Cytotoxicity of a novel nano-silver particle endodontic irrigant

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Purpose: The aim of this study was to evaluate the cytotoxic effect of a novel nano-silver particle (25.2±6.5 nm) endodontic irrigant (0.2 mM) and compare it with 3% sodium hypochlorite.

Materials and methods: Two cell types, mouse fibroblast National Institutes of Health 3T3 (NIH 3T3) and primary human periodontal ligament stem cell (hPDLSCs) were used in a test for the effect of direct and indirect (by separating the agent and cell with a layer of agar) exposure to the two solutions. In the direct exposure experiment, ten groups of cell cultures were exposed to one dilution (3:1, 2:1, 1:1, 1:2, 1:3, 1:4, 1:5, 1:6 or 1:7) of a nano-silver irrigant for 48 hours; the concentration-response function was estimated by determining the number of viable cells in each group by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. The 50% lethal dose of the testing irrigant for NIH3T3 and hPDLSCs were estimated. In the second part of the experiment, a modified agar overlaying technique was applied. Twelve culture wells (6-well plate) were divided into three groups (n=4). The cell lysis zone (cytotoxic range) created by the stock nano-silver solution, 3% sodium hypochlorite, and an isotonic phosphate buffering saline (control) was measured by two double blinded observers (Kappa score =100%). The cytotoxic score of specific irrigant was derived by modified Sjögren’s method.

Results: The 50% lethal doses of the testing nano silver irrigant for NIH 3T3 and hPDLSCs after 48 hours of direct exposure were 0.58 and 0.608 dilution of stock solution, respectively. The cytotoxic scores of nano-silver irrigant and control (phosphate buffered saline) on NIH 3T3 were 0.25 (95% confidence interval [CI] =0 to 1.04) and 0 (95% CI =0 to 0); and on hPDLSCs were 0.13 (95% CI =0 to 0.52) and 0.25 (95% CI =0 to 1.04), respectively. Toxicity of the test and control group on both mouse fibroblasts (P>0.05) and hPDLSCs (P=1.00) was not statistically different.

Conclusion: Our results showed that the nano-silver irrigant was non-cytotoxic to both NIH 3T3 and hPDLSCs.

Keywords: root canal irrigant, biocompatibility, hPDLSC, agar overlay, MTT

Introduction
The main etiology of apical periodontitis, one of the most common pathologies of endodontic origin, is bacterial infection of dentin and the root canal system.¹ Success of endodontic treatment does not only depend on elimination of bacteria from the root canal system, but also on prevention of re-infection of the root canal space.² Traditionally, instrumentation of root canal was considered of primary importance in endodontic treatment.³ It is worth stressing that the mechanical instrumentation technique, be it by hand or rotary instruments, only debrides 70% of the radicular space.⁴ It leads to the current philosophy that the main goals of instrumentation are to
facilitate effective irrigation of the canal space, and to provide a convenient and resistant form for obturation. Chemical disinfection plays an important role in root canal treatment when management of the etiological factor is concerned. While irrigation plays a role in mechanical washing, lubrication, and dissolution of remaining pulp tissue, the most important function is killing the microbes.

Although various irrigants are available, none of them fulfill all of the ideal properties of an endodontic irrigant. Sodium hypochlorite is a common irrigant due to its potent antibacterial and organic debris dissolving actions. Hypochlorite has been shown to be effective even against bacteria protected by a biofilm. Its shortcomings include the unpleasant taste, toxicity, incapability to remove the smear layer completely, and possible deterioration of the (flexural) strength of dentine. The in vivo antibacterial effectiveness of sodium hypochlorite has also been challenged, as it was shown that sodium hypochlorite could be easily inactivated by organic substances in the root canal such as pulp tissue, dentinal collagen, and microbial by-products. Besides, the capability of effective disinfection of difficult-to-reach areas such as fins, anastomoses, apical delta, and lateral canals was also questionable.

The smear layer is produced during mechanical instrumentation. It is an amorphous mixture of micro-organisms, microbial antigens, dentin, and necrotic tissue. Because hypochlorite irrigation only dissolves the organic matters in the smear layer, purposeful removal of the inorganic components of the smear layer by 17% ethylenediaminetetraacetic acid (EDTA) for 2 to 3 minutes at the final stage of instrumentation was proposed. A study has shown that this rinsing protocol provides a cleaner canal wall with open dentinal tubules. However, deterioration of flexural strength and erosion was observed after this final rinse protocol.

