Autophagy facilitates lung adenocarcinoma resistance to cisplatin treatment by activation of AMPK/mTOR signaling pathway

Abstract: Resistance to cisplatin-based therapy is a major challenge in the control of lung cancer progression. However, the underlying mechanisms remain largely unclear. Autophagy is closely associated with resistance to lung cancer therapy, but the function of autophagy in cisplatin treatment is still controversial. Here, we investigated whether autophagy was involved in lung adenocarcinoma resistance to cisplatin and further elucidated the underlying molecular mechanisms. Cisplatin-refractory lung adenocarcinoma cells increased autophagic vacuole formation detected by monodansylcadaverine staining. When exposed to cisplatin, lung adenocarcinoma cells demonstrated increased levels of autophagy detected by MAP1A/1B LC3B and mammalian homologue of yeast Atg6 (Beclin-1) expression using Western blot analysis. Activation of cisplatin-induced autophagic flux was increased by using chloroquine (CQ), which can accumulate LC3B-II protein and increase punctate distribution of LC3B localization. The combination of cisplatin with CQ was more potent than cisplatin alone in inhibiting lung adenocarcinoma cell growth, which also increased cisplatin-induced apoptosis. Compared to cisplatin treatment alone, the combination of cisplatin and CQ decreased p-AMPK and increased p-mTOR protein expressions, in addition, the AMPK inhibitor Compound C plus cisplatin downregulated p-AMPK and upregulated p-mTOR as well as depressed LC3B cleavage. These findings demonstrate that activation of autophagy is a hallmark of cisplatin exposure in human lung adenocarcinoma cells, and that there is a cisplatin-induced autophagic response via activation of the AMPK/mTOR signaling pathway. We speculate that autophagy can be used as a novel therapeutic target to overcome cisplatin-resistant lung adenocarcinoma.

Keywords: autophagy, lung cancer, A549 cells, A549/DDP cells, chemoresistance, AMPK, chloroquine

Introduction

Lung cancer is a major health problem with a high incidence and mortality rate worldwide.1 Surgery remains the cornerstone of therapy in early-stage lung cancer patients.2 However, the majority of patients have locally advanced or distant metastatic disease at diagnosis and thus do not undergo surgery.3 Thus, for these patients, platinum-based combination chemotherapy is the mainstay of palliation.4 However, the clinical outcome is still disappointing and the median survival for these individuals is only approximately 10 months.5,6

The platinum chemotherapeutic agent, cisplatin, is a major frontline drug to treat various human malignant tumors, including lung cancer.7,8 Nonetheless, clinical usage of this drug is limited because of intrinsic and acquired resistance.9 To date, mounting evidence indicates that cisplatin resistance has a multifactorial nature, and the underlying mechanisms remain obscure; most often targeting one mechanism of resistance fails to...
fully circumvent chemoresistance.7,10 Accordingly, exploring new agents that can overcome resistance of lung cancer to cisplatin is still urgently needed. Recently, autophagy has been found to be a potential anticancer therapeutic strategy.11 It is a conserved physiological catabolic process that allows portions of cytoplasmic organelles that are engulfed within vesicles with a double membrane structure to be subsequently degraded through fusion with lysosomes.12 In chemotherapy, the role of autophagy following anticancer treatment remains a paradoxical topic. Autophagy functions as a “prosurvival” or “prodeath” mechanism to re-sensitize or augment the anticancer effect of chemotherapeutic drugs.13,14 As for lung cancer, there are also some conflicting views on the involvement of autophagy in cisplatin treatment. One study found that cisplatin exposure inhibited autophagy,15 while another showed that it induced an autophagic response. This could lead to poor treatment outcomes and development of drug resistance,16 interestingly, a recent study found that treatment with low-dose cisplatin induced p53-dependent autophagy.17

Although these findings suggest a connection between cisplatin treatment and autophagy in lung cancer, it is unknown whether autophagy is cytotoxic and what its function is on acquired cisplatin resistance in specific molecular settings. In this study, we utilized A549 cells and cisplatin-refractory A549/DDP cells to explore the effect of autophagy modulators on cisplatin-induced anti-proliferation and acquired resistance. Specifically, we aimed to identify a critical molecular mechanism underlying the autophagic response during cisplatin treatment in these lung adenocarcinoma (ADC) cell lines.

