

Levels of thrombopoietin in aqueous humor of patients with noninfectious acute anterior uveitis

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Purpose: To measure thrombopoietin (TPO) levels in the serum and aqueous humors of patients with noninfectious acute anterior uveitis.

Methods: A prospective, comparative, controlled study. Serum and aqueous humors were obtained from the eyes of 16 patients with noninfectious acute anterior uveitis. TPO levels were measured using an enzyme-linked immunosorbent assay (ELISA). The results obtained were compared with those of a control group.

Results: Serum concentrations of TPO were not significantly different between control individuals and patients with active anterior uveitis. Aqueous humor TPO levels were 54.46 ± 16.24 pg/mL in the eyes of patients with uveitis, and 34.32 ± 11.63 pg/mL in the eyes of controls. The difference between the two groups was significant (Mann-Whitney *U*-test for independent data, $P=0.0008$), with uveitis patients exhibiting significantly higher levels of TPO.

Conclusion: The high levels of TPO in the aqueous humors of uveitis patients points toward a cytoprotective role of this factor in inflammatory repair processes and the recovery of tissue homeostasis.

Keywords: TPO, thrombopoietin, aqueous humors, serum, acute anterior uveitis, cytoprotective

Introduction

The annual incidence of anterior uveitis in the United States is 8 per 100,000 inhabitants.¹ Its origin is generally idiopathic; the event or agent that triggers the inflammation is unknown.¹ There is no direct evidence that noninfectious anterior acute uveitis is an autoimmune disease, but various environmental and genetic stimuli, along with innate and adaptive immune responses, relate to this type of uveitis. Some cytokines are found in the eyes and peripheral blood of patients with uveitis.^{2–5} Some recent studies have reported increased levels of cell growth factors, such as pigment epithelium derived factor (PEDF)^{6–8} and vascular endothelial growth factor (VEGF), in the aqueous humors of patients with uveitis – both with and without macular edema, and even during periods of disease inactivity.^{9,10}

Cell growth factors control cell growth and differentiation; regulating development and cell survival. They perform a crucial role in controlling cell proliferation. Alterations in signaling mediated by growth factors may be related to several inflammatory diseases. They also mutually interact to promote various healing or cell proliferation processes.^{11–18}

Thrombopoietin (TPO) is a growth factor synthesized mainly in the liver. It is the main regulator of the proliferation and maturation of megakaryocytes and of the production of platelets, by which hematopoietic stem cells are regulated. It is also a positive vasculogenesis regulator,^{19–21} and its relationship with VEGF has been shown

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to be essential for stem cells, inducing their production and specifically promoting the production of two VEGF-A isoforms, VEGF121 and VEGF165 isoforms. VEGF also modulates the effects of TPO on hematological stem cells in an autocrine loop.²² It has also been implicated in the pathophysiology of multiple inflammatory and immunoallergic conditions such as allergic asthma or inflammatory bowel disease, in which it appears to play a significant immunoregulatory role.^{23,24} Studies with experimental mice models have demonstrated that VEGF acts as an acute-phase protein, and that its synthesis is induced by interleukin (IL)-6.²⁵ However, no studies of TPO levels in the aqueous humors of patients with uveitis have been reported to date.

This factor has been implicated in the pathophysiology of multiple inflammatory and immunoallergic conditions, where it could play an immunoregulatory role. The objective of the present study was to quantitatively measure TPO levels in the aqueous humors of patients with noninfectious acute anterior uveitis to establish whether or not they are impaired in these conditions.

Materials and methods

This is a single-center, non-randomized, controlled, prospective, observational, comparative case study which evaluates TPO levels in the serum and aqueous humors of patients with noninfectious anterior uveitis referred to the Uveitis Unit of the Department of Ophthalmology of the Hospital Universitario La Fe (Valencia, Spain), a center of national reference for the study and treatment of this condition. Controls were obtained from the serum and aqueous humors of patients who were due to have cataract surgery, and who had no history of intraocular inflammatory disease, systemic disease or long-term drug therapy.

