Synergistic effect of nanotopography and bioactive ions on peri-implant bone response

Abstract: Both bioactive ion chemistry and nanoscale surface modifications are beneficial for enhanced osseointegration of endosseous implants. In this study, a facile synthesis approach to the incorporation of bioactive Ca\(^{2+}\) ions into the interlayers of nanoporous structures (Ca-nano) formed on a Ti6Al4V alloy surface was developed by sequential chemical and heat treatments. Samples with a machined surface and an Na\(^{+}\) ion-incorporated nanoporous surface (Na-nano) fabricated by concentrated alkali and heat treatment were used in parallel for comparison. The bone response was investigated by microcomputed tomography assessment, sequential fluorescent labeling analysis, and histological and histomorphometric evaluation after 8 weeks of implantation in rat femurs. No significant differences were found in the nanotopography, surface roughness, or crystalline properties of the Ca-nano and Na-nano surfaces. Bone–implant contact was better in the Ca-nano and Na-nano implants than in the machined implant. The Ca-nano implant was superior to the Na-nano implant in terms of enhancing the volume of new bone formation. The bone formation activity consistently increased for the Ca-nano implant but ceased for the Na-nano implant in the late healing stage. These results suggest that Ca-nano implants have promising potential for application in dentistry and orthopedics.

Keywords: surface modification, nanotopography, bioactive ion, osteoinduction, osseointegration

Introduction

Titanium (Ti) metal and its alloys, such as Ti6Al4V, have been widely used in oral implantology and orthopedic surgery because of their excellent mechanical strength and high biocompatibility. Efforts have been made to develop surface modification techniques to improve the osteoinductive activity of endosseous implants and achieve better osseointegration.\(^1\)\(^2\) Different strategies have been established using commercially available dental implants, including topographic and chemical modifications of their surfaces.\(^3\)\(^4\)

Calcium (Ca) ion-incorporated surfaces have been considered beneficial for the behavior of osteoblastic cells and the bone response to Ti implants.\(^5\)\(^6\) The Ca\(^{2+}\) ion is essential for bone metabolism and stimulates new bone formation, although the detailed mechanisms of this process remain largely unknown.\(^7\)\(^-\)\(^9\) Several procedures have been developed to incorporate Ca\(^{2+}\) ions into metallic substrates.\(^10\)\(^-\)\(^12\) Among the numerous processing methods, hydrothermal treatment is considered as a simple, inexpensive technique with high engineering potential for irregularly shaped implants. The hydrothermal method was utilized to produce a micro-/nanoporous structure enriched with bioactive ions on the Ti surface using an alkali treatment followed by an ion substitution process.\(^13\)\(^-\)\(^15\) In addition, a posterior heat treatment has been shown to improve the scratch resistance and corrosion properties of these bioactive ion-incorporated surfaces.\(^16\)\(^17\) Moreover, a bioactive microporous structure on Ti metal
and its alloy enriched with Ca\(^{2+}\) ions was fabricated by successive treatment with NaOH, CaCl\(_2\), heat, and water.\(^{18,19}\) Both in vitro and in vivo studies have shown high potential of such sequential chemical and heat treatment methods, which can enhance the mechanical property of modified surfaces and bone-bonding ability of bioactive implants.\(^{20,21}\)

Nanoscale topography has also become a topic of great interest in the surface modification of dental implants. Compared with conventional materials, nanostructured surfaces are able to induce bone cell adhesion, and thus bone cell growth and differentiation, by promoting specific protein interactions.\(^{22,23}\) The deposition of nanosized Ca phosphate (CaP) coatings onto Ti implant surfaces is an interesting modification that mimics the composition and structure of the surrounding bone.\(^{24}\) However, CaP coatings have drawbacks such as insufficient mechanical properties of their deposition onto the metallic substrates and bioresorption during biological function.\(^{25,26}\) In our previous studies, Na\(^{+}\) ion-incorporated nanoporous structures (Na-nano) produced on Ti metal and Ti6Al4V alloy by an amendatory alkali–heat treatment method had pronounced effects on adhesion and differentiation of osteogenic cells.\(^{27–30}\)

