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ORIGINAL RESEARCH

Curcumin protects against myocardial infarction-induced cardiac fibrosis via SIRTI activation in vivo and in vitro

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Abstract: Curcumin, a polyphenolic compound derived from turmeric, protects against myocardial injury by alleviating oxidative stress, inflammation, apoptosis, and fibrosis. However, the role of curcumin and its mechanism of action on interstitial fibrosis after myocardial infarction (MI) are poorly understood. To clarify, MI was induced by a permanent ligation of the left anterior descending coronary artery in adult mice, and the effects of curcumin were evaluated 4 weeks after the MI event. In vitro, we treated cardiac fibroblasts (CFs) with Ang II, and investigated the anti-fibrotic mechanism of curcumin. Our results showed that curcumin significantly attenuated collagen deposition in vivo and inhibited CF proliferation and migration, and MMP expression. In addition, we found that the down-regulation of SIRT1 after MI was attenuated by curcumin pretreatment, which indicated that the activation of SIRT1 might be involved in the protective action of curcumin. This hypothesis was confirmed by genetic inhibition of SIRT1 (siRNA-SIRT1) in Ang II-treated CFs. Our results provide new insights into the mechanism underlying the anti-fibrotic effects of curcumin in the heart.

Keywords: curcumin, myocardial infarction, angiotensin II, cardiac fibroblasts, fibrosis, SIRT1

Introduction

Myocardial infarction (MI) remains the leading cause of morbidity and mortality worldwide, carrying an enormous medical and social burden. Post-MI fibrosis was observed in both infarcted and non-infarcted myocardium. Although fibrosis is essential for normal healing, an excessive level of fibrosis is a poor prognostic factor. Indeed, excessive fibrosis progressively impairs ventricular functions and is associated with increased levels of hospitalization or death related with heart failure.^{1,2} Cumulative evidence indicates that the renin-angiotensin system is activated after MI. Indeed, Ang II, the central product of the renin-angiotensin system, is involved in the development of myocardial remodeling following MI.3 Ang II induces cardiac fibroblast (CF) proliferation and migration, collagen deposition, and extracellular matrix (ECM) degradation by activating a variety of cell signaling pathways, such as transforming growth factor (TGF)-B and mitogen-activated protein kinase (MAPK) pathways.³⁻⁵ Consequently, angiotensin converting enzyme (ACE) inhibitors and Ang II receptor blockers are now well established and widely used treatments for the management of patients with MI. However, the incidence and lethality of heart failure remains very high. Novel pharmacological strategies to inhibit the maladaptive cardiac repair and improve myocardial dysfunction are needed.

Curcumin (Cur), the active component in *Curcuma longa*, is known to exhibit a variety of beneficial effects, such as anti-inflammation, anti-apoptosis,

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SIRT1, a member of the mammalian sirtuin protein (SIRT1–SIRT7) family, is a conserved nicotinamide adenine dinucleotide (NAD)⁺-dependent histone deacetylase involved in various biological processes, including gene silencing, DNA repair, cell survival, metabolism, and aging.¹¹ A growing amount of evidence supports the role of SIRT1 in fibrosis in several organs, such as liver, heart, and kidneys.^{11–13} Recently, the activation of SIRT1 Cur pretreatment was reported to attenuate the mitochondrial oxidative damage induced by myocardial ischemia reperfusion injury.¹⁴ Furthermore, Cur-induced SIRT1 activation blocked the neurotoxicity of amyloid- β_{25-35} in rat cortical neurons.¹⁵ However, the question whether Cur could effectively inhibit MI-induced cardiac fibrosis via SIRT1 activation has not been clearly addressed in vivo or in vitro.

Consequently, we hypothesized that SIRT1 activation could mediate the protective effect of Cur against MI-induced myocardial fibrosis. To determine the role and mechanism behind the effects of Cur, we performed a series of experiments, both in vivo and in vitro, to evaluate collagen deposition, CF proliferation and migration, matrix metalloproteinase (MMP)-induced ECM degradation, and SIRT1 expression. Our results revealed that Cur protected against myocardial fibrosis, which was partially mediated by SIRT1 activation.

