

# Air-insufflated high-definition dacryoendoscopy yields significantly better image quality than conventional dacryoendoscopy

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**Purpose:** To facilitate the analysis of lacrimal conditions, we utilized high-definition dacryoendoscopy (HDD) and undertook observations with a pressure-controlled air-insufflation system. We report the safety and performance of HDD.

**Methods:** In this retrospective, non-randomized clinical trial, 46 patients (14 males and 32 females; age range 39–91 years; mean age  $\pm$  SD 70.3 $\pm$ 12.0 years) who had lacrimal disorders were examined with HDD and conventional dacryoendoscopy (CD). The high-definition dacryoendoscope had 15,000 picture element image fibers and an advanced objective lens. Its outer diameter was 0.9–1.2 mm. Air insufflation was controlled at 0–20 kPa with a digital manometer-based pressure-controlled air-insufflation system to evaluate the quality of the image. The HDD had an air/saline irrigation channel between the outer sheath (outer diameter = 1.2 mm) and the metal inner sheath of the endoscope. We used it and the CD in air, saline, and diluted milk saline with and without manual irrigation to quantitatively evaluate the effect of air pressure and saline irrigation on image quality.

**Results:** In vivo, the most significant improvement in image quality was demonstrated with air-insufflated (5–15 kPa) HDD, as compared with saline-irrigated HDD and saline-irrigated CD. No emphysema or damage was noted under observation with HDD. In vitro, no significant difference was demonstrated between air-insufflated HDD and saline-irrigated HDD. In vitro, the image quality of air-insufflated HDD was significantly improved as compared with that of saline-irrigated CD.

**Conclusion:** Pressure-controlled (5–15 kPa) air-insufflated HDD is safe, and yields significantly better image quality than CD and saline-irrigated HDD.

**Keywords:** pressure-controlled air-insufflated, high-definition dacryoendoscopy, saline-irrigated dacryoendoscopy, emphysema

## Introduction

Lacrimal infections can cause serious visual discomfort and disability. For the purpose of selecting appropriate surgical procedure, it is extremely important to know the location and cause of lacrimal obstruction. Lacrimal irrigation, probing, dacryocystography, and nasal endoscopy are not adequate to locate the obstruction in themselves. Direct visualization of the lacrimal passage has been a diagnostic tool since the 20th century.

Dacryoscopy was established first by Cohen et al.<sup>1</sup> Its illumination, however, was delivered with percutaneous light fiber illumination. Improved dacryoendoscopes and instruments for simultaneous treatment have been devised.<sup>2–5</sup> Better visualization will improve the analysis of lacrimal conditions, that is lacrimal tumor detection,

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identification of an obstructed canalicular site before probing, quantitative diagnosis of lacrimal mucosa, etc.

However, there is a significant gap in visualization between the nasal endoscope and the dacryodendroscope. A limited number of picture elements and non-quantitative saline irrigation pressures are thought to be drawbacks of dacryodendroscopy at diagnosis and treatment.

To overcome the low visualization, we adopted air-insufflated dacryodendroscopy instead of saline-irrigated dacryodendroscopy, and used a modified dacryodendroscope system – that is, a higher picture element, new objective lens, and controlled pressure air-insufflated dacryodendroscopy.<sup>6</sup> In this study, we compared pressure-controlled air-insufflated high-definition dacryodendroscopy, saline-irrigated high-definition dacryodendroscopy and saline-irrigated conventional dacryodendroscopy.

## Methods

### Patients

Forty-six patients (14 males and 32 females; age range 39–91 years; mean age  $\pm$  SD 70.3 $\pm$ 12.0 years) with lacrimal disorders (primary nasolacrimal duct obstruction, common canalicular obstruction or stenosis, and punctal obstruction) who underwent high-definition dacryodendroscopy (HDD) or/and conventional dacryodendroscopy (CD) in an outpatient setting were enrolled. Pregnant women and children were excluded. The diagnosis of a lacrimal disorder was established on the basis of a history of epiphora or discharge, tear meniscus height, dacryodendroscopic findings, and results of lacrimal irrigation. All patients were evaluated and underwent lacrimal surgery – dacryocystorhinostomy, canaliculoplasty, and punctoplasty – between December 2014 and September 2016. Medical records were used as an additional source of information, and informed consent was obtained from all patients. The study protocol and data collection methods were approved by the Institutional Review Board of Keijyu Kanazawa Hospital.

