

# Comparison of Goldmann applanation tonometry and Pascal dynamic contour tonometry in relation to central corneal thickness and corneal curvature

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**Purpose:** The aim of the study was to assess the influence of central corneal thickness (CCT) and corneal curvature in tonometry measurements taken by Goldmann applanation tonometry (GAT) and Pascal dynamic contour tonometry (DCT).

Methods: This was a prospective study of 185 eyes from 97 subjects, attending outpatient ophthalmology appointments, who underwent intraocular pressure measurements by GAT and Pascal DCT. CCT and corneal curvature were obtained using ultrasound pachymetry and Orbscan topography, respectively. All measurements were carried out among males and females during the period 2009-2012. Apart from the usual descriptive and exploratory data analysis, one-way analysis of variance and agreement analysis were performed, linear as well as intraclass correlation coefficients were estimated, and multiple scatter and Bland-Altman plots were produced.

Results: Mean IOP measurements obtained were 17.21±4.10 mmHg by DCT and 13.23±4.07 mmHg by GAT. Mean difference between the GAT and DCT measurements was 3.88±2.8 mmHg. Mean CCT and corneal curvature were 522.78±52 μm and 43.83±2.9823 D, respectively.

Conclusion: Intraocular pressure measured by GAT was consistently lower when compared with DCT, and this difference was greatest with thinner CCT. Flat corneas seem to influence GAT measurements compared to DCT.

**Keywords:** glaucoma, Goldmann, Pascal, tonometry

## Introduction

Accurate determination of intraocular pressure (IOP) is fundamental in the diagnosis, monitoring, and treatment of glaucoma. Goldmann applanation tonometry (GAT) is considered the golden standard for IOP measurements. However, it is known to be affected by changes in corneal thickness, structure, and curvature.1 To achieve precise measurements independent of these corneal properties, research has developed alternative tonometry methods.

Pascal dynamic contour tonometery (DCT) claims to be relatively unaffected by corneal biomechanical properties. The manufacturer states that unlike Goldmann tonometry, the Pascal DCT sensor tip does not applanate the cornea and that its concave shape causes a relaxation of the cornea, which helps minimize any influence on measurements that are attributed to various corneal properties. DCT also evaluates ocular pulse amplitude, which is the difference between the average systolic and diastolic IOPs.

The purpose of this study was to compare IOP measurements obtained by GAT and DCT and to assess the relationship between measurements, central corneal thickness (CCT), and corneal curvature.

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# Subjects and methods

This was a prospective study of 97 subjects performed at the glaucoma department of the 1st University Ophthalmological Clinic in Athens. The study was approved by the General Hospital of Athens G.Gennimatas Scientific Board and was conducted in accordance with the principles of the Declaration of Helsinki. Written informed consent was obtained from all participants.

One hundred and eighty-five eyes of 97 subjects were enrolled in the study. Ophthalmological examination included medical history, automated refraction, best-corrected visual acuity, corneal topography, slit-lamp biomicroscopy, fundoscopy, IOP measurement, and CCT calculation.

Corneal curvature was determined using the Orbscan IIZ Corneal Analysis System (Bausch and Lomb, Rochester, NY, USA). In particular, corneal parameters regarding the 3 mm, 5 mm zone, minimum, maximum, and simulated keratometry readings were obtained. IOP measurements were obtained by GAT and DCT in a randomized order with a 10-minute interval. All measurements were taken by one experienced examiner.

GAT measurements were performed on a slit lamp (Haag-Streit AG, Koeniz, Switzerland) with a tonometer calibrated according to the manufacturer's instructions. Topical anesthesia and fluorescein were instilled on the eye, and measurements were taken under a cobalt blue—filtered light. Three GAT readings were obtained for each eye, with a 5-minute interval, and mean IOP was recorded.

DCT measurements were taken using the Pascal digital tonometer (Ziemer Ophthalmic Systems Group Co., Port, Switzerland) mounted on a slit lamp. The device consists of a sensor tip with a 10.5 mm radius of curvature, a concave surface, and a miniaturized pressure sensor integrated into the center of the contact surface. Once the external pressure becomes equal with the IOP, the sensor begins to acquire readings. The IOP, ocular pulse amplitude, and a quality score (Q) indicating the reliability of the measurement are digitally displayed. According to the manufacturer's guidelines, Q1 and Q2 measurements are considered "excellent", Q3 are considered "acceptable", and Q4 and Q5 readings are regarded as "not acceptable". The average of two IOP measurements and only Q1 and Q2 quality scores were considered for further statistical analysis in this study. According to our criteria, only 181 of 185 had acceptable Pascal IOP measurements (these four patients had measurements with a quality score Q3 or worse).

