

# Randomized clinical trial: pharmacokinetics and safety of multimatrix mesalamine for treatment of pediatric ulcerative colitis

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**Background:** Limited data are available on mesalamine (5-aminosalicylic acid; 5-ASA) use in pediatric ulcerative colitis (UC).

**Aim:** To evaluate pharmacokinetic and safety profiles of 5-ASA and metabolite acetyl-5-ASA (Ac-5-ASA) after once-daily, oral administration of multimatrix mesalamine to children and adolescents with UC.

**Methods:** Participants (5–17 years of age; 18–82 kg, stratified by weight) with UC received multimatrix mesalamine 30, 60, or 100 mg/kg/day once daily (to 4,800 mg/day) for 7 days. Blood samples were collected pre-dose on days 5 and 6. On days 7 and 8, blood and urine samples were collected and safety was evaluated. 5-ASA and Ac-5-ASA plasma and urine concentrations were analyzed by non-compartmental methods and used to develop a population pharmacokinetic model.

**Results:** Fifty-two subjects (21 [30 mg/kg]; 22 [60 mg/kg]; 9 [100 mg/kg]) were randomized. On day 7, systemic exposures of 5-ASA and Ac-5-ASA exhibited a dose-proportional increase between 30 and 60 mg/kg/day cohorts. For 30, 60, and 100 mg/kg/day doses, mean percentages of 5-ASA absorbed were 29.4%, 27.0%, and 22.1%, respectively. Simulated steady-state exposures and variabilities for 5-ASA and Ac-5-ASA (coefficient of variation approximately 50% and 40%–45%, respectively) were similar to those observed previously in adults at comparable doses. Treatment-emergent adverse events were reported by ten subjects. Events were similar among different doses and age groups with no new safety signals identified.

**Conclusion:** Children and adolescents with UC receiving multimatrix mesalamine demonstrated 5-ASA and Ac-5-ASA pharmacokinetic profiles similar to historical adult data. Multimatrix mesalamine was well tolerated across all dose and age groups. ClinicalTrials.gov Identifier: NCT01130844.

**Keywords:** ulcerative colitis, mesalamine, pharmacology

## Introduction

Ulcerative colitis (UC) is a chronic inflammatory disease of the colon and rectum distinguished by cycles of remission and relapse over the life of the subject.<sup>1,2</sup> While the incidence of UC peaks around early adulthood, onset of the disorder can occur from early childhood through adulthood.<sup>3</sup> UC is one of the more prevalent chronic diseases in children, with an incidence rate of 2.1 per 100,000 children within the United States.<sup>4</sup>

The primary goals in UC management are induction and maintenance of remission to improve subjects' health and quality of life.<sup>5</sup> Oral 5-aminosalicylic acid (5-ASA) formulations, such as multimatrix mesalamine (Shire US Inc., Wayne, PA, USA), have proven effective in the induction and maintenance of UC remission,<sup>6–10</sup> and are recommended first-line therapy for adults with active mild-to-moderate UC.<sup>5,6</sup> 5-ASAs are also commonly used as the standard of care first-line therapy in pediatric UC. However,

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while studies that support 5-ASA use in adult subjects with UC are abundant,<sup>11</sup> evidence on the efficacy and safety of 5-ASA in pediatric UC subjects is less substantial, with only a few randomized, controlled clinical studies for the induction or maintenance of remission by 5-ASA in pediatric subjects having been conducted.<sup>12,13</sup> To date, no 5-ASA product has been licensed for maintenance of remission of UC in children.

As the first step in a program evaluating multimatrix mesalamine in pediatric UC, the primary objective of this randomized Phase I study ([ClinicalTrials.gov](https://clinicaltrials.gov/ct2/show/NCT01130844) Identifier: NCT01130844) was to assess the pharmacokinetics of 5-ASA and its major metabolite acetyl-5-ASA (Ac-5-ASA) after administration of once-daily multimatrix mesalamine at three different doses (30, 60, or 100 mg/kg/day) for 7 days in children and adolescents diagnosed with UC. Secondary objectives included examining the safety and tolerability of multimatrix mesalamine at these doses in children and adolescents with UC, and evaluating the extent of absorption of 5-ASA from multimatrix mesalamine at steady state.

## Methods

### Study design

This Phase I, multicenter, randomized, open-label, three-arm study was conducted in 12 sites across three countries (United States, Poland, and Slovakia). Children and adolescents (aged 5–17 years) with a diagnosis of UC were randomly assigned to receive multimatrix mesalamine 30, 60, or 100 mg/kg once daily (up to a maximum of 4,800 mg/day) each morning for 7 days. To achieve these doses in children, smaller-sized 300 and 600 mg tablets were developed for this study to augment the existing approved 1,200 mg multimatrix mesalamine tablet. Total daily doses for the study ranged from 900 to 4,800 mg/day. Randomization was stratified by body weight (18–24, 25–49, and 50–82 kg); subjects weighing 18–24 kg were only randomized to 60 and 100 mg/kg/day groups to avoid receiving doses less than 900 mg, and subjects weighing 50–82 kg were only randomized to 30 and 60 mg/kg/day groups to avoid receiving doses greater than 4,800 mg, the maximum approved dose in adult subjects. Randomization was achieved via use of a randomization number allocated prior to dosing, once eligibility had been determined, and a randomization schedule was produced by an interactive voice response system vendor. Subjects were dosed with multimatrix mesalamine every morning for 7 days, at home on days 1–4, and on-site on days 5–7. On day 7, blood and urine pharmacokinetic samples were collected and safety assessments were performed until 24 hours post-dose. The study protocol, protocol amendments, informed consent documents, relevant supporting information, and subject

recruitment information were submitted to and approved by the respective independent ethics committees, institutional review boards, and regulatory agencies prior to study initiation. The independent ethics committees, institutional review boards, and regulatory agencies are from the following: United States: Arkansas Children's Hospital, Advanced Clinical Research Institute, University of California, San Francisco, Connecticut Children's Medical Center, University of Maryland Medical Center for Children, and Mayo Clinic; Australia: Royal Children's Hospital Melbourne; Poland: Klinika Pediatrii Gastroenterologii i Żywienia, Uniwersytecki Szpital Dziecięcy w Krakowie, Klinika Pediatrii Dziecięcy Szpital Kliniczny im prof Antoniego Gebali, Kliniczny Oddział Pediatrii z Pododdziałem Neurologii Dziecięcej Szpital Wojewódzki, Klinika Gastroenterologii Pediatrii, Instytut Centrum Zdrowia Matki Polki, Oddział Gastroenterologii i Hepatologii, and Instytut Pomnik-Centrum Zdrowia Dziecka; Slovakia: Gastroenterologická ambulancia, Univerzitná nemocnica Martin, and DFNSP Banská Bystrica; and the United Kingdom: Alder Hey Children's NHS Foundation Trust, Barts Health NHS Trust/Royal London Hospital, Somers Clinical Research Facility/Great Ormond Street Hospital, Southampton General Hospital. Further details are available at <https://clinicaltrials.gov/ct2/show/NCT01130844>. All authors had access to the study data, and reviewed and approved the final manuscript.

### Study population

Children (aged 5–12 years) and adolescents (aged 13–17 years), weighing 18–82 kg, with a diagnosis of UC  $\geq 3$  months prior to the first dose of study drug were enrolled. Subjects already on a 5-ASA product had to have been on a stable regimen for  $\geq 4$  weeks prior to the first dose of study drug. In addition to each subject documenting assent, the subject's parent or legal representative had to provide informed consent. Subjects with current or recurrent disease (other than UC) that could affect the colon or the action, absorption, or disposition of the study drug were excluded. Additional exclusion criteria included: UC confined to the rectum; allergy, hypersensitivity, or poor tolerability to salicylates or aminosaliclates; history of hepatic or renal impairment, pancreatitis, or Reyes syndrome; use of another investigational product  $\leq 30$  days prior to the first dose of study drug; serious, severe, or unstable psychiatric or physical illness; positive urine screen for drugs or abuse of alcohol; and pregnancy or lactation in female subjects.

