

# Combination of cold atmospheric plasma and iron nanoparticles in breast cancer: gene expression and apoptosis study

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**Background:** Current cancer treatments have unexpected side effects of which the death of normal cells is one. In some cancers, iron nanoparticles (NPs) can be subjected to diagnosis and passive targeting treatment. Cold atmospheric plasma (CAP) has a proven induction of selective cell death ability. In this study, we have attempted to analyze the synergy between CAP and iron NPs in human breast adenocarcinoma cells (MCF-7).

**Materials and methods:** In vitro cytotoxicity of CAP treatment and NPs in cells measured by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay and cell death was shown by 4',6-diamidino-2-phenylindole and annexin V staining. Fluctuations in *BAX* and *BCL-2* gene expression were investigated by means of real-time polymerase chain reaction.

**Results:** MTT assay results showed that combination of plasma and iron NPs decreased the viability of cancer cells significantly ( $P < 0.05$ ). Real-time analysis showed that the combination therapy induced shifting the *BAX/BCL-2* ratio in favor of apoptosis.

**Conclusion:** Our data indicate that synergy between CAP and iron NPs can be applied in breast cancer treatment selectively.

**Keywords:** breast cancer, cold atmospheric plasma, iron nanoparticles, *BAX*, *BCL-2*

## Introduction

All current cancer treatments, such as chemotherapy, radiotherapy, hormonal therapy, immunotherapy, and surgery, are expensive and nonselective with side effects.<sup>1,2</sup> Recently, the use of cold atmospheric plasma (CAP) and nanotechnology has been highly regarded.<sup>3,4</sup> Plasma is an ionized gas that contains numerous positive and negative ions, electrons, free radicals, and reactive molecules.<sup>5</sup> Nonthermal plasma known as CAP was derived from electric discharge of plasma.<sup>2,6</sup> CAP is not thermodynamically stable as distinguished by high electron temperature but very low gas temperature.<sup>2</sup> CAP is derived from inert gases such as argon and helium; when a gas such as oxygen is added to this combination, the active species including reactive oxygen species (ROS) and reactive nitrogen species increase. CAP has considerable characteristics of changing the intracellular biochemical signaling without electrical and thermal damages on the cells, which makes it adequately acceptable in biological and medicinal applications.<sup>7-10</sup> Induction of growth arrest in cancer cells is one of the most important applications of CAP that more or less acts selectively on cancer cells.<sup>11</sup> Recently, in cancer treatments, iron oxide nanoparticles (NPs) are also applied as a heating agent (or medium) in the presence of a magnetic

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field alternatively.<sup>1,12–17</sup> Apoptosis as a cell death may be modulated by programmed control mechanisms and plays an important role in the development and differentiation of various organisms.<sup>18</sup> BCL2 family proteins that are located on the outer membrane of mitochondria play anti- or pro-apoptotic roles in mitochondrial apoptosis pathways.<sup>19</sup> Sensitivity of cells versus death signal is determined by the ratio between pro-apoptotic molecules (eg, *BAX*) and anti-apoptotic molecules (eg, *BCL-2*).<sup>20</sup> Some novel studies have attempted to use NPs for enhancement of CAP effect. Shahmirani et al showed that the death of colon cancer cells which were treated by CAP for 180s and gold NPs increased significantly.<sup>2</sup>

The aim of this study was to investigate the synergistic effects of CAP and iron oxide ( $\text{Fe}_2\text{O}_3$ ) NPs on cell viability, apoptosis, and messenger RNA (mRNA) expression levels of *BAX* and *BCL-2* genes in breast cancer (MCF-7) human cell line.

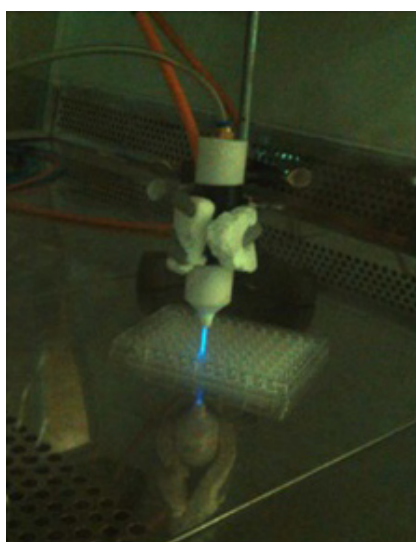
## Materials and methods

### Materials

#### Plasma source

The plasma jet device primarily consisted of an insulating shield made of pyrex tube through which the inert gas such as helium (99.99%) was injected to carry a reactive gas (5% oxygen) (Figure 1).

