

# Using central venous catheter for suprapubic catheterization in cardiac surgery

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**Abstract:** Suprapubic catheterization is an alternative method for urinary drainage that is used when transurethral catheterization fails. Traditionally, inserted large-bore suprapubic catheters may cause fatal complications. During the past decade, we used a small central venous catheter (CVC) suprapubically in 16 male patients for the purpose of urinary drainage, when transurethral catheterization failed. The procedure is performed in no more than 10 minutes. Success rate was 100% and this approach did not lead to any complications. In conclusion, placing a CVC for suprapubic drainage is a safe method with a high success rate and we recommend it in patients with failed transurethral catheterization after a few attempts (2–3 attempts).

**Keywords:** suprapubic catheterization complication, urethral catheterization, central venous catheter, Seldinger's technique, cardiac surgery

## Introduction

It is mandatory to drain and monitor urinary output intra- and early postoperatively during cardiac surgery.<sup>1</sup> Transurethral catheterization is the common method for urinary drainage. Sometimes in male patients with benign prostate hypertrophy or previous prostatectomy, catheter placement may be challenging and unsuccessful; traditionally, professional urologic consultants are called for help in these situations. If transurethral catheterization fails, urologists usually insert a large-bore suprapubic catheter into the bladder.<sup>2–4</sup> The procedure involves insertion of a sharp trocar into the bladder percutaneously, usually by palpation, percussion, or under ultrasonographic guidance.<sup>5</sup> Although it is generally considered a safe procedure, suprapubic catheter placement is, however, associated with many complications such as bowel injury, bladder injury, or bleeding.<sup>6</sup> Nevertheless, suprapubic catheterization is commonly a safe practice, but in cases of full patient heparinization, its complications may be fatal in cardiac surgery.

## Cases

In 16 male patients who were anesthetized for cardiac surgery at Madani Heart Hospital, Tabriz, Iran, during the decade 2006–2015, the surgical team failed to catheterize the bladder transurethrally. Table 1 shows the patients demographic data and the planned surgery. Five patients had a history of benign prostate hypertrophy (BPH); three had previous transurethral resection of the prostate (TURP) surgery (3–12 years ago); and one had previous transabdominal prostatectomy (6 years ago).

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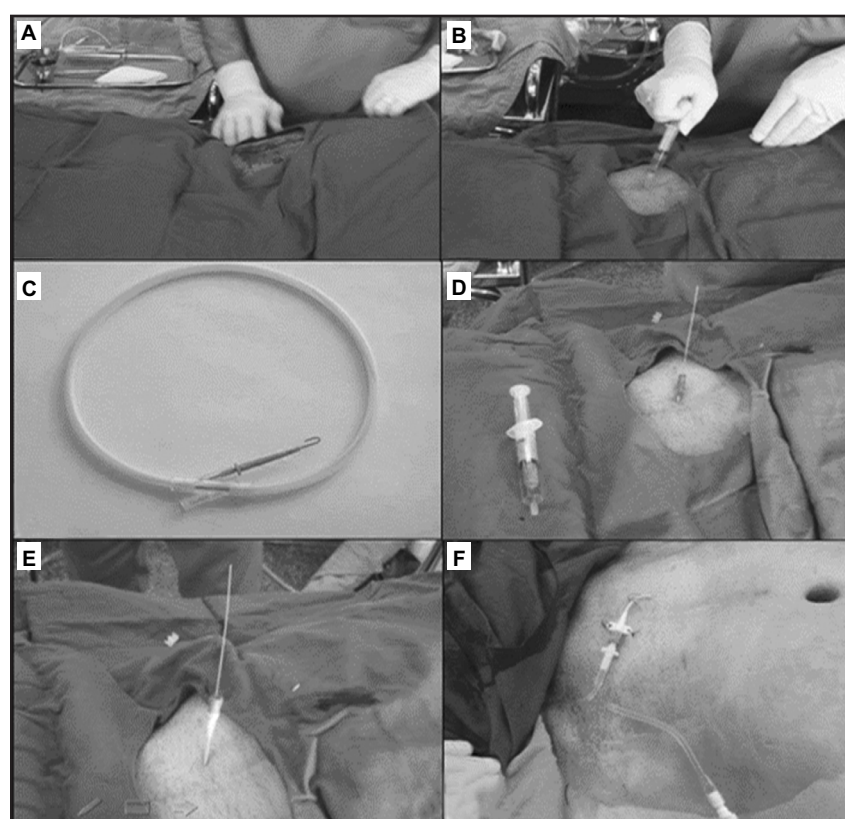
**Table 1** Patients' characteristics

Characteristics	Mean $\pm$ SD
Age, years (range)	67.19 $\pm$ 7.5 (53–79)
Weight, kg (range)	70.81 $\pm$ 7.9 (56–87)
Height, cm (range)	165.31 $\pm$ 4.69 (156–174)
Body mass index, kg·m <sup>-2</sup> (range)	25.83 $\pm$ 1.62 (23.01–29.41)
The day of catheter removal (range)	2.06 $\pm$ 0.4 (1–3)
Number of trans-urethral attempts, n (range)	3.88 $\pm$ 1.5 (3–8)
Type of surgery	
CABG, n	11
Valvular surgery, n	4
CABG/Valvular surgery, n	1

