

# Cholesterol biosynthesis inhibitor RO 48-8071 reduces progesterone receptor expression and inhibits progestin-dependent stem cell-like cell growth in hormone-dependent human breast cancer cells

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**Abstract:** Clinical trials and studies have shown that postmenopausal women undergoing combination hormone replacement therapy containing estrogen and progestin have an increased risk of breast cancer compared with women taking estrogen or placebo alone. Using animal models, we have previously shown that synthetic progestins, including medroxyprogesterone acetate (MPA), which is widely used clinically, accelerate breast cancer tumor growth and promote metastasis. Furthermore, we have found that MPA elevates CD44 protein expression and aldehyde dehydrogenase (ALDH) activity, two markers of cancer stem cells (CSCs), and increases mammosphere formation, another hallmark of stem cells, in hormone-dependent T47-D human breast cancer cells. Herein, we show that RO 48-8071 (RO), an inhibitor of cholesterol synthesis, reduced MPA-induced CD44 protein expression in two hormone-dependent human breast cancer cell lines, T47-D and BT-474. Because we have previously shown that MPA induction of CD44 is progesterone receptor (PR) dependent, we examined RO's effects on PR protein and mRNA expressions in T47-D cells. PR mRNA levels remained unchanged after RO treatment; however, RO significantly reduced the protein expression of both PR receptor isoforms, PR-A and PR-B. Using the proteasome inhibitor MG-132, we demonstrated that RO decreases PR protein expression in T47-D cells via the proteasomal degradation pathway. Importantly, treatment of T47-D cells with RO abolished MPA-induced mammosphere formation. Based on our observations, we contend that RO may represent a novel means of preventing MPA-induced CSC expansion. RO could be used clinically to both treat and prevent hormone-dependent breast cancers, which represent the majority of human breast cancers. RO may also have clinical utility in reducing resistance to antihormone therapy.

**Keywords:** breast cancer, cholesterol biosynthesis inhibitor, RO 48-8071, medroxyprogesterone acetate, cancer stem cells, CD44

## Introduction

Millions of women undergo hormone replacement therapy (HRT) each year to alleviate the effects of menopause. HRT consists of either estrogen alone or a combination of estrogen and progestin, and increasing evidence suggests that women taking combination HRT have an increased risk of breast cancer compared with those taking either estrogen alone or a placebo.<sup>1-4</sup> Combination HRT has also been linked to an increased risk of breast cancer recurrence, as well as metastasis.<sup>5</sup> We have previously shown that synthetic progestins promote the growth and metastasis of human breast cancer tumors

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in vivo by increasing angiogenesis.<sup>6</sup> Furthermore, we have reported that treatment of hormone-dependent breast cancer cells with synthetic progestins, such as medroxyprogesterone acetate (MPA), leads to an enrichment of the cancer stem cell (CSC)-like pool.<sup>7</sup>

CSCs have previously been linked to aggressive tumor growth, metastasis, and cancer recurrence.<sup>8,9</sup> In cancers of the breast, the CSC subpopulation carries the phenotypic signature CD24<sup>low/-</sup>, CD44<sup>high</sup>, and aldehyde dehydrogenase (ALDH1<sup>+</sup>).<sup>10</sup> CSCs have the ability to self-renew, initiate tumors in vivo, and generate heterogeneous and differentiated progeny.<sup>10</sup> Enrichment of the CSC-like pool makes a cancer difficult to treat, as CSCs are resistant to chemotherapy and have been linked to the initiation of metastasis.<sup>9</sup>

In previous studies, we have shown that CD44 protein expression is elevated in two hormone-dependent human breast cancer cell lines, T47-D and BT-474, in response to both natural and synthetic progestins. We further showed that increases in the expression of CSC markers in T47-D cells may be related to the enrichment of CSCs.<sup>7</sup> We also found that induction of CD44 protein expression in T47-D cells by both the naturally occurring hormone progesterone and the synthetic progestins, including MPA, the latter being widely used clinically, was fully attenuated by the antiprogestin RU-486. Furthermore, MPA did not induce CD44 protein expression in T47-Dco-Y cells, a progesterone receptor (PR)-negative T47-D subline, confirming that progestin-mediated CD44 induction is PR dependent.<sup>7</sup>