RNA extraction solution easy-BLUE (Total RNA Extraction Solution) was purchased from Intron Biotechnology (Gyeonggi-do, Republic of Korea), according to the manufacturer's protocol (INTRON, cat17061). Complementary



**Figure 1** Experimental setup of CAP.

**Abbreviation:** CAP, cold atmospheric plasma.

DNA (cDNA) synthesis was performed using Revert Aid TM First-Strand cDNA Synthesis Kit (ABI, cat4368814) according to the manufacturer's instruction (Thermo Fisher Scientific, Waltham, MA, USA). Real-time polymerase chain reaction (RT-PCR) kit was supplied by Takara (Otsu, Japan). The human breast cancer cell lines (MCF-7) and human fibroblast (HF) primary cells were provided by the National Cell Bank Pasteur Institute (Tehran, Iran). Dulbecco's Modified Eagle's Medium (DMEM), fetal bovine serum (FBS), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), and 4',6-diamidino-2-phenylindole (DAPI) were provided by Thermo Fisher Scientific.

### Synthesis and characterization of iron NPs

Iron NPs were prepared by citrate reduction of  $\text{FeCl}_3 \cdot 3\text{H}_2\text{O}$  following the methods of Nigam et al.<sup>20</sup> First, 4.4 g of  $\text{FeCl}_3$  and 1.7 g of  $\text{FeCl}_2$  were mixed in 80 mL of water. After 30 minutes with fixed temperature at 70°C, 20 mL of ammonia solution was added immediately to the mixture and kept for another 30 minutes. Next, 4 mL of aqueous solution of citric acid (0.5 g/mL) was added, and the temperature was slowly increased consequently up to 90°C under reflux for 60 minutes; when the mixture degree reached room temperature, the black colored precipitates were rinsed with water. Iron NPs used in medical applications have an average diameter of 50 nm and a negative surface charge. The iron NP sample was diluted before measurement by a light scattering instrument (ZetasizerNanoZS; Malvern Instruments, Malvern, UK).<sup>21</sup>

### Cell culture and in vitro cytotoxicity study

Human breast cancer cells (MCF-7) and HF cells were obtained from the cell bank of Pasteur Institute of Iran. The MCF-7 cells and HF cells were cultured separately in high-glucose DMEM (Thermo Fisher Scientific) with 10% (v/v) FBS and 1% penicillin at 37°C in a 5%  $\text{CO}_2$  humidified atmosphere. Cell culture medium was refreshed at every 48 hours. When the cells arrived at an acceptable confluence, they were removed from the culture flasks by treatment with 0.25% trypsin/ethylenediaminetetraacetic acid solution. In this study,  $1 \times 10^4$  cells per well in 96-well plates were seeded for 24 hours. For plasma treatment, the nozzle of plasma was set 1.5 cm above the cell culture medium, and the cells were exposed to plasma radiation for 15 seconds, 30 seconds, and 45 seconds and then incubated for 24 hours.

The tests were carried out with three replicates, and an untreated well served as control.

The MCF-7 cells were treated with iron NPs at ten variable concentrations of 1.48–750 ppm, and the HF cells were tested with four variable concentrations. The least number of living cells that had been observed at 23 ppm, 45 ppm, 93 ppm, 187 ppm, and 375 ppm in cancer cells were treated with helium/oxygen plasma at variable times of 15 seconds, 30 seconds, and 45 seconds. Each well of 96-well cluster dishes was placed right under the nozzle and the experiment was carried out at room temperature.