Materials and methods Animal model and drug treatment

Eight-week-old C57BL/6J wild-type male mice (weighing 20–25 g) were obtained from Vital River Laboratories (Beijing, People's Republic of China). The animals were fed regular chow and maintained under standard lighting (12:12 hour, day-night rhythm), temperature (20°C–22°C), and humidity (50%–60%) conditions. After 1 week of acclimatization, the mice were randomly divided into four groups (n=12 each) for treatments, as follows: sham, sham+Cur, MI, and MI+Cur. The sham+Cur and MI+Cur groups received Cur

(Sigma-Aldrich Co., St Louis, MO, USA) (100 mg/kg/day orally) dissolved in distilled water (containing a small amount of dimethyl sulfoxide [DMSO] [Sigma-Aldrich Co.] for better dissolution) and administered by gastric gavage. The other two groups received only distilled water containing an equal amount of DMSO. The Cur dosage was chosen according to previous studies.^{16,17} One week later, the mice in the MI and MI+Cur groups were anesthetized with 2% isoflurane inhalation without ventilation. The skin over the left side of the chest was cut (~1.2-1.5 cm). After dissection of the pectoral muscle, a small hole was made at the fourth intercostal space. The heart was smoothly and gently extruded from the hole, and MI was created by permanent left anterior descending coronary artery ligation using a 7-0 suture line. The success of the coronary occlusion was confirmed by pallor and regional-wall motion abnormality of the left ventricle.¹⁸ Mice in the sham and sham+Cur groups underwent the same timematched surgical procedure without the ligation. Mice were euthanized 4 weeks after surgery. All experiments involving animals were performed according to the Animal Management Rules of the Chinese Ministry of Health (document number 55, 2001), and were approved by the Animal Ethics Committee of Qilu Hospital, Shandong University.

Culture of primary CFs

CFs were isolated from 1- to 3-day-old Wistar rats, as described previously.¹⁹ Briefly, the ventricular tissue was finely minced and mechanically digested with type II collagenase (120 units/ mL; Sigma-Aldrich Co.) using a rotor in a flask. The cell suspensions were plated in a cell culture flask for 90 minutes to separate the fibroblasts and cardiomyocytes. Most CFs adhered to the flask. The cells were cultured in Dulbecco's Modified Eagle's Medium (DMEM, Gibco, Thermo Fisher Scientific, Waltham, MA, USA) containing 4.5 g/L D-glucose, 10% fetal bovine serum (HyClone, Thermo Fisher Scientific, Waltham, MA, USA), penicillin (100 units/mL), and streptomycin (100 μ g/mL) in a humidified atmosphere composed of 95% O₂–5% CO₂. CFs were used at passage 2 or 3.

Cell treatments

Ang II (Sigma-Aldrich Co.) was dissolved in sterile deionized water and Cur was dissolved in DMSO. Both solutions were stored at -20° C. The cells were treated according to four experimental designs. First, the cells were treated with different doses of Ang II (1, 10, and 100 nM) for 48 hours. Second, the cells were treated with 100 nM of Ang II for various times (12, 24, and 48 hours). Third, the cells were pretreated with Cur at different concentrations (5, 10, and 15 μ M) for 1 hour. The Ang II groups were pretreated with an equal

amount of DMSO and were stimulated with100 nM of Ang II for 24 hours. Fourth, the CFs were transfected with SIRT1-specific siRNA or its negative control (NC) siRNA (GenePharma, Shanghai, People's Republic of China) according to the manufacturer's instructions. After 24 hours, the cells were treated with Ang II for 24 hours with or without Cur pretreatment. The siRNA target sequence for SIRT1 was 5'-GGGAUCAAGAGGUUGUUAATTUUAACAA CCUCUUGAUCCCTT-3'. The NC siRNA sequence was 5'-ACGUGACACGUUCGGAGAATT-3'.

