

# Bioresorbable vascular scaffolds technology: current use and future developments

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**Abstract:** Coronary bioresorbable vascular scaffolds are a new appealing therapeutic option in interventional cardiology. The most used and studied is currently the Absorb BVST<sup>TM</sup>. Its backbone is made of poly-L-lactide and coated by a thin layer of poly-D,L-lactide, it releases everolimus and is fully degraded to H<sub>2</sub>O and CO<sub>2</sub> in 2–3 years. Absorb BVST<sup>TM</sup> seems to offer several theoretical advantages over metallic stent, as it gives temporary mechanical support to vessel wall without permanently caging it. Therefore, long-term endothelial function and structure are not affected. A possible future surgical revascularization is not compromised. Natural vasomotion in response to external stimuli is also recovered. Several observational and randomized trials have been published about BVS clinical outcomes. The main aim of this review is to carry out a systematic analysis about Absorb BVST<sup>TM</sup> studies, evaluating also the technical improvements of the Absorb GT1 BVST<sup>TM</sup>.

**Keywords:** Absorb GT1, Absorb BVST<sup>TM</sup>, bioresorbable vascular scaffold, BRS, coronary scaffold

## Introduction

Percutaneous coronary intervention (PCI) is commonly performed by implantation of metallic stents.<sup>1</sup> However, stent implantation is affected by a substantial burden of complications as, for example, in-stent restenosis and stent thrombosis.<sup>2–5</sup>

In this scenario, a new valuable therapeutic option may be represented by bioresorbable vascular scaffolds, which give temporary post-PCI support to the vessel wall and then are biodegraded. Several scaffolds are currently under development, but currently only two have the certificate Conformité Européenne mark approval for coronary angioplasty: the Absorb BVST<sup>TM</sup> (Abbott Laboratories, Abbott Park, IL, USA) and the DESolve<sup>TM</sup> (Elixir Medical Corporation, Sunnyvale, CA, USA). The best studied and the most used is the former, with several registries/trials published and >100,000 patients treated.<sup>6,7</sup>

This review aims to perform a systematic literature analysis about clinical outcomes of Absorb BVST<sup>TM</sup> in coronary artery disease (CAD), evaluating also technical improvements of the Absorb GT1 BVST<sup>TM</sup>.

## Absorb BVST<sup>TM</sup> design and technology

The Absorb BVST<sup>TM</sup> has a bioresorbable polymeric structure made of poly-L-lactide, coated by a thin polymer of poly-D,L-lactide, which controls the release of the anti-proliferative drug everolimus. Poly-L-lactide and poly-D,L-lactide are hydrolyzed

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and fully metabolized to lactic acid. It is degraded via the Krebs cycle to  $H_2O$  and  $CO_2$ .<sup>8</sup> The Absorb BVS™ has two platinum radio-opaque markers at each edge that allow angiographic visualization. Average strut thickness is 150  $\mu m$  and crossing profile  $\sim 1.2$  mm. First-generation backbone (version 1.0) presented circumferential out-of-phase zigzag circles linked together by longitudinal struts. Conversely, the second-generation (Absorb BVS™ 1.1) has in-phase zigzag rings linked by bridges, with better mechanical integrity and higher support to vessel wall.<sup>9,10</sup> Absorb BVS™ 1.0 clinical performance was evaluated in the ABSORB A study.<sup>11</sup> This is a prospective, multicenter, single-arm study. It enrolled 30 patients suffering from stable/unstable angina or silent ischemia and de novo coronary lesions treated by BVS 1.0 delivery. Five-year clinical outcome was satisfactory, with an ischemia-driven major adverse cardiac event (MACE) rate of 3.4%. No scaffold thrombosis (ST) was reported.

After coronary delivery, the Absorb lifecycle has three phases: revascularization, restoration, and reabsorption. In the first phase (lasting  $\sim 3$  months), the scaffold performs similarly to a drug-eluting stent (DES) in terms of deliverability, radial strength, acute recoil, and neointimal thickening. In the restoration phase, the BVS is degraded and starts losing its radial strength. Natural vasomotion is theoretically restored at the end of the second phase. Finally, in the last phase, the polymeric backbone is totally degraded into lactic acid monomers and oligomers, rapidly metabolized by the body.<sup>12</sup>

The Absorb scaffold offers several theoretical advantages over permanent metallic caging of the vessels.<sup>13,14</sup> Temporary scaffolding allows long-term restoration of endothelial structure and function. It does not affect a possible future surgical coronary revascularization. Scaffolded vessels show late lumen gain, as well as recovery of natural vasomotion, in response to external stimuli.

## Absorb BVS™ in literature: state of the art

A lot of original articles, case reports/case series, abstracts, reviews, and editorials have been published about Absorb scaffold, accounting for  $>400$  records.<sup>15,16</sup>

We herein considered all published studies reporting clinical outcomes of subjects treated with second-generation BVS, excluding case reports/series (accounting for less than ten patients), studies assessing only angiographic outcomes, preclinical studies, reviews, and articles evaluating BVS performance in non-CAD (Table 1).

Studies are classified into three arms, according to study design: registries and single-arm studies, propensity-score

matching comparison, and randomized trials. Registries account both for single- and multicenter registries.

Meta-analyses are also reported (Table 2).

## Registries and single-arm studies

Several single- and multicenter registries on the Absorb BVS™ have been published. We herein divided them and single-arm studies into four groups, according to clinical follow-up: short-term follow-up, mid-term follow-up (also accounting for registries focusing on specific lesions subsets), 1-year follow-up, and long-term follow-up.

### Short-term follow-up

The BVS ST-segment elevation myocardial infarction (STEMI) first study and Kajiya et al registry reported good early outcomes of BVS in STEMI. The former reported a 1-month MACE rate of 2.6% and the latter 9.1%.<sup>17,18</sup>

The Polish National Registry reported good acute clinical outcomes of BVS delivery in an all-comers population, with no peri-procedural deaths.<sup>19</sup>

The ABSORB FIRST is a prospective, all-comers registry, currently ongoing but not recruiting (NCT01759290).<sup>20</sup> Target lesion failure (TLF), defined as the composite of cardiac death, target vessel myocardial infarction (MI), and target lesion revascularization (TLR), will be evaluated at 1 year. ST, device success (successful BVS delivery with residual stenosis of  $<50\%$ ), and procedure success (device delivery with no TLF within 3 days of the index procedure) will also be investigated. This registry is intended to provide ongoing postmarketing surveillance on safety and performance of the Absorb BVS™. It will enroll a minimum of 1,800 patients with de novo coronary lesions treated with at least one scaffold Absorb. An interim analysis about a 30-day outcome of the first 1,200 patients has been reported, with good device and procedure success rate (98.4% and 97.9%, respectively).<sup>21</sup>

### Mid-term follow-up and specific lesion subsets

Six-month BVS performance in acute coronary syndrome (ACS) has been evaluated in several registries.<sup>22–25</sup> MACE rate was satisfactory, ranging between 4.9% and 10.7%. In BVS-RAI registry, Prague 19, and Gori et al series, BVS patients were also compared with a control group of subjects treated with metallic stent, with no difference in clinical endpoint.<sup>22–24</sup>

BVS 6-month outcome has also been investigated in specific lesions subsets.

