Imaging of pulmonary emphysema: A pictorial review

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Abstract: The term ‘emphysema’ is generally used in a morphological sense, and therefore imaging modalities have an important role in diagnosing this disease. In particular, high resolution computed tomography (HRCT) is a reliable tool for demonstrating the pathology of emphysema, even in subtle changes within secondary pulmonary lobules. Generally, pulmonary emphysema is classified into three types related to the lobular anatomy: centrilobular emphysema, panlobular emphysema, and paraseptal emphysema. In this pictorial review, we discuss the radiological – pathological correlation in each type of pulmonary emphysema. HRCT of early centrilobular emphysema shows an evenly distributed centrilobular tiny areas of low attenuation with ill-defined borders. With enlargement of the dilated airspace, the surrounding lung parenchyma is compressed, which enables observation of a clear border between the emphysematous area and the normal lung. Because the disease progresses from the centrilobular portion, normal lung parenchyma in the perilobular portion tends to be preserved, even in a case of far-advanced pulmonary emphysema. In panlobular emphysema, HRCT shows either panlobular low attenuation or ill-defined diffuse low attenuation of the lung. Paraseptal emphysema is characterized by subpleural well-defined cystic spaces. Recent topics related to imaging of pulmonary emphysema will also be discussed, including morphometry of the airway in cases of chronic obstructive pulmonary disease, combined pulmonary fibrosis and pulmonary emphysema, and bronchogenic carcinoma associated with bullous lung disease.

Keywords: pulmonary emphysema, HRCT, radiologic-pathologic correlation, pulmonary fibrosis, bronchus, lung cancer

Introduction

Chronic obstructive pulmonary disease (COPD) is a disease characterized by airflow limitation that is not fully reversible (Pauwels et al 2001). The pathogenesis of COPD is thought to be chronic inflammation throughout the airways, parenchyma, and pulmonary vasculature (Pauwels et al 2001). Pathologic changes characteristic of COPD occur in all these respiratory structures. Among these changes, destruction of the lung parenchyma is commonly referred to as pulmonary emphysema, defined as “an abnormal permanent enlargement of the air space distal to the terminal bronchioles, accompanied by destruction of the alveolar walls, and without obvious fibrosis” (ATS 1962; Snider et al 1985). The etiology of pulmonary emphysema has not been fully established (Tuder et al 2006), but the prevailing concept is that lung inflammation caused by cigarette smoke, environmental pollutants, or bacterial products leads to an imbalance of proteases and antiproteases (Tuder et al 2006). Although the traditional inflammatory cell implicated in emphysema is the neutrophil which releases neutrophil elastase, recent research has been focused on the macrophage and macrophage-derived protease (Wright and Churg 2007). The link between the inflammation and inflammation-related genes was also highlighted (Grumelli et al 2004). Apoptosis and oxidative stress also act as amplification mechanisms (Tuder et al 2006).

The term emphysema is generally used in a morphological sense in the field of pathology and radiology and should not be directly related with physiological impairment. Imaging modalities have an important role in diagnosis of pulmonary
emphysema, and high resolution computed tomography (HRCT) is an especially reliable tool for demonstrating the pathology of emphysema, even for subtle changes in secondary pulmonary lobules. In this pictorial review, we show the radiological – pathological correlation in pulmonary emphysema. Recent topics related to imaging of pulmonary emphysema will also be discussed, including morphometry of the airway in cases of COPD, combined pulmonary fibrosis and pulmonary emphysema, and bronchogenic carcinoma associated with bullous lung disease (BLD).

