**18F-fluorodeoxyglucose maximal standardized uptake value and metabolic tumor burden are associated with major chemotherapy-related tumor markers in NSCLC patients**

**Objective:** Metabolic activity and tumor burden are significant for prognosis and metastasis of non-small cell lung cancer (NSCLC), including maximum standardized uptake value (SUV\(_{\text{max}}\)), metabolic tumor volume (MTV), and total lesion glycolysis (TLG). Chemotherapy resistance is a great challenge for treating NSCLC patients and is also closely related with several biomarkers such as eidermal growth factor receptor (EGFR), p53, and excision repair cross-complementing group 1 protein (ERCC1). Our purpose was to determine the correlation between positron emission tomography/computed tomography (PET/CT) parameters and tumor markers-related chemotherapy resistance in NSCLC.

**Methods:** Forty-six NSCLC chemotherapy-naïve patients were enrolled. The SUV\(_{\text{max}}\), MTV, and TLG were calculated by PET/CT imaging, and expression of EGFR, p53, and ERCC1 were analyzed by immunohistochemistry on tissues. SUV\(_{\text{max}}\), MTV, and TLG compared for their performance in predicting the expression of EGFR, p53, and ERCC1 were illustrated with statistical analysis.

**Results:** SUV\(_{\text{max}}\) was significantly correlated with p53 expression (P=0.001), and MTV and TLG were significantly associated with ERCC1 (P=0.000; P=0.000). Furthermore, multiple stepwise regression analysis revealed that SUV\(_{\text{max}}\) was the primary predictor for p53, MTV and TLG was the primary predictor for ERCC1. SUV\(_{\text{max}}\) had a sensitivity of 91% and specificity of 50% for the detection of p53 positive. The sensitivities of MTV and TLG were 83% and 80%, and specificities were 69% and 75% for the detection of ERCC1 positive, respectively. When we suggested p53 or ERCC1 positive, the cutoff value of SUV\(_{\text{max}}\), MTV, and TLG were 7.68, 23.62, and 129.65 cm\(^3\), respectively.

**Conclusion:** SUV\(_{\text{max}}\), MTV, and TLG were closely associated with p53 and ERCC1 expression. Therefore, 18F-fluorodeoxyglucose PET/CT could be a new way of predicting p53 or ERCC1-related chemotherapy effect in NSCLC patients with more convenience.

**Keywords:** non-small cell lung cancer, tumor markers, 18F-fluorodeoxyglucose, total lesion glycolysis, metabolic tumor volume, maximal standardized uptake values

**Introduction**

Lung cancer causes almost 1.38 million deaths a year worldwide, and nearly 85% are represented by non-small cell lung cancer (NSCLC).\(^1\) Chemotherapy is the most important treatment for NSCLC patients, not only for early-stage patients who have been operated as adjuvant, but also for patients with advanced disease who cannot undergo surgery.\(^2\) The combination of cisplatin and gemcitabine...
or vinorelbine or paclitaxel is a standard first-line chemotherapy regimen for advanced NSCLC patients with significant therapeutic effect, but due to the emergence of chemotherapy resistance, many NSCLC patients have a poor prognosis and short survival time.\textsuperscript{13–15} Therefore, early diagnosis and effective therapy are two main areas which deserve more attention.

Increasing evidence have suggested the concept that some molecular markers, including epidermal growth factor receptor (EGFR), p53, and excision repair cross-complementing group 1 protein (ERCC1), are associated with chemotherapy resistance in NSCLC,\textsuperscript{5–7} and some efforts have shown potential for the identification of clinical treatment for NSCLC patients, especially the prognosis of platinum-based chemotherapy resistance-related patients.\textsuperscript{8} As a means of optimizing patient care, identification of novel imaging biomarkers could be useful for designing clinical antineoplastic protocols and prediction of chemotherapeutic effects.

