

# Renal-targeted delivery of triptolide by entrapment in pegylated TRX-20-modified liposomes

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**Abstract:** Previously, 3,5-dipentadecyloxybenzamidinium hydrochloride (TRX-20)-modified liposomes were reported to specifically target mesangial cells (MCs) in glomeruli. To further gain a better understanding of the characteristics and potential application for glomerular diseases of TRX-20-modified liposomes, we synthesized TRX-20 and prepared TRX-20-modified liposomes (TRX-LPs) with different molar ratios – 6% (6%-TRX-LP), 11% (11%-TRX-LP), and 14% (14%-TRX-LP) – of TRX-20 to total lipid in the present study. All TRX-LPs exhibited concentration-dependent toxicity against the MCs at a lipid concentration ranging from 0.01 to 1.0 mg/mL with IC<sub>50</sub> values of 3.45, 1.13, and 0.55 mg/mL, respectively. Comparison of the cell viability of TRX-LPs indicated that high levels of TRX-20 caused severe cell mortality, with 11%-TRX-LP showing the higher cytoplasmic accumulation in the MCs. Triptolide (TP) as a model drug was first loaded into 11%-TRX-LP and the liposomes were further modified with PEG<sub>5000</sub> (PEG-TRX-TP-LP) in an attempt to prolong their circulation in blood and enhance TP-mediated immune suppression. Due to specific binding to MCs, PEG-TRX-TP-LP undoubtedly showed better anti-inflammatory action in vitro, evidenced by the inhibition of release of nitric oxide (NO) and tumor necrosis factor- $\alpha$  from lipopolysaccharide-stimulated MCs, compared with free TP at the same dose. In vivo, the PEG-TRX-TP-LP effectively attenuated the symptoms of membranous nephropathic (MN) rats and improved biochemical markers including proteinuria, serum cholesterol, and albumin. Therefore, it can be concluded that the TRX-modified liposome is an effective platform to target the delivery of TP to glomeruli for the treatment of MN.

**Keywords:** triptolide, pegylated liposomes, TRX-20, renal targeting, mesangial cells

## Introduction

The kidneys are vital organs of humoral regulation, and they maintain the homeostasis of nutrients and metabolites in the body. Renal dysfunction may lead to chronic kidney disease, generally acknowledged as a serious problem affecting public health<sup>1</sup> as it eventually requires expensive and debilitating renal replacement therapy, such as dialysis or renal transplantation, to sustain the lives of patients. Drug therapies of renal diseases often induce complicated extrarenal toxicity. Selective targeting of drugs to kidneys can realize an increased renal effectiveness combined with a reduction of generalized side effects.<sup>2–4</sup> Targeted therapies can also lower drug doses to further minimize side effects, an especially attractive option for chronic renal diseases requiring treatment over extended periods.<sup>5</sup>

Renal drug targeting could be directed at the renal tubules or glomeruli depending on the diseases to be treated. In previous studies, we have developed several drug carriers

with capacity for renal tubular targeting, including low-molecular-weight chitosans,<sup>6,7</sup> glucosamines,<sup>8,9</sup> and peptide fragments of human serum albumin.<sup>10,11</sup> These carriers have been shown to achieve effective targeted delivery of prednisolone or triptolide (TP) to the renal tubules. However, they may not be effective carriers of drugs required for the treatment of inflammatory and pathogenic glomeruli diseases.

In recent years, a great many studies have demonstrated a key point for glomerular cell responses in the progression of renal disease, which enlightens us that drug delivery to the glomerulus restraining local inflammatory/pathological reactions could be hoped to produce better therapeutic results.<sup>5,12</sup> Tuffin et al first proposed immunoliposomes as a glomerular delivery system for the treatment of kidney diseases gradually.<sup>13</sup> They developed OX7-coupled immunoliposomes by coupling liposomes with F<sub>ab</sub>' fragments of OX7 monoclonal antibody directed against Thy1.1 antigen, which is specifically expressed in mesangial cells (MCs). Intravenous injection of OX-7-IL to rats showed a specific targeting of all MCs in both kidneys.<sup>13</sup> Due to the strong and exclusive expression of  $\alpha 8$  integrin in MCs,<sup>14</sup> Scindia et al selected anti- $\alpha 8$  integrin as a ligand to prepare immunoliposomes. Their findings demonstrated the specific delivery of anti- $\alpha 8$  integrin immunoliposomes to the mesangium following tail vein injection in mice.<sup>15</sup> Moreover, Morimoto et al developed novel glomeruli-targeting liposome co-modified by 3,5-dipentadecyloxybenzamidinium hydrochloride (TRX-20) and PEG<sub>5000</sub>. PEGylation can prolong blood circulation time of the liposomes and allowed them to accumulate in targeting tissues where the liposomes repeatedly pass by. The final liposomes have diameter of around 100 nm,<sup>16</sup> positive zeta potential, and high selection for MCs over vascular endothelial cells.<sup>17</sup>

It is clear that MCs as an effective target site are adopted in all the studies mentioned above. MCs comprise ~30%–40% of the total glomerular cell population, and they play a central role in maintaining the structure and regulating the surface area of the glomerular filtration barrier by virtue of their contractile capacities.<sup>13</sup> MCs are often involved in multiple biological responses elicited by circulating factors and metabolites, including cytoproliferation, apoptosis, cellular migration, and the elaboration of reactive oxygen species, cytokines, and chemokines, which undergird many glomerular diseases. Therefore, the selective delivery of drugs to glomerular MCs could considerably improve the therapeutic outcome of immunoglobulin A nephropathy and other glomerulopathies than targeting drug delivery to the renal tubular cells.

To gain a better understanding of the characteristics and potential applications of glomerular diseases of TRX-20-modified liposomes (TRX-LPs), we synthesized TRX-20 and prepared TRX-LPs with different molar ratios of TRX-20 to total lipid in this study. Cytotoxicity of TRX-LPs toward the MCs was performed for the first time. The binding affinities to MCs of liposomes modified with different TRX-20 molar ratios and loaded with a fluorescent agent were evaluated by laser confocal microscopy. Finally, TP as a model drug was first loaded into TRX-LP with PEG<sub>5000</sub> co-modification (PEG-TRX-TP-LP) in an attempt to enhance TP-mediated immune suppression. In vitro anti-inflammatory activity was determined by measuring the nitric oxide (NO) and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) released from lipopolysaccharide (LPS)-stimulated MCs. Additionally, the efficacy of PEG-TRX-TP-LP was evaluated in vivo in a membranous nephropathy (MN) rat model.

