-mutant xenografts, with no evidence of tumor progression out to 200 days of treatment and with good tolerability in the animals, showing <5% of starting body weight loss.65 Finally, osimertinib demonstrated its antitumor activity by inducing significant tumor shrinkage in vivo transgenic mouse tumor models harboring EGFR L858R or L858R+T790M mutants. In these models, the pharmacodynamic properties of osimertinib to inhibit its target and downstream pathway were further confirmed.

Based on promising results from preclinical studies, in which osimertinib largely demonstrated its role as a mutant-selective EGFR inhibitor, with sustained antitumor activity, subsequent clinical trials were conducted to develop this drug and identify its best use in therapy.

Pharmacokinetics (PK)

Osimertinib demonstrated good bioavailability, was widely distributed in tissues and had moderate clearance resulting in a half-life of around 3 h after oral dosing in the mouse. Preliminary clinical PK analysis on a small number of NSCLC patients indicated that osimertinib and its active metabolites, AZ5104 and AZ7550, have a half-life of at least 50 h, longer than would be predicted from the preclinical data, which resulted in a desirable flat PK profile after multiple once daily dosing.65

Key secondary endpoint of the Phase I AURA study, enrolling EGFR-mutated NSCLC patients who had developed resistance to treatment with EGFR TKIs, included determination of the PK of osimertinib. Patients in the dose-escalation cohorts received a single dose of osimertinib (in capsule form, from 20 to 240 mg once daily) followed by a PK evaluation period; after 7 days, they received the same oral dose daily, with additional PK assessment after daily continuous dosing. PK analyses showed that osimertinib exposure, maximal plasma concentration (Cₘₚₜ) and area under the plasma concentration–time curve (AUC) increased in a dose-proportional manner across the range from 20 to 240 mg after single and multiple doses, thus exhibiting linear PK.67

The PK of osimertinib was extensively characterized following a single-dose administration in healthy volunteers and advanced NSCLC patients of the AURA trial following single- and multiple-dose administration. The PK profiles between patients and healthy volunteers appeared similar, although there was an apparent higher clearance in healthy volunteers. Absorption was slow, regardless of formulation (capsule, solution or tablet). The median time to maximum
plasma concentration ($C_{\text{max}}$) of osimertinib after single oral dosing was 6 h (range 3–24 h) across all doses. Dose-proportional increase in osimertinib exposure (20–240 mg) was observed after single and multiple dosing. The distribution of the drug was extensive and clearance low to moderate, resulting in a mean half-life of ~48 h. Osimertinib steady state was achieved by 15 days of once daily dosing, with ~3- to 4-fold accumulation in exposure over single dose, resulting in a low $C_{\text{max}}$ to $C_{\text{min}}$ (minimal concentration) ratio (1.6), suggesting that concentrations are maintained throughout the dosing interval.71 The main metabolic pathways of osimertinib were oxidation (predominantly CYP3A) and dealkylation in vitro. Two circulating pharmacologically active metabolites, AZ5104 and AZ7550, were measured in plasma at ~10% of osimertinib at steady state. In healthy volunteers, food caused a small increase in osimertinib exposure compared with fasting administration, but this was not considered clinically significant. Osimertinib exposure appeared to be similar in both Asian and non-Asian patients.71 In the Phase II AURA 2 study,72 192 patients were included in the PK analyses, which further demonstrated a flat PK for osimertinib and confirmed previous results from Planchard et al.71 On the basis of population PK analyses, no clinically significant differences in the PK of osimertinib were observed based on age, sex, ethnicity, body weight, smoking status, mild or moderate or severe renal impairment, or mild or moderate hepatic impairment.73

