Sonidegib, a novel smoothened inhibitor for the treatment of advanced basal cell carcinoma

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Abstract: Basal cell carcinoma (BCC) is the most common nonmelanoma skin cancer. If left untreated, BCCs can become locally aggressive or even metastasize. Currently available treatments include local destruction, surgery, and radiation. Systemic options for advanced disease are limited. The Hedgehog (Hh) pathway is aberrantly activated in a majority of BCCs and in other cancers. Hh pathway inhibitors are targeted agents that inhibit the aberrant activation of the Hh pathway, with smoothened being a targeted component. Sonidegib is a novel smoothened inhibitor that was recently approved by the US Food and Drug Administration. This review focuses on BCC pathogenesis and the clinical efficacy of sonidegib for the treatment of advanced BCC.

Keywords: nonmelanoma skin cancer, Hedgehog pathway, clinical trials

Introduction

Basal cell carcinoma (BCC) is the most common nonmelanoma skin cancer.¹ BCCs can occur sporadically or in familial genetic syndromes where patients harbor a mutation in key regulatory genes. When left untreated, BCCs can become locally aggressive and may metastasize, limiting the efficacy of standard treatment. Much attention has been given to targeted Hedgehog pathway inhibition (HPI) as a means to treat advanced BCC: locally advanced lesions that are deemed inappropriate for surgery or radiation or metastatic lesions. To date, only two Hedgehog (Hh) pathway inhibitor agents have been approved by the US Food and Drug Administration (FDA): vismodegib and sonidegib. The purpose of this review is to provide a broad introduction to the molecular mechanisms underlying BCC pathogenesis and the role of sonidegib, a targeted smoothened inhibitor, in modulating the natural history of advanced BCC.

Clinical features of BCCs

Approximately 750,000 BCCs are detected each year, and BCC is the fifth most costly cancer among Medicare patients.²,³ BCC often appears with characteristic features of a slow growing papule that often heals slowly after a minor trauma, although many clinical variants exist. With time, they can ulcerate and continue to grow without detection by the patient. BCCs tend to occur more often in men than in women and more frequently in patients aged >50 years. These tumors are typically associated with a history of increased sun exposure, although it is uncertain whether extensive sun exposure or intermittent cumulative sun exposure is most associated with this cancer.⁴

BCCs also occur in genetically susceptible individuals. Patients with basal cell nevus syndrome (BCNS or Gorlin syndrome) have a propensity early in life to spontaneously develop multiple BCCs. Additionally, these patients have other clinical features including
palmar pitting, odontogenic cysts, calcification of the falx cerebri, midline craniofacial abnormalities, and an increased risk in some other neoplasms, including medulloblastomas, rhabdomyosarcomas, meningiomas, and ovarian fibromas. Given the larger number of developing lesions, these patients often receive multiple treatment modalities for their BCCs.

Most BCCs are effectively treated with local destruction or surgical management such as Mohs micrographic surgery or wide local excision. Less commonly, small lesions may be treated with cryotherapy, electrodessication and curettage, or topical agents, including 5-fluorouracil cream or the immunomodulator imiquimod.

While BCC is the most common and easily treated skin cancer, metastases are rare. Risk factors associated with locally advanced or metastatic disease include clinical size >2.5 cm, high-risk anatomic location (central portion of the face or ears), long-standing duration, incomplete excision, aggressive histology, and perineural or perivascular involvement. Metastases occur most commonly when the primary tumor occurs on the face, with metastases first to the regional lymph nodes, followed by bone, lung, or liver. Systemic chemotherapy and radiation have been employed to treat metastatic BCC (metBCC) with very limited success. Additionally, advanced BCC can be disfiguring and emotionally distressing to patients, which can limit their perception of receiving adequate care during therapy. With the advent of targeted smoothened inhibitors, patients now have more treatment options available to them.

