

# Prognostic role of microRNA-150 in various carcinomas: a meta-analysis

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**Objective:** MicroRNA-150 (miR-150) was revealed to be an attractive prognostic biomarker in recent studies. However, the prognostic significance of miR-150 expression in cancer remains inconclusive. The aim of this study was to summarize the global predicting role of miR-150 in survival in patients with various carcinomas.

**Methods:** Eligible studies were identified through multiple search strategies. Data were extracted from the studies by investigating the relationship between miR-150 expression and survival in patients with cancer. A meta-analysis of the hazard ratio (HR) was then performed to evaluate the prognostic role of miR-150 in different tumors. Pooled HRs of miR-150 for overall survival and progression-free survival were calculated to measure the effect of miR-150 expression on prognosis.

**Results:** This meta-analysis included nine published studies concerning various carcinomas. Our results indicate that an elevated miR-150 expression is associated with an enhanced overall survival in the digestive tract cancer subgroup (HR = 0.57, 95% confidence interval [CI]: 0.37–0.90) and a poor progression-free survival in various cancers (HR = 3.08, 95% CI: 2.00–4.75).

**Conclusion:** miR-150 may have the potential to become a new useful prognostic factor to monitor cancer prognosis and progression. However, given the current insufficient relevant data, further clinical studies are needed.

**Keywords:** microRNA-150, carcinomas, prognosis, meta-analysis

## Introduction

Cancer is a major public health challenge worldwide. Although the overall cancer mortality decreased by 20% between 1991 and 2010, cancer remains one of the most common causes of death worldwide.<sup>1</sup> MicroRNAs (miRNAs) are a family of small, endogenous noncoding RNAs with a length of 19–22 nucleotides. These molecules can negatively regulate gene expression at the posttranscriptional level by binding to the 3'-untranslated region (3'-UTR) of target messenger RNA, resulting in messenger RNA degradation and/or translational repression.<sup>2,3</sup> miRNAs participate in crucial biological processes, such as differentiation, proliferation, and apoptosis.<sup>4</sup> Furthermore, the aberrant expression of miRNAs has been observed in various diseases, including human carcinomas.<sup>5</sup> Therefore, miRNAs may be diagnostic or prognostic biomarkers of carcinomas.

In recent years, microRNA (miR-150) has been investigated in many clinical studies and was found to have a potential prognostic value. miR-150, localized on chromosome 19q13, has been indicated as a hematopoietic-specific miRNA in malignant lymphoma. In chronic lymphocytic leukemia, it has been observed to be significantly downregulated in cases with unfavorable clinicobiological markers and a worse prognosis.<sup>6</sup> Abnormal expression of miR-150 has also been found in various other solid

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tumor tissues, such as lung cancer, breast cancer, esophagus cancer, colorectal cancer, and pancreatic cancer.<sup>7–11</sup> miR-150 has been demonstrated to be significantly downregulated in esophageal squamous cell carcinoma and primary colorectal cancer, contributing to a poor prognosis.<sup>9,10</sup> By contrast, in breast cancer cell lines, miR-150 is highly expressed, promotes growth and clonogenicity, and reduces apoptosis.<sup>12</sup> Additional studies have demonstrated elevated miR-150 expression in other carcinomas, such as prostate cancer and thyroid cancer.<sup>13,14</sup>

Although various studies have reported contradictory results, miR-150 is undeniably an attractive mediator of specific target genes that play an important role in survival and progression. However, the expression of miR-150 in cancers and the prognostic significance remain unclear. Therefore, we conducted this systematic review using a meta-analysis to clarify the accurate relationship between miR-150 expression and the prognosis of patients with carcinoma.

In this study, we conducted a meta-analysis of miR-150 for overall survival (OS) and progression-free survival (PFS) to predict the clinical results of patients with cancer in multiple human malignant neoplasms.

## Materials and methods

### Search strategy

We carefully searched the online PubMed and EMBASE databases until August 31, 2015, to identify relevant studies. For literature retrieval, combinations of the keywords, such as microRNA-150, miRNA-150, miR-150, cancer, carcinoma, neoplasm, and tumor, were utilized. A manual review of the references of relevant publications was also carefully performed to obtain additional information. All of the searches were conducted independently by two reviewers, and the differences were checked and resolved by discussion.

### Inclusion and exclusion criteria

The eligible criteria of studies were as follows: 1) the study subjects were patients with any type of cancer, 2) miR-150 expression was measured in tumor tissue or plasma, 3) the relationship between miR-150 expression and clinical outcomes was reported, and 4) the full-text article was available in English. Studies were excluded based on the following criteria: 1) reviews, letters, and laboratory reports; 2) overlapping or duplicate data; 3) studies of nondichotomous miR-150 expression levels; and 4) an absence of key information regarding survival outcome, such as hazard ratios (HRs) and 95% confidence intervals (CIs), or the lack of mean to calculate such parameters.