Statins are a class of drugs given widely to lower cholesterol. They generally reduce cholesterol production by inhibiting the enzyme HMG-CoA reductase, which catalyzes a key step in cholesterol biosynthesis.<sup>11</sup> However, HMG-CoA reductase inhibition is often accompanied by adverse side effects that arise due to reduced levels of isoprenoids, resulting in defective post-translational modification of membrane proteins and impaired membrane structure and function.<sup>12</sup> Unlike statins, RO 48-8071 (RO) inhibits cholesterol biosynthesis by inhibiting 2,3-oxidosqualene cyclase (OSC), an enzyme that acts downstream of HMG-CoA reductase.<sup>13</sup> This specific targeting helps eliminate many of the negative side effects associated with statin use. Previous in vitro and in vivo data have revealed that RO possesses potent anticancer effects.<sup>14-16</sup> RO reduces the levels of estrogen receptor (ER)  $\alpha$  (which exerts a proliferative effect on hormone-dependent breast cancer cell lines), thereby reducing tumor cell proliferation.<sup>16</sup> We hypothesized that RO treatment may similarly reduce levels of PR, therefore inhibiting progestin-induced CSC enrichment in breast cancer cell populations. Herein, we

show that RO reduced MPA-induced CD44 protein expression by decreasing PR protein expression but not PR mRNA expression, via a ubiquitin-dependent degradation pathway. We further show that RO inhibited MPA-induced mammosphere formation, indicating that RO attenuates MPA's ability to enrich CSCs or progenitor cells in hormone-dependent breast cancer cell populations.

## Materials and methods

### Cell lines and culture

Hormone-dependent T47-D and BT-474 human breast cancer cells were obtained from American Type Culture Collection (Manassas, VA, USA). Both cell lines are of the luminal subtype and express ER and PR, though they differ in their Her2/neu status. BT-474 cells overexpress Her2/neu. Cells were maintained and grown in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C in phenol red-free DMEM/F12 medium (Thermo Fisher Scientific, Waltham, MA, USA) supplemented with 10% fetal bovine serum (FBS; Sigma-Aldrich, St Louis, MO, USA). Cells were harvested using 0.05% trypsin-EDTA (Thermo Fisher Scientific). For all experiments involving MPA, cells were initially treated for 24 hours with DMEM/F12 supplemented with 5% dextran-coated charcoal (DCC; Sigma-Aldrich)-treated FBS. Subsequently, cells were washed with phosphate-buffered saline (PBS) and further incubated in fresh 5% DCC-treated FBS-DMEM/F12 for the different experimental treatments. MPA (Sigma-Aldrich), RO (Tocris, Bristol, UK), and MG-132 (EMD Millipore, Billerica, MA, USA) were diluted in ethanol, PBS, and dimethyl sulfoxide, respectively. Control cells were treated with an equal volume of vehicle.

### Flow cytometry

Cells were cultured in 5% DCC-treated FBS-DMEM/F12 for 24 hours prior to cell treatment. Cells were subsequently treated with 10 nM MPA  $\pm$  10  $\mu$ M RO or 10  $\mu$ M RO alone. After 24 hours, cells were washed once and harvested using Accutase (BD Biosciences, Franklin Lakes, NJ, USA). All subsequent reagents for flow cytometry were obtained from BD Biosciences. Cells were stained for 45 minutes on ice in 100  $\mu$ L staining buffer containing phycoerythrin (PE)-mouse antihuman CD24 and allophycocyanin (APC)-mouse antihuman CD44 antibodies (BD Biosciences). Samples were washed twice and resuspended in 1 mL of staining buffer. Samples were analyzed by a Beckman Coulter CyAn ADP flow cytometer using Summit 5.2 software. Unstained and single-staining controls were used to define gates, and an equal number of cells were evaluated for each sample.