The bioactive ion chemistry and nanotopography are two significant contributors in the bone response to an implant. However, the synergistic effect of the nanostructure and incorporated bioactive ions on osseointegration remains unclear. In this study, we developed a modified NaOH-CaCl\(_2\)-heat-water treatment method to incorporate Ca\(^{2+}\) ions into a pre-prepared nanoporous structure (Ca-nano) on a Ti6Al4V alloy surface using an amendatory alkali treatment process. The surface characteristics of the resultant nanostructures were analyzed, and an in vivo investigation was performed to compare the bone tissue response between the Ca-nano and Na-nano implants in a rat femur model.

**Materials and methods**

**Specimen preparation**

Ti6Al4V disks (15 mm in diameter and 1 mm in thickness) and screw implants (1.2 mm in external diameter and 12 mm in length) prepared by machine (Daido Steel, Osaka, Japan) were used for surface characterization and the animal study, respectively. The following three groups of specimens were prepared: the machined surface group (control group), the Na-nano surface group (control group), and the Ca-nano surface group (experimental group). The alloy disks were successively polished with several grades of SiC abrasive paper (600, 800, 1,000, and 1,500 grits); ultrasonically rinsed using acetone, ethanol, and distilled water for 10 min each; and dried in air. The disks were immersed in a 10 M NaOH solution at 30°C, shaken at a speed of 120 strokes/min for 24 h, and washed with ultrapure water for 30 s to obtain the nanostructured alloy samples. The NaOH-treated samples were subsequently soaked in 100 mM CaCl\(_2\) solution at 40°C for 24 h, washed with ultrapure water, and dried overnight. The NaOH-treated and NaOH-CaCl\(_2\)-treated samples were subsequently placed in an electrical furnace and heated to 600°C at a heating rate of 5°C/min, maintained at this temperature for 1 h, and then allowed to naturally cool to room temperature. The NaOH-CaCl\(_2\)-heat-treated samples were soaked in 15 mL of ultrapure water at 80°C for 24 h, then washed, and dried.

**Surface analysis**

The surface morphology of the alloy samples was examined using scanning electron microscopy (SEM) (S-4800; Hitachi, Tokyo, Japan) with an accelerating voltage of 10 kV.

Atomic force microscopy (AFM) (SPM-9600; Shimadzu, Tokyo, Japan) was also performed to obtain the mean average surface roughness (Ra), mean peak-to-valley height (Rz), and twodimensional surface topography.

The surface chemical compositions of the modified layers were investigated using X-ray photoelectron spectrometry (XPS; PHI X-tool; ULVAC-PHI, Kanagawa, Japan).

X-ray powder diffraction (XRD) (XRD-6100; Shimadzu) was used to determine the surface phase properties. Spectra were recorded in the range of 2\(\theta\)=20°–60°, operating at 40 kV and 200 mA and using a Cu-K\(\alpha\) radiation source, scanning speed of 2°/min, and incident angle of 1°.

**Animal model and surgical procedures**

The animal experiment was performed in accordance with the ethical guidelines for the Animal Care and Use Committee of Osaka Dental University (admission number: 14-03013) and the study was approved by the Medical Ethics Committee of Osaka Dental University (approval number: 24413). Twenty-four male Sprague-Dawley rats (Shimizu Laboratory Supplies Co., Kyoto, Japan) aged 9 weeks and weighing 180±18 g were included in this study. The animals were randomly assigned into three groups of eight rats each. The surgical methods used in this study have been described previously.\(^{31}\) Briefly, general anesthesia was induced by intraperitoneal injection of sodium pentobarbital (0.5 mL/kg) and local administration of a solution of 0.5% lidocaine. The skin of the right hind limb was shaved and cleaned with a mixture of iodine and 75% alcohol solution. A 1-cm-long longitudinal skin incision was made along the medial side of the knee joint, and the subcutaneous fascia was incised. The patella and extensor mechanism were then dislocated to expose the distal aspect of the femur. A pilot hole was...
drilled through the intercondylar notch using a 1-mm-round dental burr under profuse sterile saline irrigation, and the hole was enlarged to 1.2 mm with an endodontic file. The implants, sterilized by ethylene oxide gas, were randomly inserted into the 24 prepared channels and the medullary cavities of the right femurs. After surgery, the knee joint was restored and the surgical site was closed in layers. The animals received intramuscular injections of gentamicin (1 mg/kg) and buprenorphine (0.05 mg/kg) for 3 days to prevent postsurgical infection and relieve pain. All rats were allowed free movement without any restriction.