Chlorhexidine digluconate (CHX) is another common irrigant due to its potent antibacterial properties and has good substantivity. CHX possesses similar antibacterial properties as hypochlorite; however, it also may be inactivated by organic matters in the root canal. Although CHX kills bacteria in the biofilm, it leaves organic debris of biofilm which may negatively affect the sealing of the root filling. Unlike hypochlorite, EDTA did not erode the CHX-irrigated root canal surface. It was proposed that 2% CHX can inhibit the host derived matrix metalloproteinase (MMP) which may be beneficial to the longevity of dentine bonding, but this hypothesis was questioned recently.

Silver was used as an antiseptic agent before the invention of antibiotics. With the advancement of nano-technology, nano-silver particles are widely used in the medical industry, including wound dressing, creams, and antibacterial coating of medical devices. Due to the large surface area-to-volume ratio, the antibacterial effect of nano-sized material is much greater than its bulk solid form. In this connection, antibacterial nano-silver particle solution is considered as a potential endodontic irrigant.

Cytotoxicity assay of dental materials, commonly performed using mouse fibroblasts cell-line as target cells, provides preliminary safety information on the application of nano-silver in mammalian cells. However, little information is available on the effect of nano-silver on endodontic related tissues. Periodontal ligaments are anatomically related with (the apex of) the root canal system, as extruded irrigant will first come into contact with the periodontal tissues. Therefore, the objective of this study was to compare the cytotoxicity of a novel nano-silver irrigant and sodium hypochlorite on mouse fibroblasts and primary human periodontal ligament stem cells (hPDLSCs) tested with both a direct and indirect mode of contact.

Materials and methods
A novel nano-silver particle endodontic irrigant was synthesized (Figure 1). The average size of the silver particles was about 25.2 ± 6.5 nm. The pH value of the irrigant was measured as 7.4. The concentration of the stock solution was 0.2 mM. The solution was stored at 4°C. Before adding into cell culture, the temperature of the solution was raised.

Figure 1 Transmission electron microscopy image of silver nanoparticles.
Notes: The average size of these nanoparticles is about 25.2±6.5 nm. Courtesy of Prof WT Wong; unpublished data.
to 37°C in a water bath. The cytotoxicity test was done in both direct and indirect contact manner. In the first part of the experiment, the test irrigant was directly added into the cell culture. For the indirect contact mode, the agent was separated from the cell culture with a layer of biocompatible agar. Both experiments were performed on mouse fibroblasts, and then on hPDLSCs.

Mouse fibroblast cell line NIH 3T3 was cultured in Dulbecco’s Modified Eagle’s Medium (DMEM) with 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin in a CO₂ incubator. The culture was expanded in 4x dilution when 80% confluence was achieved. The sixth and seventh passages, P6 and P7, were used in this experiment. Primary hPDLSCs (passage 2) was isolated and expanded by a method published previously. The cells were maintained in alpha minimum essential medium (α-MEM) with 10% FBS and 1% penicillin/streptomycin. Subculture was performed in 4x dilution when approximately 80% confluence was achieved. Passage 5 was used in this study. Nano-silver particles in an aqueous form were prepared in a laboratory of the Polytechnic University of Hong Kong. The particle size was in the range of 25.2±6.5 nm. Sodium hypochlorite solution was obtained from a dental hospital, which was a 1:1 dilution of a household bleach (Clorox® Regular Bleach; The Clorox Company, Oakland, CA, USA). Another agent, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) was purchased from Sigma-Aldrich Co (St Louis, MO, USA).

Direct contact method
Mouse fibroblasts (NIH 3T3) were seeded on 96-well plates (Corning Incorporated, Corning, NY, USA) in a density of 1x10⁴ cells per well. After 24 hours of incubation, the cells formed a confluent monolayer on the base plate of the culture well. The adherence of cells was checked by examining under a phase contrast microscope (TMD Inverted Microscope with Phase Contrast; Nikon Corporation, Tokyo, Japan). Only those wells containing a cell layer that was evenly spread across the base of the well were included in the study.