The molecular basis of BCC pathogenesis

The pathogenesis of BCC has been elucidated including identification of aberrant Hh pathway signaling and associated mutations in the Patched (PTCH) and smoothened (SMO) genes. Hahn et al demonstrated that BCNS patients harbored a germline mutation in the PTCH gene. PTCH was subsequently mapped to chromosome 9q22.3 and is homologous to the Drosophila patched gene, which mediates midline development. Furthermore, >50%–60% of spontaneous cutaneous BCCs possess PTCH mutations. Given these findings, it was proposed that BCC is a disease of aberrant Hh pathway signaling. PTCH, as originally described, is now designated as PTCH1. PTCH2, a closely related homolog, located on chromosome 1p32, has been discovered and is mutated in some cases of BCNS and medulloblastomas.

Hh signaling pathway

Hh signaling is an evolutionarily conserved pathway that is necessary in embryonic development mediating organogenesis and midline development. Given its importance in development, this pathway is tightly regulated—alterations of which have been found in many cancers. The Hh ligands are sonic Hh (Shh), Indian Hh (Ihh), and desert Hh (Dhh). Other major components of the pathway include PTCH1/2, smoothened, and GLI. In the absence of the Hh ligand, PTCH1/2 is constitutively bound to and inhibits the intracellular protein smoothened. In canonical Hh signaling, the Hh ligand binds to and inhibits PTCH1/2, in turn freeing smoothened to activate downstream GLI transcription factors (Figure 1). Consequently, abnormal activation of this pathway promotes tumorigenesis and is etiologic in a majority of sporadic and familial BCCs. Loss-of-function mutations in PTCH1 or PTCH2 or activating mutations in SMO are seen in at least 70% of sporadic BCCs. This mode of Hh pathway activation is referred to as mutation-dependent activation.

Conversely, other cancer types including pancreatic, lung, and breast have demonstrated a ligand-dependent mode of aberrant Hh signaling where either tumor or stromal cells secrete Hh ligand. Given the relevance of this pathway in many solid cancers, specific HPI could potentially modulate tumor progression in a wide variety of cancer types.

Hh pathway inhibition

In 1965, scientists at the Poisonous Plant Research Laboratory of the US Department of Agriculture reported that pregnant ewes grazing on the corn lily, Veratrum californicum, produced cyclopic sheep. The toxin causing the cyclopic defect was isolated from V. californicum and named cyclopamine. Subsequently, two separate groups established that cyclopamine inhibits the Hh signaling pathway. Cyclopamine possesses anticancer activity in cell culture and animal studies; however, cyclopamine has limited bioavailability due to low water solubility and instability under acidic conditions, which may limit its clinical utility. Cycloamine derivatives have been developed to circumvent these limitations and the cyclopamine derivative IPI-926 has demonstrated some clinical activity in BCC patients in a Phase I dose-finding study. Clinical and preclinical studies have also investigated other HPIs including GANT58, GANT61, HPI1-4, and robotnikinin, which inhibit other components of the Hh pathway. Itraconazole, an antifungal agent, has also shown some clinical activity against advanced BCC alone and in combination with arsenic trioxide.

To date, two HPIs have been approved by the FDA: vismodegib and sonidegib. These currently available HPIs specifically function by inhibition of Smo, thus inhibiting aberrant Smo activation found in a majority of BCCs.
Clinical trials currently underway are investigating the clinical benefits of HPI in various human cancers (Table 1).

Regarding the treatment of advanced BCC, sonidegib (Odomzo®; Novartis International AG, Basel, Switzerland) is a novel Smo antagonist that is approved in the US and European Union for locally advanced BCC (laBCC) that has recurred following surgery or radiation therapy or for patients who are not candidates for surgery or radiation therapy. In Switzerland and Australia, sonidegib is approved for adult patients with locally advanced and metBCC.44 Sonidegib was first identified in 2010 as compound LDE225 while screening biphenyl carboxamides that displayed potent HPI and antitumor activity in a medulloblastoma allograft model.45 In this study, sonidegib possessed Smo inhibition with high tissue penetration, good oral bioavailability, and the ability to cross the blood–brain barrier.