### Patient evaluation

Patients were thoroughly examined by an ophthalmologist (TS) and underwent a comprehensive ophthalmologic examination, including ocular surface fluorescein staining, probing, and lacrimal irrigation. Details of the dacryodendroscopic procedure used in the present study are described elsewhere.<sup>7</sup> Briefly, after instillation of oxybuprocaine (Benoxil<sup>®</sup> 0.4%, Santen, Osaka, Japan), anesthesia along the infratrochlear nerve distribution was obtained with a mixture of 0.001% epinephrine and 1% lidocaine (Xylocaine<sup>®</sup> injection 1% with epinephrine,

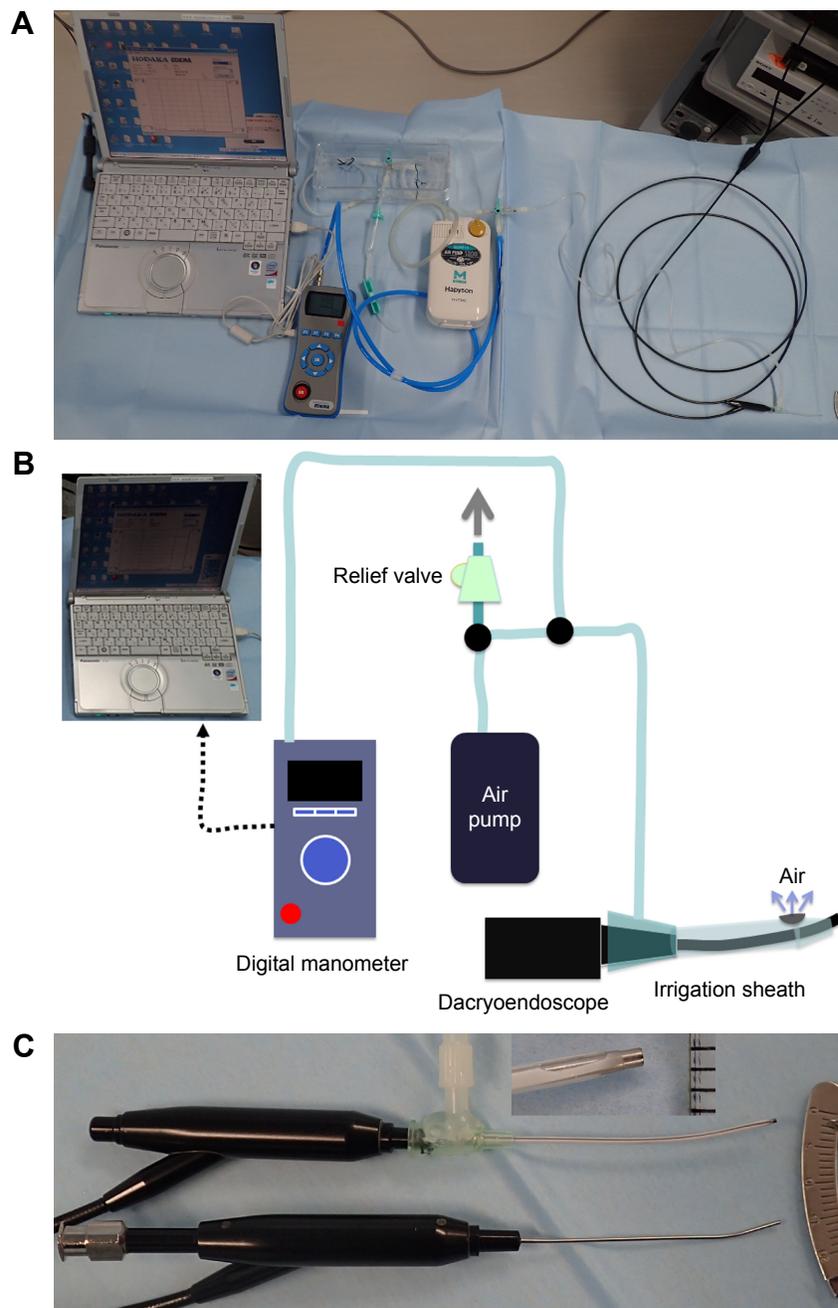
Astra Zeneca, Osaka, Japan), and the upper and lower lacrimal puncta were dilated gently with a punctal dilater. The dacryodendroscope (Fibertech Co., Tokyo, Japan) was inserted through the upper and/or lower canaliculus to minimize iatrogenic canalicular damage due to insertion of the HDD.