## Western blotting

Whole-cell extracts were prepared with a nuclear extraction TransAM kit (Active Motif, Carlsbad, CA, USA). Nuclear extracts (25–40  $\mu\text{g}$  per lane) were separated on a NuPAGE 10% Bis-Tris Gel (Thermo Fisher Scientific). Electrophoresis was performed at 100 V for 2 hours using NuPAGE® MOPS SDS Running Buffer (Thermo Fisher Scientific). Separated proteins were electrotransferred at 25 V for 25 minutes to a polyvinylidene difluoride membrane using the Trans-Blot semi-dry system (Bio-Rad, Hercules, CA, USA) in Tris/glycine buffer (Bio-Rad). Blots were blocked overnight at 4°C in 5% nonfat dry milk in Tris-buffered saline (TBS) containing 0.075% Tween-20 (TBS-T), after which they were incubated with mouse anti-PR (AB-52) (1:200 dilution; Santa Cruz Biotechnology Inc., Dallas, TX, USA) or mouse anti- $\beta$ -actin (1:2000; EMD Millipore) for 2 hours at room temperature. Blots were then washed three times with TBS-T for 10 minutes each, incubated with antimouse IgG HRP-linked antibody (Cell Signaling Technology, Danvers, MA, USA) for 1 hour at room temperature, and washed seven more times with TBS-T for 10 minutes each. Immunoreactive bands were visualized using the ECL plus detection kit (Amersham Pharmacia Biotech, Arlington Heights, IL, USA) using the Bio-Rad ChemiDoc XRS system.

## RNA preparation and reverse transcription-polymerase chain reaction (RT-PCR)

Total cellular RNA was isolated using the RNeasy protocol (Molecular Research Center, Cincinnati, OH, USA). Briefly, samples were homogenized in RNeasy lysis buffer, RNAse-free water added to sediment DNA and proteins, and RNA precipitated in isopropanol. The pelleted RNA was washed with 75% ethanol, and RNA integrity was determined by 260/280 and 260/230 ratio using the NanoDrop 2000 system (Thermo Fisher Scientific). RT-PCR was performed on 1  $\mu\text{g}$  of RNA, using the Thermo Fisher Scientific SuperScript III One-Step RT-PCR amplification kit. The following primers were used: PR-F: 5'-AGC CCT AAG CCA GAG ATT-3' and PR-R: 5'-TAG GAT CTC CAT CCT AGA CC-3' and GAPDH-F: 5'-ATG AGA AGT ATG ACA ACA GCC-3' and GAPDH-R: 5'-TGA GTC CTT CCA CGA TAC C-3'. RT-PCR conditions were as follows: 60°C for 30 minutes; 94°C for 2 minutes; followed by 35 cycles of 94°C for 15 seconds, 55°C for 30 seconds, 68°C for 60 seconds, and a final elongation step at 68°C for 5 minutes. RT-PCR products were electrophoresed on 1.5% agarose gels containing ethidium bromide in 0.5  $\times$  TBE, pH 8.0, at 100 V, and then analyzed using the Bio-Rad ChemiDoc XRS system.

## Mammosphere formation assay

T47-D cells were grown in 100 mm dishes to 60% confluence. Cells were washed twice in PBS and then incubated for 24 hours with 5% DCC-treated FBS–DMEM/F12 medium (8 mL). Cells were subsequently treated for 48 hours with either 5 nM MPA in 5% DCC-treated FBS–DMEM/F12 medium or the same medium alone. Following treatment, cells from each group were harvested separately and counted. Cells ( $5 \times 10^3$ ) in 0.1 mL of complete MammoCult medium (STEMCELL Technologies, Vancouver, BC, Canada) were seeded into low-attachment six-well plates. Each well contained 5 nM MPA, 1  $\mu\text{M}$  RO, 5  $\mu\text{M}$  RO, 5 nM MPA + 1  $\mu\text{M}$  RO, or 5 nM MPA + 5  $\mu\text{M}$  RO in 1.9 mL of complete MammoCult medium. For controls, an equal volume of ethanol was added to the medium. Cells were retreated every 48 hours by adding an additional 1 mL of fresh drug solution to appropriate wells. The number of mammospheres (>100  $\mu\text{m}$  in diameter) in each group was counted on day 5 by viewing 25–45 images per well, and the mean determined using data from two to three wells. Representative pictures were taken on day 5.