## Data extraction

Eligible articles were reviewed independently by two investigators (Wei Wang and Yali Zhang) under the guidelines of a critical review checklist from the Dutch Cochrane Centre proposal for the Meta-Analysis of Observational Studies in Epidemiology.<sup>15</sup> The following items were extracted: 1) publication details, such as the first author's name and the publication year; 2) the characteristics of the studied population, including ethnicity, type of disease, detected sample, design of the study, detection method, cutoff definition, and follow-up time; and 3) HR of miR-150 expression for OS and PFS along with the 95% CI and *P*-value. If HRs were not reported in the article, we used Engauge Digitizer Version 4.1 (free software downloaded from <http://sourceforge.net>)<sup>16</sup> to read the Kaplan–Meier survival curves to obtain the HRs and their 95% CIs. If there were insufficient data, controversies, or any other uncertainties in an article that might be related to our meta-analysis, we asked the corresponding authors for additional information.

## Statistical analysis

All of the HRs and their corresponding 95% CIs were used to calculate the pooled HR. The overall HR was  $>1$ , and the 95% CI did not overlap in the forest plot, indicating a poor prognosis in patients with high expression of miR-150. The heterogeneity among the studies was measured using Cochran's *Q* test and Higgins's *I*<sup>2</sup> statistic. Heterogeneity was defined as  $P < 0.05$  or  $I^2 > 50\%$ . If significant heterogeneity was observed ( $P < 0.05$  or  $I^2 > 50\%$ ), a random effects model was applied; otherwise, the fixed effects model was used.<sup>17</sup> Publication bias was evaluated using the funnel plot with the Egger's bias indicator test.<sup>18</sup> All *P*-values were two sided, and a *P*-value  $< 0.05$  was considered to be statistically significant. All of the statistical analyses were conducted using Stata12 (StataCorp LP, College Station, TX, USA), Review Manager V.5.3 (Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration), and Microsoft Excel (V.2007; Microsoft Corporation, Redmond, WA, USA).

## Results

### Summary of enrolled studies

A total of 593 studies were collected from a primary literature survey using PubMed and EMBASE. One hundred and thirteen studies were excluded because they did not use human subjects. Seventy-two studies were removed because of duplication. After manually screening the titles and abstracts, 383 studies were excluded because they were

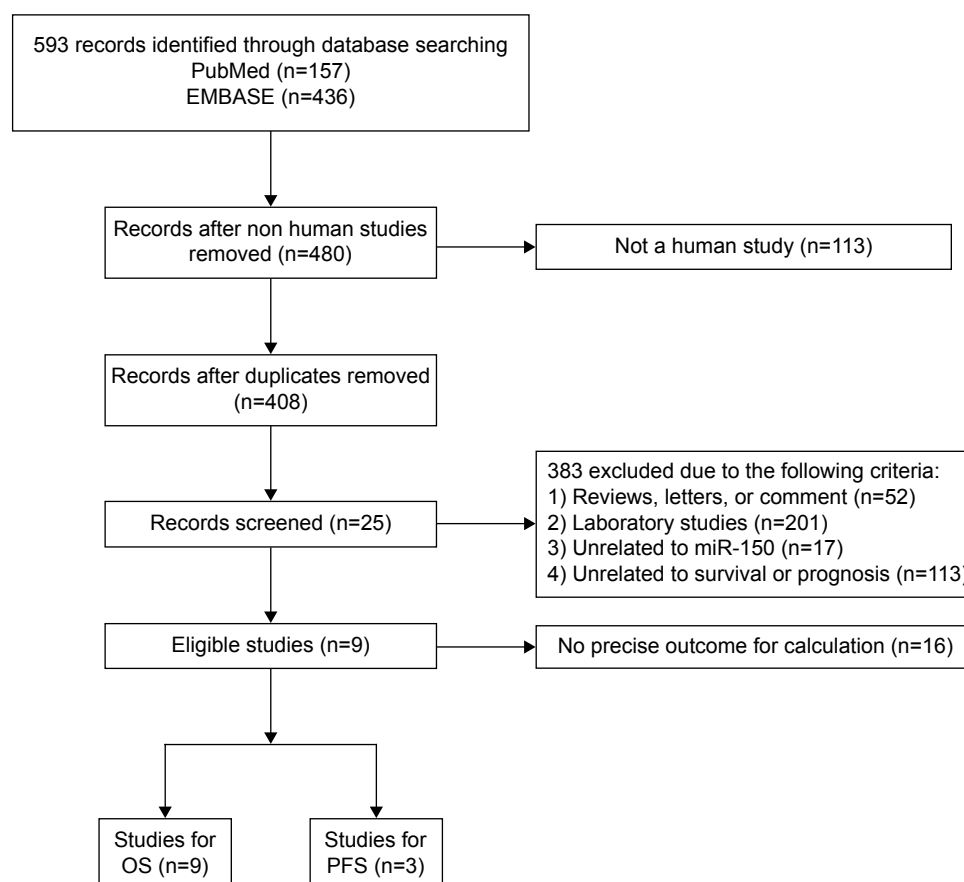
review articles, letters, laboratory studies, and unrelated to miR-150 or unrelated to survival or prognosis. Upon further full-text review of 25 studies, 15 were eliminated due to inadequate data for meta-analysis and one study was eliminated because the method used for detecting miR-150 was immunohistochemical staining, which was inadaptible to detect miRNA.<sup>13</sup> Finally, nine studies were considered eligible for this meta-analysis (Figure 1).<sup>6–11,14,19,20</sup>