Histology

The mouse hearts were fixed in 4% formalin for a minimum of 24 hours. The fixed tissues were embedded in paraffin and sectioned (5 μ m) for staining. The heart sections were stained with Masson's trichrome and Picro-Sirius red to evaluate interstitial collagen deposition. For immunohistochemistry, the slides were incubated overnight at room temperature with primary antibodies against collagen I, collagen III, and TGF- β 1 (all from Abcam, Cambridge, MA, USA). After washing with phosphate-buffered saline, the slides were incubated with the corresponding secondary antibodies for 1 hour. The results were analyzed using the Image-Pro Plus 6.0 software.

Western blotting analysis

Freshly dissected mouse heart tissue from the peri-infarction border and CFs were harvested. Protein was extracted using cell lysis buffer intended for Western blotting analysis and immunoprecipitation assays (Beyotime Institute of Biotechnology, Shanghai, People's Republic of China). Equal amounts of protein were separated by 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis and transferred onto polyvinylidene difluoride membranes (Merck Millipore, Billerica, MA, USA) which were blocked in 5% nonfat milk for 1-2 hours. Then, the blocked membranes were incubated overnight with the primary antibodies against collagen I (Abcam), collagen III (Proteintech Group, Inc., Chicago, USA), TGF-B1, MMP-2, MMP-9 (all Abcam), or SIRT1 (Cell Signaling Technology, Danvers, MA, USA). After washing with Tris-buffered saline and Tween 20, the membranes were incubated with the appropriate secondary antibodies for 1-2 hours at room temperature. The protein bands were detected using an enhanced chemiluminescence detection system and the band density was determined using the ImageJ software (National Institutes of Health, Bethesda, MD, USA).

Gelatin zymography

The enzymatic activity of MMPs in CFs was assayed using gelatin zymography. A 10% sodium dodecyl sulfate-polyacrylamide gel containing gelatin at 1 mg/mL was used for electrophoresis. The samples were renatured in washing buffer (50 mM Tris-HCl, 100 mM NaCl, and 2.5% Triton X-100) at room temperature, followed by incubation in a substrate buffer (50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 10 mM CaCl₂, 1 μ M ZnCl₂) at 37°C for 20 hours. The gel was stained with Coomassie brilliant blue R-250 and destained. The presence of lytic bands from the gelatin digestion indicated MMP-2 (72 kDa) and MMP-9 (92 kDa) activity.

Cell proliferation assays

CFs were seeded into 96-well plates for 24 hours, and proliferation was determined using the Cell Counting Kit-8 (CCK-8; Dojindo, Kumamoto, Japan) according to the manufacturer's instructions. Optical density was measured at 450 nm.

Cell migration assay

CF migration assays were performed in Transwell chambers (8 μ m pore size; Corning Inc., Corning, NY, USA). Serumstarved CFs (1×10⁵) were seeded into the upper chamber of the migration apparatus. As a chemotactic stimulus, DMEM containing 0.1% fetal bovine serum and supplemented with Ang II alone or with different concentrations of Cur (5, 10, or 15 μ M) was placed into the lower chamber for 8 hours. For the SIRT1 knockdown experiments, CFs were transfected in Transwell chambers with the SIRT1-specific siRNA or its NC siRNA according to the manufacturer's instructions. After 24 hours, CFs were stimulated with Ang II for 8 hours, with or without Cur pretreatment. The results are expressed as the mean number of migrating cells from five random fields (×200) of each Transwell membrane.

Statistical analysis

Results are expressed as the mean \pm standard error of the mean. Inter-group comparisons were performed using one-way analysis of variance on results from at least three independent experiments. Differences were considered statistically significant at *P*<0.05. All statistical analyses were performed using SPSS software version 18.0 (SPSS Inc., Chicago, IL, USA) and Prism 6 software (GraphPad Software Inc., La Jolla, CA, USA).