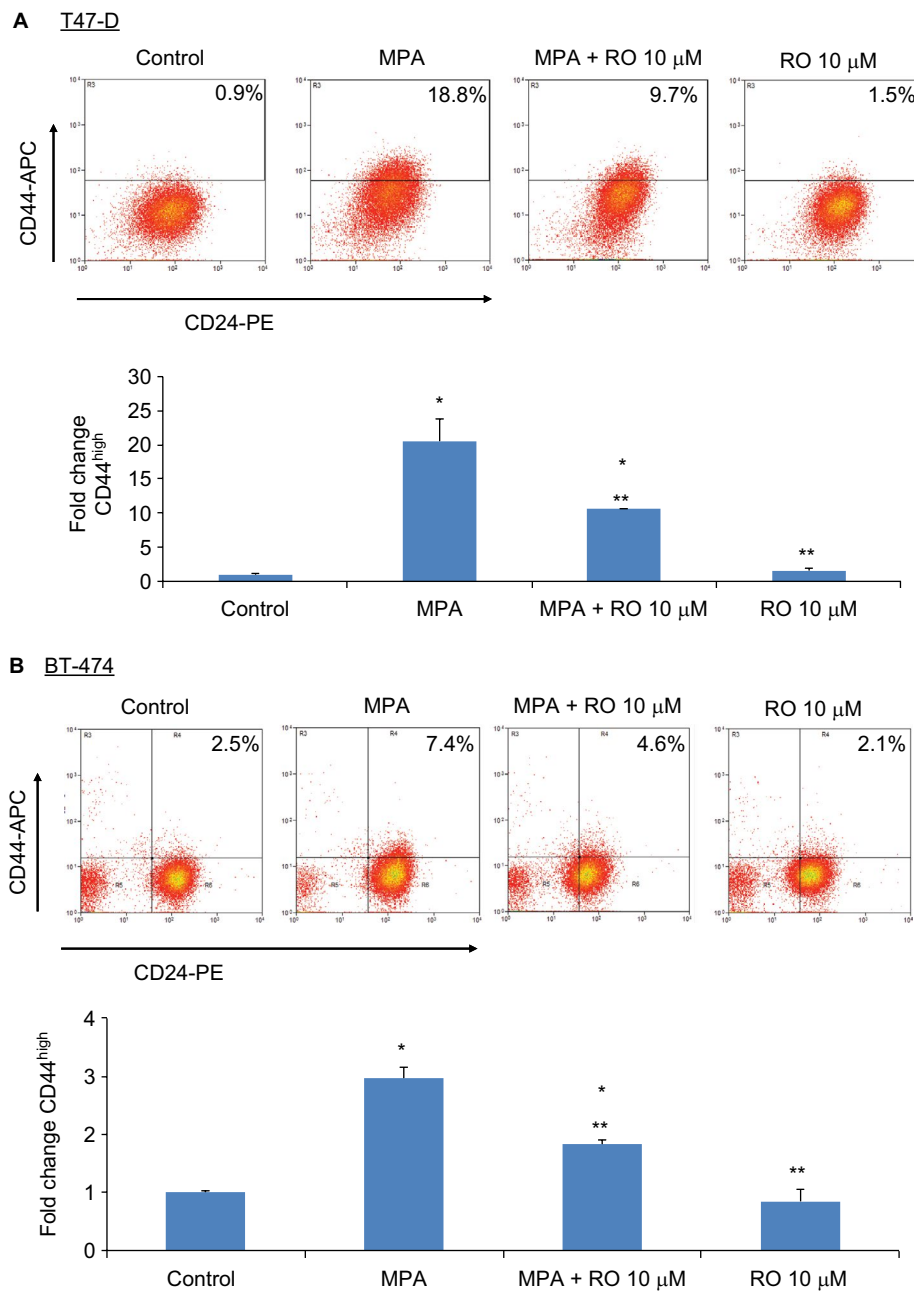
## Statistical analysis

Data were reported as mean  $\pm$  standard error of the mean (SEM). Statistical significance was tested using one-way analysis of variance (ANOVA) or the Student *t*-test as appropriate, using SigmaPlot software. Nonparametric measure based on ranks was used, as needed. When ANOVA indicated a significant effect (*F*-ratio,  $P < 0.05$ ), the Student–Newman–Keuls multirange test was employed to compare the means of individual groups. When normality failed, significance was determined by Kruskal–Wallis test (one-way ANOVA by ranks) followed by the Student–Newman–Keuls test. For all comparisons,  $P \leq 0.05$  was regarded as statistically significant.