Twenty minutes after IOP measurement, CCT was determined using a handheld ultrasound pachymeter (OcuScan RXP Ophthalmic Ultrasound System; Alcon Laboratories,

Fort Worth, TX, USA). Two measurements were obtained. The average value of those measurements was evaluated in the statistical analysis of the study. Only measurements with standard deviation <2.0 were taken into consideration.

The statistical analysis focused on the two observed continuous variables representing the Pascal and Goldmann performance values as well as their differences (derived as deviations between Pascal and Goldmann measurements). For the purpose of the analysis, three levels of CCT (<500, 500–560, and 561+) and three levels of mean curvature (<42.00, 42.00–44.99, and 45.00+) were considered.

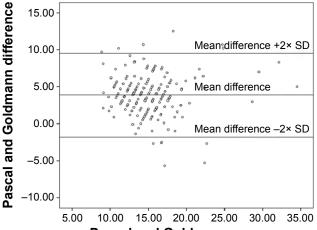
The association between the Pascal and Goldmann measurements was assessed on the basis of the Spearman linear correlation coefficients. Multiple scatter plots were also created to delineate graphically patterns and relationships. Additionally, an agreement analysis was performed, the Bland–Altman plot (Figure 1) was produced, and intraclass correlation coefficient (ICC) was estimated.

One-way analysis of variance (ANOVA, *F*-test) was performed to test whether the means between the Pascal and Goldmann differences differ or not across the CCT and mean curvature classes. For the factor levels considered (CCT: <500, 500–560, 561+; curvature: <42.00, 42.00–44.99, 45.00+), the fulfillment of the assumptions concerning normality of the observations was assessed using the normal probability plot and the Kolmogorov–Smirnov statistic, whereas the homoscedasticity assumption was appraised on the basis of the Levene's test. Additionally, to make multiple comparisons between factor levels, the Tukey's honest significant difference test was employed. For all tests and measurements, the statistical significance was set at the 0.05. The statistical analysis was carried out using SPSS version 21 (IBM Corporation, Armonk, NY, USA).

## Results

## Descriptive

The mean Pascal and Goldmann measurements were 17.2 and 13.2, respectively; their relative variance, measured by the coefficient of variation, differed considerably with the measurements derived using the GAT to exhibit higher relative variance (Table 1). Of the 185 eyes, almost 49% had CCT between 500 and 560  $\mu m$  and mean curvature between 42 and 45 D. CCT  $<\!500~\mu m$  and mean curvature  $<\!42$  D were seen in 29.7% and 19.5% of cases, respectively. Across all CCT and mean curvature levels, the mean and median values of the measurements obtained using the Pascal DCT were higher than those obtained using the GAT. Pascal measurements showed relatively lower skewness as well (Figures 2 and 3).



#### Pascal and Goldmann average

#### Descriptive statistics of the variables under investigation

Variable	N	Minimum	Maximum	Mean	SE	SD
Pascal and Goldmann difference	181	-5.70	12.50	3.8873	0.21090	2.83741
Pascal and Goldmann average	181	8.85	34.50	15.2696	0.28462	3.82921
Valid N (listwise)	181					

Figure I Bland-Altman plot of the agreement between DCT IOP measurements (mmHg) and GAT IOP measurements.

**Notes:** The difference between the measurements is plotted against the average of the measurements. Solid line: average of the within person differences of DCT and GAT. Broken lines: 95% limits of agreement.

Abbreviations: SD, standard deviation; SE, standard error; IOP, intraocular pressure; DCT, dynamic contour tonometry; GAT, Goldmann applanation tonometry.