Results

Cur alleviated interstitial fibrosis after MI

Masson's trichrome and Picro-Sirius red staining of heart sections revealed greater fibrosis in the interstitial regions of the MI group compared with the sham group ($32.87\%\pm1.41\%$ and $5.66\%\pm0.71\%$, respectively, $P{<}0.05$). Cur pretreatment noticeably reduced collagen deposition

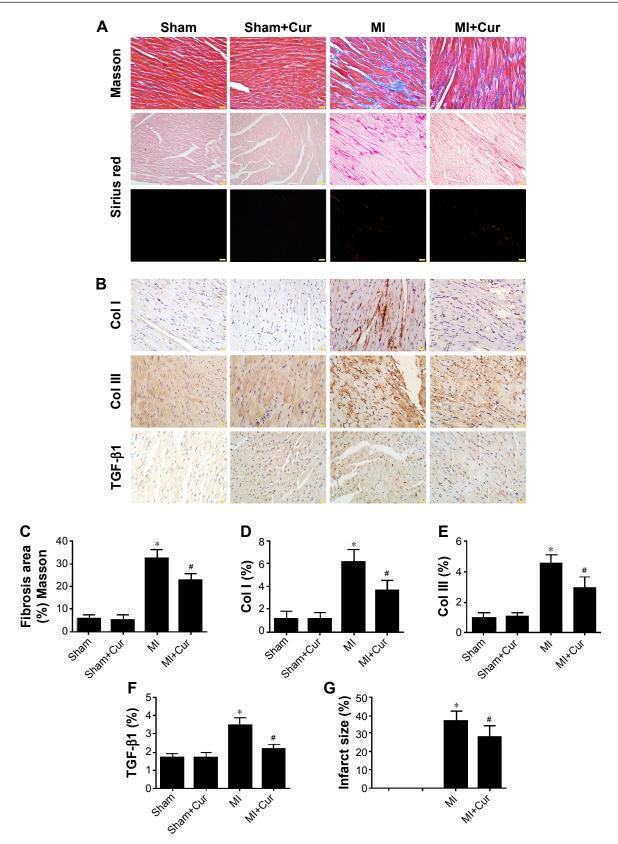


Figure I Effects of curcumin on fibrosis after MI in vivo.

Notes: (A) Representative Masson's trichrome and Picro-Sirius red staining of the myocardium. (B) Immunostaining of collagen (Col) I, collagen III, and TGF- β I. (C–F) Quantitative analysis of (A and B). (G) Quantitative analysis of infarct size. The data are presented as the mean ± standard error of the mean. Scale bars, 20 μ m. *p<0.05 versus sham-operated. #p<0.05 versus MI.

Abbreviations: TGF, transforming growth factor; MI, myocardial infarction; Cur, curcumin.

following MI (23.17%±1.02% versus 32.87%±1.41%, P<0.05), which was confirmed by the immunohistochemical staining results for collagen I, collagen III, and TGF- β 1 (Figure 1A–F, P<0.05). Additionally, Cur greatly reduced the infarct size in cardiac cross-sections compared to MI alone (27.84%±2.80% versus 37.11%±2.26%, P<0.05) (Figure 1G, P<0.05).

Cur attenuated the down-regulation of SIRT1 induced by MI in vivo

Four weeks after MI, SIRT1 expression was decreased in the heart tissues, which was attenuated by Cur pretreatment. SIRT1 levels were revealed by Western blotting (Figure 2A and B, P<0.05) and confirmed by immunohistochemistry on cardiac tissue cross-sections (Figure 2C, P<0.05).

Ang II increased the levels of collagen I, collagen III, and TGF- β I in CFs

First, we examined the effects of Ang II on collagen deposition and fibrotic TGF- β 1 expression in CFs. We tested the Ang II dose-response using concentrations of 1, 10, and 100 nM for 48 hours, and found that the expression of collagen I, collagen III, and TGF- β 1 increased gradually in a dose-dependent manner (Figure 3A–C, P<0.05). Indeed,

significant increases were detected as early as 12 hours after Ang II incubation, while the maximum effects were observed at 48 hours (Figure 3D–F, P<0.05). However, the effects observed at 24 hours were almost as significant as the effects observed at 48 hours. Therefore, we treated CFs with Ang II (100 nM) for 24 hours for the subsequent experiments.