**Early clinical studies of sonidegib**
A subsequent open-label, dose-escalated Phase I trial of sonidegib in advanced solid tumors demonstrated activity against medulloblastoma and advanced BCC.46 This study investigated doses ranging from 100 mg to 3,000 mg once daily and from 250 mg to 750 mg twice daily. The maximum tolerated dose was 800 mg daily and 250 mg twice daily. The maximum tolerated dose was 800 mg daily and 250 mg twice daily. Common Grade 1/2 adverse effects (AEs) noted in this study include nausea, dysgeusia (abnormal sensation of taste), anorexia, vomiting, myalgias, muscle spasms, fatigue, alopecia, and increased serum creatine kinase (CK). Grade 3/4 AEs included weight loss, myalgia, hyperbilirubinemia, dizziness, and fatigue. Of note, reversibleGrade 3/4 CK elevation was considered dose limiting in 19 patients (18%) at doses exceeding the maximum tolerated dose and was reported to occur 3–6 weeks after initiating the drug in an exposure-dependent manner. In most cases, the CK elevation was associated with myalgia. Importantly, six of 16 BCC patients in this trial (37.5%) achieved an objective tumor response (defined as partial or complete response, CR) according to RECIST criteria and fluorodeoxyglucose positron emission tomography imaging studies.

**Figure 1 Hedgehog (Hh) pathway.** PTCH1/2 (patched) constitutively inhibits smoothened (Smo).
**Notes:** Inhibition of PTCH1, either through Hh ligand binding or inactivating mutations in PTCH1, promotes Smo activation. Smo activation, in turn, leads to GLI1 transcriptional activation and upregulation of Smo-dependent genes. Oral smoothened inhibitors inhibit Smo activation, leading to a downregulation of GLI1-dependent transcriptional activity.

**Abbreviation:** Shh, sonic Hh.

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<tr>
<th>Drug</th>
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<td>LDE225</td>
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<td>MDS (NCT02323139)</td>
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**Abbreviations:** CML, chronic myelogenous leukemia; MDS, myelodysplastic syndrome; aBCC, advanced basal cell carcinoma.
A topical preparation of sonidegib was also investigated for the treatment of sporadic superficial and nodular BCC. Although there was initial enthusiasm about the potential for this topical preparation, a Phase II trial was terminated early due to insufficient efficacy using the formulation evaluated. Another topical HPI tested in the Phase I setting, CUR61414, did not demonstrate clinical efficacy, which may have been due to inadequate drug concentrations, low penetration, or rapid clearance.

A recent trial demonstrated little clinical efficacy of sonidegib in BCC patients whose disease was stable or progressed on vismodegib. In this trial, nine patients were enrolled although four patients discontinued. Of the five evaluable patients, three had metastatic disease that is notoriously difficult to treat with any modality. Of the two locally advanced patients, one had a treatment duration of only 3 weeks, and the other patient had a treatment duration of 6 weeks, which may preclude adequate evaluation of sonidegib efficacy. Given these limitations, the study authors suggest that patients whose BCCs are resistant to vismodegib may progress on another Smo inhibitor. Since both vismodegib and sonidegib inhibit smoothened within the binding pocket, there is potential to develop novel therapies at other sites of smoothened or to inhibit other components of the Hh pathway. Buonomaci demonstrated in a mouse xenograft model of medulloblastoma that was resistant to sonidegib that concomitant inhibition of Hh pathway and the IGF-R/PI3K/Akt pathway may overcome resistance to sonidegib. This mechanism is not yet fully understood and provides potential avenues for further drug targets.

While no head-to-head trials exist in comparing sonidegib with vismodegib, another FDA-approved HPI, it is interesting to note that both drugs have unique dose responses. In a Phase I trial of vismodegib, there were no observed dose-related responses – plasma concentration of vismodegib remained relatively constant despite escalating doses. This observation is thought to be due to high plasma protein binding. In a Phase I study, sonidegib demonstrated a dose-related response rate based on pharmacokinetic and molecular studies although it is unclear if this is due to altered plasma protein binding. Because of these differing dose responses, one might hypothesize that patients may experience a more sustained response once steady state is achieved with sonidegib.