Stock nano-silver particle suspension, the test irrigant, was serially diluted with concentrated DMEM culture medium (10% FBS and 1% penicillin/streptomycin supplements) into nine dilutions (3:1, 2:1, 1:1, 1:2, 1:3, 1:4, 1:5, 1:6, and 1:7) (International Organization for Standardization [ISO] 10993-5, 2009).

Cell cultures were divided into ten groups with eight wells per group (n=8). For each group, a fixed volume of diluent (200 µL) was added into each individual culture well. One group of eight wells with normal culture medium served as control.

After culturing the cells with the diluent in a CO₂ incubator for 48 hours, the percentage of viable cells in each well was estimated by MTT assay. The test culture was incubated with 0.1 mL MTT solution. After 4 hours of incubation, the MTT solution was carefully pipetted out and the residue was carefully rinsed out with 1 mL phosphate buffered saline (PBS). Two hundred microlitres of dimethyl sulfoxide was dispensed into every well to lyse the cells and elute their intracellular formazan salt.

After 30 minutes, the optical density (OD) of the formazan-stained dimethyl sulfoxide was measured at 590 nm in a spectrophotometer (Victor™ X3; PerkinElmer Inc., Waltham, MA, USA). The average OD of each group, which represented the relative viability of cells in each group, was normalized with respect to the control group using the following formula:

\[
\text{Relative viability}(\%) = \frac{\text{Mean OD (test)}}{\text{Mean OD (Control)}} \times 100. \quad (1)
\]

The experiment was repeated on hPDLSCs cultured with α-MEM.

Indirect contact method
In the second part of the experiment, stock nano-silver irrigant and the cell culture were separated with a layer of agar. The cytotoxicity of the test material was represented by a zone of cell lysis in the center of the culture beneath the test material.

A monolayer of mouse fibroblasts (NIH 3T3) was plated evenly on 6-well plates (Corning Incorporated) with DMEM (10% FBS and 1% penicillin/streptomycin supplements). The surface area was approximately 9.5 cm² and each well contained approximately 6x10⁵ cells. After incubation for 24 hours in 5% CO₂ and 37°C moist environment, the cell culture had basically formed a 100% confluent monolayer at the base plate. All culture wells were examined under phase contrast microscope to ensure that 100% confluency was reached in every well. Any wells with uneven cell distribution or inadequate confluency were excluded from the experiment.

After excluding the unsatisfactory cell culture, the culture medium was exchanged with a fixed volume mixture of DMEM, 1% low melting point agarose, and 10% FBS (1 mL per well). The mixture with agarose solidified within minutes, forming a thin layer of agar that was approximately 0.5 mm thick at the center of the culture well. The agar tended to
become thicker at the sides of the culture well due to surface tension (Figure 2).

A sterilized plastic ring was carefully placed on the center of the agar after the initial setting of the agar. The ring was prepared from the plastic lid of a 1.5 mL centrifuge tube (Corning Incorporated). A seal was secured between the plastic ring and the agar after the agar was completely set (Figure 2).

To confirm the absence of any leakage of the junction between the tube and the agar, about 1 mL of basal medium was dispensed outside the plastic ring and left for 5 minutes. Those wells with signs of leakage into the ring of sample wells were excluded from the experiment. The wells were divided randomly into three groups (A, B, and C) with four wells per groups (n=4). Then, 50 µL of stock nano-silver irrigant was added into the wells of group A; 50 µL of PBS and 3% sodium hypochlorite was added in the wells of group B and C. After 24 hours of regular incubation, the test solution was rinsed out with 2 mL of PBS and the plastic rings were removed gently.

One millilitre of the working solution of a cell viability stain (Live/Dead® viability/Cytotoxicity Kit *for mammalian cells*; Thermo Fisher Scientific, Waltham, MA, USA) was added to the cell culture and incubated for 30 minutes. Any changes in cell morphology were detected under a phase contrast microscope in dark field with blue excitation light illumination (495 nm excitation). The fluorescent dye in the viable cell was excited by the blue light (495 nm) and emitted green light (517 nm) (Figure 3).