### HDD and CD

We used the new, custom-made, high-definition dacryodendroscope for HDD. The high-definition dacryodendroscope (outer diameter = 0.9–1.2 mm, Figure 1) had 15,000 picture elements and a 60° field of view, and a compound lens was used as an objective lens instead of a Selfoc lens. There was no irrigation channel in the metal sheath; saline or air was irrigated with a custom-made irrigation sheath (outer diameter = 1.2 mm, Figure 1). Saline was injected manually through the channel for clear viewing of the lumen and evaluation of lacrimal extensibility. In cases involving air-insufflation dacryodendroscopy (Figure 1), air pressure was controlled and monitored continuously with the digital manometer-based pressure-controlled air-insufflation system – comprising an air pump (HA-735C, Hapysan, Chiba, Japan; maximum flow volume: 1,500 mL/min, maximum pressure: 50 kPa), relief valve, a digital manometer (EM-150W; Hodaka, Osaka, Japan), and a PC. Under dacryodendroscopy, the air pressure was controlled to evaluate the appropriate air pressure (0–20 kPa). When the lacrimal mucosa was perforated, the high-definition dacryodendroscope was withdrawn from the lacrimal pathway as soon as possible to avoid causing emphysema. The use of saline or air was easily changed with a three-way stopcock. Saline irrigation was used at surgery, and air-insufflation was used at observation mainly to avoid causing emphysema. Lid swelling of patients was always observed by a nurse to detect emphysema. In cases with lacrimal punctal obstruction, air-insufflated HDD was performed at the common canaliculus, sac, and duct. The probe of the dacryodendroscope was gradually bent at a 20°–25° angle from the tip (Figure 1). The reason for the curvature was to avoid contact with the supra-orbital margin and the medial palpebral ligament when the dacryodendroscope was inserted into the nasolacrimal duct.<sup>8,9</sup>

A conventional dacryodendroscope (outer diameter = 0.9 mm, 10,000 picture elements, 60° field of view, objective lens = Selfoc lens) was used, as previously mentioned.<sup>7</sup> The same object was captured with each dacryodendroscope for comparison.

Dacryodendroscopic images were converted and recorded with an AD convertor (VUC-02; IDK, Kanagawa, Japan) and a digital image recorder (HVO-1000MD; Sony, Tokyo,



**Figure 1** Instruments used to perform dacryoscopy. **(A)** The digital manometer-based pressure-controlled air-insufflation system. The digital manometer and relief valve were connected to the air tube with a three-way stopcock. **(B)** The schema of the digital manometer-based pressure-controlled air-insufflation system. **(C)** Photograph of the high-definition dacryoscopes: the high-definition dacryoscopy with custom-made sheath (top and inset) and the conventional dacryoscopy (bottom).

Japan). Individual image frames (.tif) were subsequently extracted from the video file for analysis. A 100W Xenon light source was used (FT-203F<sup>®</sup>; Fibertech Co., Tokyo, Japan).