## Materials and methods

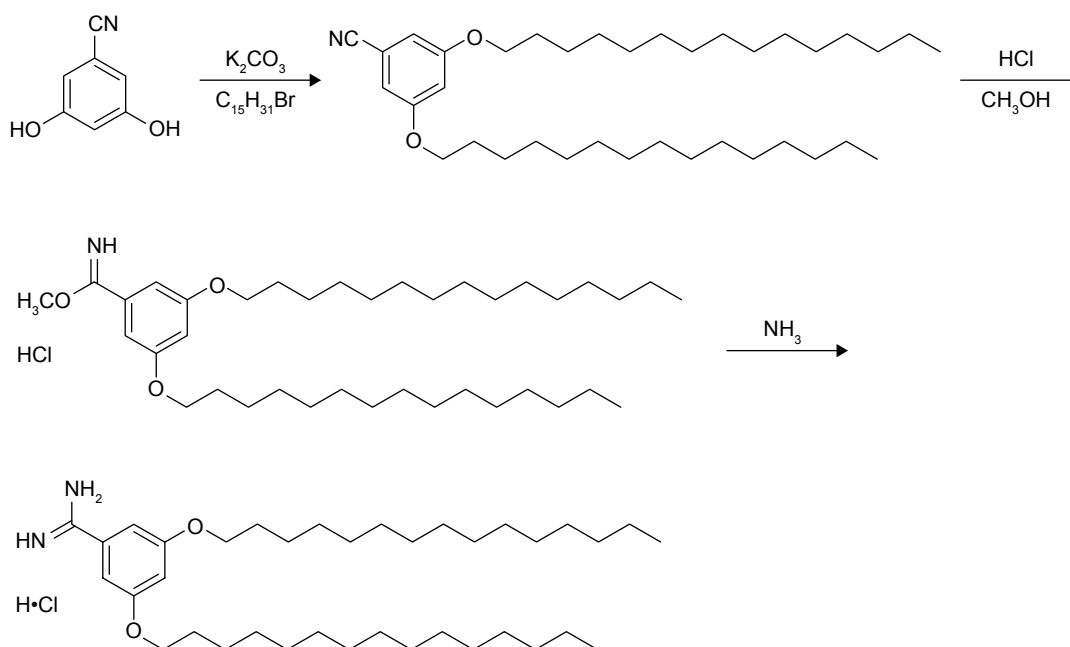
### Materials and animals

3,5-dihydroxybenzonitrile, 1-bromopentadecane, cholesterol, collagenase IV, Coumarin-6 (C6), and pluronic 188 (F68) were from Sigma-Aldrich Co. Ltd. (Gillingham, UK). TP was purchased from Xieli Biotechnology Co. Ltd. (Sichuan, China). Hydrogenated soybean phosphatidylcholine (HSPC) and polyethylene glycol 5000-sn-glycerol-3-phosphatidylethanolamine (PEG<sub>5000</sub>-PE) were obtained from Lipoid Co. Ltd. (Ludwigshafen, Germany). 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) was supplied by Roche Co. Ltd. (Shanghai, China). Fetal bovine serum and RPMI 1640 were purchased from Thermo Scientific Co. Ltd. (IL, USA). All other chemicals and solvents were of the analytical grade.

Sprague Dawley (SD) rats (200 $\pm$ 20 g, male, 6 weeks old) were obtained from the Da-Shuo Experimental Animal Ltd. (Beijing, China). The animals were allowed to acclimatize for a few days in environmentally controlled quarters (24°C $\pm$ 1°C, 12 h light/dark cycle) and, unless specified otherwise, were provided with water and normal diets ad libitum. All animal studies were approved by the Animal Ethical Experimentation Committee of Sichuan Academy of Chinese Medicine Sciences (SYXK[Chuan]2013–100), and were performed according to the requirements of the People's Republic of China National Act on the use of experimental animals.

### Synthesis of TRX-20

The synthesis of TRX-20 was carried out according to Harigai et al's method with some improvements<sup>17</sup> (Figure 1).



**Figure 1** Synthetic route of 3,5-dipentadecyloxybenzamidinium hydrochloride.

3,5-dihydroxybenzonitrile (0.405 g), 1-bromopentadecane (1.85 g), and potassium carbonate (0.9 g) were dissolved in *N,N*-dimethylformamide (10 mL) and stirred at 60°C overnight. Then, 50 mL of water was added into the reaction mixture to precipitate the product followed by thorough washing with water to give 3,5-dipentadecyloxybenzonitrile with a yield of 61.2%. (Singlet and multiplets were, respectively, abbreviated as s and m. <sup>1</sup>H-NMR (400 MHz, CDCl<sub>3</sub>): ppm δ 6.73 (s, 2H), 6.63 (s, 1H), 3.93 (t, 4H, J=4 Hz), 1.77 (t, 4H, J=8 Hz), 1.44 (s, 4H), 1.26 (s, 44H), 0.88 (m, 6H)) (Figure S1). TRX-20 was synthesized by dissolving 500 mg of 3,5-dipentadecyloxybenzonitrile in 23 mL of methanol and chloroform (3:20), and injecting dry HCl gas into the reaction system until saturation. After reaction at ambient temperature overnight, the solvent was evaporated off, and 25 mL of saturated ammonia in methanol and chloroform (1:4) were added with stirring for 24 h. TRX-20 was obtained as colorless crystals by recrystallization in methanol (yield: 50.4%). (<sup>1</sup>H-NMR CDCl<sub>3</sub>, 400 MHz): ppm δ 9.80 (s, 2H), 7.80 (s, 1H), 6.91 (s, 2H), 6.67 (s, 1H), 4.00 (t, 4H, J=4 Hz), 1.77 (t, 4H, J=6), 1.44 (s, 4H), 1.26 (s, 44H), 0.88 (m, 6H) (Figure S2).

## Liposome preparation, labeling, and modification

According to our previous report, all liposomes were prepared using a lipid film hydration method.<sup>18</sup> Coumarin-6-loaded liposomes (C6-LP) as control were prepared by

dissolving C6 (0.5 mg), HSPC, and cholesterol (40 mg, molar ratio of 4:1) in chloroform in a round-bottom flask followed by eliminating the organic solvent under reduced pressure to form the lipid film. After hydration in 5 mL of phosphate-buffered saline (PBS, pH 7.2) containing 0.2% F68, the dispersion was sonicated using a probe ultrasonicator (JY92-II ultrasonic cell crusher processor, Ningbo, China) operating at pulse function (200 watts, 20 hertz; pulse on/off: 20 s/15 s; 10 times), and filtered through a 0.2-μm filter to obtain liposomes of around 100 nm.

All other liposomes for the study were fabricated using similar procedures and by dissolving the requisite starting materials in the chloroform solution prior to lipid film formation. TRX-20-modified Coumarin-6-loaded liposomes (TRX-C6-LP) were prepared by additionally including TRX-20 at 2.0, 4.0, and 5.0 mg to give liposomes with molar ratios of TRX-20 to total lipids of 6%, 11%, and 14%, respectively. Liposomes with 6%-, 11%-, and 14%-TRX-20 to total lipids are abbreviated as 6%-TRX-LP, 11%-TRX-LP, and 14%-TRX-LP, respectively, to ease discussion. Control TRX-20-modified blank liposomes (TRX-LP) were prepared by omitting the use of C6. TP-loaded TRX-LP (TRX-TP-LP) was prepared using 4.0 mg of TRX-20 (11 mole%) and substituting C6 with TP (4.0 mg), while PEG<sub>5000</sub>-modified TRX-TP-LP (PEG-TRX-TP-LP) was prepared by also adding PEG<sub>5000</sub>-PE (1.5 mg, ~0.65 mole% of the total lipids) besides 4.0 mg each of TRX-20 and TP into the chloroform solution prior to film formation.

Following the fabrication of the TP-loaded liposomes, any unencapsulated TP was removed by gel filtration, and TP loading concentrations in the TRX-TP-LP and PEG-TRX-TP-LP were determined by HPLC after demulsification with methanol.

The particle sizes of the liposomes were determined using a Zetasizer Nano ZS equipment (Malvern Instruments Ltd, Malvern, UK). The morphology of TRX-C6-LP (11% mole%) and PEG-TRX-TP-LP was visualized under a transmission electron microscope (TEM, H-7500, Hitachi, Japan) following negative staining with 2% sodium phosphotungstate solution.

