

Identifying and assessing the risk of opioid abuse in patients with cancer: an integrative review

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Background: The misuse and abuse of opioid medications in many developed nations is a health crisis, leading to increased health-system utilization, emergency department visits, and overdose deaths. There are also increasing concerns about opioid abuse and diversion in patients with cancer, even at the end of life.

Aims: To evaluate the current literature on opioid misuse and abuse, and more specifically the identification and assessment of opioid-abuse risk in patients with cancer. Our secondary aim is to offer the most current evidence of best clinical practice and suggest future directions for research.

Materials and methods: Our integrative review included a literature search using the key terms “identification and assessment of opioid abuse in cancer”, “advanced cancer and opioid abuse”, “hospice and opioid abuse”, and “palliative care and opioid abuse”. PubMed, PsycInfo, and Embase were supplemented by a manual search.

Results: We found 691 articles and eliminated 657, because they were predominantly noncancer populations or specifically excluded cancer patients. A total of 34 articles met our criteria, including case studies, case series, retrospective observational studies, and narrative reviews. The studies were categorized into screening questionnaires for opioid abuse or alcohol, urine drug screens to identify opioid misuse or abuse, prescription drug-monitoring programs, and the use of universal precautions.

Conclusion: Screening questionnaires and urine drug screens indicated at least one in five patients with cancer may be at risk of opioid-use disorder. Several studies demonstrated associations between high-risk patients and clinical outcomes, such as aberrant behavior, prolonged opioid use, higher morphine-equivalent daily dose, greater health care utilization, and symptom burden.

Keywords: screening questionnaires, urine drug screens, prescription drug-monitoring programs

Introduction

The overuse and misuse of opioid medications in the US and many other developed nations is a health crisis, leading to increased health-system utilization, emergency department visits, and nonmedical recreation use. The consequences of opioid misuse or opioid-use disorder include 16,235 deaths/year in the US alone¹ because of prescription-opioid overdose, and a rise in mortality among white middle-aged Americans for the first time in many decades, a mortality reversal that is largely attributed to death from drug and alcohol poisoning.²

There are also increasing concerns about substance abuse and diversion in patients with cancer, even at the end of life.³ A survey of palliative care programs in the US

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found less than half of respondents had policies for screening patients or their family members.⁴ Despite concerns, there are no guidelines from professional organizations regarding the assessment and management of opioid-use disorder in cancer. The experience derived from managing chronic noncancer pain largely determines the approach to managing opioid risk in patients with cancer. However, the evidence for managing opioid-use disorder in noncancer pain is surprisingly limited. A systematic review of 13 guidelines for chronic pain in noncancer patients found only two guidelines were of high quality.⁵ Despite finding limited evidence and variability in methodology, the review noted agreement on use of risk-assessment tools, treatment agreements, and urine drug testing. Another systematic review of strategies to guide opioid prescribing in chronic pain found no one procedure or set of predictor variables was sufficient to identify patients at risk of opioid misuse or abuse.⁶ The procedures reviewed included urine toxicology screening, structured interviews, observation, and self-report questionnaires. While the concerns about opioid abuse are clearly justified, regrettably cancer pain is often undertreated in the US and Europe.⁷ A systematic review found one in three patients did not receive an analgesic prescription to match their level of reported pain.⁸

Given the current state of pain management within the oncology setting and the inherent risk of opioid abuse and misuse, the aim of this article is to evaluate the current literature on opioid abuse and more specifically the identification and assessment of opioid-abuse risk in patients with cancer. This article builds from the current state and offers the most current evidence to inform best clinical practice and future directions for research.

Materials and methods

We conducted an integrative review⁹ in order to broaden our approach, maintain structure, and reduce bias and errors. Our comprehensive literature search included the key terms “identification and assessment of opioid abuse in cancer”, “advanced cancer and opioid abuse”, “hospice and opioid abuse”, and “palliative care and opioid abuse”. The electronic search included PubMed, PsycInfo, and Embase, supplemented by a manual search. Articles not written in English or published before 1995 were excluded.