Sequential fluorescent labeling
Polychrome sequential labeling of bone using intraperitoneal injection of fluorochromes was performed to record the process of new bone formation and mineralization after the implantation according to the following schedule: first week, oxytetracycline hydrochloride at 25 mg/kg (Sigma, St Louis, MO, USA); fourth week, alizarin red S at 30 mg/kg (Sigma); and eighth week, calcein at 20 mg/kg (Sigma). All animals were killed by an intraperitoneally injected overdose of sodium pentobarbital 3 days after the final labeling treatment.

Microcomputed tomography assessment
Immediately after dissection, the right femurs including the implants were kept in cool saline solution and scanned with an SMX-130CT microcomputed tomography (micro-CT) scanner (Shimadzu) operated at 70 kV and 118 mA; the isotropic voxel size was 10 μm in all spatial directions. After tomographic acquisitions, the implant and the surrounding tissue were reconstructed and analyzed using morphometric software (TRI/3D-BON; Ratoc System Engineering, Tokyo, Japan). The region of interest (ROI) was defined as the 500 μm wide area of bone around the implants from 2 mm below the highest point of the growth plate to 1 mm distally according to the micro-CT analysis.

Statistical analyses
All results are expressed as mean ± standard deviation and were calculated using Microsoft Excel. The data were analyzed by one-way analysis of variance followed by Student’s t-test for comparisons between groups. Differences were considered statistically significant at P<0.05.

Results
Surface topography
Figure 1 shows the SEM and AFM micrographs of the alloy samples with machined surface and modified surfaces. A similar nanosized network morphology was observed on the Na-nano and Ca-nano surfaces. The Ca-nano surface exhibited a finer nanoporous structure (pore size of 30–80 nm) than the Na-nano surface (pore size of 50–100 nm). The machined surface had the typical abrasive marks produced by abrasion.

The AFM images showed a similar nanotopography on the Na-nano and Ca-nano surfaces. The values for surface roughness (Ra and Rz) measured by AFM (Table 1) showed that there were no significant differences between the two nanostructured surfaces.

Surface chemical analyses
Figure 2 displays the results of the broad-range XPS surface chemical analyses of the Ti6Al4V alloys with machined surfaces and bioactive ion-nanostructured surfaces. The Na peak was evident in the spectra of the Na-nano surface, while the Ca peak was detected on the Ca-nano surface. Moreover, no aluminum or vanadium peaks were detected.
on both nanostructured surfaces. The quantitative surface chemical compositions of the samples are presented in Table 2. Approximately 4.84 atomic percentage (at%) Na was incorporated into the Na-nano surface, while the Ca content on the Ca-nano surface was ~4.43 at%.

**XRD phase identification**

The XRD profiles in Figure 3 show the crystallographic structures of the Ti6Al4V alloy subjected to various treatments. The broad diffraction peaks detected at 23°–29° and 53° were attributed to the presence of Na titanate on the Na-nano surface. The XRD pattern of the Ca-nano surface highly resembled that of the Na-nano surface but contained broad peaks associated with Ca titanate, such as CaTi2O5, CaTi2O5, and CaTi4O9.