Cytotoxicity of each test agent was quantified on the digital micrograph by measuring the diameter of the cell culture that had detached or lysed from the base plate. The measurement was performed by two observers who were blinded to the test material. Before measurement, the definition of the end points of the measurement was explained, assisted by sample photomicrographs. The culture well to be measured was placed on the traveling stage of a phase contrast microscope with the magnification of the objective lens set at 10×, and the diaphragm of the light source was reduced.

**Figure 2** Illustration of the assembly.
**Note:** A plastic ring was placed on the agar (0.5 mm thick) overlaying the cell culture which formed a sample well for the test material.

**Figure 3** The cytotoxic zone.
**Notes:** (A) A montage view of live PDL cells (fluorescent green) distributed across the diameter of the well after incubation with 3% sodium hypochlorite for 24 hours. **(B)** High-power view showing the boxed area of (A). The transition of cell lysis zone to cell detachment, and then the unaffected zone could be observed. **(C)** Being affected by the sample solution, the PDL cell was detached from the base plate. The morphology of the cell changed from spindle to oval.

**Abbreviation:** PDL, periodontal ligament.
Cytotoxicity of nano-silver irrigant

The stage was moved manually in a defined observation path across the culture well. The start and end points of the observation path were defined as the left and right contact points with the adjacent wells (Figure 5). The locations of where the entire view of the microscope (Figure 4) was covered by adhered cells immediately adjacent to the cell detachment zone were recorded. The diameter of the affected area due to the cytotoxicity of the material, the cytotoxicity range of the sample, was defined as the distance between these two locations.

For each sample well, a cytotoxic score was assigned according to the cytotoxic range as stated in Table 1, with cytotoxic scores derived from modified Sjögren’s method. The median cytotoxic score was calculated from each group and the cytotoxicity of each material was determined and is shown in Table 2.

The experiment was repeated once on hPDLSCs with α-MEM.

**Statistical analysis**

The Kappa statistic was calculated for the two observers. Analysis of the data was performed by one-way analysis of variance and Bonferroni correction test with SPSS version 17 (SPSS Inc., Chicago, IL, USA).

**Results**

**Direct contact**

The results showed a dose-response relationship between the novel nano-silver irrigant with both NIH 3T3 and hPDLSCs (Figure 6). The stock solution was rather cytotoxic with 97% of the cells non-viable after direct exposure for 48 hours.

For mouse fibroblast cell line (NIH 3T3), the relationship between the various dilutions and cell viability could be fitted into a cubic regression model:

\[
\text{Cell viability (NIH 3T3)} = 3.277X^3 - 5.383X^2 + 1.263X + 0.944 \quad (R^2=0.836) \quad (2)
\]

where \(X\) represents dilution ratio of the nano-silver irrigant with range 0.00 to 1.00.

For hPDLSCs, the survival function against the dilution of the irrigant was calculated as:

\[
\text{Cell viability (hPDLSCs)} = 1.812X^3 - 3.159X^2 + 0.451X + 0.993 \quad (R^2=0.871) \quad (3)
\]

The 50% lethal dose (LD50) refers to a particular dose (dilution) of the material which causes 50% of the cells to die.

**Table 1 Classification of cytotoxic score**

<table>
<thead>
<tr>
<th>Cytotoxic score</th>
<th>Cytotoxic range</th>
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<tbody>
<tr>
<td>0</td>
<td>Cytotoxic range = 0</td>
</tr>
<tr>
<td>1</td>
<td>Cytotoxic range ≤ 0.6 cm</td>
</tr>
<tr>
<td>2</td>
<td>Cytotoxic range ≤ 1.1 cm</td>
</tr>
<tr>
<td>3</td>
<td>Cytotoxic range ≤ 1.6 cm</td>
</tr>
<tr>
<td>4</td>
<td>Cytotoxic range &gt; 1.6 cm</td>
</tr>
<tr>
<td>5</td>
<td>Whole culture well affected</td>
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</tbody>
</table>

**Notes:** For each sample well, a cytotoxic score was assigned according to the cytotoxic range; (0.6 cm was the internal diameter of the sample well that contained the test material).
Table 2 Interpretation of cytotoxic score

<table>
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<tr>
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<td>0.6–1.9</td>
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Note: The cytotoxic score was classified into four toxicity classes.

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Note: The cytotoxic score was classified into four toxicity classes.

in the culture within a specific exposure time. Based on the result, the LD50 of the nano-silver solution on mouse fibroblasts NIH 3T3 and hPDLSCs after 48 hours was estimated to be 0.58 and 0.608 dilution ratio, respectively.

