Vasopressors in septic shock: a systematic review and network meta-analysis

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Objective: Vasopressor agents are often prescribed in septic shock. However, their effects remain controversial. We conducted a systematic review and Bayesian network meta-analysis to compare the effects among different types of vasopressor agents.

Data sources: We searched for relevant studies in PubMed, Embase, and the Cochrane Library databases from database inception until December 2014.

Study selection: Randomized controlled trials in adults with septic shock that evaluated different vasopressor agents were selected.

Data extraction: Two authors independently selected studies and extracted data on study characteristics, methods, and outcomes.

Data synthesis: Twenty-one trials (n=3,819) met inclusion criteria, which compared eleven vasopressor agents or vasopressor combinations (norepinephrine [NE], dopamine [DA], vasopressin [VP], epinephrine [EN], terlipressin [TP], phenylephrine [PE], TP + dobutamine [DB], NE + DB, NE + EN, and NE + dopexamine [DX]). Except for the superiority of NE over DA, the mortality of patients treated with any vasopressor agent or vasopressor combination was not significantly different. Compared to DA, NE was found to be associated with decreased cardiac adverse events, heart rate (standardized mean difference [SMD]: -2.10; 95% confidence interval [CI]: -3.95, -0.25; P=0.03), and cardiac index (SMD: -0.73; 95% CI: -1.14, -0.03; P=0.004) and increased systemic vascular resistance index (SVRI) (SMD: 1.03; 95% CI: 0.61, 1.45; P<0.0001). This Bayesian meta-analysis revealed a possible rank of probability of mortality among the eleven vasopressor agents or vasopressor combinations; from lowest to highest, they are NE + DB, EN, TP, NE + EN, TP + NE, VP, TP + DB, NE, PE, NE + DX, and DA.

Conclusion: In terms of survival, NE may be superior to DA. Otherwise, there is insufficient evidence to suggest that any other vasopressor agent or vasopressor combination is superior to another. When compared to DA, NE is associated with decreased heart rate, cardiac index, and cardiovascular adverse events, as well as increased SVRI. The effects of vasopressor agents or vasopressor combinations on mortality in patients with septic shock require further investigation.

Keywords: norepinephrine, dopamine, vasopressors, sepsis, shock, network meta-analysis

Introduction
Septic shock is a life-threatening condition and severe sepsis accounts for 20% of all admissions to intensive care units.1 Severe sepsis approximates 750,000 cases annually in the USA and has a mortality rate averaging 28%.2 For initial resuscitation, intravenous fluids are recommended as the first-line therapy. However, vasopressor agents are also critical to achieve and maintain adequate blood pressure and tissue perfusion, and hence, should be used early.3 Sakr et al4 reported that the most frequently used vasopressor agent during septic shock was norepinephrine (NE, 80.2%),

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followed by dopamine (DA, 35.4%), and epinephrine (EN, 23.3%) alone or in combination. Although NE is recommended as the first-line agent for treating hypotension in volume-resuscitated hyperdynamic septic shock, the second-line vasopressor remains controversial. Previous studies have reported that NE may have significant superiority over DA in terms of survival. However, compared with other vasopressors, such as EN, vasopressin (VP), terlipressin (TP), and phenylephrine (PE), the outcomes on the use of NE were not different. Morelli et al reported that there was no difference in terms of cardiopulmonary performance, global oxygen transport, and regional hemodynamics when PE was administered instead of NE in the initial hemodynamic support of septic shock. Russell et al revealed that low-dose VP did not improve survival rates in contrast with NE in septic shock patients treated with catecholamine vasopressors. Additionally, EN was recommended as an additional agent to NE to maintain adequate blood pressure. Recently in a single-center randomized controlled trial (RCT), NE supplemented by dobutamine (DB) was compared to NE supplemented by EN in the treatment of septic shock patients. However, the effectiveness of other vasopressor agents or vasopressor combinations as compared to others is limited. Whether the use of any vasopressor agents or vasopressor combinations in patients with septic shock translates to a survival advantage remains unclear. Meta-analyses of vasopressor agents have been limited by considering only two or three categories of vasopressor agents, not including indirect and direct comparisons, and omission of recent RCTs. Therefore, we performed a network meta-analysis (NMA) considering direct and indirect comparisons of vasopressor agents and vasopressor combinations in reducing overall mortality for septic shock patients.

Materials and methods
The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA Statement) guidelines were used to perform this meta-analysis.