**Basal cell carcinoma outcomes trial**

The pivotal Phase II study demonstrating clinical benefit with sonidegib for the treatment of BCCs was the Basal cell carcinoma Outcomes in LDE225 Treatment (BOLT) trial. This study was an international randomized, double-blind Phase II trial evaluating two doses of sonidegib in 230 patients with metBCC or laBCC not amenable to local therapy. Patients were randomized in a 2:1 ratio and were treated with either 800 mg (n=151) or 200 mg (n=79) until disease progression or unacceptable toxicity. Other patient characteristics are summarized in Table 2. The 200 mg dose previously showed exposure in the predictive range with acceptable antitumor activity and the 800 mg dose was the highest well-tolerated dose in a once-daily regimen. Tumor response was assessed by a central review committee and by study investigators using two methods: RECIST Version 1.1 criteria for patients with metBCC, which is based on MRI assessment and by modified RECIST (mRECIST) to assess patients with laBCC. mRECIST is a stringent composite multimodal evaluation, which integrates MRI data according to RECIST 1.1, standard and annotated color photography according to WHO criteria, and histology in multiple biopsies based on lesion surface area. mRECIST is a more thorough method used to assess locally advanced disease in the setting of potential ulceration, cyst formation, scarring, fibrosis, and ill-defined lesion borders that may occur with treatment. Using the stringent mRECIST criteria, in order to qualify as a CR, a CR (or equivalent) must be demonstrated in all modalities: MRI, bidimensional measurements from standard and annotated photography, and all multiple surveying biopsies being reported as negative.

The primary end point of BOLT was the objective response rate (ORR) determined by central review in patients with laBCC and metBCC. Key secondary end points in the study were duration of response (DoR) and CR rate determined by central review. Other secondary end points were ORR and DoR as determined by investigator review, the time to tumor response, duration of progression-free survival (PFS) as determined by central and investigator review, and safety. Objective response (OR) encompassed

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**Abbreviation:** BOLT, Basal cell carcinoma Outcomes in LDE225 Treatment.
both CR and partial response (PR). Complete response for this study was defined as complete disappearance of all lesions and all negative surveying biopsies obtained from two or more sites as assessed by a single independent review panel. PR was defined as achieving at least a 50% reduction in the sum of products of perpendicular diameters of locally advanced target lesions based on photography and at least a 30% reduction in the sum of longest diameters of all target lesions assessable by MRI. Response of metastatic disease was based on standard RECIST 1.1 criteria. The median duration of treatment was 8.9 months in the 200 mg dose group and 6.5 months in the 800 mg dose group.

The primary efficacy analysis demonstrated an OR in 20 of 55 (36%, 95% CI 24–50) patients in the 200 mg dose group and 39 of 116 (34%, 25–43) patients in the 800 mg group meeting the study’s success criteria of accomplishing an ORR >30% in both treatment arms (laBCC and metBCC combined; Table 3). By central review, two patients with laBCC (3%) experienced a CR with 200 mg sonidegib; by investigator review, five patients experienced a CR with 200 mg sonidegib. In the laBCC treatment group, 76 patients achieved an OR, only seven (four in the 200 mg group and three in the 800 mg group) had disease progression or died before primary analysis cutoff. Durable responses lasting >6 months in patients with laBCC were seen in 12 of 31 (39%) patients in the 200 mg group and 17 of 45 (38%) of patients in the 800 mg group. Median PFS in the laBCC patients was not reached in either dose group as measured by central review. Median PFS by investigator review was reported to be 22 months with the 200 mg sonidegib dose but not reached with the 800 mg dose. The DoR by central review was 20.2 months with the 200 mg dose but not reached with the 800 mg dose.

