Anti-RhoC siRNAs inhibit the proliferation and invasiveness of breast cancer cells via modulating the KAI1, MMP9, and CXCR4 expression

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Abstract: Overexpression of RhoC in breast cancer cells indicates poor prognosis. In the present study, we aim to investigate the possible antitumor effects of anti-RhoC small-interfering RNA (siRNA) in inflammatory breast cancer cells. In this study, a specific anti-RhoC siRNA was used to inhibit RhoC synthesis. Transfection of anti-RhoC siRNA into two IBC cell lines SUM149 and SUM190 induced extensive degradation of target mRNA and led to significant decrease in the synthesis of protein. Anti-RhoC siRNA inhibited cell proliferation and invasion, increased cell apoptosis, and induced cell cycle arrest in vitro. Moreover, the transfection of siRNA increased the expression of KAI1 and decreased the expression of MMP9 and CXCR4 in both mRNA and protein levels. Furthermore, transplantation tumor experiments in BALB/c-nu mice showed that intratumoral injection of anti-RhoC siRNA inhibited tumor growth and increased survival rate. Our results suggested that RhoC gene silencing with specific anti-RhoC siRNA would be a potential therapeutic method for metastatic breast cancer.

Keywords: gene silencing, proliferation, apoptosis, cell cycle arrest

Introduction

Inflammatory breast cancer (IBC) is an aggressive form of invasive breast cancer with unknown etiology and generally poor outcome. It is characterized by rapid progression, local and distant metastases, younger age of onset, and lower overall survival. Before the introduction of systemic chemotherapy, the median survival time was <15 months and local recurrence rates were as high as 50%. Even with multimodality therapy, the median overall survival is still <4 years. Therefore, new therapeutic approaches are still required. Gene-silencing technique has recently attracted considerable attention as potential therapy for IBC. However, relatively little is known about the genetic mechanisms underlying the development and progression of IBC.

RhoC GTPase is a member of the Ras superfamily of small GTPases. Activated GTPases have been implicated in multiple cellular processes including actin and microtubule cytoskeleton organization, cell division, motility, cell adhesion, vesicular trafficking, phagocytosis, and transcriptional regulation. These cell processes have been found to contribute to a series of pathologies in cancer including cell migration, invasion, and metastasis and inflammation. Some studies demonstrated that RhoC mainly contributed to metastasis in cancer progression. The overexpression of RhoC has been found in metastatic cancers such as breast, melanoma, and pancreatic and hepatocellular tumors or in cell lines. In breast cancer cells, high expression of RhoC led to an increase in focal adhesion contact formation and angiogenesis, which
has been claimed as the possible cause for the induction of cell invasion and metastasis.\textsuperscript{9,10} Furthermore, the overexpression of RhoC GTPase was found in $> 90\%$ of IBC tumors in contrast to $36\%$ of stage-matched non-IBC tumors,\textsuperscript{11} which indicates that RhoC might be a potential target for IBC therapy.

Given these known functions of RhoC, we hypothesized that inhibition of RhoC might prevent the progression and metastasis of IBC. To test the hypothesis, we set out to determine whether the knockdown of RhoC gene by RNA interfering (RNAi) would affect IBC cell growth and invasion. We also detected the expression of molecules in downstream pathways to investigate the underlying mechanism.

### Materials and methods

#### Cell culture

SUM149 and SUM190 cells were purchased from Wuhan University Cell Center (Wuhan, Hubei, People’s Republic of China). Cells were cultured in complete RPMI-1640 medium containing 100 U/mL penicillin, 100 mg/L streptomycin, and 10\% calf serum. Cells were incubated at $37^\circ C$ in 5\% CO$_2$ and saturated humidity. The Ethics Committee of the Fifth Hospital of Wuhan approved this study (No 2014-DE-1021). All experiments were conducted according to the experimental guidelines of the Fifth Hospital of Wuhan.

#### Small-interfering RNA preparation and transfection

Specific small-interfering RNAs (siRNAs) directed against human RhoC were designed according to the established criteria. Candidate sequences were compared with RhoC cDNA sequences, and the specificity was verified using a BLAST algorithm. The sequences selected for the sense and antisense strands for anti-RhoC siRNA are $5’$-CUACUGUCUUUGAGAACUA-dTdT-3’ and 3’-dTdTGAUGACAGAAACUCUU-GAU-5’, respectively. Cells were transfected with specific and non-specific siRNAs using LipofectamineRNAiMAX (Thermo Fisher Scientific, Waltham, MA, USA) following the manufacturer’s instructions. RNA was isolated 48 hours after transfection. Finally, cell cultures were divided into the following four groups: 1) cells untransfected, 2) cells transfected with specific anti-RhoC siRNA, and 3) cells transfected with control siRNA.