The main features of the nine enrolled studies are systematically summarized in Tables 1 and 2. All of the studies reported the patient's OS, and two studies focused on PFS as well as OS. Four studies referred to a different subtype and provided survival data for both outcomes, OS and PFS; these four studies were listed twice. The included studies were published between 2011 and 2015. There were 1,999 participants from the People's Republic of China, Japan, Switzerland, Korea, USA, and Belgium. The patients had various carcinomas, including breast cancer, melanoma, esophageal cancer, thyroid cancer, colorectal cancer, small-cell lung cancer, pancreatic cancer, and chronic lymphocytic leukemia. Cancerous tissues were usually examined

to determine the miR-150 expression level, while serum samples were tested in three studies and cellular circulating miR-150 from purified CD19<sup>+</sup> was tested in one study. Quantitative real-time polymerase chain reaction was widely used in nine studies to assess miRNA-150 expression. Five studies directly reported HRs and 95% CIs. We calculated these necessary statistical variables by survival curves in four studies.

## OS is associated with miR-150 expression

A total of nine studies were used for OS analysis, and significant heterogeneity between studies was found ( $P < 0.00001$ ,  $I^2 = 80\%$ ). Therefore, a random effects model was applied. Our results failed to demonstrate any significant association between miR-150 expression and OS (HR = 1.32, 95% CI: 0.86–2.02; Figure 2). To obtain further insight, we performed subgroup analysis with ethnicity, disease system, and detected sample type to evaluate the miR-150 prognostic value in cancer (Table 3). However, only a pooled analysis of two studies in the digestive tract cancer subgroup indicated that an increased miRNA-150



**Figure 1** Flow diagram of study selection process.

**Abbreviations:** PFS, progression-free survival; OS, overall survival.

Table 1 Main features of the enrolled studies

References	Country	Tumor type	Study design	Number of studies	Age (median)	Dominant ethnicity	Sample	Survival	MicroRNA type
Yokobori et al <sup>9</sup>	Japan	Esophageal cancer	R	108	64.9	Asian	Tissue	OS	miR-23b
Dettmer et al <sup>14</sup>	Switzerland	Thyroid cancer	R	26	NR	Caucasian	Tissue	OS	
Ma et al <sup>10</sup>	People's Republic of China	Colorectal cancer	R	239	NR	Asian	Tissue	OS	
Mraz et al <sup>6</sup>	USA	CLL	R	154	56.5	Caucasian	Tissue	OS	
Ciruelos et al <sup>8</sup>	USA	Breast cancer	R	172	53.7	Caucasian	Tissue	OS/PFS	miR-30e, miR-30a, miR-21, miR-210, miR-93, miR-99b, and miR-572
Lee et al <sup>11</sup>	Korea	Pancreatic cancer	R	221	60.2	Asian	Tissue	OS	miR-99a, miR-194, miR-375, miR-342-3p, and miR-487b
Lee et al <sup>11</sup>	Korea	Pancreatic cancer	R	189	NR	Asian	Tissue	OS	miR-99a, miR-194, miR-375, miR-342-3p, and miR-487b
Samatopoulos et al <sup>19</sup>	Belgium	CLL	R	273	63	Caucasian	Cell	OS	
Samatopoulos et al <sup>19</sup>	Belgium	CLL	R	252	69	Caucasian	Serum	OS	
Bi et al <sup>7</sup>	People's Republic of China	SCLC	R	40	50	Asian	Tissue	OS/PFS	
Bi et al <sup>7</sup>	People's Republic of China	SCLC	R	42	60.1	Asian	Tissue	OS/PFS	
Fleming et al <sup>20</sup>	People's Republic of China	Melanoma	R	201	61	Asian	Serum	OS	miR-30d, miR-15b, and miR-425
Fleming et al <sup>20</sup>	People's Republic of China	Melanoma	R	82	59.9	Asian	Serum	OS	miR-30d, miR-15b, and miR-425

Note: Study design is described as P or R.

