Intracellular trafficking of new anticancer therapeutics: antibody–drug conjugates

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Abstract: Antibody–drug conjugate (ADC) is a milestone novel class of therapeutic agents in targeted cancer therapy that comprises of monoclonal antibodies chemically linked to cytotoxic drugs. Internalization of ADC takes place via clathrin-mediated endocytosis, caveolae-mediated endocytosis, and pinocytosis. Conjugation strategies, endocytosis and intracellular trafficking optimization, linkers, and drugs chemistry present a great challenge for researchers to eradicate tumor cells successfully. This inventiveness of endocytosis and intracellular trafficking has given considerable momentum recently to develop specific antibodies and ADCs to treat cancer cells. It is significantly advantageous to emphasize the endocytosis and intracellular trafficking pathways efficiently and to design potent engineered conjugates and biological entities to boost efficient therapies enormously for cancer treatment. Current studies illustrate endocytosis and intracellular trafficking of ADC, protein, and linker strategies in unloading and also concisely evaluate practically applicable ADCs.

Keywords: antibody–drug conjugate, antibody, endocytosis, intracellular trafficking, clathrin

Introduction

Antibody–drug conjugate (ADC) is a milestone novel class of therapeutic agents in targeted cancer therapy. ADCs combine the antigenic specificity of an antibody with the assistance of potent tumorogenic effects of cytotoxic compounds. Traditionally, chemotherapeutic procedures have for quite some time been in practice to help distinctive tumors treatment. However, targeted cancer therapy gained major interest in anticancer therapeutics that convey highly cytotoxic drugs directly to a tumor site. This approach of antibody-mediated drug delivery elevates maximum tolerance and has gained a considerable momentum in cancer therapy with the recent approval of two ADCs by the US Food and Drug Administration (FDA), Kadcyla and Adcetris, along with >40 conjugates in clinical trials.1 Kadcyla, comprised of monoclonal antibody (mAb), Herceptin, conjugated by means of lysine residue to DM1 that hinders cell division.2 Adcetris comprised the CAC10, a human–mouse chimeric antibody, through monomethyl auristatin E (MMAE), a cysteine residue that inhibits tubulin polymerization.3 These conjugates provide a unique opening of studying the mechanism of ADC action with tumor biology and cancer indication in drug development.

Cells constantly internalize extracellular molecules to lumen and degrade through complex enzymatic pathways. This inventiveness of endocytosis and intracellular trafficking has given considerable momentum recently to develop specific antibodies and ADCs to treat cancer cells. It is profitable to accentuate endocytosis and intracellular trafficking pathways successfully for ADC design. This evolving approach of targeted therapy was because of the Ehrlich concept of “magic bullet”.4,5 Further maturity of
hybridoma technology by Kohler and Milstein in 1975 and recent advancements in antibody engineering, significantly enlighten the field of ADCs production.

Designing of ADC occurs in such a way that mimics toxicity of drugs and augments the antitumor activity of potent payloads, by inhibiting tubulin (eg, auristatin, maytansinoids), double-stranded DNA break, or minor groove binder/alkylators of DNA (eg, ducomycin) as shown in Table 1. These drugs are mostly derived from the natural source that triggers cell cycle arrest followed by apoptosis. Naito et al reported morphological changes before cell arrest at a G2/M phase in CD33-positive acute myeloid cells by using calicheamicin-676 drug. Despite numerous reports on drugs cytotoxicity, the intracellular trafficking studies of ADCs are still unclear. Current studies summarize knowledge of endocytosis and trafficking mechanism of ADCs with the current approach of their action.

### Table 1 Different compounds and their targets used in ADCs optimization

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<thead>
<tr>
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**Abbreviations:** ADC, antibody–drug conjugate; dsDNA, double-stranded DNA; A, adenine; C, cytosine; T, thymine.