### RNA extraction and reverse transcription polymerase chain reaction

Transfected SUM149 and SUM190 cells were detected 48 hours after transfection. Total RNA was extracted with Trizol. Primers were chosen using a biomolecular sequence database (GeneBank), and all primers were supplied by Thermo Fisher Scientific. Reverse transcription polymerase chain reaction (PCR) was performed as previously described.\textsuperscript{12} Briefly, reverse transcription was performed at $48^\circ C$ for 45 minutes. The reaction products were subjected to 30 cycles of PCR for RhoC and 35 cycles for $\beta$-actin. An amplification cycle consisted of 30 seconds at $94^\circ C$ for denaturation, 30 seconds at $60^\circ C$, and 30 seconds at $68^\circ C$. Finally, an extension step at $68^\circ C$ for 7 minutes improved the quality of the final product by extending truncated products to full length.

#### Western blot assay

Western blot analysis was performed with 50 $\mu$g of the cell lysate from transfected breast cancer cells. RhoC protein was extracted and detected using Bio-Rad protein kit (Bio-Rad Laboratories Inc., Hercules, CA, USA). Polyacrylamide gel (sodium dodecyl sulfate polyacrylamide gel) electrophoresis was performed with 10\% gel. Membranes were immunoblotted overnight with primary antibodies including anti-RhoC (ab54837; Abcam, Cambridge, MA, USA), anti-KAI1 (NB1-76775; Novus Biologicals, Littleton, CO, USA), anti-MMP9 (ab137867; Abcam), and anti-CXCR4 (ab124824; Abcam). The protein bands were normalized with $\beta$-actin, and all blots were quantified with Software Quantity One (Bio-Rad).

#### Cell proliferation assay

Cell viability was determined by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazoliumbromide assay (MTT assay). Cells ($15 \times 10^4$) were incubated in 96-well plates for 24 hours before siRNAs transfection. The MTT solution (1 mg/mL; Sigma-Aldrich Co., St Louis, MO, USA) was added, and plates were incubated at $37^\circ C$ for 4 hours before measuring absorbance ($A$) at 570 nm.

#### Cell migration and invasion assay

To evaluate cell migration, SUM149 and SUM190 cells ($1 \times 10^4$/mL) were placed into top chamber of transwell migration chambers (8 $\mu$m pores Transwell inserts; BD BioCoat™; BD Biosciences, San Jose, CA, USA). After 24 hours, unmigrated cells were removed from the upper surface of transwell membrane, and migrated cells in the lower chamber were fixed, stained, photographed, and counted. To evaluate invasion of breast cancer cells, invasion assays were done under the same conditions as the Transwell migration assays but in Matrigel-coated transwells.
Cell apoptosis and cell cycle detection
For cell cycle analysis, cells were harvested, rinsed with cold phosphate-buffered saline, and fixed with 70% ice-cold ethanol 48 hours after transfection with anti-RhoC siRNAs. Cells then were incubated with propidium iodide (PI) for 30 minutes prior to flow cytometry (BD Biosciences, San Jose, CA, USA). Cell apoptosis was determined by flow cytometry using Annexin V-FITC/PI (BD Biosciences, USA) double staining assay. Annexin V-positive and PI-negative cells were identified as apoptotic cells. The apoptotic rate was determined using CellQuest software (BD Biosciences, USA).