\textsuperscript{18}F-fluorodeoxyglucose (\textsuperscript{18}F-FDG) positron emission tomography/computed tomography (PET/CT) is a noninvasive diagnostic tool that mainly reflects both pathological and metabolic changes of biological characteristics. It has been used for diagnosis of solid tumors, treatment response monitoring, and tumor staging. In addition, there is accumulating evidence for metabolic parameters, such as standardized uptake value (SUV) measured by \textsuperscript{18}F-FDG PET, which are associated with prognosis.\textsuperscript{9} There is a growing recognition of the volume-based metabolic parameters, including metabolic tumor volume (MTV) and total lesion glycolysis (TLG), which have been used as measures of metabolic tumor burden, as promising quantitative PET indices.\textsuperscript{10–12} Recently, several studies found that MTV and TLG acted as important independent prognostic factors for survival and predicted survival more accurately than maximum standardized uptake value (SUV\textsubscript{max}).\textsuperscript{13–15} It has been reported that MTV and TLG predicted overall survival and recurrence-free survival better than pathological tumor burden (tumor size) and metabolic activity (SUV\textsubscript{max}) in resected pancreatic cancer.\textsuperscript{16} However, there is still insufficient knowledge about the relationship between the SUV\textsubscript{max}, MTV, and TLG and the expression levels of some biomarkers, which were the chemotherapy-resistant tumor markers, such as EGFR, p53, and ERCC1, in NSCLC. It is important for the planning of therapeutic strategy to clarify the relationship of these molecular markers with noninvasive \textsuperscript{18}F-FDG PET/CT. Hence, we hypothesized that SUV\textsubscript{max}, MTV, and TLG had close relationship with chemotherapy-resistant tumor markers (EGFR, p53, and ERCC1); furthermore, these parameters could be the predictors for p53, and ERCC1-positive, then serve as a tool to predict some specific chemotherapy curative effect for planning the individualized therapeutic strategy.

**Patients and methods**

**Patients**

Forty-six chemotherapy-naïve patients with pathologically diagnosed NSCLC at the cancer center of the First Affiliated Hospital of Xi’an Jiaotong University from January 2013 to December 2014 were enrolled. All the patients with intact materials received \textsuperscript{18}F-FDG PET/CT before biopsy or operation. The study protocol was approved by the Ethics Committee of Xi’an Jiaotong University and complied with the Declaration of Helsinki. Written informed consent was obtained from each enrolled patient for the use of excised tissue and medical imaging data.

All lung tumor samples were paraffin-embedded for the analysis of immunohistochemistry (IHC) and were reviewed for histological type and graded by two pathologists blinded to PET/CT results. The pathological patterns were determined by the World Health Organization (WHO) criteria. Clinical stage was classified according to the tumor-node-metastasis staging system in 2011.

**PET/CT image and analysis**

Patients fasted for 6 h prior to whole-body FDG PET/CT images that were acquired using a PET/CT system (GEMINI 64TF, Philips, Cleveland, USA). Emission scans were initiated 40 min following nearly simultaneous intravenous administration of FDG (3.7 MBq/kg). Coregistered images were displayed by means of SYNTegra software (Philips Medical Systems, Cleveland, OH, USA).\textsuperscript{17}

The metabolically active part of the tumor was described by an automatic algorithm based on threshold of 2.5. Volume of interest (VOI) definition and VOI analysis were performed by two nuclear physicians in a blinded manner. The result of the automatic delineation was corrected manually if non-tumor parts were included in the tumor volume. The results were described by SUV\textsubscript{max}, SUV\textsubscript{mean}, the MTV (MTV = VOI volume), and the TLG (TLG = MTV × SUV\textsubscript{mean}) according to VOI. The SUV was calculated with respect to total body weight according to the formula:

\[
\text{SUV} = \frac{\text{Tumor activity concentration}}{\text{Injected dose/body weight}}
\]

**Immunohistochemical analysis**

Protein expressions of EGFR, p53, and ERCC1 were evaluated on representative full sections of biopsy samples using

Intensity of staining was scored as the following: 0 (no staining), 1 (weak staining), 2 (intermediate staining), and 3 (strong staining). The percentage of positive cells was scored as following: 0 (0%), 1 (1%–9%), 2 (10%–49%), and 3 (50%–100%) for ERCC1 and p53. For EGFR, it was 0 (0%), 1 (1%–9%), 2 (10%–25%), and 3 (>25%). According to the product of intensity staining score and percentage of positive cells score, IHC score from 0 to 9 was defined.\textsuperscript{18,19} IHC score, which was ≥1, was defined as positive expression. The slides were evaluated by two observers who had no knowledge of the corresponding clinical and pathological data. Observing nucleus and/or cytoplasm staining for p53 and ERCC1, and cell membrane and/or cytoplasm staining for EGFR were considered positive staining (Figure 1).