The study protocol met the requirements of the Declaration of Helsinki, and was reviewed and approved by the Ethics Committee of the Hospital Universitario La Fe. Informed consent was obtained from all participants and specified the reason for the study.

The patient inclusion and exclusion criteria for the study were as follows:²⁶

Inclusion criteria:

1. Diagnosis of classic acute anterior uveitis.
2. Untreated patients in the first episode of classic anterior uveitis, within the first 2–7 days of symptomatology. Eye inflammation (slit lamp microscopy grading of cells) rated moderate to severe (grade 2 to 4) according to the criteria of the International Ocular Inflammation Society and the Standardization Uveitis Nomenclature.^{26,27}

Exclusion Criteria:

1. Diagnosis of hypertensive or granulomatous uveitis.
2. Specific clinical conditions, including Fuchs heterochromic iridocyclitis or Posner-Schlossman syndrome, uveitis caused by herpes, or toxoplasma in the aqueous humor sample, revealed by polymerase chain reaction (PCR).
3. Eye surgery in the 6 months prior to obtaining the sample.
4. Serology positive for HIV, syphilis or sarcoidosis (the latter revealed by angiotensin converting enzyme serum detection).
5. Cystoid macular edema, detected using optical coherence tomography (OCT).
6. Associated systemic diseases in the clinical history or revealed by clinical-radiological examination, or by HLA-B27 test.

Serum was obtained from peripheral blood of patients and controls.

Anterior chamber paracentesis prophylaxis, consisting of topical application of ofloxacin eye drops for three days, was performed before and after removal of aqueous humors. Immediately before removal, iodinated povidone in an ophthalmic dilution was applied to the conjunctival sac.²⁸ Paracentesis for sampling was performed at the clinic with a 30 G needle, with the aid of a slit lamp. Samples of at least 0.05–0.2 mL of aqueous humor were collected from each patient, and placed in sterile tubes and were stored immediately at -80°C for subsequent processing. The specimens were classified and labeled in a masked fashion. All specimens were assayed for TPO in a double-blind arrangement with respect to their group. In the control group, composed of patients due to undergo cataract surgery, aqueous humors were removed immediately prior to surgery. The control group was age-matched with the uveitis group.

Quantitative measurement of protein concentrations in serum and aqueous humor samples was performed using the enzyme-linked immunosorbent assay (ELISA), marketed by Searchlights Human Angiogenesis Array® (Pierce Biotechnology, Inc., Rockford, IL, USA).

The TPO value in standard curves was in the range of 12–3,000 pg/mL and the sensitivity of TPO measurement was 5.9 pg/mL. All procedures were performed on the same day, and according to the manufacturer's instructions.

The demographic data of the subjects were analyzed using the Windows statistical package SPSS Statistics for Windows, Version 19.0 (IBM Corp., Armonk, NY, USA). The Mann–Whitney *U*-test for independent data was used to compare TPO levels in the groups, accepting $P < 0.05$ as a significant value.

Results

A total of 32 serum and aqueous humor samples were obtained from 16 patients with uveitis (nine male and seven female), and 16 controls (ten male and six female). All patients were Caucasian. No statistically significant differences were detected between the mean ages of the patients with uveitis (mean \pm standard deviation [SD]; 51.6 ± 12.5 years, range 35–79 years), and controls (59.2 ± 11.2 years, range 44–79 years), Student's *t*-test for independent data, $P=0.08$.

With respect to the control group, the sensitivity of the ELISA test used was 5.9 pg/mL. Table 1 shows the values obtained for TPO levels according to the ELISA technique in both groups. The mean TPO level measured in serum samples was 35.4 ± 12.94 pg/mL (range 21.1–61.2 pg/mL) in patients with uveitis, and 32.87 ± 9.8 pg/mL (range 15.3–50.7 pg/mL) in controls. No statistically significant difference was found between the control group and the individualized patients with anterior uveitis (Mann–Whitney *U*-test, $P=0.82$).