Capranzano et al evaluated BVS performance in bifurcation lesion subset, with good results (one TLR at day 227).<sup>26</sup>

**Table I** Published registries and randomized trials on Absorb BVS™

Study/reference	Study type	Follow-up <sup>a</sup>	BVS patients (n)	STEMI (%)	Clinical outcomes
ABSORB B <sup>52</sup>	Prospective, single-arm trial that enrolled patients with one or two de novo coronary artery lesions and with stable/unstable angina or silent ischemia	5 years	101	0	MACE (cardiac death, MI, and ischemia-driven TLR) = 1.0%
ABSORB II <sup>60</sup>	Single-blind, multicenter, randomized trial (BVS vs DES Xience in a 2:1 ratio) enrolling subjects with one or two de novo coronary artery lesions and with stable/unstable angina or silent ischemia	1 year	501	0	DOCE (cardiac death, TV-MI, and clinically indicated TLR) BVS 5% vs DES 3%; <i>P</i> =0.35
ABSORB III <sup>62</sup>	Single-blind, multicenter, randomized trial (BVS vs DES Xience in a 2:1 ratio) enrolling subjects suffering from stable/unstable angina or silent ischemia	1 year	1,322	0	TLF (cardiac death, TV-MI, and ischemia-driven TLR) BVS 7.8% DES 6.1%; <i>P</i> =0.007 for noninferiority, <i>P</i> =0.16 for superiority
ABSORB CHINA <sup>63</sup>	Single-blind, multicenter, randomized trial (BVS vs DES Xience in a 1:1 ratio) enrolling subjects with one or two de novo coronary artery lesions and with stable/unstable angina or silent ischemia	1 year	241	0	POCE (death, MI, any revascularization) BVS 8.0% DES 9.7%; <i>P</i> =0.51 DOCE (cardiac death, TV-MI, and ischemia-driven TLR) BVS 3.4% DES 4.2%; <i>P</i> =0.62
ABSORB EXTEND <sup>51</sup>	Prospective, multicenter registry that enrolled patients with one or two de novo coronary artery lesions ( $\leq 28$ mm in length and with reference vessel diameter of 2.0–3.8 mm) and with stable/unstable angina or silent ischemia	3 years	250	0	MACE (cardiac death, MI, and ischemia-driven TLR) = 9.3%
ABSORB FIRST <sup>21</sup>	Prospective, observational registry, open-label patients to assess BVS performance in daily PCI practice	30 days	1,200	NR	Device success (successful BVS delivery with residual stenosis of $< 50\%$ ) = 98.4% Procedure success (device delivery with no TLF within 3 days of the index procedure) = 97.9%
ABSORB JAPAN <sup>61</sup>	Single-blind, multicenter, randomized trial (BVS vs DES Xience in a 2:1 ratio) enrolling subjects with one or two de novo coronary artery lesions and with stable/unstable angina or silent ischemia	1 year	266	0	TLF (cardiac death, TV-MI, and ischemia-driven TLR) BVS 4.2% DES 3.8%; <i>P</i> <0.0001 for noninferiority
ABSORB-STEMI TROFI II <sup>59</sup>	Single-blind, multicenter, noninferiority, randomized trial (BVS vs DES Xience in a 1:1 ratio) enrolling STEMI subjects	6 months	95	100	DOCE (cardiac death, TV-MI, and clinically driven TLR) BVS 1.1% vs DES 0.0%; <i>P</i> >0.05
AMC PCI Registry <sup>36</sup>	Prospective, observational registry open-label patients who were enrolled according to operator's discretion	6 months	135	13	TVF (all-cause mortality, MI, and TVR) = 8.5%
ASSURE registry <sup>40</sup>	Prospective, multicenter registry that enrolled consecutive patients with lesion length $< 28$ mm, vessel diameter between 2.0 and 3.3 mm	1 year	183	27	MACE (cardiovascular death, MI, and ischemia-driven TLR) = 5%
BVS-EXAMINATION Study <sup>57</sup>	Retrospective, multicenter trial comparing a cluster of STEMI-BVS consecutive patients with other two of STEMI-Xience/BMS patients (EXAMINATION population), matched by propensity score	1 year	290	100	DOCE (cardiac death, TVre-MI, and TLR) BVS 4.1% vs DES 4.1%; <i>P</i> =0.994 BVS 4.1% vs BMS 5.9%; <i>P</i> =0.306
BVS EXPAND <sup>48</sup>	Prospective, single-center registry that enrolled patients with silent ischemia, stable/unstable angina, NSTEMI, and de novo coronary stenosis treated by BVS delivery	559 (371–733) days	250	0	MACE (cardiac death, MI, and TLR) at 1 year = 5.5%

(Continued)