Pearson correlation coefficient (r) of data set of both cell types was calculated as 0.884, P<0.001 (Figure 7), revealing a

Figure 6 Dose-response relationship between the novel nano-silver irrigant to both NIH 3T3 and hPDLSCs.

Notes: (A) Relative cell viability (48 hours) vs dilution of the stock nano-silver solution on NIH 3T3 cells. (B) Relative cell viability (48 hours) vs dilution of the stock nano-silver solution on hPDLSCs.

Abbreviations: hPDLSGs, human periodontal ligament stem cells; vs, versus.
linear co-relation of dose-response relationship between them in direct contact mode. The dose-response relationship of both cell types appeared to be highly correlated (Figure 8).

Indirect contact

The inter-observer agreement in this experiment was good, with a Kappa equal to 100%. The responses of mouse fibroblasts (NIH 3T3) and hPDLSCs to the test irrigants were similar. The mean cytotoxic score of nano-silver irrigant and control groups on NIH 3T3 was 0.25 (95% confidence interval [CI] 0–1.04) and 0 (95% CI 0–0) respectively (Table 3); and there was no statistically significant difference in amount of the test and control groups ($P > 0.05$).

For the hPDLSCs group, the nano-silver solution was classified as non-cytotoxic with a mean cytotoxic score of 0.13, which was not statistically different from the control group, 0.25 ($P = 1.00$).

Discussion

As recommended by the ISO (10993-5, 2009), if relative cell viability is less than 70%, the test materials would be considered as cytotoxic to that particular cell type. ISO recommends using NIH 3T3 or another mouse cell, L929, for cytotoxic screening. Established cell lines are preferred for cytotoxic screening for better reproducibility. However, mouse fibroblast cell lines have been modified genetically for easy culture in a laboratory; cellular response of mouse fibroblast cell lines might differ from human pluripotent cells. The cytotoxicity, genotoxicity, and alteration of differentiation of pluripotent cells might also differ from the animal somatic cells. As the periodontal ligament is in close anatomical proximity to the root apex, information about the effect of endodontic irrigants should be gathered. This experiment focused on the cytotoxicity of a novel irrigant and a commonly used irrigant, sodium hypochlorite (3%), to both hPDLSCs and mouse fibroblasts NIH 3T3.

Survival of the target cells after direct culturing in serially diluted test solutions was estimated with MTT assay. By regression model, a sigmoidal (cubic) concentration-response (survival) function was obtained. The LD50 of the nano-silver particle solution on hPDLSCs and mouse fibroblasts NIH 3T3, was found to be very similar (0.608 vs 0.58 times dilution of the stock solution). Linear regression model revealed a linear relationship between the viable cell percentages and the dilution of nano-silver solution for both cell types.

The present methodology followed recommendations of the ISO. The minimum exposure time of extracts of test material for cytotoxicity assay is 24 hours. In a pilot trial, 24 and 48 hours were compared with the result of the 48 hour group showing a better sigmoidal survival curve. For exposure time limited to 24 hours a relatively steep survival curve was obtained; the LD50 would lie very close to 100% stock solution in such a case, making the comparison of the curves between different cell types difficult. On the other hand, increasing the exposure time might lead to an over-estimation of the cytotoxicity of the material. However, since the silver nanoparticle solution was rated as non-cytotoxic in the present study, the risk of over-estimation is minimal.
Table 3 Comparison of cytotoxic score of various irrigants on hPDLSCs and Mouse fibroblast NIH3T3

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<th>Mouse fibroblast</th>
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<td></td>
<td>Mean</td>
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<tr>
<td>Control</td>
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</tr>
<tr>
<td>Nano-silver</td>
<td>0.1250</td>
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<tr>
<td>3% Hypo</td>
<td>2.5000**</td>
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<table>
<thead>
<tr>
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<th>Mean</th>
<th>SD</th>
<th>95% CI for Mean</th>
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<th>Upper bound</th>
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<td>0.0000</td>
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<tr>
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<td>0</td>
<td>1.0456</td>
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<tr>
<td></td>
<td>3.7500**</td>
<td>0.50000</td>
<td>2.9544</td>
<td>4.5456</td>
<td></td>
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</tbody>
</table>

Notes: The mean cytotoxic score of hPDLSCs of the 3% sodium hypochlorite group was significantly higher than control *(P<0.05) and nano-silver group **(P<0.05). The same comparison was performed on mouse fibroblasts NIH 3T3. The mean cytotoxic score of NIH 3T3 of the 3% hypo group was significantly higher than control *(P<0.05) and nano-silver group **(P<0.05). The cytotoxic scores of both cell types in various test solutions were compared by crosstab analysis resulting in a 100% Kappa score.