Information sources and eligibility criteria
A search of the PubMed (US National Library of Medicine, Bethesda, MD, USA) and Cochrane Library databases and Embase from database inception to December 2014 was performed. The eligibility criteria were as follows: the study design must be randomized controlled, the study must report mortality outcome, and the study must evaluate adult patients at least 18 years of age.

Search strategy
We used text words and medical subject heading (MeSH) terms with Boolean strategy. The cross-searching was done based on the following three categories: 1) vasopressors related (“vasopressor” or “vasoactive drug” or “catecholamine” or “pressor agent”); 2) different vasopressors (“norepinephrine” or “dopamine” or “epinephrine” or “adrenaline” or “isuprel” or “aleudrin” or “vasopressin” or “terlipressin” or “phenylephrine” or “dopexamine”); 3) disease (“sepsis” or “infection” or “septic shock” or “shock” or “systemic inflammatory response syndrome” or “SIRS”). The search was limited to the “English” language and “human” subjects. Further search by reviewing conference proceedings and the references of review articles was performed manually if necessary.

Study selection
Two independent investigators (FZ and ZM) performed the study selection. Differences between the two investigators were resolved by consensus or adjudicated by a third investigator (XZ). Agreement between the two reviewers on study inclusion was excellent (k=1). Studies on adult patients with septic shock that evaluated the mortality rates of different vasopressor agents or vasopressor combinations were selected.

Data extraction
Two investigators independently extracted raw data using a standard form for each study. The form included year of publication, the study type, number of patients, patient characteristics, and details of the outcomes. The main outcome was 28-day mortality. We used the mortality rate from the only undetermined time point or the nearest time point when mortality was reported at only an undetermined time point or several time points, respectively. In addition, we also assessed cardiac adverse events and hemodynamic and metabolic parameters.

Quality assessment
We assessed the quality of each study selected for this meta-analysis by using the Jadad score, which includes the following criteria: randomization, concealment of treatment allocation, clinician blinding, baseline balance between groups, and the description of withdrawals and dropouts.

Statistical analysis
A meta-analysis was performed to calculate direct estimates of treatment effect for each pair of vasopressor agents or
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vasopressor combinations. According to heterogeneity of treatment effect across trials using the $F$-statistics, a fixed-effect model ($P \geq 0.1$) or random-effects model ($P < 0.1$) was used. Results in terms of odds ratio (OR) for dichotomous outcomes or standardized mean difference (SMD) for continuous data were expressed with mean and 95% confidence intervals (CIs). The direct meta-analysis was done using Review Manager, version 5.1.2 (RevMan; The Cochrane Collaboration, Oxford, UK).

Using a Bayesian framework, we performed random-effects NMAs for each vasopressor agent or vasopressor combination. NMA is a recent emerging approach used to evaluate the effect size of all possible pairwise comparisons even if they are not compared head-to-head. Results such as ORs are expressed with 95% CIs. These CIs from NMAs are the Bayesian analogs of the 95% CIs from meta-analyses. The models had 80,000 iterations, while a burn-in of 40,000 and a thin of 10 were used. Vague priors were used. All convergence on the basis of Brooks–Gelman–Rubin plots was assessed.

**Results**

**Study selection**

There were 4,280 potentially relevant studies, and 49 articles were retrieved for detailed assessment. Twenty-eight articles were excluded because there were no mortality comparisons ($n = 20$), no sepsis patients ($n = 2$), other septic shock investigations ($n = 3$), and post hoc analyses ($n = 3$). Twenty-one studies were included in this meta-analysis (Figure 1).

![Quorum chart of study cohort.](https://www.dovepress.com/)

*Note:* The search had been conducted using the PubMed, Embase, and the Cochrane Library databases from database inception to December 2014.
resistance index (SVRI), cardiac index, and mortality data from studies by Russell et al\textsuperscript{10} and Gordon et al.\textsuperscript{30}

**Study characteristics**

Fourteen single-center\textsuperscript{9,11,18–22,24–26,29,31,33} and seven multicenter studies\textsuperscript{10,25,27,28,30,33,35} were identified. The characteristics and inclusion criteria of the selected RCTs are summarized in Table I. These articles were reported between 1993 and 2012, and a total of 3,819 patients were included in this study. Inclusion criteria were not the same for all trials; however, all patients met the diagnosis of severe sepsis or septic shock (Table I). Mean age ranged from 18 years to 70 years, and the proportion of male patients ranged from 46% to 77.3%. The mean Acute Physiology and Chronic Health Evaluation II (APACHE II) score was 23.8.