**Table I** (Continued)

Study/reference	Study type	Follow-up <sup>a</sup>	BVS patients (n)	STEMI (%)	Clinical outcomes
BVS-RAI registry <sup>22</sup>	Prospective, two-arm registry, comparing STEMI patients treated with BVS with another one of STEMI-Xience patients	220 (178–369) days	563	100	POCE (cardiac death, MI, and TLR) at follow-up BVS 4.9% vs DES 7.0%; $P=0.4$
BVS STEMI first study <sup>17</sup>	Prospective, single-arm registry	30 days	49	100	MACE (cardiac death, any re-MI, emergent CABG, or clinically driven TLR) =2.6% TVF (cardiac death, target-vessel MI, and clinically driven TVR) =0%
Capranzano et al <sup>26</sup>	Prospective, single-center registry, evaluating BVS performance in bifurcation lesions	6 months	46	0	Clinical adverse events at follow-up: 1 TLR at day 227
Costopoulos et al <sup>153</sup>	Prospective, two centers, open-label registry, comparing a cluster of BVS consecutive patients with another one of Xience/Promus patients (matched by propensity score)	6 months	92	NR; ACS =10.9	MACE (death, MI, and TVR) BVS 3.3% vs DES 7.6%; $P=0.19$
Costopoulos et al <sup>41</sup>	Retrospective, single-center registry, open-label patients	1 year	108	26.9	MACE (death, MI, and TVR) =4.5% TLF (cardiac death, TV-MI, and TLR) =1.9%
CTO-ABSORB <sup>29</sup>	Prospective, single-center registry, including CTO treated with at least one BVS	1 year	35	0	MACE (cardiac death, MI, and ischemia-driven-TLR) =0%
ESHC-BVS <sup>42</sup>	Prospective, two-center registry, open-label patients who were enrolled according to operator's discretion	1 year	100	4	MACE (death, MI, and TLR) =8%
EVERBIO II <sup>58</sup>	Randomized, assessor-blind, single-center, all-comers study, comparing BVS with DES Promus Element and Biomatrix Flex (randomization ratio 1:1:1)	1 year	78	12	POCE (death, MI, and any revascularization) BVS 27% vs DES 26%; $P=0.83$ DOCE (cardiac death, MI, and TLR) BVS 12% vs DES 9%; $P=0.6$
GHOST-CTO registry <sup>31</sup>	Prospective, single-center registry, including CTO treated by BVS and compared with an historical group of CTO treated by DES implantation	In-hospital	32	0	Procedural success (technical success [BVS/DES delivery with TIMI 3 flow and residual diameter stenosis <30%] with no in-hospital MACE – composite of death, MI, and TLR) BVS 78.1% vs DES 94.4%; $P=0.035$
Gil et al <sup>43</sup>	Prospective, multicenter registry, enrolling subjects with stable coronary artery disease treated by BVS implantation, with a subgroup analysis for patients with single stage BVS + DES implantation (hybrid strategy)	1 year	139 (hybrid strategy 22)	0	MACE (cardiac death, MI, and clinically driven TLR) =7.2% (in the subgroup BVS + DES =4.5%)
Gori et al <sup>24</sup>	Prospective, consecutive ACS-patients treated with BVS or Xience depending on operator's discretion	6 months	150	44	MACE (death, nonfatal MI, and any PCI) BVS 10.7% vs DES 15.5%; $P>0.9$
Gori et al <sup>46</sup>	Clinical, angiographic, functional, and imaging outcomes 12 months after implantation of drug-eluting bioresorbable vascular scaffolds in acute coronary syndromes	374 (359–411) days	133	38	MACE (cardiovascular death, MI, and TLR) =13.5%
Grundeken et al <sup>27</sup>	Prospective registry, including bifurcation lesions treated by combined use of Tryton stent and BVS	6 months	10	0	Clinical adverse events at follow-up: TLR 20%
Ielasi et al <sup>32</sup>	Retrospective, multicenter registry, evaluating performance of BVS for treatment of in-stent restenosis	7 (1–13) months	25	0	MACE (cardiac death, MI, and TLR) =8.0%

Study/reference	Study type	Follow-up <sup>a</sup>	BVS patients (n)	STEMI (%)	Clinical outcomes
Jaguszewski et al <sup>34</sup>	Prospective, two-center registry, open-label patients with complex anatomical and/or clinical conditions, enrolled according to operator's discretion	147±119 days	106	17.0	POCE (death, MI, and any revascularization) =6.1% DOCE (cardiac death, TV-MI, and ischemia-driven TLR) =2.0%
Kawamoto et al <sup>44</sup>	Retrospective, two-center registry, comparing outcomes between FPJ (BVS total length ≥60 mm) and non-FPJ BVS implantation	1 year	142 (FPJ 23)	0	MACE (death, TV-MI, and TVR) FPJ 19.2% vs NO-FPJ 13.0%; P=0.14
Kochman et al <sup>45</sup>	Single-arm registry, open-label patients with STEMI	1 year	19	100	Clinical adverse events at follow-up: non-TVR 5.3%
Kajiya et al <sup>18</sup>	Registry, single group, STEMI patients who underwent PCI with intent of BVS	1 month	11	100	MACE (cardiac death, MI, and TVR) =9.1%
Mattesini et al <sup>35</sup>	Prospective, two-center registry, enrolling consecutive complex coronary lesions treated by OCT-guidance and BVS or DES (control group) implantation	8.5±2.8 months	35	0	MACE (cardiac death, MI, and TVR) BVS 5.7% vs DES 5.3%; P>0.05
Moscarella et al <sup>33</sup>	Prospective, multicenter registry, assessing clinical outcomes of BVS in in-stent restenosis	7 (3–18) months	83	6	MACCE (cardiac death, Q-wave MI, stroke, and TLR) =12%
Muramatsu et al <sup>55</sup>	Retrospective, multicenter registry, comparing BVS diabetic patients vs BVS no-diabetic ones. Diabetic BVS subjects were also compared with another group of Xience DES diabetic patients (matched by propensity score)	1 year	551 (diabetic 136)	0	DOCE (cardiac death, TV-MI, and TLR) Diabetic BVS 3.7% vs no-diabetic BVS 5.1%; P=0.64 Diabetic BVS 3.9% vs diabetic DES 6.4%; P=0.38
Ojeda et al <sup>30</sup>	Prospective, single-center registry, enrolling CTO treated by BVS delivery	13±5 months	42	0	MACE (cardiac death, MI, and TLR) =4.8%
POLAR ACS Study <sup>47</sup>	Prospective, single group registry with consecutive patients presenting ACS	1 year	100	16	MACE (death, MI, clinically driven TLR) =2%
Prague I <sup>923</sup>	Prospective registry, consecutive STEMI patients with lesion length <24 mm, culprit vessel caliber between 2.3 and 3.7 mm, compared with a control group of subjects treated with a metallic stent	6 months	41	100	MACE (death, MI, and TVR) BVS 5.0% vs DES 7.0%; P=0.674
Polish National Registry <sup>19</sup>	Retrospective, single group, open-label patients who had a previous PCI with BVS	In-hospital	591	11	No peri-procedural deaths
Sato et al <sup>54</sup>	Retrospective, two centers, open-label registry, comparing a cluster of BVS consecutive patients with another one of Xience/Promus DES patients (matched by propensity score)	1 year	96	NR	MACE (death, MI, and TVR) BVS 10.2% vs DES 10.5%; P=0.82
Tamburino et al <sup>39</sup>	Retrospective, all-comers patients, multicenter trial comparing a cluster of BVS patients (GHOST-EU registry population) with another of Xience DES subjects (XIENCE V USA registry population), matched by propensity score	1 year	905	10.7	TLF (cardiac death, TV-MI, and ischemia-driven TLR) BVS 5.8% vs DES 7.6%; P=0.12
Wiebe et al <sup>28</sup>	Prospective registry, assessing BVS outcome in CTO lesions	108 (79.5–214.5) days	23	0	MACE (cardiac death, MI, and TLR) =4.3%
Wiebe et al <sup>25</sup>	Registry, single group, STEMI patients who underwent PCI with intent of BVS	132.7±68.7 days	25	100	MACE (cardiac death, TV-MI, and TVR) =6.5%

**Note:** <sup>a</sup>Follow-up data shown as number, mean ± SD, or median (interquartile range).

**Abbreviations:** ACS, acute coronary syndrome; BMS, bare metal stent; BVS, Absorb bioresorbable vascular scaffold; CABG, coronary artery bypass graft; CTO, chronic total occlusion; DES, drug-eluting stent; DOCE, device-oriented composite endpoint; FPJ, full-plastic jacket; MACCE, major adverse cardiac or cerebrovascular events; MACE, major adverse cardiac event; MI, myocardial infarction; NR, not reported; NSTEMI, non-ST-segment elevation myocardial infarction; OCT, optical coherence tomography; PCI, percutaneous coronary intervention; POCE, patient-oriented composite endpoint; STEMI, ST-segment elevation myocardial infarction; TIMI, thrombolysis in myocardial infarction; TLF, target lesion failure; TLR, target lesion revascularization; TVF, target vessel failure; TV-MI, target vessel myocardial infarction; TVR, target vessel revascularization; TVre-MI, target vessel re-myocardial infarction.