### Primary culture of MCs

MCs were isolated from male SD rats weighing 150–200 g by the sieving method as previously described.<sup>19</sup> In brief, the kidneys were removed from their capsule and the cortex was separated and cut into fragments (5–10 mm<sup>3</sup>) followed by mechanical sieving to obtain the glomeruli on 100- and 200-mesh stainless-steel sieves. After enzymatic digestions with collagenase IV (0.1% w/v) at 37°C in PBS solution for 20–45 min, the MC suspensions were obtained and cultured in RPMI 1640 medium containing 20% heat-inactivated fetal bovine serum, 2 µg/mL insulin, 300 µg/L transferrin, 100 U/mL penicillin, and 100 U/mL streptomycin at 37°C in a humidified 5% (v/v) CO<sub>2</sub> incubator (Thermo Scientific, Marietta, OH, USA). Passages of primary cultures were performed after 3–4 weeks. To eliminate contamination by either epithelial or endothelial cells, experiments were performed on cells obtained after passage 5.

### Cytotoxicity of TRX-LPs

MCs (passage 6) were seeded onto 96-well plates (Corning, NY, USA) at a density of  $1 \times 10^5$  cells/well with 200 µL of RPMI 1640. After incubation for 24 h, the culture medium was replaced with 200 µL of blank liposomes (control) or TRX-LPs at a lipid concentration ranging from 0.01 to 1.0 mg/mL in RPMI 1640 solutions and the plates were returned to the incubator for another 24 h. The test samples were discarded and the viability of cells was determined by adding 20 µL of MTT (5 mg/mL in PBS) and 100 µL RPMI 1640 into each well. The medium was aspirated after 2 h of incubation, and the intracellular formazan dissolved with 150 µL dimethyl sulfoxide (DMSO) was quantified by measuring the optical density of each well at 490 nm (iMark microplate-reader, Bio-rad, CA, USA). Percent cell viability relative to control was plotted as a function of total lipid concentration (µg/mL).

### Cellular uptake of TRX-C6-LPs

MCs were seeded at a density of  $2 \times 10^4$  cells/well with 2 mL of RPMI 1640 onto six-well chamber slides (Corning Life Sciences, NY, USA). After 2–3 days of culture, the cells were incubated with C6-LP (control) or TRX-C6-LPs at a lipid concentration of 0.8 mg/mL for 2 h in serum-free RPMI 1640 at 37°C. The cells were then washed with PBS to terminate the uptake process. To visualize the cellular uptake, the cells were fixed in 10% neutral buffer formalin for 10 min, then counterstained with DAPI for observation under a laser confocal microscope (SP5, Leica, Germany).

### Determination of NO and TNF-α production in MCs

To measure the anti-inflammatory activity of TRX-TP-LP and PEG-TRX-TP-LP, their effects on nitric oxide (NO) and TNF-α production in LPS-stimulated MCs were determined in vitro.<sup>20</sup> MCs were seeded at a density of  $1 \times 10^5$  cells/well in 96-well plates and incubated until confluence. The cells were then exposed to 200 µL LPS (10 µg/mL in DMEM) alone, or together with TRX-TP-LP or PEG-TRX-TP-LP (TP equivalent concentration of 2.0 µg/mL, in DMEM) or TP (2.0 µg/mL in DMEM with 1% DMSO). After incubation for 24 h, 50 µL of supernatant from each well was aspirated into a new 96-well plate for the determination of NO level using nitric oxide assay kits (Jiancheng, Nanjing, China). Similarly, 100 µL of supernatant was collected from each well, and the production of TNF-α assessed using a commercial rodent TNF-α enzyme-linked immunosorbent assay kit (Pierce Biotechnology, Rockford, IL, USA). Each treatment was repeated for five separate wells, and the data pooled to obtain the average.

### Treatment of nephropathic rats

SD rats were randomly assigned into normal, control, TP, TRX-TP-LP, and PEG-TRX-TP-LP groups (n=5 per group). The MN model was established in all except rats in the normal group according to our previous method.<sup>11</sup> In brief, cationic bovine serum albumin (C-BSA, 1 mg emulsified in 0.5 mL of Freund's complete adjuvant) was subcutaneously injected into the rats to initiate the immunization. One week later, rats were immunized intravenously with 2.5 mg C-BSA every other day for another 2 weeks to finally establish the MN rat model. Rats in the normal group followed the same injection schedule but were administered with normal saline instead of C-BSA.

The MN rats were then administered intravenously with saline (control group), 100 µg/kg TP (TP group) or ~1.6 mg total lipids/kg of TRX-TP-LP (TRX-TP-LP group,



an equivalent dose of 100 µg/kg TP), or ~1.6 mg total lipids/kg of PEG-TRX-TP-LP (PEG-TRX-TP-LP group, an equivalent dose of 100 µg/kg TP) every other day for 2 weeks. Urine samples were collected during the final 24 h of the experiment from all rats for the measurements of urinary protein (Up) and urinary creatinine (Ucr) levels (Up and creatinine assay kits, Jiancheng, Nanjing, China) to determine the level of proteinuria (ratio of Up/Ucr). Twenty-four hours after the last injection, the animals were killed and blood samples collected from the abdominal aorta were measured for albumin, cholesterol, and creatinine (SCr) levels (7020 automated multiparametric analyzer, Hitachi, Tokyo, Japan).

## Data analysis

Data were analyzed with the SPSS 15.0 statistical package. Multiple comparisons of mean values were performed by one-way analysis of variance with the Fisher's least significant difference test applied for post hoc comparisons at 95% CI.  $P < 0.05$  was considered statistically significant.

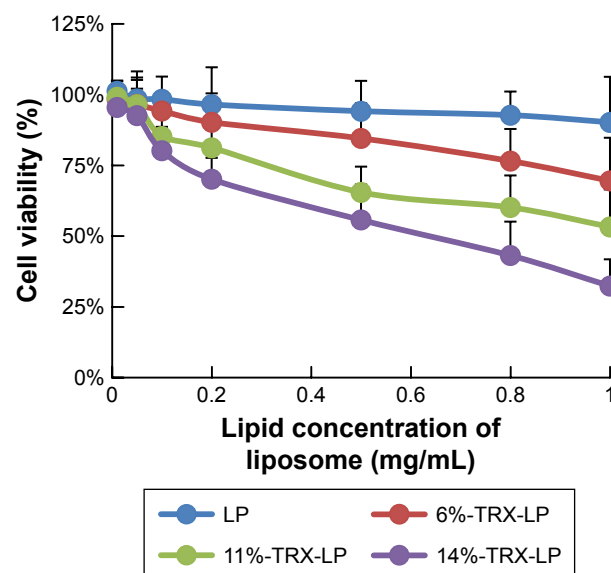
## Results and discussion

### Synthesis and cytotoxicity of TRX-20

In the study, TRX-20 was synthesized according to the previous reports, in which it was shown that TRX-20 could be used to create a liposomal formulation with an MC active targeting functionality.<sup>16,17</sup> The appearance of the signals from the three aromatic protons of the amidine group at ppm 7.80 and 9.80 in the <sup>1</sup>H-NMR spectra indicated the successful synthesis of TRX-20.