**Table 1** Roughness values of the three different surfaces (n=8)

<table>
<thead>
<tr>
<th>Group</th>
<th>Parameters</th>
<th>Ra (nm)</th>
<th>Rz (nm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Machined</td>
<td></td>
<td>70.25±4.53</td>
<td>831.57±98.46</td>
</tr>
<tr>
<td>Na-nano</td>
<td></td>
<td>21.46±3.14</td>
<td>228.32±26.75</td>
</tr>
<tr>
<td>Ca-nano</td>
<td></td>
<td>20.58±3.02</td>
<td>232.97±26.92</td>
</tr>
</tbody>
</table>

Notes: Data are presented as mean ± standard deviation. *P<0.05 vs Na-nano and **P<0.05 vs Ca-nano.

**Micro-CT assessment**

The reconstructed three-dimensional micro-CT images from transverse slices of rat femurs including implants are shown in Figure 4. The implants were marked with red color, the cortical bone was marked with yellow color, and the cancellous bone was marked with green color. Both the Na-nano

**Figure 2** XPS survey spectra of Ti6Al4V alloy specimens with different surfaces.

Abbreviations: AU, arbitrary unit; Ca-nano, Ca2+ ion-incorporated nanostructured surface; Machined, machined surface; Na-nano, Na+ ion-incorporated nanostructured surface; Ra, mean average surface roughness; Rz, mean peak-to-valley height.
surface and Ca-nano surface promoted new bone formation around the implants. More trabecular microarchitecture was observed in the vicinity of the Ca-nano surface than in the vicinity of the Na-nano surface. Quantitative evaluation of the trabecular bone within the ROI is shown in Figure 5 and Table 3. The BV/TV, Tb.N, and Tb.Th were significantly higher in the Ca-nano implants than in the Na-nano and machined implants (P<0.05 and P<0.01, respectively). Tb.Sp was lower in the Ca-nano group (155.67±11.17 μm) than in the control groups.

### Histological and histomorphometric evaluation

The longitudinally undecalciﬁed histological sections with implants and peri-implant bones are presented in Figure 6. Apposition of new bone along the Na-nano and Ca-nano implant surfaces was greater than that along the machined implant surface, where only a small amount of new bone formed. The amount of new bone formation around the Na-nano implants was less than that observed in the Ca-nano group. Osteoblasts (osteoblastic osteoid) lining the new bone surface were found on the Ca-nano implant surface at a higher magnification (Figure 6F). Quantitative histomorphometric analysis within the region of measurement above (Figure 7) showed that the new bone area (BA%) was significantly greater around the Ca-nano implants than around the Na-nano and machined implants (P<0.05). However, there was no significant difference in bone–implant contact (BIC%) between the Na-nano and Ca-nano implants (P>0.05).

### Fluorescence labeling analysis

The histological sections were also observed using confocal laser scanning microscopy for dynamic histomorphometry according to fluorescence labeling (Figure 8). Three colored lines, namely blue (oxytetracycline hydrochloride, 1 week), red (alizarin red S, 4 weeks), and green (calcein, 8 weeks), were observed in new bone around the implants. The increases in the distance between the implant surface and labeled bone at different time points were signiﬁcantly higher in the Ca-nano implants than in the Na-nano implants, both of which were signiﬁcantly higher than those in the machined groups. Quantitatively, the Ca-nano implants exhibited the best effects with regard to an increased percentage of labeled bone area (LBA%) compared with the control groups (P<0.05; Figure 9).

### Discussion

A modiﬁed NaOH-CaCl₂-heat-water treatment was performed to construct a bioactive nanoporous surface enriched with Ca²⁺ ions. In previous studies, the treatment approach involved alkali treatment by 5 M NaOH solution at 60°C followed by CaCl₂ immersion and thermal and water treatment to generate a Ca²⁺ ion-incorporated microporous surface. This study involved a new modiﬁcation of this alkali treatment using 10 M NaOH at 30°C to prepare a nanoporous structure on a Ti6Al4V surface. In one study, hydrothermal treatment with a high CaCl₂ concentration reportedly destroyed...
the oxide layer and generated a Ti metal surface without Ca$^{2+}$ ions, resulting in a decreased apatite formation in the simulated body fluid. Our surface characterization analysis showed that the incorporation of Ca$^{2+}$ ions into the nanoporous surface did not alter the nanotopography. This indicates that chloride ion erosion can be negated through application of a 100 mM CaCl$_2$ concentration and that heat treatment does not have an adverse effect on the nanostructure. No significant differences in the surface roughness or crystalline properties of the Na-nano and Ca-nano surfaces were found, and these can therefore be excluded as reasons for the bone response to the Na-nano and Ca-nano implants.