**Table 2** Published meta-analysis on Absorb BVS™

Reference	Follow-up <sup>a</sup>	Number of BVS patients	STEMI (%)	Clinical outcomes
Cassese et al <sup>65</sup>	12 (9–12) months	2,337	4.5	TLR BVS 3.0% vs DES 3.3%; <i>P</i> =0.87 Device thrombosis BVS 1.3% vs DES 0.5%; <i>P</i> =0.05
Lipinski et al <sup>16</sup>	6.4±5.1 months	8,351	27	MACE OR: 0.87, 95% CI: 0.66–1.16; <i>P</i> =0.35 Device thrombosis OR: 2.06, 95% CI: 1.07–3.98, <i>P</i> =0.03 MI <i>P</i> =0.002 OR: 2.06, 95% CI: 1.31–3.22, <i>P</i> =0.002
Stone et al <sup>64</sup>	1 year	2,164	0	POCE (death, MI, and any revascularization) BVS 11.9% vs DES 10.6%; <i>P</i> =0.38 DOCE (cardiac death, TV-MI, and ischemia-driven TLR) BVS 6.6% vs DES 5.2%; <i>P</i> =0.17

**Note:** <sup>a</sup>Follow-up data shown as number, mean ± SD, or median (interquartile range).

**Abbreviations:** BVS, Absorb bioresorbable vascular scaffold; CI, confidence interval; DES, drug-eluting stent; DOCE, device-oriented composite endpoint; MACE, major adverse cardiovascular event; MI, myocardial infarction; OR, odds ratio; POCE, patient-oriented composite endpoint; STEMI, ST-segment elevation myocardial infarction; TLR, target lesion revascularization; TV-MI, target vessel myocardial infarction.

Grundeken et al also investigated BVS outcome in bifurcations.<sup>27</sup> Indeed, they studied 6-month outcomes in bifurcation lesions treated by combined Tryton dedicated coronary bifurcation stent and Absorb scaffold delivery. Results were satisfactory with a TLR rate of 20% (*n*=2) and no deaths, MIs, or stent thrombosis.

Some series investigated BVS outcomes in coronary chronic total occlusions.<sup>28–31</sup> Results were good, with a MACE rate at short–mid-term ranging between 0 and 4.8%. Besides, in GHOST-CTO registry, BVS subjects were also compared with a historical group of DES treated patients. Although there was no in-hospital clinical event in the BVS arm, the DES group had a higher rate of technical success (successful scaffold/stent delivery and implantation, postprocedural residual diameter stenosis <30% within the treated segment, and restoration of thrombolysis in MI grade 3 flow: BVS 78.1% vs DES 96.3%; *P*=0.012) and procedural success (technical success with no in-hospital MACE: BVS 78.1% vs DES 94.4%; *P*=0.035).

Ielasi et al and Moscarella et al in their multicenter registries investigated the outcomes with BVS implantation in in-stent restenosis.<sup>32,33</sup> In both series, 7-month results were satisfactory: Ielasi et al reported a MACE incidence of 8.0%; meanwhile, Moscarella et al reported a major adverse cardiac or cerebrovascular event rate of 12%.

BVS performance in complex anatomical and/or clinical conditions was investigated by Jaguszewski et al.<sup>34</sup> They assessed a patient-oriented composite endpoint (POCE) (defined as a composite of death, MI, and any revascularization) and a device-oriented composite endpoint (DOCE) (composite of cardiac death, target vessel MI,

and ischemia-driven TLR) at mid-term. Results were satisfactory, with POCE and DOCE rates of 6.1% and 2.0%, respectively.

Mattesini et al studied MACE rate with BVS delivery in complex coronary lesions.<sup>35</sup> BVS was compared with a DES control group. In both registry arms, device implantation was guided by optical coherence tomography. There was no difference in the primary outcome measure between the BVS and DES groups (BVS 5.7% vs DES 5.3%, *P*>0.05).

The AMC PCI registry and the GHOST-EU registry investigated mid-term BVS outcomes in an all-comers population.<sup>36,37</sup> At 6-month follow-up, they reported a TLF rate of 8.5% and 4.4%, respectively. Of note, the cumulative incidence of definite/probable ST was rather high (3.0% in AMC PCI registry and 2.1% in GHOST-EU registry). GHOST-EU 1-year follow-up data have been presented at EuroPCR Congress 2015.<sup>38</sup> The TLF rate was satisfactory, with a cumulative incidence of 5.2%. Definite/probable ST incidence was 2.0%, with a very low rate after 6 months (0.1%). Thrombotic events were mostly clustered in the first month. Tamburino et al recently matched 1-year outcome of GHOST-EU patients with Xience DES USA registry subjects by applying propensity score.<sup>39</sup> The primary endpoint was DOCE rate (composite of cardiac death, target vessel MI, and ischemia-driven TLR). Definite/probable device thrombosis was also investigated. No significant difference was detected for DOCE (BVS 5.8% vs DES 7.6%; *P*=0.12) and ST/stent thrombosis (1.8% vs 1.1%; *P*=0.23). In the BVS group, cardiac death was less frequent (0.7% vs 1.9%; *P*=0.03) and a trend toward a reduction in MI rate was also present (2.4% vs 4.0%; *P*=0.07).



## One-year follow-up

Several series studied 1-year BVS outcome in an all-comers population.<sup>40–42</sup> They reported a MACE rate of 4.5%–8%, thus confirming good BVS performance in routine clinical practice.

Gil et al studied 1-year BVS clinical performance in stable CAD.<sup>43</sup> They performed a subanalysis for patients treated with the combination of BVS and DES (hybrid revascularization). Results were satisfactory with a MACE rate of 7.2% and 4.5% in whole population and hybrid revascularization subgroup, respectively. There was no device thrombosis in hybrid revascularization subgroup; meanwhile, two cases were reported in the whole population (1.4%), one subacute (0.7%) and one late (0.7%).

Kawamoto et al compared 1-year clinical outcome between BVS patients with “full-plastic jacket” (FPJ) (BVS total length  $\geq 60$  mm) and those without FPJ (BVS total length  $< 60$  mm).<sup>44</sup> Patients were all affected by stable CAD or unstable angina. No difference between the two groups was found in MACE rate (FPJ 19.2% vs NO-FPJ 13.0%;  $P=0.14$ ). One late ST was reported in the FPJ group (5.3%) in a patient who had stopped double antiplatelet therapy.