## Results

### RO decreases MPA-induced CD44 protein expression in hormone-dependent human breast cancer cells

Flow cytometry analysis of CD44 density demonstrated that treatment of T47-D cells with a physiologically relevant concentration of MPA (10 nM) increased CD44 protein expression ~20-fold (Figure 1A). When 10  $\mu\text{M}$  RO was added, MPA-induced CD44 expression was reduced by ~50%. MPA treatment also produced a significant, but less pronounced, increase in CD44 expression in BT-474 cells (Figure 1B). RO reduced MPA-induced CD44 expression in BT-474 cells by ~40%. Treatment with RO alone had no significant effect



**Figure 1** RO decreases MPA-induced CD44 protein expression in hormone-dependent human breast cancer cells.

**Notes:** T47-D (**A**) and BT-474 (**B**) cells were treated at 37°C for 24 hours with 10 nM MPA, 10 nM MPA + 10 μM RO, or 10 μM RO alone in 5% DCC-treated FBS–DMEM/F12. Cells were labeled with CD44-APC and CD24-PE antibodies and analyzed using flow cytometry. Equal numbers of cells were analyzed in each treatment group. Bar graphs quantitate CD44 expression. Bars represent mean ± SEM (n=3); fold change is compared with control value (set at 1). \*Significantly different compared with controls. \*\*Significantly different compared with MPA-induced CD44 expression (ANOVA;  $P < 0.05$ ).

**Abbreviations:** ANOVA, analysis of variance; APC, allophycocyanin; DCC, dextran-coated charcoal; FBS, fetal bovine serum; MPA, medroxyprogesterone acetate; PE, phycoerythrin; RO, RO 48-8071; SEM, standard error of the mean.

on CD44 expression in either cell line. Differences in CD44 induction between the two cell lines may be due to inherently higher levels of PR expression in T47-D cells.

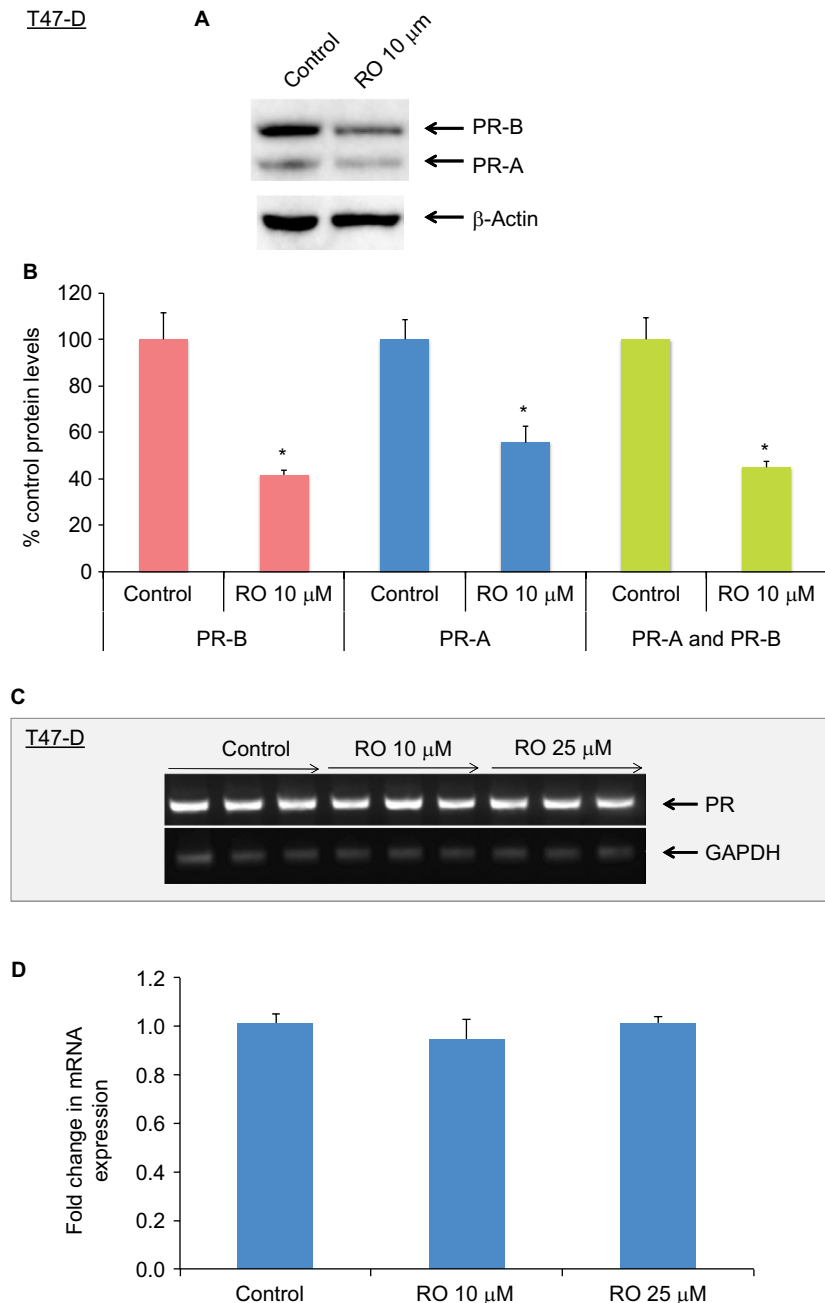
### RO decreases PR protein expression but not PR mRNA expression in T47-D cells