Data evaluation

We found 691 articles using our search terms; 657 were eliminated, because they included predominantly noncancer populations or they specifically excluded cancer patients. Studies of cancer patients on methadone maintenance or buprenorphine for substance-use disorders were not included

in our final sample. There were no randomized controlled trials or systematic reviews in patients with cancer. There were several systematic reviews addressing risk in chronic nonmalignant pain, but only one review included cancer patients. That review focused on the development of opioid dependency after pain relief with opioid analgesics,¹⁰ and included a single case series of 100 cancer patients, none of whom developed any opioid dependency.¹¹ A total of 34 articles met our criteria and were included in the final sample, including case studies, case series, retrospective observational studies, and narrative reviews. Articles available only as abstracts were also included. Ten narrative reviews addressed opioid abuse in patients with cancer. To assist in the evaluation and interpretation of the studies, a 1-point rating system was applied for relevance (1= low and 2= high). Articles that scored low were not excluded, but contributed less to the research aims.

Data analysis

The data were categorized as follows: studies using screening questionnaires for opioid abuse or alcohol in patients with cancer; studies using urine drug screens (UDSs) to identify opioid abuse in cancer; prescription drug-monitoring programs (PDMPs) in patients with cancer; and studies addressing the use of universal precautions (UPs) in cancer pain. Because there were few studies using screening tools specifically for opioids, we broadened our inclusion criteria to studies using the Cut Down, Annoyed, Guilty, and Eye-Opener (CAGE) score in patients with cancer. In the general population, there are strong associations between early onset of alcohol use and subsequent misuse of prescription drugs.¹² We excluded other addictive drugs, such as cocaine^{13,14} and tobacco,¹⁵ that are also associated with increased opioid misuse.

Results

Opioid-misuse or -abuse risk is identified by screening questionnaires, UDSs, PDMPs, and UPs. UPs use a combination of assessment tools, in addition to other clinical evaluations. We found one study using administrative data to identify a prior history of substance-use disorder in patients with advanced prostate cancer. A diagnosis of substance-use disorder in these patients was associated with higher mortality, hospitalization, and emergency room visits.¹⁶

Screening questionnaires for opioid-misuse or -abuse risk

Numerous validated opioid risk-screening tools exist for noncancer pain. For widespread adoption in oncology or palliative

care clinics, opioid risk-screening tools need to be brief and easily administered. We found seven studies using opioid-risk questionnaires in patients with cancer: three using the Opioid Risk Tool (ORT), two the Screener and Opioid Assessment for Patients with Pain – revised (SOAPP-R), and two the SOAPP – short form (SOAPP-SF). The CAGE, ORT, and SOAPP-SF take less than 5 minutes to complete, and can be self-administered. There were no studies comparing opioid-risk instruments. However, some studies evaluated the association between a positive screen and other outcomes, such as aberrant behavior, increased morphine-equivalent daily dose, or abnormal UDS. We found 13 studies using the CAGE questionnaire to assess the risk of alcoholism or “chemical coping” in patients with advanced cancer (Table 1).

CAGE and CAGE-AID

CAGE is a four-item survey for identifying clinically significant alcohol problems. Although the tool is not validated for opioid-abuse risk, CAGE has been used to assess risk for chemical coping in patients with advanced cancer.¹⁷ The term “chemical coping” is often used in the cancer context, and describes patients’ intake of opioids on a scale that ranges from normal nonaddictive opioid use for pain to opioid addiction. An international expert panel defines chemical coping with opioids as “The use of opioids to cope with emotional distress, characterized by inappropriate and and/or excessive opioid use”.¹⁸ The CAGE – Adapted to Include Drugs (CAGE-AID) questionnaire includes drugs as well as alcohol, but has not yet been used in a cancer population.¹⁹