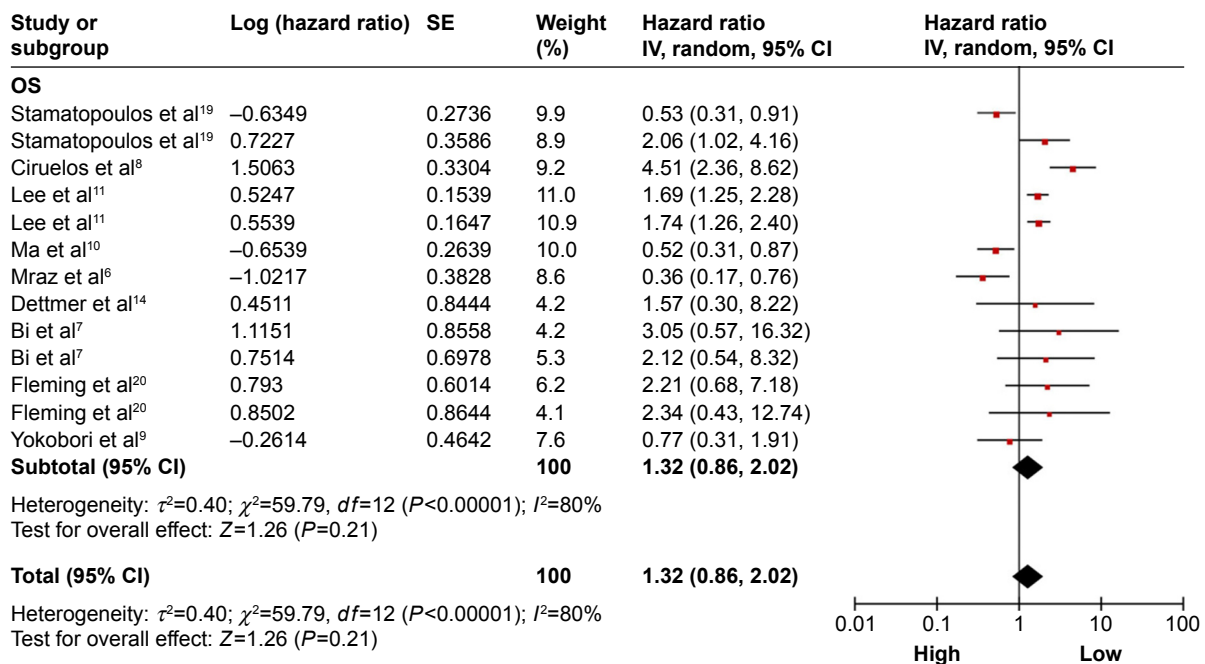
Abbreviations: CLL, chronic lymphocytic leukemia; NR, not reference; OS, overall survival; P, prospective; PFS, progression-free survival; R, retrospective; SCLC, small-cell lung cancer.

Table 2 Difference in the overall survival and progression-free survival between high- and low-expression cases of microRNA-150 in the enrolled studies

References	Method	Cutoff value	Follow-up time (months)	miR-150 expression (number of cases)		OS		PFS	
				High	Low	HR (95% CI)	P-value	HR (95% CI)	P-value
Yokobori et al <sup>9</sup>	qRT-PCR	Mean expression level	1–128	30	78	0.77 (0.31, 1.92)	0.5734	–	–
Dettmer et al <sup>14</sup>	qRT-PCR	Fold change = 0.2	5.1–203.6	11	15	1.57 (0.30, 8.14)	0.5932	–	–
Ma et al <sup>10</sup>	qRT-PCR	The median value	NR	NR	NR	0.52 (0.31, 0.85)	0.0132	–	–
Mraz et al <sup>6</sup>	qRT-PCR	The median value	NR	NR	NR	0.36 (0.17, 0.77)	0.0076	–	–
Ciruelos et al <sup>8</sup>	qRT-PCR	NR	NR	NR	NR	4.51 (2.36, 8.61)	0.0000	3.75 (2.27, 6.19)	0.0000
Lee et al <sup>11</sup>	qRT-PCR	The median value	NR	111	110	1.69 (1.25, 2.27)	0.0007	–	–
Lee et al <sup>11</sup>	qRT-PCR	The median value	NR	93	96	1.74 (1.26, 2.41)	0.0008	–	–
Samatopoulos et al <sup>19</sup>	qRT-PCR	The median value	7–380	180	93	0.53 (0.31, 0.93)	0.0203	–	–
Samatopoulos et al <sup>19</sup>	qRT-PCR	The median value	7–380	133	119	2.06 (1.02, 4.15)	0.0439	–	–
Bi et al <sup>7</sup>	qRT-PCR	NR	4.4–104.2	20	20	3.05 (0.57, 16.39)	0.1926	1.6 (0.52, 4.97)	0.4124
Bi et al <sup>7</sup>	qRT-PCR	NR	9–81	21	21	2.12 (0.54, 8.22)	0.2816	2.02 (0.56, 7.30)	0.2828
Fleming et al <sup>20</sup>	qRT-PCR	Risk score cutoff: 0.2	17.5–128.9	106	95	2.21 (0.68, 7.19)	0.1873	–	–
Fleming et al <sup>20</sup>	qRT-PCR	Risk score cutoff: 0.2	0.8–95.0	41	41	2.34 (0.43, 12.78)	0.3253	–	–