### Pharmacokinetic evaluations

Blood samples (2 mL) for the measurement of 5-ASA and Ac-5-ASA plasma concentrations were taken pre-dose on days

5 and 6 and at the following time points on day 7: pre-dose, and 2, 4, 6, 9, 12, 16, and 24 hours after dosing. In addition, a complete 0- to 24-hour urine collection was made for the determination of urinary excretion of 5-ASA and Ac-5-ASA, starting within 30 minutes before the morning meal on day 7 until the final void scheduled for 30 minutes before the morning meal on day 8. Plasma and urine concentrations of 5-ASA and Ac-5-ASA were determined by validated methods based on liquid chromatography with tandem mass spectrometry (LC-MS/MS). The bioanalytical methods used for the quantitation of the plasma and the urine samples were validated, and quality control and calibration standard data were accepted in accordance with the U.S. Food and Drug Administration (FDA) guidance for bioanalytical method validation.<sup>14</sup> Pharmacokinetic parameters were determined from the plasma concentration–time data by non-compartmental analysis.

The plasma assay ranged from 5 to 5,000 ng/mL for both 5-ASA and Ac-5-ASA. In each analytical batch, two low, two mid, and two high quality control (QC) samples were analyzed along with the study samples. The QC sample concentrations of both analytes in plasma were 12.5, 2,500, and 4,000 ng/mL. The inter-day coefficient of variation (CV) values ranged from 5.0% to 7.6% for 5-ASA and from 4.8% to 10.1% for Ac-5-ASA. Accuracy (expressed as percentage of the difference of the mean value for each pool from the theoretical concentration) values ranged from –0.8% to 1.6% for 5-ASA and from 2.4% to 5.2% for Ac-5-ASA. In 12 out of 14 analytical batches, three dilution QC samples were analyzed along with the study samples. The dilution QC sample concentrations for both analytes in plasma were each 10,000 ng/mL, and the dilution QC samples were analyzed after a 1:5 dilution with control plasma. The inter-day CV value was 5.5% for 5-ASA and 6.1% for Ac-5-ASA, and the accuracy values were 4.0% and 4.0%, respectively. Recoveries of 5-ASA and Ac-5-ASA from plasma were shown during assay validation to be >95%.

The urine assay ranged from 5 to 1,000 µg/mL for both 5-ASA and Ac-5-ASA. In each analytical batch, two low, two mid, and two high QC samples were analyzed along with the study samples. The QC sample concentrations of both analytes were 15, 400, and 800 µg/mL. The inter-day CV values ranged from 6.7% to 11.7% for 5-ASA and from 7.6% to 10.2% for Ac-5-ASA. Accuracy values ranged from –5.5% to –1.3% for 5-ASA and from 1.4% to 4.0% for Ac-5-ASA. In three out of nine analytical batches, three dilution QC samples were analyzed along with the study samples. The dilution QC sample concentrations for both analytes in urine were each 2,000 µg/mL, and the dilution QC samples were analyzed after a 1:5 dilution with control urine. The inter-day CV value was 7.8% for 5-ASA and 7.2% for Ac-5-ASA,

and the accuracy values were –2.5% and 2.0%, respectively. Recoveries of 5-ASA and Ac-5-ASA from urine were shown during assay validation to be >90%.

A total of 52 plasma samples and six urine samples were re-analyzed to assess incurred sample reproducibility. Results for 100% of these samples were found to be within ±20% of the mean of the original and re-assay results, meeting the predefined acceptance criteria.

## Safety

Safety was evaluated by reported adverse events (AEs) at each study visit and while the subject was on-site, and included assessment of clinical laboratory parameters, physical examination findings, vital signs, and 12-lead electrocardiogram. Safety analyses were performed on all randomized subjects who took ≥1 dose of study drug and had ≥1 post-dose safety assessment (safety analysis set). Safety data were summarized by treatment group and by treatment group stratified by age (5–12 years and 13–17 years).

## Sample size

It was anticipated that up to 60 subjects would be needed for screening to enroll 45 subjects. Thirty subjects were required to complete the study and, per agreement with the FDA, a minimum of six subjects were to be assigned to each age group (5–12 years and 13–17 years), as well as a minimum of six subjects per dose level (30, 60, and 100 mg/kg/day).

## Non-compartmental pharmacokinetic analysis

Pharmacokinetic parameters were determined (WinNonlin 5.2; Pharsight Corporation, Mountain View, CA, USA) for 5-ASA and Ac-5-ASA for all subjects in the safety analysis set who generated sufficient plasma samples to allow reliable determination of maximum concentration ( $C_{max,ss}$ ) and area under the curve for the defined interval between doses ( $AUC_{ss}$ ; tau=24 h) at steady state (ie, the pharmacokinetic set). All calculations were based on actual sampling times. Pharmacokinetic parameters that were derived based on 5-ASA and/or Ac-5-ASA concentrations, as appropriate, included  $AUC_{ss}$ ,  $C_{max,ss}$ , time of maximum observed concentration sampled during a dosing interval ( $t_{max}$ ), cumulative amount recovered in urine in time interval 0–24 hours ( $Xu_{0-24h}$ ), clearance from the blood by the kidneys ( $CL_R$ ), metabolic ratio (Ac-5-ASA:5-ASA) calculated using  $C_{max,ss}$  ( $MR_{Cmax,ss}$ ), metabolic ratio (Ac-5-ASA:5-ASA) calculated using  $AUC_{ss}$  ( $MR_{AUCss}$ ), and percentage of the dose absorbed, calculated as:

$$\% \text{ of dose absorbed} = \frac{(Xu_{0-24h} \text{ 5-ASA} + [0.7847 \times Xu_{0-24h} \text{ Ac-5-ASA}])}{\text{Dose}} \times 100 \quad (1)$$

where 0.7847 is the ratio of the molecular weight of 5-ASA (153.14) to the molecular weight of Ac-5-ASA (195.15).

AUC values were calculated using the linear trapezoidal method when concentrations were increasing, and the logarithmic trapezoidal method when concentrations were decreasing. No inferential statistical analyses were conducted on the pharmacokinetic data. Summary statistics were presented by treatment group and by treatment group stratified by age (5–12 years, 13–17 years) for all pharmacokinetic parameters. Achievement of steady state was assessed by visual inspection of pre-dose plasma concentrations on days 5, 6, and 7. Systemic exposure ( $C_{\max,ss}$  and  $AUC_{ss}$ ) was assessed by comparison with historical data in healthy adult subjects administered multimatrix mesalamine 2,400 or 4,800 mg/day.<sup>15,16</sup>

## Population pharmacokinetic analysis

A population pharmacokinetic model was developed using non-linear mixed effects modeling (NONMEM® program, Version 7.2.0; ICON, Ellicott City, MD, USA) to describe the population variability in 5-ASA/Ac-5-ASA pharmacokinetics and the relationship between pharmacokinetic parameters and potential explanatory covariates (eg, age, weight, and sex). Pharmacokinetic parameters were estimated using Monte-Carlo Importance Sampling Expectation Maximization method with “Mu Referencing”.<sup>17</sup> Development of the population pharmacokinetic model consisted of building a base model, followed by development of a covariate model using an interim data cut (40 subjects); the final model was updated with data from an additional 12 subjects from the study. Structural model selection was data driven, based on goodness-of-fit plots (observed vs predicted concentration, conditional weighted residual vs predicted concentration or time, histograms of individual random effects, etc), successful convergence, plausibility and precision of parameter estimates, and the minimum objective function value. Missing drug concentrations and concentrations reported as “not quantifiable” were excluded in the analysis. The final pharmacokinetic

model was evaluated using visual predictive check (VPC), and this model was used to simulate the expected 5-ASA and Ac-5-ASA plasma concentration profiles in a broader population of children and adolescents using Trial Simulator (Version 2.2.1, Pharsight Corporation). Data presentation and construction of plots were performed using S-PLUS (Version 8.1; Tibco Software Inc., Palo Alto, CA, USA). The simulated exposures were compared to historical adult exposures.<sup>15,16</sup>