All studies evaluated the vasopressor effects in patients with septic shock by using a primary outcome such as survival, hemodynamics, or APACHE II score (Table 2). Vasopressor agents include NE,\textsuperscript{9,10,18–20,23,25,26,28–35} EN,\textsuperscript{21,22,24,27,28} VP,\textsuperscript{10,25,30,31,33} DA,\textsuperscript{18–20,26,34,35} TP,\textsuperscript{23,31} PE,\textsuperscript{9,32} NE+DB,\textsuperscript{11,21,22} NE+EN,\textsuperscript{11} TP+NE,\textsuperscript{9} TP+DB,\textsuperscript{9} and NE + dopexamine (DX) (Table 2, Figure 2).\textsuperscript{24} The mortality data from the RCT by De Backer et al.\textsuperscript{35} were extracted from their meta-analysis.

**Risk of bias within studies**

Only RCTs were included in the analysis. Sequence of randomized allocation was reported in all but two studies.\textsuperscript{22,34} Blinding was conducted in nine studies.\textsuperscript{9–11,20,27,30,32,33,35} The mean Jadad score was 3.3.

**Effect of different vasopressor agents on mortality**

Mortality in these 21 trials was 50.1% (1,915/3,819). When compared to NE, DA was associated with increased mortality (OR: 1.24, 95% CI: 1.01, 1.53). However, there was no significant difference in mortality in direct or indirect comparisons between other different vasopressor agents and vasopressor combinations (P>0.05) (Figure 3). For the probability of mortality, the possible rank from low to high was NE+DB (area under the curve [AUC]: 0.2648), EN (AUC: 0.3473), TP (AUC: 0.379), NE+EN (AUC: 0.3943), TP+NE (AUC: 0.3967), VP (AUC: 0.4212), TP+DB (AUC: 0.5423), NE (AUC: 0.5752), PE (AUC: 0.6796), NE+DX (AUC: 0.7279), and DA (AUC: 0.7718) (Figures 4 and 5). The tests of inconsistency for the two triangular closed loops were not significant (Figure 6). This meant that direct and indirect estimates had similar effects in the closed loop.\textsuperscript{15,17}

**Effect of different vasopressor agents on cardiac adverse events**

Included studies compared NE vs DA, NE vs VP, NE vs TP, NE vs PE, TP+NE vs TP+DB, and TP+DB vs EN directly. We performed direct meta-analysis of cardiac adverse events, which mainly consisted of arrhythmias and tachycardia. NE decreased cardiac adverse events significantly compared to DA (Table 3). No significant difference in cardiac adverse events was found between other vasopressor agents and vasopressor combinations.

**Effect of different vasopressors on hemodynamic and metabolic parameters**

Thirteen studies reported that there were significant differences in the effect on hemodynamics,\textsuperscript{10,11,18,20,22–26,29–32} and eleven studies reported that there were significant differences on metabolic parameters or organ function between vasopressor agents and vasopressor combinations (Table 2).\textsuperscript{11,18–22,24–26,29,31,33}

Four trials with complete data compared the treatment of NE and DA.\textsuperscript{18–20,26} The results revealed that NE decreased HR (SMD: −2.10; 95% CI: −3.95, −0.25; P=0.03) and cardiac index (SMD: −0.73; 95% CI: −1.14, −0.03; P=0.004) and increased SVRI (SMD: 1.03; 95% CI: 0.61, 1.45; P<0.0001), but there was no significant difference on MAP, oxygen delivery (DO\textsubscript{2}), oxygen consumption (VO\textsubscript{2}), and lactate. In contrast, as compared to NE, VP significantly decreased HR (SMD: 0.21; 95% CI: 0.07, 0.34; P=0.003).

Compared to the NE+DB combination, EN did not show a significant difference in HR, MAP, cardiac index, pulmonary MAP, DO\textsubscript{2}, VO\textsubscript{2}, and lactate (Table 4). However, the NE+EN combination was more effective than the NE+DB combination in reversing the abnormalities of cardiovascular parameters, and the NE+EN group had significantly higher MAP, HR, CVP, cardiac index, SVRI, ejection fraction, left ventricular end diastolic volume, DO\textsubscript{2}, lactate, and urine output.\textsuperscript{11}