Cationic lipids with good affinity to cells have many advantages as nonimmunogenic, nononcogenic, and readily fabricated drug delivery platforms. However, they normally exhibit significant toxicity intrinsically and because of their ability to bind a wide variety of biomolecules, which then limits their biomedical applications.<sup>21</sup> A lipid mixture containing 25 mole% TRX-20 that was used for condensing DNA to enhance transfection was found to be less cytotoxic against Hep G2 cells than conventional transfection agents.<sup>22</sup> However, the effects of TRX-20 on renal cells have yet to be established. In this study, we examined the cytotoxicity of TRX-20 against the MCs to ascertain the appropriate TRX-20 concentration to use that would afford the liposomal formulation a balance of acceptable toxicity and efficacy in the treatment of kidney disease.

TRX-20 was inserted in the bilayer of the liposomes to form 6%-TRX-LP, 11%-TRX-LP, and 14%-TRX-LP for the evaluation of cytotoxicity against MCs isolated from SD rats. All three TRX-LPs exhibited concentration-dependent



**Figure 2** Cytotoxicity of 6%-TRX-LP, 11%-TRX-LP, and 14%-TRX-LP against MCs at concentrations equivalent to lipid concentrations between 0.01 and 1.00 mg/mL for 24 h.

**Note:** Data represent mean  $\pm$  StD (n=5).

**Abbreviations:** MCs, mesangial cells; LP, lipopolysaccharide; TRX-LP, TRX-20-modified liposomes; StD, standard deviation.

toxicity against the MCs at lipid concentration ranging from 0.01 to 1.0 mg/mL, whereas the negative control LPs (without TRX) showed no obvious cytotoxicity after 24 h incubation (Figure 2). The  $IC_{50}$  values for 6%-TRX-LP, 11%-TRX-LP, and 14%-TRX-LP were 3.45, 1.13, and 0.55 mg/mL, respectively, indicating that cytotoxicity increased with increasing TRX-20 content. Even when incorporated at a low concentration of 6 mole% into HSPC, the TRX-20 cationic lipid could provoke cytotoxicity, which was consistent with the results reported by Koiwai et al.

### Characteristics of liposomes

The particle size and zeta potential of the different liposomes are shown in Table 1. C6-LP, which entrapped Coumarin-6 as a trace label, was negatively charged with a zeta potential of  $-3.48 \pm 0.21$  mV and particle size of  $90.7 \pm 1.1$  nm.

**Table 1** Characterization of all liposomes

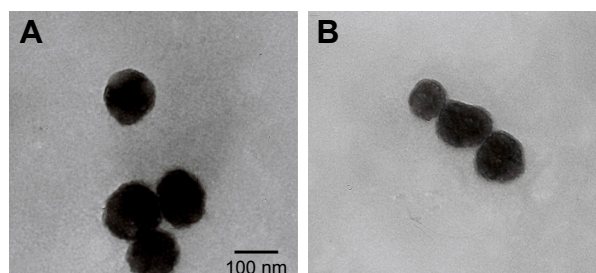
Sample	Size/nm $\pm$ StD	PDI $\pm$ StD	Zeta-potential/mV $\pm$ StD
C6-LP	90.7 $\pm$ 1.1	0.190 $\pm$ 0.005	-3.48 $\pm$ 0.21
6%-TRX-C6-LP	101.8 $\pm$ 4.5	0.235 $\pm$ 0.104	8.61 $\pm$ 0.36
11%-TRX-C6-LP	106.4 $\pm$ 3.7	0.216 $\pm$ 0.127	12.2 $\pm$ 0.54
14%-TRX-C6-LP	110.5 $\pm$ 5.2	0.243 $\pm$ 0.116	15.7 $\pm$ 0.60
TRX-TP-LP	107.3 $\pm$ 3.1	0.202 $\pm$ 0.008	12.6 $\pm$ 0.18
PEG-TRX-TP-LP	117.9 $\pm$ 1.4	0.191 $\pm$ 0.007	13.4 $\pm$ 0.27

**Abbreviations:** C6-LP, Coumarin-6-loaded liposomes; PEG-TRX-TP-LP, TRX-LP with PEG<sub>5000</sub> co-modification; TP, triptolide; TRX-C6-LP, TRX-20-modified Coumarin-6-loaded liposomes; TRX-TP-LP, triptolide-loaded TRX-LP; StD, standard deviation; PDI, polydispersity index.

Incorporation of TRX-20 increased the C6-LP diameter and conferred a positive charge, with larger liposomes having higher zeta potential obtained with increasing TRX-20 content.

TP as a model drug was also successfully encapsulated into liposomes to obtain TRX-TP-LP and PEG-TRX-TP-LP. TP as a bioactive diterpenoid epoxide isolated from *Tripterygium wilfordii* Hook F has promising potential to treat a variety of renal diseases<sup>23</sup> but its progression into clinical use is hampered by low water solubility (log P 1.494) and poor renal discriminative activity that then led to severe side effects on the circulatory and reproductive systems.<sup>24–26</sup> To improve its therapeutic potential, much research has been focused on employing appropriate pharmaceutical strategies to attenuate the toxicity and increase the water solubility of TP.<sup>11,27–29</sup> In this study, the entrapment of TP into 11%-TRX-LP to fabricate TRX-TP-LP did not change the diameter and zeta potential of the liposomes. PEGylation of TRX-TP-LP led to an increase in diameter but had no effect on the zeta potential. The obtained liposome solutions were clear opalescent suspensions without any precipitation of unencapsulated TP. The measured TP concentrations in TRX-TP-LP and PEG-TRX-TP-LP were 0.061 mg/mg lipid and 0.063 mg/mg lipid after the removal of unencapsulated TP by gel filtration, respectively.

Under the TEM, 11%-TRX-C6-LP (Figure 3A) and PEG-TRX-TP-LP (Figure 3B) were observed to contain spherical or ellipsoidal vesicles with good dispersity. TEM micrographs of all TRX-20-modified liposomes, with or without C6 and TP loading, consistently showed vesicles of narrow size distribution within the range of 100–120 nm mean diameter, which is beneficial for liposomes traversing through the fenestrated endothelium directly into the mesangial space.<sup>5</sup> The renal glomeruli have a unique anatomic structure.



**Figure 3** Images of 11%-TRX-C6-LP (A) and PEG-TRX-TP-LP (B) by negative staining with 2% sodium phosphotungstate solution under a transmission electron microscope.

**Note:** Original magnification for both images was  $\times 100$  k.

**Abbreviations:** C6, Coumarin-6; LP, lipopolyaccharide; PEG-TRX-TP-LP, TRX-LP with PEG<sub>3000</sub> co-modification; TRX-C6-LP, TRX-20-modified Coumarin-6-loaded liposomes; TRX-LP, TRX-20-modified liposomes.