ORs lasting at least 6 months at the time of primary efficacy cutoff were seen in five of six patients with metBCC. No substantial differences in OR were found when comparing different subgroups stratified based on histology or geographical location. By central review, no patients with metBCC experienced a CR; by investigator review, two patients (9%) had a CR with 800 mg of sonidegib. In metBCC patients, the median PFS was 13.1 months in the 200 mg sonidegib dose group and 7.6 months in the 800 mg dose group by central review; the median PFS values were 13.1 months and 13.3 months by investigator review.

The most common AEs noted were muscle spasms, dysgeusia, alopecia, nausea, increased CK, weight decrease, and fatigue. These AEs were less frequent in the 200 mg sonidegib than in the 800 mg sonidegib group. Consequently, fewer AE-related dose interruptions, reductions, or treatment discontinuations were seen in the 200 mg group than in the 800 mg group. Serious AEs were reported in 14% of patients in the 200 mg sonidegib group and 30% in the 800 mg sonidegib group. Secondary malignancies were noted in 6% (200 mg) and 7% (800 mg) of patients. Four patients in the 800 mg group died while taking study treatment, but none of these deaths was deemed to be related to sonidegib. Owing to improved tolerability and similar efficacy between these two doses, it was concluded that the 200 mg sonidegib dosing offered a more favorable benefit-to-risk profile.

This study employed a PCR-based assessment of GLI1 expression as a marker of Hh pathway activation. The change in GLI1 expression was assessed from tumor biopsy samples obtained at the time of screening, at weeks 9, 17, and at the end of treatment. As expected, a sustained reduction in GLI1 expression was seen in patients with disease control (CR + PR + stable disease) confirming HPI.

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<th>Table 3</th>
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<td>Primary efficacy analysis</td>
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<td>laBCC, n=42</td>
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<td>Proportion of patients with OR (central review)</td>
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<td>Complete response</td>
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<td>Partial response</td>
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<td>Disease control</td>
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<td>Proportion of patients with OR (investigator)</td>
<td>28</td>
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<tr>
<td>Complete response</td>
<td>3</td>
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<td>Partial response</td>
<td>25</td>
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<td>Disease control</td>
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Abbreviations: BOLT, Basal cell carcinoma Outcomes in LDE225 Treatment; laBCC, locally advanced BCC; metBCC, metastatic basal cell carcinoma; OR, objective response.
The BOLT study also assessed the impact on patient-reported quality of life (QOL) because advanced BCC can lead to emotional or psychological stress, in turn impacting a patient’s QOL. Two questionnaires based on the European Organization for Research and Treatment of Cancer were employed: the Quality of Life Questionnaire C30 (QLQ-C30) typically employed in oncology and the associated module for head and neck cancers, the H&N35. Prespecified relevant-to-advanced BCC sub scales were selected from these QOL questionnaires. These included physical functioning, social functioning, pain, and fatigue for QLQ-C30, and trouble with social contact, head and neck pain, and weight loss for H&N35. These QOL data were collected up to 6 months after randomization of the last patient with a median follow-up of 13.9 months. In patients with laBCC, most responders had maintenance of or improvement in scores on both QLQ-C30 and H&N35 in both sonidegib dose arms. Similar QOL results were noted in metBCC as most patients had maintenance of or improvement in scores from baseline on both questionnaires. The BOLT study demonstrated a clear role of Smo inhibitors in the treatment of advanced BCC and a favorable benefit-to-risk profile was noted for most patients.