Anatomy of the secondary pulmonary lobule

An understanding of the normal anatomy of the peripheral lung is required when interpreting CT images of pulmonary emphysema. From the trachea, airways with a diameter of 1 mm reach the level of the lobular bronchus after 9 to 14 dichotomous branches. Lobular bronchus has 3 to 5 smaller airways, which are called terminal bronchioles (Figure 1). These bronchioles arise at intervals of 1 to 2 mm while prelobular bronchi arise at intervals of 0.5 to 1.0 cm (Reid 1958). A unit consisting of 3 to 5 terminal bronchioles supplied by a small bronchus with a diameter of 1 mm is called a secondary pulmonary lobule (Reid’s lobule) (Reid 1958). Therefore, an intralobular region can be recognized if the branching distance

Figure 1 Secondary pulmonary lobule: Reid’s definition. Contact radiograph of the inflated fixed lung specimen showing the branching terminal bronchioles (arrows). These terminal bronchioles arise at intervals of 1 to 2 mm. The bar represents 5 mm. Abbreviations: BR, bronchus; PA, pulmonary artery; PV, pulmonary vein; ILS, interlobular septum.

Figure 2 The cm and mm patterns. Diagram (modified from Reid) showing the branching pattern of the end of a bronchial pathway. Initially the branches arise at intervals of approximately 0.5 to 1.0 cm (A to B) and then arise at intervals of approximately 2 mm (beyond B). Copyright © 1958. Adapted and reproduced with permission from the BMJ Publishing Group, from Reid L. 1958. The secondary lobule in the adult human lung with special reference to its appearance in bronchograms. Thorax, 13:110–15.

Figure 3 Secondary pulmonary lobule: Miller’s definition. Specimen photograph demonstrating a rich network of interlobular septa. Noted that the area surrounded by the septa is variable. Abbreviation: PV, pulmonary vein.
Imaging of pulmonary emphysema is constant at 1 to 2 mm. Prelobular branching is referred to as a “cm pattern” and an intralobular pattern is called an “mm pattern” (Reid 1958) (Figure 2), and the area supplied by each terminal bronchiole is called an “acinus”. Miller (1950) defined the secondary lobule as an area surrounded by the interlobular septum (Figure 3). Reid’s and Miller’s lobules are not conceptually the same, because the interlobular septum is not constantly and uniformly observed within the lung, and the area surrounded by the septum ranges from 1 to 3 cm; in contrast, Reid’s lobule is constantly and uniformly observed throughout the lung (Itoh et al 1993).

Terminal bronchioles branch off respiratory bronchioles which have walls with pores of alveoli. After 2 to 3 branches of respiratory bronchioles, the number of alveolar fenestrations increases gradually and these then change into alveolar ducts and sacs (Figure 4). The airway is essentially accompanied by the pulmonary artery, even at the level of secondary pulmonary lobules. The area around the terminal bronchiole and the 1st ordered respiratory bronchiole is called the “centrilobular portion” or “centriacinar portion” (Spencer 1985) (Figure 5). The pulmonary vein runs between the pulmonary segment and connects to the interlobular septum, which forms peripheral connective tissue together with the visceral pleura. The distance from the centrilobular portion to the peripheral structure, including the interlobular septum, pulmonary vein and pleura, is constant at about 2.5 mm (Itoh et al 1978; Murata et al 1986).

**Visualization of peripheral lung structure by HRCT**

In general, HRCT can be used to visualize an airway with a diameter larger than 2 mm, which corresponds to sub-subsegmental bronchi (Murata et al 1986). These bronchi are generally located in the inner two-thirds of the lung field (Murata et al 1986). In the distal lung field, the course of the airway can be recognized from the branching structure of the pulmonary artery that accompanies the airway. CT shows the pulmonary artery down to a caliber of 200 µm (Murata et al 1986). This portion corresponds to the level of the tip of the terminal bronchioles and the 1st respiratory bronchioles (Itoh et al 1978, Murata et al 1986). Therefore, a centrilobular region can be recognized as an area around the tip of the visible pulmonary artery (Figures 6, 7). Centrilobular abnormalities always have a distance of about 2.5 mm from the perilobular structure, including interlobular septum, pleura and large pulmonary vessels (Murata et al 1986, 1989). Recent HRCT with thinner collimation (0.5–1.0 mm) has more powerful
resolution for demonstration of peripheral lung structures, in which the distance between the most distal visible pulmonary artery and pleura is about 1–1.5 mm and that between the most distal visible airway and pleura is about 1.5 cm. The former corresponds to the level of 2nd respiratory bronchioles and the latter to prelobular bronchi (Takahashi et al 2002).