### Endocytosis and trafficking of ADC

ADC comprised of an mAb, linker, and cytotoxic payloads. The antibody counterpart binds specifically with target antigen on the tumor cell surface. Different features of antibody enhance optimization of ADC as summarized in Figure 1. Physical and chemical properties of these conjugates are briefly studied in literature but degradation and intracellular trafficking properties of ADC are relatively unknown. Successful optimization and development of ADC largely depend on its building units, tumor biology, antigen presentation, binding site chemistry, linker stability and its types, payload potency of loading drug, and drug–antibody ratio (DAR). Ideally, ADC must have selectivity, effective lytic nature, and ability to release its guided drug in active form to deliver optimum potency in killing cancerous cells. Antigen expression level is a key and dynamic parameter for initiation of putative results, as it will determine how

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**Figure 1** Significant and dynamic characteristics of ADC.

**Notes:** (A) Antibody, (B) linker, and (C) cytotoxic drug are three milestones in ADC optimization.

**Abbreviations:** ADC, antibody–drug conjugate; mAb, monoclonal antibody.
much ADC will bind to the cancerous cell and internalize. Low expression level limits the binding and inadequate endocytosis, thereby restricting efficient delivery of ADC-loaded drug.\textsuperscript{14}

Endocytosis can be manifested by different internalization routes such as clathrin-mediated, caveolae-mediated, and clathrin–caveolin-independent endocytosis\textsuperscript{15} (Figure 2), but much work has been focused on clathrin-mediated endocytosis (CME). The first two are receptor-mediated endocytosis, while the latter one is receptor-independent endocytosis. High binding interaction of antigen–antibody results in accumulation of more ADCs on the membrane surface. It is hard to distinguish among these pathways as some molecules are not restricted to a single pathway. CME was reported as the central route adopted by various ADCs. Trafficking of ADCs occurs with the aid of adaptor protein (AP2), dynamin, epsin, and phosphatidylinositol (4,5) bi-phosphate (PIP2).\textsuperscript{16}

Precise ligands accomplished binding activity of antigen and antibody on tumor surface more actively. These ligands include protein molecules, small molecular receptors, antibodies, peptides and proteins, and carbohydrates.\textsuperscript{17–19} The most prominent among these are target-specific mAb fragments,\textsuperscript{20} transferrin,\textsuperscript{21} peptides,\textsuperscript{22} and folate.\textsuperscript{23} Endocytosis of tiny, unionized hydrophobic molecules occurs passively, while large, charged polar, or conjugated molecules are carried inside in the form of complex coordinated pathways by utilization of energy-rich sources.\textsuperscript{24–26} The most prominent recruitment pathway reported for transportation is clathrin-mediated by the formation of clathrin-coated vesicles (CCVs) or membrane invagination coats that cover 2\% total area.\textsuperscript{27,28} The other less prominent pathways including caveolin-mediated,\textsuperscript{29} clathrin–caveolin-independent,\textsuperscript{30} and cholesterol/macropinocytosis-mediated are also reported in literature.\textsuperscript{31} Mayor et al also reported that other small caveolae vesicles contain lipid microdomain involved in different transduction events with lack of clathrin protein function.\textsuperscript{32}

After passing membrane barriers, conjugate marched toward endosomes and emptied there with indication of prominent markers, ie, Rab 5, Rab 7 and Rab 11.\textsuperscript{33,34}

![Figure 2](https://www.dovepress.com/)

**Figure 2** Different endocytosis routes followed by ADC.

**Notes:** Endocytosis of ADC takes place through three different mechanisms, ie, CME, caveolin-mediated endocytosis, and clathrin–caveolin-independent endocytosis. ADC conjugates travel inside and reach endosome/lysosome lumen, where it reloads its payloads and targets cell binary structures to rupture tumor cell.