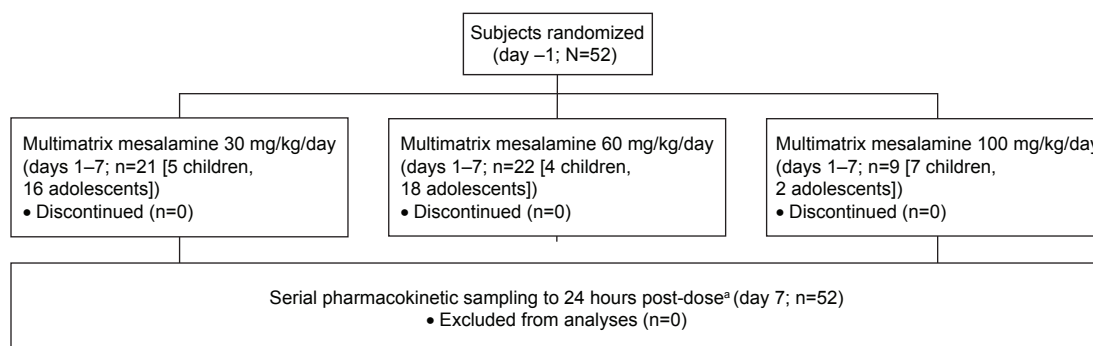
## Results

### Subjects

Between October 2010 and June 2013, a total of 52 subjects were screened, randomized, and treated; all completed the study (21 subjects [5 children, 16 adolescents] in the 30 mg/kg/day dose group, 22 [4 children, 18 adolescents] in the 60 mg/kg/day dose group, and 9 [7 children, 2 adolescents] in the 100 mg/kg/day dose group; Figure 1). While the study met the FDA enrollment requirement of a minimum of six subjects per dose level, more patients were enrolled into the 30 and 60 mg/kg/day dose groups than into the 100 mg/kg/day dose group due to difficulties enrolling children who weighed <49 kg. Overall, demographic data and baseline disease characteristics were well balanced between dose groups, although fewer subjects were studied in the 100 mg/kg/day dose group due to enrollment difficulties (Table 1).

### Non-compartmental pharmacokinetics

Inter-assay accuracy and precision data for 5-ASA and Ac-5-ASA in the QC samples at three concentrations each in human plasma and urine across all analytical batches are shown in Table S1. For 5-ASA, mean plasma concentration–time profiles attained maxima at ~6 or 9 hours post-dose, with a secondary peak at 24 hours post-dose (Figure 2A; Table 2). Median  $t_{\max}$  was 6 and 9 hours (range 0–24 hours for all dose levels) post-dose for 30 and 60 mg/kg/day doses, respectively. For 100 mg/kg/day, median  $t_{\max}$  was approximately 2 hours post-dose; however, there were only nine subjects



**Figure 1** Subject flow diagram.

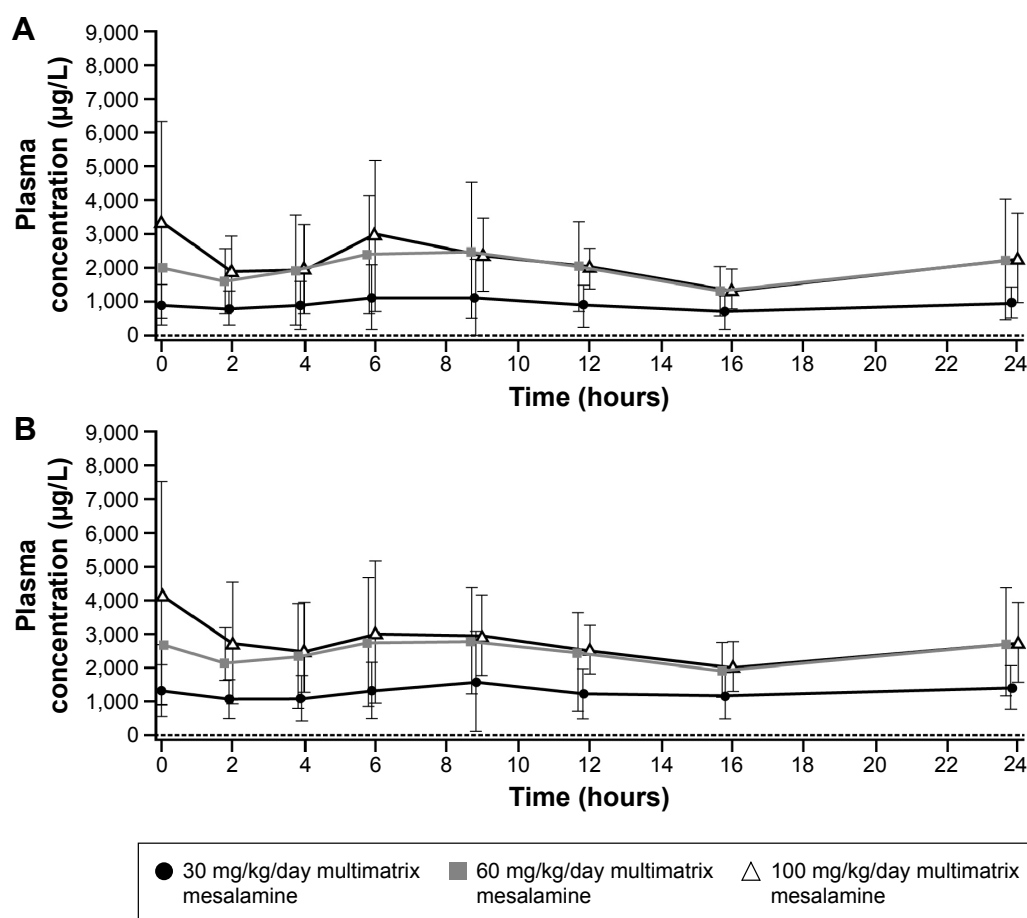
**Note:** \*Included blood and urine collection.

**Table 1** Demographic data and baseline characteristics

	Multimatrix mesalamine			
	30 mg/kg/day, n=21	60 mg/kg/day, n=22	100 mg/kg/day, n=9	All doses, N=52
Mean age (SD), years	14.0 (2.88)	13.9 (2.59)	10.6 (3.28)	13.3 (3.06)
Sex, n (%)				
Male	7 (33.3)	11 (50.0)	4 (44.4)	22 (42.3)
Female	14 (66.7)	11 (50.0)	5 (55.6)	30 (57.7)
Ethnicity, n (%)				
Not Hispanic or Latino	21 (100.0)	21 (95.5)	9 (100.0)	51 (98.1)
Hispanic or Latino	0	1 (4.5)	0	1 (1.9)
Race, n (%)				
White	20 (95.2)	22 (100.0)	9 (100.0)	51 (98.1)
Asian	1 (4.8)	0	0	1 (1.9)
Mean BMI (SD), <sup>a</sup> kg/m <sup>2</sup>	20.71 (3.365)	19.16 (3.123)	17.15 (2.330)	19.44 (3.308)
BMI category, <sup>b</sup> n (%)				
Healthy weight	17 (81.0)	19 (86.4)	9 (100.0)	45 (86.5)
Obese	2 (9.5)	1 (4.5)	0	3 (5.8)
Overweight	2 (9.5)	0	0	2 (3.8)
Underweight	0	2 (9.1)	0	2 (3.8)
Median time since diagnosis of UC (range), <sup>c</sup> years	2.14 (0.3–9.4)	2.24 (0.2–9.6)	1.66 (0.3–8.2)	1.83 (0.2–9.6)

**Notes:** <sup>a</sup>Calculated as screening weight (kg)/height (m)<sup>2</sup>. <sup>b</sup>Categories derived using the CDC BMI percentiles for children and adolescents: underweight = BMI <5th percentile; healthy weight = BMI 5th percentile to <85th percentile; overweight = BMI 85th percentile to <95th percentile; obese = BMI ≥95th percentile. <sup>c</sup>Calculated as “date of diagnosis – date of first dose/365.25”.

**Abbreviations:** BMI, body mass index; CDC, Centers for Disease Control and Prevention; SD, standard deviation; UC, ulcerative colitis.

**Figure 2** Mean (SD) plasma concentration–time profiles for (A) 5-ASA and (B) Ac-5-ASA in children and adolescents by treatment group.