Several registries assessed long-term BVS performance in ACS.

Kochman et al in their small series reported a satisfactory 1-year BVS clinical performance in STEMI, with only one nontarget vessel revascularization (5.3%).<sup>45</sup> No thrombotic event at follow-up was reported.

Gori et al and POLAR ACS study evaluated the clinical outcomes of BVS in ACS.<sup>46,47</sup> At 1-year, MACE incidence was 13.5% and 2%, respectively. Definite/probable ST rate was 3.0% and 1.0%, respectively. STs were all clustered in the first 6 months in both the series.

## Long-term follow-up

The BVS EXPAND evaluated BVS performance in subjects suffering from silent ischemia, stable/unstable angina, or non-STEMI.<sup>48</sup> Inclusion angiographic criteria were lesion length  $\leq 28$  mm and reference vessel diameter in a range between 2.0 and 3.8 mm. The primary outcome was a composite of cardiac death, all MI, and TLR. Median follow-up period was 559 days (interquartile range 371–733 days). BVS performance was satisfactory, with a primary outcome rate of 5.5% at 1-year follow-up. Definite 12-month ST incidence was 1.4%.

The ABSORB EXTEND is a prospective, multicenter registry (NCT01023789).<sup>49</sup> It recruited patients with silent ischemia or stable/unstable angina (final planned enrollment 800 subjects). Abizaid et al in their preliminary report of 512

patients reported satisfactory BVS outcome at 1-year follow-up.<sup>50</sup> The composite endpoints of ischemia-driven MACE, ischemia-driven TLF, and ischemia-driven target vessel failure were 4.3%, 4.3%, and 4.9%, respectively. Definite/probable ST was also investigated, with a 1-year rate of 0.8%. There was no acute ST case; meanwhile, subacute and late ST rates were 0.4% for both. Three-year follow-up data of the first 250 recruited subjects have been reported at the Transcatheter Cardiovascular Therapeutics meeting 2014 by Pieter Smits.<sup>51</sup> The rates of ischemia-driven MACE, ischemia-driven TLF, and ischemia-driven target vessel failure were 9.3%, 8.9%, and 10.1%, respectively. The overall rate of definite/probable ST was 1.2%. Research compared ABSORB EXTEND subjects with a control group of subjects selected from other trials and treated with DES Xience (Abbott Laboratories, Abbott Park, IL, USA) by propensity score matching. There was no difference in 3-year MACE (hazard ratio 0.73; 95% confidence interval [CI] 0.38–1.41), definite/probable device thrombosis (hazard ratio 0.83; 95% CI 0.08–9.15), and MI rate (hazard ratio 1.06; 95% CI 0.41–2.73). Target vessel failure rate was significantly lower in the ABSORB EXTEND group (BVS 8.1% vs DES 14.2%;  $P=0.0488$ ).

The ABSORB B is a multicenter, prospective, single-arm study. It included patients with de novo coronary lesions and silent ischemia or stable/unstable angina.<sup>52</sup> The authors performed a multimodality imaging analysis and the primary clinical outcome measure was a composite of cardiac death, MI, and ischemia-driven TLR. It is the registry with the longest follow-up available for all the subjects (5 years). BVS performance was good, with a 5-year MACE rate of 11.0%. No ST was reported.

## Propensity score matching comparisons

Costopoulos et al compared BVS and everolimus-eluting stent 6-month outcome in a real-world population, with the majority being B2/C class lesions according to the classification of the American College of Cardiology/American Heart Association (BVS 83.9% vs DES 77.4%;  $P=0.19$ ).<sup>53</sup> There was no difference between the two groups with respect to MACE (3.3% vs 7.6%;  $P=0.19$ ) and TLR (3.3% vs 5.4%,  $P=0.41$ ). No definite/probable device thrombosis was reported.

Sato et al also compared BVS and DES performance in a real-world population.<sup>54</sup> Procedure time, total contrast medium administered, and fluoroscopy time were higher in the BVS group ( $P<0.001$ ,  $P=0.02$ , and  $P<0.001$ , respectively). BVS delivery was also an independent predictor of long ( $> 2$  hours) procedure time in multivariable analysis (odds ratio =7.83%; 95% CI 2.81–25.78;  $P<0.001$ ). There was no

difference in 1-year MACE (BVS 10.2% vs DES 10.5%;  $P=0.82$ ) and stent thrombosis/ST (1.0% vs 2.1%;  $P=0.58$ ) rates between the two groups.

Muramatsu et al in their retrospective analysis compared BVS performance in diabetic patients and non-diabetic patients.<sup>55</sup> Diabetic BVS patients were also matched and compared with diabetic DES patients of the SPIRIT trials,<sup>56</sup> by applying propensity score matching. The primary outcome measure was 1-year DOCE rate, including cardiac death, target vessel MI, and TLR. Definite/probable device thrombosis rate was also studied. There was no significant difference in the primary outcome measure, both between diabetic BVS and non-diabetic BVS patients (diabetic BVS 3.7% vs non-diabetic BVS 5.1%;  $P=0.64$ ) and between diabetic BVS and diabetic DES (diabetic BVS 3.9% vs diabetic DES;  $P=0.38$ ). Definite/probable device thrombosis incidence did not differ too (diabetic BVS 0.7% vs non-diabetic BVS 0.7%;  $P=1.00$ ) (diabetic BVS 1.0% vs diabetic DES 1.7%;  $P=1.00$ ).

In the BVS-EXAMINATION study, we compared clinical outcomes of BVS with the ones of DES and bare metal stent (BMS) in STEMI patients (control groups from EXAMINATION trial).<sup>57</sup> The primary endpoint studied was DOCE rate. There was no difference in the 1-year primary outcome measure both between BVS and DES (BVS 4.1% vs DES 4.1%, hazard ratio 0.99, 95% CI 0.23–4.32;  $P=0.994$ ) and between BVS and BMS (BVS 4.1% vs BMS 5.9%, hazard ratio 0.50, 95% CI 0.13–1.88;  $P=0.306$ ). Definite/probable stent thrombosis/ST was numerically higher in the BVS group both at 30 days (BVS 2.1% vs DES 0.3%,  $P=0.059$ ; BVS 2.1% vs BMS 1.0%,  $P=0.324$ ) and 1 year (BVS 2.4% vs DES 1.4%,  $P=0.948$ ; BVS 2.4% vs BMS 1.7%,  $P=0.825$ , respectively), but it was not significant.