There was a wide variation in the prevalence of positive CAGE screens in patients with cancer, ranging from 4% to 64%. This variation may be due to heterogeneity of the patient cohorts with regard to cancer type (eg, head and neck cancers associated with tobacco or alcohol use will have a higher prevalence), tumor stage, or demographics. A study of 443 cancer patients receiving palliative care in Italy found only 4% were CAGE-“positive”,²⁰ while a Toronto cancer center identified 7% as positive (score $\geq 1/4$) in an outpatient radiotherapy clinic.²¹ Analgesic consumption and pain scores were not significantly higher in the positive group. Similarly, a study of cancer patients from the UK, using the Alcohol Use Disorders Identification Test, revealed few high-risk patients (6%) and no association between a positive alcohol screen and physical or psychological symptoms. The low prevalence of high-risk patients in these three studies is in contrast to a cohort of 705 esophageal cancer patients in Germany, where 64% were CAGE-positive.²²

Several retrospective studies from two North American cancer centers used the CAGE questionnaire to identify

high-risk patients with advanced cancer. The prevalence of positive CAGE scores ($\geq 2/4$) in a Canadian cancer center was consistent in ambulatory patients and inpatients, ranging from 24%^{23,24} to 33%²⁵ in the outpatient setting, and 24%²⁶ to 27%²⁷ in the palliative care unit. The association between alcohol and opioid use-disorder risk was also reported in five studies from the MD Anderson Cancer Center. The frequency of CAGE-positive patients ranged from 17%^{28,29} in patients with a variety of solid tumor types to 41% in head and neck patients on prolonged opioid therapy (>3 months).³⁰ Other studies from the same group of investigators showed a positive CAGE score was associated with a history of illicit drug use, tobacco use, greater symptom expression, higher morphine-equivalent daily dose, and unsafe use of opioids.³¹ Although the efficacy of a specific intervention was not evaluated in these studies, the palliative care team was able to improve symptoms and avoid dose escalation of opioids in both positive and negative patients.³²

Screener and Opioid Assessment for Patients with Pain

The SOAPP tool is a self-report questionnaire validated in chronic pain. A revised 24-item (SOAPP-R)³³ version is available, and more recently a short form (SOAPP-SF) has been developed, using five questions and a Likert-type scale (0–4). We found four studies from the US using the SOAPP: two used the SOAPP-R, and two the SOAPP-SF.

A study of 38 young adults with cancer compared patients’ risk based on a psychologist’s evaluation and the SOAPP-R tool.³⁴ Patients were risk-stratified, and subsequent aberrant behaviors were documented over a 9-month period. Aberrant behaviors included missed, canceled, or unscheduled appointments with a pain provider, unauthorized change in dose or frequency of a medication, hoarding drugs, and illicit drug use. Approximately 60% of patients were standard risk and demonstrated no aberrant behaviors, while 39.5% of patients were high risk and had additional safeguards placed to mitigate opioid misuse, such as frequent visits and interventions like cognitive behavioral therapy. Despite safeguards, five patients subsequently displayed aberrant behavior. Another preliminary, prospective observational study of 70 patients seen in a cancer center emergency department, found 42% were SOAP-R-positive and at high risk for aberrant behavior.³⁵ Information obtained from the state Prescription Drug Monitoring Program (PDMP) indicated SOAPP-R-positive patients used more providers, prescriptions, and pharmacies.

Two studies of larger cohorts found a high prevalence of “positive” SOAPP-SF patients in outpatient clinics. A score ≥ 4 , considered positive and high risk for opioid