**Abbreviations:** ADC, antibody-drug conjugate; CaME, caveolin-mediated endocytosis; CME, clathrin-mediated endocytosis; CCIE, clathrin–caveolin-independent endocytosis; CCP, clathrin-coated pits; CDC, cell division cycle; EE, early endosome; EPS15, epidermal growth factor receptor substrate 15; LE, late endosome; mono-Ub, mono-ubiquitylation; MVB, multivesicular antibody; PKC, protein kinase C; RAC1, Ras-related C3 botulinum toxin substrate 1; RE, recycling endosome; SRC, Rous sarcoma virus cellular protein; TK, tyrosine kinase.
Early endosome becomes late endosome by losing protein which plays the vital role in recycling. The decrease in pH occurs by utilization of proton pump. Late endosome fuses with lysosome resulting in pH decrease. ADCs’ degradation occurs due to acidic environment and enzymatic activities of lysosome.

Recycling of membrane proteins and lipid occurs through the complex process by utilization of Rab proteins/GTPases to regulate mechanism of endocytosis and proteins balance at the membrane surface. CME and caveolae-mediated endocytosis utilized Rab 11 protein to recycle back ADC. Nexinprotein performs this recycling activity from the endosome toward the membrane surface. Time optimization of recurring changes after 1 hour of endocytosis. The ADC-carrying payload reaches the lysosome and releases the drug due to a breakage of a linker. The free payloads reach the targeted area resulting in a disruption of tubules or cell cycle arrest, which ultimately results in apoptosis of the cancer cell as shown in Figure 3.

Protein machinery in endocytosis
ADCs travel inside the cell via the bucket of clathrin-coated pits, become uncoated by the Hsp70 protein complex, and fuse with early endosomes to acquire the endosomal–lysosomal trafficking. ATP-dependent proton pump exists in endosome and lysosome and changes the pH of early endosomes (6.0–6.2), late endosomes (5.5), and lysosomes (4.5–5.0). The acidification results in dissociation of ligands, such as insulin, epidermal growth factor (EGF), and low-density lipoprotein (LDL) from receptors in early endosomes, and vacant receptors get into surface membrane via recycling compartment of narrow tubules. Several kinds of literature reported an alternative set of protein machinery that led to the formation of the same morphological structures as in the case of endocytic tubes and caveolae. A progress report conducted by Sabharanjak et al in Satyajit Mayor (National Center for Bio Science, Bangalore) characterized clathrin-, dynamin-, and caveolae-independent internalization pathways for transportation of glycosylphosphatidylinositol

Figure 3 Mechanism of endocytosis and intracellular trafficking of ADC.
Notes: (A) Shows surface localization of antigen–antibody complex, (B) shows mechanism of endocytosis, and (C) indicates final cell death of tumor cell.
Abbreviations: ADC, antibody–drug conjugate; CME, clathrin-mediated endocytosis; EE, early endosome; FcRn, neonatal Fc receptor; LE, late endosome.
Peptide linkers conceivably selective for targeted regions of tumor cells. Currently four different types of linkers in use are broadly divided into cleavable and non-cleavable linkers. Acid-labile hydrazine linkers are included in cleavable linkers. Acid-labile hydrazine linkers are cleaved in the lysosome compartment as a result of low pH. Unfortunately, acid labile hydrazine linkers have established off-target release in clinical examination. Peptide linkers conceivably selective for cleavage in lysosome by activity of cathepsin B. Unlike the hydrazine linker, peptide linkers show high serum stability and improved antitumor effects of ADC. Phe-Lys and Val-Hydrazone linkers have established off-target release in clinical examination. Acid-labile hydrazine linkers are cleaved in the lysosome by activity of cathepsin B. Unlike the hydrazine linker, peptide linkers show high serum stability and improved antitumor effects of ADC. Phe-Lys and Val-Hydrazone linkers have established off-target release in clinical examination. Peptide linkers conceivably selective for targeted regions of tumor cells. Currently four different types of linkers in use are broadly divided into cleavable and non-cleavable linkers. Acid-labile hydrazine linkers are included in cleavable linkers. Acid-labile hydrazine linkers are cleaved in the lysosome compartment as a result of low pH. Unfortunately, acid labile hydrazine linkers have established off-target release in clinical examination. Peptide linkers conceivably selective for cleavage in lysosome by activity of cathepsin B. Unlike the hydrazine linker, peptide linkers show high serum stability and improved antitumor effects of ADC. Phe-Lys and Val-Cit are physiological stable peptide linkers but hydrolyze rapidly in the presence of enzymes. The longer half-life of peptide linkers was recorded as compared to other cleavable linkers. Disulfide linkers also raise questions of non-specific cytotoxicity and instability and off-target release of drugs. Recent advancement in linker technology has been covered by non-cleavable linkers. The chemical bond of non-cleavable linkers is highly stable in circulation and inside the cell. The release of an active potent drug inside a tumor cell is realized by degradation of antibodies in the lysosome. More importantly, the recently approved ADC, trastuzumab-DM1 (Kadcyla), also utilized non-cleavable linkers to treat metastatic breast cancer. More effective studies were also reported in vivo analysis by using non-cleavable linkers compared to their disulfide counterpart.