**Abbreviations:** CABG, coronary artery bypass graft; SD, standard deviation.

All of the patients reported no daily urinary problems, except the patient who had transabdominal prostatectomy history. When routine transurethral catheterization (after a few attempts using enough lubricant) became unsuccessful, the patients were administered 500–1,000 mL Ringer's solution (within 15–30 minutes after the unsuccessful attempt) as well as 5 mg furosemide; both were administered intravenously. Then with appropriate aseptic preparation, a central venous catheter (CVC) (five French single lumens or seven French double lumens) was inserted into the bladder suprapubically using Seldinger's technique. At a mildly Trendelenburg

position, an empty 10 mL syringe was attached to the CVC needle (18G), we then entered the bladder in the midline direction (mildly directed caudally), 1–2 cm above the symphysis pubis, with continuous aspiration. As the urine flowed freely to the syringe, the guidewire advanced to the bladder (20–30 cm); through the needle and after a small incision with a surgical scalpel blade (No 11), the path was dilated, and finally, the CVC was inserted into the bladder over a guide wire. When free-flowing urine was confirmed by applying light pressure on the bladder, the catheter was fixed at 18–20 cm (Figure 1). In the first two patients, this method was done only when professional urologists attempts failed to catheterize transurethrally; however, in the following cases, no professional help was requested. Bloody urethra was seen in the first three patients. In all of the patients the procedure was performed successfully in no more than 10 minutes. One patient who had previous transabdominal prostatectomy and had had eight transurethral attempts, the other patients did not have any intra- or postoperative hematuria. The patient did not have any problem in mobility. Postoperatively, the CVC was extracted when the patients were able to micturate normally while suprapubic catheter was clamped. Catheters were extracted within 72 hours. After



**Figure 1** Using catheter over guidewire technique (Seldinger's technique), a conventional single lumen central venous catheter was used as suprapubic catheter. After prepping and draping (A) just above symphysis of pubis, at about 75° and in a midline direction while aspirating, the needle was directed toward the bladder (B). Then, a J-shaped guidewire was inserted into the needle (C). The needle path was dilated (D), and the catheter was placed over guidewire (E) and finally fixed and connected to a collecting bag (F).

removal, there were not any urinary problems, except one patient who had had the problem preoperatively.

## Discussion

Sometimes conventional transurethral catheterization may be unsuccessful intraoperatively. In these situations, the interventions by urologists usually leave the patient with a bloody and traumatized urethra. Considering the common need for full heparinization of patients during cardiac surgery, gross hematuria may occur intra- or postoperatively. Although suprapubic catheter is a good option in such situations, the kits used by urologist are very thick (trocar systems) and may not be suitable for short perioperative period urine drainage.<sup>7</sup> Recently, a new method (inside-out approach) for suprapubic catheterization has been introduced for clinical use. The device has mainly been used in female patients with acceptable safety. However, in comparison with our method the method is more invasive, needs more urological skills, and may be more risky when done by anesthesiologists.<sup>8</sup> There are different insertion kits for different clinical situations. Suprapubic catheter use can be divided into Foley balloon catheter or catheter without a balloon, which requires a suture to secure. For preventing bowel damage, the patient should have at least 300 mL urine to cause the bladder to be palpable;<sup>7</sup> ultrasonography use may reduce complications.<sup>9–10</sup> Recently, modified trocar systems have been introduced in clinics which utilize the Seldinger principle. The insertion of a suprapubic catheter should be undertaken by a skillful clinician. There are many indications for suprapubic catheter insertion, but in the operating room, it is placed only in cases of failure of transurethral catheterization.<sup>11</sup> Contraindications for suprapubic catheters may be a non-palpable bladder, previous lower abdominal surgery, or ascites.<sup>12</sup> Suprapubic catheters may have some potential advantages compared with transurethral catheters, such as greater patient satisfaction,<sup>13</sup> normal micturition once the suprapubic catheter is in situ, and decrease in urinary tract infection (UTI).<sup>14</sup> Although suprapubic catheters have many advantages, there are also several important risks and limitations to note. The most common are risk of visceral injury (bowel perforation),<sup>6,15</sup> bleeding, hematuria, and UTI.<sup>12,16</sup> Sheriff et al reviewed 185 cases and identified 2.7% incidence of bowel perforation, with one fatal outcome,<sup>17</sup> but the National Patient Safety Agency placed the figure at 0.15%.<sup>18</sup> Recently, Dalela et al introduced a new method of suprapubic catheter placement.<sup>19</sup> They used an over guidewire method with the help of a transurethral Bougie guide in females with vesicovaginal fistula. Tompkins et al presented an algorithm to contribute to the selection of open, percutaneous, or

image-guided methods for suprapubic catheter placement.<sup>20</sup> Using a pediatric size (8–10 F), suprapubic catheter may be another option but there is not enough evidence. Anesthesiologists are expert enough in vascular catheterization and may use their skills for a safe suprapubic catheterization to monitor urinary flow intraoperatively. CVCs are small and flexible with appropriate length placed using the over guidewire technique; their size is large enough for perioperative urine drainage, which can be fixed with simple suturing. After only a few unsuccessful attempts (2–3 attempts) for transurethral catheterization, we recommend placing a CVC for suprapubic drainage; this strategy may prevent crucial complications. Thus, suprapubic catheterization using a small CVC is the best solution. It is safe with a high success rate. Our patients had relatively normal body mass indices, however it may be difficult to use this method in obese patients without other supplementary instruments.

## Conclusion

In conclusion, placing a small sized CVC for suprapubic drainage (over a guide wire) is a safe method with a high success rate, and we recommend this method in patients with failed transurethral catheterization after a few attempts (2–3 attempts).

## Acknowledgments

The authors thank Dr Samad Gaffari, the head manager of the Tabriz Cardiovascular Research Center, for his support in this study. This study is supported by Cardiovascular Research Center of Tabriz University of Medical Sciences.

## Ethical considerations

The study was approved by the Ethical Committee of Tabriz University of Medical Sciences and was accepted as an innovative activity. All patients provided written informed consent to participate in this study.

## Disclosure

The authors report no conflicts of interest in this work.

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