Table 1 Studies of screening questionnaires for opioid-misuse or -abuse risk

Study	Population	Sample size	Study design	Questionnaire	Results
Ehrentauf et al ¹²	Young adults, St Jude Children's Research Hospital, Memphis, USA	n=38	Prospective study	SOAPP-R	23 patients identified as standard risk, with none developing aberrant opioid-use behaviors 15 patients classified as high risk, with five displaying "red-flag behaviors"
Barclay et al ⁴⁰	Current or past diagnosis of solid and blood cancers, palliative care clinic, University of Virginia, Charlottesville, USA	n=114	Retrospective chart review	ORT	Classification of high risk based on either psychology interview and SOAPP-R together or psychology interview alone Mean ORT score 3.79, 57% low risk, 22% medium risk, and 21% high risk Common risk factors age (16–45 years old), personal history of alcohol or illicit drugs Most ORT scores calculated using chart data, 31% had documented ORT in clinic notes 25% scored CAGE-positive on first visit
Bruera et al ²⁴	Advanced solid and blood cancers, outpatient symptom-control clinic, Cross Cancer Institute, Edmonton, Canada	n=166	Retrospective chart review	CAGE	27% CAGE-positive
Bruera et al ²⁵	Advanced solid and blood cancers, inpatient palliative care unit, Edmonton, Canada	n=200	Retrospective chart review	CAGE	Higher opioid doses on admission and day 2, but pain intensity and maximal opioid dose no different between CAGE-positive and -negative
Bruera et al ²⁷	Advanced cancer, inpatient palliative care unit and hospice, Edmonton, Canada	n=988	Retrospective chart review	CAGE	Patients admitted to palliative care unit had higher positive CAGE score than hospice (27% vs 16%)
Childers et al ³⁷	Solid and blood cancers, supportive care clinic, Hillman Cancer Center, Pittsburgh, USA	n=323	Retrospective chart review	CAGE, SOAPP-SF	46% of new patients (76) had positive SOAPP-SF scores and 15% positive CAGE scores
Chow et al ²¹	Solid cancer, radiotherapy outpatient clinic, Toronto Sunnybrook Regional Cancer Center, Toronto, Canada	n=128	Retrospective chart review	CAGE	Those with positive SOAPP-SF scores tended to be younger 9 patients had positive CAGE scores No difference in pain intensity or analgesic use in CAGE-positive
Dev et al ²⁸	Advanced solid and blood cancers, supportive care clinic, MD Anderson, Houston, USA	n=598	Retrospective chart review	CAGE	100 CAGE-positive patients younger, male, history of tobacco, actively using nicotine, history of illegal recreational drug use
Jenkins et al ²³	Advanced solid and blood cancers, inpatient palliative care consults, Edmonton, Canada	n=95	Retrospective chart review	CAGE	24% positive CAGE score
Jenkins et al ²⁶	Advanced solid and blood cancers, palliative care unit, Edmonton, Canada	n=96	Retrospective chart review	CAGE	12 of 69 patients had positive CAGE scores