## In vitro experiment

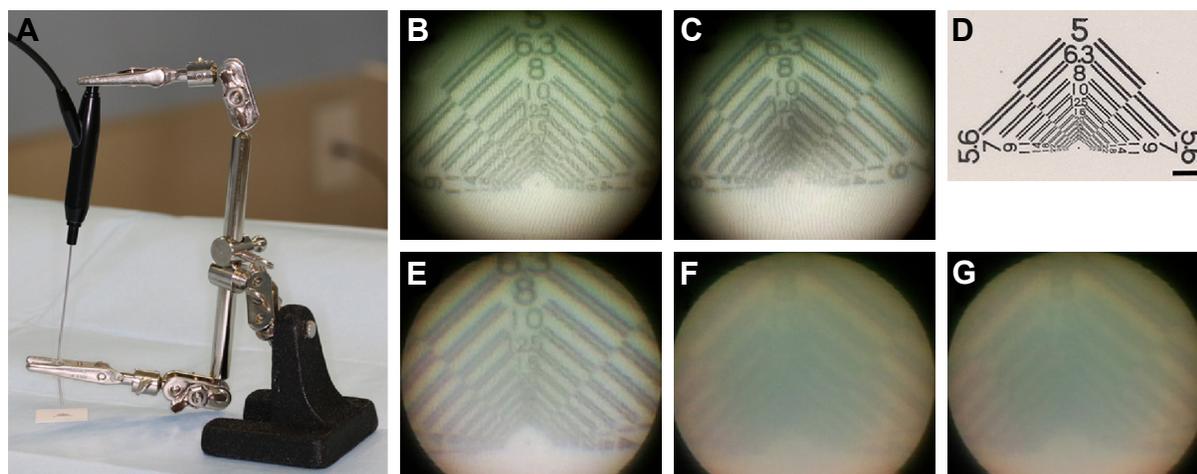
### Image quality analysis with each dacryoscopy

We compared the image resolution (line pairs per millimeter) of the dacryoscopes (HDD and CD) by imaging a test chart (3M550, Pearl optical industry, Tokyo, Japan; Figure 2).

Both the high-definition dacryoscopy and the conventional dacryoscopy were fixed with a clamp, and the distance between the dacryoscopy and the object was adjusted optimally.

### Picture resolution analysis in each condition

The effects of irrigation and the difference of the medium on the image quality of the HDD and the CD were investigated. We assessed four patterns of dacryoscopy: 1) in air,

