Multivariate proteomic analysis of the cerebrospinal fluid of patients with peripheral neuropathic pain and healthy controls – a hypothesis-generating pilot study

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Abstract: Pain medicine lacks objective biomarkers to guide diagnosis and treatment. Combining two-dimensional gel proteomics with multivariate data analysis by projection, we exploratorily analyzed the cerebrospinal fluid of eleven patients with severe peripheral neuropathic pain due to trauma and/or surgery refractory to conventional treatment and eleven healthy controls. Using orthogonal partial least squares discriminant analysis, we identified a panel of 36 proteins highly discriminating between the two groups. Due to a possible confounding effect of age, a new model with age as outcome variable was computed for patients (n = 11), and four out of 36 protein spots were excluded due to a probable influence of age. Of the 32 remaining proteins, the following seven had the highest discriminatory power between the two groups: an isoform of angiotensinogen (upregulated in patients), two isoforms of alpha-1-antitrypsin (downregulated in patients), three isoforms of haptoglobin (upregulated in patients), and one isoform of pigment epithelium-derived factor (downregulated in patients). It has recently been hypothesized that the renin–angiotensin system may play a role in the pathophysiology of neuropathic pain, and a clinical trial of an angiotensin II receptor antagonist was recently published. It is noteworthy that when searching for neuropathic pain biomarkers with a purely explorative methodology, it was indeed a renin–angiotensin system protein that had the highest discriminatory power between patients and controls in the present study. The results from this hypothesis-generating pilot study have to be confirmed in larger, hypothesis-driven studies with age-matched controls, but the present study illustrates the fruitfulness of combining proteomics with multivariate data analysis in hypothesis-generating pain biomarker studies in humans.

Keywords: cerebrospinal fluid, multivariate data analysis, neuropathic pain, proteomics

Introduction
Pain medicine lacks objective biomarkers to guide diagnosis and choice of treatment.1 A thorough pain analysis can often discriminate between nociceptive and neuropathic pain, but this is one of few mechanism-based distinctions – albeit a crude one – in clinical pain medicine.2 Neuropathic pain is defined as pain caused by a lesion or disease of the somatosensory system.1 The prevalence of chronic pain with neuropathic characteristics in the general population has been estimated to be ~7%.4 Evidence-based guidelines stipulate the use of certain antidepressants (tricyclics or duloxetine), gabapentinoids, topical lidocaine, and sometimes opioids.5 In severe cases, spinal cord stimulation is a valuable option.6,7 Still, many patients do not reach adequate pain control or experience troublesome side-effects.5,8
The importance of glial cells and neuro-immunity for the development of chronic pain has recently been reviewed.\textsuperscript{9,10} Gli...
Healthy controls
Healthy controls were recruited by local advertisement at the Faculty of Health Sciences, Linköping University, Sweden, and by contacting healthy subjects from earlier studies. After informed consent was obtained, a structured interview was conducted to ensure the absence of any significant medical condition. The following areas were specifically assessed in the interview: earlier major trauma; back, joint, muscle, or skeletal disease; heart or vascular disease; lung or bronchial disease; psychiatric symptoms; neurological, ear, or eye disease; digestive tract disease; kidney, urinary, or genital disease; skin disease; tumor or cancer; endocrine disease; hematological disease; birth defects; other disease, disability, or allergy. Moreover, the presence of a known bleeding disorder was specifically inquired for. The absence of a chronic pain condition was ensured by a structured questionnaire covering sociodemographic data, presence of pain now, location of pain now, generalization of pain, presence of intermittent pain, and duration of persistent pain. The questionnaire also covered anxiety and depressive symptomatology using the Hospital Anxiety and Depression Scale;\(^{34}\) coping aspects (ie, catastrophizing) using the Pain Catastrophizing Scale;\(^{35}\) and health-related quality of life aspects using the Short Form-36 (SF-36)\(^{36}\) in order to ensure that the controls were healthy. Subjects were also given the possibility to make a pain drawing about pain now, pain at worst, and pain at best. Musculoskeletal pain was more deeply assessed by visual analog scale pain intensity last month for nine specific anatomical locations: neck, shoulders, arms, hands, upper back, lower back, hips, knees, and feet. Concomitant medicines were registered. A medical examination was performed, including assessment for fibromyalgia tender points.