Materials and methods
Reagents and antibodies
Cisplatin was purchased from Qilu Pharmaceutical Co. Ltd. (Jinan, People’s Republic of China) and prepared in stock solution, 1 mg/mL, at room temperature (RT). Chloroquine (CQ), Compound C, and monodansylecadaverine (MDC) were purchased from Sigma-Aldrich Co. (St Louis, MO, USA). CQ was administered as a stock water-based solution, 50 mg/mL, and stored at 4°C in darkness. Primary antibodies p-AMPK, AMPK, LC3B, Beclin-1, p-mTOR, mTOR, β-actin, and secondary antibodies were obtained from Cell Signaling Technology, Inc. (Danvers, MA, USA). Fluorescein isothiocyanate (FITC)-conjugated goat anti-rabbit IgG were from Beyotime Company, (Nanjing, People’s Republic of China). Annexin V-FITC/propidium iodide kit was purchased from Join Care Medicine Company (Zhuhai, People’s Republic of China).

Cell culture
The human lung ADC cells, A549 and A549/DDP-cisplatin-resistant clone were purchased from Chinese Academy of Sciences Institute of Life Sciences Cell Resource Center in Shanghai. These were grown in high glucose Dulbecco’s Modified Eagle’s Medium (DMEM) (Hyclone, Logan, UT, USA) containing 10% heat-inactivated fetal bovine serum (Hyclone) and 100 U/mL penicillin and streptomycin (Gibco, Thermo Fisher Scientific, Waltham, MA, USA) at 37°C with 5% CO2. For drug treatment, cisplatin-refractory A549/DDP cells were maintained in DMEM supplemented with 2 μg/mL cisplatin and withdrawn from treatment 3 days before being used. No ethics approval was required from the Institutional Review Board for the use of these cell lines.

Cell viability assay
Drug effects on cell viability were analyzed by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) reduction assay. A549 cells (5,000/well) and A549/DDP cells (6,000/well) were seeded into 96-well plates overnight, and then treated in triplicate with cisplatin and/or CQ at indicated concentrations. The half maximal inhibitory concentration (IC50) was determined as the concentration resulting in 50% cell growth reduction compared with untreated control cells. There were five duplicate wells for each group with a volume of 200 μL in each well. After drug treatment, cells were cultured in DMEM containing MTT (0.5 mg/mL) for 4 hours at 37°C and formazan crystals were reabsorbed in 150 μL of dimethyl sulfoxide (DMSO) (Sigma-Aldrich Co.) for each well. After mixing, cell viability was determined by measuring absorbance at a wavelength of 490 nm. The ratio of cell viability was evaluated by the following equation: (optical density [OD]490 of treated group/OD490 of untreated group) ×100.

Flow cytometric apoptosis assay
Cells were seeded in six-well plates with 1×106 cells/well. Floating and adherent cells were collected after drug treatment. All cells were washed twice with cold phosphate-buffered saline (PBS) and followed by staining with Annexin V-FITC and PI for 15 minutes at 37°C in darkness. Apoptotic cells were analyzed followed by flow cytometric analysis (FACS Calibur). Apoptosis was calculated as percentage of early and late apoptotic cells.

Detection of autophagic vacuoles
To visualize autophagic response in lung cancer cells, cells were stained with MDC, a specific autophagolysosome
marker. Briefly, approximately $1 \times 10^5$ cells were seeded on a coverslip in six-well culture plates and treated with cisplatin and/or CQ at indicated concentrations for 24 hours, then exposed to 0.05 mM MDC in PBS for 1 hour at 37°C. The cells were fixed and then imaged immediately under a fluorescence microscope. Cells treated with CQ were used as autophagy control.