Cur increased SIRT l expression and decreased collagen deposition and ECM degradation

To investigate the protective role of Cur against collagen deposition, we examined the expression of collagen I, collagen III, and TGF- β 1 using Western blotting analysis. As shown in Figure 4A, compared with the Ang II-treated group, Cur significantly decreased the expression of related proteins in a dose-dependent manner. In addition, we evaluated the effects of Cur on ECM degradation based on expression and activity of MMP-9 and MMP-2 measured by Western blotting analyses and gelatin zymography. Cur specifically inhibited MMP-2 and MMP-9 expression (Figure 4A and B, *P*<0.05), as well as MMP-2 activity (Figure 4C and D, *P*<0.05). However, the activity of MMP-9 was not detected in the medium. Interestingly, we found that Ang II inhibited SIRT1 expression, which was attenuated by Cur pretreatment.

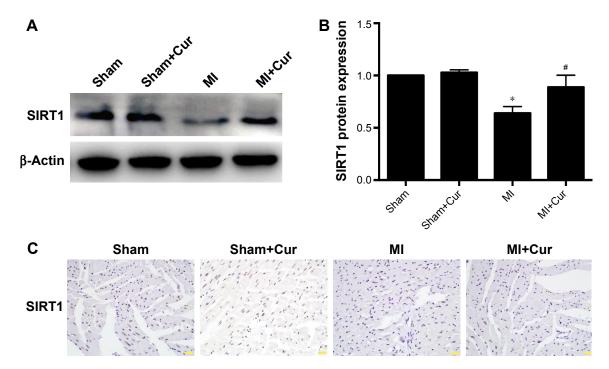


Figure 2 Effects of curcumin on SIRT1 expression after MI in vivo.

Notes: (**A**) Western blotting analysis of SIRT1 expression. (**B**) Quantitative analysis of SIRT1 protein expression. (**C**) Immunohistochemistry staining of SIRT1 protein. Scale bars, 20 μ m. The data are presented as the mean ± standard error of the mean. **P*<0.05 versus sham-operated; **P*<0.05 versus MI. **Abbreviations:** MI, myocardial infarction; Cur, curcumin.

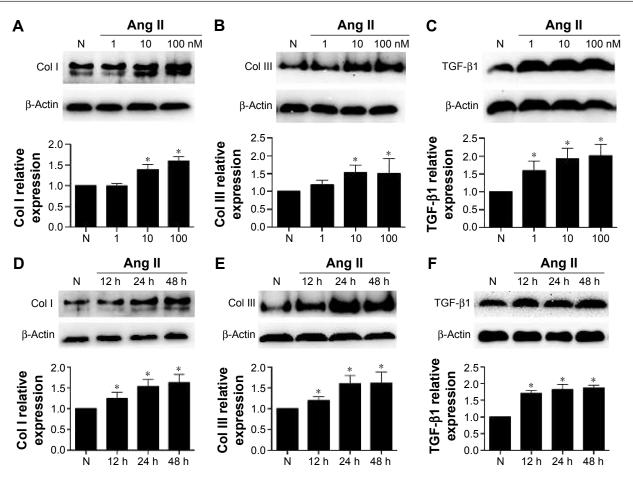


Figure 3 Ang II treatment stimulated collagen I, collagen III, and TGF- β I expression in cardiac fibroblasts (CFs).

Notes: (A-C) Protein expression of collagen (col) I, collagen III, and TGF- β I in CFs treated with different concentrations of Ang II for 48 hours. (D-F) Protein expression of collagen I, collagen III, and TGF- β I in CFs treated with Ang II at different time points. N, normal untreated CFs. The data are presented as the mean \pm standard error of the mean. *P<0.05 versus the N group.

Abbreviations: h, hours; TGF, transforming growth factor.