The mean TPO level measured in the aqueous humor samples was 54.46 ± 16.24 pg/mL (range 32.50–86.30 pg/mL) in patients with uveitis, and 34.32 ± 11.63 pg/mL (range 14.80–51.20 pg/mL) in controls. A significant difference was found between the two groups (Mann–Whitney *U*-test, $P=0.0008$), with the patients with uveitis exhibiting significantly higher levels of TPO than the control group (Figure 1).

Discussion

The observation of higher levels of TPO in patients with noninfectious acute anterior uveitis raises questions relating to the cause and possible consequences of this condition.

Although TPO plays an important multifunctional regulatory role in hematopoiesis and vasculogenesis that is closely related to VEGF²⁹ there are many data that also relate it to inflammatory conditions. TPO is activated through the release of various proinflammatory cytokines, such as IL-1, IL-3, IL-6 and IL-11. These proinflammatory cytokines play a critical role in the triggering and development of multiple autoimmune conditions caused by dysregulation of the autoimmune response. All these cytokines interfere actively with cell immune and biochemical mediators at many levels. The regulation of this proinflammatory activity appears to be mediated by anti-inflammatory and immunosuppressive cytokines, such as IL-4, IL-10 or transforming growth factor (TGF)- β .³⁰ There are several reports of a significant increase in the expression of the *TPO* gene under inflammatory conditions, which suggests that it acts as an acute-phase protein.³¹ It is also established that the synthesis of TPO in the liver can be induced by IL-6, while IL-6 stimulates thrombopoiesis through the action of TPO, and that the reactive thrombocytosis associated with some inflammatory conditions is mediated by IL-6 through the action of TPO.^{32–34} A significant correlation between IL-6 and TPO is evident in the fact that the administration of IL-6 in patients with cancer produces an increase in TPO serum levels.³⁵

Table 1 TPO levels in the serum and aqueous humor of uveitis patients and the control group measured by enzyme-linked immunosorbent assay, presented along with the age and sex of subjects

Subject	Uveitis group				Control group			
	Age (years)	Sex	Aqueous humor level of TPO (pg/mL)	Serum level of TPO (pg/mL)	Age (years)	Sex	Aqueous humor level of TPO (pg/mL)	Serum level of TPO (pg/mL)
1	59	M	49.2	35.6	50	F	50.8	45.2
2	53	F	44.5	28.2	48	M	51.2	43.4
3	55	F	32.5	21.1	52	M	25.4	23.9
4	40	M	47.8	31.2	46	F	33.7	30.5
5	70	M	40.0	26.5	50	M	50.9	50.7
6	47	M	86.3	61.2	52	M	35.0	32.0
7	45	F	38.6	23.1	69	M	39.5	40.1
8	58	M	65.2	37.6	75	F	23.2	22.2
9	79	M	71.4	54.6	77	M	30.8	29.3
10	49	F	77.1	33.5	55	F	24.0	23.9
11	68	M	46.1	32.6	44	M	27.8	28.4
12	47	F	47.5	26.6	55	F	14.8	15.3
13	38	M	43.0	23.2	71	F	39.0	41.0
14	43	F	69.7	51.4	64	M	39.2	42.3
15	35	M	41.7	25.3	70	M	34.1	29.2
16	40	F	70.9	54.7	70	M	29.6	28.6

Abbreviations: TPO, thrombopoietin; M, male; F, female.

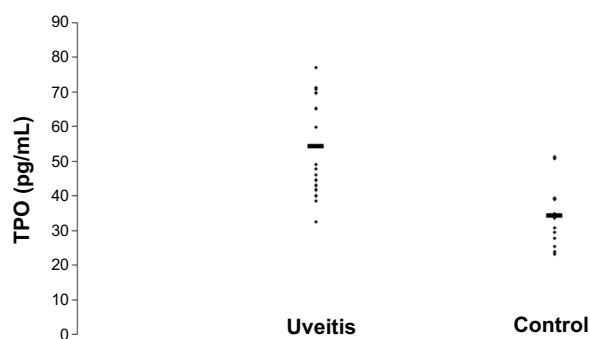


Figure 1 Thrombopoietin (TPO) levels in the aqueous humors of 16 patients with uveitis and 16 controls.