**Western blot analysis**

After drug treatment, cells were harvested in ice-cold PBS and lysed with radioimmunoprecipitation assay buffer containing protease and phosphatase inhibitors, then centrifuged (12,000 rpm, 20 minutes) at 4°C. The protein supernatant was collected and its concentration determined using BCA protein assay reagent (both from Wolsen Company, Xi’an, People’s Republic of China). Each protein sample was subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis (8%–12%), then transferred onto polyvinylidene difluoride membranes (EMD Millipore, Billerica, MA, USA), blocked with 10% non-fat milk in 0.05% Tris-based saline-Tween 20 for 2 hours at RT. Membranes were labeled with primary antibodies against LC3B, Beclin-1 p-AMPK, AMPK, p-mTOR, mTOR (1:1,000), and β-actin (1:3,000) overnight at 4°C. Subsequently, blots were washed with Tris-based saline-Tween 20 for 30–40 minutes, then further probed with secondary antibody at RT for 1 hour and subjected to reaction with enhanced chemiluminescence solution and visualized using ChemiDoc XRS+ system (BioRad Laboratories Inc., Hercules, CA, USA). For quantification of specific protein bands, films were scanned and analyzed using Labworks software (Mission Viejo, CA, USA).

**Immunofluorescence staining**

A549 and A549/DDP cells, grown on glass coverslips, were treated with cisplatin and/or CQ at designed dose for 24 hours. Next, slides were fixed with 4% paraformaldehyde for 20 minutes and treated with 0.05% Triton X-100 for 15 minutes at RT. Thereafter, the coverslips were blocked with 10% goat serum for 1 hour, then stained with anti-LC3B antibody (1:200) overnight and, the next day, washed with PBS thrice, followed by incubation with FITC-conjugated goat anti-rabbit secondary antibody (1:500) for 1 hour at 37°C. Next, nuclei were stained with 4’,6-diamidino-2-phenylindole dihydrochloride (DAPI) (Invitrogen, Thermo Fisher Scientific) for 1 minute. Images were acquired using Zeiss LSM 710 fluorescence microscope (Carl Zeiss Meditec AG, Jena, Germany).

**Statistical analysis**

All experiments were performed in triplicate, the data are expressed as means ± standard deviation (SD). Student’s t-test was used to compare differences between groups using SPSS 18.0 software (SPSS Inc., Chicago, IL, USA). In each case, a $P$-value $<0.05$ was considered statistically significant.

**Results**

**Sensitivity of lung ADC cell lines to cisplatin treatment**

To determine the possible involvement of autophagy in cisplatin treatment, we first investigated sensitivity of lung ADC A549 and A549/DDP cells to cisplatin. After the cells were treated with cisplatin at indicated concentrations, viability was measured by MTT assay. As shown in Figure 1A, A549...
cell viability was reduced by cisplatin treatment in a time- and dose-dependent manner. The IC$_{50}$ of cisplatin on A549 cells was 4.07±0.32, 2.26±0.43, and 1.52±0.41 µg/mL, for 24, 48, and 72 hours, respectively. Thus, we used 4, 2, and 1 µg/mL of cisplatin to treat A549 cells in the subsequent experiments. A549/DDP cells were derived from A549 cells by continuous culture in cisplatin-containing medium. Data in Figure 1A and B showed approximately ten-fold resistance to cisplatin compared to A549 cells (IC$_{50}$ of cisplatin for 24-hour treatment was 42.71±2.21 vs 4.07±0.32 µg/mL).

**Cisplatin induced autophagy in lung ADC cell lines**

To explore the involvement of cisplatin on regulation of tumor cell autophagy, we detected autophagic response genes. *LC3B* (MAP1A/1B LC3B) is the first identified mammalian homologue of yeast Atg8 protein, and plays a key role in the process of autophagosome formation; it is a widely used biomarker to monitor autophagy. More specifically, LC3B comprised LC3B-I and LC3B-II. LC3B-I is conjugated to phosphatidylethanolamine and processed to LC3B-II, the hallmark of the autophagic pathway.\(^{18}\) We, therefore, detected LC3B conversion using immunoblot analysis. As shown in Figure 2A and B, cisplatin induced the switch of LC3B-I to LC3B-II for A549 cells in time- and dose-dependent manners. Similarly, we found that the baseline conversion in cisplatin-refractory A549/DDP cells was more prominent than in A549 cells.