Cur inhibits the proliferation and migration of CFs induced by Ang II

CFs' proliferation and migration play an important role in myocardial fibrosis. Transwell migration assays were used to evaluate the effects of Cur on CFs' migration. After 8 hours, we found that Cur strongly inhibited CFs' migration in a dose-dependent manner (Figure 5A and B, P<0.05). Next, we investigated the CFs' proliferation using CCK-8 assays. CFs displayed rapid growth over 24 hours after Ang II stimulation, which was delayed by Cur pretreatment, particularly at 15 μ M (Figure 5C, P<0.05).

SIRT I siRNA blocks the protective effects of Cur in Ang II-induced myocardial fibrosis

Based on the effects of Cur on SIRT1 expression after Ang II stimulation, we investigated the role of SIRT1 in the protective action of Cur against myocardial fibrosis using SIRT1 siRNA-mediated knockdown. These results showed that SIRT1 knockdown blocked the Cur enhanced SIRT1 expression and increased the expression of collagen I, collagen III, TGF- β 1, MMP-2, and MMP-9 (Figure 6A and B, P<0.05). MMP-2 activity was confirmed by zymography (Figure 6C and D, P<0.05). However, MMP-9 activity was not detected in the medium.

SIRT I knockdown alleviated the inhibitory effect of Cur on CFs' proliferation and migration

Next, we tested the effects of SIRT1 siRNA-mediated knockdown on CFs' proliferation and migration. The SIRT1 siRNA increased CFs' migration and proliferation compared to the NC group. The inhibitory effects of Cur on CFs' migration and proliferation were largely attenuated by SIRT1 siRNA (Figure 7, P < 0.05), which confirmed the pivotal role of SIRT1 in the protective effect of Cur against Ang II-induced myocardial fibrosis.

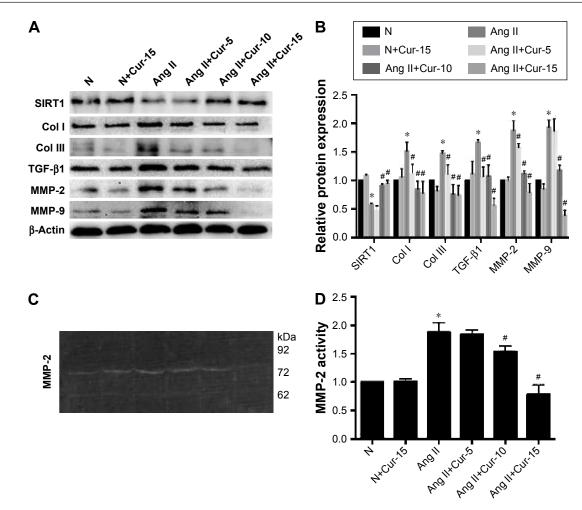


Figure 4 Effects of curcumin (Cur) on fibrosis in Ang II-treated cardiac fibroblasts (CFs).

Notes: (**A**) Western blotting analysis of SIRT1, collagen (col) I, collagen III, TGF- β 1, MMP-2, and MMP-9 protein levels. (**B**) Quantitative analysis of (**A**). (**C**) Gelatin zymography analysis of MMP-2 activity in the medium. (**D**) Quantitative analysis. The data are presented as the mean ± standard error of the mean. N, normal untreated CFs *P<0.05 versus N; *P<0.05 versus

Abbreviations: TGF, transforming growth factor; MMP, matrix metalloproteinase.

Discussion

The present study was designed to investigate the potential molecular mechanism involved in the protective effect of Cur against MI-induced myocardial fibrosis. In vivo, Cur decreased the collagen volume fraction and down-regulated the expression of molecular markers of fibrosis, such as collagen I, collagen III, and fibrotic TGF- β 1. In vitro, we showed that 100 nM of Ang II significantly promoted collagen deposition, ECM degradation, and CFs' proliferation and migration. Cur pretreatment inhibited fibrosis in CFs by blunting the aforementioned process. Furthermore, SIRT1 was found to be involved in the protective effect of Cur against MI, and its role was confirmed by SIRT1 siRNA-mediated knockdown.