Statistical analysis

The data are shown as mean ± standard error of the mean. Student’s t-test was used to test the difference in the groups of age, gender, pathological type, EGFR positivity, p53 positivity, and ERCC1 positivity. One-way analysis of the variable was used to test the difference in the groups of tumor differentiation and clinical stage. Pearson correlation analysis was used to determine the relationship between different parameters, and the value of “R” was considered as following: 0.8–1.0, highly strong correlation; 0.6–0.8, strong correlation; 0.4–0.6, moderate correlation; 0.2–0.4, weak correlation; and 0.0–0.2, no correlation. Multiple stepwise regression analysis was performed to find the primary predictor for EGFR, p53, and ERCC1. Receiver operating characteristics (ROC) curve analysis was used to explore sensitivity and specificity for SUV\textsubscript{max}, MTV, and TLG with the certain chemotherapy resistance-related biomarkers, and evaluated the optimal cutoff values for SUV\textsubscript{max}, MTV, and TLG ratio.\textsuperscript{20,21} All tests of significance were two-sided; \( P<0.05 \) was considered significant. The Statistical Package for the Social Sciences software p (version 20.0, IBM Corporation, Armonk, NY, USA) was used for all statistical analyses.

Results

Clinical characteristics

The demographic and clinical characteristics of the patients are summarized in Table 1. The patients’ age ranged from 41 to 80 years (median age 63 years). There were 29 males (median age 63 years) and 17 females (median age 63 years), and there was no difference between these two groups. There were two histological types, one was adenocarcinoma (n=32), and the other was squamous cell carcinoma (n=14). No significant difference in SUV\textsubscript{max}, MTV, and TLG of the groups with different age, gender, tumor type, and clinical stage was observed. But in tumor differentiation, we found that significant difference in the SUV\textsubscript{max}, MTV, and TLG of NSCLC with different tumor differentiation (Table 1 and Figure 2).

Different biomarkers in SUV\textsubscript{max}, MTV, and TLG

The positive expressions of EGFR, p53, and ERCC1 were 63.0%, 47.8%, and 65.2% in NSCLC. Furthermore, the results showed that higher SUV\textsubscript{max} was associated with positive expression levels of p53 and ERCC1. In addition, MTVs of EGFR-positive and ERCC1-positive patients were higher than in EGFR-negative and ERCC1-negative patients and TLG in ERCC1-positive patients was higher than in ERCC1-negative patients (Figure 3). Therefore we hypothesized that these chemotherapy-related biomarkers and related changes

Figure 1

Representative images of immunohistochemistry.

Notes: (A) EGFR, (B) p53, and (C) ERCC1. (magnification, ×400).

Abbreviations: EGFR, epidermal growth factor receptor; ERCC1, excision repair cross-complementing group 1 protein.
in signaling pathways might cause aberrant tumor uptake of FDG and glucose metabolism in NSCLC cells.

The correlation analysis between $^{18}$F-FDG PET/CT parameters and tumor biomarkers

As far as we know, the association between indicators of $^{18}$F-FDG PET/CT parameters and chemotherapy-related tumor biomarkers is still unknown. Table 2 demonstrates the correlation analysis among these factors by Pearson correlation coefficient. Surprisingly, the results showed that SUV$_{\text{max}}$ was significantly linearly correlated with p53 IHC score and ERCC1 IHC score, and the relevant Pearson correlation coefficient was 0.473 and 0.333, respectively, so we thought SUV$_{\text{max}}$ more closely related to p53 than ERCC1, with which it has a moderate intensity correlation (Figure 4A). Moreover, MTV was significantly correlated with ERCC1, and TLG had a significant association with ERCC1, with which it has a moderate intensity correlation. Further, we performed the multiple stepwise regression analysis to determine which PET parameter is the primary predictor for tumor biomarker.