Note: HR, high vs low.

Abbreviations: CI, confidence interval; HR, hazard ratio; miR-150, microRNA-150; NR, no reference; OS, overall survival; PFS, progression-free survival; qRT-PCR, quantitative reverse transcription-polymerase chain reaction.



**Figure 2** Forest plots of merged analyses of OS in association with microRNA-150 expression.

**Notes:** Squares and horizontal lines represent study-specific HRs and 95% CIs, respectively. The areas of the squares correspond to weights, and the diamonds represent the overall HRs and 95% CIs.

**Abbreviations:** CIs, confidence intervals;  $df$ , degrees of freedom; HRs, hazard ratios; OS, overall survival; SE, standard error; IV, inverse variance.

expression was significantly correlated with an enhanced OS (pooled HR =0.57, 95% CI: 0.37–0.90) because of the low heterogeneity ( $P=0.46$ ,  $I^2=0\%$ ). No other subgroups exhibited any significant results as shown by subgroup analyses (Figure 3).

## Progression associated with miRNA-150 expression

A total of two studies included in the PFS analysis revealed that high miR-150 expression predicted a worse PFS with a

combined HR of 3.08 (95% CI: 2.00–4.75) via a fixed effects model ( $P=0.31$ ,  $I^2=13\%$ ; Figure 4).

## Publication bias

Publication bias was evaluated by Begg's funnel plot and Egger's test in Figure 5. In the pooled analyses of OS, Egger's test  $P$ -value was 0.897, as shown by symmetric funnel plots. Therefore, no evidence of publication bias was noted. For the pooled analyses of PFS, due to the small number of included documents, publication bias has a little importance.

## Discussion

In recent years, miRNAs have been considered as potential biomarkers of cancer prediction, diagnosis, and prognosis. They are more stably expressed than miRNAs and can be easily assessed by quantitative real-time polymerase chain reaction (qRT-PCR) in the tissues or serum of patients with cancer.<sup>21</sup> Of the available miRNAs, miR-150 has been particularly notable, attracting the increasing cancer research.

Many studies have indicated that the aberrant expression of miR-150 is closely associated with tumorigenesis, cancer development, malignant behavior, and a curative effect by influencing oncogenes and/or tumor suppressor genes.<sup>22–24</sup> In hematological malignancies, miR-150 dysregulation has been demonstrated to be involved in tumorigenesis.<sup>23</sup> Gu et al

**Table 3** Pooled HRs, 95% CIs, and  $P$ -values for OS stratified by ethnicity, disease system, and detected sample for overall and subgroup analyses

Subgroup	Number of studies	OS	
		pHR (95% CI)	P-value
Total	9		
Ethnic subtotal			
Caucasian	4	1.21 (0.44, 3.34)	0.72
Asian	5	1.36 (0.89, 2.09)	0.16
Disease system subtotal			
Blood	2	0.73 (0.28, 1.94)	0.53
Digestive tract	2	0.57 (0.37, 0.90)	0.02
Detected sample subtotal			
Tissue	6	1.27 (0.81, 2.01)	0.3
Serum	3	1.30 (0.45, 3.72)	0.63

**Abbreviations:** CIs, confidence intervals; HRs, hazard ratios; OS, overall survival; pHR, pooled hazard ratio.

demonstrated that miR-150 promotes the proliferation and migration of lung cancer through specifically targeting the 3'-UTR of p53, SRCIN1, and BAK1.<sup>25</sup>

Yokobori et al demonstrated that, in esophageal squamous cell carcinoma (ESCC), through targeted degradation of ZEB1, miR-150 induces mesenchymal-epithelial transition (MET)-like changes, and evidently inhibits tumorigenicity and tumor proliferation.<sup>9</sup> In pancreatic cancer cells, Srivastava et al revealed that the overexpression of miR-150 inhibits

growth, clonogenicity, and invasion, as well as enhances intercellular adhesion by downregulating MUC4.<sup>26</sup>