Myocardial fibrosis is defined as a progressive ECM accumulation phenomenon. Fibrosis following MI is defined as bilateral. Indeed, while appropriate collagen synthesis is

essential for injury healing, excessive collagen deposition increases the diastolic stiffness and impairs relaxation, ultimately promoting left ventricular dysfunction and heart failure.²⁰ Collagen deposition and ECM degradation are the main processes involved in the development of fibrosis. Collagen I and III are the predominant fibrillar components of the ECM and are normally designated as fibrosis markers. ECM regulatory proteins, such as MMPs, and cytokines, such as TGF- β 1, directly affect ECM turnover. TGF- β 1 was reported to influence cell proliferation, migration, and ECM homoeostasis.^{21,22} Abnormal MMPs' activity results in ECM disruption, newly formed ECM deposition, and CFs' proliferation and migration, ultimately leading to fibrosis. MMP-2 was reported to stimulate collagen I expression in a time-dependent manner, while MMP-9 deletion was shown to attenuate collagen accumulation after experimental MI.²³ In our study, increased deposition of collagen I, collagen III,

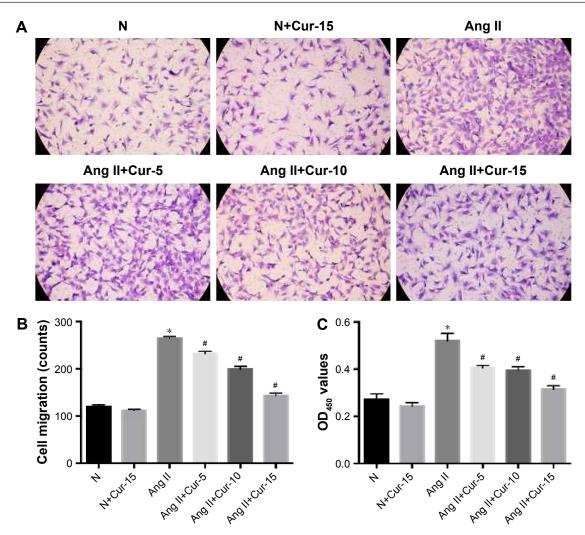


Figure 5 Effect of curcumin (Cur) on proliferation and migration in Ang II-treated cardiac fibroblasts (CFs). Notes: (A) CFs on the external surface of the Transwell chambers were stained using crystal violet and imaged under a microscope (magnification ×200). (B) Quantitative analysis. (C) Cell Counting Kit-8 proliferation assay. N, normal untreated CFs; The data are presented as the mean ± standard error of the mean. *P<0.05 versus N; #P<0.05 versus Ang II. Abbreviation: OD, optical density.

and TGF-β1 was observed in the border zone of heart tissue sections of mice after MI compared to sham-operated mice, which was attenuated by Cur pretreatment. For in vitro studies, we used Ang II-stimulated CFs to mimic the fibrotic process after MI, according to a previous study.²⁴ Our results showed that Ang II increased collagen I and collagen III deposition, and stimulated MMP-2 and MMP-9 expression. These effects were inhibited by Cur pretreatment. However, compared to a previous study, MMP-9 activity was not detected by gelatin zymography, which suggested that MMP-9 might have a less important role in Ang II-treated CFs than MMP-2.⁵ Migration and proliferation were also reduced in Ang II-treated CFs after Cur pretreatment.

SIRT1, a member of the class III group of histone deacetylases, regulates numerous cellular processes such as stress responses, cell survival, development, and aging, by deacetylating target proteins.²⁵ The potential role of SIRT1 in organ fibrosis has been described in several organs, including the liver, heart, and kidneys. Several groups have reported the important roles of SIRT1 in cardiovascular diseases, especially its anti-oxidative stress effects.^{26,27} However, whether SIRT1 is involved in the Cur-mediated protection against MI-induced fibrosis remains unclear. In the present study, we found that SIRT1 expression decreased after MI, both in vivo and in vitro, and that Cur pretreatment attenuated the SIRT1 down-regulation. To confirm the role of SIRT1 in the anti-fibrotic process, CFs were transfected with SIRT1 and control siRNAs, prior to Cur and Ang II treatments. Our results show that SIRT1 knockdown increased collagen deposition and inhibited the expression and activity of MMPs. Moreover, we found that SIRT1 knockdown inhibited the anti-proliferative and anti-migratory effects of