**Abbreviations:** 5-ASA, 5-aminosalicylic acid; Ac-5-ASA, acetyl-5-aminosalicylic acid; SD, standard deviation.



**Table 2** Summary of pharmacokinetic parameters of 5-ASA and Ac-5-ASA in children and adolescents

	Multimatrix mesalamine		
	30 mg/kg/day, n=21	60 mg/kg/day, n=22	100 mg/kg/day, n=9
<b>5-ASA</b>			
AUC <sub>ss</sub> (μg×h/L), mean (SD)	21,411 (11,081)	46,173 (22,864)	49,213 (17,664)
C <sub>max,ss</sub> (μg/L), mean (SD)	1,884 (1,018)	3,825 (1,979)	4,314 (2,602)
t <sub>max</sub> (h), median (min, max)	6.00 (0.00, 24.0)	8.98 (0.00, 24.0)	1.98 (0.00, 24.0)
Xu <sub>0-24h</sub> (mg), mean (SD)	162 (132)	298 (221)	235 (121)
CL <sub>R</sub> (L/h), mean (SD)	6.48 (2.99)	5.94 (2.95)	4.95 (2.07)
% dose absorbed, mean (SD)	29.4 <sup>a</sup> (14.5)	27.0 (13.5)	22.1 (13.6)
<b>Ac-5-ASA</b>			
AUC <sub>ss</sub> (μg×h/L), mean (SD)	30,942 (13,743)	58,119 (22,729)	63,067 (21,752)
C <sub>max,ss</sub> (μg/L), mean (SD)	2,396 (1,217)	4,113 (1,641)	4,968 (2,911)
t <sub>max</sub> (h), median (min, max)	9.00 (0.00, 24.0)	7.48 (0.00, 24.0)	1.98 (0.00, 24.0)
Xu <sub>0-24h</sub> (mg), mean (SD)	532 (411)	708 (341)	593 (251)
CL <sub>R</sub> (L/h), mean (SD)	16.2 (6.72)	12.2 (4.43)	10.0 (4.36)
MR <sub>AUCss</sub> <sup>a</sup> , mean (SD)	1.56 (0.422)	1.34 (0.244)	1.31 (0.219)
MR <sub>Cmax,ss</sub> <sup>a</sup> , mean (SD)	1.37 (0.409)	1.15 (0.247)	1.18 (0.223)

**Notes:** <sup>a</sup>n=20; exclusion of outlier from summary statistics.

**Abbreviations:** 5-ASA, 5-aminosalicylic acid; Ac-5-ASA, acetyl-5-aminosalicylic acid; AUC<sub>ss</sub>, area under the curve for the defined interval between doses (tau = 24 h); SD, standard deviation; C<sub>max,ss</sub>, maximum concentration occurring at t<sub>max</sub>; t<sub>max</sub>, time of maximum observed concentration sampled during a dosing interval; Xu<sub>0-24h</sub>, cumulative amount recovered in urine in the time interval 0–24 hours; CL<sub>R</sub>, clearance of a substance from the blood by the kidneys; MR<sub>AUCss</sub>, metabolic ratio (Ac-5-ASA:5-ASA) calculated using the AUC<sub>ss</sub>; MR<sub>Cmax,ss</sub>, metabolic ratio (Ac-5-ASA:5-ASA) calculated using the C<sub>max,ss</sub>; min, minimum; max, maximum.

at 100 mg/kg/day. Steady-state plasma concentrations for 5-ASA were attained by day 5 for all doses. On day 7, systemic exposure to 5-ASA (mean AUC<sub>ss</sub> and C<sub>max,ss</sub>) increased in a dose-proportional manner between 30 and 60 mg/kg/day doses, but in a subproportional manner between 60 and 100 mg/kg/day doses. Based on urinary recovery, the mean percentages of 5-ASA absorbed from multimatrix mesalamine were 29.4%, 27.0%, and 22.1% for 30, 60, and 100 mg/kg/day doses, respectively. High between-subject variability was noted for 5-ASA AUC<sub>ss</sub> and C<sub>max,ss</sub>, with arithmetic CV values ranging from 36% to 52% and 52% to 60%, respectively. Mean CL<sub>R</sub> ranged from 5.0 to 6.5 L/h, with a trend toward decreasing with increasing dose.

Mean plasma concentration–time profiles of plasma Ac-5-ASA were similar to those of the parent drug 5-ASA (Figure 2B; Table 2), with median t<sub>max</sub> of 9, 7.5, and 2 hours post-dose for 30, 60, and 100 mg/kg/day doses, respectively. Steady-state plasma concentrations for Ac-5-ASA were attained by day 5 for all doses. On day 7, as for 5-ASA, systemic exposure to Ac-5-ASA increased in a dose-proportional manner between 30 and 60 mg/kg/day doses, but in a subproportional manner between 60 and 100 mg/kg/day doses. The metabolite Ac-5-ASA was more abundant than the parent drug (Table 2; MR<sub>AUCss</sub> of Ac-5-ASA:5-ASA), with no apparent trend across dose. Mean CL<sub>R</sub> ranged from 10.0 to 16.2 L/h, with a trend toward decreasing with increasing dose. Moderate to high between-subject variability was noted for AUC<sub>ss</sub> and C<sub>max,ss</sub>, with arithmetic CV values ranging from 35% to 44% and 40% to 59%, respectively. There was no apparent

difference in 5-ASA or Ac-5-ASA systemic exposure, as measured by mean AUC<sub>ss</sub> and C<sub>max,ss</sub>, between children (aged 5–12 years) and adolescents (aged 13–17 years) for this weight-based dosing paradigm (data not shown).

## Population pharmacokinetics

The pharmacokinetics of 5-ASA and Ac-5-ASA were adequately described by the population pharmacokinetic structural model (Figure S1) that included: first-order absorption from two depot compartments, absorption lag times, and separate central compartments for 5-ASA and Ac-5-ASA with respective urine compartments for renal clearance. Non-renal clearance of 5-ASA was assumed to involve only metabolism to Ac-5-ASA, and all elimination processes were based on the first-order kinetics. Allometric scaling by body weight was applied to all clearance and volume parameters, with the exponents fixed to the theoretical value of 0.75 for clearance and 1 for volume parameters.<sup>18</sup> Parameter estimates for the final model are shown in Table S2; following evaluation by VPC, less than 9% of the observed concentrations fell outside the 90% prediction intervals for both analytes, suggesting that the final model adequately described the observed data. For a 70 kg individual, the typical value of 5-ASA apparent renal clearance was estimated to be 1.15 L/h (95% confidence interval [CI]: 1.01–1.32 L/h), and apparent metabolic clearance was estimated to be 85.6 L/h (95% CI: 75.9–96.5 L/h). The typical value of Ac-5-ASA apparent renal clearance was estimated to be 2.54 L/h (95% CI: 2.27–2.86 L/h), and apparent non-renal clearance was estimated