**Discussion**

Twenty-one trials that included 3,819 patients and that compared different vasopressor agents or vasopressor combinations in septic shock were identified and included in this systematic review and NMA of RCTs. The trials’ mean Jadad score was 3.3, which means that they were of high quality. The main results showed that except for the superiority of NE over DA in direct comparison, the mortality of patients treated with any other vasopressor agent or vasopressor combination was not significantly different.
## Table 1 Characteristics of the included randomized trials

<table>
<thead>
<tr>
<th>Source</th>
<th>Number of patients</th>
<th>Mean age (years)</th>
<th>Male (%)</th>
<th>Center</th>
<th>Mean APACHE II/SAPS II/SOFA score</th>
<th>Blood pressure (mmHg)</th>
<th>Inclusion criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mahmoud and Ammar(^1)</td>
<td>60</td>
<td>51.4</td>
<td>31 (51.7)</td>
<td>S</td>
<td>NR/NR/14.8</td>
<td>MAP &lt;70</td>
<td>Sepsis plus hypotension refractory to an initial fluid challenge</td>
</tr>
<tr>
<td>Gordon et al(^3)</td>
<td>241</td>
<td>62.0</td>
<td>146 (60.6)</td>
<td>M</td>
<td>28.2/NR/NR</td>
<td>MAP &lt;72.4</td>
<td>Septic shock with two or more criteria of the systemic inflammatory response syndrome, infection, dysfunction of one or more organs</td>
</tr>
<tr>
<td>De Backer et al(^2)</td>
<td>1,044</td>
<td>67.5</td>
<td>NR</td>
<td>M</td>
<td>NR/NR/NR</td>
<td>MAP &lt;70</td>
<td>MAP &lt;70 mmHg or the SBP &lt;100 mmHg after adequate amount of fluids used and signs of tissue hypoperfusion</td>
</tr>
<tr>
<td>Patel et al(^4)</td>
<td>252</td>
<td>18</td>
<td>116 (46.0)</td>
<td>S</td>
<td>27.5/NR/12</td>
<td>MAP &lt;60</td>
<td>Septic shock requiring vasopressors after adequate fluid used (clinical examination and/or CVP &gt;8 mmHg)</td>
</tr>
<tr>
<td>Gordon et al(^5)</td>
<td>778</td>
<td>61.8</td>
<td>475 (61.0)</td>
<td>M</td>
<td>27.1/NR/NR</td>
<td>MAP &lt;72.7 (NE maintaining)</td>
<td>MAP &lt;70 mmHg or MAP &lt;60 mmHg and CVP &gt;12 mmHg or PAOP &gt;18 mmHg despite adequate fluid used and continuous dopamine for 1 hour; evidence of one or more end-organ dysfunction, infection with special criteria</td>
</tr>
<tr>
<td>Jain and Singh(^3)</td>
<td>54</td>
<td>44.1</td>
<td>28 (51.9)</td>
<td>S</td>
<td>18.4/NR/NR</td>
<td>SBP &gt;74</td>
<td>Sepsis shock with two or more criteria for the systemic inflammatory response syndrome</td>
</tr>
<tr>
<td>Morelli et al(^6)</td>
<td>45</td>
<td>65.7</td>
<td>33 (73.3)</td>
<td>S</td>
<td>NR/60/NR</td>
<td>MAP &lt;65</td>
<td>MAP &lt;65 mmHg despite appropriate volume resuscitation</td>
</tr>
<tr>
<td>Morelli et al(^7)</td>
<td>32</td>
<td>70</td>
<td>21 (65.5)</td>
<td>S</td>
<td>NR/56/NR</td>
<td>MAP &lt;65</td>
<td>MAP &lt;65 mmHg despite appropriate volume resuscitation</td>
</tr>
<tr>
<td>Morelli et al(^8)</td>
<td>59</td>
<td>66.3</td>
<td>43 (72.3)</td>
<td>S</td>
<td>NR/60/NR</td>
<td>MAP &lt;70</td>
<td>MAP &lt;65 mmHg despite appropriate volume resuscitation</td>
</tr>
<tr>
<td>Myburgh et al(^9)</td>
<td>158</td>
<td>18</td>
<td>NR</td>
<td>M</td>
<td>NR/NR/NR</td>
<td>MAP &lt;60</td>