Beclin-1 was also one of the first identified mammalian autophagy-related proteins, a critical component involved in regulating the development of autophagosomes.\(^{19}\) After cisplatin treatment, we next assessed expression of Beclin-1 and found that Beclin-1 expression was increased in a time- and dose-dependent manner. Likewise, A549/DDP cells showed a high Beclin-1 expression (Figure 2A and B).

Increasing LC3B-II expression could contribute to autophagosomes’ formation or blocking lysosomal degradation.\(^{20}\) To address this issue, we used the lysosome inhibitor, CQ, to study cisplatin-triggered autophagic flux in A549 cells. CQ caused an increase in the formation of autophagosomes due to preventing autophagosome-lysosome fusion, eventually inhibiting late stage autophagy.\(^{21}\) As shown in Figure 3A, cisplatin treatment led to LC3B-II expression, which was upregulated in A549 cells. However, co-treatment of CQ and cisplatin resulted in further LC3B-II accumulation. These data demonstrated cisplatin-induced LC3B-II accumulation was due to increasing autophagosome formation, revealing that cisplatin induced autophagic flux in A549 cells.

![Figure 2](https://example.com/figure2.png)

**Figure 2** Cisplatin induction of tumor cell autophagy in A549 cells and cisplatin-refractory A549/DDP cells.

**Notes:** (A) Cells seeded and treated with 2 µg/mL cisplatin for 0 hours (h) (control), 24, 48, and 72 hours, then subjected to Western blot analysis of LC3B and Beclin-1 expression. β-Actin used as loading control. Data showed LC3B-II accumulation and Beclin-1 upregulation in a time-dependent manner. (B) Cells seeded and treated with indicated concentrations of cisplatin for 24 hours, subjected to Western blot analysis of LC3B and Beclin-1 expression. Data showed LC3B-II and Beclin-1 increased in a dose-dependent manner. Results shown are representative of three identical experiments. Graphs represent quantitative data of blots. *P<0.05 compared with control.
Figure 3. Cisplatin activation of autophagy flux in lung adenocarcinoma cell lines.

Notes: (A) Cells were seeded and treated with cisplatin, CQ, or their combination for 24 hours, then subjected to Western blot analysis of LC3B expression. Data showed that combination of cisplatin with CQ had LC3B-II further accumulated, compared to cisplatin treatment alone. Graph represents summarized data of blots. *P<0.05 compared to control. (B) A549 cells were treated with 4 µg/mL cisplatin for 24 hours and control A549/DDP cells were probed by MDC and reviewed under fluorescent microscope. After MDC staining, mature autophagic vacuoles were observed, with cells treated with 4 µg/mL CQ as positive control. (C) A549 cells were treated with 4 µg/mL cisplatin for 24 hours and stained by indirect immunofluorescence for LC3B. Distribution of endogenous LC3B was reviewed and scored under fluorescent microscope.

Abbreviations: CQ, chloroquine; MDC, monodansylcadaverine; DAPI, 4′,6-diamidino-2-phenylindole dihydrochloride.
We also measured the incorporation of MDC, an auto-fluorescent base that concentrates on autophagic vacuoles, a specific marker for autophagolysosomes. As shown in Figure 3B, the fluorescent density and formation of MDC-labeled vacuoles increased after 24 hours of cisplatin treatment. CQ, as a positive control, increased autophagosomal number; we observed a similar increase in A549/DDP cells. The findings showed that cisplatin exerts an induced effect on autophagic vacuoles’ formation in lung ADC cells.

To further confirm aforementioned data, we examined the distribution of LC3B localization in lung ADC cells by indirect immunofluorescence assay. As shown in Figure 3C, specific increased punctate distribution occurred in A549 cells after being treated with cisplatin. CQ alone showed an increase in the number of LC3B-positive granules, since it blocked autophagosome-lysosome fusion and induced a defect in autolysosomal degradation. The combination of CQ with cisplatin led to an increase of LC3B-positive accumulation, consistent with the aforementioned data of the immunoblot.

Taken together, these findings demonstrated that cisplatin could induce autophagic response and activate autophagic flux in A549 cells.