Koyyalagunta et al ³⁶	Current and past solid and blood cancers, pain outpatient clinic, MD Anderson, Houston, USA	n=522	Retrospective chart review	SOAPP-SF	149 high risk (score ≥ 4) = younger, higher pain score 283 history of alcohol use, with 27% currently using 289 history of smoking, with 19% actively smoking 68 patients had history of illicit drug use Ongoing illicit drug SOAPP-SF score mean 9.625 High risk = high morphine-equivalent daily dose 44 patients continued opioids 3 months after radiation 23 patients continued opioids 6 months after radiation 18 nonstoppers, three stoppers were CAGE-positive 76 patients diagnosed as chemically coping CAGE positivity, younger age, better performance status, pain = predictors of chemical coping Documentation of chemical coping significantly lower in medical records than diagnosed by physicians 65 patients low risk, 21 moderate risk, 28 high risk No differences between risk groups based on age, sex, metastases, pain score, or cancer type Risk factors = family history of alcohol abuse and history of depression
Kwon et al ³⁰	Head and neck cancer with curative treatment, MD Anderson, Houston, USA	n=70	Retrospective chart review	CAGE	
Kwon et al ²⁹	Advanced cancer, MD Anderson Houston, USA	n=432	Prospective study	CAGE	
Ma et al ³⁹	Solid and blood cancer, sickle cell, Comprehensive Cancer Center, San Diego, USA	n=114: 107 cancer, 7 sickle	Retrospective chart review	ORT	
Martin et al ²²	Preoperative, upper digestive tract, Berlin, Germany	n=705	Prospective study	CAGE	Prevalence of alcohol misuse 81% 64% of patients diagnosed with CAGE
Mercadante et al ²⁰	Advanced solid and blood cancers, palliative care unit and home care, cancer center, Palermo, Italy	n=443	Prospective study	CAGE	18 (4%) patients CAGE-positive CAGE-positive more likely to be male and younger
Parsons et al ³²	Advanced solid and blood cancers, supportive care clinic, MD Anderson, Houston, USA	n=665	Retrospective chart review	CAGE	100 CAGE-positive CAGE-positive = younger, male, head/neck cancer Pain worse at baseline among CAGE-positive patients More CAGE-positive patients on opioids at first visit Mean ORT score 2.1 79% low risk, 13% moderate risk, and 7.5% high risk 23% admitted to personal history of illegal drug, prescription drug, or alcohol abuse
Pelkofski et al ⁴¹	Gynecologic cancer, oncology or palliative care clinic, University of Virginia, Charlottesville, USA	n=53	Retrospective chart review, abstract	ORT	Younger patients at high risk for increased ORT score 58 patients CAGE-positive and 26 history of illicit drugs 56 patients stored opioids in plain sight, 208 patients hid opioids but unlocked, and 28 locked their opioids CAGE-positive patients and those with history of illicit drug use or smoking more likely to lock their opioids
Reddy et al ³¹	Advanced solid cancers, supportive care clinic, MD Anderson, Houston, USA	n=300	Prospective survey	CAGE	27 of 65 patients positive SOAPP-R scores SOAPP-positive patients = higher number of prescriptions from higher number of providers and filled at more pharmacies
Wattana et al ³⁵	Emergency department, MD Anderson, Houston, USA	n=70	Prospective study, abstract	SOAPP-R	

Abbreviations: SOAPP-R, Screener and Opioid Assessment for Patients with Pain – revised; ORT, Opioid Risk Tool; CAGE, Cut Down, Annoyed, GUILTY, and Eye-Opener; SF, short form.

misuse, was found in 29% of 522 pain clinic patients at MD Anderson Cancer Center.³⁶ Positive patients were younger, endorsed more pain, required higher morphine-equivalent daily doses, and reported more depression and anxiety. A study in an outpatient palliative care clinic found 46% of the 57 new patients had positive SOAP-SF scores.³⁷ Less than 5% of visits included a UDS, and 56% of these had aberrant results. Although the patients were seen in a palliative care clinic and 91% had a diagnosis of cancer, almost a third had no evidence of current disease.

Opioid Risk Tool

The ORT categorizes patients into three risk groups based on age, personal and family history of substance abuse, psychological comorbidities, and history of preadolescent sexual abuse.³⁸ The tool can be administered and scored in less than 1 minute, and classifies patients as low, medium, or high risk for opioid misuse. We found three retrospective chart reviews using the ORT and one based on the ORT.

Three studies implemented the ORT in outpatient clinics at academic centers. A retrospective analysis of 107 patients, most with metastatic cancer, found 25% to be high risk.³⁹ Common risk factors included a personal history of depression and family history of alcohol abuse. There was no documentation of subsequent aberrant behaviors, so it is unclear whether the tool had predictive value in this population of patients. A retrospective chart review of 114 patients with cancer assessed patients' ORT score⁴⁰ and obtained UDSs in 40% of patients. Most of the ORT scores were calculated using chart data, while 31% had documentation of ORT in the clinic notes. The ORT score strongly predicted an abnormal UDS, with 62.5% of abnormal UDSs corresponding to medium- or high-risk patients. The strongest ORT predictors of abnormal UDS were family history of alcohol abuse and personal history of illegal drug use. A preliminary report from the same institution of 53 women with gynecological cancer also found younger age to be associated with a higher ORT score.⁴¹ Twenty-three percent of the women acknowledged a history of prescription or alcohol/illicit drug abuse not previously detected by routine interviews.