## Randomized trials

The EVERBIO II is a single-center randomized trial, comparing BVS with everolimus- and biolimus-eluting stent (ratio 1:1:1) in an all-comers population.<sup>58</sup> The primary endpoint was late lumen loss at 9 months, but patient-oriented MACE (POCE), DOCE, and ST were also studied. There was no significant difference in primary angiographic endpoint ( $P=0.30$ ). POCE (BVS 27% vs DES 26%;  $P=0.30$ ) and DOCE (12% vs 9%;  $P=0.60$ ) rates were also similar between the two study groups. Only one case of possible device thrombosis was reported in the BVS arm, with no difference with the DES group (1% vs 0%;  $P=0.33$ ).

The ABSORB-STEMI TROFI II is a noninferiority, multicenter trial.<sup>59</sup> It recruited STEMI patients who were randomized to Absorb scaffold or Xience DES in a 1:1

ratio. The primary endpoint was the 6-month healing score evaluated at optical coherence tomography as surrogate for safety and efficacy of the treatment. DOCE rate was assessed as clinical outcome. BVS proved to be noninferior to Xience DES for the first imaging outcome ( $P<0.001$  for noninferiority). DOCE (composite of cardiac death, target vessel MI, or clinically driven TLR) rate was also comparable between the two study arms (BVS 1.1% vs DES 0.0%;  $P>0.05$ ). No stent thrombosis was reported; meanwhile, one definite subacute case was described in the BVS arm (1.1% vs 0.0%;  $P>0.05$ ).

The ABSORB II, ABSORB JAPAN, and ABSORB III trials are three randomized clinical studies, enrolling subjects with silent ischemia or stable/unstable angina.<sup>60–62</sup> In all trials, patients were randomized to Absorb or DES Xience in a 2:1 ratio.

In ABSORB II, the coprimary endpoints were vaso-motion (change in mean lumen diameter before and after nitrate administration at 3 years) and difference between minimum lumen diameter (after nitrate administration) after the index procedure and at 3 years. Clinical endpoints were also investigated. Serruys et al recently published a 1-year interim analysis, reporting similar DOCE and MACE rates between the two study arms (BVS 5% vs DES 3%;  $P=0.35$  for both), mainly driven by MI (4% vs 1%;  $P=0.06$ ) and TLR (1% vs 2%;  $P=0.69$ ).<sup>60</sup> Definite/probable stent thrombosis/ST incidence did not differ between the two groups (0.9% vs 0.0%;  $P=0.55$ ).

The ABSORB JAPAN is single blind, multicenter trial designed to enable approval of the Absorb BVST<sup>TM</sup> in Japan.<sup>61</sup> The primary outcome was TLF at 1 year. Definite/probable device thrombosis was also studied. Scaffold proved to be noninferior to DES, both for TLF (BVS 4.2% vs DES 3.8%;  $P<0.0001$  for noninferiority) and device thrombosis (1.5% vs 1.5%;  $P=1.0$ ).

The ABSORB III is to date the biggest randomized BVS trial published. It investigated as a primary clinical outcome the 1-year TLF rate, investigated for both noninferiority and superiority.<sup>62</sup> Device thrombosis was also studied. The Absorb BVST<sup>TM</sup> proved to be noninferior to DES Xience, but not superior for the primary endpoint (BVS 7.8% vs DES 6.1%,  $P=0.007$  for noninferiority,  $P=0.16$  for superiority). Stent thrombosis/ST frequency did not differ between the two study arms (1.5% vs 0.7%;  $P=0.13$ ), although events were numerically higher in the BVS group.

The ABSORB CHINA has been designed to support regulatory approval of the Absorb BVST<sup>TM</sup> in People's Republic of China.<sup>63</sup> Patients with silent ischemia or stable/unstable angina were randomized to Absorb BVST<sup>TM</sup> or DES

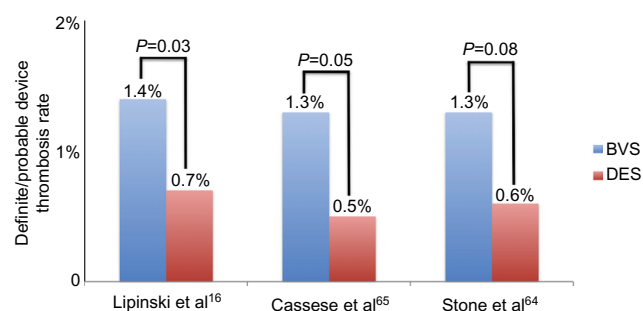


Xience in a 1:1 ratio and stratified according to diabetes and number of lesions treated. The primary endpoint was in-segment late loss at 1-year. Clinical outcomes were also studied. BVS proved to be noninferior to DES for the angiographic primary outcome ( $P=0.01$ ). POCE (BVS 8.0% vs DES 9.7%;  $P=0.51$ ) and DOCE (3.4% vs 4.2%;  $P=0.62$ ) rates at 1 year were also similar. Device thrombosis did not significantly differ between the two study arms (0.4% vs 0.0%;  $P=1.0$ ).

## Meta-analysis

Three BVS meta-analyses have been published.<sup>16,64,65</sup>

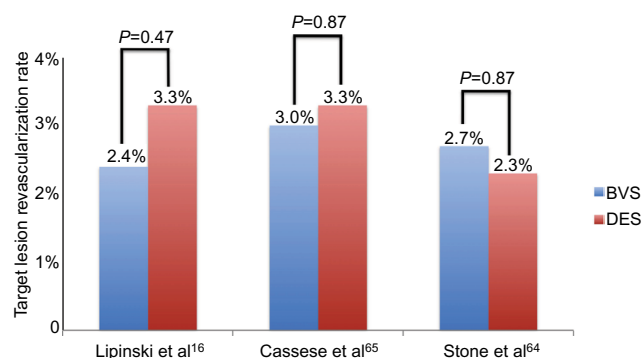
Stone et al pooled data of ABSORB II, ABSORB III, ABSORB CHINA, and ABSORB JAPAN trials.<sup>64</sup> They carried out a patient level, intention-to-treat analysis and outcomes analyzed were relative at 1-year POCE (composite of all-cause mortality, all MI, and all revascularization) rate and relative 1-year DOCE (cardiac death, target vessel MI, and ischemia-driven TLR) rate. Primary outcome did not differ between the two groups, both in patient-oriented (BVS 11.9% vs DES 10.6%, relative risk 1.09, 95% CI: 0.89–0.34;  $P=0.38$ ) and in device-oriented (6.6% vs 5.2%, relative risk 1.22, 95% CI: 0.91–1.64;  $P=0.17$ ) analyses. Target vessel MI was more frequent in BVS group (5.1% vs 3.3%, relative risk 1.45, 95% CI: 1.02–2.07;  $P=0.04$ ) and there was a trend in definite/probable device thrombosis incidence (1.3% vs 0.6%, relative risk 2.09, 95% CI: 0.92–4.75;  $P=0.08$ ) (Figure 1). Even if clinical outcomes did not differ between the two groups, technical BVS performance was inferior to the DES one. Actually, post-percutaneous in-device coronary intervention quantitative analysis proved that BVS lesions had lower acute gain ( $1.41\pm0.45$  vs  $1.58\pm0.45$  mm;  $P<0.0001$ ), lower minimal luminal diameter ( $2.37\pm0.39$  vs  $2.53\pm0.40$  mm;  $P<0.0001$ ), and higher diameter stenosis (12.4% vs 7.5%;