The linker is one of the most vital components of ADCs that anchor cytotoxic drugs to an antibody. It must be stable in circulation and potent in effective drug release inside the cell to acquire maximal therapeutic windows. Once internalization was confirmed, it should be cleavable by enzymatic action or acidic change in lysosomes. Four different types of linkers were reported including disulfide and peptide base and acid cleavable and non-cleavable linkers. Three common strategies have been reported for a release of efficient drugs, ie, pH sensitivity, protease sensitivity, and glutathione sensitivity. The protease of lysosome recognizes a specific peptide sequence in the linker. Lower pH of the endosome (5.0–6.0) and lysosome (4.8), as compared to cytosolic pH (7.4), elicits hydrolysis of a linker acid-labile group as in hydrazone. The third strategy of drug release exploits the higher ratio of intracellular glutathione as compared to plasma.

Early development of ADC was conducted by utilization of the hydrazine linker, but a major downfall in its productivity, it undergoes spontaneous cleavage compared to disulfide and peptide linkers, was reported. These linkers are enzymatic in hydrolysis and can be selected for preferential expression, minimizing the spontaneous release of drugs in circulation. Peptide linkers exhibit improved antitumor activity and stability, demonstrating bystander cytotoxicity. Cytotoxic drugs endure modification by disulfide reduction to methylation and have access to neighboring cells, resulting in lyses. This mechanism is very fruitful to eradicate the tumor cells that do not express the targeted antigen within the tumor cell.

Efficacy of antibody and linker technology can be elevated by making changes in binding sites to confer consistency of ADC. Lyon et al introduce a novel concept of maleimide linkers that catalyze their own thiosuccinimide ring hydrolysis, prevent drug loss, and develop a high stable ADC. King et al also reported a novel series of branched hydrazone linkers and made immune conjugates of mAbs BR96 and doxorubicin that were stable at pH 7. These conjugates release DOX molecules at lysosomal pH. They concluded a possible outcome of using a reduced amount...
of mAb load via branched methodology to acquire desired cytotoxic activity. Recently, specificity of HER2 antibodies and enhanced activity of doxorubicin-labeled liposomes against cancer were also reported by our research group. However, poor circulation stability of hydrazine linker was also recorded as in the case of gemtuzumab ozogamicin (GO), resulting in low clinical efficacy and safety.

On the other hand, premature release in circulation is being prevented by utilizing non-cleavable linkers. Non-cleavable linkers result in enzymatic degradation of ADC in lysosome and accurate release of drug with their conjugated amino acid lysine or cysteine. Active research by chemists to develop new linkers and discover novel potent effector molecules that suit ADC is currently being investigated.