**Development of the drug**

**Phase I and II studies**

The Phase I/II AURA trial was conducted to determine the safety and efficacy of osimertinib in patients with advanced NSCLC who had disease progression after previous treatment with EGFR-TKIs.67 In the study were included patients with known EGFR-sensitizing mutations or those who had prior clinical benefit from EGFR TKI therapy and had a documented disease progression while on treatment. Key secondary objectives included the determination of the maximum dose of the agent associated with an acceptable level of AEs, the PK and the antitumor activity. A total of 253 patients were included in the study: 31 in the dose-escalation cohorts and 222 in 5 dose-expansion cohorts. At data cut-off date (August 1, 2014), enrollment into additional cohorts, including patients who had not received prior treatment, and Phase II extension were ongoing.67 Most of the patients (62%) were Asian and women (62%) and 80% had received prior chemotherapy. In the dose-escalation part of the study in which patients received osimertinib at doses of 20–240 mg per dose, once daily, no dose-limiting toxicities occurred at any dose level and a maximum tolerated dose could not be defined. In the expansion cohorts, all patients underwent tumor biopsy for central assessment of EGFR T790M status and 138 (62%) were found positive for this mutation. Of the 239 patients evaluable for response, 123 (51%) had a confirmed objective response, including partial response in 122 patients and 1 complete response, with a disease control rate (DCR) of 84%.67 The majority of patients (85%) showed a long-lasting response of ≥6 months. The median PFS was 8.2 months. In the subgroup of T790M-positive NSCLC patients evaluable for response (n=127), osimertinib showed high activity, with an ORR of 61%, a DCR of 95% and a median PFS of 9.6 months (95% CI 8.3 to not reached). In contrast, for the 61 evaluable patients with no detectable EGFR T790M, the ORR was 21% and PFS was

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**Notes:** '-' indicates not reported.

**Abbreviations:** HR, hazard ratio; NR, not reached; OS, overall survival; PFS, progression-free survival; RR, response rate.
2.8 months (95% CI 2.1–4.3) (Table 1). The most frequent AEs were diarrhea (47% of patients), rash (40%) nausea and decreased appetite (21%). Among these, only the frequency of diarrhea and rash seemed to be dose dependent. Indeed, at doses of 160 and 240 mg, there was an increase in the incidence and severity of AEs, possibly explained by initial inhibition of non-mutant EGFR. Grade ≥3 AEs were observed in 32% of patients; however, the percentage of patients that needed to reduce the dose or discontinue the treatment was low. Treatment-related serious AEs were observed in 6% of patients. Six cases of potential pneumonitis-like events occurred, all leading to discontinuation of treatment, with resolution. However, pneumonia was reported as a fatal adverse event in 1 patient. Six patients had hyperglycemia and 11 a corrected QT interval prolongation, but none of these events led to drug dose reduction or discontinuation. Based on clinical activity and safety data, the dose of 80 mg once daily was selected for further clinical investigation.67

The encouraging efficacy and safety results from the Phase I study, led to AURA2, a multicenter, Phase II, single-arm study testing osimertinib at 80 mg orally daily in locally advanced or metastatic NSCLC patients with EGFR T790M-positive mutations, centrally confirmed by the Cobas® EGFR Mutation Test v2, who had progressed on prior EGFR TKI therapy.72 Patients could have received more additional lines of treatment, including platinum-based chemotherapy. Patients with asymptomatic, stable CNS metastases not requiring steroids could also be enrolled. A total of 210 patients were enrolled and treated with osimertinib. At data cutoff (November 1, 2015), with a median duration of treatment follow-up of 13 months, 58% of patients remained on treatment. Among the 199 evaluable patients, ORR as assessed by blinded independent central review (BICR), the primary endpoint, was 70%, including 3% of complete responses, with a DCR of 92%. The high proportion of objective responses was consistent across all subgroups, including patients with CNS metastases. Median duration of response (DoR) was 11.4 months and the median PFS was 9.9 months (95% CI 8.5–12.3) (Table 1). A higher number of objective responses, as well as a longer PFS, were noted in the group of patients with exon 19 deletions (ORR: 77%, 95% CI 69–84 and PFS: 10.9 months, 95% CI 9.5–13.6) than patients with L858R mutations (ORR: 59%, 95% CI 46–71 and PFS: 8.5 months, 95% CI 6.9–12.7). However, this difference was not significant and, as the authors underlined, could be in part explained by an apparent higher incidence of EGFR T790M in tumors with EGFR 19 deletions in the study population.72 One-year survival was 81%, while OS data were still immature. Osimertinib displayed a manageable toxicity profile. The most common possibly treatment-related grade 3 or 4 AEs were prolonged electrocardiogram QT (2%), neutropenia (1%) and thrombocytopenia (1%). Only 5% of patients discontinued osimertinib due to an AE. Among the reported deaths, the only death possibly related to treatment as reported by the investigator was due to interstitial lung disease (ILD). An improvement or stability of lung cancer symptoms and functioning domains from QoL was observed with osimertinib. For example, most patients reported a reduction in chest pain.72