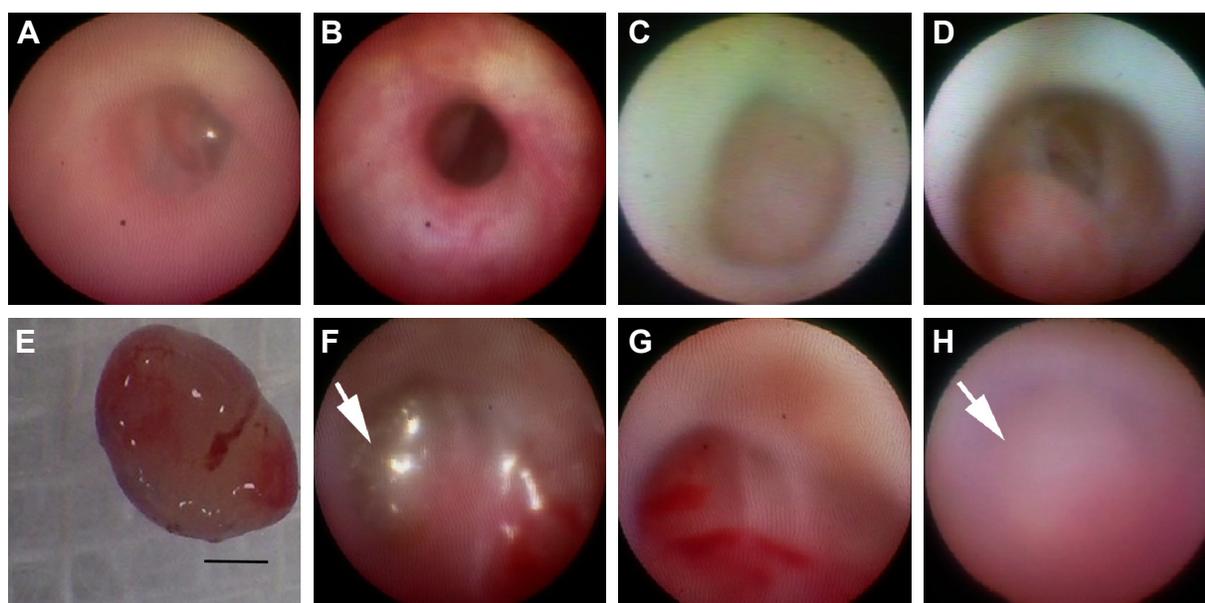


**Figure 2** In vitro experiment with high-definition dacryoscopy (HDD) and conventional dacryoscopy (CD). Test bench, image of HDD and CD in air, saline, and 100-fold diluted milk saline (DMS). (A) Test bench to measure the optical resolution of HDD and CD. (B) The image of HDD in saline. (C) The image of HDD in air. (D) The image of the resolution target (scale bar: 1 mm). (E) The image of CD in saline with optimum illumination intensity. (F) The image of CD in DMS with irrigation and optimum illumination intensity. (G) The image of CD in DMS without irrigation and optimum illumination intensity.

2) in saline, 3) in 100-fold diluted milk saline (DMS 1%) without saline irrigation and optimum illumination intensity, and 4) in DMS with saline irrigation and optimum illumination intensity (Figure 2). We analyzed the power of resolution and contrast in each condition from these photographs of the test chart. The pressure of manual saline irrigation was 50–100 kPa. DMS simulates turbidity in the lacrimal pathway.

## Results

There were significant differences in image quality among the air-insufflated HDD, saline-irrigated HDD, and saline-irrigated CD. The air-insufflated HDD demonstrated the finest image among them, even in cases with no bleeding or no purulence (Figures 3 and 4). First, to investigate the quality of the image with air-insufflated HDD, we observed patients



**Figure 3** Images of air-insufflated HDD, saline-irrigated HDD, and saline-irrigated CD. (A) Saline-irrigated image of the nasolacrimal duct with HDD. The inferior part of the nasolacrimal duct stenosis was captured. (B) Air-insufflated (15 kPa) image of the duct with the HDD. The same region of Figure 3A was captured. The vascular pattern is expressed in a more detailed image. (C) Image of a granuloma with CD. This image was enlarged to the same size as that in Figure 3D for comparison. (D) Image of a granuloma with 15 kPa in the air-insufflated HDD. A plexus of vessels on the granuloma was identified. (E) Microscopic photo of an excised granuloma after DCR (scale bar = 1 mm). (F) Air-insufflated image (15 kPa) of common canalicular obstruction with HDD. The white lesion (arrow) indicates membranous obstruction. (G) Saline-irrigated image of common canalicular obstruction with HDD. The same region as in Figure 3F was captured. Blood coagulation accumulated at the pit of the common canaliculus. (H) Saline-irrigated image of CD. The same region of Figure 3F was also captured. The white lesion (arrow) indicates membranous obstruction. The image appears vague. This image was enlarged to the same size as in Figure 3F for comparison.



**Figure 4** (A) Saline-irrigated image of the lacrimal sac with CD. The sac mucosa appears avascular. This image was enlarged to the same size as in Figure 4B for comparison. (B) Air-insufflated image (20 kPa) of the sac with the HDD. The same region of Figure 4A was captured. The sac mucosa appears avascular but florid. (C) Air-insufflated image (5 kPa) of the sac with the HDD. The same region as in Figure 4A was captured. A plexus of vessels on the nasolacrimal duct was identified (arrowheads).

with nasolacrimal stenosis. Air-insufflated (15 kPa) HDD demonstrated a vascularized mucosal image of nasolacrimal stenosis when compared with the saline-irrigated HDD image (Figure 3). To investigate the value of tumor detection using air-insufflated HDD, we observed patients with granuloma. In a patient who underwent postoperative dacryocystorhinostomy (DCR), a small granuloma was visualized at the common canaliculus rather than at the anastomosis site. The granuloma was compressed by saline irrigation pressure, and air-insufflated dacryoscopy liberated the granuloma from the lacrimal inner wall (Figure 3). The image obtained with the air-insufflated HDD was more similar, in color, to the microscopic image of the granuloma extracted at DCR than to the image obtained with the saline-irrigated CD (Figure 3).