**Figure 1** Definite and probable device thrombosis frequency in BVS and DES patients.

**Notes:** Definite/probable device thrombosis rate in BVS and DES population at mean  $\pm$  SD 6.4 $\pm$ 5.1 months, 1-year (interquartile range 9–12 months), and 1-year follow-up for Lipinski et al, Cassese et al, and Stone et al, respectively. Data from references.<sup>16,64,65</sup>

**Abbreviations:** BVS, bioresorbable vascular scaffold; DES, drug-eluting stent.



**Figure 2** Target lesion revascularization rate in BVS and DES populations.

**Notes:** It shows BVS noninferiority to DES in terms of target lesion revascularization rate in three published meta-analyses. Follow-up was performed at mean  $\pm$  SD 6.4 $\pm$ 5.1 months, 1 year (interquartile range 9–12 months), and 1 year for Lipinski et al, Cassese et al, and Stone et al, respectively. Data from references.<sup>16,64,65</sup>

**Abbreviations:** BVS, bioresorbable vascular scaffold; DES, drug-eluting stent.

$P<0.0001$ ). This could be due to drawbacks that still affect BVS technology. Indeed, even if BVS is clinically noninferior to DES, some technical matters still affect it and its technical performance.

Cassese et al pooled data of trials analyzed by Stone et al, also adding EVERBIO II and TROFI II trials.<sup>65</sup> The primary efficacy endpoint was TLR and the primary safety outcome was definite/probable device thrombosis. Median follow-up was 12 months (interquartile range 9–12). TLR rate did not differ between the two study groups (odds ratio 0.97, 95% CI: 0.66–1.43;  $P=0.87$ ), even though BVS subjects had a greater risk of device thrombosis (odds ratio 1.99, 95% CI: 1.00–3.98;  $P=0.05$ ), especially in the first month (odds ratio 3.11, 95% CI: 1.24–7.82;  $P=0.02$ ) (Figures 1 and 2).

Lipinski et al pooled data of published randomized trials and also registries, accounting for a total of 10,510 patients treated with BVS ( $n=8,351$ ) and DES ( $n=2,159$ ).<sup>16</sup> They studied relative risk of device thrombosis at the longest follow-up. Other clinical outcomes, such as death, MI, and MACE rate, were also evaluated. BVS patients proved to have a higher risk of device thrombosis (odds ratio: 2.06, 95% CI: 1.07–3.98;  $P=0.03$ ) and MI (odds ratio: 2.06, 95% CI: 1.31–3.22;  $P=0.002$ ) (Figure 1). MACE (odds ratio: 0.87, 95% CI: 0.66–1.16;  $P=0.35$ ) and cardiovascular death (odds ratio: 0.81, 95% CI: 0.42–1.58;  $P=0.54$ ) rates did not differ between the two groups, even though there was a trend toward decreased all-cause mortality in the BVS arm (odds ratio: 0.40, 95% CI: 0.15–1.06;  $P=0.06$ ).

## Technical issues and scaffold pitfalls

Published data suggest that implantation of Absorb BVS<sup>TM</sup> is noninferior to second-generation DES in terms of clinical

outcomes (Figure 2). However, the outcomes so far reported are varying. Potential concerns of this technology include limitations in acute performance and the occurrence of ST.

Efforts should be made to perform an accurate patient/lesion selection and implement an optimal implantation technique to minimize these risks.

First of all, a correct evaluation of patient/lesion suitability for BVS implantation is of great importance.<sup>66</sup> The great benefit with BVS delivery is expected for young patients with long lesions. Due to the bulky structure of the BVS (strut thickness  $\approx 150\ \mu\text{m}$ ), vessels with extreme angulation of the segment proximal to the lesion should be avoided.

Everaert et al gave five simple rules in BVS implantation that could improve scaffold performance.<sup>67</sup> They are summarized in the five golden P for BVS implantation: prepare the lesion, properly size the vessel, pay attention to the expansions limits of the scaffold, postdilate the BVS with a properly sized noncompliant balloon, and pay attention to dual antiplatelet therapy patient compliance.

Adequate lesion preparation is mandatory. Predilation should be performed with increasing balloon size and the final balloon should have a diameter equal or only minimally undersized compared to the diameter of the selected BVS. Noncompliant balloon should be preferred. Full opening of the last balloon with no waist image on balloon profile is the goal that has to be reached.

Correct scaffold sizing is of utmost importance due to limits in scaffold postdilatation. BVS implantation in large vessel (with diameter  $>4.0\ \text{mm}$ ) is not allowed. The use of intravascular imaging is greatly encouraged. Optical coherence tomography, with its high resolution, could give important information about lesion characteristics, optimal scaffold dimensions, scaffold implantation results, and scaffold–vessel interactions.

Scaffold implantation has to be performed gradually, pressurizing the system in two atmosphere increments every 5 seconds. Target pressure should be maintained for at least 30 seconds. Due to polymeric backbone of the device, the final scaffold caliber cannot exceed the nominal diameter above 0.5 mm.

Routine postdilatation with noncompliant balloon is greatly encouraged, especially if some waist image is present on device profile. As for scaffold implantation, it is of great importance that the postdilatation balloon caliber does not exceed nominal scaffold diameter above 0.5 mm, in contrast to DESolve™, which has a wide expansion range.<sup>68</sup>

Dual antiplatelet therapy for at least 12 months is suggested in all BVS subjects, both treated for ACS and stable

CAD. However, longer dual antiplatelet therapy duration (18–24 months) and/or more potent agents (ticagrelor or prasugrel) can be explored, especially in patients at high risk for thrombotic events.

Major concerns arise from the ST rate (Figure 1). Consistently in randomized trials and registries, ST rate is higher than expected. Moreover, some cases of very late ST have also been reported.<sup>69</sup> ST may be linked to several factors: patient-, lesion-, device-, and procedure-related factors.<sup>70</sup>

Patient-related factors include all patient conditions associated with a higher prothrombotic status (ie, smoking, diabetes mellitus, chronic kidney disease, ACS clinical presentation, etc).

Challenging lesion subsets (ie, small vessels, thrombotic lesions, long lesions, bifurcations, etc) are known to be associated with DES thrombosis and similarly could have a pivotal role in ST.

Absorb BVS™ has greater strut dimensions than second-generation DES. This could create flow disturbances and delay scaffold re-endothelialization. Other factors that can be implied in ST are late-acquired incomplete strut apposition and neo-atherosclerosis.