The Phase II AURA extension study confirms the high activity of osimertinib at 80 mg, once-daily, in patients with EGFR-sensitizing and T790M-positive NSCLC progressing after EGFR TKI treatment.74

Preliminary results from the extension component of AURA had been previously presented in a preplanned pooled analysis with the Phase II AURA2 study.73 In this first analysis, including 411 EGFR T790M-positive patients, ORR was 66% and median PFS was 11.0 months (95% CI 9.6–12.4).75 In a recent publication that reported only data from the AURA extension, the ORR (by BICR) was 62% among 198 evaluable patients, with a DCR of 90% and median DoR of 15.2 months (Table 1).74 ORRs were high, ranging from 53% to 68%, across all predefined subgroups, including second/third line or more, Asian/non-Asian, male/female, age <65/≥65, exon 19 del/L858R, duration of most recent EGFR TKI: <6 months/≥6 months, CNS metastases: present/absent, never smoker/ever smoker, last EGFR TKI treatment: <30 days/≥30 days before osimertinib. Median PFS was 12.3 months (95% CI 9.5–13.8). Subset analysis revealed a nonsignificant trend toward longer median PFS in patients with exon 19 deletions (12.6 months) compared with L858R (9.6 months) and in Asian (12.6 months) versus non-Asian patients (9.7 months). Osimertinib showed substantial activity in patients with CNS metastases: 16 (64%) of 25 evaluable patients had an objective response, including 4 complete responses. Median PFS in patients with CNS metastases was encouraging, although it was shorter than in those without (7.1 vs 13.7 months, respectively). Median follow-up for OS was 13.8 months and 1-year survival rate was 79%. The safety profile was consistent with previous studies, with most AEs being mild and determining discontinuation of treatment only in 3% of patients. The most common possibly causally related AEs were diarrhea (43%; grade ≥3, <1%) and rash (40%; grade ≥3, <1%). ILD was reported in 8 patients (4%), including 3 fatal. QT prolongation was reported in 6 patients but only 3 were deemed possibly related to treatment. Patients had
consistent and sustained improvements in key lung cancer symptoms, including dyspnea, cough, chest pain, and pain in arm or shoulder and in QoL compared with baseline.

**Phase III studies**

To confirm results of single-arm, Phase II studies, a randomized, Phase III trial (AURA3) was conducted to demonstrate the superiority of osimertinib over standard chemotherapy with platinum and pemetrexed for treatment of patients with EGFR-mutated and centrally confirmed T790M-positive advanced NSCLC with disease progression after first-line EGFR TKI therapy. A total of 419 patients were randomized in a 2:1 ratio to osimertinib (80 mg once daily) or pemetrexed plus carboplatin or cisplatin every 3 weeks, for up to 6 cycles, with maintenance pemetrexed allowed. The primary efficacy end point was PFS as determined by investigator assessments, according to response evaluation criteria in solid tumors (version 1.1). Secondary objectives included ORR by investigator, response duration, DCR, tumor shrinkage, OS, patient-reported outcomes (PROs) and safety. Predefined subgroup analyses included the assessment of PFS and response rate among patients for whom EGFR T790M status was determined by means of a plasma ctDNA test and in patients with CNS metastases. At data cut-off date (April 15, 2016), the mean duration of treatment was 8.6 months in the osimertinib group and 4.8 months in the platinum-pemetrexed group, and a total of 59% of patients in the osimertinib arm and 12% in the chemotherapy arm were still receiving treatment. In the platinum-pemetrexed group, 60% of patients at progression crossed over to receive osimertinib. After a median follow-up of 8.3 months, the study met its primary endpoint showing a significantly longer PFS for patients in the osimertinib arm compared with platinum chemotherapy arm (10.1 vs 4.4 months, HR: 0.30, 95% CI 0.23–0.41, p<0.001) (Table 1). The benefit was observed across all predefined subgroups, including patients with asymptomatic CNS metastases at baseline (PFS: 8.5 vs 4.2 months, HR 0.32, 95% CI 0.21–0.49) and patients positive for T790M on both tumor and plasma. Treatment with osimertinib was also associated with better ORR compared with chemotherapy (71% vs 31%, odds ratio: 5.39, 95% CI 3.47–8.48, p<0.001) (Table 1) in the overall population and in the subgroup of patients with T790M-positive status on both tumor and plasma samples. Responses were more durable with osimertinib (DoR: 9.7 vs 4.1 months). Despite the longer treatment duration with osimertinib, this was associated with lower incidence of grade ≥3 AEs (23%) compared with platinum-pemetrexed (47%) and lower discontinuation rate (7% vs 10%, respectively). The most common AEs with osimertinib were diarrhea, rash, dry skin and paronychia, while in the chemotherapy group, the AEs were nausea, decreased appetite, constipation and anemia. ILD-like AEs were reported in 10 patients (4%) in the osimertinib group (including 1 fatal) and in 1 patient (1%) in the platinum-pemetrexed group. Also, PROs were better in the osimertinib group than in the platinum-pemetrexed group.