In patients with common canaliculus obstruction, the obstructed sites were analyzed with air-insufflated HDD, saline-irrigated HDD, and saline-irrigated CD. Moreover, air-insufflated HDD and saline-irrigated HDD provided fine images at the common canaliculus (Figure 3F and G). The image quality of air-insufflated HDD was clearer than that of saline-irrigated HDD. The obstructed site was identified as an avascular white lesion, surrounded by vascularized mucosa. On the other hand, obviously, saline-irrigated HDD demonstrated a somewhat vague and avascularized image as compared with the air-insufflated HDD image. Saline irrigation, furthermore, failed to remove the blood at the pit of the common canaliculus. The image captured was of the same region. Thus, saline-irrigated CD showed a significantly vague and low-quality image.

Second, relationships between image quality and air pressure level were investigated. The vascular pulsation and canaliculus/sac movement during blinking became visible at lower air pressures (5 kPa). Higher air pressures (15–20 kPa) enabled a better, but avascular, image due to ductal extension (Figure 4). With the saline-irrigated CD, the image captured the same region, but it was just an avascular image (Figure 4).

Lower air pressures (<4 kPa) caused insufficient space for dacryoscopy insertion and observation.

There was no damage to the external appearance of HDD and image quality after dacryoscopy. No complications in our stated condition, such as postoperative bleeding, infection, subcutaneous emphysema, or inflammation, were noted.

In an *in vitro* experiment, the HDD image quality in saline and air showed similar resolution and contrast (18 line pairs/mm; Figure 2B and C). The image contrast quality with HDD in air was significantly better than that with CD in saline (Figure 2C and E). The image resolution of HDD in air and CD in saline did not show significant differences (18 line pairs/mm vs 18 line pairs/mm; Figure 2C and E). CD in DMS with or without irrigation showed a similar resolution of 8 line pairs/mm (Figure 2F and G).

## Discussion

Our results indicate that the air-insufflated HDD system has a higher potential than the saline-irrigated CD to diagnose lacrimal passage disorders. The air-insufflated HDD could facilitate a clearer view of the field by avoiding blood, mucus, or pus dispersion in the sac and duct. In addition, a clear view was created by appropriate ballooning of the lacrimal pathway with the air insufflation system, and appropriate air pressure enabled capture of the vascular image. Therefore, the air-insufflated HDD system has the potential to detect smaller lesions than the saline-irrigated HDD or CD systems. Furthermore, the HDD system can be used in a similar way to a simple microscope based on its image quality.

When we compared the *in vivo* dacryoscopy images among HDD, CD, and a macro mode-digital camera, we used patients with lacrimal granuloma who were post DCR instead of patients with an apparent lacrimal tumor, because lacrimal tumors are too rare and too difficult for a macroscopic photo to be useful after removal. Differences in the quality

of the granuloma images suggested that air-insufflated HDD provides better images for definitive diagnosis.

In common canalicular obstruction, dacryoscopic incision and successive intubation is an effective treatment. Precise identification of the obstructed lesion is the key to a successful surgery.<sup>5</sup> Air-insufflated HDD facilitates easier identification of obstructed lesions than CD or saline-irrigated HDD. However, air-insufflated HDD should be converted to saline-irrigation during canalicular incision to avoid emphysema.

Endoscopies in the human body are classified as air-insufflated and saline-irrigated, based on the anatomic condition, image quality, and operability. The lacrimal passage is located between the air (nasal cavity) and water environment (tear meniscus), suggesting that the dacryoscope should be calibrated for each phase on the basis of these features. Neither the limitation of water irrigation on image quality nor the air pressure of dacryoscopy has ever been discussed quantitatively.