## Correlation

Taking into account all the observations, the correlation coefficient between the Pascal and Goldmann measurements was positive, high (=0.759), and statistically significant. However, more interesting results were obtained when the sample was cross-classified by level of CCT and level of mean curvature. Figure 4 shows the respective correlation coefficients for all combinations of the CCT and mean curvature levels. It is interesting to note that:

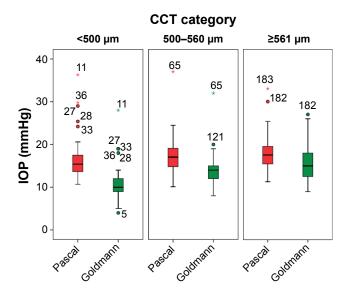
- a) There was a very high correlation coefficient (r=0.933) among eyes with mean curvature <42 D and CCT between 500 and 560  $\mu$ m as well as among eyes with mean curvature >45 D and CCT >560  $\mu$ m (r=0.923).
- b) There was a fairly high correlation but definitely of lower intensity in eyes of CCT < 500  $\mu$ m and mean curvature < 42 D

**Table I** Basis descriptive statistics for the variables used in the analysis

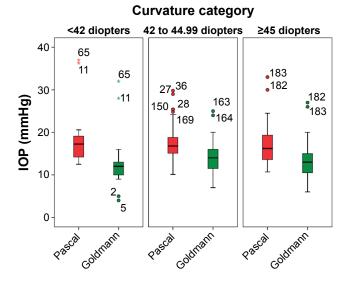
Descriptive statistics							
Tonometer	N	Minimum	Maximum	Mean			
Pascal	181	10.10	37.0	17.213			
Goldmann	185	4.00	32.0	13.238			
Pascal and Goldmann	181	-5.70	12.50	3.887			
difference							

(r=0.861) as well as among eyes of CCT <500  $\mu$ m and mean curvature between 42 and 45 D (r=0.857).

To complete our correlation analysis, we also estimated the ICC, is found that ICC was 0.863, which suggests agreement between average measurements (Tables 2–4).



**Figure 2** Box plots of Pascal and Goldmann measurements by CCT groups. Circles represent outlier values and asterisks represent extreme outlier values. **Abbreviations:** CCT, central corneal thickness; IOP, intraocular pressure.



**Figure 3** Box plots of Pascal and Goldmann measurements by mean curvature category. Circles represent outlier values, asterisks represent extreme outlier values. **Abbreviation:** IOP, intraocular pressure.

# **ANOVA**

## Differentiations by level of CCT

The average difference between Pascal and Goldmann measurements (Pascal\_Goldmann\_difference) was highest (5.4927) among eyes with CCT measurements <500  $\mu$ m,

Table 2 Case processing summary: SPSS output

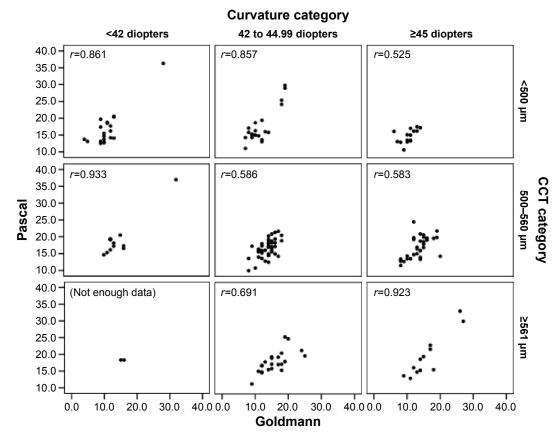
Cases	N	%
Valid	181	97.8
Excluded <sup>a</sup>	4	2.2
Total	185	100.0

Note: <sup>a</sup>Listwise deletion based on all variables in the procedure.

which gradually reduced to 2.48247 for eyes with higher CCT (Table 5). The values of response variable were normally distributed and showed homogeneous variances (Figure 5). ANOVA revealed that the differences in the mean values by CCT levels were statistically significant. This result is mainly due to differences between low CCT and other level categories; in other words, measurements of tonometers Pascal and Goldman vary widely among eyes of CCT <500.

# Differentiations by level of mean curvature

The average deviation between Goldmann and Pascal measurements was higher (5.22) in eyes demonstrating mean corneal curvature <42 D and lower in eyes with mean curvature between 42 and 45 D (=3.45) and curvature >45 D (3.76) (Table 6). The deviations between Goldmann and



**Figure 4** Scatter plots correlation coefficients (*r*) between Pascal and Goldmann measurements by CCT and mean curvature levels. **Abbreviation:** CCT, central corneal thickness.