These results definitively established the role of osimertinib as a standard of care for patients who progress to first-line EGFR TKI and who harbor the T790M resistance mutation. Moreover, the findings of AURA3 support the feasibility of detecting the EGFR T790M resistance mutation from plasma ctDNA and their reliable predictive role.

**Activity of osimertinib against CNS metastases**

Brain metastases are a common problem in NSCLC patients and are associated with a significant symptomatic burden. Several reports have demonstrated a certain activity of early generation EGFR TKIs in EGFR-mutated NSCLC patients with brain and leptomeningeal metastases. It has also been demonstrated that a high-dose or pulsatile administration of high-dose EGFR TKIs may be able to improve their efficacy in these poor-prognosis patients. However, more than 30% of patients who progress during or after treatment with EGFR TKIs have brain and/or leptomeningeal metastases, which represent a clinical issue because of poor penetration of drugs, including targeter agents, through the blood–brain barrier (BBB).

In preclinical studies, osimertinib demonstrated greater penetration of the BBB than gefitinib, afatinib or rociletinib and, in contrast to rociletinib, induced sustained tumor regression in an EGFR-mutated mouse brain metastases model at clinically relevant doses. By using positron emission tomography imaging, osimertinib displayed markedly greater and faster distribution into the cynomolgus monkey brain than rociletinib and gefitinib. A number of clinical reports, including subgroup analyses from the AURA trials, support these preclinical data by demonstrating relevant activity of osimertinib in EGFR mutation-positive patients with brain and/or leptomeningeal metastases. Moreover, a different CNS activity among third-generation EGFR TKIs has been reported in clinical setting. A Phase I trial (BLOOM; NCT02228369) is ongoing to assess the safety and preliminary activity of osimertinib (administered at 160 mg once daily) in patients with EGFR-mutated advanced NSCLC and leptomeningeal metastases, confirmed by positive cerebrospinal fluid (CSF). Responses are evaluated based on CSF.
cytology, intracranial imaging and neurological examination. Preliminary results on 21 patients from this trial have been recently reported.90 A confirmed intracranial response was observed in 7 patients: 2 patients had a confirmed CSF cytology clearance and 5 patients had neurological improvement. The safety profile of osimertinib was manageable.90

Overall, these results suggest that osimertinib can be an effective treatment option for EGFR-mutated patients with CNS disease, thus sparing patients from or delaying the use of radiotherapy, which, in the case of whole brain radiation (WBRT) can ultimately compromise patients’ cognitive function and QoL. Interestingly, due to the high risk of development of CNS metastases in EGFR-mutant NSCLC, an EGFR TKI specifically designed to penetrate the BBB and achieve high intracranial exposure, AZD3759, is currently being evaluated in an open-label, multicenter, Phase I study in patients with advanced EGFR mutation-positive NSCLC (NCT02228369).91