Abbreviations: hPDLSCs, human periodontal ligament stem cells; PDL, periodontal ligament; hypo, hypochlorite.

For the indirect contact mode, there are two ISO recommended toxicity screening methods, namely, the filter diffusion and the agar overlay method. For the filter diffusion method, the test material is separated from the cell culture with a Millipore filter, which is not suitable when the material is in a liquid form. In the agar overlay technique, the test material is separated from the cell culture by a layer of agar. There are two basic assumptions behind this method. Firstly, a stable concentration gradient would develop from the well containing the material to the periphery of the culture well; and secondly, the leachate or the test solution would be able to diffuse through the agar layer and to retain its nature upon reaching the target cells. For a sample in liquid form, it was recommended to use biologically inert absorbent filter discs, or making a well at the center of the agar. There are two basic assumptions behind this method. Firstly, a stable concentration gradient would develop from the well containing the material to the periphery of the culture well; and secondly, the leachate or the test solution would be able to diffuse through the agar layer and to retain its nature upon reaching the target cells. For a sample in liquid form, it was recommended to use biologically inert absorbent filter discs, or making a well at the center of the agar. In the trial-run of the present study, it was found that only 20 µL of test sample could be soaked without seepage. Due to the incubation temperature, some filter discs were dried out instead of measurement by ruler and naked eye observation, thus, these cells tend to grow as a monolayer on the base of the culture well and, since hPDLSCs are much larger than mouse fibroblasts, the cell density would be much lower. As the sensitivity of neutral red vitality staining assay is dependent on a high cell density, the cytotoxic zone in a culture of low cell density might not be well demarcated for naked eye observation. Thus, instead of measurement by ruler and naked eye observation, a more consistent and reproducible method was devised. For this, the neutral red stain was replaced by a fluorescent live/dead stain. Briefly, the stain discriminates live from dead cells by simultaneously staining with green-fluorescent acetomethoxy derivate of calcein to indicate intracellular esterase activity and red-fluorescent ethidium homodimer-1 to indicate loss of plasma membrane integrity. Since the cells were lysed in the cytotoxic zone, staining the dead cells would not be effective in this experiment. Staining only the live cells (green) was done in this experiment. At the margin of the cytotoxic zone, the cell free area and unaffected zone were separated with a cell-detached zone, in which some green stained rounded cells were detached from the culture plate. It is because rounded cells are considered as a morphological sign of cell death, this zone was included in the cytotoxic zone. By crosstab method, the difference of
survivability of hPDLSCs and NIH3T3 was not statistically significant. This result agreed with the outcome of the direct contact model.

It has been suggested that nano-silver particles may slowly dissolve into a more toxic ionic form. In this experiment, we did not attempt to control the natural dissolution of silver, because the process of silver dissolution can take months and hence was not expected to have significant impact within 48 hours. However, further investigation is required regarding any possible silver dissolution and its effect on the long-term safety of nano-silver particle endodontic irrigants to both the human subject and the environment.

Conclusion
In conclusion, the novel silver nanoparticle irrigant was not cytotoxic to either hPDLSCs or NIH 3T3s in both direct contact and indirect contact assay. The survival response of primary hPDLSCs and mouse fibroblasts NIH 3T3 to exposure to sodium hypochlorite and a novel silver nanoparticle solution was similar.

Acknowledgments
The authors are indebted to Dr WT Wong, Professor of Chemistry, Hong Kong Polytechnic University, for synthesizing the nano-silver particles for testing in this study, and providing the micrograph in Figure 1. We also gratefully acknowledge the assistance of Mr Raymond Tong in the preparation of laboratory experiments.

Disclosure
The authors have no conflicts of interest to disclose.

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