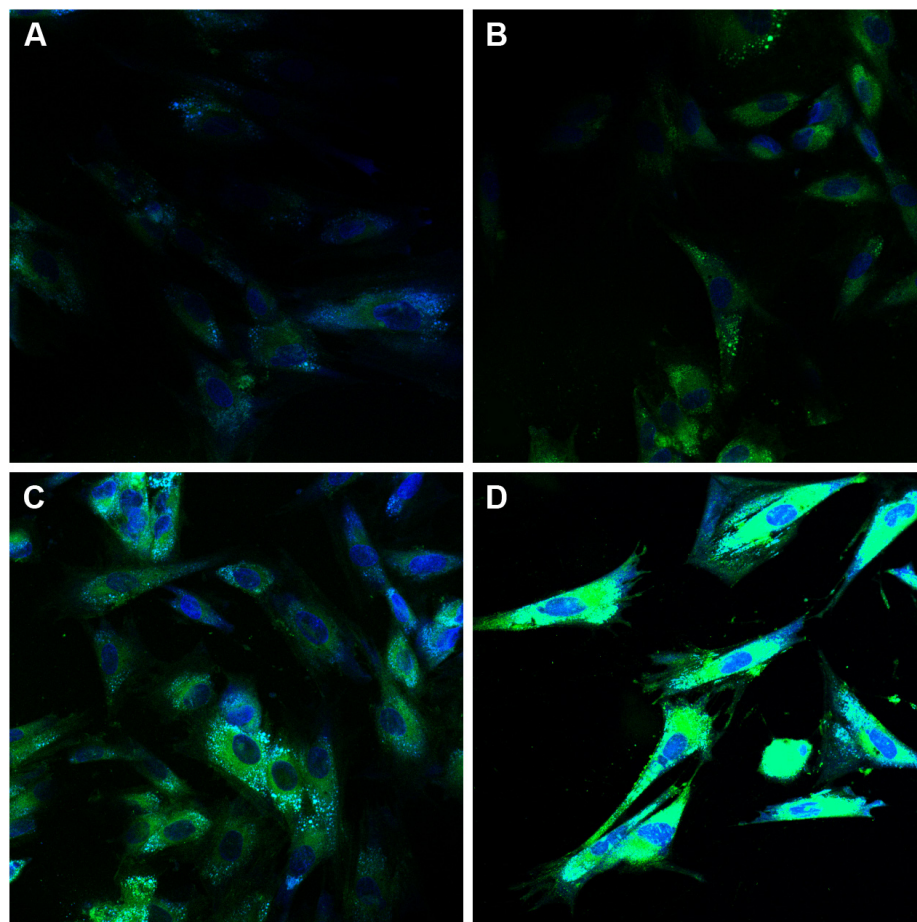
The glomerular mesangium contains endothelial fenestrations of 130–170 nm, whereas the glomerular basement membrane has much smaller 30–70 nm slit pores. Thus, functionalized liposomes of 100–120 nm are able to pass into the mesangium but not into the glomerular tubules. The resultant entrapment of TRX-LP in the mesangial area is further facilitated by its ability to bind to the MCs in this region.

### Specific uptake of TRX-C6-LPs by MCs

A comparison of the cellular uptake data for C6-LP, 6%-TRX-C6-LP, 11%-TRX-C6-LP, and 14%-TRX-C6-LP (Figure 4) suggests that TRX-20 modification promoted the liposomal uptake by MCs. Higher cellular uptake of the liposomes was observed at increasing TRX-20 content, with 14%-TRX-C6-LP showing the highest accumulation and evidence of localization in the cytoplasm. Obviously, it is worth noting that the uptake values of the TRX-C6-LPs were much higher than those of C6-LP. However, excessive TRX-20 modification for liposomes showed severe toxicity to viability of MCs and considerations should be given to balance the toxicity and the uptake efficiency of liposomes. Therefore, TP-loaded liposomes including TRX-TP-LP and PEG-TRX-TP-LP for in vivo therapy were modified with 11%-TRX-20.

### Anti-inflammatory activity of TRX-TP-LP and PEG-TRX-TP-LP

TP is a strong anti-inflammatory agent that has been identified to work in multiple tissues by inhibiting the synthesis and release of inflammatory factors.<sup>20</sup> In this study, we measured the levels of extracellular NO and TNF- $\alpha$  as they are relevant effector molecules that contribute to glomerular injury in numerous experimental models of glomerulonephritis.<sup>30–32</sup> Consistent with Zhou's report, the high levels of NO and TNF- $\alpha$  released by the LPS-stimulated MCs were effectively attenuated by co-incubation with TP for 24 h (Figure 5). TRX-20 has a high affinity for MCs,<sup>16</sup> and this specificity was exploited in this study to develop renal-targeted therapy of TP. Pegylation of the resultant TRX-TP-LP was also utilized as a means to improve therapeutic efficiency in vivo. Entrapment of TP into the 11%-TRX-LP did not weaken its anti-inflammatory activity, contrary to the expectation that liposomal encapsulation may hinder TP cellular uptake by MCs.<sup>33,34</sup> PEG chains inserted into the lipid bilayer of TRX-TP-LP also did not significantly decrease anti-inflammatory action. Indeed, TRX-TP-LP and PEG-TRX-TP-LP showed better anti-inflammatory actions than naked TP applied at the equivalent concentration in the study ( $P < 0.05$ ), which was probably



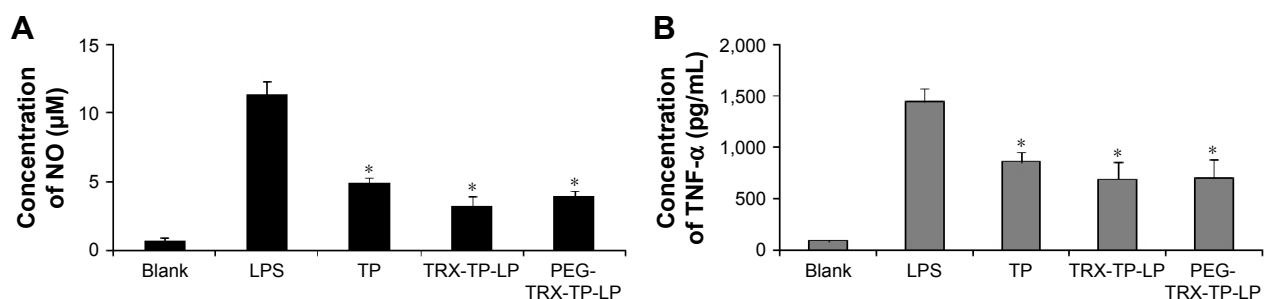
**Figure 4** Confocal micrographs showing the uptake by MCs of C6-LP (A), 6%-TRX-C6-LP (B), 11%-TRX-C6-LP (C), and 14%-TRX-C6-LP (D) after 24 h incubation (C6: green).

**Notes:** MCs were incubated with C6-LP (control) or TRX-C6-LPs at a lipid concentration of 0.8 mg/mL for 2 h in serum-free RPMI 1640 at 37°C and then washed with PBS to terminate the uptake process. After fixation in 10% neutral buffer formalin, the cells were counterstained with DAPI (blue) for observation under a laser confocal microscope. Magnification  $\times 400$ .

**Abbreviations:** C6, Coumarin-6; C6-LP, Coumarin-6-loaded liposomes; DAPI, dihydrochloride; MCs, mesangial cells; PBS, phosphate-buffered saline; TRX-C6-LP, TRX-20-modified Coumarin-6-loaded liposomes.

attributed to the accentuated uptake of TRX-20-modified liposomes by the MCs. As shown in Figure 5, TRX-TP-LP and PEG-TRX-TP-LP significantly inhibited the release of NO (by 71% and 66%, respectively) and TNF- $\alpha$  (by 52%

and 51%, respectively) that were induced by LPS treatment of the MCs. The results encouraged us to compare the therapeutic efficiency of TRX-TP-LP and PEG-TRX-TP-LP in vivo because the previous studies from Morimoto et al and



**Figure 5** Anti-inflammatory activity of free TP, TRX-TP-LP, and PEG-TRX-TP-LP as measured by an inhibition of NO and TNF- $\alpha$  production by LPS-stimulated MCs.

**Notes:** LPS-stimulated MCs without any treatment served as LPS group while normal MCs as blank. Data represent mean  $\pm$  StD (n=5) \* $P < 0.05$  versus LPS.