**Cell-free ctDNA genotyping for EGFR T790M mutation**

Genotyping post-progression tumor samples for EGFR T790M has become a crucial step for guiding treatment decisions and is recommended in current NSCLC guidelines.14,37 However, in clinical practice, rebiopsies of recurrent or metastatic tumors can often be difficult to obtain, due to the potential risks involved in invasive diagnostic procedures that can also be painful for patients. For the same reasons, it is rarely feasible to obtain serial biopsies from the same patient at different points during treatment. Moreover, tumor tissue from some biopsies is not sufficient for genetic analysis or, even when adequate, it only represents a single snapshot in time and is subject to selection bias resulting from tumor heterogeneity. Due to these limitations, a great number of studies in recent years have addressed the question of whether cell-free circulating DNA derived from tumors, also known as ctDNA, could be used as a surrogate liquid biopsy for noninvasive assessment of tumor genetic alterations, including EGFR TKI sensitizing- and T790M-resistant mutations.92 While tissue biopsies only describe genetic characteristics of the primary tumor, ctDNA is potentially able to provide a portrait of the whole tumor genome landscape of both primary and metastatic lesions. Serial analysis of ctDNA can track molecular dynamic evolution of the tumor during the course of treatment and identify the emergence of heterogeneous subclonal populations of tumor cells. A number of studies have demonstrated that the T790M mutation can be detected in plasma samples by highly sensitive genotyping assays, including droplet digital polymerase chain reaction (ddPCR) and the bead, emulsion, amplification and magnets (BEAMing) technique.92–95

In a retrospective analysis of Phase I AURA, Oxnard et al reported a sensitivity of 70% of the plasma-based test for detecting T790M mutation. Remarkably, patients with T790M mutation detected in plasma ctDNA had comparable responses and PFS to osimertinib as those with positive tissue-based assay results.96 The predictive value of plasma ctDNA genotyping for T790M was prospectively confirmed in the Phase III AURA3 trial showing a longer PFS and higher ORR for osimertinib compared with platinum-pemetrexed chemotherapy (PFS: 8.2 vs 4.2 months, HR 0.42, 95% CI 0.29–0.61; ORR: 77% vs 39%, odds ratio, 4.96, 95% CI 2.49–10.15, p<0.001).76

However, due to the relatively high false negative rates with plasma T790M testing, the absence of this mutation in blood cannot exclude its presence in the tissue and, hence, its potential sensitivity to osimertinib. Indeed, in the analysis of AURA, tumour genotyping was positive for T790M in 45 out of 102 patients with T790M-negative plasma. This subgroup of patients had a good response to osimertinib with a median PFS of 16.2 months. For this reason, if plasma genotyping for T790M at disease progression is negative, a new tissue biopsy is highly recommended to correctly classify patients for treatment with osimertinib (Figure 2).

Remon et al further highlighted the predictive role of T790M mutation detected in plasma-based assay.97 In this study, the efficacy of osimertinib was evaluated in 48 EGFR-mutated, advanced NSCLC patients in progression after a prior EGFR TKI therapy, in whom T790M status was determined only in ctDNA by Inivata InVision™ assay (Inivata Ltd, Cambridge, UK), by using enhanced Tagged Amplicon- Sequencing (eTAm-Seq™ assay, Inivata Ltd). The ctDNA T790M mutation was found in 50% of patients and, among evaluable patients, osimertinib was associated with a partial response rate of 62.5% and a stable disease rate of 37.5%. In a small series of T790M-positive NSCLC who received osimertinib, no correlation was found between EGFR T790M mutation copy numbers evaluated by plasma-based assay (ddPCR) and response to osimertinib.98

**Place in therapy**

Osimertinib was the first third-generation EGFR TKI to receive accelerated approval by FDA in November 2015 for the treatment of patients with EGFR T790M-positive NSCLC whose disease had progressed on or after EGFR TKI therapy, and subsequent conditional approval by European Medicines Agency (EMA) in February 2016. In the AURA studies,
EGFR T790M mutation status in tumor samples was assessed by using the Cobas EGFR Mutation Test v2 (Roche Molecular Systems, Pleasanton, CA, USA), which received initial FDA approval as companion diagnostic test to detect EGFR T790M mutant in tissue for osimertinib treatment. The approval of osimertinib by EMA already included the possibility of determining EGFR T790M mutation status using either a validated plasma-based or a tissue-based test. However, if the result of plasma detection in plasma is negative, due to the potential for false negative results, a tissue test is advisable wherever possible to determine EGFR T790M mutation (Figure 2). In the US, several months after the first approval of osimertinib, in September 2016, the FDA approved a label extension of the Cobas® EGFR Mutation Test v2 for use with plasma samples as a companion diagnostic for osimertinib.