Co-localization of ADC

Properties of cell surface proteins targeted by ADCs have not been fully exploited, of which the rate of internalization and the route of intracellular trafficking are of particular importance. Targeted delivery of anticancer drugs to tumor cells using mAb against cell surface receptors is an emerging therapeutic strategy. The rate of internalization was compared between ADCs with their antibodies, and similar effects were found as in the case of anti-CD30 (cAC10) and the antimitotic agent, auristatin. Similarly, it was also reported that conjugate of anti-MUC-1 in breast and ovarian cancer xenografts, with DNA minor groove binder, calicheamicin, have the same endocytosis rate. In contrast, some auristatin conjugates efficiently internalized as compared to their antibody moieties. Ingle et al reported the efficiency of both CD19 and CD21, B cell surface receptors, and found that even at higher expressions of CD21 receptors, the ADC is unable to internalize. But the absence of CD21 results in efficient endocytosis of anti-CD19 ADC molecules. These receptor molecules develop a complex on B cell surfaces that mimics internalization of CD19 by CD21. Similarly, selective binding of antibodies contributes enormously in elevated endocytosis and potent toxicity of ADC. It was also recorded that there are no set parameters with optimal binding/internalization affinity, and maximum correlation of ADC and antibodies as strong binding results in faster internalization and efficient ADC trafficking. These reports attract consideration extensively to acknowledge molecular mechanism of receptor mediated endocytosis and particular cell target properties while designing ADC.

Law et al reported two different co-localization studies of anti-CD70 antibody and anti-CD20 with the anti-tubulin auristatin conjugate. Anti-CD70 conjugate followed CME and trafficked to the lysosome for payload release. The released payload, by the enzymatic activity of lysosomes, results in microtubule channels disruption and G2/M cell cycle arrest in metastatic renal cell carcinoma (RCC). Anti-CD20 antibody and auristatin conjugate was carried by both CME and caveolin together. They used two anti-CD20 conjugates, rituximab-vcMMAE and 1F5-vcMMAE, to selectively target B-lymphoma cell lines, trafficked to a cell. The enzymatic activity of lysosome results in linker destruction, releasing the payload and eventually caused G2/M phase arrest and apoptosis. One pre-clinical study was conducted previously by our research group by targeting CD20-positive B lymphoid malignancies, using ofatumumab auristatin conjugate ofatumumab-valine citrullin-monomethyl auristatin (OFA-vcMMAE), resulting in complete inhibition of CD20-positive cells and exhibited enhanced activity as compared to unconjugated OFA. Recently, Pan et al recorded conjugation of TRAIL (Tumor-Inducing Factor-Related Apoptosis Inducing Ligands) with MMAE for efficient drug delivery to tumor cell.

Co-localization of auristatin and anti-melanotransferrin conjugate was also reported in melanoma-sensitive cell lines (SK-MEL5 and A2058) and -resistant cell lines (L49-vcMMAE). In sensitive cell lines, conjugate followed CME pathways for its endocytosis, while resistant cell lines utilized caveolin-II of caveolae to colonize the conjugate. One study revealed that inhibition of anti-CD30–trastuzumab conjugate occurs by clathrin inhibitor and internalized by caveolae-mediated endocytosis to cell. Acidic environment of endosome–lysosome slows down the trafficking of anti-CD30, and its trastuzumab conjugate was also reported. Higher concentration of ADCs in surrounding medium facilitates its endocytosis silently through the membrane surface as was reported in GO that non-specifically inhibits the CD33-negative acute lymphoblastic leukemia cells, while the lower concentration of GO in surrounding medium results in triggering of CME pathway to take ADCs into CD33-positive malignant cells. The pinocytosis neither induces S-G2/M cell arrest nor apoptosis but results from necrotic lyses. However, the exact and precise quantification of ADC is still a topic of debate. These reports reveal different routes of ADC induction to the cell from surroundings and its trafficking to the targeted region of a cancer cell.