In a previous study, we established that MPA induction of CD44 protein expression in T47-D cells is PR dependent.<sup>7</sup>

Furthermore, we previously showed that RO degrades ER $\alpha$ , the primary receptor responsible for stimulating cell proliferation.<sup>16</sup> Consequently, we hypothesized that RO-mediated decreases in MPA-induced CD44 expression (Figure 1) might arise due to PR degradation, which could occur in a manner similar to that previously reported for ER $\alpha$ . To examine if RO's effects on CD44 expression that we observed in breast cancer cells were due to degradation of

PR, we first investigated PR protein and mRNA expressions in RO-treated T47-D cells. Western blot analysis of T47-D cells demonstrated that protein expression of both human PR isoforms (transcribed from a single gene and differing in their N-terminal region; termed PR-A and PR-B<sup>17</sup>) was

significantly reduced by RO treatment (Figure 2A and B). We next sought to determine whether regulation of PR by RO occurs at the transcriptional or post-transcriptional level. When we isolated RNA from RO-treated T47-D cells and then conducted RT-PCR analyses, we found that RO had no



**Figure 2** RO decreases PR protein expression but not PR mRNA expression in T47-D cells.

**Notes:** (A and B) T47-D cells were treated at 37°C for 24 hours with 10 μM RO in 5% DCC-treated FBS–DMEM/F12. (A) Whole-cell extracts were prepared and subjected to Western blotting. β-Actin was used as a loading control. A representative blot is shown. (B) Bar graphs quantitate Western blot data. Bars represent mean ± SEM (n=4); percent expression normalized with β-actin is compared with control value (set at 100%). \*Significantly different compared with controls (Student *t*-test; *P*<0.05). (C and D) T47-D cells were treated at 37°C for 6 hours with 10 or 25 μM RO in 5% DCC-treated FBS–DMEM/F12. RNA was isolated from these cells and analyzed by RT-PCR for PR and GAPDH mRNA expressions. PCR products were then subjected to electrophoresis on ethidium bromide agarose gels. (D) Bar graphs quantitate PCR product data normalized with GAPDH expression. Bars represent mean ± SEM (n=7); fold change is compared with control value (set at 1). No significant difference was found between groups (ANOVA; *P*>0.05).

**Abbreviations:** ANOVA, analysis of variance; DCC, dextran-coated charcoal; FBS, fetal bovine serum; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; PCR, polymerase chain reaction; PR, progesterone receptor; RT-PCR, reverse transcription-PCR; RO, RO 48-8071; SEM, standard error of the mean.



effect on PR mRNA expression, suggesting that RO effects on PR are exerted post-transcriptionally (Figure 2C and D).

## RO decreases PR protein expression in T47-D cells via the proteasome degradation pathway

Ubiquitination is a process by which cells modify proteins for degradation via the proteasome complex.<sup>18</sup> In order to explore the mechanisms by which RO may reduce PR protein expression in T47-D cells, we examined the effects of MG-132, a potent proteasome inhibitor, on PR expression. Western blot analysis of T47-D cells showed that reductions in PR protein expression observed in the presence of RO were “rescued” by MG-132, indicating that RO-mediated decreases in PR expression are indeed dependent on ubiquitination (Figure 3).