Animal preparation and tumor xenografts
Forty-seven-week-old female BALB/c- nu mice were purchased from the Hubei Center for Disease Control and Prevention (Wuhan, Hubei, People’s Republic of China). All animal experiments were conducted in accordance with the Guidelines for the Care and Use of Laboratory Animals of Fifth Hospital of Wuhan (Wuhan, Hubei, People’s Republic of China). The Institutional Ethics Committee approved the animal study (2014-14-01D2E). Animals were raised under controlled conditions with a temperature of 24°C±2°C and a relative humidity 50%±15%. Tumor xenografts were established as follows: 1×10⁷ SUM149 cells (0.1 mL) were injected subcutaneously into the flank of the mice. Tumor measurements were performed twice per week, and volumes were calculated using the formula: tumor size = [length (mm) × width² (mm)]/2. When the tumors were as large as 50–70 mm³, the mice were randomly selected and divided into the following three groups: 1) control group (n=10), 2) control siRNA group (n=10), and 3) anti-RhoC siRNA group (n=10). Mice in anti-RhoC siRNA group received intratumoral injection of anti-RhoC siRNA (0.1 mL, 80 nM) every 2 days for a total of 14 days. Control mice were injected with 0.9% normal saline or control siRNA. Animal weights and tumor volume were measured each day throughout the study. In addition, all mice were kept for another 30 days for survival observation.

Statistical analysis
Data were expressed as mean ± SD and were analyzed using SPSS software Version 21.0 (SPSS Inc., Chicago, IL, USA). Comparisons among all groups were performed with the one-way analysis of variance test or unpaired Student’s t-test. The survival analysis was estimated with the Kaplan–Meier method. The significance of comparison was calculated with the log-rank test. A two-tailed P-value <0.5 was considered significant.

Results

Anti-RhoC siRNA transfection specifically downregulated RhoC mRNA and protein levels in breast cancer cell lines
We analyzed the efficacy of siRNA-mediated inhibition of RhoC synthesis in SUM149 and SUM190 cells by both reverse transcription polymerase chain reaction and Western blot assay. As shown in Figure 1, when we transfected SUM149 or SUM190 cells with specific anti-RhoC siRNA, both mRNA and protein were downregulated. Levels of β-actin mRNA in SUM149 and SUM190 cells were not modified by exposure to the anti-RhoC siRNA. In addition, an unrelated control siRNA was unable to modify RhoC mRNA and protein expression.

Anti-RhoC siRNA transfection inhibits cell viability, migration, and invasion
The values of 570 nm wavelength light absorption were different in the three groups. As shown in Figure 2A, the number of alive cells in anti-RhoC siRNA group was significantly lower than that in the other groups since the second day after transfection (P<0.05). There was no significant difference in absorbance value between the control group and the control siRNA group (P>0.05). These data suggested that anti-RhoC siRNA inhibited the viability of breast cancer cells. In addition, we evaluate the invasion and migration abilities of breast cancer cells after transfection. Our results showed that the number of both invaded and migrated cells was significantly decreased in the anti-RhoC siRNA group.

Figure 1 Anti-RhoC siRNA inhibits RhoC mRNA levels and protein synthesis.
Notes: SUM149 and SUM190 breast cancer cells were either untreated or transfected with unrelated control siRNA or specific anti-RhoC siRNA. Lane 1: untreated. Lane 2: unrelated siRNA. Lane 3: RhoC siRNA. Assays were performed 48 hours after transfection. mRNA expressions were determined using RT-PCR, and protein expressions were detected using Western blot assay. β-Actin served as an internal control.
Abbreviations: siRNA, small-interfering RNA; RT-PCR, reverse transcription polymerase chain reaction.
decreased in the anti-RhoC siRNA group compared to the other groups \((P<0.05; \text{Figure 2B and C})\).

Anti-RhoC siRNA transfection increased cell apoptosis and induced cell cycle arrest

The apoptosis rate of breast cancer cells was evaluated after siRNA transfection. As presented in Table 1, the apoptosis rate of anti-RhoC siRNA transfected group was 37.28±6.32\% in SUM149 cell line and 34.28±6.14\% in SUM190 cell line 48 hours after transfection. While the apoptosis rate of control siRNA transfected group and untransfected group was 5.68±0.62\% and 6.33±0.41\% in SUM149 cells and 7.68±0.52\% and 6.18±0.34\% in SUM190 cells, respectively. The differences in apoptosis rate between treated group and control groups were significant \((P<0.05)\). In addition, the apoptosis rate of anti-RhoC siRNA group was significantly increased over time \((P<0.05)\). However, there were no significant changes in apoptosis rate in control groups (data not shown). Our results also showed that IBC cells treated with RhoC-siRNA accumulated in the G0/G1 phase of the cell cycle, whereas the number of cells in S phase notably decreased \((P<0.05)\).