The primary predictor for tumor biomarkers

The multiple stepwise regression model was used to confirm which PET parameters is the primary predictor for tumor biomarker. The results of analysis showed that SUV$_{\text{max}}$ is the primary predictor for p53 IHC score, MTV and TLG are the primary predictors for ERCC1 IHC score; furthermore, the value of SUV$_{\text{max}}$ might represent the p53 level required to predict the clinical outcome of p53-related chemotherapy resistance. Similarly, the MTV and TLG reflected the level of ERCC1, thus the results indicated that MTV and TLG could be useful in predicting clinical outcome of ERCC1-related chemotherapy resistance (Table 3).

To compare the performance of PET parameters for predicting biomarker-related chemotherapy resistance, receiver operating characteristics curve analysis was performed. All NSCLC patients were separated into p53-positive versus p53-negative; ERCC1-positive versus ERCC1-negative. The optimal threshold for SUV$_{\text{max}}$ was 7.68, which resulted in a sensitivity of 91% and specificity of 50% with p53-positive (Figure 5A). The optimal threshold for MTV was 23.62 cm$^3$, which resulted in a sensitivity of 83% and a specificity of 95.6% with ERCC1-positive (Figure 5B). The

| Table 1 Characteristics of the patients with SUV$_{\text{max}}$, MTV, and TLG (mean ± SEM) |
|-----------------|-----------------|-----------------|-----------------|
| Factor          | All patients (N=46) | SUV$_{\text{max}}$ | MTV (cm$^3$)    | TLG (cm$^3$)    |
| Age (years)     |                 |                 |                 |                 |
| <60             | 17              | 11.32±1.13      | 90.13±24.72     | 517.48±180.66   |
| ≥60             | 29              | 11.00±1.18      | 58.53±15.28     | 387.03±109.18   |
| Gender          |                 |                 |                 |                 |
| Male            | 29              | 11.09±0.96      | 70.98±15.70     | 488.04±123.19   |
| Female          | 17              | 9.43±0.88       | 68.89±24.73     | 399.17±154.77   |
| Tumor differentiation |           |                 |                 |                 |
| Well            | 4               | 6.22±0.95       | 5.63±1.82       | 19.77±7.67      |
| Moderate        | 19              | 9.96±0.82       | 44.29±7.67      | 244.14±49.02    |
| Poor            | 23              | 12.92±1.44*     | 102.85±24.02*** | 705.28±172.50***|
| Tumor type      |                 |                 |                 |                 |
| Adenocarcinoma  | 32              | 11.00±1.10      | 59.69±14.59     | 356.71±94.28    |
| Squamous cell carcinoma | 14 | 11.38±1.25 | 94.26±28.10 | 680.31±223.40   |
| Clinical stage  |                 |                 |                 |                 |
| I               | 6               | 8.52±2.09       | 16.91±6.28      | 87.96±39.77     |
| II              | 4               | 10.39±1.85      | 78.18±42.76     | 508.09±363.48   |
| III             | 20              | 11.26±1.12      | 70.12±19.66     | 463.66±142.93   |
| IV              | 16              | 12.12±1.79      | 88.32±26.93     | 569.20±95.61    |

Notes: *P<0.05; **P<0.01.
Abbreviations: MTV, metabolic tumor volume; SEM, standard error of the mean; SUV$_{\text{max}}$, maximum standardized uptake value; TLG, total lesion glycolysis.
FDG parameters are related with chemo-related markers in NSCLC patients

Figure 2: Clinical characteristic differences of SUV\textsubscript{max}, MTV, and TLG.