ADCs in clinical use and their mechanism studies

More than 100 different ADCs are in different stages of clinical evaluation, majority carrying microtubule disrupting loads (maytansinoids/auristatins). Subsequent paragraphs describe detailed assessment of different ADCs and
their intracellular trafficking. Only three ADCs obtained approval by FDA. Two of them employ effective tubulin-disrupting agents, either MMAE or maytansine derivatives (DM1), and the other one utilizes calicheamicin DNA strand-breaking agent as shown in Table 2. The trafficking studies of these drugs are still unknown. One quantitative model study is available in current literature that describes cellular processing, trafficking mechanism, internalization rate, proteolytic degradation, and binding mechanism of trastuzumab–maytansinoid conjugate.86

GO (Mylotarg)

GO was the first ADC that gained marketing approval from FDA in 2000. GO (Mylotarg) made conjugation with CD33-positive cells by anti-CD30 counterpart and released its payload calicheamicin compound to cell lumen due to breakage of hydrazone linker. GO was subsequently withdrawn from the market in 2010 due to its toxicity and insufficient clinical results.74 This conjugate got access to the cell through antigen-independent manner and was internalized from surrounding medium by pinocytosis and destroyed cells by necrotic lyses.85 CME was also reported of GO, resulting in S-G2/M cell cycle arrest and apoptosis of CD33+ acute myeloid leukemia cell.84

Prostate specific membrane antigen conjugate valine citrullin-monomethyl auristatin (PSMA-vcMMAE)

Prostate specific membrane antigen conjugate valine citrullin-monomethyl auristatin (PSMA-vcMMAE) is composed of fully human anti-PSMA mAb, conjugated with MMAE through cleavable valine–citrulline linker.57 PSMA-vcMMAE

Table 2 List of ADCs and their endocytosis and mode of action

<table>
<thead>
<tr>
<th>Names of ADCs</th>
<th>Targets</th>
<th>Linkers/drugs</th>
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<th>Entry routes/mechanism</th>
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<td>Withdrawn</td>
<td>RME/minor groove and dsDNA break</td>
<td>91</td>
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<td>Gemtuzumab ozogamicin (Mylotarg)</td>
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<td>Hydrazine/calicheamicin</td>
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<td>Pinocytosis/CME/DNA cleavage</td>
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<td>CD79b</td>
<td>Val-cit/MMAE</td>
<td>Ph II</td>
<td>RME/microtubule disruption</td>
<td>118</td>
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<tr>
<td>RG7593/DCDT29805</td>
<td>CD22</td>
<td>Dipeptide/MMAE</td>
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<td>RME/microtubule disruption</td>
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<td>Glentarumab vedotin (CDX-011)</td>
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<tr>
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<td>Milatuzumab doxorubicin (IMMU-110)</td>
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<td>CA6/Ds5</td>
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<td>BAY-79-4620</td>
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<td>Val-cit/MMAE</td>
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<td>Tubulin polymerization inhibitor, G2/M arrest</td>
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<td>RME/Topoisomerase I inhibitor</td>
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<td>MDX-1203</td>
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<td>iMGN388 (CNOT365)</td>
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<td>Withdrawn</td>
<td>RME/microtubule disruption</td>
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<td>iMGN853</td>
<td>Frt (folate)</td>
<td>Disulfide-sulfo-SPDB/DM4</td>
<td>Ph I</td>
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<td>iMGN289</td>
<td>EGRF</td>
<td>SMCC Thioether/DM1</td>
<td>Ph I</td>
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<td>SGN-CD33A</td>
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<td>Protease/PBD</td>
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<td>Nectin 4</td>
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<td>RME/microtubule disruption</td>
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<td>AGS-5</td>
<td>Val-cit/MMAE</td>
<td>Ph I</td>
<td>RME/tubulin inhibitor</td>
<td>131</td>
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Abbreviations: ADC, antibody–drug conjugate; CEACAMS, carcino embryonic antigen cell adhesion molecule; CME, clathrin-mediated endocytosis; dsDNA, double-stranded DNA; HER2, human epidermal growth factor receptor 2; MMAE, monomethyl auristatin E; MMAF, monomethyl auristatin F; PBD, pyrrolobenzodiazepine; RME, receptor-mediated endocytosis; SPDB, N-succinimidyl-3-(2-pyridyldithio) butyrate; Val-cit, valine–citrulline dipeptide linker.
is the second evaluated ADC in clinical studies, while the first one, MLN2704, was restricted in 2008 due to less efficacy and limited peripheral neurotherapy. Internalization of this conjugate takes place through antigen-mediated pathways and trafficking to lysosomes. Releases of MMAE synthetic dolastatin 10 analogs have taken place by cathepsin action in lysosome that results from inhibition of tubulin polymerization in preclinical cancer cells. Gao et al reported Yajie prostate specific membrane antigen (YPSMA)-1-modified micelles that exhibited a rapid release behavior at endosomal/lysosomal pH. They introduced for the first time that both lysosome and endosomal escape exist for pH-sensitive micelles. The modified micelles enhance the cytotoxicity of the drug due to increase uptake of PSMA-positive prostate cancer cells. One possible approach of pH sensitivity to deliver drugs efficiently to PSMA-positive cells was also investigated.