In chronic myeloid leukemia, miR-150 has been demonstrated to be involved in the mechanism of apoptosis induced by cisplatin in the human chronic myeloid leukemia cell line K562.<sup>27</sup> Currently, many clinical studies have shown a significant correlation between the expression level of miR-150 and its potential application as an index of prognosis. However, the results are inconsistent and even contradictory. Therefore, it is

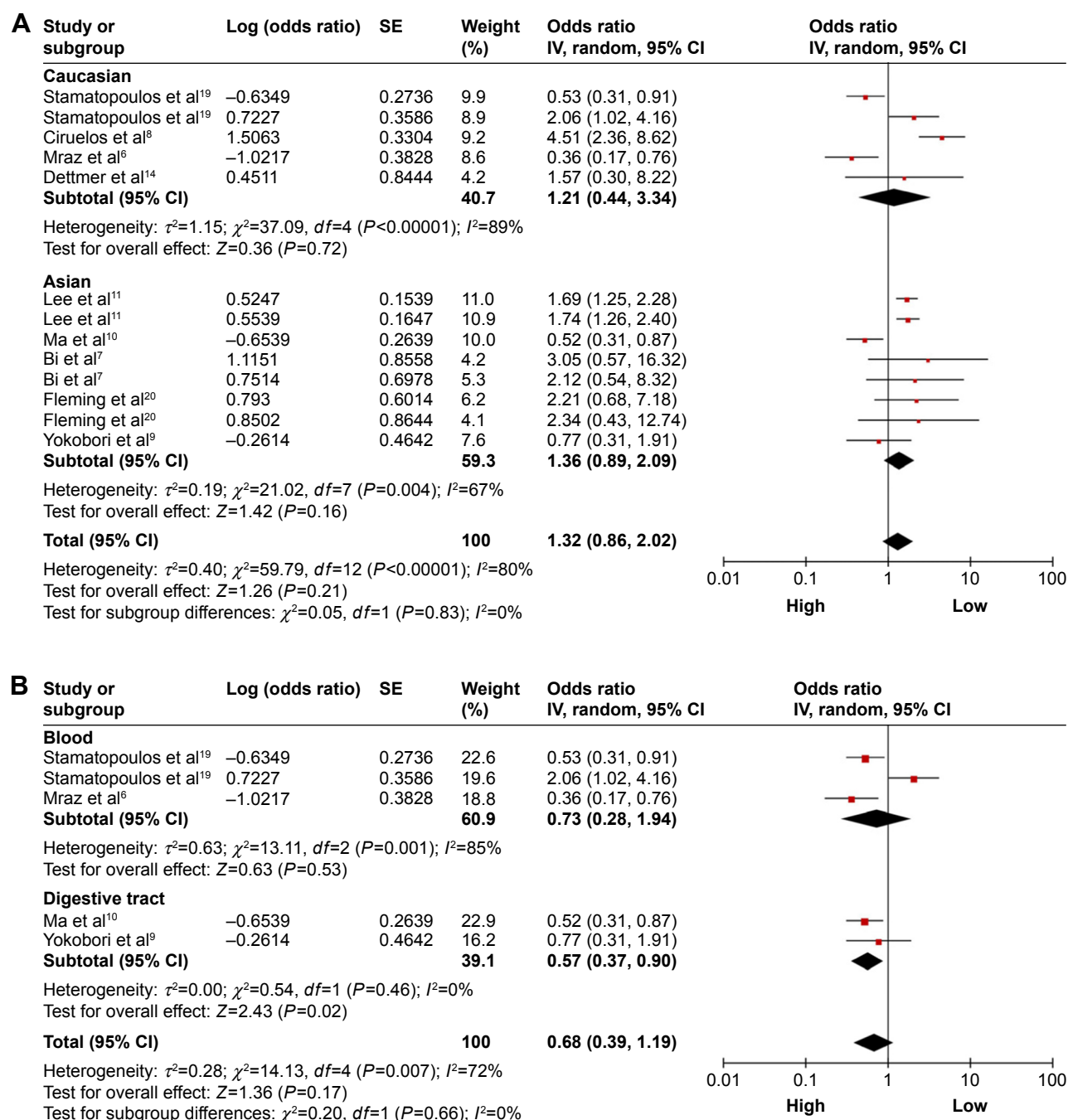
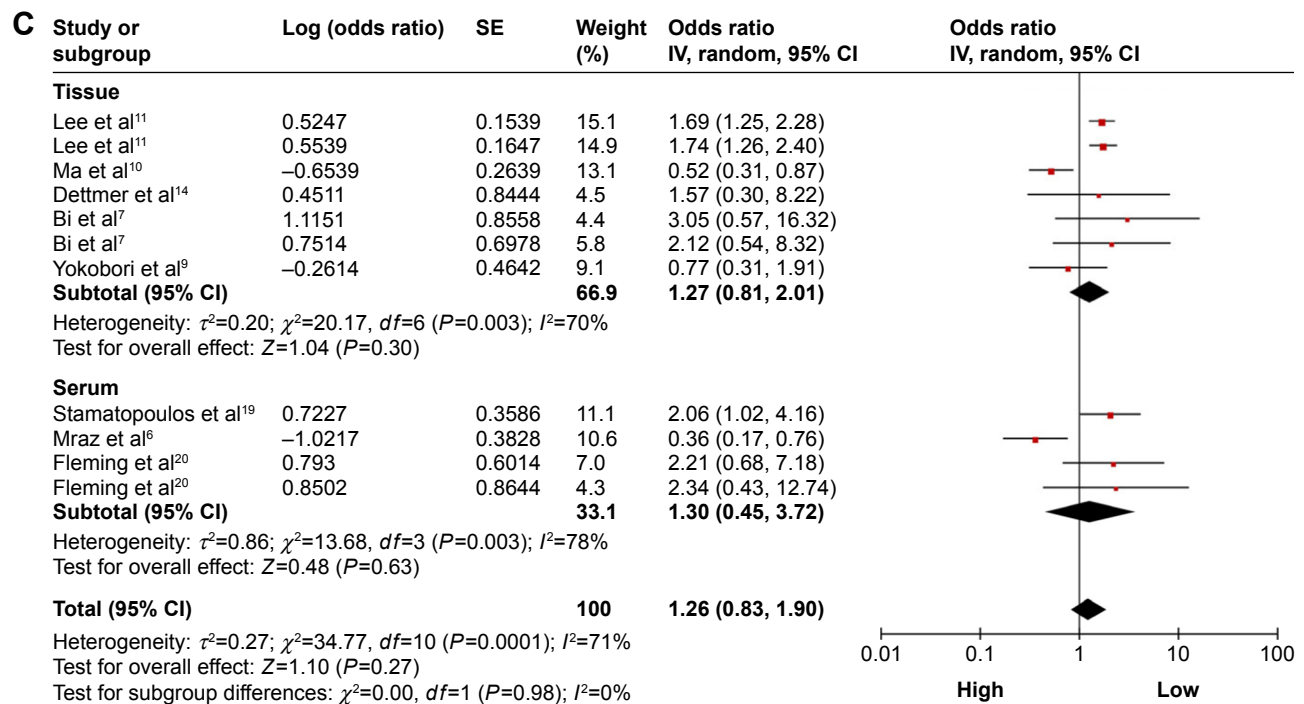