**Abbreviations:** LPS, lipopolysaccharide; MCs, mesangial cells; NO, nitric oxide; PEG-TRX-TP-LP, TRX-LP with PEG<sub>5000</sub> co-modification; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; TP, triptolide; TRX-TP-LP, triptolide-loaded TRX-LP; TRX-LP, TRX-20-modified liposomes; StD, standard deviation.

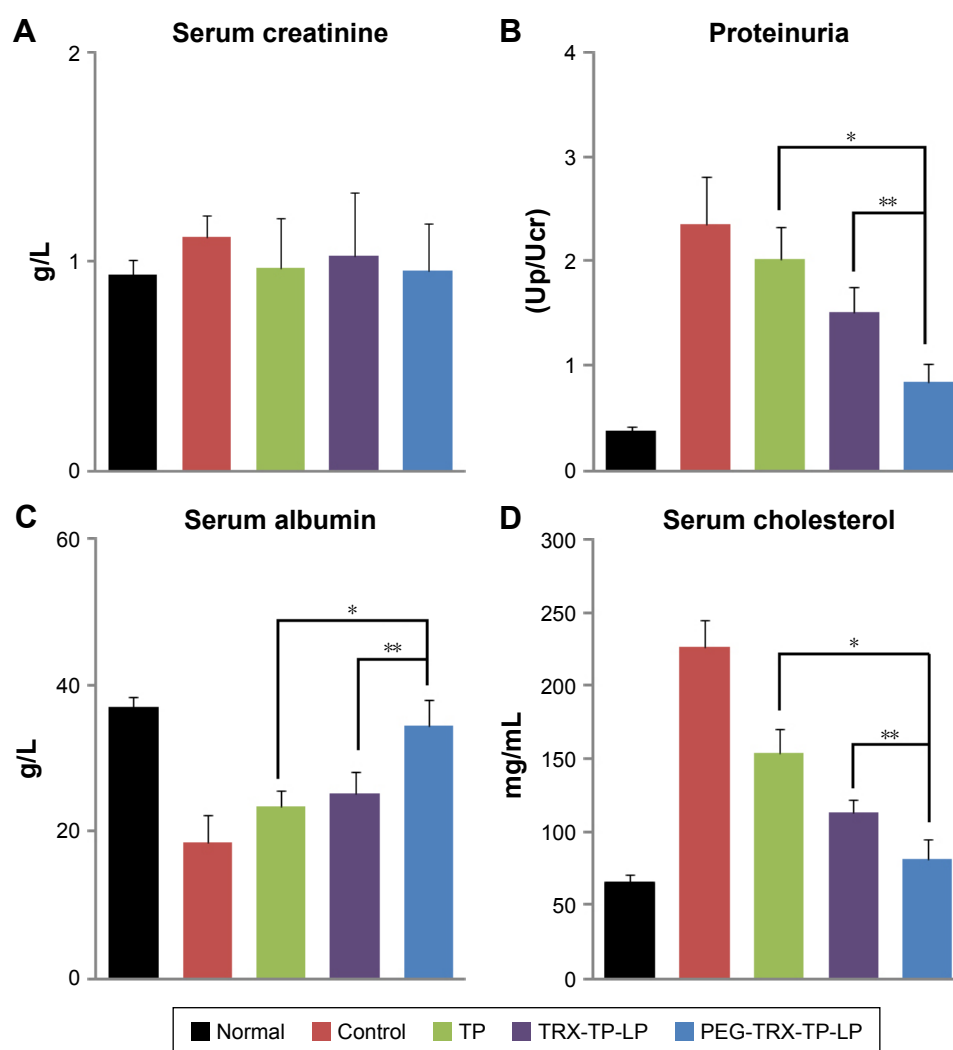
Scindia et al reported that only PEGylated liposomes could display better specific accumulation in animal models.<sup>15,16</sup> It is also worth noting that the anti-inflammatory activity of TP was elicited by applying TRX-TP-LP and PEG-TRX-TP-LP at equivalent total lipid concentration of lower than 0.05 mg/mL, which was 22.6 times lower than the  $IC_{50}$  of 11%-TRX-LP, and at which the viability of MCs was 96.51% (Figure 2).

## Renal-targeted therapy

Modified liposome is an enabling technology for the creation of tissue-/cell-specific therapeutics. The kidney, specifically the glomerulus, is one of the accessible sites for the targeted delivery of drug-loaded liposomes. Renal-targeting therapy

is desirable for nephropathy as it limits the immunological events only to the kidneys, thereby reducing systemic side effects.<sup>3</sup> Morimoto et al were the first to apply TRX-20-modified liposomes to renal-targeted therapy, loading the liposomes with prednisolone for the treatment of anti-Thy-1 nephritic rats.<sup>16</sup> MCs are the primary targets of immune-mediated glomerular diseases and they may also respond to other glomerular injuries that involve the podocytes, endothelial cells, or the glomerular basement membrane.<sup>35</sup> Therefore, MC is an ideal targeting site for the treatment of glomerular nephropathy.

In this study, preliminary pharmacodynamics evaluation was performed to ascertain whether TRX-TP-LP and PEG-TRX-TP-LP enhanced the renal-targeted pharmacological



**Figure 6** Biochemical markers of normal SD rats (normal) and SD rats induced with membranous nephropathic (MN) by C-BSA injection over 4 weeks. MN rats received intravenous injections of saline (control), TP solution, or TRX-TP-LP or PEG-TRX-TP-LP dispersions.

**Notes:** (A) Serum creatinine; (B) proteinuria expressed as the ratio of urinary protein (Up) and urinary creatinine (Ucr) levels; (C) serum albumin; (D) serum cholesterol. Data represent mean  $\pm$  StD (n=5). \* $P < 0.05$  versus TP group; \*\* $P < 0.05$  versus TRX-TP-LP group.

**Abbreviations:** C-BSA, cationic bovine serum albumin; PEG-TRX-TP-LP, TRX-LP with PEG<sub>5000</sub> co-modification; TP, triptolide; TRX-TP-LP, triptolide-loaded TRX-LP; TRX-LP, TRX-20-modified liposomes; StD, standard deviation.



activity of TP in vivo. For this purpose, a nephropathic rodent model was established through repeated C-BSA exposure in the SD rats. The nephropathic rodent model follows a similar clinical course and histopathology to human MN. MN is an autoimmune-mediated glomerulonephritis characterized by the presence of diffuse thickening of the glomerular basement membrane and subepithelial in situ immune-complex deposition, and is the most common of nephrotic syndrome in adult humans. Presently available immunosuppressive therapies are not always effective and often present with persistent comorbidities.<sup>36</sup>

The three formulations comprising free TP solution, TRX-TP-LP, and PEG-TRX-TP-LP dispersions were administered intravenously on alternate days over 2 weeks at equivalent TP dose of 100 µg/kg to the rodent MN model. Compared to rats in the normal group that were not immunized with C-BSA, the MN rats developed normal SCr levels (Figure 6A) and the characteristic clinical symptoms of overt proteinuria (Figure 6B), hypoalbuminemia (Figure 6C), and hypercholesterolemia (Figure 6D), which were consistent with the biochemical data in our previous study.<sup>11</sup> Treatment with TP over 2 weeks seemed to alleviate the biochemical abnormalities to some extent, but its efficiency did not match that observed in MN rats treated with TRX-TP-LP or PEG-TRX-TP-LP. Treatment with TRX-TP-LP or PEG-TRX-TP-LP effectively attenuated the symptoms and improved biochemical markers including proteinuria, serum cholesterol, and albumin. Relative to the MN rats in the TRX-TP-LP group, treatment of the MN rats with PEG-TRX-TP-LP significantly further reduced the proteinuria and serum cholesterol level, while concomitantly raising the serum albumin level ( $P < 0.05$ ). These three biochemical markers in the PEG-TRX-TP-LP group were brought close to the baseline levels of the normal rats, suggesting that PEG-TRX-TP-LP has the potential to reverse the inflammation induced by C-BSA in the SD rats. Histological sections of kidney tissues in each group were also observed under microscope (Figure S3). The histopathological findings supported the biochemical data in advocating the superior efficacy of PEG-TRX-TP-LP.