Inotuzumab ozogamicin (CMC-544)

CMC-544 is a second NAc-γ calicheamicin–conjugate that links via hydrazone linker and targets CD22 on B-cell malignancies. This ADC was found highly constant, effective, dynamic, and precise both in vitro and in vivo. Phase III trials are being reported in various clinical trials as in acute lymphoblastic leukemia (ALL), but due to lack of improvement and constancy in overall cell, it is withdrawn from this trial in CD22-positive non-Hodgkin’s lymphoma.

Brenduximab vedotin (Adcetris, SGN-35)

Adcetris is a conjugate of synthetic anti-tubulin agent MMAE (dolastatin-10) and chimeric CD30 antibody (cAC10) linked by valine–citrulline dipeptide linker. It ties with CD30-positive cells and internalizes though CME, trafficked to the lysosome where discharge its conveying payload. MMAE binds with tubulin and inhibits its polymerization through G2/M phase arrest in CD30 lymphoma cells. Monotherapy of unconjugated anti-CD30 antibody (cAC10) and drug conjugate MMAE–brenduximab vedotin was investigated separately to examine the response rate. Insufficient 8% response rate was recorded by using single antibody treatment, while complete eradication response was calculated by using ADC, prompted sharp approval by FDA in 2011.

Ado-trastuzumab emtansine (T-DM1)

T-DM1 comprised trastuzumab antibody conjugated with maytansinoid by means of lysine by utilizing non-cleavable thioester linker, demonstrating promising viability against HER2-positive metastatic cancer. T-DM1 is internalized through receptor-mediated endocytosis and trafficked to lysosome to release its carrying drug. This intracellular release of maytansinoid prevents microtubule assembly and polymerization and disrupts HER3/PI3K/ AKT signaling pathway and Fcγ receptor-mediated engagement of effector immune cells directed to mitotic arrest, apoptosis, and antibody-dependent cellular cytotoxicity. Pre-clinical studies of T-DM1 demonstrate potent anti-proliferative activity both in vitro and in vivo as compared to trastuzumab alone. More interestingly, it was found effective against trastuzumab-resistant cells and also xenografts models. Other studies indicate that T-DM1 also potentiates antibodies activity (such as pertuzumab and B20-4.1), chemotherapeutic agents (such as carboplatin and 5-fluorouracil), and kinase inhibitor molecules (such as lapatinib and PI3 kinase inhibitor) against HER-2 tumor cells. These data led to Ado-trastuzumab emtansine being approved in 2013 by FDA to treat HER2-positive metastatic breast cancer patients.

Indatuximab ravtansine (BT062)

Indatuximab ravtansine (Biotest AG Dreieich, Germany) is composed of anti-CD138 mAb (nBT062) conjugated through disulfide linker with maytansinoid DM4 toxin. CD138 is highly expressed in solid tumor and specifically on multiple myeloma cells. Internalization of indatuximab ravtansine occurs and processed further to release DM4 by the proteolytic activity of lysosome. DM4 inhibits tubulin polymerization and subsequently cell cycle arrest and tumor death.