Proteomic analysis
CSF (400 µL) from each subject was applied to an albumin and IgG depletion column (Sigma-Aldrich Co, St Louis, MO, USA). Albumin and IgG were removed according to the manufacturer's recommendations. The samples were desalted and lyophilized as previously described.\(^{37}\) The protein concentration was determined according to Bradford and 2D-Quant kit (GE Healthcare UK Ltd, Little Chalfont, UK). The lyophilized proteins were dissolved in 0.50 mL urea sample solution according to Görg et al.\(^{39}\) The samples (containing 50 µg protein for analytical gels and 400 µg for a preparative gel) were applied by in-gel rehydration (according to the manufacturer's instructions) for 12 hours using low voltage (30 V) in pH 3–10 non-linear immobilized pH gradients. The proteins were then focused for up to 32,000 Vh at a maximum voltage of 8,000 V. Immobilized pH gradients were either used immediately for second-dimensional analysis, or stored at –70°C until analyzed. The second dimension (SDS-PAGE) was conducted by using the Ettan DALTsix apparatus, as strips were loaded onto a 12.5% acrylamide gel. Gels were run simultaneously at 2.5 W per gel, 600 V, 400 mA for 30 minutes, followed by an additional 5 hours or until the blue front reached the bottom of the gel with 17 W per gel, 600 V, and 400 mA at a constant temperature of 15°C. In analytical gels, separated proteins were detected by silver staining as described previously by Shevchenko et al.\(^{40}\) The preparative gels were fluorescently stained according to the manufacturer's staining protocol with SYPRO Ruby (Thermo Fisher Scientific, Waltham, MA, USA) for mass spectrometry (MS) analysis. The protein patterns of silver-stained analytical gels were analyzed as digitized images, using a charge-coupled device camera in combination with a computerized imaging 16-bit system designed for evaluation of 2-dimensional gel electrophoresis patterns. The amount of protein in a spot was assessed as background-corrected optical density, integrated over all pixels in the spot, and expressed as integrated spot optical density (SOD). In order to correct for differences in total silver stain intensity between different 2-dimensional gel electrophoresis images, the amounts of the compared protein spots were quantified as optical density for individual spot per total protein intensity of all spots in the same gel. Thereby, per-part-million values for all proteins were generated that were evaluated for differences between the groups. Spots present in at least 50% of the gels of either of the two groups were quantified.

Protein identification by mass spectrometry
Protein spots were excised and were digested with trypsin (Promega Corporation, Madison, WI, USA) as described previously.\(^{37}\) The trypsinated peptides were applied to mass spectrometry (LC-MS/MS or MALDI-TOF) for protein identification. The dried tryptic samples from fluorescently stained proteins were dissolved in 6 µL of 0.1% formic acid. Peptides were analyzed using an online nano-flow HPLC system (EASY-nLC; Thermo Fisher Scientific) in conjunction with the mass spectrometer HCTultra PTM Discovery System (Bruker Daltonik GmbH, Bremen, Germany).\(^{41}\) The dried tryptic peptides from silver-stained gel were reconstituted in 0.1% trifluoroacetic acid and mixed 1:1 with matrix (2,5-dihydroxybenzoic acid, 0.02 mg/mL) as described by Ghafouri
et al.\textsuperscript{24} The samples were applied onto the target plate, analyzed using MALDI-TOF MS (Voyager-DE PRO; Thermo Fisher Scientific) with a 337 nm N\textsubscript{2} laser set in positive mode, reflector mode, delayed extraction, and instruments settings as defined previously.\textsuperscript{24} LC-MS/MS spectra were processed by Bruker Daltonik DataAnalysis 3.4, and resulting MS/MS data were searched in NCBInr and SwissProt databases on the MASCOT server [http://www.matrixscience.com/cgi/search_form.pl?FORMVER=2&SEARCH=MIS]. Database search parameters were set as follows: the enzyme trypsin was used; up to one missed cleavage was allowed; fixed modifications included were carboxamidomethylation of cysteine and oxidation of methionine; mass tolerance for MS precursor ion was 0.8 Da and for MS/MS fragment ion was 0.6 Da; and charge states were varied. Criteria for identification of a protein were at least three peptides of the protein should be identified with a MASCOT score over 25 and an expectation value < 1. The mass list generated from the major peaks of the MALDI spectra was submitted to a database search (NCBInr or SWISS-PROT) using MS-FIT search engines. Restrictions were placed on species (human), mass tolerance (50 ppm), maximum missed cleavages by trypsin (up to 1), and cysteine modification by carboxamidomethylation.