**Classification of pulmonary emphysema**

Pulmonary emphysema can be classified into three major subtypes based on the disease distribution within secondary pulmonary lobules (Stern and Frank 1994; Thurlbeck and Müller 1994): centriacinar emphysema, panacinar emphysema, and distal acinar emphysema (Figure 8). The relationships among these types of pulmonary emphysema and how each type is formed have yet to be clarified. The subtypes of emphysema can usually be determined in mild or moderate cases, but classification into anatomic subtypes becomes more difficult by CT and pathology as emphysema becomes more severe, with even highly trained and experienced pathologists sometimes disagreeing on the classification (Mitchell et al 1970). Centriacinar and panacinar emphysema can also coexist in the same patient; for example, with centriacinar emphysema in the upper lobe and panacinar emphysema in the lower lobe (Mitchell et al 1970).

**Centriacinar emphysema**

Centriacinar emphysema is the commonest type of pulmonary emphysema and is characterized by an enlargement of the centriacinar airspace, with the effect mainly occurring in proximal respiratory bronchioles, leaving normal distal alveolar ducts and sacs (Leopold and Gough 1957). The disease mainly involves the second and third respiratory bronchioles, and the severity of destruction of the lung parenchyma usually differs from lobule to lobule (Leopold and Gough 1957). Development of centriacinar emphysema is believed to be closely related to cigarette smoking and dust inhalation (ATS 1962; Finkelstein et al 1995; Cosio Piqueras et al 2001; Pauwels et al 2001; Satoh et al 2001), and most emphysema observed in heavy smokers is centriacinar emphysema (Thurlbeck 1963). The disease is usually distributed to the upper lobe or the superior segment of the lower lobe (Figure 9). The precise reasons for this distribution are unclear, but may include regional differences in perfusion, transit time of leukocytes, clearance of deposited dust, and pleural pressure (Gurney 1991). The inner zone is more severely affected than the outer zone, which may be explained by zonal differences in respiratory kinetics and lymph flow (Nakano et al 1999).

The characteristic appearance of a gross specimen of centriacinar emphysema is pigmentation (anthracosis) in a patchy
fashion in the inner zone of the lung (Figure 10). This is one of the clues showing that centriacinar emphysema is closely associated with inhaled exogenous dust. The pigmented area corresponds to centriacinar dilatation of the airspace, but this area is not a simple unilocular space and is composed of aggregated and dilated small air spaces (Figures 11, 12). The surrounding lung parenchyma shows a normal appearance, but there is no border structure between these regions. Therefore, HRCT in early centriacinar emphysema shows evenly distributed centrilobular tiny areas of low attenuation with ill-defined borders (Naidich et al 1982) (Figure 13). Aggregation of the dilated small airspaces is observed as a single air space since this feature is beyond the spatial resolution of CT. With enlargement of the dilated airspace, the surrounding lung parenchyma is compressed, which enables a clear border to be observed between the emphysematous area and normal lung (Naidich et al 1982) (Figures 14, 15). Since the disease progresses from the centrilobular portion, the normal lung parenchyma in the perilobular portion tends to be preserved, even in advanced
pulmonary emphysema (Figure 16). It is not uncommon for the lung parenchyma to be subtly preserved near the large airway and vessel in a case of severe emphysema, which indicates that the disease originated from the centrilobular portion (Figure 17). To understand the disease distribution, it is important to recognize the borders of the large airway and vessel as perilobular structures. The caliber of the vessel in the involved area decreases, which may be attributable to redistribution of pulmonary blood flow to the uninvolved area.