<td>Clinician judged patients to require either epinephrine or norepinephrine</td>
</tr>
<tr>
<td>Russell et al(^10)</td>
<td>778</td>
<td>60.6</td>
<td>475 (61.1)</td>
<td>M</td>
<td>27.1/NR/NR</td>
<td>MAP &lt;72.5 (vasopressors maintaining)</td>
<td>Septic shock with two or more criteria of the systemic inflammatory response syndrome, infection, one or more organ dysfunction</td>
</tr>
<tr>
<td>Annane et al(^11)</td>
<td>330</td>
<td>62.5</td>
<td>202 (61)</td>
<td>M</td>
<td>NR/53/11</td>
<td>MAP &lt;60</td>
<td>Two or more of the systemic inflammatory response syndrome, organ dysfunction, or two or more signs of tissue hypoperfusion</td>
</tr>
<tr>
<td>Mathur et al(^12)</td>
<td>50</td>
<td>53.7</td>
<td>32 (64)</td>
<td>S</td>
<td>25.1/NR/NR</td>
<td>SBP &lt;75.6</td>
<td>Septic shock with MAP &lt;60 mmHg after &gt;1,000 mL Crystalloid resuscitation, vasopressors used &gt;12 hours, PAOP &gt;12 mmHg, cardiac index &gt;3 L/min/m²</td>
</tr>
<tr>
<td>Lauzier et al(^13)</td>
<td>23</td>
<td>54.7</td>
<td>14 (60.9)</td>
<td>M</td>
<td>23.2/NR/8.9</td>
<td>MAP &lt;60</td>
<td>SBP &lt;90 mmHg; infection; three or more of the systemic inflammatory response syndrome; two or more following criteria: plasma lactate &gt;2 mmol/L or pH &lt; 7.3, hypoxemia, urine output &lt;30 mL/hour, platelet count &lt;100,000/mm³, or a decrease of 50% from a previous value or unexplained coagulopathy</td>
</tr>
<tr>
<td>Seguin et al(^4)</td>
<td>22</td>
<td>66</td>
<td>17 (77.3)</td>
<td>S</td>
<td>NR/54/10</td>
<td>SBP &lt;90</td>
<td>MAP &lt;60 mmHg and two or more organ dysfunctions</td>
</tr>
<tr>
<td>Albanese et al(^14)</td>
<td>20</td>
<td>65.5</td>
<td>13 (65)</td>
<td>S</td>
<td>28.5/NR/NR</td>
<td>MAP &lt;60</td>
<td>MAP &lt;90 mmHg; infection; three or more of the systemic inflammatory response syndrome; two or more following criteria: plasma lactate &gt;2 mmol/L or pH &lt;7.3, hypoxemia, urine output &lt;30 mL/hour, platelet count &lt;100,000/mm³, or a decrease of 50% from a previous value or unexplained coagulopathy</td>
</tr>
<tr>
<td>Seguin et al(^2)</td>
<td>22</td>
<td>67.5</td>
<td>12 (54.5)</td>
<td>S</td>
<td>NR/59.5/10</td>
<td>SBP &lt;90</td>
<td>After optimal fluid resuscitation and dopamine up to a dose of 20 μg/kg/min, the patients still have the following criteria: MAP &lt;60 mmHg, urine output &lt;30 mL/hour, increased lactate level (&gt;2.5 mmol/L, cardiac index ≥3.5 L/min/m²)</td>
</tr>
<tr>
<td>Levy et al(^15)</td>
<td>30</td>
<td>55</td>
<td>21 (70)</td>
<td>S</td>
<td>23.5/NR/NR</td>
<td>MAP &lt;60</td>
<td>After optimal fluid resuscitation, the patients with sepsis still had cardiac index &gt;3.2 L/min/m² or SVRI &gt;1,200 dynes cm⁻² m⁻³ or MAP &lt;60 mmHg</td>
</tr>
<tr>
<td>Mark and Mohedin(^16)</td>
<td>20</td>
<td>46</td>
<td>11 (55)</td>
<td>S</td>
<td>17.5/NR/NR</td>
<td>MAP &lt;60</td>
<td>SBP &lt;90 mmHg, cardiac index &gt;4 L/min/m², decreased organ perfusion, lactate levels of arterial blood &gt;2.5 mmol/L, and infection</td>
</tr>
<tr>
<td>Martin et al(^17)</td>
<td>32</td>
<td>52.5</td>
<td>24 (75)</td>
<td>S</td>
<td>30.5/NR/NR</td>
<td>SBP &lt;90</td>
<td>SBP &lt;90 mmHg with PAOP of 8 mmHg to 12 mmHg, infection</td>
</tr>
</tbody>
</table>