**Autophagy inhibition attenuated cisplatin-induced drug resistance**

The aforementioned findings indicated that lung ADC cells treated with cisplatin resulted in autophagy, which is positively associated with the refractory effect of cisplatin in cisplatin-refractory A549/DDP cells. Similarly, induction of autophagy can be viewed as a prosurvival mechanism and can contribute to drug resistance. Hence, we further investigated whether cisplatin-induced drug resistance was mediated by autophagy. We speculated that autophagy suppression could sensitize A549 cells to cisplatin and create a cisplatin-sensitive phenotype in A549/DDP cells. CQ treatment, alone, up to 4 µg/mL, did not significantly affect viability of A549 cells (Figure 4A), whereas treatment with cisplatin with or without CQ decreased viability of A549 cells (Figure 4B and C). Moreover, IC50 of these combined drugs on A549 and A549/DDP lung ADC cells decreased to 2.45±0.45 and 23.68±1.32 µg/mL, respectively. This indicated that CQ caused a prominent sensitization effect to cisplatin by decreasing cisplatin IC50 value by nearly two-fold. Next, we explored whether disruption of autophagy with CQ could promote cell apoptosis. As shown in Figure 4D and E, The apoptotic rates of A549 cells of the control, CQ, cisplatin, co-treatment of cisplatin and CQ groups were 8.0±0.9%, 10.5±1.0%, 16.6±0.8%, and 21.8±0.9%, respectively. The apoptotic rates of A549/DDP cells of the control, CQ, cisplatin, co-treatment of cisplatin and CQ groups were 2.6±0.6%, 2.9±0.8%, 8.8±0.8%, and 12.9±0.7%, respectively. These data indicated that cisplatin induced tumor cell apoptosis, although CQ did not; the CQ plus cisplatin had an increased percentage of apoptotic cells, as compared with the cisplatin alone.

**AMPK/mTOR signaling pathway involved in autophagy activation in lung ADC cells treated by cisplatin**

We next explored the mechanism of autophagy induced by cisplatin treatment in A549 and cisplatin-refractory A549/DDP cells. mTOR is an evolutionarily conserved serine/threonine kinase that regulates autophagy. AMPK is one of the main stress-sensing enzymes and can actively regulate metabolism and cell proliferation. Notably, AMPK is also a key regulator of autophagy. Phosphorylation of AMPK leads to inhibition of mTOR, which activates autophagy. We, thus, analyzed and compared levels of p-AMPK, AMPK, p-mTOR, and mTOR after treatment with cisplatin. Figure 5A and B show that cisplatin increased AMPK phosphorylation in A549 cells, which was accompanied by decreasing mTOR phosphorylation. Cisplatin treatment had no distinct effect on total mTOR and AMPK levels. Comparing this to cisplatin-alone treatment, co-treatment of A549 cells with CQ and cisplatin decreased AMPK phosphorylation and increased mTOR phosphorylation (Figure 5C). In addition, the AMPK inhibitor Compound C plus cisplatin downregulated p-AMPK and upregulated p-mTOR as well as depressed LC3B cleavage (Figure 5D). These data imply that the AMPK/mTOR signaling pathway is a vital regulator involved in cisplatin-induced autophagic responses in A549 and A549/DDP cells.

**Discussion**

Although autophagy as a potential anticancer target for malignant tumors has been demonstrated, accumulating evidence has shown the role of autophagy in tumor-suppression or promotion for anticancer treatment to be conflicting. Some autophagy inducers, as single agents or in combination with other anticancer drugs, have been proposed to be a potential therapeutic strategy. This includes the mTORC1 inhibitors temsirolimus, rapamycin, and imatinib, whereas there is growing evidence showing that autophagy served a prosurvival function against anticancer drugs and may be related to chemotherapy resistance. Therefore, inhibitors of autophagy could also be used as a novel therapeutic strategy to improve chemotherapy efficacy.

In this study, our findings further confirmed that the extent
Figure 4 Inhibition of autophagic activity promoted cisplatin-induced cytotoxicity and apoptosis in A549 and A549/DDP cells.