It is a controversial issue whether fibrosis is present in the histology of pulmonary emphysema, although the definition of the National Heart, Lung and Blood Institute notes the absence of obvious fibrosis (Cardoso et al 1993; Lang et al 1994). Most pulmonary pathologists notice that
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some degree of fibrosis is found around the emphysematous region (Cardoso et al 1993; Lang et al 1994), but how these fibrotic changes are reflected on HRCT images of pulmonary emphysema is unknown (Tonelli et al 1997).

Panacinar emphysema

Panacinar emphysema is characterized by a uniform dilation of the air space from the respiratory bronchioles to the alveoli, resulting in evenly distributed emphysematous changes within secondary lobules (acini) (Thurlbeck 1995). In a gross specimen of a normal lung, the lumen of the alveolar ducts and respiratory bronchioles are slightly larger than surrounding normal alveoli (Heppleston and Leopold 1961; Thurlbeck 1963). In very early panacinar emphysema, this contrast tends to diminish with an increase in the size of the alveolar space and a “monotonous” appearance is apparent (Thurlbeck 1995). Alpha 1-antitrypsin deficiency is thought to be a major cause of panacinar emphysema, but the incidence is very low (Eriksson 1965). Other etiologies, including Swyer-James syndrome (Swyer and James 1953; Macleod 1954) and ritalin abuse, have been reported (Stern et al 1994), but most cases observed in surgical or autopsy specimens are unrelated to these conditions. Features that distinguish panacinar emphysema from centriacinar emphysema are as follows: the disease is dominant in the lower lung field, whereas the upper lung is mainly affected in centriacinar emphysema (Thurlbeck 1963); the degree of lung inflation is greater than that in centriacinar emphysema; there is a tendency for the airway to be narrowed; and bullous formation is less frequently observed compared to centriacinar emphysema (Mitchell et al 1970).

Two types of disease distribution have been recognized in panacinar emphysema: a localized form and a diffuse form (Thurlbeck 1995) (Figure 18). The former has a multilobular distribution and the latter has a distribution that is not related to the zonal anatomy of the lung. The striking difference from...
centriacinar emphysema is the low contrast to the neighboring normal lung (Stern and Frank 1994). The low attenuation of centriacinar emphysema is easily recognized on HRCT because of the contrast between the emphysematous region and the normal lung, whereas panacinar emphysema does not show a difference in intralobular attenuation because the entire lobule is involved to almost the same extent. Yamagishi and colleagues (1991) reported several CT-pathological observations in cases of panacinar emphysema, as follows: the low attenuation region is not evenly distributed within the lobule or lobule-by-lobule on HRCT, which is attributed to an uneven distribution of the degree of the disease; the caliber of the vessels in the involved area is decreased due to overinflation of the air space; the localized form of panacinar emphysema has a polygonal border, which represents the interlobular septum, and perilobular large vessels are observed at the border of the lesion (Figure 19); and the margin of the diffuse form of panacinar emphysema is ill defined, due to the inhomogeneity of the intralobular disease distribution in lobules located at the periphery of the lesion (Figures 20, 21).

**Distal acinar or paraseptal emphysema**

Distal acinar or paraseptal emphysema is characterized as an enlarged airspace at the periphery of acini (Thurlbeck 1995). The lesion is usually limited in extent, occurs most commonly along the dorsal surface of the upper lung (Figures 22, 23), and is often associated with fibrosis and may coexist with other types of emphysema. The patient is usually asymptomatic, but the condition is considered to be a cause of pneumothorax in young adults (Peters et al 1978; Lesur et al 1990).

**Aging lung**

The lung undergoes a set of morphological and functional changes with aging. These changes, which may also be the result of environmental pollutants rather than aging alone (Thurlbeck 1995), include dilatation of alveolar ducts and respiratory bronchioles without obvious destruction of the alveolar wall (Ryan et al 1965). This is not referred to as emphysema, since emphysema is defined as an abnormal
enlargement of the air space accompanied by destruction of the alveolar walls. In contrast to dilatation of alveolar ducts and respiratory bronchioles, the size of the alveoli is reduced, a process that has been referred to as “ductectasia” (Ryan et al 1965) (Figures 24, 25). This aging change is reflected in the “rounds out” configuration of the lung in which the anteroposterior diameter is increased (Anderson et al 1964). HRCT findings of the aging lung have not been established, probably because the difference in attenuation accompanying the changes is small.