Anti-RhoC siRNA transfection increased KAI1 expression and decreased CXCR4 and MMP9 expressions

To explore the underlying mechanism, we detected the expression levels of KAI1, CXCR4, and MMP9 in both mRNA (Figure 3A) and protein (Figure 3B) levels. Our results showed that anti-RhoC siRNA transfection induced increased expression of KAI1 in both mRNA and protein levels compared to control groups \((P<0.05)\). However, the expression of CXCR4 and MMP9 was downregulated...
Table 1 Effects of different treatments of siRNA DNA fragmentation and cell-cycle stage distribution

<table>
<thead>
<tr>
<th>Group</th>
<th>SUM149</th>
<th>SUM190</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>G0/G1 (%)</td>
<td>S (%)</td>
</tr>
<tr>
<td>Untreated</td>
<td>42.24±4.21</td>
<td>51.28±4.09</td>
</tr>
<tr>
<td>Unrelated siRNA</td>
<td>43.15±3.26</td>
<td>50.23±4.25</td>
</tr>
<tr>
<td>RhoC siRNA</td>
<td>52.77±5.20*</td>
<td>10.33±1.58*</td>
</tr>
</tbody>
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Notes: Compared with other groups, *P<0.05, **P<0.01. Data shown as mean ± SD.
Abbreviations: siRNA, small-interfering RNA; AR, apoptosis rate; SD, standard deviation.

Figure 3 Expression of KAI1, CXCR4, and MMP9 in mRNA (A) and protein (B) levels after siRNA transfection.
Notes: (A) KAI1 (1,030 bp), CXCR4 (394 bp), and MMP9 (531 bp) mRNA expression in untreated (lanes 1, 4, and 7), unrelated siRNA (lanes 2, 5, and 8), and RhoC siRNA (lanes 3, 6, and 9) groups; β-actin (750 bp) was used as internal control. M: marker; (B) KAI1, CXCR4, and MMP9 protein expressions in untreated, unrelated siRNA, and RhoC siRNA groups. Compared with other groups, **P<0.01.
Abbreviation: siRNA, small-interfering RNA.
after anti-RhoC siRNA transfection \((P<0.05)\). These data suggested that RhoC silencing would be a potential therapeutic method for metastatic breast cancer.

**Antitumor effects of anti-RhoC siRNA in vivo**

In this study, we also evaluate the antitumor effects of anti-RhoC siRNA in vivo. As shown in Figure 4A, the transplantation tumor experiments in BALB/c-nu mice showed that intratumoral injection of anti-RhoC siRNA significantly inhibited tumor growth \((P<0.05)\). In addition, a 30-day survival observation showed that anti-RhoC siRNA transfection increased survival rate of mice. Eight of ten \((80\%)\) mice survived in the anti-RhoC siRNA transfection group. While only three of ten \((30\%)\) in control group and four of ten \((40\%)\) in control siRNA transfection group survived. The difference in survival rate between treated group and control groups was significant \((P<0.05; \text{Figure } 4B)\).

**Discussion**

Previous studies have shown that RhoC plays a key role in the metastatic behavior and progression in invasive cancers, such as hepatocellular carcinoma, pancreatic adenocarcinoma, and IBC.\(^9,13,14\) RhoC was demonstrated to be overexpressed in 90% of IBC tumor samples and positively correlated with the invasiveness of cancer cells,\(^9\) suggesting that suppression of RhoC would be an attractive strategy to prevent tumor progression and metastasis. In our present study, we used the RNAi approach to explore the role of RhoC in the growth and metastatic behavior on IBC cells. Furthermore, we also investigated the underlying mechanisms.

RNAi is a powerful tool for loss-of-function studies in mammalian cells and model organisms, thus is appealing for therapeutic intervention strategies in cancer research.\(^15\) However, the delivery of siRNA to target cells is hampered by several factors such as the instability of siRNA and low uptake efficiency. Liposomes and polymer-based approaches have been explored for systemic delivery of anticancer siRNAs in various cancer models.\(^16,17\) In this study, we showed that an efficient siRNA delivery could be achieved by liposome-mediated system. Transfection efficiency of \(\sim 80\%\) can be reached when the cell density was at 70% and the siRNA concentration at 100 nmol/L, which is in concordance with the results in previous studies.\(^18\) We found that successful RhoC-siRNA transfection significantly inhibited the expression of RhoC and the mRNA.