Abbreviations: APACHE II, Acute Physiology and Chronic Health Evaluation II; CVP, central venous pressure; DBP, diastolic blood pressure; M, multicenter trial; MAP, mean arterial pressure; NR, not reported; PAOP, pulmonary artery occlusion pressure; RCT, randomized controlled trial; S, single-center trial; SAPS, simplified acute physiology score; SBP, systolic blood pressure; SOFA, sequential organ failure assessment; SVRI, systemic vascular resistance index; NE, norepinephrine.
Table 2 The interventions of different vaspressors in the included randomized trials

<table>
<thead>
<tr>
<th>Source</th>
<th>Interventions</th>
<th>Outcome</th>
<th>Hemodynamic variables</th>
<th>Organ function/metabolic parameters</th>
<th>Mortality</th>
<th>Cardiac adverse events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mahmoud and Ammar</td>
<td>NE+DB vs NE+EN</td>
<td>NE+EN is more effective than NE+DB in reversing the abnormalities of cardiovascular parameters</td>
<td>NE+EN group had lower arterial pH and higher serum lactate</td>
<td>No difference</td>
<td>Lower in NE+EN group</td>
<td></td>
</tr>
<tr>
<td>Gordon et al</td>
<td>NE+EN vs NE</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>De Backer et al</td>
<td>NE+DA vs NE+DA</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Patel et al</td>
<td>NE+DA vs NE+DA</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>Lower in NE+DA</td>
</tr>
<tr>
<td>Gordon et al</td>
<td>NE+VP vs NE+EN</td>
<td>VP decreases HR</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Jain and Singh</td>
<td>NE+PE vs NE+VP</td>
<td>PE decreased HR and improved SVI</td>
<td>No differences</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Morelli et al</td>
<td>NE+VP vs NE+TP</td>
<td>TP decreased HR</td>
<td>Creatinine increased only in NE group</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Morelli et al</td>
<td>NE+PE vs NE+DA</td>
<td>No differences</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Morelli et al</td>
<td>NE+TP+NE vs NE+DB</td>
<td>TP (or +DB) increased MAP</td>
<td>TP (or +DB) increased urinary output</td>
<td>No differences</td>
<td>No differences</td>
<td></td>
</tr>
<tr>
<td>Myburgh et al</td>
<td>NE+EN vs NE+DA</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
</tr>
<tr>
<td>Russell et al</td>
<td>NE+VP vs NE+DA</td>
<td>VP decreases HR</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
</tr>
<tr>
<td>Annane et al</td>
<td>NE+DB vs NE+EN</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
</tr>
<tr>
<td>Mathur et al</td>
<td>NE+DA vs NE+DB</td>
<td>NE improved SBP, HR, CI, and SVRI</td>
<td>NE improved DO$_2$ and urine output</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Lauzier et al</td>
<td>NE+VP vs NE+TP</td>
<td>NE was required less than VP at 48 hours when MAP was increased equally</td>
<td>VP improved renal function and SOFA score</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Seguin et al</td>
<td>NE+DX vs NE+DA</td>
<td>EN increased HR and CO</td>
<td>EN+DX enhanced gastric mucosal blood flow</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Albanese et al</td>
<td>NE+TP vs NE+DA</td>
<td>TP decreased CI and HR</td>
<td>No difference</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Seguin et al</td>
<td>NE+DB vs NE+EN</td>
<td>EN increased CI and oxygen transport</td>
<td>EN enhanced gastric mucosal blood flow</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Levy et al</td>
<td>NE+DB vs NE+EN</td>
<td>No difference</td>
<td>EN enhanced the lactate/pyruvate ratio</td>
<td>No difference</td>
<td>No difference</td>
<td></td>
</tr>
<tr>
<td>Marik and</td>
<td>NE+DA vs NE+DB</td>
<td>DA increased MAP by increasing the CI, whereas DA did so by increasing SVRI</td>
<td>NE may improve splanchnic tissue oxygen utilization</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Mohedhe et al</td>
<td>NE+DA vs NE+DB</td>
<td>No difference</td>
<td>NE can increase mean perfusion pressure</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Martin et al</td>
<td>NE+DA vs NE+DB</td>
<td>NE is more effective than DA in reversing the abnormalities of hyperdynamic septic shock</td>
<td>DA increased splanchnic flow and DO$_2$ but decreased VO$_2$</td>
<td>No difference</td>
<td>NR</td>
<td></td>
</tr>
</tbody>
</table>

**Abbreviations:** CI, cardiac index; CO, cardiac output; DA, dopamine; DB, dobutamine; DO$_2$, oxygen delivery; DX, dopexamine; EN, epinephrine; HR, heart rate; MAP, mean arterial pressure; NE, norepinephrine; NR, not reported; PE, phenylephrine; SOFA, sequential organ failure assessment; SVI, stroke volume index; SVRI, systemic vascular resistance index; VO$_2$, oxygen consumption; TP, terlipressin; VP, vasopressin; vs, versus; sBP, systolic blood pressure.
NE was also associated with decreased cardiac adverse events, HR, and cardiac index, as well as increased SVRI, as compared to DA.