Table 3 Reliability statistics: SPSS output

Cronbach's alpha	Number of items		
0.863	2		

Pascal measurements by mean curvature levels were normally distributed and had homogeneous variances (Figure 5). The differences in their mean values by curvature levels were statistically significant. The result is mainly due to differences between low levels of mean curvature and other categories, ie, for mean curvature values <42 D, the Pascal and Goldmann measurements vary widely.

#### **Discussion**

Several studies have demonstrated the influence that corneal biomechanical properties have on GAT. <sup>1-7</sup> It is well known that GAT underestimates IOP in thin corneas and overestimates IOP in thick corneas. Applanation tonometry measures IOP by subjecting the eye to a force that flattens the cornea. It assumes that the Imbert-Fick law is applicable to the eye. This law states that the pressure within a sphere is approximately equal to the external force needed to flatten a portion of the sphere divided by the area of the sphere that is flattened. <sup>8</sup> It is applicable to surfaces that are perfectly spherical, elastic, and infinitely thin. However, the cornea has a finite thickness and the eye is not a perfectly elastic structure.

In our study, IOP as measured by GAT was lower than DCT by an average of 3.88±2.83. This is similar to several studies findings, in spite of different mean pressure differences. 9-12 Kniestedt et al, 9 performing manometry in cadaver eyes, showed that GAT IOP measurements were on average lower by almost 4 mmHg than DCT IOP measurements, the latter being closer to true IOP. Ozcura et al 10 reported DCT measurements 4.06 mmHg higher than GAT measurements in normal eyes and 4.69 mmHg higher than GAT measurements in glaucomatous eyes. In their study, Francis et al 11 observed that IOP as measured by GAT was lower than DCT by an average of 1.7±3.1 mmHg.

Several studies showed a significantly lower correlation of CCT with DCT than with GAT. <sup>13–19</sup> This is especially true for studies comparing the two methods in eyes after

refractive surgery.<sup>13,14</sup> Siganos et al<sup>13</sup> found that GAT tended to underestimate IOP in all patients after laser in situ keratomileusis, whereas DCT did not. In a sample of normal subjects, Jordao et al<sup>15</sup> found a strong correlation between CCT and GAT, and a weak correlation between DCT and CCT. On the other hand, Halkiadakis et al<sup>20</sup> did not find any correlation between CCT with GAT and DCT in a population of glaucomatous and ocular hypertensive patients.

In the current study, the average difference between Pascal and Goldmann measurements was highest (5.4927) among eyes with CCT measurements <500  $\mu$ m and gradually reduced to 2.48247 for eyes with higher CCT.

The importance of CCT in glaucoma was further emphasized in the Ocular Hypertension Glaucoma Study, which demonstrated that CCT was a major predictive factor for the conversion of ocular hypertension into glaucoma. <sup>21,22</sup> This fact, together with the CCT differences found between ocular hypertensive cornea and those of patients diagnosed with normotensive glaucoma as well as the inefficiency of nomograms developed for correcting the effect of pachymetry in GAT measurements have determined the need of seeking new tonometry methods independent of CCT and other corneal biomechanical parameters.

DCT employs a contoured tip, which conforms the cornea to its inner curvature, theoretically placing it into a neutral shape such that no bending or tangential forces are acting on the area of cornea—tip contact. In this state, the forces acting on both the inside (IOP, rigidity) and outside (capillary, appositional) of the cornea are equal, and this pressure is measured by a small sensor inside the contour of the tonometer tip.

Many published studies have suggested correction factors based on CCT and GAT, but the effects of corneal curvature on IOP measurements by GAT remain uncertain.<sup>23–27</sup> Orssengo and Pye<sup>25</sup> discussed the deformation of a central cornea flattened by pressure of the prism and bulging outward from the middle to the peripheries due to the inner pressure of the eye. However, other studies could not find any significant correlation between corneal curvature and IOP.<sup>26,27</sup>

In this study, we found that the average deviation between Goldmann and Pascal measurements was higher (5.22) in

Table 4 ICC: SPSS output

Measurements	Intraclass correlation <sup>a</sup>	95% CI		F-test with true value 0			
		Lower	Upper	Value	dfl	df2	Sig
Single measures	0.759 <sup>b</sup>	0.689	0.814	7.285	180	180	0.000
Average measures	0.863	0.816	0.898	7.285	180	180	0.000

**Notes:** Two-way random effects model where both people effects and measures effects are random. <sup>a</sup>Type C ICCs using a consistency definition, the between-measure variance is excluded from the denominator variance; <sup>b</sup>the estimator is the same, whether the interaction effect is present or not. **Abbreviations:** ICC, Intraclass correlation coefficient; CI, confidence interval; df, degrees of freedom; Sig, significance.