In *in vitro* experiments, the image quality obtained with the HDD in air is similar to that obtained with the HDD in saline. On the other hand, in the *in vivo* experiment, air-insufflated HDD had better image quality than saline-irrigated HDD. There is a discrepancy between the results obtained *in vivo* and *in vitro*. This discrepancy suggests that even the lacrimal pathway, with or without bleeding/purulence, has slight turbidity because of its mucus and that saline irrigation should have an insufficient effect on turbidity removal in the visual field. The image quality of CD with saline and without saline irrigation in 1% DMS was also similar. This result, in addition, suggests the limitation of turbidity removal with saline irrigation. This limitation may be caused by a low clearance of saline and blood coagulability in the lacrimal pathway. Even in the case of slightly turbid media, this limitation should cause a blurred dacryoscopic image *in vivo*. *In vitro*, the image quality obtained with HDD in air was also better than that with CD in saline. The contrast between HDD and CD might be caused by the difference in the number of picture elements, objective lens (combination lens vs Selfoc lens), or coaxial illumination with the HDD versus collateral illumination with the CD. To summarize these findings, complete removal of turbid media by air insufflation, use of a clear objective lens, the illumination system difference, and a larger image in HDD should be the main factors for clear viewing.

Since 1992, saline-irrigated lacrimal endoscopy has facilitated the detection of pathologic conditions;<sup>2,7,10</sup> however,

saline-irrigated lacrimal endoscopy can only detect these sites qualitatively because of the low number of picture elements and dispersion of blood or mucus in the sac and duct by turbulent flow. Moreover, saline-irrigated dacryoscopic images sometimes lack capillary images, because hydro-pressure compresses the plexus of vessels completely to stop bleeding from the mucosa of the sac.

On the other hand, the higher air-pressure in dacryoscopy refines the image quality of nasolacrimal obstruction and common canalicular stenosis/obstruction or dacryolith by stretching the lacrimal mucosa. However, the higher the air pressure, the higher the risk of emphysema in the case of a perforated lacrimal mucosa. The appropriate hydro- or air-pressure was 5–10 kPa in vitrectomy, 20–50 kPa in laparoscopic surgery, and 20 kPa in gastric endoscopy, in the interests of hemostasis and blood supply. To avoid emphysema, air-insufflated HDD is used only in the observation phase. In the surgical phase, or in case of mucosal perforation, saline-irrigated HDD should replace air insufflation. The present study suggests that the appropriate air pressure is 5–15 kPa, because the appropriate pressure should be applied by inflation of the lacrimal passage, blood pressure, and lacrimal pump pressure generated by blinking.<sup>11</sup>

Furthermore, for tumor detection and evaluation, it is important to detect changes in the hue of the mucosa, neovascularization, shape, or ulceration.<sup>12–14</sup> Differences in media and air pressure significantly affected the quality of the image in HDD. Thus, we should carefully select suitable media for dacryoscopy and an optimum air pressure level for evaluation of lacrimal tumors or other diseases. Lack of availability of the pressure-controlled air-insufflated HDD system and its time-consuming set-up are disadvantages; however, these disadvantages are considered to be merely technical, because the pressure-controlled air-insufflated HDD system comprises known mechanisms, and due to the readily available characteristics of these mechanisms, set-up of an air-insufflation system will be convenient.

For further improvements, the HDD could provide a disposable detachable irrigation channel. It suggests that the HDD has a completely disinfectable structure. Some colon or gastric endoscopes have bacterial contamination in the channel, even after high-level sterilization.<sup>15</sup> Because gastric endoscopes are complicated instruments with internal channels, complete disinfection is difficult to achieve.

In summary, the advantages of pressure-controlled air-insufflated HDD are good image quality and avoidance of irrigation channel contamination. Disadvantages include the very low but serious risk of emphysema, the limitation of

usage to the observation phase, the level of labor required for set-up, and unavailability of pressure-controlled air-insufflated HDD in the market.

## Disclosure

TS received material support for this study from Fibertech. The authors report no other conflicts of interest in this work.

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