To determine the viability of MCF-7 and HF cells, MTT assay was employed based on the mitochondrial conversion of the tetrazolium salt, MTT. The cells were trypsinized and resuspended in DMEM–10% FBS, counted, and seeded at a concentration of  $1 \times 10^4$  cells for MCF-7 and HF cells per 96 wells. Then the cultured and attached cells were treated with plasma and iron NPs for different times and continuously cultured for 24 hours. After 24-hour incubation, the medium was removed from each well and 100  $\mu$ L of the culture medium comprising 20  $\mu$ L of MTT reagent (5 mg/mL) was added to each well and incubated for 4 hours at 37°C. After this incubation period, 100  $\mu$ L of dimethyl sulfoxide was added for dissolving the formazan, and the optical density of each well was measured at 570 nm using an ELISA plate reader (ELx800; BioTek Instruments, Inc., Winooski, VT, USA).

## Real-time quantitative PCR analysis: RNA extraction

The MCF-7 breast cancer and HF cells at a density of  $1 \times 10^5$  cells/mL were seeded into 6-well plates and incubated for 24 hours. Afterward, the cells were treated by plasma, iron oxide NPs, and plasma–iron NPs. Then, the cells were cultured for 24 hours, and the total cellular RNA was extracted from treated and untreated cells using Trizol reagent (easy-BLUE Total RNA Extraction Solution) purchased from Intron Biotechnology, Korea, according to the manufacturer's protocol (INTRON, cat17061). cDNA synthesis was performed using Revert Aid TM First-Strand cDNA Synthesis Kit (ABI, cat4368814) according to the manufacturer's instruction (Thermo Fisher Scientific).

## Primer design

Oligonucleotide primers were designed using Primer premier v6 software (Thermo Fisher Scientific) and further analyzed by Gene Runner software. The sequence of primers for the PCR amplification of *BCL2* transcripts was (F: 5'-CGGAGGCTGGGATGCCTTTGT-3') and (R: 5'-CAAGCTCCCACCAGGGCCAAA-3'). Gene

expression levels for each sample were normalized to the expression levels of housekeeping gene encoding beta-2-microglobulin ( *$\beta 2M$* ) within a given sample.  *$\beta 2M$*  amplification was performed using specific primers (F: 5'-AGATGAGTATGCCTGCCGTG-3') and (R: 5'-GGCATCTTCAAACCTCCA-3').

## Real-time PCR

This reaction was performed by Rotor-Gene 6000 (Corbett Research, Sydney, Australia) using SYBR GREEN® (non-specific DNA-binding factors). To amplify the desired fragments, the following thermal cycling was used: –95°C for 30 seconds and then 45 cycles of 95°C for 5 seconds and 60°C for 30 seconds. The following temperature program was also applied for amplification: each RT-PCR was performed in duplicates with cDNA of three different cell cultures. The changes of gene expression of *BAX* and *BCL-2* compared with  *$\beta 2M$*  were normalized by LinReg software (Linreg version 2012.1, Amsterdam, the Netherlands). Expression levels of *BAX* and *BCL2* were determined by using the REST program (Relative Expression Software Tool).<sup>22</sup>

## Nuclear morphological analysis

The morphology of treated cancer cells was assessed by fluorescence microscopy after 24 hours of treatment. After implantation of the cells on the cover slip in a 6-well plate and after 24 hours of cell attachment, treated by plasma, iron oxide NPs, and plasma–iron NPs, the cells were washed twice in phosphate-buffered saline (PBS) 10× for 10 minutes. The cells were exposed to paraformaldehyde (4%) for 10 minutes and washed again in PBS 10× for 10 minutes. Then, the cells were treated with Triton-X 100 for 5 minutes, washed in PBS 1%, stained with DAPI for 5 minutes, and then washed twice in PBS 1% for 10 minutes. The cells were maintained in the dark before observation under a fluorescence microscope (Bell, INV-100FL).<sup>22</sup>

## Apoptosis study

For apoptosis study by flow cytometry, MCF-7 cells were seeded at  $1 \times 10^5$  for 24 hours. Then, the cells were treated by CAP for 30 seconds, iron NPs only, and combination of CAP/iron NPs. After 24 hours of incubation, the treated cells were trypsinized, washed with PBS, and suspended with binding buffer. Two microliters of annexin-V were added and incubated for 10 minutes in the dark. Stained cells were analyzed by flow cytometry (BD Biosciences, San Jose, CA, USA).