## Conclusion

Our results clearly demonstrate that the TRX-LPs exhibited TRX-20 concentration-dependent cellular uptake and cytotoxicity against the MCs, with the 14%-TRX-LP showing highest toxicity and highest accumulation in the cytoplasm of MCs. The incorporation of TP into 11%-TRX-LP enhances the TP-mediated immune suppression of LPS-stimulated

MCs because of specific binding of the TRX-LP to MCs. Pegylation to give PEG-TRX-TP-LP resulted in further improvement in the anti-inflammatory action of TP in vitro in the LPS-stimulated MCs, and in vivo in the MN rodent model. It can be concluded that TRX- and PEG co-modification of HSPC liposomes could be used for the specific delivery of TP to renal glomeruli for the treatment of MN.

## Acknowledgments

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## Disclosure

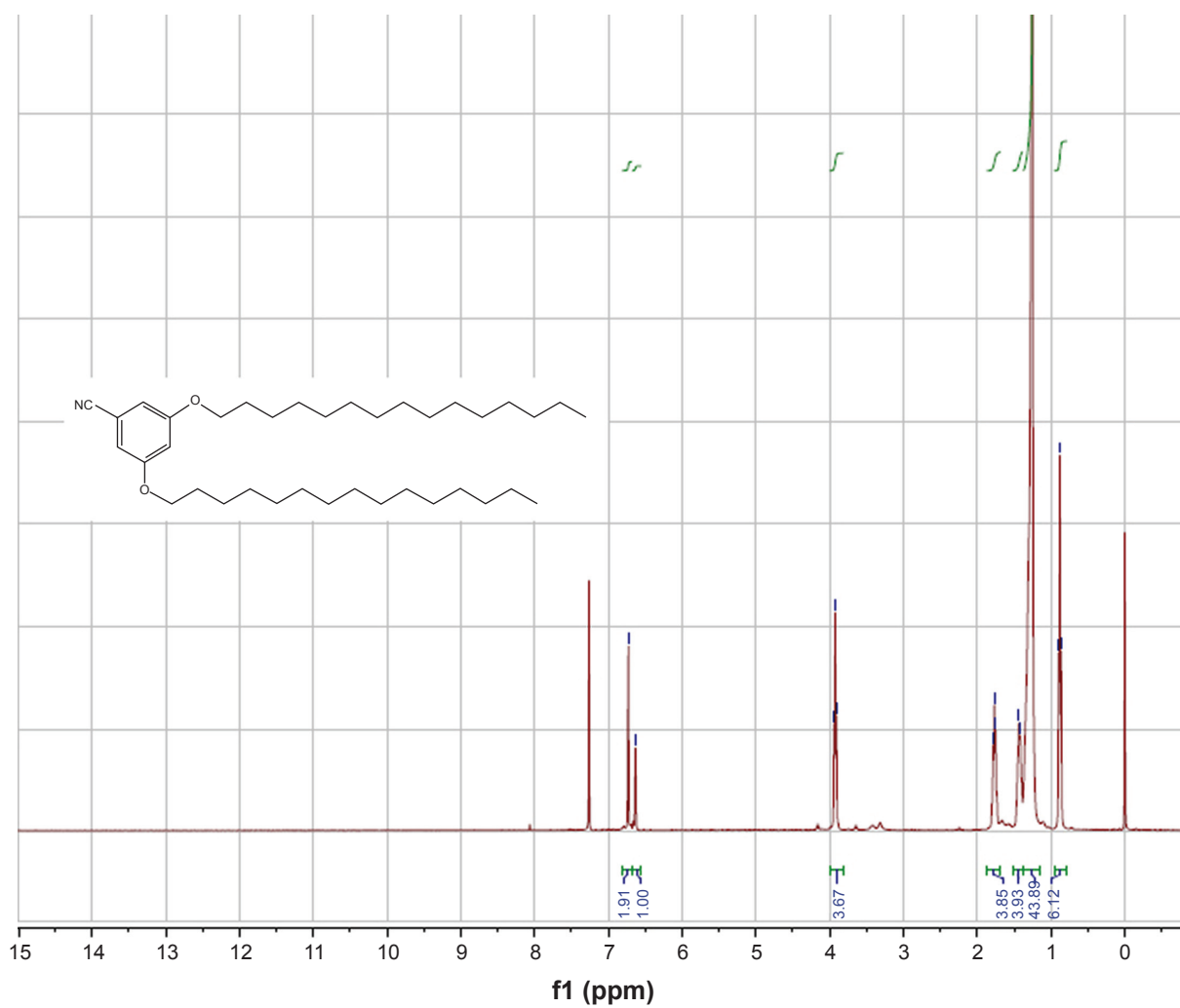
The authors report no conflicts of interest in this work.

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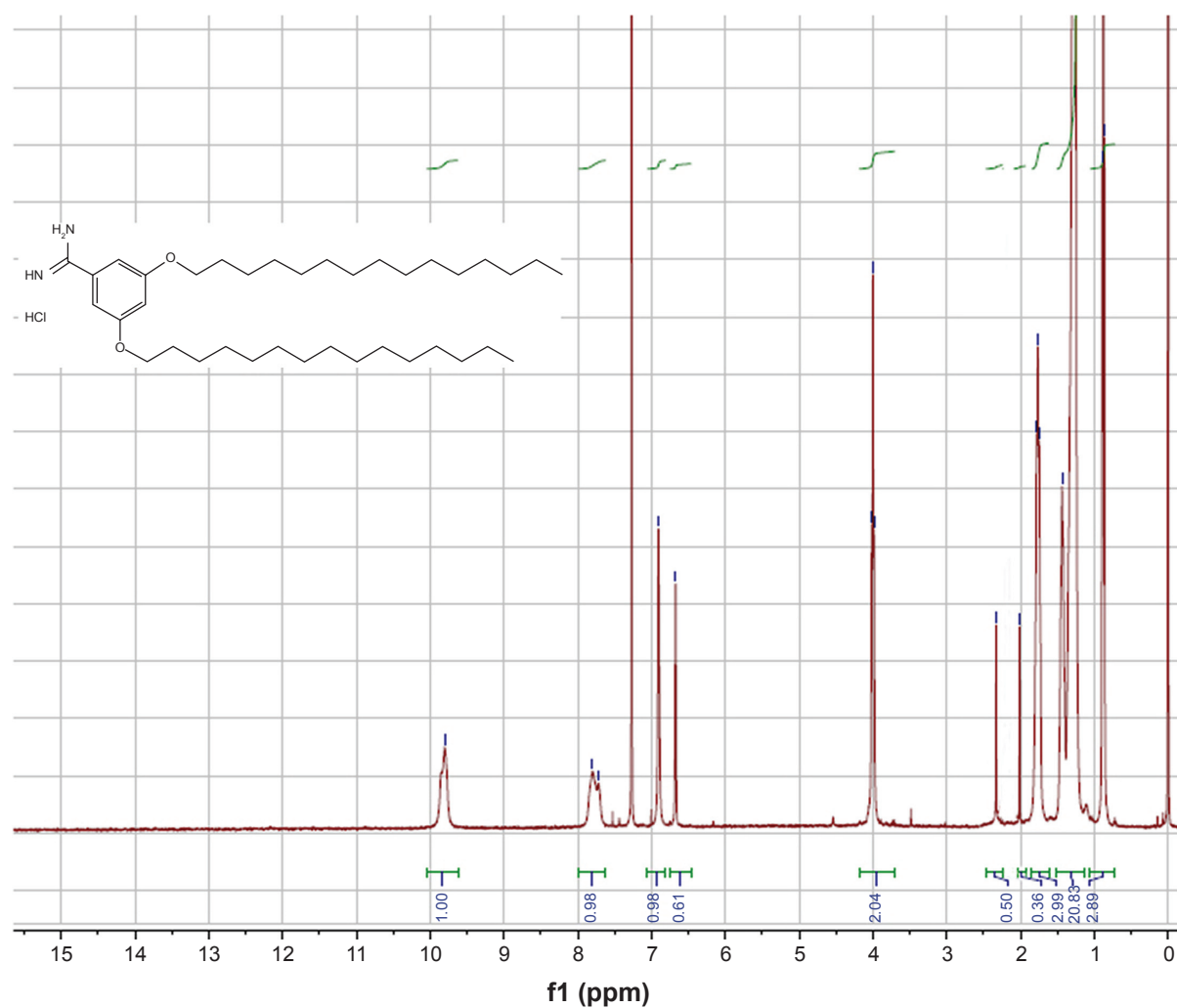
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## Supplementary materials