Maytansinoid conjugates

This conjugate includes different ADCs such as IMGN388, SAR3419, BIIB015, and nBT062 that utilized maytansinoid disulfide cleavable linker. These conjugates are internalized through receptor-mediated endocytosis and trafficked to lysosome to release their active drugs. The maytansinoid conjugate binds to tubulin, disrupts the microtubule, and led to inhibition of cell division and ultimately result in cell death. The clinical trials of BIIB015 in 2010 and IMGN 388 in 2011 were prematurely stopped in Phase I studies due to their limited scope and insufficient efficacy as shown in Table 2.

Lorvotuzumab mertansine

Lorvotuzumab mertansine (BB-10901, hu N901-DM1, or IMGN901), a humanized version of the N901 antibody linked via a disulfide linker to DM1, targeting CD56 in most small cell lung cancers (SCLCs) was reported by Whiteman et al in detail. They also presented the potent activity of
lorvotuzumab mertansine in the combination of different agents to activate different killing pathways or sensitization of one agent killing by other. DM1, synthetic derivative of maytansinoid,\textsuperscript{106} is a potent anti-microtubule cytotoxic agent that binds to tubulin at a vinca alkaloid binding site that leads to inhibition of tubule assembly and proliferation, resulting in cell death.\textsuperscript{107}

**Glembatumumab vedotin (CDX-011)**

CDX-011 comprised of human IgG2 anti-gpNMB antibody – osteoactivin – and MMAE linked via cleavable valine–citrulline protease sensitive linker. Phase I/II study of this ADC was undertaken.\textsuperscript{108,109} Vaklavas and Forero reported multiple steps that involved from endocytosis/trafficking to final release of this drug. Drug acquired access to a cell through receptor-mediated endocytosis followed by lysosomal degradation of proteases, targeting mitotic spindles in metastatic breast cancer cells.\textsuperscript{110} At present, CDX-011 is in the premature stage in the clinical evaluation of melanoma and breast cancer.

**Conclusion and future prospects**

Antibody-based cancer treatment has been intensively studied and is well known that it has direct or indirect effects on a cancer cell. The potency is shown by these conjugates and different action performed by signal inhibition, limiting proliferation, apoptosis induction, cytotoxic drugs or radiation delivery, induction, and activation of immune cells and cytotoxicity, cell inhibition, or payload delivering to targeted area.\textsuperscript{111} Recent approval of Adcetris and Kadcyla realized the potential benefits of ADCs. Our current review attempts to describe the developmental progress of ADC optimization, evaluation of extensive and better knowledge-related endocytosis, intracellular trafficking, and targeted action on tumor cells. Endocytosis and trafficking of ADCs performed the most critical role in affecting the target cells. Past investigations conclude that ADCs recognize their particular focuses on the cell surface, tie with the antigen, and intervene endocytosis that tile exceptional knowledge in ADCs viability. Protein machinery, lysosomal lumen nature, and linker procedure hold an imperative part in drug discharge that transported ADC to its focused area. Biologists are struggling to concentrate on the cell surface antigen, for specific attachment and further intracellular trafficking of ADCs. Recent studies indicate that an engineered antibody can be utilized to exploit the endocytosis pathway that gives a substantial inclination for future studies and better design of ADC. The experimental analysis provides knowledge of the intracellular process in greater aspects, dissolves recent divergences, and enhances our ability to select novel and efficient targets for antibody attachment and internalization of ADC. Additional fundamental research studies of tumor cell toxicity, target receptor modification, and cascade signaling analysis of receptor modulation by antibodies are needed to enrich the field of cancer immunotherapy and design better treatments for tumor therapy.

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The authors report no conflicts of interest in this work.

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