Procedure-related factors (ie, fracture, incomplete apposition, under-expansion, flow limiting dissection) seem to have an important role in ST, especially in acute ST. The influence of these predisposing factors may be minimized by systematically applying the BVS delivery recommendations. Indeed, Puricel et al recently proved that ST rate can be reduced by the use of a “BVS-specific implantation protocol.”<sup>71</sup>

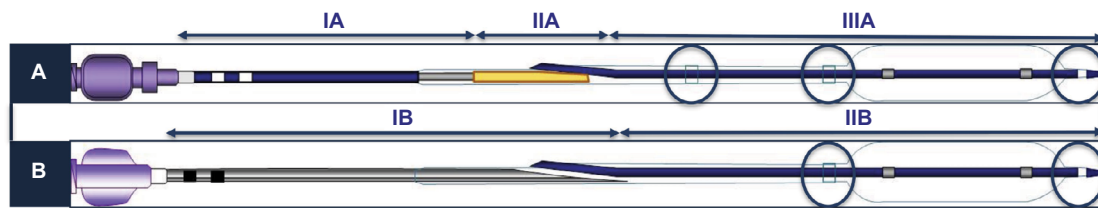
## Future perspective and scaffold evolution: the Absorb GT1 BVS™

BVS is routinely used in clinical practice. The kind of patient who most could benefit from a BVS is a young subject admitted for ACS. Indeed, Absorb BVS™ could perform the best in soft and ruptured plaque and in patients with a high expectancy of life.

Conversely, in calcified and chronic coronary lesions, BVS performance is suboptimal, due to its technologic pitfalls.

The main drawback of BVS backbone is its bulky structure. The considerable thickness of its struts limits the use in bending and calcified vessels. A possible resolution could be to reduce strut thickness so as to improve the navigability and deliverability of the device. However, a good solution could also be the new Absorb GT1 BVS™ (Figure 3).<sup>72</sup>

New Absorb GT1 BVS™ scaffold has the same features of the previous bioresorbable coronary device regarding the



**Figure 3** Absorb BVS™ and Absorb GT1 BVS™ catheter delivery systems.

**Notes:** (A) Shows the Absorb BVS™ catheter. Three parts are visible: the jacketed hypotube (part IA), mid shaft with the skive transition (part IIA), and distal shaft (part IIIA) with the mid lap seal, proximal seal, and distal seal (the blue circles, from proximal to distal, respectively). (B) Displays the Absorb GT1 BVS™ delivery system. Compared with the old version, the hypotube (part IB) is more robust and integrated in the skive joint. The distal catheter (part IIB) is composed of only one piece and has no mid shaft and no mid lap seal (in the blue circles proximal seal and distal seal are shown). Figure is an adaptation of the original. Courtesy of Abbott Vascular. ©2016 Abbott. All Rights Reserved.

scaffold. All the modifications concern the catheter delivery system.

The Absorb BVS™ delivery system presents three parts: a proximal high supportive jacketed hypotube, a mid shaft (with the skive transition), and the flexible distal shaft, with its distal hydrophilic coating (Figure 3A). The hypotube ends at the hypotube seal, where the outer member starts. The guide wire notch is located at the proximal end of the distal shaft and is ~25.5 cm from the tip of the catheter. The distal shaft presents three seals: from proximal to distal the mid lap seal, the proximal seal and the distal seal. Distally to the mid lap seal, the catheter presents the distal part of the outer member. Between the proximal and the distal seals, we have the scaffold with the balloon, and just distally the distal seal we have the distal balloon shaft with the soft catheter tip.

Compared with the old version of the device, in the Absorb GT1 BVS™, designers made the hypotube more robust, integrated the skive transition, and optimized the distal catheter (Figure 3B).

The Absorb GT1 BVS™ hypotube has a stronger proximal member and is unjacketed. It has a higher cross-sectional area of the fluid part and wall that allows a faster deflation of the balloon and an increased pushability, respectively.

The skive joint has been simplified and integrated so as to improve push transmission across the material junction and reduce the guide wire notch profile.

The outer member of the distal catheter is now constituted by a single piece with an increase in the outer member diameter. The outer member extends from the hypotube to the proximal balloon seal. The mid shaft and the mid lap seal have been eliminated, improving scaffold control. There has been an increase in the cross-sectional area of the outer member and fluid path, thus allowing a faster deflation and improving the pushability of the system.

The only study evaluating Absorb GT1 BVS™ outcome is the SUGAR-EVE, not recruiting yet. This is a randomized

Phase IV clinical trial, comparing the Absorb GT1 BVS™ versus an everolimus-eluting stent in 224 diabetic patients with de novo coronary stenosis. The primary endpoint is in-device late lumen loss at 9-month follow-up. Clinical outcomes will also be evaluated.<sup>73</sup>

Another important pitfall of the device is the reduced expansion range. This severely limits the use of the device in case of vasoconstriction or wrong vessel diameter evaluation. A greater expansibility could also reduce early ST burden.

The DESolve™ seems to be a valuable alternative. It has a great range of expansion (a 3.0 mm can be postdilated until 4.5 mm) and the property of “self-correction” acute recoil.<sup>68,74</sup>

However, several coronary scaffolds are currently under clinical development with the main aim to reduce strut thickness and improve scaffold distensibility. The Fortitude (Amaranth Medical, Inc., Mountain View, CA, USA) has a poly-L-lactic acid platform, a strut thickness of 120 µm, and can be postdilated 1 mm above nominal caliber. Another poly-L-lactic acid scaffold, the MeRes (Meril Life Science, Vapi, India), has a strut thickness of 100 µm. The Reva Fantom (REVA Medical, Inc., San Diego, CA, USA), with its tyrosine polycarbonate alloy, and the magnesium backbone Dreams 2G (Biotronik SE & Co. KG, Berlin, Germany) have both lower strut thickness and greater distensibility than Absorb BVS™. These devices are only at the initial development phase, and large clinical studies with long-term follow-up are awaited to assess clinical performance of these coronary scaffolds.<sup>75,76</sup>

## Conclusion

Available clinical data suggest that the Absorb BVS™ appears to be a safe technology. The main data come from observational registries in which the BVS performance has been satisfactory, even in challenging anatomical and clinical subsets. Recently, the Absorb BVS™ has proved to be

noninferior to second-generation DES also in randomized controlled trials.

Major concerns have arisen about the ST rate. In the registries and randomized trials, it is numerically higher than expected. Moreover, in meta-analysis, it has been significantly more frequent with BVS than with DES.

Refined selection of the lesions to be treated and use of optimal implantation technique may be helpful to prevent the occurrence of thrombotic events. The new Absorb GT1 BVS™ has some technical improvements in the catheter delivery system and could facilitate scaffold implantation.

More randomized clinical trials with longer follow-up are necessary to definitively assess the real BVS performance and pitfalls.

## Disclosure

The authors report no conflicts of interest in this work.

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