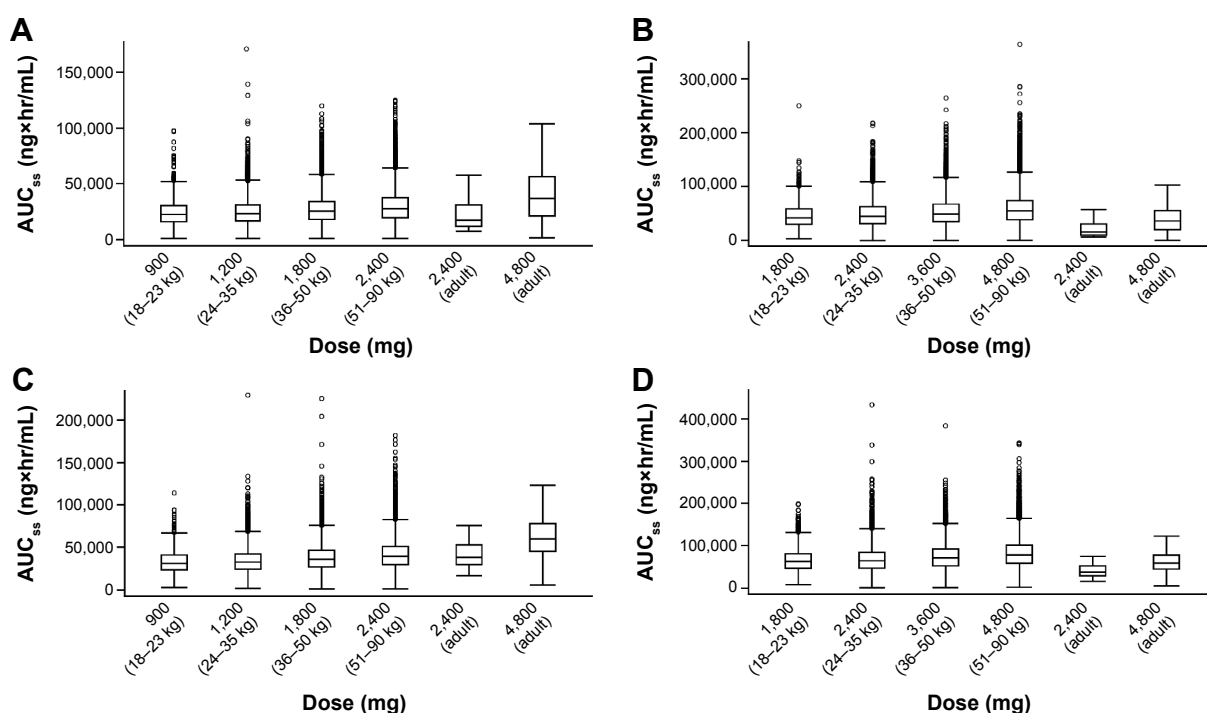
to be 74.4 L/h (95% CI: 66.7–83.1 L/h). Typical estimates of the central volume of distribution were 109 L (95% CI: 70.1–169 L) for 5-ASA and 7.10 L (95% CI: 5.31–9.49 L) for Ac-5-ASA. Estimated absorption rates from depot 1 and depot 3 were 0.0334 h<sup>-1</sup> (95% CI: 0.0207–0.0539 h<sup>-1</sup>) and 0.273 h<sup>-1</sup> (95% CI: 0.165–0.448 h<sup>-1</sup>). Corresponding estimated absorption lag times from each depot were 5.10 hours (95% CI: 4.31–6.05 hours) and 15.0 hours (95% CI: 14.0–16.1 hours); the lag time from depot 3 represented the additional lag following delay in absorption from depot 1. The fraction of dose absorbed from depot 1 was estimated to be 0.734 (95% CI: 0.413–1.06), and remaining dose fractions were assumed to be absorbed from depot 3. Goodness-of-fit plots for 5-ASA and Ac-5-ASA plasma concentrations are shown in Figures S2 and S3.

The population pharmacokinetic model was used to simulate steady-state profiles for both 5-ASA and Ac-5-ASA for four weight groups (18–23, 24–35, 36–50, and 51–90 kg) at planned high doses (1,800, 2,400, 3,600, and 4,800 mg) and low doses (900, 1,200, 1,800, and 2,400 mg) in 80 subjects with 1,000 replications (Figure 3A–D; Tables S3 and S4). The variability in the predicted steady-state exposures for children and adolescents was approximately 50% (CV%) for 5-ASA AUC (Table S3) and 40%–45% for Ac-5-ASA AUC (Table S4). The proposed low dose of multimatrix mesalamine for each weight category is predicted to provide

comparable steady-state exposure for both 5-ASA and Ac-5-ASA to those observed following administration of a fixed 2,400 mg dose in the adult population (Figure 3A–D). The proposed high dose for each weight category is predicted to provide comparable steady-state AUC for both 5-ASA and Ac-5-ASA to those observed following administration of a fixed 4,800 mg dose in the adult population.

## Safety

The incidence of treatment-emergent adverse events (TEAEs) was 19.2% (ten subjects overall); all TEAEs were mild to moderate (Table 3). Incidence rates were similar among different dose groups, and the most commonly reported TEAEs were abdominal pain, musculoskeletal pain, and headache, each reported in 3.8% of subjects (n=2 each). There were no TEAEs leading to premature discontinuation. Two subjects (3.8%) experienced a TEAE considered by the investigator to be related to the study drug: one subject in the 30 mg/kg/day dose group experienced abdominal pain, dehydration, and vomiting, and one subject in the 60 mg/kg/day dose group experienced moderate upper abdominal pain. No relevant differences between the age groups were observed with regard to the occurrence, severity, or relatedness of TEAEs, and no clinically relevant abnormalities in biochemistry, hematology, urinalysis, or vital sign values were observed. No new safety signals were reported.



**Figure 3** Box and whisker plots of simulated 5-ASA and Ac-5-ASA steady-state AUC in both child/adolescent and adult populations for low-dose (A [5-ASA] and C [Ac-5-ASA]) and high-dose exposures (B [5-ASA] and D [Ac-5-ASA]).

**Abbreviations:** 5-ASA, 5-aminosalicylic acid; Ac-5-ASA, acetyl-5-aminosalicylic acid; AUC<sub>ss</sub>, area under the curve for the defined interval between doses.

**Table 3** Treatment-emergent adverse events

TEAE	Multimatrix mesalamine, n (%)			
	30 mg/kg/day, n=21	60 mg/kg/day, n=22	100 mg/kg/day, n=9	All doses, N=52
Subjects with $\geq 1$ TEAE	4 (19.0)	4 (18.2)	2 (22.2)	10 (19.2)
Gastrointestinal disorders	2 (9.5)	2 (9.1)	0	4 (7.7)
Abdominal pain	1 (4.8)	1 (4.5)	0	2 (3.8)
Musculoskeletal and connective tissue disorders	1 (4.8)	1 (4.5)	0	2 (3.8)
Musculoskeletal pain	1 (4.8)	1 (4.5)	0	2 (3.8)
Nervous system disorders	2 (9.5)	1 (4.5)	0	3 (5.8)
Headache	1 (4.8)	1 (4.5)	0	2 (3.8)

**Abbreviation:** TEAE, treatment-emergent adverse event.

## Discussion

This is the first study to evaluate the safety and pharmacokinetics of multimatrix mesalamine in children and adolescents diagnosed with UC. Multimatrix mesalamine was generally safe and well tolerated. No fatal TEAEs, other serious TEAEs, or TEAEs leading to discontinuation of treatment occurred during the study, and the incidence of TEAEs was comparable between dose and age groups. Furthermore, the types and frequencies of clinical laboratory abnormalities and other safety parameters were low, and comparable between dose and age groups.

The pharmacokinetic profiles of 5-ASA and Ac-5-ASA at 30 or 60 mg/kg once daily were similar to those observed historically in adults after a 2,400 mg daily dose.<sup>15,16</sup> Likewise, the pharmacokinetic profiles of 5-ASA and Ac-5-ASA at 100 mg/kg once daily were also similar to those in adults after a 4,800 mg daily dose.<sup>15,16</sup> These conclusions were based on the variable absorption profiles with initial and secondary peaks, the percentage of the 5-ASA absorbed, renal clearance of 5-ASA and Ac-5-ASA, plasma exposure ( $AUC_{ss}$  and  $C_{max,ss}$ ), and the inter-subject variability in pharmacokinetic parameters (Table 2).<sup>15,16</sup> For example, in adults, the total absorption of 5-ASA from multimatrix mesalamine 2.4 or 4.8 g administered once daily for 14 days to healthy volunteers was approximately 21%–22% of the administered dose.<sup>15</sup> In the current study, 5-ASA absorption ranged from 22% to 29% across doses.

The overall similarity in 5-ASA and Ac-5-ASA exposures between children/adolescents and adults suggests that the novel, smaller 300 and 600 mg multimatrix mesalamine tablets developed for this study performed as intended, delivering 5-ASA to the colon in a similar fashion to the commercial 1,200 mg multimatrix mesalamine tablets. Hence, these new 300 and 600 mg tablets may be suitable for use in future studies.