Notes: The SUV\textsubscript{max} differences among the patients of different (A) age, gender, and tumor type, (D) differentiation and clinical stage. The MTV differences in different (B) age, gender, and tumor type, (E) differentiation and clinical stage. The TLG differences in different (C) age, gender, and tumor type, (F) differentiation and clinical stage. \(^*P<0.05; ~**P<0.01.\)

Abbreviations: MTV, metabolic tumor volume; SUV\textsubscript{max}, maximum standardized uptake value; TLG, total lesion glycolysis.
optimal threshold for TLG was 129.65, which resulted in a sensitivity of 80% and a specificity of 75% with ERCC1-positive (Figure 5C). The results showed that the cutoff value of SUV\textsubscript{max} was used to predict the p53-positive tumor cells with higher sensitivity and lower specificity in NSCLC. This might come from the moderate-intensity correlation between them; compared to MTV, the cutoff value of TLG represented the ERCC1-positive with higher sensitivity and specificity. So the TLG was the best predictor for ERCC1-positive to evaluate the ERCC1-related chemotherapy resistance in our study.

In former studies, SUV\textsubscript{max} > 2.5 was often used as a cutoff value for malignancy. But in resected NSCLC patients with metastasis to lymph nodes, the best cutoff value of SUV\textsubscript{max} is > 5 with optimized diagnosing sensitivity and specificity. In our research, the best cutoff value of SUV\textsubscript{max} was 7.675, which is > 5. In other studies, various cutoff SUV\textsubscript{max} values have been used, ranging from 2.5 to 7. It is difficult to define an arbitrary cutoff value due to differences in patient characteristics, research purposes, use of protocols, and many other factors in studies mentioned earlier.

**Discussion**

\(^{18}\)F-FDG PET/CT, one of the currently available noninvasive imaging methods, has been widely used in a variety of cancers for diagnosis, monitoring treatment response, and as a prognostic marker, especially SUV\textsubscript{max}, MTV, and TLG. However, the relationship between chemotherapy-resistance and \(^{18}\)F-FDG accumulation has not yet been elucidated. In addition, some researchers reported that the high expressions of EGFR, p53, and ERCC1 were the predictors for some chemotherapy
Table 3 Multiple stepwise regression analysis of primary predictor for $\text{SUV}_{\text{max}}$, MTV, and TLG

<table>
<thead>
<tr>
<th>Dependent variable</th>
<th>Predictor</th>
<th>Model</th>
<th>$R$</th>
<th>$R^2$</th>
<th>Adjusted $R^2$</th>
<th>SE of the estimate</th>
<th>Change statistics</th>
<th>Sig $F$ change</th>
</tr>
</thead>
<tbody>
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<td>$\text{SUV}_{\text{max}}$</td>
<td>p53</td>
<td>MSR</td>
<td>0.473</td>
<td>0.224</td>
<td>0.206</td>
<td>5.109</td>
<td>0.224</td>
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<td>MTV</td>
<td>ERCC1</td>
<td>MSR</td>
<td>0.667</td>
<td>0.445</td>
<td>0.433</td>
<td>67.977</td>
<td>0.445</td>
<td>35.329</td>
</tr>
<tr>
<td>TLG</td>
<td>ERCC1</td>
<td>MSR</td>
<td>0.712</td>
<td>0.507</td>
<td>0.496</td>
<td>460.348</td>
<td>0.507</td>
<td>45.288</td>
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</tbody>
</table>

Abbreviations: df, degrees of freedom; ERCC1, excision repair cross-complementing group 1 protein; MSR, multiple stepwise regression; MTV, metabolic tumor volume; SE, standard error; Sig, significant; $\text{SUV}_{\text{max}}$, maximum standardized uptake value; TLG, total lesion glycolysis.
MTV and TLG were closely related to ERCC1 expression by Pearson correlation analysis, compared with MTV, TLG had a higher correlation coefficient, so TLG was the best predicting factor for the ERCC1 expression in our research. The earlier findings show that TLG could be used to represent ERCC1 expression status and to predict the ERCC1-related chemotherapy sensitivity. So our findings prove that TLG can be used to represent ERCC1 expression status to predict the ERCC1-related chemotherapy sensitivity.