## Statistical analysis

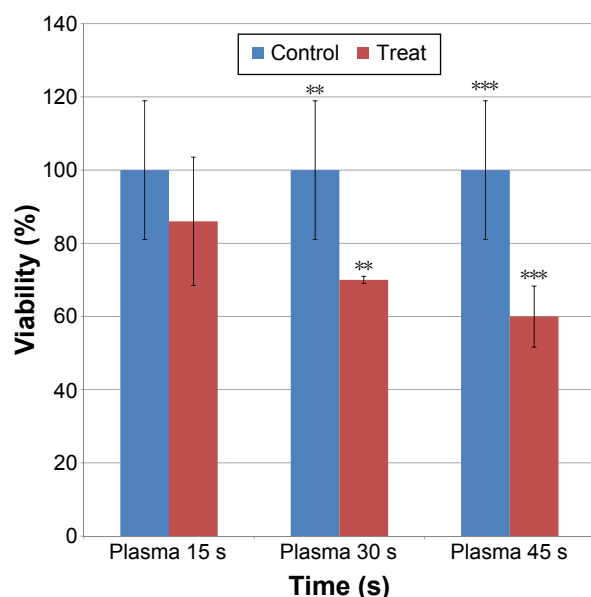
MTT and RT-PCR data analyses were carried out by one-way analysis of variance using SPSS 18, with  $P$ -value  $<0.05$ . For the RT-PCR data, the  $C_t$  and the average ratio of gene expression and correlation coefficient ( $R^2$ ) were determined before statistical calculation.

## Results

### Cell viability

The application of different concentrations of iron NPs and plasma treatment for various times showed a cytotoxicity effect on cancer cells after 24 hours. The MTT results showed a distinctive decrease in the number of viable MCF-7 cells, which were treated by plasma at 30 seconds ( $P<0.05$ ) and 45 seconds ( $P<0.001$ ) (Figure 2).

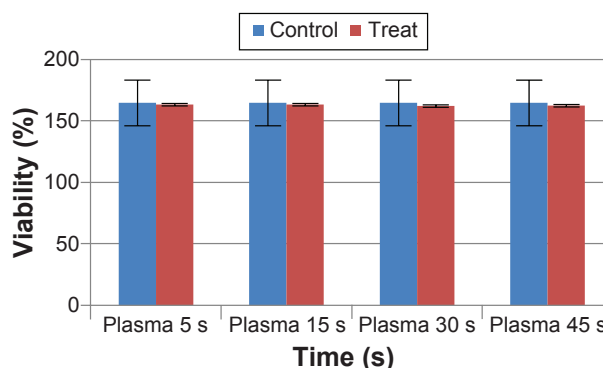
The plasma treatment of HF cells did not indicate significant reduction in cell proliferation after 24 hours ( $P>0.05$ ) (Figure 3). The MTT assay demonstrated that treatment with iron NPs at a concentration of 187.5 ppm had toxic effect on MCF-7 cells ( $P<0.05$ ) (Figure 4A) and no toxic effect on HF cells ( $P>0.05$ ) (Figure 4B). The results showed that treatment of MCF-7 cells with iron NPs in 187.5 ppm and then by CAP has considerable reduction in viable cells compared with single treatment with iron NPs or plasma (Figure 4C).



**Figure 2** Cell viability was determined by MTT assay and was expressed as a mean value  $\pm$  standard deviation of three separate experiments.

**Notes:** Exposure times: 15 seconds, 30 seconds, and 45 seconds,  $P<0.05$ . The test was performed by ANOVA that revealed a significant difference \*\*( $0.01<P<0.05$ ) and \*\*\*( $0<P<0.001$ ).

**Abbreviations:** MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; ANOVA, analysis of variance; s, seconds.



**Figure 3** Cell viability was determined by MTT assay and was expressed as a mean value  $\pm$  standard deviation of three separate experiments.

**Notes:**  $n=3$ , exposure times: 5 seconds, 15 seconds, 30 seconds, and 45 seconds.  $P<0.05$ .

**Abbreviations:** MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; s, seconds.

### Real-time PCR results

The expression of *BCL2* and *BAX* mRNAs in MCF-7 cultured cells is shown in Figure 5. *BCL-2* mRNA expression was suppressed in response to CAP treatment for 30 seconds and 45 seconds, whereas *BAX* mRNA expression was not altered.

In contrast, by combination therapy with iron NPs for 30 seconds at 187 ppm on MCF-7 cells, *BCL2* gene was noticeably downregulated in its expression level and the *BAX* gene was upregulated significantly.