Our meta-analysis revealed a possible rank of probability of mortality among the eleven vasopressor agents or vasopressor combination; from low to high, they are NE+DB, EN, TP, NE+EN, TP+NE, VP, TP+DB, NE, PE, NE+DX, and DA. However, variations in each RCT’s inclusion criteria may have influenced the probability of mortality. Thus, this ranking should be interpreted with caution.

Our NMA evaluated the vasopressor agents or vasopressor combinations from both direct and indirect comparisons. This approach differs from traditional head-to-head meta-analysis. Some traditional meta-analyses of RCTs have compared only two or three vasopressor agents, such as NE, DA, and VP. However, other types of comparisons have never been performed. This NMA compared any vasopressor agent or vasopressor combination to others and revealed a possible rank of probability of mortality.

Three factors support the internal validity of our analysis. First, a rigorous and extensive literature search was conducted, and the number of selected studies was more than any in previous meta-analyses focusing on vasopressor agents and vasopressor combinations for the treatment of septic shock. Second, the selected trials are considered high-quality studies, with a mean Jadad score of 3.3 points. Third, tests of inconsistency for triangular loops were not significant; in other words, the direct and indirect estimates had similar effects. This finding supports that our NMA has adequate homogeneity, which translates to more confidence in support of the results.

Vasopressor therapy is recommended by every major clinical practice guideline when fluid resuscitation fails

<table>
<thead>
<tr>
<th>Treatments</th>
<th>OR (95% CI)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>NE</td>
<td>1.24 (1.01, 1.53)</td>
<td>0.098</td>
</tr>
<tr>
<td>DA</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>EN</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>TP</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>NE+EN</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>TP+NE</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>TP+DB</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>NE+DB</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>NE+DX</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
<tr>
<td>NE+EN</td>
<td>1.08 (0.69, 1.67)</td>
<td>0.71</td>
</tr>
</tbody>
</table>
Figure 4: Ranking for mortality.

Notes: Ranking indicates the probability to be the most mortality risk treatment, the second best, the third best, and so on, among the vasopressor agents.

Abbreviations: DA, dopamine; DB, dobutamine; DX, dopexamine; EN, epinephrine; NE, norepinephrine; PE, phenylephrine; TP, terlipressin; VP, vasopressin.
Figure 5 The cumulative probability plot.

Notes: Area under the curve indicates the probability to be the most mortality risk treatment, the second best, the third best, and so on, among the vasopressor agents.

Abbreviations: DA, dopamine; DB, dobutamine; DX, dopexamine; EN, epinephrine; NE, norepinephrine; PE, phenylephrine; TP, terlipressin; VP, vasopressin.
to maintain adequate blood pressure and organ perfusion. However, different vasopressor agents and vasopressor combinations increase blood pressure through different mechanisms, leading to heterogeneity of physiological effects.\textsuperscript{37} NE is the first-line vasopressor agent used to treat septic shock (grade 1B)\textsuperscript{6} and is associated with lower mortality compared to DA.\textsuperscript{6,7} Although the typical order for the addition of vasopressor agents is NE, epinephrine, VP, DA, and PE,\textsuperscript{38} the supporting evidence for this order is limited except for the superiority of NE over DA in terms of mortality.\textsuperscript{6,7} NE supplemented with EN is the second choice in treating septic shock (grade 2B).\textsuperscript{5} In this meta-analysis, only one study reported NE+EN vs NE+DB.\textsuperscript{11} The rank of probability of mortality revealed that NE+EN had lower risk than NE. VP is neither recommended nor suggested (grade UG) but can be added to NE with the intent of either raising MAP or decreasing NE dosage.\textsuperscript{5,38} PE, which is used to stimulate purely \(\alpha\)-1 receptors, is recommended when cardiac output is known to be high and the target blood pressure is not achieved (grade 1C).\textsuperscript{5} No significant difference between PE and other vasopressor agents or vasopressor combinations was found. Similar results were also found in the comparison between other vasopressor agents or vasopressor combinations. Recently, a trial compared the vasopressor effects of NE+DB and NE+EN on the cardiovascular support of patients with septic shock.\textsuperscript{11} To better evaluate any mortality benefit from the initial vasopressor used, we also compared vasopressor combinations of NE+DB, TP+NE, TP+DB, NE+EN, and NE+DX. The results showed that the vasopressor combination NE+DB had the lowest probability of mortality, and this finding may be supported by the rapid normalization of both gastric–arterial difference (PCO\(_2\) gap) and gastric intramucosal pH.\textsuperscript{22} No other vasopressor combination is superior to another in both direct and indirect comparisons.