Pediatric clinical investigators used a checklist based on the ORT to evaluate aberrant behavior in a retrospective review of 94 adolescents and young adults (AYAs) with cancer. The Screen for Opioid-Associated Aberrant Behavior Risk (SOABR) identified a high incidence (11.7%) of aberrant behavior in AYAs, even when opioid-prescription practices were closely monitored and multidisciplinary support was readily available. Concurrent use of multiple opioids was

significantly associated with aberrant behavior ($P=0.003$),⁴² and at least one psychosocial risk factor was identified in 90%. The SOABR is not yet validated, but like the ORT includes questions about patients' peer group, excessive impulsivity, and pathologic gambling. The authors note that as pediatric cancer survival rates continue to rise, survivors may face chronic cancer- or treatment-related pain that requires opioid therapy, and AYAs with aberrant behavior may be more susceptible to addiction and drug abuse later in life.

Urine drug screens

UDSs may identify drug misuse and diversion when combined with other screening measures.⁴³ Unfortunately, there are no guidelines for using UDSs in patients with cancer, and we found only three clinical studies. Two of the studies are discussed earlier in the sections on SOAPP-SF³⁷ and ORT.⁴⁰ A third study, available as an abstract, reviewed 232 consecutive palliative pain clinic patients at a National Cancer Institute center over an 18-month period, including 80 patients who had at least one UDS. The physician's clinical judgment of substance use-disorder risk determined UDS orders. Seventy-three percent of patients tested had an abnormal UDS, either an inappropriately negative screen or positive for unprescribed substances.⁴⁴ Only one in five patients had cannabis as the sole substance of misuse; most tested positive for unprescribed opioids or illicit drugs.

There are several limitations of UDSs in practice, including the interpretation of the test itself, variability of the test (different tests screen for different drugs), and variable sensitivities and specificities. In addition, one study in patients with chronic noncancer pain found an initial positive UDS did not necessarily predict aberrant behaviors once treatment started.⁴⁵ As UDS utilization increases, clinicians need to become familiar with the interpretation of abnormal results and their management.⁴⁶ For the vulnerable patient with cancer who is often burdened by multiple stressors, it is especially important to avoid false accusations of opioid misuse and diversion.

Prescription drug-monitoring programs

PDMPs provide additional information that may help clinicians to identify patients at increased risk of opioid abuse. We found two pilot studies evaluating PDMPs in patients with cancer-related pain. A study from an outpatient palliative care clinic suggested that combining clinical assessment with information from a state PDMP enabled a more accurate assessment of opioid risk.⁴⁷ A preliminary study published in abstract form and discussed in the SOAPP section used the PDMP to determine whether increased prescription,

provider, and pharmacy use was associated with a positive SOAPP-R screen.

In the US, PDMPs are central statewide electronic databases that store information on prescribing and dispensing records related to federally controlled substances.⁴⁸ Fifteen states require enrollment of prescribers and dispensers, while seven require only prescribers to enroll in the PDMP.⁴⁹ A proposed national PDMP for Australia has highlighted the potential challenges associated with implementing “real-time” PDMPs and the need for prescribers to have access, rather than dispensers alone.⁵⁰ These challenges include inadvertently directing patients toward illicit opioids, “firing” patients for misusing opioids (this would be particularly concerning in patients with a life-limiting illness, such as cancer), and inadequate pharmacological pain management.⁵¹