### Apoptosis morphological changes

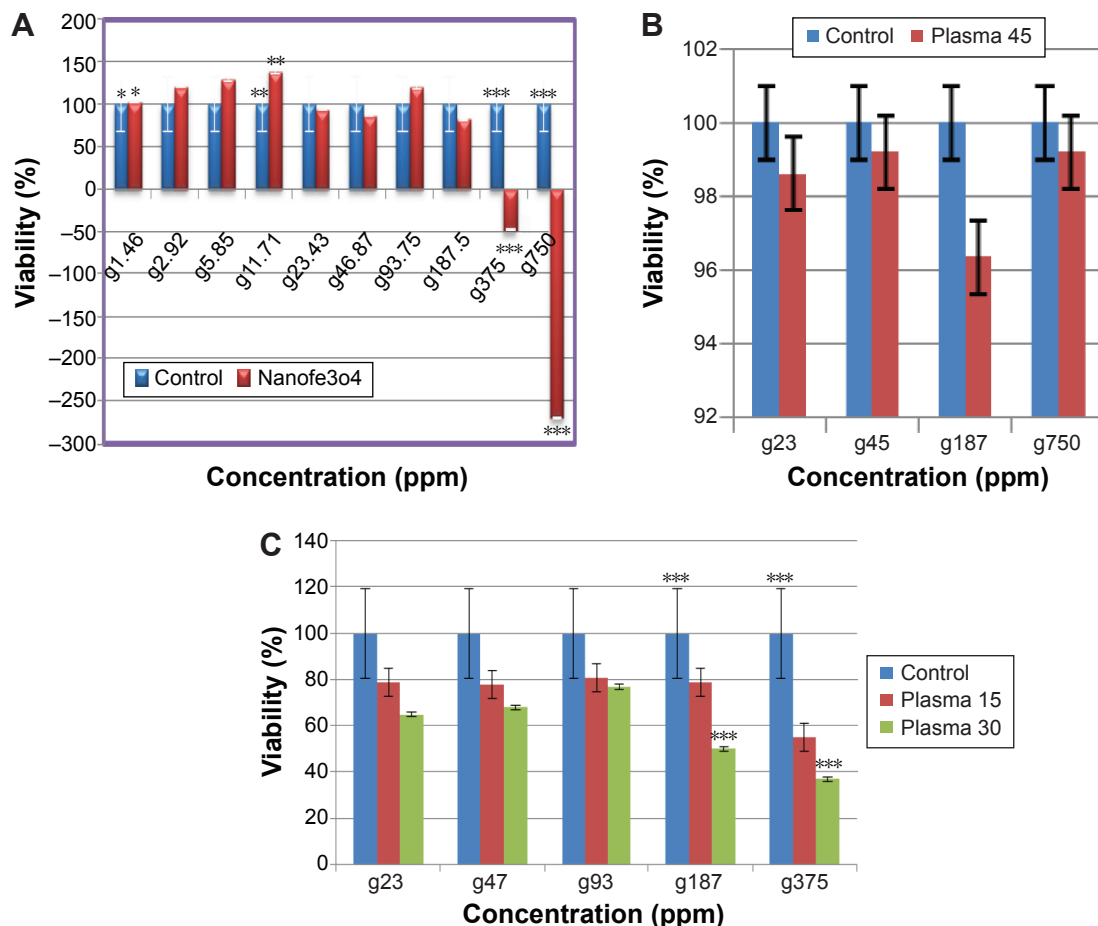
Nuclear morphological changes of MCF-7 cells after treatment with plasma for 30 seconds and 187.5 ppm and plasma-iron NPs were assessed to determine apoptotic process (Figure 6). The treated cells showed DNA fragmentation, a typical morphological feature of apoptosis.

### Apoptosis study

To confirm our results, we examined the effects of CAP and iron NPs on apoptosis in MCF-7 cells by annexin-V-fluorescein isothiocyanate. Results are shown in Figure 7. Exposure to 30-second CAP and iron NPs together led to higher annexin-V labeling than that in untreated cells, suggesting that cell death induced by CAP and iron NPs was due to apoptosis.