Notes: The horizontal lines represent the mean concentration for each group. TPO levels in the two groups were statistically significantly different (Mann–Whitney U-test, $P=0.0008$), with the concentration of TPO proving to be significantly higher among patients with uveitis than among controls.

Positive correlations have been found between TPO and C-reactive protein (CRP), but do not appear to affect platelet count. TPO acts as an acute-phase protein, and appears to be closely related to the action of IL-6 in inflammatory conditions.^{36,37}

In some inflammatory diseases, such as Schönlein–Henoch disease, an increase in TPO has also been described along with IL-6, which is thought to be an acute-phase reactant; in fact, a secondary increase in the production of TPO has been reported in this condition.³⁸ TPO increases related to IL-6 have also been reported in the coronary disease inflammatory condition.³⁹

The regulatory function of TPO has also been described in the differentiation of mast cells and its increase in patients with allergic asthma, which points to its involvement in immunoallergic conditions.^{21,22,40,41} The importance of platelets as major agents in the defense against infection and the induction of tissue inflammation and repair has been confirmed.⁴² Increases of IL-6 and TPO in the plasma of patients with inflammatory bowel disease and in sufferers of rheumatoid arthritis have also been documented.^{42,43}

This body of evidence suggests that the increase of TPO – characteristic of uveitis, is associated with increments of other growth factors present in the aqueous humors of patients with this inflammatory condition, such as PEDF and VEGF.^{6–9}

Compared to the control group, TPO levels in the aqueous humor in patients with noninfectious acute anterior uveitis were significantly higher, but there was no difference detected between plasma levels of TPO in patients vs controls.

We cannot directly determine the source of TPO in aqueous humors, but we think it is possible that its increase is not a result of the rupture of the blood–aqueous barrier,

but rather derived from an increase in local production. It would be important to know whether this may be related to the pathophysiology of the disease, either as a cause or consequence, since many studies have shown that TPO expression increases during many inflammatory processes. Further studies are required to consider this possibility.

On the other hand, we should also contemplate the consequences that this increase in TPO may cause in the outcome of uveitis. Several studies in experimental models of autoimmune anterior uveitis have suggested that apoptosis plays a significant role in the resolution of uveitis, since apoptosis followed by phagocytosis is critical in the reduction of cell infiltration and subsequent resolution of the condition.^{44–49}

In addition, other studies have related an increase in TPO to the inflammatory changes occurring in some central nervous system (CNS) infections, suggesting a proapoptotic activity and a different regulation of production in the CNS to that in the liver, where it mostly occurs.^{50,51}

One possible clinical application of this increase in TPO is its use in the modulation or resolution of uveitis. Indeed, unlike other growth factors, it is already commercially available.⁵²

The statistically significant increase ($P>0.001$) of the cell growth factor TPO in the aqueous humors of patients with noninfectious acute anterior uveitis indicates an involvement of this factor in this ocular inflammatory condition, perhaps as a mechanism of the repair process and linked to apoptosis. Any further knowledge of this and other cell growth factors is likely to lead to a better understanding of the pathophysiology of uveitis and other inflammatory conditions of the eye, and will no doubt be of great help in designing new therapeutic approaches involving new molecules, such as Romiplostim or Eltrombopag, which mimic the effect of TPO.^{53,54}

In conclusion, the enhanced levels of TPO in the aqueous humor of patients with uveitis observed in this study lead us to support a cytoprotective role of this factor in inflammatory repair processes and the recovery of tissue homeostasis.

Disclosure

The authors have no conflicts of interest in this work.

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