The role of RhoC in tumor growth still remains controversial.\(^5\) Some studies claimed that the role of RhoC in cancer progression was mainly restricted to induction of metastasis. RhoC knockout mice show that RhoC is dispensable for embryogenesis and tumor initiation.\(^5\) However, our present study demonstrated that knocking down of RhoC in IBC cells significantly reduced cell growth at 48 hours and 72 hours after the transfection. Further mechanistic studies revealed that the antigrowth effect of RhoC-siRNA might be mediated by cell cycle regulation and apoptosis-inducing effect. In this study, transfection with anti-RhoC siRNA induced cell cycle arrest. RhoC was demonstrated to correlate

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**Figure 4** Antitumor effects of anti-RhoC siRNA in vivo.

**Notes:** Tumor volume (A) and survival rate (B) were evaluated in this study. Mice in anti-RhoC siRNA group \((n=10)\) received intratumoral injection of anti-RhoC siRNA every 2 days for a total of 14 days. Control mice were injected with 0.9% normal saline \((n=10)\) or control siRNA \((n=10)\). Animal weights and tumor volume were measured each day throughout the study. All mice were kept for another 30 days for survival observation. Compared with other groups, *\(P<0.05\), **\(P<0.01\).

**Abbreviation:** siRNA, small-interfering RNA.
with the transcriptional regulation of a group of cell cycle-related genes, including Cyclin D1 and CDK 4. It has been reported that in fibroblasts, Rho GTPases induces G1/S cell cycle progression by upregulating expression of Cyclin A and Cyclin D1 and downregulating expression of p27, which is in agreement with our observations. Furthermore, analysis of apoptosis by flow cytometry shows that the apoptotic rates in RhoC-siRNA groups were significantly higher than in untreated and unrelated siRNA groups. In a previous study, a reduction of RhoC expression in hepatic cancer cells was shown to induce downregulation of Bcl2, an antiapoptotic gene, and upregulation of a proapoptotic gene, Bax. However, the signal pathways by which RhoC-siRNA regulates apoptosis in IBC require further research.

In addition, our present study also investigated the effects of RhoC-siRNA on the metastatic behaviors of IBC cells, as metastasis accounts for the vast majority of deaths of breast cancer patients. RhoC was identified in a screen for genes upregulated in melanoma metastases and has subsequently been proposed as a marker for poor prognosis in cancers of different origins. In a study of breast cancer, increased RhoC expression has been claimed as the possible cause for the induction in invasion and metastasis. In our current study, we found that knocking down of RhoC could significantly decrease the IBC cell migration and invasion.

To explore the underlying mechanism, we detected the expression levels of KAI1, CXCR4, and MMP9 mRNA as well as the corresponding proteins. Our results showed that RhoC-siRNA upregulated KAI1 expression, while both CXCR4 and MMP9 were downregulated. KAI1, also known as CD82, is a metastasis suppressor gene of which the expression correlates inversely with the metastatic potential of most solid tumor cancer types. Reduced KAI1 expression is associated with altered adhesion to specific components of the extracellular matrix such as fibronectin, reduced cell–cell interactions, and increased cell motility, leading to a more invasive and metastatic ability. However, the underlying signal pathways still remain to be solved. The chemokine receptor CXCR4 is an important regulator of breast cancer metastases. Together with its cognate ligand CXCL12, CXCR4 has been proposed to regulate the directional trafficking and invasion of breast cancer cells to sites of metastases. Previous studies also reported that CXCR4 was required to initiate proliferation of breast cancer cells in vivo, which partly explains the antigrowth effect of RhoC-siRNA on IBC cells. MMP9, also known as gelatinase B, is a matrix metalloproteinase (MMP) that is strongly associated with metastatic breast cancer and a poor prognosis marker. It is produced mainly by the tumor cells themselves and most highly expressed in human basal-like and triple negative tumors. The downregulation of MMP9 by knocking down of RhoC suggested that RhoC-siRNA would be a potential therapeutic method for metastatic breast cancer.

Conclusion
Our present study showed that knockdown of RhoC by RNAi approach significantly prevented cell viability, induced G1/S arrest and apoptosis, and inhibited cell invasion and metastasis of IBC, which indicates the therapeutic potential of RhoC-siRNA for IBC.

Acknowledgment
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Disclosure
The authors report no conflicts of interest in this work.

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