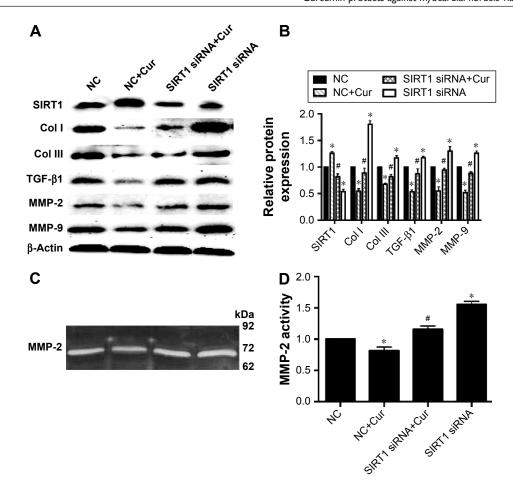


Figure 6 SIRT1 siRNA attenuated the protective effect of curcumin against collagen deposition and ECM degradation in Ang II-treated cardiac fibroblasts (CFs). Notes: (A) Western blotting analysis of SIRT1, collagen (col) I, collagen III, TGF- β I, MMP-2, and MMP-9 protein levels. (B) Quantitative analysis of (A). (C) Gelatin zymography analysis of MMP-2 activity in the medium. (D) Quantitative analysis of negative control (NC) siRNA. Cur, curcumin at 15 μ M. The data are presented as the mean \pm standard error of the mean. *P<0.05 versus Ang II; #P<0.05 versus Ang II+Cur.

Abbreviations: ECM, extracellular matrix; MMP, matrix metalloproteinase; TGF, transforming growth factor.

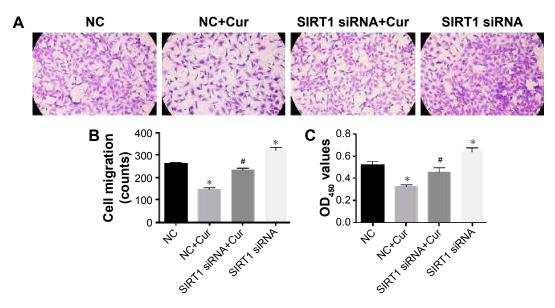


Figure 7 SIRT1 siRNA blocked the protective effect of curcumin against migration and proliferation in Ang II-treated cardiac fibroblasts (CFs). Notes: (A) Effect of SIRT1 siRNA with or without curcumin on CF migration (magnification \times 200). (B) Quantitative analysis of (A). (C) Effects of SIRT1 siRNA on CFs' proliferation using a Cell Counting Kit-8 assay. *P<0.05 versus Ang II; *P<0.05 versus Ang II+Cur. Abbreviations: OD, optical density; NC, negative control siRNA; Cur, curcumin at 15 μ M. Cur after Ang II stimulation, similar to a previous study in smooth muscle cells exposed to high glucose.²⁸ These results suggest that the SIRT1 pathway plays an important role in the anti-fibrotic effects of Cur in MI.

Conclusion

In summary, Cur attenuated cardiac fibrosis following MI by regulating collagen deposition, ECM degradation, and CFs' proliferation and migration. The protective effects of Cur were attributed to SIRT1 activation. The present study provides new insights into the mechanism of the anti-fibrotic effects of Cur in the heart. Therefore, Cur could be tested as an auxiliary therapeutic agent, along with classic treatments, to improve the prognosis in patients with myocardial fibrosis after MI.

Acknowledgments

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Author contributions

All authors contributed toward data analysis, drafting, and revising the manuscript.

Disclosure

The authors report no conflicts of interest in this work.

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