Figure 3 (Continued)



**Figure 3** Forest plots of merged analyses of OS in different subgroups in association with microRNA-150 expression.

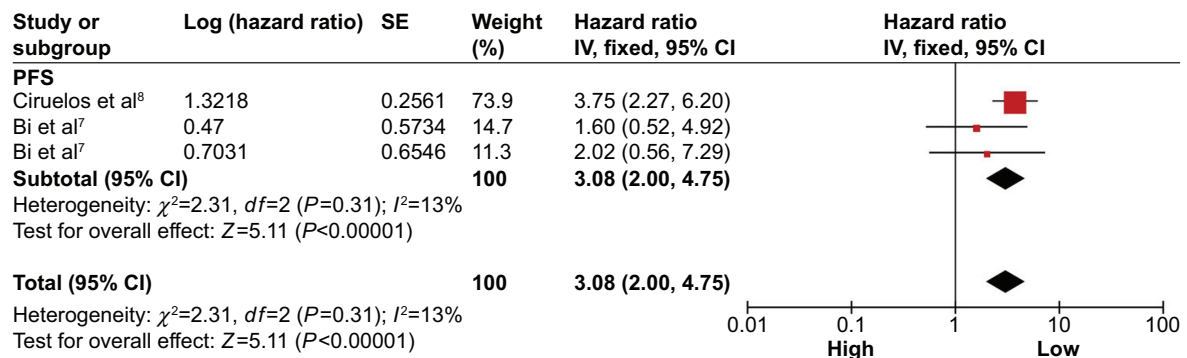
**Notes:** (A) Forest plots for the subgroup analysis of OS in different ethnicity. Squares and horizontal lines represent study-specific HRs and 95% CIs, respectively. The areas of the squares correspond to weights, and the diamonds represent the overall HRs and 95% CIs. (B) Forest plots for the subgroup analysis of OS in different diseases systems. (C) Forest plots for the subgroup analysis of OS in different detected samples.

**Abbreviations:** CIs, confidence intervals;  $df$ , degrees of freedom; HRs, hazard ratios; OS, overall survival; SE, standard error; IV, inverse variance.

necessary to conduct stratified pooled analyses to identify the prognostic value of miR-150 in survival and progression.