For both 5-ASA and Ac-5-ASA, pharmacokinetic steady state was attained by day 5 for all doses, and systemic exposure of 5-ASA and Ac-5-ASA (measured by mean  $AUC_{ss}$  and  $C_{max,ss}$ ) on day 7 increased in a dose-proportional

manner between 30 and 60 mg/kg/day doses (Table 2). Mean  $AUC_{ss}$  and  $C_{max,ss}$  increased subproportionally between 60 and 100 mg/kg/day doses, possibly due to the maximum dose restriction of 4,800 mg/day, with the highest dose of 100 mg/kg only being administered to subjects weighing less than 50 kg. In the 100 mg/kg/day dose group, a mean of 22.1% of the dose was absorbed (similar to the 21%–22% observed in adults),<sup>15</sup> whereas the corresponding values for the 30 and 60 mg/kg/day dose groups were higher (29.4% and 27.0%, respectively), suggesting that there also may be differences in the extent of absorption. Nevertheless, these assessments of dose-proportionality should be interpreted with caution due to the large inter-subject pharmacokinetic variability and the small sample size (n=9) receiving 100 mg/kg/day.

In addition to the typical non-compartmental pharmacokinetic analysis, a population pharmacokinetic model was developed to describe the pharmacokinetics of 5-ASA and Ac-5-ASA (Figure S1), and was subsequently used to simulate exposures in a broader population of children and adolescents with UC, following repeat oral administration of multimatrix mesalamine (Figures 3A–D; Tables S3 and S4). The variability in the predicted steady-state exposures for children and adolescents was similar to the observed variability in adults for both 5-ASA AUC (CV  $\approx$ 50% in children and adolescents and 60% in adults) and Ac-5-ASA AUC (CV  $\approx$ 40%–45% in both populations).<sup>15,16</sup> Additionally, absorption from two depots, as described in the final model, is consistent with the multimatrix mesalamine tablet, delivering an initial burst of 5-ASA that occurs from disintegration of the enteric coating, followed by leaching of 5-ASA out of the core as the tablet travels through the terminal ileum and colon. Therefore, the absorption data provide support for the drug being delivered in accordance with the design concept. Finally, results from the modeling and simulation in the current analysis suggest that the proposed dosing regimen for examining the safety and efficacy of multimatrix mesalamine in children and adolescents is likely to produce exposures to 5-ASA and Ac-5-ASA within



the range of exposures at which safety and efficacy have been established in adults. As a result, these data supported the proposed doses for the Phase III safety and efficacy trial of multimatrix mesalamine in pediatric patients with UC (PACE; NCT02093663).

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## Author contributions

Carmen Cuffari was involved with the study design as well as data analysis and interpretation. David Pierce was involved with study concept and design, oversight of the analysis, and interpretation of data (including oversight of pharmacokinetic details included in the manuscript). Bartosz Korczowski and Krzysztof Fyderek supervised the study conduct and were involved with data acquisition. Heather Van Heusen was involved with study concept and design; oversight of study conduct, execution, and data analyses; development of the clinical study report; and development of the protocol. Stuart Hossack was involved with non-compartmental pharmacokinetic data analysis and interpretation of data for the clinical study report. Hong Wan was involved with acquisition of data, analysis and interpretation of data, and statistical analysis. Alena YZ Edwards was involved with analysis and interpretation of data. Patrick Martin was involved with the overarching study concept, design, conduct, and reporting, and as the article guarantor, he takes responsibility for the integrity of the work as a whole, from inception to published article. All authors contributed to drafting of the manuscript or critical revision of the manuscript for important intellectual content, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

## Disclosure

Carmen Cuffari served as a consultant for Shire, Pro-metheus, and Abbott Nutritionals. David Pierce is a

former employee of Shire, and holds stock in Shire and in GlaxoSmithKline. Bartosz Korczowski and Krzysztof Fyderek received grants from Shire for the study research conducted. Heather Van Heusen, Hong Wan, and Patrick Martin are employees of Shire, and hold stock and/or stock options at Shire. Stuart Hossack is an employee of Covance Clinical Research Unit Limited, which received funding from Shire for assistance with data analysis. Alena YZ Edwards is an employee of ICON Early Phase Services, which received funding from Shire for assistance with data analysis.

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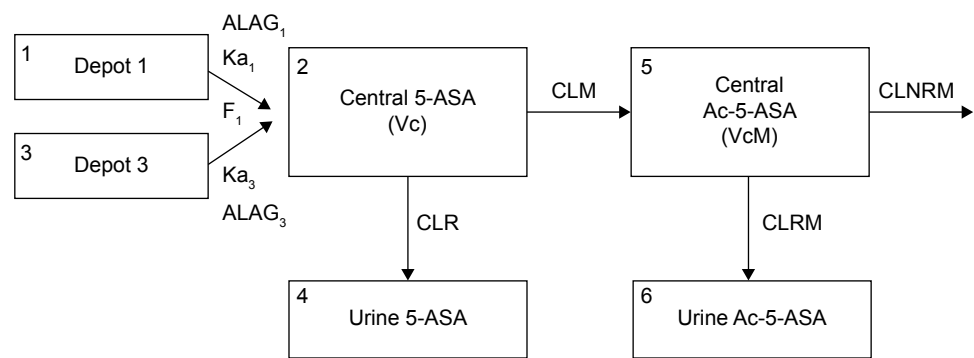
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Supplementary materials

**Table S1** Assay performance of 5-ASA and Ac-5-ASA bioanalytical quality control samples in human plasma and urine

	5-ASA and Ac-5-ASA nominal concentration in plasma		
	Low QC (12.5 ng/mL)	Mid QC (2,500 ng/mL)	High QC (4,000 ng/mL)
5-ASA			
CV, %	7.6	5.3	5.0
Bias, %	0.0	1.6	−0.8
Ac-5-ASA			
CV, %	10.1	4.8	7.7
Bias, %	2.4	5.2	3.3
	5-ASA and Ac-5-ASA nominal concentration in urine		
	Low QC (15.0 µg/mL)	Mid QC (400 µg/mL)	High QC (800 µg/mL)
5-ASA			
CV, %	6.7	11.7	8.2
Bias, %	−1.3	−5.5	−4.0
Ac-5-ASA			
CV, %	10.2	9.0	7.6
Bias, %	4.0	1.0	−1.4

**Abbreviations:** Ac-5-ASA, acetyl-5-aminosalicylic acid; 5-ASA, 5-aminosalicylic acid; QC, quality control; CV, coefficient of variation.



**Figure S1** Schematic of final population pharmacokinetic structural model.

**Notes:** Numbers on the top left-hand corner of the boxes represent the compartment numbers for the population pharmacokinetic model in the NONMEM code. Hence, the two depot compartments were denoted as depot 1 and depot 3.