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Table 5 Difference between Pascal and Goldmann measurements: basic statistical measures by CCT level

Pascal and Goldmann difference								
Central cornea	N	Mean	SD	SE	95% CI for me	an		
thickness					Lower	Upper		
CCT < 500	55	5.4927	2.61356	0.35241	4.7862	6.1993		
CCT 500-560	90	3.4656	2.55537	0.26936	2.9303	4.0008		
CCT ≥561	36	2.4889	2.78247	0.46375	1.5474	3.4303		
Total	181	3.8873	2.83741	0.21090	3.4711	4.3035		

Abbreviations: SD, standard deviation; SE, standard error; CI, confidence interval; CCT, central corneal thickness.

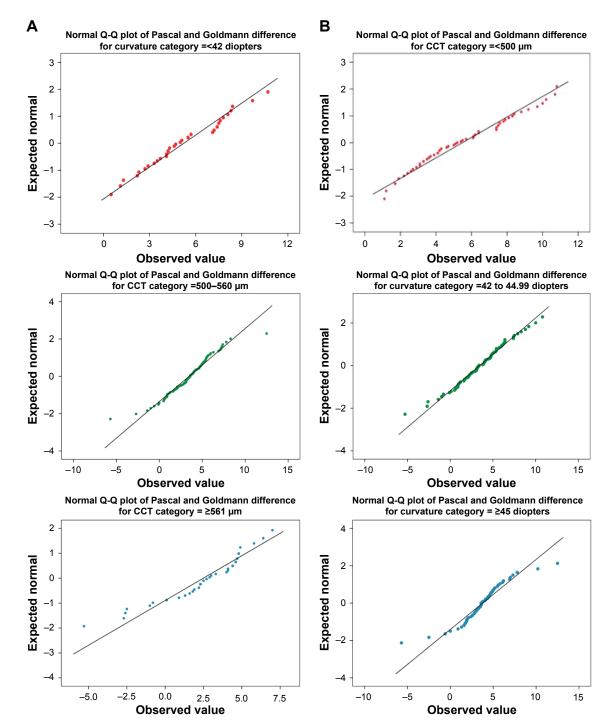


Figure 5 Pascal and Goldmann difference: normal Q-Q probability plots by level of CCT and level of mean corneal curvature.

Notes: (A) Analysis by level of CCT and (B) analysis by level of mean curvature.

Abbreviation: CCT, central corneal thickness.

Table 6 Difference between Pascal and Goldmann measurements: basic statistical measures by mean curvature level

Pascal and Goldmann difference								
Mean curvature	N	Mean	SD	SE	95% CI for mean			
					Lower	Upper		
Curvature <42.00	34	5.2265	2.53441	0.43465	4.3422	6.1108		
Curvature 42.00-44.99	88	3.4534	2.92598	0.31191	2.8335	4.0734		
Curvature ≥45	59	3.7627	2.67136	0.34778	3.0666	4.4589		
Total	181	3.8873	2.83741	0.21090	3.4711	4.3035		

Abbreviations: SD, standard deviation; SE, standard error; CI, confidence interval.

flat corneal curvature (<42 D) and lower in eyes with mean curvature between 42 and 45 D (3.45) and curvature >45 D (3.76). It seems that applanation of a flatter cornea can drastically change IOP readings compared to conforming the cornea, which does not influence IOP measurements. In contrast to other studies results, we conclude that flat corneal curvature (<42 D) influences the accuracy of GAT measurements.<sup>28–30</sup>

To recapitulate, our study, in line with several other studies, demonstrates the limits of GAT in IOP measurements. As expected, we found significantly positive correlation between CCT and IOP measurements using the GAT. Likewise, GAT measurements were influenced by flat corneas. On the other hand, Pascal DCT measurements seem unaffected by corneal biomechanical properties.

### Conclusion

Considering the fact that post-refractive-surgery patients with glaucoma or ocular hypertension will become more frequent within the near future, the need for accurate IOP measurements will arise. Since DCT performs more independently of the corneal characteristics than GAT, it may be adequate as a new gold standard.

## **Disclosure**

The authors alone are responsible for the content and preparation of this manuscript. The authors report no conflicts of interest in this work.

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