**Mechanisms of resistance to osimertinib**

Similar to early generation EGFR TKIs, acquired resistance to osimertinib ultimately develops, thus limiting its long-term efficacy for EGFR T790M-mutated NSCLC patients. The mechanisms of resistance to third-generation EGFR TKIs, mainly osimertinib, are heterogeneous and can be divided into EGFR dependent and EGFR independent (Figure 3). The acquired mutation in C797S, the cysteine residue with which third-generation EGFR TKIs form a key covalent bond, has been reported as a potential mechanism of resistance to osimertinib, with its allelic context defining sensitivity to subsequent treatments. Serial ctDNA specimens collected from 15 osimertinib-treated subjects were analyzed by ddPCR. All were positive for the T790M mutation before treatment, but, upon developing osimertinib resistance, 6 cases acquired C797S mutation in exon 20, 5 cases maintained T790M mutation but did not acquire the C797S mutation, and 4 cases lost T790M mutation despite the presence of the underlying EGFR activating mutation. The mechanism of resistance to third-generation EGFR TKIs was characterized in cell lines resistant to WZ4002, rociletinib and osimertinib. Three major drug-resistance-related EGFR mutations were identified: L718Q, L844V and C797S. All 3 mutations could cause resistance to WZ4002 and rociletinib, but only C797S mutation leads to osimertinib resistance. When C797S and T790M mutation are in trans position, the cells can be sensitive to the combination of a first- and third-generation EGFR TKI, while when the 2 mutations are in cis position, the tumor cells cannot be suppressed by any EGFR TKI, alone or in combinations.

The C797S mutation in the EGFR gene was found to confer resistance also to the third-generation EGFR TKI HM61713.
Other EGFR mutations, including the L798I, can also confer resistance to osimertinib. Recently, in a patient with a L858R and T790M mutation progressing to osimertinib, a novel solvent-front mutation at Gly796(G796S/R) together with C797S/R and L792F/H, all in cis with T790M, emerged in plasma DNA.

The Src-AKT pathway activation, as well as EGFR wild-type amplification, can contribute to acquired resistance to third-generation EGFR TKIs. EGFR wild-type allele amplification induces resistance to the mutation-selective EGFR inhibitors through EGFR ligand-induced activation.

We have found that STAT3 and Src-YAP1 activation can be responsible for intrinsic resistance to first-, second- and third-generation EGFR TKIs. Considering that the EGFR ligand, amphiregulin, is a transcriptional target of YAP1, we can speculate a connection between YAP1 activation and the escape of tumor cells to third-generation EGFR TKIs through the activation of the wild-type EGFR.

Constitutive ERK activation through NRAS mutations and gain of copy number of wild-type NRAS or KRAS can be associated with resistance to osimertinib, as has been described in preclinical models. The concomitant inhibition of EGFR and ERK can prevent the emergence of resistance and be a better therapeutic approach than single EGFR inhibition. The BRAF V600E mutation was found in cells from malignant pleural effusion of a patient progressing to osimertinib. When these cells were cultured in vitro, they were significantly sensitive to the simultaneous blockade of EGFR and BRAF. According to case reports, bypass pathway activation via MET or ERBB2 amplification can be responsible for the resistance to third-generation EGFR TKIs. In a patient with high level of MET amplification, post-osimertinib treatment, single-agent crizotinib, was able to alleviate the symptoms of the disease. The amplification of MET, ERBB2 or KRAS G12S mutation was identified in tumor specimens from NSCLC patients who progressed with osimertinib or rociletinib treatment. The amplification of MET, ERBB2 or KRAS G12S mutation was identified in tumor specimens from NSCLC patients who progressed with osimertinib or rociletinib treatment. Finally, transformation to SCLC has been described in 2 cases during osimertinib treatment, making the repetition of a biopsy a necessity at the time of resistance to third-generation EGFR TKIs, in order for an appropriate therapeutic decision to be made.