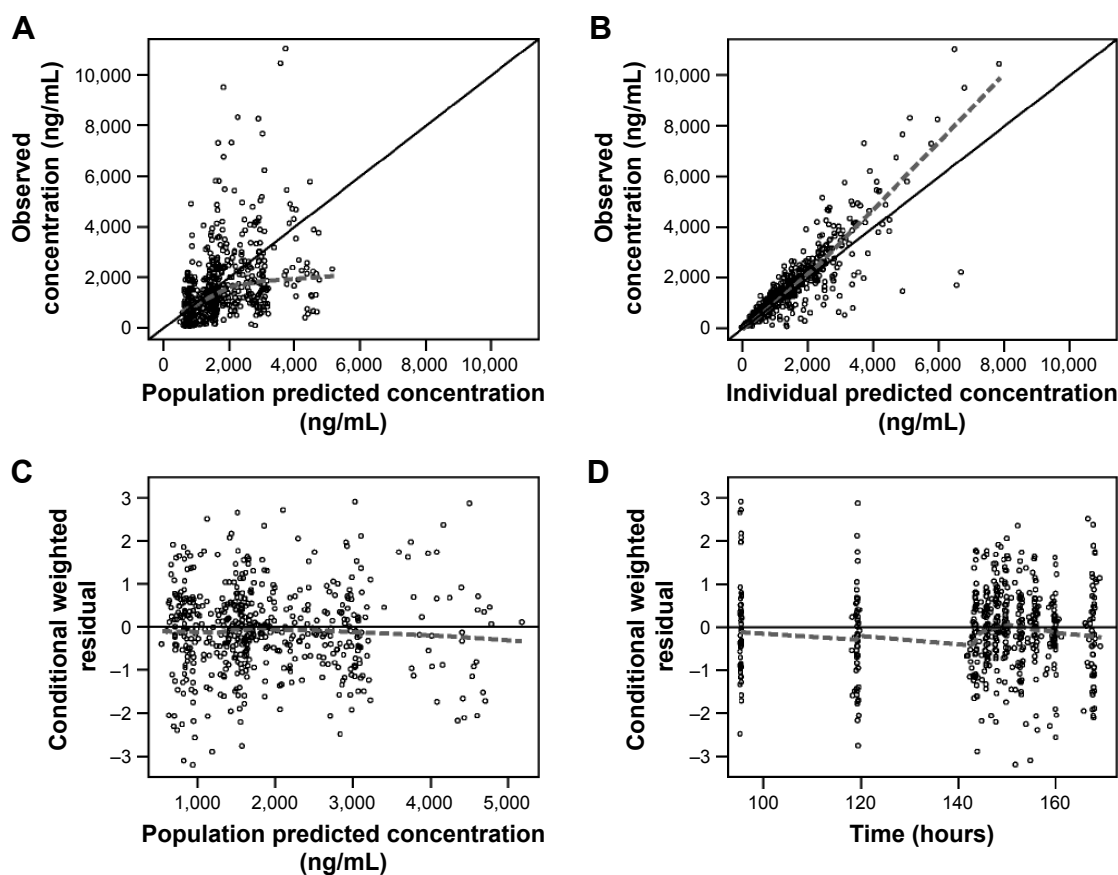
**Abbreviations:**  $ALAG_1$ , absorption lag time from depot 1; 5-ASA, 5-aminosalicylic acid; Ac-5-ASA, acetyl-5-aminosalicylic acid;  $Ka_1$ , absorption rate constant from depot 1;  $F_1$ , fraction of dose absorbed from depot 1;  $Ka_3$ , absorption rate constant from depot 3;  $ALAG_3$ , absorption lag time from depot 3 in addition to the lag time from depot 1; CLM, metabolic clearance of 5-ASA; CLNRM, non-renal clearance of Ac-5-ASA; CLR, renal clearance of 5-ASA; CLRM, renal clearance of Ac-5-ASA.

**Table S2** Parameter estimates of final 5-ASA/Ac-5-ASA population pharmacokinetic model<sup>a</sup>

Parameter <sup>b</sup>	NONMEM estimates			
	Point estimate	%RSE	95% CI	CV%
CLR/F (L/h)	1.15	45.9	1.01–1.32	NA
CLM/F (L/h)	85.6	1.38	75.9–96.5	NA
Vc/F (L)	109	4.78	70.1–169	NA
CLRM/F (L/h)	2.54	6.34	2.27–2.86	NA
CLNRM/F (L/h)	74.4	1.31	66.7–83.1	NA
VcM/F (L)	7.10	7.55	5.31–9.49	NA
K <sub>a1</sub> (h <sup>-1</sup> )	0.0334	7.26	0.0207–0.0539	NA
K <sub>a3</sub> (h <sup>-1</sup> )	0.273	19.5	0.165–0.448	NA
ALAG <sub>1</sub> (h)	5.10	5.34	4.31–6.05	NA
ALAG <sub>3</sub> (h)	15.0	1.23	14.0–16.1	NA
F <sub>1</sub>	0.734	22.3	0.413–1.06	NA
CLR/F~WT	0.75 FIX	NA	NA	NA
CLM/F~WT	0.75 FIX	NA	NA	NA
Vc/F~WT	1 FIX	NA	NA	NA
CLRM/F~WT	0.75 FIX	NA	NA	NA
CLNRM/F~WT	0.75 FIX	NA	NA	NA
VcM/F~WT	1 FIX	NA	NA	NA
Inter-individual variability				
$\omega^2_{\text{CLR}}$	0.181	22.8	0.100–0.262	42.5 <sup>c</sup>
$\omega^2_{\text{CLM}}$	0.115	25.4	0.0578–0.172	33.9 <sup>c</sup>
$\omega^2_{\text{Vc}}$	0.412	60.0	–0.0721–0.896	64.2 <sup>c</sup>
$\omega^2_{\text{CLRM}}$	0.133	21.6	0.0767–0.189	36.5 <sup>c</sup>
$\omega^2_{\text{CLNRM}}$	0.0823	27.0	0.0388–0.126	28.7 <sup>c</sup>
$\omega^2_{\text{VcM}}$	0.0225 FIX	NA	NA	15.0 <sup>c</sup>
$\omega^2_{\text{Ka1}}$	2.72	21.6	1.57–3.87	165 <sup>c</sup>
$\omega^2_{\text{Ka3}}$	1.87	27.3	0.868–2.87	137 <sup>c</sup>
$\omega^2_{\text{ALAG1}}$	0.256	23.0	0.141–0.371	50.6 <sup>c</sup>
$\omega^2_{\text{ALAG3}}$	0.0225 FIX	NA	NA	15.0 <sup>c</sup>
$\omega^2_{\text{F1}}$	0.662	32.8	0.237–1.09	81.4 <sup>c</sup>
Residual variability				
$\sigma^2_{\text{prop, plasma 5-ASA}}$	0.136	7.65	0.116–0.156	36.9 <sup>d</sup>
$\sigma^2_{\text{prop, urine 5-ASA}}$	0.00360 FIX	NA	NA	6.00 <sup>d</sup>
$\sigma^2_{\text{prop, plasma Ac-5-ASA}}$	0.0829	7.45	0.0708–0.0950	28.8 <sup>d</sup>
$\sigma^2_{\text{prop, urine Ac-5-ASA}}$	0.00360 FIX	NA	NA	6.00 <sup>d</sup>

**Notes:** <sup>a</sup>The reference population for the pharmacokinetic parameters CLR/F, CLM/F, Vc/F, CLRM/F, CLNRM/F, and VcM/F is an individual weighing 70 kg. <sup>b</sup>Estimates and 95% CI back-transformed from log<sub>e</sub> scale. <sup>c</sup> $\text{CV}_{\text{TV}} = \sqrt{e^{\omega^2} - 1}$ , when  $\omega^2_{\text{p}}$  exceeds 0.15. <sup>d</sup>CV of proportional error ( $= [\sigma^2_{\text{prop}}]^{0.5} \times 100$ ).

**Abbreviations:** 5-ASA, 5-aminosalicylic acid; Ac-5-ASA, acetyl-5-aminosalicylic acid; ALAG<sub>1</sub>, absorption lag time from depot 1; ALAG<sub>3</sub>, absorption lag time from depot 3 in addition to the lag time from depot 1; CI, 95% confidence interval on the parameter; CLM/F, apparent metabolic clearance of 5-ASA; CLNRM/F, apparent non-renal clearance of Ac-5-ASA; CLR/F, apparent renal clearance of 5-ASA; CLRM/F, apparent renal clearance of Ac-5-ASA; CV, coefficient of variation; F<sub>1</sub>, fraction of dose absorbed from depot 1; FIX, fixed; K<sub>a1</sub>, absorption rate constant from depot 1; K<sub>a3</sub>, absorption rate constant from depot 3; NA, not applicable; %RSE, percent relative standard error of the estimate = standard error/parameter estimate  $\times 100$ ; Vc/F, apparent volume of central compartment of 5-ASA; VcM/F, apparent volume of central compartment of Ac-5-ASA; WT, body weight;  $\omega^2_{\text{CLR}}$ , variance of random effect of CLR/F;  $\omega^2_{\text{CLM}}$ , variance of random effect of CLM/F;  $\omega^2_{\text{Vc}}$ , variance of random effect of Vc/F;  $\omega^2_{\text{CLRM}}$ , variance of random effect of CLRM/F;  $\omega^2_{\text{CLNRM}}$ , variance of random effect of CLNRM/F;  $\omega^2_{\text{VcM}}$ , variance of random effect of VcM/F;  $\omega^2_{\text{Ka1}}$ , variance of random effect of K<sub>a1</sub>;  $\omega^2_{\text{Ka3}}$ , variance of random effect of K<sub>a3</sub>;  $\omega^2_{\text{ALAG1}}$ , variance of random effect of ALAG<sub>1</sub>;  $\omega^2_{\text{ALAG3}}$ , variance of random effect of ALAG<sub>3</sub>;  $\omega^2_{\text{F1}}$ , variance of random effect of F<sub>1</sub>;  $\sigma^2_{\text{prop}}$ , proportional component of the residual error model.