The reason that we think TLG is much better than MTV and SUV for evaluating chemotherapy response, is that MTV is the product of mean SUV and MTV, and it combines the volumetric and metabolic information of FDG. Some previous research also supported this view, as compared to MTV, the value of TLG for solid tumor was proved in many different types of tumors, such as those from nasopharyngeal cancer, endometrial cancer, pancreatic cancer, and so on. In our research, we found that the more malignant the tumor was, the higher metabolic rate it had, and could secrete more ERCC1. This reason could explain why ERCC1 expression was closely related to TLG in NSCLC patients. Furthermore, we found that the correlation between p53 expression and SUV\textsubscript{max} was much weaker than the correlation between ERCC1 and TLG in NSCLC patients. The reason could be that compared with SUV\textsubscript{max}, TLG is a more comprehensive indicator as TLG reflects tumor volume and metabolic activity. Previous studies have shown that overexpression of EGFR influenced the sensitivity of NSCLC cells to chemotherapy drugs. Blockage of EGFR can improve the activity of chemotherapy drugs, such as cisplatin, adriamycin, and etoposide. Other studies have shown that NSCLC patients with EGFR overexpression usually had a poor remission rate after chemotherapy. In the past few years, the relationship between SUV\textsubscript{max} and EGFR has been demonstrated. In invasive lobular carcinoma, Jung et al found that the SUV\textsubscript{max} in EGFR-positive tumor cells was higher than EGFR-negative cells but there was no correlation between SUV\textsubscript{max} and EGFR expression in esophageal cancer specimens. In our study, we found that there was no relationship between EGFR expression and SUV\textsubscript{max}, MTV, and TLG in NSCLCs; our findings suggested that \textsuperscript{18}F-FDG PET/CT is not suitable for predicting the treatment outcome of EGFR-related chemotherapy resistance and evaluating the therapeutic effect of anti-EGFR targeted therapy for NSCLCs.

Our study on the 46 NSCLC patients is the first to report that SUV\textsubscript{max}, MTV, and TLG of \textsuperscript{18}F-FDG PET/CT might be a predicting parameter for some chemotherapy-resistant NSCLCs, especially for the p53- or ERCC1-related chemotherapy sensitivity. p53-related poor prognosis and chemotherapy resistance might be the most relevant parameter for SUV\textsubscript{max} and ERCC1 might be the most relevant parameter for TLG. In addition, we innovatively set the cutoff value of SUV\textsubscript{max} and TLG, respectively, at 7.68 and 129.65 cm\textsuperscript{3} with the optimal sensitivity and specificity to estimate the positive expressions of p53 and ERCC1; thus our results could be used as clinical applications to design chemotherapy regimens and predict the poor prognosis and chemotherapy response for NSCLCs. Our research results show that \textsuperscript{18}F-FDG PET/CT could be a good, simple, and noninvasive method to
evaluate the effects of p53 and ERCC1-related chemotherapy response, and these results may be helpful for clinical doctors when making therapeutic decisions.

Limitations
However, we acknowledge that our study has several shortcomings. First, the nature of data collection was from a single center. Second, this was a retrospective study with a relatively small sample. Third, multiple biomarkers and PET/CT-related parameters should be combined to predict the curative effects and prognoses because of the complexity of NSCLC chemotherapy resistance. Therefore, it was risky to use p53 and ERCC1 as the biomarkers for chemotherapy resistance in NSCLC, not to mention using SUV\textsubscript{max} and TLG of $^{18}$F-FDG PET/CT to represent p53 and ERCC1 for evaluating the effect of the treatment. In order to really apply the SUV\textsubscript{max} and TLG in the clinical settings, a larger, multicenter prospective randomized study, which uses standardized protocols, should be validated in a larger sample before being used in clinical practice.

Conclusion
PET/CT parameters (SUV\textsubscript{max}, MTV, and TLG) were associated with the expressions of p53 and ERCC1. The expression of p53 was the primary predictor for SUV\textsubscript{max}, and the expression of ERCC1 was the primary predictor for SUV\textsubscript{max}, which was better than MTV. Therefore, PET/CT could be considered as a new way for predicting the p53- and ERCC1-related chemotherapy response in NSCLC patients. These promising imaging parameters need larger prospective multicenter studies with standardization and validation.

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Disclosure
The authors report no conflicts of interest in this work.

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