Figure 4 Transverse micro-CT reconstructed images of proximal tibiae showing the status of the Ti6Al4V implant (red) and the response of bone (green) at 8 weeks after implantation.

Notes: (A) Machined surface, (B) Na$^+$ ion-incorporated nanostructured surface, and (C) Ca$^{2+}$ ion-incorporated nanostructured surface.

Abbreviation: CT, computed tomography.

Figure 5 Micro-CT quantitative evaluation within the ROI.

Notes: *$P<0.01$ vs Machined; **$P<0.05$ vs Na-nano. (A) Bone volume fraction of the three groups, (B) Tb.N of the three groups, (C) Tb.Th of the three groups, and (D) Tb.Sp of the three groups. Error bars represent standard deviation.

Abbreviations: BV/TV, bone volume/total volume; Ca-nano, Ca$^{2+}$ ion-incorporated nanostructured surface; Machined, machined surface; micro-CT, microcomputed tomography; Na-nano, Na$^+$ ion-incorporated nanostructured surface; ROI, region of interest; Tb.N, trabecular number; Tb.Sp, trabecular separation; Tb.Th, trabecular thickness.
Table 3 Quantification of peri-implant bone formation by micro-CT analysis (n=8)

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Groups</th>
<th>Machined</th>
<th>Na-nano</th>
<th>Ca-nano</th>
</tr>
</thead>
<tbody>
<tr>
<td>BV/TV (%)</td>
<td>22.33±1.35</td>
<td>46.88±7.31*</td>
<td>63.72±4.48**</td>
<td></td>
</tr>
<tr>
<td>Tb.N (1/mm)</td>
<td>2.82±0.54</td>
<td>4.75±1.05*</td>
<td>6.65±0.99**</td>
<td></td>
</tr>
<tr>
<td>Tb.Th (μm)</td>
<td>102.58±15.91</td>
<td>171.57±19.12*</td>
<td>200.50±22.73**</td>
<td></td>
</tr>
<tr>
<td>Tb.Sp (μm)</td>
<td>290.52±22.34</td>
<td>182.32±16.48*</td>
<td>155.67±11.17**</td>
<td></td>
</tr>
</tbody>
</table>

Notes: Data are presented as mean ± standard deviation. *P<0.01 vs machined and **P<0.05 vs Na-nano.

Abbreviations: BV/TV, bone volume/total volume; Na-nano, Na⁺ ion-incorporated nanostructured surface; Machined, machined surface; micro-CT, microcomputed tomography; Ca-nano, Ca²⁺ ion-incorporated nanostructured surface; Tb.N, trabecular number; Tb.Sp, trabecular separation; Tb.Th, trabecular thickness.

used in orthopedic applications. In this study, we fabricated a unique surface that combined a porous nanotopography with bioactive Na⁺/Ca²⁺ ions for obtaining better bone tissue responses to the implants and comparing the enhancement of bioactivity in vivo. It has been demonstrated that a titane nanostructure incorporated with Ca²⁺ ions showed superior apatite-forming ability in simulated body fluid and osteogenic function in MC3T3-E1 osteoblast-like cells compared with Na⁺ ions. This study provided the first evidence of enhanced bone volume in the Ca-nano implants compared with that in the Na-nano implants in vivo. The increased amount of new bone formation around the Ca-nano implants may have occurred because the divalent Ca²⁺ ions provided more binding sites for the polyanions of proteoglycans to bond to the nanostructured surface by electrostatic ionic exchange more effectively than the monovalent Na⁺ ions; as a consequence, osteogenic cells were activated and further bone mineralization was accelerated.