Reductions in prescriptions or overall opioid use after implementation of PDMPs have been inconsistent. Implementation of state PDMPs was associated with only a 3% decrease in morphine milligram equivalents dispensed per capita ($P=0.68$). The impact of PDMPs on morphine milligram equivalents dispensed per capita varied markedly by state: from a 66% decrease in Colorado to a 61% increase in Connecticut.⁵² A New York State program that mandates prescribers consult the PDMP registry before prescribing a controlled substance found a significant reduction ($P<0.05$) in the number of opioid prescriptions and pills after implementation of the mandatory PDMP.⁵³ Several other states recommend or encourage prescribers or dispensers to access their PDMP database. A recent survey found pharmacists frequently use the PDMP to screen for opioid misuse and doctor-shopping, but overall safe use of opioids did not improve, and PDMP users were less likely to discuss their concerns directly with the patient.⁵⁴

Universal precautions

UPs in pain medicine were developed in 2005, and are a ten-step approach to the assessment and management of chronic noncancer pain, including but not limited to opioid therapy.⁵⁵ Adaptations of UPs have been advocated by several narrative reviews for the treatment of cancer-related pain.^{56–57} Other than narrative reviews, there is no evidence in the literature that UPs improve outcomes in patients with cancer.

Discussion

In the past, oncologists and palliative care clinicians may have been reluctant to implement opioid-abuse screening, because they underappreciated the risks of addiction, diversion, and opioid-induced neurotoxicity. However, if clinicians are to

alleviate the suffering of patients with cancer, manage pain, and improve quality of life, a comprehensive risk assessment for opioid abuse is essential. Opioid-use disorder in cancer is especially difficult to identify, in part because the problem may be framed in terms of “overtreatment” rather than abuse.⁵⁸ Paradoxically, despite concerns about abuse and overtreatment, many cancer patients are still not receiving opioids for severe pain, particularly in developing countries, but also in the US among minorities.⁵⁹

In the absence of any standardized screening, the opioid-abuse risk is likely to be underappreciated. In 1990, only 3% of inpatient and outpatient consultations by the psychiatry service at Memorial Sloan Kettering Cancer Center were related to drug abuse.⁶⁰ Our review suggests the prevalence of opioid use-disorder risk is substantially higher among patients with cancer. Screening questionnaires and UDSs from five different National Cancer Institute Centers indicate at least one in five patients may be at risk of opioid-use disorder. Patients with specific tumor types related to tobacco and alcohol abuse, such as lung, esophageal, and head and neck cancers are at even greater risk, although the overall prevalence is still unclear.⁶¹ Several studies using screening questionnaires demonstrated associations between high-risk patients and important clinical outcomes, such as aberrant behavior, prolonged opioid use, higher morphine-equivalent daily dose, greater health care utilization, and symptom burden. No studies compared screening tools, although the CAGE, ORT, and SOAP-SF are all brief, easily administered questionnaires that can be adopted into daily clinical practice.

Despite concerns about implied mistrust in ordering a UDS, studies in cancer patients suggest the test should be considered depending on the clinical circumstances. However, the clinical utility, cost-effectiveness, and clinician expertise regarding interpretation are concerns that need further research. PDMPs appear to be a low-risk, low-burden, and relatively inexpensive assessment to identify aberrant behavior, such as doctor-shopping. However, the literature evidence for PDMP use in cancer patients is negligible, and the overall effect on prescription, provider, and pharmacy use is inconsistent.

Several narrative reviews advocated for the implementation of UPs. UPs were originally developed for managing nonmalignant pain, and there is no evidence UPs improve clinical outcomes in cancer patients. Despite the lack of literature evidence, UPs are appealing because of their comprehensive nature, combining assessments such as screening questionnaires, PDMPs, and UDSs along with “good” clinical practice.

In summary, while there is a lack of standardization among providers who care for patients with cancer, current evidence supports the need for assessing opioid risk in this population. The combination of good clinical practice with guidelines for risk assessment within clinical settings is warranted. Additionally, future research should evaluate the efficacy of these opioid risk-mitigation strategies, including effects on pain control, function, and mortality. Finally, reimbursement policies, incentives, and health-technology systems that encourage physicians to use UPs, consult PDMP data, and implement screening have the potential to reduce health costs and address a serious public health problem simultaneously.⁶²

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Disclosure

The authors report no conflicts of interest in this work.

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