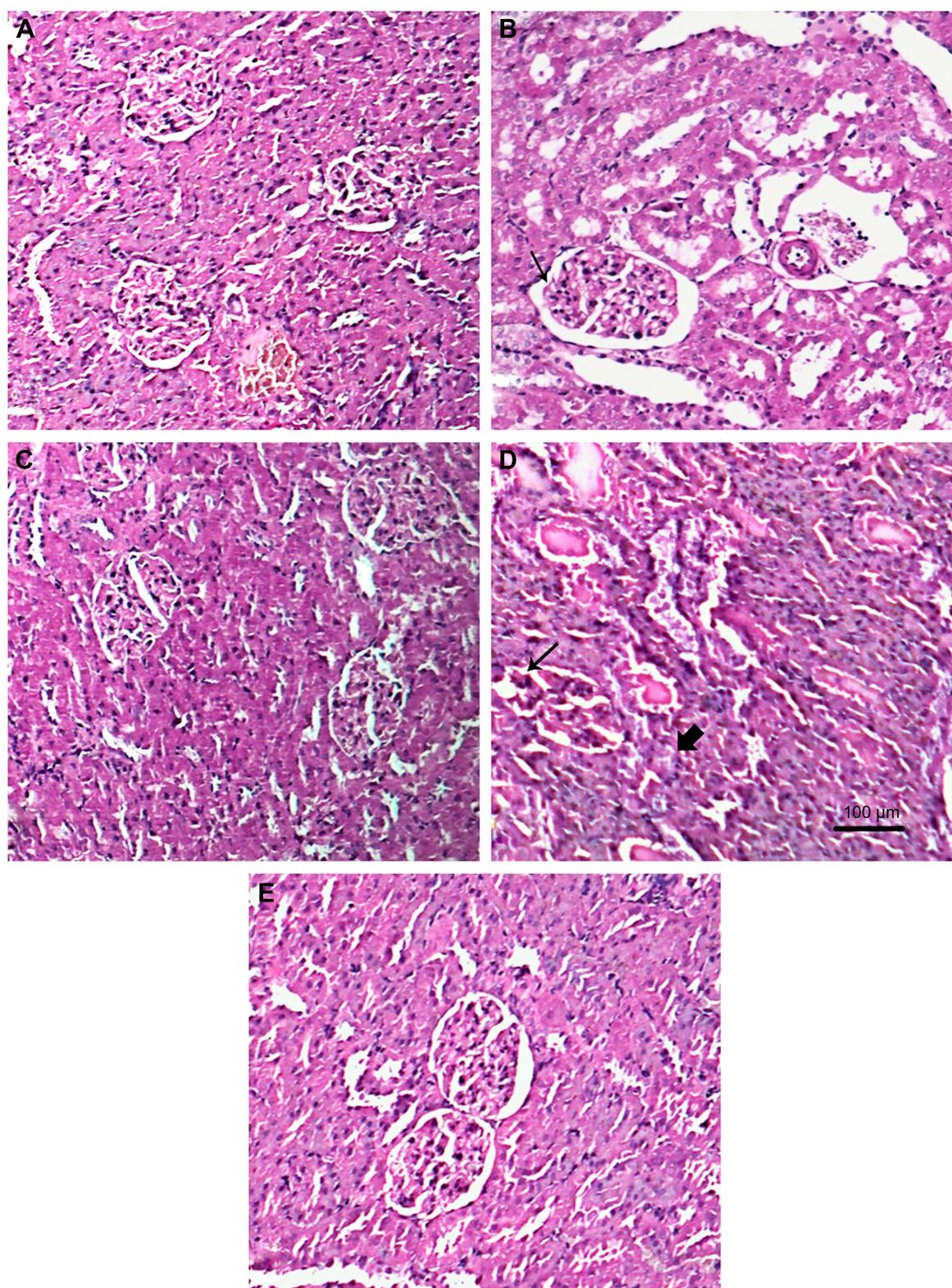


**Figure S1** Nuclear magnetic resonance spectrum of 3,5-dipentadecyloxybenzonitrile.



**Figure S2** Nuclear magnetic resonance spectrum of 3,5-dipentadecyloxybenzamidinium hydrochloride.





**Figure S3** Histological sections of kidney tissues (hematoxylin and eosin staining) harvested on week 6 from euthanized normal Sprague Dawley rats (**A**) and rats induced with MN by C-BSA injection over 4 weeks, and receiving intravenous injections of control saline solution (**B**), PEG-TRX-TP-LP dispersions (at equivalent TP dose of 100  $\mu\text{g/kg}$ ) (**C**), 100  $\mu\text{g/kg}$  TP (**D**), or TRX-TP-LP dispersions (at equivalent TP dose of 100  $\mu\text{g/kg}$ ) (**E**). Scale bar = 100  $\mu\text{m}$ .

**Notes:** Kidney section for normal group exhibited a histologically normal glomerular architecture (**A**). In comparison, the kidney section for the control group showed typical nephropathic characteristics of a diffuse basement thickening (thin arrow) of the length of glomerular basement membrane (GBM) (**B**). After the treatment PEG-TRX-TP-LP (**C**) or TRX-TP-LP (**E**), a certain alleviation of pathological changes can be observed, whereas a renal tubular injury (thick arrow) was evident after free TP treatment (**D**). The histopathological findings supported the biochemical data in advocating the superior efficacy of PEG-TRX-TP-LP.

**Abbreviations:** C-BSA, cationic bovine serum albumin; LP, lipopolymer; MN, membranous nephropathy; PEG-TRX-TP-LP, TRX-LP with PEG<sub>5000</sub> co-modification; TP, triptolide; TRX-TP-LP, triptolide-loaded TRX-LP; TRX-LP, TRX-20-modified liposomes.

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