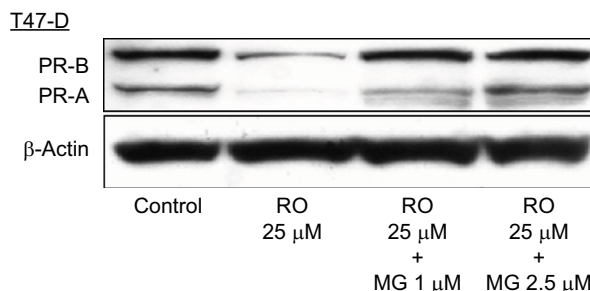
## RO abolishes MPA-induced mammosphere formation in T47-D cells

We next conducted studies to functionally assess whether RO can reduce progestin-dependent CSC enrichment. To do so, we used mammosphere formation assays, which support anchorage-independent growth and are an excellent tool for examining CSCs and progenitor cells. Mammosphere formation was increased approximately threefold in MPA-treated

T47-D cells compared with controls, whereas simultaneous treatment of T47-D cells with MPA and RO abolished the formation of mammospheres (Figure 4), suggesting that RO actively diminishes the CSC pool in T47-D cell populations.

## Discussion

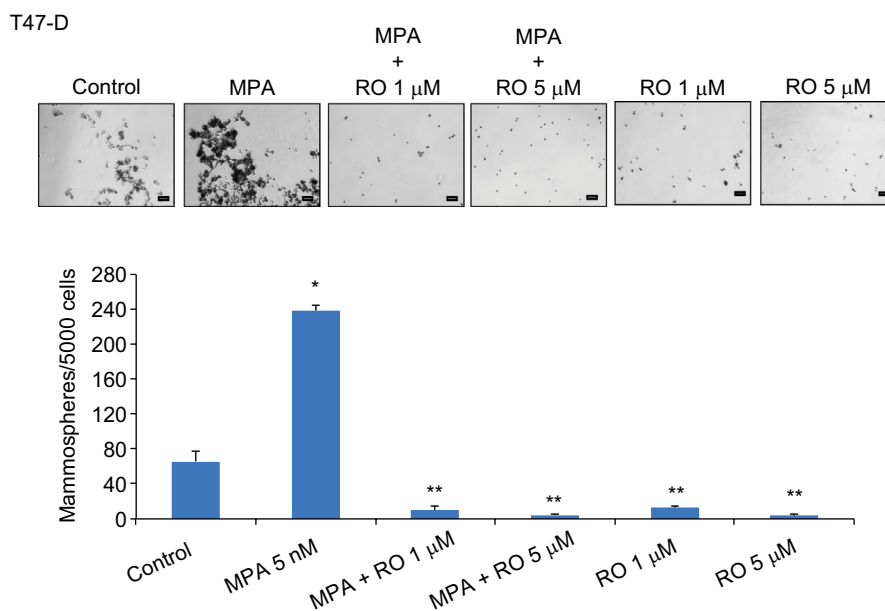
Most breast cancers that are detected and treated clinically are of the hormone-dependent type.<sup>19,20</sup> Multiple clinical trials have shown that undergoing combination HRT that includes



**Figure 3** RO reduces PR protein expression in T47-D cells in a ubiquitination-dependent manner.

**Notes:** T47-D cells were treated at 37°C for 6 hours with 25 μM RO, 25 μM RO + 1 μM MG-132, or 25 μM RO + 2.5 μM MG-132 in 5% DCC-treated FBS–DMEM/F12. Whole-cell extracts were prepared and subjected to Western blotting. β-Actin was used as a loading control. A representative blot is shown, and the experiment was performed twice.

**Abbreviations:** DCC, dextran-coated charcoal; FBS, fetal bovine serum; PR, progesterone receptor; RO, RO 48-8071.



**Figure 4** RO abolishes MPA-induced mammosphere formation by T47-D cells.

**Notes:** T47-D cells were pretreated at 37°C for 48 hours with 5 nM MPA. Cells were then subjected to the mammosphere assay with 5 nM MPA, 1 μM RO, 5 μM RO, 5 nM MPA + 1 μM RO, or 5 nM MPA + 5 μM RO in 5% DCC-treated FBS–DMEM/F12. Cells were retreated every 48 hours. Top panel, representative micrographs at day 5. Scale bar, 100 μm. Bottom panel, quantification of mammospheres formed. The number of mammospheres formed (100 mm) was counted after 5 days, and the number of mammospheres per 5000 cells was calculated. Bars represent mean ± SEM (n=3). \*Significantly different compared with controls. \*\*Significantly different compared with MPA and control groups (ANOVA,  $P < 0.05$ ).