## Discussion

The main aim of this study was to evaluate cytotoxicity, apoptotic gene expression, apoptosis, and passive targeting in breast cancer cells (MCF-7) treated with CAP and iron NPs. In recent years, CAP has been used in a broad range of potential applications such as selective and target cancer therapy.<sup>23</sup>



**Figure 4** MTT test results after 24 hours.

**Notes:** (A) Cells were treated with iron NPs (50 nm) iron NPs in ten variable concentrations of 1.4–750 ppm. (B) HF cells were treated with iron NPs (50 nm) and plasma. (C) MCF-7 cells were treated with iron NPs (50 nm) and plasma.  $P < 0.05$ . Exposure times: 15 seconds and 30 seconds,  $P < 0.05$ . The test was performed by ANOVA that showed a significant difference \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

**Abbreviations:** MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; NPs, nanoparticles; ANOVA, analysis of variance; HF, human fibroblast.

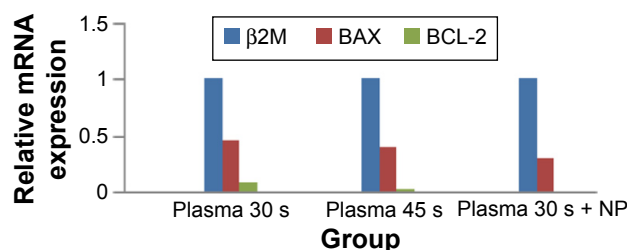
Our findings establish the efficacy of CAP in the treatment of breast cancer cells (MCF-7). CAP decreases metabolic activity and induces apoptosis in MCF-7 selectively. Kim et al<sup>11</sup> induced apoptosis in melanoma cells by cold plasma treatment. Plasma as an ionized gas contains ions and

electrons, free radicals, reactive molecules, and photons.<sup>24</sup> Hydroxyl radicals, anion superoxides, alkoxyls, and nitric oxides are radical species, and the nonradical species, for example, hydrogen peroxides, ozone, and singlet oxygen, are all reactive species that are generated by plasma.<sup>2</sup>

Cancer cells are totally sensitive to ROS that are produced by CAP. Recent studies, based on current hypotheses, indicate the important effects of reactive oxygen in plasma mechanism.<sup>6,22,25–28</sup>

Cancer therapy by applying plasma, which is generated just by helium gas, is not efficient as the percentage of active production is not sufficiently high for activation of apoptosis pathway; therefore, oxygen gas is added to helium gas for increasing the percentage of ROS of plasma.<sup>11–30</sup>

Our studies have shown that iron NPs of 50 nm and negative zeta potential have variable effects on MCF-7 and HF cells. This study indicated that iron NPs have dose-dependent and selective effects on cancer and normal cells.

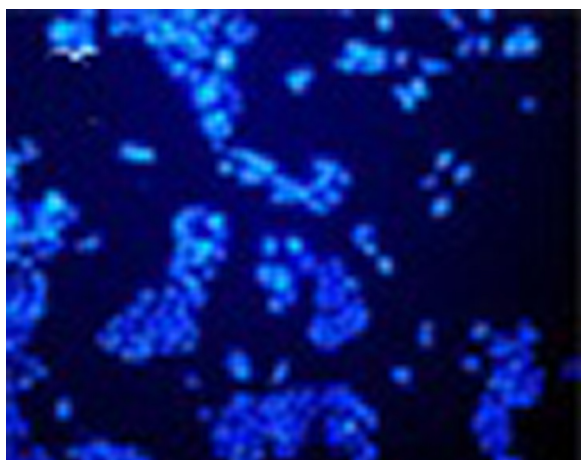


**Figure 5** Relative mRNA expression of BCL-2 and BAX assessed by quantitative RT-PCR.

**Notes:** Plasma treatment: BCL-2 is downregulated  $P = 0.030$  and BAX is not changed significantly  $P = 0.062$ ; plasma/NP treatment: BCL-2 is downregulated  $P = 0.013$  and BAX is not changed significantly  $P = 0.063$ ,  $n = 3$ .