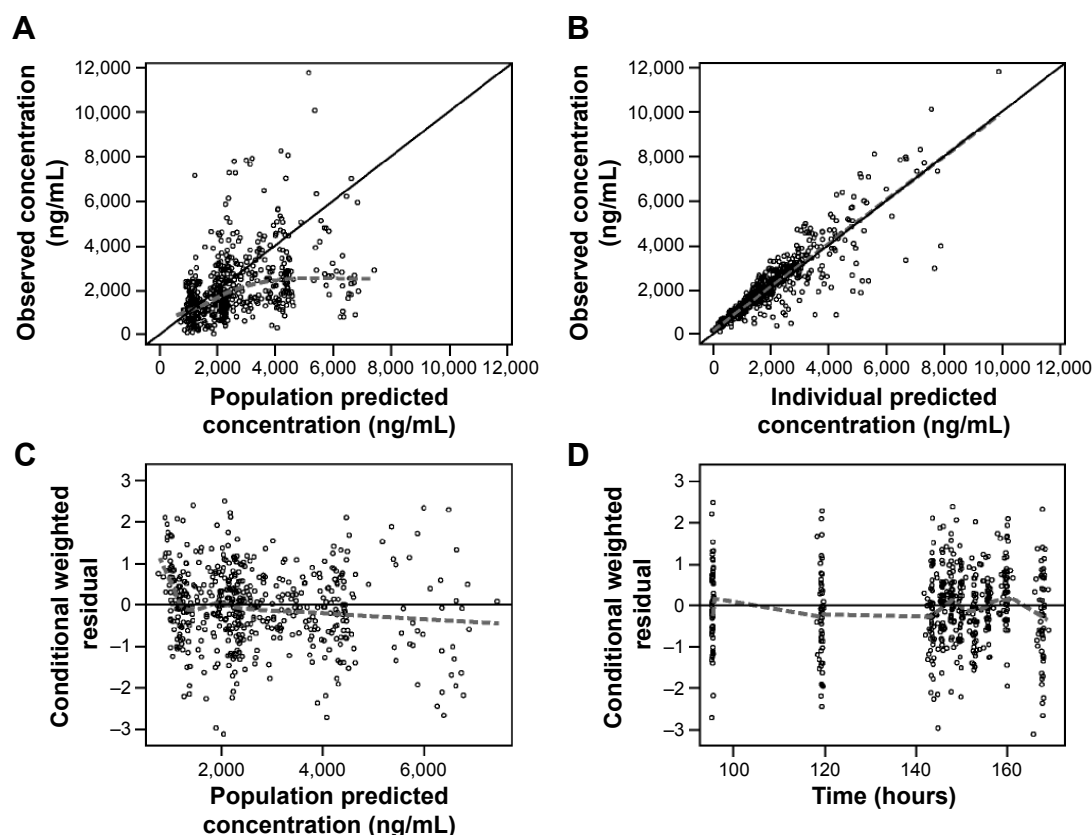


**Figure S2** Goodness-of-fit and diagnostic plots for the final model in children and adolescents: plasma 5-ASA.

**Notes:** The dashed line represents the local regression (Loess) smoothing line. **(A)** Observed versus population predicted concentration; **(B)** observed versus individual predicted concentration; **(C)** conditional weighted residual versus population predicted concentration; **(D)** conditional weighted residual versus time.

**Abbreviation:** 5-ASA, 5-aminosalicylic acid.





**Figure S3** Goodness-of-fit and diagnostic plots for the final model in children and adolescents: plasma Ac-5-ASA.

**Notes:** The dashed line represents the local regression (Loess) smoothing line. **(A)** Observed versus population predicted concentration; **(B)** observed versus individual predicted concentration; **(C)** conditional weighted residual versus population predicted concentration; **(D)** conditional weighted residual versus time.

**Abbreviation:** Ac-5-ASA, acetyl-5-aminosalicylic acid.

**Table S3** Simulated steady-state 5-ASA exposures by weight and dose group

Weight group	Statistic	AUC (ngxh/mL)	
		Low dose	High dose
18–23 kg (n=555)	Dose (mg)	900	1,800
	Mean	24,100	47,000
	SD	12,200	23,500
	CV%	50.6	50.0
	Median (95% PI) <sup>a</sup>	22,100 (906–96,900)	43,100 (3,880–249,000)
24–35 kg (n=849)	Dose (mg)	1,200	2,400
	Mean	24,600	49,600
	SD	12,200	24,800
	CV%	49.7	50.0
	Median (95% PI) <sup>a</sup>	22,800 (652–171,000)	45,700 (676–218,000)
36–50 kg (n=962)	Dose (mg)	1,800	3,600
	Mean	27,000	54,000
	SD	13,100	26,500
	CV%	48.3	49.1
	Median (95% PI) <sup>a</sup>	25,000 (361–120,000)	50,000 (812–263,000)
51–90 kg (n=1,354)	Dose (mg)	2,400	4,800
	Mean	29,700	59,700
	SD	14,300	28,400
	CV%	48.2	47.5
	Median (95% PI) <sup>a</sup>	27,500 (620–125,000)	55,500 (1,030–363,000)
Adults (n=28 for 2,400 mg; n=81 for 4,800 mg)	Dose (mg)	2,400	4,800
	Mean	22,300	39,900
	SD	13,700	24,400
	CV%	61.4	61.2
	Median (95% PI) <sup>a</sup>	16,900 (7,160–57,800)	36,800 (1,030–103,000)

**Note:** <sup>a</sup>Summarized as median (2.5th percentile, 97.5th percentile).

**Abbreviations:** 5-ASA, 5-aminosalicylic acid; AUC, area under the curve; SD, standard deviation; CV, coefficient of variation; PI, percentile.

**Table S4** Simulated steady-state Ac-5-ASA pharmacokinetic parameters by dose and age group

Weight group	Statistic	AUC (ng×h/mL)	
		Low dose	High dose
18–23 kg (n=555)	Dose (mg)	900	1,800
	Mean	33,000	66,500
	SD	13,900	28,400
	CV%	42.1	42.7
	Median (95% PI) <sup>a</sup>	30,800 (2,290–114,000)	63,100 (8,440–199,000)
24–35 kg (n=849)	Dose (mg)	1,200	2,400
	Mean	34,200	68,300
	SD	15,000	30,500
	CV%	43.9	44.6
	Median (95% PI) <sup>a</sup>	32,400 (1,510–229,000)	64,700 (1,330–432,000)
36–50 kg (n=962)	Dose (mg)	1,800	3,600
	Mean	37,800	75,200
	SD	16,000	31,800
	CV%	42.5	42.3
	Median (95% PI) <sup>a</sup>	35,700 (684–225,000)	71,600 (1,760–383,000)
51–90 kg (n=1,354)	Dose (mg)	2,400	4,800
	Mean	41,200	82,900
	SD	17,300	34,300
	CV%	41.8	41.4
	Median (95% PI) <sup>a</sup>	39,200 (800–182,000)	78,900 (2,850–343,000)
Adults (n=28 for 2,400 mg; n=81 for 4,800 mg)	Dose (mg)	2,400	4,800
	Mean	41,300	60,800
	SD	16,100	27,100
	CV%	39.0	44.7
	Median (95% PI) <sup>a</sup>	38,200 (16,400–75,400)	59,700 (5,330–123,000)

**Note:** <sup>a</sup>Summarized as median (2.5th percentile, 97.5th percentile).

**Abbreviations:** Ac-5-ASA, acetyl-5-aminosalicylic acid; AUC, area under the curve; SD, standard deviation; CV, coefficient of variation; PI, percentile.

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