**Abbreviations:** ANOVA, analysis of variance; DCC, dextran-coated charcoal; FBS, fetal bovine serum; MPA, medroxyprogesterone acetate; RO, RO 48-8071; SEM, standard error of the mean.

a progesterin component, such as MPA, elevates the risk of breast cancer.<sup>1-4</sup> In previous studies using animal models, we showed that synthetic progestins accelerate breast cancer tumor growth and increase lymph-node metastasis.<sup>6</sup> We also confirmed that progesterin-dependent vascular endothelial growth factor (VEGF) production is a contributing factor to increased tumor formation in this model.<sup>21,22</sup> Our most recent observations that progesterin treatment can enrich the CSC-like pool in breast cancer cell populations may suggest another mechanism by which breast cancer tumor development is accelerated.<sup>7</sup>

In the present study, we showed that MPA significantly elevated the expression of CD44, an important CSC marker in breast cancer tumors, in T47-D cells, and that treatment with the cholesterol synthesis inhibitor RO reduced MPA-induced CD44 induction in these cells. CD44 is a cell-surface glycoprotein that is involved in a variety of important cellular functions, such as cell-to-cell communication, cell adhesion, and cell migration.<sup>23</sup> It exists in many isoforms that arise from alternative splicing of the *CD44* gene. Two splice variants, CD44v3 and CD44v6, play important roles in the activation of key CSC maintenance transcription factors and extracellular matrix degradation, respectively.<sup>24,25</sup> We have previously established that RO suppresses breast and prostate cancer growth by downregulating ER and androgen receptor expressions, respectively.<sup>15,16</sup> With this in mind, we sought to determine whether RO also downregulates PR and, if so, whether RO might then interfere with acquisition of stem cell-like properties by human breast cancer cells.

Cancers that resist treatment often display aberrant regulation of cholesterol homeostasis.<sup>26</sup> Previous studies by Maione et al<sup>27</sup> showed that targeting OSC activity with RO produced strongly antiangiogenic effects, resulting in reduced vascular density and increased pericyte coverage. In a previous study, we showed that hormone-dependent epithelial breast cancer cells respond to RO by decreasing their proliferative potential; that is, ER $\alpha$  was degraded, while the antiproliferative hormone receptor ER $\beta$  was upregulated.<sup>16</sup> In this study, we demonstrated that exposure of hormone-dependent breast cancer cells to RO reduces PR protein expression.

Compared with ER, the potential of PR as a target through which to treat breast cancer has largely been ignored. However, as we now know, both naturally occurring progesterone and synthetic progestins promote the growth of breast tumors.<sup>6,21</sup> Furthermore, PR has been shown to directly regulate VEGF, which is highly angiogenic and stimulates breast cancer cell proliferation and tumor growth.<sup>28</sup> PR target genes, such as *WNTs*,<sup>29,30</sup> play important roles in CSC

maintenance. Blockage of the Wnt/ $\beta$ -catenin signaling pathway inhibits the CSC-like phenotype and suppresses breast cancer metastasis.<sup>31</sup> In light of this, we propose that targeting PR-mediated effects such as upregulation of CD44 might be an effective way of preventing CSC enrichment in breast cancer tumors.

Our observation that RO inhibited MPA-dependent mammosphere formation in T47-D cells indicates that it interferes with progesterin-dependent enrichment of CSCs and progenitor cells. We postulate that RO could therefore hamper progesterin-dependent breast cancer tumor growth. Our findings are supported by those of Mejia-Pous et al,<sup>32</sup> who report that OSC is not only required to maintain self-renewal in primary erythroid progenitors but is also highly upregulated in self-renewing cells. The results of our mammosphere formation assays may represent an additive effect of RO on OSC inhibition and PR degradation.

Based on our previous findings and the studies reported here, we contend that the OSC inhibitor RO may exert its potent anticancer effects in breast cancer in part through PR degradation, which, in turn, reduces progesterin-induced expression of CD44, which is a PR-dependent process. RO's ability to reduce both CD44 expression and the CSC pool in hormone-dependent breast cancer cell populations suggest that RO may provide an effective and novel means of preventing MPA-induced CSC expansion in hormone-dependent human breast cancer. Treatment with RO may also represent a novel strategy to reduce resistance to antihormone therapies, given that survival of stem cells following chemotherapy is the major cause of such treatment failures.<sup>33</sup>

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## Disclosure

The authors report no conflicts of interest in this work.

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