Several in vivo investigations have revealed biologically promising roles of Ca²⁺ ions. These studies utilized different approaches to incorporate Ca²⁺ ions into implant surfaces, such as the use of ion implantation or anodic oxidation to prepare Ca-deposited Ti implants and the use of hydrothermal treatment to produce a CaTiO₄ layer. Our results showed that formation of a Ca-incorporated oxide layer (CaTi₂O₅, CaTi₄O₉, and CaTi₃O₇) on the Ti alloy surface by the modified NaOH-CaCl₂-heat-water treatment improved the bone formation in vivo, which is consistent with the findings of previous in vivo studies, although different Ca products formed on the modified surfaces according to the processing method used.

The bone formation activity around the Ca-nano implant was continuous and substantial up to week 8 in the healing process. In contrast, bone formation activity barely increased around the Na-nano implant and machined implant. Healing at this time point is considered to be in the final stage of wound healing in rat models. It has been demonstrated that Ca²⁺ ions might more easily enter the interspaces of the layered structure by electrostatic interaction with the negatively charged (TiO₂)₇ sheet compared with Na⁺ ions. The more sustained bone formation activity of the Ca-nano implant than that of the Na-nano implant could be attributed to the fact...
that the Ca\(^{2+}\) ions were incorporated into deeper layers than were the Na\(^{+}\) ions and that the ion release rate was controlled by the complex layered nanoporous structure.

The degree of BIC is affected by the early bone response to the implant surface. In this study, the BIC pattern for the Ca-nano implants was not enhanced compared with the Na-nano implants. A previous study showed that a hydroxyapatite-nanostructured surface had no effect on the improvement of BIC compared with a nanostructured surface during the early healing period.\(^{42}\) Furthermore, histological and biomechanical studies have shown that the nanotopography is crucial for the acceleration of osseointegration during the early phase of healing.\(^{43,44}\) This might indicate that bioactive particles or ions do not have a prominent role in the early bone response to an implant when incorporated into the nanostructured surface. In addition, slower dissolution of Ca\(^{2+}\) than Na\(^{+}\) ions from the nanostructure, despite the higher bioactivity of Ca\(^{2+}\) than Na\(^{+}\) ions, may explain why we found no evidence of enhanced BIC for the Ca-nano implants.

In this study, a rat femur model was used to evaluate the bone tissue response to implants via only trabecular bone, which is more relevant to the clinical setting. Although this animal model cannot fully simulate the much more complex human situation, it has been proposed and utilized in previous osseointegration studies because the fundamental principles involved in the concept of osseointegration are of significant clinical relevance.\(^{45-47}\) Further detailed studies are needed to better understand the potential beneficial effects of bioactive ion-incorporated nanostructured surfaces on osseointegration and biomechanical properties with respect to cortical and corticocancellous bone in larger animals.

**Conclusion**

In this study, Na\(^{+}\) and Ca\(^{2+}\) ion-incorporated nanoporous structures on Ti6Al4V alloy implants were produced by a facile synthesis approach involving chemical and heat treatments. Both the Ca-nano and Na-nano implants had improved BIC. The Ca-nano implant has advantages over...
the Na-nano implant with respect to the amount of new bone formation and degree of sustained osteoinductive activity; these benefits were ascribed to the nanostructured surface with the controllable release properties of the Ca$^{2+}$ ions. Nanostructure modification with incorporation of Ca$^{2+}$ ions has a synergistic effect on the bone response to the implant. Therefore, this technique exhibits the potential for application in the fields of dentistry and orthopedics.

**Acknowledgments**

This study was supported by a grant from the Japan Society for the Promotion of Science (16K20524) and an Oral Implant Research Grant of Osaka Dental University (16-02). We would like to thank the Ito Bone Histomorphometry Institute for their help in the histological preparation.

**Disclosure**

The authors report no conflicts of interest in this work.

**References**