Future perspectives: ongoing studies, novel agents and combination strategies

Osimertinib is currently being investigated in several trials as a single agent in different settings of disease and in novel, potentially synergistic, combinations with other targeted therapies or immunotherapies.

Updated efficacy results from 2 expansion cohorts, including patients with EGFR-mutated, advanced NSCLC who received 80 or 160 mg osimertinib as first-line treatment in the AURA study, demonstrated an impressive ORR of 77% (67% in the 80 mg- and 87% in the 160 mg cohort), with a DCR of 97% and a median DoR not reached. The median PFS was 19.3 months. The toxicity profile was manageable.
with higher frequency of AEs and of dose reductions due to treatment-related AEs in the 160 mg cohort. The Phase III FLAURA (NCT02296125) trial is ongoing to compare the efficacy and safety of osimertinib with gefitinib or erlotinib in treatment-naïve EGFR-mutated NSCLC patients. A key secondary endpoint of the study is PFS in patients with T790M.

The presence of EGFR T790M in pretreatment tumors, which has been reported at different frequencies depending on the detection methods used, can further support the upfront use of osimertinib. In the EORTAC trial, pretreatment somatic EGFR T790M mutation was detected in about 65% of patients by using a highly sensitive method based on peptide nucleic acid clamping PCR and correlated with shorter PFS compared with patients without the resistant mutation.

An ongoing study (AZENT; NCT02841579) has recently started to evaluate the safety and efficacy of osimertinib as first-line therapy for patients with concomitant sensitizing and T790M mutation.

Regarding the other settings of disease, an ongoing Phase III trial (AUDARA; NCT02511106), is evaluating osimertinib as adjuvant therapy compared with placebo in completed resected stage IB-IIIA, EGFR mutation-positive NSCLC.

Based on its favorable toxicity profile, osimertinib has been considered a particularly attractive candidate for combination therapeutic strategies. Preclinical studies also support a synergy of osimertinib with some targeted agents, for example, MEK inhibitors. The TATTON trial (NCT02143466) is a multi-arm, multicenter, Phase Ib trial, including a dose escalation and a dose-expansion part, evaluating osimertinib in combination with the anti-PD-L1 monoclonal antibody, durvalumab (MEDI4736), or with the MET inhibitor, AZD6094, or with the MEK1/2 inhibitor, selumetinib, (AZD6244, ARRY-142886) in patients with advanced EGFR-mutated NSCLC. Inhibitors of the PD1/PD-L1 axis have been considered a particularly attractive candidate for combination with osimertinib in advanced EGFR mutants that are in a monomer state. In a mouse model of lung cancer harboring triple-mutant (L858R/T790M/C797S) EGFR, the combination of EAI045 and cetuximab (AZD6244, ARRY-142886) in patients with advanced EGFR-mutated NSCLC following resistance to prior EGFR TKI therapy (NCT02520778).

To overcome the C797S-mediated resistance, next-generation, selective inhibitors are needed. A novel allosteric, non-ATP competitive inhibitor (EAI045) of mutant EGFR has been recently identified. When combined with cetuximab, which can block EGFR dimerization by preventing EGF ligand binding, EAI045 markedly inhibited the proliferation of Ba/F3 cells bearing L858R/T790M mutation. These in vitro studies proved that EAI045 is active and selective for T790M-harboring EGFR mutants that are in a monomer state. In a mouse model of lung cancer harboring triple-mutant (L858R/T790M/C797S) EGFR, the combination of EAI045 and cetuximab was able to induce a remarkable tumor regression, thus suggesting this compound can overcome resistance from acquired T790M and C797S mutations. Notably, the next-generation ALK inhibitor brigatinib, with or without the combination of an anti-EGFR antibody, has recently demonstrated activity in preclinical models of triple-mutant tumors.
Conclusion