**Imaging topics related to pulmonary emphysema**

**Phenotyping of COPD and imaging**

COPD is considered to be a chronic inflammatory process throughout the airway and lung parenchyme, allowing definition of two phenotypes involving primarily parenchymal disease (emphysema) and primarily airway disease (Nakano et al 2002; Hoffman et al 2006). These two pathologies frequently coexist in a diseased lung. Pathological changes of the large airway include enlarged mucus-secreting glands.
and an increase in the number of goblet cells with mucus hypersecretion (Pauwels et al 2001). In the peripheral airways, chronic inflammation leads to repeated cycles of injury and repair of the airway wall (Pauwels et al 2001), and the repair process results in structural remodeling of the airway wall (Pauwels et al 2001). Quantitative measurement of the airway by HRCT is a promising method for evaluation of the inflammatory condition of the airway in COPD, and recent studies have shown that HRCT can be used to divide COPD patients into groups with predominant lower lung attenuation or thickening and narrowing of the airway, although many subjects have both abnormalities (Nakano et al 2002 Hoffman et al 2006) (Figure 26).

**Combined pulmonary fibrosis and pulmonary emphysema**

Although not completely established, some patients with pulmonary emphysema in the upper lung field are reported to have simultaneous pulmonary fibrosis in the lower lung field (Wiggins et al 1990; Cottin et al 2005; Lundblad et al 2005; Grubstein et al 2005; Mura et al 2006) (Figure 27). Cottin and colleagues (2005) performed a retrospective analysis of 61 patients with emphysema of the upper zones and diffuse parenchymal lung disease with fibrosis of the lower zones of the lung on chest CT. These patients were characterized by subnormal spirometry, severe impairment of gas exchange, a high prevalence of pulmonary hypertension, and poor survival. The patients were almost exclusively male and all were current or ex-smokers. The pathophysiology of combined pulmonary fibrosis and pulmonary emphysema (CPFE) is unknown, but it is speculated that both emphysema and fibrosis may be related to a common environmental trigger or a genetic susceptibility factor. Smoking plays a central role and overexpression of TNF-α due to smoking may be important in producing emphysema and pulmonary fibrosis (Cottin et al 2005; Lundblad et al 2005; Gauldie et al 2006).

**Bronchogenic carcinoma associated with bullous lung disease**

Bullous lung is a risk factor for bronchogenic carcinoma, with a 32 times higher risk of developing bronchogenic carcinoma in patients with BLD compared with those without BLD (Stoloff et al 1971). Radiological diagnosis of bronchogenic carcinoma is based on the shape, density,
and interface with surrounding lung parenchyma. However, these morphologies in bronchogenic carcinoma can be changed by underlying emphysematous changes, including influences on the extent of the tumor and the tumor—lung interface. In the normal lung field, bronchogenic carcinoma tends to grow globally, but this is not always true if the tumor occurs with pulmonary emphysema. Since tumors tend to grow along the intervening normal lung, bizarre shapes are often observed. Some cases have findings that are similar to those of post-inflammatory fibrotic changes because the tumor grew along the surface of the emphysematous space (arrows). The pathological diagnosis was well-differentiated adenocarcinoma. Copyright © 2006, Lippincott Williams & Wilkins. Reproduced with permission from Maki D, Takahashi M, Murata K, et al. 2006. Computed tomography appearances of bronchogenic carcinoma associated with bullous lung disease. J Comput Assist Tomogr, 30:447–52.

**Conclusion**

HRCT plays an important role for analyzing pathologies of pulmonary emphysema not only in its morphological aspect but also in the assessment of severity. HRCT will also contribute the phenotyping of COPD, such as primarily parenchymal disease and primarily airway disease.

**References**


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