In this meta-analysis, the expression of miR-150 was not significantly correlated with OS in cancer (HR =1.32, 95% CI: 0.86–2.02). However, in our subgroup analysis, we only found that the high expression of miR-150 was associated with an enhanced OS in digestive tract cancer (HR=0.57, 95% CI: 0.37–0.90). Yokobori et al evaluated miR-150 expression in 108 curative resected ESCC samples to reveal the low expression of miR-150 in ESCC contributed to malignant

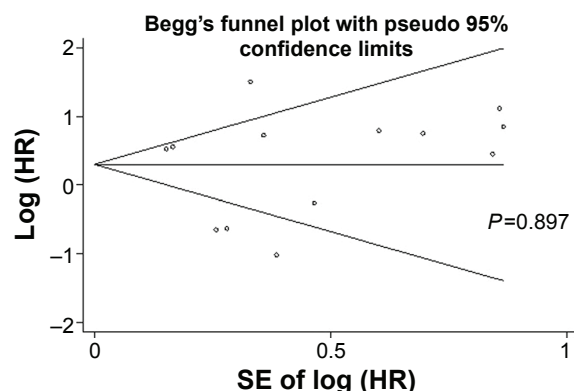
potential, such as tumor depth, lymph node metastasis, lymphatic invasion, venous invasion, clinical staging, and poor prognosis.<sup>9</sup> Ma et al assessed the expression of miR-150 and survival in 239 patients with colorectal cancers, demonstrating that tumors with the low expression of miR-150 were associated with a poor survival outcome.<sup>10</sup> For studies evaluating PFS, the expression of miR-150 was significantly associated with a worse PFS in cancer (HR =3.08, 95% CI: 2.00–4.75). Empirically, HR >2 is considered as strongly predictive.<sup>28</sup>



**Figure 4** Forest plots of merged analyses of PFS in association with microRNA-150 expression.

**Notes:** Squares and horizontal lines represent study-specific HRs and 95% CIs, respectively. The areas of the squares correspond to weights, and the diamonds represent the overall HRs and 95% CIs.

**Abbreviations:** CIs, confidence intervals;  $df$ , degrees of freedom; HRs, hazard ratios; PFS, progression-free survival; SE, standard error; IV, inverse variance.



**Figure 5** Begg's funnel plots of the publication bias for overall merged analysis of OS.

**Note:** Each point represents a separate study.

**Abbreviations:** HR, hazard ratio; OS, overall survival; SE, standard error.

The overexpression of miR-150 has been shown in many studies to be associated with poor outcomes in several cancer types, and our results from PFS support these conclusions. However, the reason that miR-150 is associated with the progress of cancers remains poorly understood.

Recently, several studies have reported the underlying mechanisms that may play key roles, especially in invasion and metastasis. Wang et al identified that miR-150 targets the 3'-UTR of p53, and p53 protein promotes the expression of miRNAs, including miR-34a, miR-184, miR-181a, and miR-148, which affect the cell cycle progression of non-small-cell lung cancer.<sup>29</sup> Cao et al demonstrated that the repression of SRCIN1 by miR-150 consequently triggers the activation of the Src/focal adhesion kinase and Src/Ras/extracellular signal-regulated kinase pathways, which eventually promote the proliferation and migration of lung cancer cells. This promotion by miR-150 could be reversed by overexpressing SRCIN1.<sup>30</sup> The results suggest that miR-150 plays a key role in cancer progression with different mechanisms in various cancer subtypes.

However, our conclusions should be considered with caution for the following five reasons. First, there are only nine eligible articles included in our analyses, leading to the relative insufficiency of studies in subgroup analyses. There are only two studies carried out for PFS. Moreover, only articles in English were included in our meta-analysis. Second, some HRs were calculated according to the data extracted from the survival curve; thus, several small errors may have been introduced. Third, the studies did not propose a clear miR-150 cutoff value. Although most of them defined the median as the cutoff of elevated miR-150 expression, accurate values could vary in the different study populations. The lack of abundant miR-150 expression data in the global population

makes it difficult to set a standard cutoff. Fourth, the current statistical analysis could not render miR-150 independently predictive, due to methodological limits. Fifth, the lack of individual HR data for other markers makes it difficult to exclude the influence of confounding factors in meta-analysis. Therefore, relevant studies are required to address the aforementioned problems before miRNA-150 may be used as a prognostic biomarker in clinical applications.

## Conclusion

In summary, this meta-analysis demonstrated that miR-150 expression was not significantly associated with multiple cancers for OS, but the high expression of miR-150 was significantly associated with worse progression. However, the current data are insufficient. These findings must be confirmed in further prospective clinical studies.

## Author contributions

All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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