12-month follow-up of the BOLT trial

The original BOLT study reported the results of the primary analysis with data collected up to 6 months after randomization of the last patient, with a median follow-up of 13.9 months. Efficacy and safety data 12 months following randomization of the last patient have also been presented. At the time of primary analysis, a total of 144 patients (63%) had discontinued the treatment primarily due to AEs and an additional 35 patients (77.8%) had discontinued the treatment in the 12-month follow-up. The 12-month analysis demonstrated a higher ORR in both the 200 mg and the 800 mg arms, up to 11% (58% vs 47%) and 9% (44% vs 35%), respectively, for laBCC. Furthermore, 48 of 51 (92.3%) patients in the 200 mg arm and 91 of 101 (90.1%) patients in the 800 mg arm (91/101) demonstrated laBCC tumor shrinkage as analyzed by photography per WHO criteria, demonstrating a clear clinical benefit. Of the responders, 52.6% treated with 200 mg sonidegib and 53.6% treated with 800 mg sonidegib demonstrated a durable antitumor response of >6 months among 94 patients with laBCC, 18 patients (19.1%) had disease progression or died. Median PFS by central review was 22.1 months with the 200 mg and 21.5 months with the 800 mg dose group; the respective median PFS by investigator review was 22.0 months and 21.5 months. The median DoR by central review was not reached with 200 mg because few responders progressed or died and was 15.7 months with the 800 mg; median DoR values by investigator review were 20.2 months and 19.8 months. A CR was observed in 4.5% of laBCC patients with 200 mg and 1.6% with 800 mg by central review; by investigator review, a CR was observed in 9.1% and 10.9% of patients, respectively. Efficacy of the metBCC subgroups in the 12-month analysis was similar to that in the primary analysis. The ORR by central review was 7.7% and 17.4% in the 200 mg and 800 mg arms, respectively. Tumor shrinkage was noted in 84.6% of patients treated with sonidegib 200 mg and 81.8% of patients treated with sonidegib 800 mg. Additionally, 92.3% and 91.3% in the 200 mg and 800 mg arms, respectively, experienced DC. Median PFS in metBCC patients was 13.1 months in the 200 mg and 11.1 months in the 800 mg by central review; respective PFS values as measured by investigator review for metBCC were 13.1 months and 14.3 months. Median DoR for metBCC was not reached as measured by central review at either dose; median DoR by investigator review was 17.7 months with the 200 mg and 10.2 months with the 800 mg. As measured by central review, no metBCC patients experienced a CR; by investigator review 8.7% of patients experienced a CR with 800 mg sonidegib.

The safety profile of sonidegib in the 12-month follow-up data was similar to the primary analysis data. As with the primary analysis, the most common AEs were muscle spasms, alopecia, dysgeusia, nausea, increased CK, and fatigue being the most common adverse events among the subjects. Approximately 97.5% of those in the 200 mg sonidegib group and 100% of those in the 800 mg sonidegib group experienced an AE. These events led 27.8% and 37.3% of patients in the 200 mg and 800 mg arms, respectively, to discontinue study medication. The 12-month follow-up data also showed that 91.1% of the sonidegib 200 mg patients and 70.0% of the sonidegib 800 mg patients remained on treatment for at least 4 months.

At the time of the 12-month analysis, three additional deaths occurred since the primary analysis and none were associated with treatment-related AEs. A low percentage of patients (1.3% in the 200 mg sonidegib and 3.3% in the 800 mg sonidegib group) were reported to have had a CK elevation (at least a tenfold from baseline). These findings, however, were not confirmed by the independent safety review and adjudication committee on muscle toxicity as rhabdomyolysis (defined as a tenfold increase in CK above baseline plus a serum creatinine elevation of at least 1.5-fold above baseline) owing to normal renal function.

Conclusion

Patients with advanced BCC have limited options and the condition is considered difficult to treat at best. As our
understanding of the molecular mechanisms underlying BCC improves, targeted therapies will continue to play an important role in the treatment of advanced BCC. The BOLT trial demonstrated that sonidegib had a durable clinical benefit for patients whose disease was not controlled or amenable to treatment through surgery or radiation. QOL for these patients is an important consideration and QOL measures assessed by BOLT indicated that most patients experienced stable or improved QOL. The 12-month analysis of safety and efficacy confirmed the antitumor effect seen in the primary analysis with similar safety data. BOLT study investigators suggest that future therapeutic options may include sonidegib in combination with other treatment modalities to accomplish tumor control. Further studies would be needed to investigate which options are best for patients with advanced BCC.

Disclosure
Michael R Migden has received honoraria for serving on the advisory boards of Genentech, Novartis Pharmaceuticals, and Eli Lilly. The authors report no other conflicts of interest in this work.

References