Notes: (A) CQ treatment alone did not significantly affect viability of A549 cells detected by MTT assay. (B and C) Combination of autophagy inhibitor CQ (4 µg/mL) with cisplatin significantly reduced tumor cell viability. IC_{50} of the combined drugs on A549 and A549/DDP cells decreased. (D and E) Cells were treated with cisplatin (4 µg/mL) alone or in combination with CQ (4 µg/mL), then subjected to Annexin V-FITC/PI staining and flow cytometry. CQ plus cisplatin had an increased percentage of apoptotic cells, as compared with the cisplatin alone. Data summarized as mean ± SD (n=3) of independent experiments. Graphs summarized data of flow cytometric data. *P<0.05 compared with control.

Abbreviations: CQ, chloroquine; IC_{50}, half maximal inhibitory concentration; SD, standard deviation; FITC, fluorescein isothiocyanate; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; PI, propidium iodide.
Figure 5 Cisplatin-induced autophagy through activation of AMPK/mTOR pathway.

Notes: (A) A549 cells treated with 2 µg/ml cisplatin for 0 hours (h) (control), 24, 48, and 72 hours; protein extracts were subjected to Western blot analysis of p-AMPK, AMPK, p-mTOR, mTOR, and β-actin. (B) Immunoblotting of p-AMPK, AMPK, p-mTOR, mTOR, and β-actin in cells treated with cisplatin at indicated concentrations for 24 hours. (C) Cells were treated with cisplatin (4 µg/mL) and CQ (4 µg/mL) for 24 hours, then subjected to Western blot analysis using indicated antibodies. (D) Cells were treated with cisplatin (4 µg/mL) and Compound C (8 µg/mL) for 24 hours, then subjected to Western blot analysis using indicated antibodies. Data presented as mean ± SD of three independent experiments. Graphs represent summarized data. *P<0.05 compared to controls.

Abbreviations: CQ, chloroquine; SD, standard deviation.
Autophagy facilitates lung adenocarcinoma resistance to cisplatin

There is little knowledge to date on the relationship between autophagy and cisplatin treatment and on the mechanisms of cisplatin-induced autophagic response in lung cancer. mTOR serves as a central regulator by negatively regulating autophagy. AMPK inhibits mTOR and initiates autophagy. Thus, the AMPK/mTOR signaling pathway may be involved in regulating autophagy in response to various anticancer agents. In this study, we elucidated that autophagy triggered by cisplatin was mediated by activation of the AMPK/mTOR pathway in lung ADC. Treatment of A549 cells with cisplatin augmented levels of phosphorylated AMPK, downregulated phosphorylated mTOR protein, and upregulated LC3B and Beclin-1 expression. In agreement with these facts, the AMPK inhibitor Compound C plus cisplatin suppressed phosphorylation of AMPK and increased phosphorylation of mTOR as well as depressed LC3B cleavage, as compared with the cisplatin-alone treatment.

mTOR comprises two functionally distinct complexes, termed mTORC1 and mTORC2. Although studies have suggested AMPK regulates cell growth and autophagy via suppression of mTORC1 pathway, in the current study, there is less evidence showing that mTORC1 or mTORC2 is involved in autophagy induced by cisplatin treatment. Therefore, more research is needed to further explore the association between autophagy induced by cisplatin and mTORC1 and mTORC2 in lung ADC cells.

In summary, as shown in Figure 6, our study demonstrates that autophagy contributes to development of cisplatin resistance in human lung ADC, thus playing a prosurvival role in protecting cells from cisplatin-mediated cytotoxicity. To our knowledge, this is the first report of the effect of cisplatin on induction of autophagic response via activation of the AMPK/mTOR signaling pathway in lung ADC. Therefore, use of autophagy inhibitors is a potentially novel strategy to

Figure 6 Working model to summarize main study finding. Notes: Working model demonstrates that cisplatin induces autophagic response and activates autophagic flux, which serves a prosurvival role in protecting cisplatin-resistant lung cancer cells. Underlying mechanism of cisplatin-induced autophagy may relate to activation of AMPK/mTOR pathway.
potentiate the efficacy of cisplatin in patients with cisplatin-otherwise-resistant lung cancer.

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Disclosure
The authors report no conflicts of interest in this work.

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