Until recently, there were no standard therapeutic options in the setting of acquired resistance to initial EGFR TKIs and, outside clinical trials with investigational drugs, EGFR-mutated NSCLC patients generally received platinum-based or single-agent chemotherapy upon progression. Osimertinib has led to a paradigm shift in the management of lung cancer patients progressing to first- or second-generation TKIs, thus supporting the need in clinical practice for tumor genotyping at the time of disease progression on or after EGFR TKI therapy for biomarker evaluation of EGFR T790M. Osimertinib has also demonstrated activity in patients with CNS and leptomeningeal metastasis, which is particularly relevant, given the possibility to potentially spare these patients from radiotherapy or delay its use, including WBRT, that can ultimately compromise the cognitive function and QoL. Other novel, mutant-selective EGFR TKIs produced by different pharmaceutical companies, including EGF816, naquatinib (ASP8273), avitinib (AC0010) and PF-06747775, are in clinical development (Table 2) and have shown promising activity with manageable safety profile in early phase studies. More data from ongoing studies are eagerly awaited to confirm these preliminary results. Despite the evolving therapeutic landscape for EGFR-mutated NSCLC patients, there are still several issues to be addressed, such as the optimal therapeutic sequence of different generation EGFR TKIs. Osimertinib is being tested in the first-line setting, compared with standard EGFR TKI therapy, to see whether upfront use of an irreversible inhibitor could be a more effective strategy to improve clinical outcome and delay the resistance. Another possible strategy to prevent or delay the occurrence of resistance could be the upfront combination of EGFR inhibitors with other targeted agents. Indeed, the combination of erlotinib and bevacizumab results in a long PFS in EGFR-mutated NSCLC patients and, in the BELIEF trial, this combination was effective in presence of the T790M mutation, identified in 35% of patients, who attained a PFS of 16 months. The assessment of T790M mutation in ctDNA by using highly sensitive blood-based assays has already proven to be feasible in clinical practice and useful to identify those patients who are candidates for osimertinib. Moreover, a combined analysis of EGFR genotyping in matched blood and urine by a highly sensitive and quantitative assay using next-generation sequencing, as performed in the TIGER-X study of rociletinib, could further improve the chance of T790M mutation detection. Despite the high efficacy of osimertinib in T790M-mutant NSCLC, similar to other oncogene-addicted tumors, patients may ultimately progress due to acquisition of additional mechanism of resistance by tumor cells under the selective pressure of the EGFR TKI, including the C797S mutation. A novel EGFR inhibitor, EAI045, has shown to be able to overcome T790M and C797S resistance in vitro and in vivo studies, although its clinical efficacy still needs to be investigated. Profiling of tumors at progression remains crucial in order to unravel the complex and heterogeneous resistance mechanisms to first-, second- and third-generation EGFR TKIs. The detection of new mechanisms of resistance to third-generation EGFR TKIs is feasible through ctDNA genotyping and suggests the need for new therapeutic approaches for these patients. Liquid biopsy, including not only ctDNA but also other tumor sources such as CTCs and exosomes, appears to be the most appealing strategy to study the dynamic evolution of oncogene-addicted tumor cells during treatment with different EGFR TKIs, thereby giving an early warning about possible recurrence and helping to establish novel, potentially targetable molecular alterations.

Disclosure

The authors report no conflicts of interest in this work.

References


Table 2 Third-generation EGFR TKIs in clinical development in NSCLC

<table>
<thead>
<tr>
<th>Agents</th>
<th>Binding mode</th>
<th>Selectivity</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Osimertinib (AZD9291)</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Approved, T790M +</td>
</tr>
<tr>
<td>Rociletinib (CO-1686)</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>No longer in development</td>
</tr>
<tr>
<td>Olmutinib (BII482694/HM61713)</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Approved (only South Korea), T790M +</td>
</tr>
<tr>
<td>ASP8273</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Phase II, Phase III</td>
</tr>
<tr>
<td>Nazartinib (EGF816)</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Phase I/II, Phase II</td>
</tr>
<tr>
<td>PF-06747775</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Phase I/II</td>
</tr>
<tr>
<td>Avitinib (AC0010)</td>
<td>Irreversible</td>
<td>EGFR TKI-sensitizing mutations and T790M</td>
<td>Phase I/II</td>
</tr>
</tbody>
</table>

Abbreviations: EGFR, epidermal growth factor receptor; NSCLC, non-small-cell lung cancer; TKI, tyrosine kinase inhibitor.


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