For cardiac adverse events and hemodynamic and metabolic parameters, we conducted only direct comparisons because the small number of studies failed to form an effective network analysis loop. Our direct meta-analysis revealed that cardiac adverse events, HR, and cardiac index were decreased and SVRI was increased on treatment with NE compared to the results of treatment with DA. These results support the notion that NE may have stronger \(\alpha\)-receptor effects, resulting in a greater increase in SVRI and blood pressure as compared to DA.\textsuperscript{4,39} Even though some studies favored NE as the more effective vasopressor agent to maintain adequate MAP during septic shock, no significant difference in terms of effect on MAP between these two vasopressor agents has ever been detected.\textsuperscript{30,40} Overall, NE

\begin{table}[h]
\centering
\caption{Direct comparison of different vaspressors on cardiac adverse events}
\label{tab:vaspressors}
\begin{tabular}{lcccc}
\hline
& Number of studies & Number of patients & OR (95\% CI) & Heterogeneity \(I^2\) (P-value) & Test for effect (P-value) \\
\hline
NE vs DA & 1\textsuperscript{14} & 252 & 0.15 (0.05, 0.43) & – & 0.0005 \\
NE vs VP & 3\textsuperscript{10,23,31} & 831 & 1.30 (0.73, 2.32) & 0\% (0.48) & 0.38 \\
NE vs TP & 1\textsuperscript{11} & 30 & 12.13 (0.59, 248.49) & – & 0.11 \\
NE vs PE & 1\textsuperscript{5} & 32 & 0.47 (0.04, 5.73) & – & 0.55 \\
TP+NE vs TP+DB & 1\textsuperscript{7} & 330 & 0.88 (0.53, 1.45) & – & 0.61 \\
TP+DB vs EN & 1\textsuperscript{11} & 60 & 0.66 (0.18, 2.36) & – & 0.52 \\
\hline
\end{tabular}
\end{table}

Note: \textsuperscript{Fixed-effect model.} 
\textbf{Abbreviations:} CI, confidence interval; DA, dopamine; DB, dobutamine; EN, epinephrine; NE, norepinephrine; PE, phenylephrine; TP, terlipressin; VP, vasopressin; vs, versus.
is probably more effective than DA in hemodynamic support for septic shock patients.

A previous trial reported that VP might increase SVRI and decrease cardiac index compared to baseline, while NE did not. Meta-analysis that included two trials failed to find any significant difference in cardiac adverse events as well as hemodynamic and metabolic parameters between NE and VP.

Statistically, with 80% power and two-sided alpha level of 0.04, to detect a 15% relative difference in 28-day mortality rate, at least 765 subjects in each group were needed. In the present meta-analysis, only “NE vs VP” (n=1,799) and “NE vs DA” (n=1,408) comparisons had potentially adequate sample size.

Limitations
Our analysis has many limitations. First, only English language articles were included in this study, which may have affected the findings due to selection bias. Second, although 21 trials were included in this study, the actual sample size population in specific comparisons was small, and the risk of false attribution of positive effect from pooling small trials is well known. Moreover, differences in each RCT’s inclusion criteria may have influenced the probability of mortality. Additionally, publication bias analysis could not be conducted. Hence, we do not think that these results constitute a reason to change clinical practice, but rather, they support the need for further investigations.

Conclusion
In terms of survival, NE may be superior to DA. Otherwise, there is insufficient evidence to suggest that any other vasopressor agent or vasopressor combination is superior to another. When compared to DA, NE is associated with decreased cardiac adverse events, HR, and cardiac index, as well as increased SVRI. The effects of vasopressor agents or vasopressor combinations on patients with septic shock require further investigation by larger-scale RCTs.
Disclosure

The authors report no conflicts of interest in this work.

References