**Abbreviations:** mRNA, messenger RNA; RT-PCR, real-time polymerase chain reaction; NP, nanoparticle; s, seconds.





**Figure 6** Photographic record of DAPI-stained apoptotic cells after plasma treatment of MCF-7 cells.

**Notes:** Exposure time: 30 seconds. Scale bar is 50  $\mu$ m.

**Abbreviation:** DAPI, 4',6-diamidino-2-phenylindole.

Thus, in low dose, they have proliferation effect on MCF-7 cells, but at high concentration, apoptosis effects as in HF cells show no toxicity effect.

As spherical iron NPs are suitable for monolayer cell culture and can easily enter the cells, iron NPs were employed in this study. NPs with this size selection were unable to pass the nuclear membrane, and thus they accumulated around the nucleus in the cytoplasm.<sup>2</sup> Iron NPs have been shown to increase intracellular ROS,<sup>21–29</sup> which indicates that iron NPs (50 nm) induced apoptosis in MCF-7 cells through an unknown mechanism. Shahmirani et al showed that the cell death increased in colon cancer cells by combined treatment of plasma and gold NPs that confirm our results. The exact molecular mechanism involved in inducing apoptosis in

cells by exposure to plasma is unclear.<sup>11</sup> Previous studies revealed that the expression level of *BCL-2* gene serves as a diagnostic biomarker in breast cancer. Gao et al<sup>31</sup> have shown high expression level of *BCL-2* gene in MCF-7 breast cancer cells at G1 phase, while *BAX* gene is not changed. In this study, the expression level of antiapoptotic *BCL-2* gene was significantly decreased in MCF-7 cells treated with CAP at 30 seconds, while the expression level of the proapoptotic *BAX* gene did not change. Therefore, we may conclude that plasma induces apoptosis through shifting the *BAX/BCL-2* ratio in favor of apoptosis. Yan et al<sup>19</sup> demonstrated that the plasma induces concomitant apoptosis in HepG2 cells by increasing the *BAX/BCL-2* ratio, which is accompanied by the upregulation of p53 tumor suppressor. In addition, the expression level of *BAX* gene was not changed in MCF-7 cells treated with iron NPs at 187.5 ppm. However, *BCL-2* expression level was decreased in iron NP-treated MCF-7 cells, which suggests that these NPs induce apoptosis through shifting the *BAX/BCL-2* ratio in favor of apoptosis.

Plasma destroys the cell membrane by modifying its permeability. Apoptosis is the last step of DNA damage, which results from cell membrane damage.<sup>29</sup> The death mechanism of cancer cells is strictly related to ROS concentrations.<sup>32</sup> In total, the cells are very different in their responses to plasma treatment. Cancer cells are more activated in metabolic system than others and are under increased oxidative stress, and hence cancer cells are demolished considerably in response to plasma.

## Conclusion

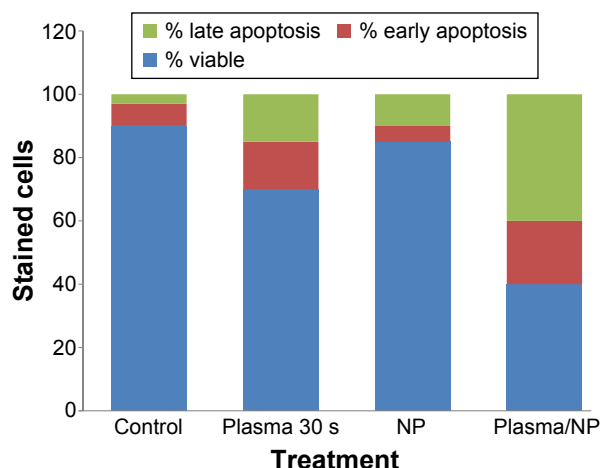
Investigating MCF-7 cells revealed increasing levels of cell death through an unknown mechanism by treating them with iron NPs at a concentration of 187 ppm and size of 50 nm and irradiated by plasma for 30 seconds. Cell death occurs as a consequence of increasing the production of ROS, which may temporarily enhance the permeability of cell membrane. By combining plasma and NPs, several benefits such as anticancer effect and diagnosis without any side effects on normal cells were observed.

## Disclosure

The authors report no conflicts of interest in this work.

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**Figure 7** Cell staining with annexin V for apoptosis study.

**Note:** Viable cells were decreased after combination therapy of CAP and NPs.

**Abbreviations:** CAP, cold atmospheric plasma; NPs, nanoparticles; s, seconds.

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