### Statistics

Each proteomic sample can generate the quantification of hundreds or even thousands of potentially mutually interacting proteins. Traditional univariate statistical methods can quantify level changes of individual substances but disregard interrelationships between them and thereby ignore system-wide aspects. Therefore, we used MVDA by projection. For MVDA computations, SIMCA-P+ version 13.0 (Umetrics AB, Umeå, Sweden) was used.

Conceptually, the reader can imagine a multidimensional space where each protein is a dimension (“k” dimensions). Each subject (patient or control) will be a point in this k-dimensional space. Due to a combination of technological development (rendering high k) and practical/economic constraints (leading to a low number of subjects “n”), today’s data tables in the Omics field often have a low subject-to-variable ratio (n << k). Classical regression techniques, such as multiple linear regression (MLR) or logistic regression (LR), which were developed in the early days of the 20th century, are not suited for such high-dimensional and multi-collinear data. Hence, today’s data table often breaks one of the underlying assumptions behind MLR and LR, namely that the predictor (X) variables are fairly independent. MLR and LR also assume that a high subject-to-variable ratio is present (eg, >5), and they have difficulties coping with missing data.\textsuperscript{24}

Due to the above-mentioned drawbacks of classical regression techniques (with regression coefficients becoming unstable and their interpretability breaking down), the modern MVDA method of orthogonal partial least squares (OPLS) regression was used instead. OPLS can handle subject-to-variable ratios of <1, and copes well with both multicollinearity and missing data. OPLS is a recent, easier-to-interpret modification of partial least squares. In this study, both OPLS and OPLS-discriminant analysis (OPLS-DA) were used. In OPLS-DA, the outcome variable (Y) is nominal, eg, patient or healthy control.\textsuperscript{24,25,43} The MVDA workflow and the reporting of parameters necessary for evaluating model quality were in accordance with the paper published by Wheelock and Wheelock.\textsuperscript{25} For all MVDA analyses, data were log-transformed when needed (using the SIMCA-P+ function “auto transform selected variables as appropriate”), and scaling to unit variance was applied.\textsuperscript{24,25}

First, the data were overviewed by principal components analysis (PCA), which is the foundation of all latent variable projection methods. PCA entails the definition of only a few latent variables that describe the underlying structure in the data. The latent variables (called principal components, or PC) are uncorrelated to each other, and they summarize and simplify the data, separating information from noise and enabling researchers to find relevant patterns in the data. Optimal model dimensionality (ie, number of PCs) is determined by cross-validation, which is a practical and a reliable way to test the significance of a PCA model; this is default in SIMCA-P+. Hence, PCA can be viewed as a form of multivariate correlation analysis. PCA also enables the identification of outliers and deviant subgroups. A PC relates to each original variable by a loading (p), which has a value between −1 and +1. Variables with high loadings (ignoring the sign) are considered to be of large or moderate importance for the PC under consideration. Variables that have high loadings (with positive or negative sign) on the same PC are intercorrelated. Two plots are generated from the PCA analysis: The score plot illustrates the relationships between the subjects, using PCs as axes in a two- or three-dimensional coordinate system and representing each subject by a dot. The complementary loading plot describes the relationships between variables.\textsuperscript{24,25,43}

After data overview with PCA, OPLS-DA was used to regress (predict) group membership, ie, to find which variables were responsible for class discrimination (patient
or healthy control). Hence, the outcome variable (Y) was nominal (patient or healthy control), whereas the predictor variables (Xs) where numerical (relative quantification of each measured protein by SOD). In SIMCA-P+, optimal model dimensionality (ie, the number of latent variables) is by default determined by cross-validation, which is a practical and reliable way to test the significance of the model. The $R^2$ value indicates how well the model explains the dataset, and cross-validated $Q^2$ is a measure of the predictive power of the model. If $R^2$ is substantially greater than $Q^2$ (a difference $>0.3$ is mentioned in the literature$^{25}$), the robustness of the model is poor, implying overfitting.$^{25}$ Moreover analysis of variance of cross-validated predictive residuals (CV-ANOVA), which is a SIMCA-P+ diagnostic tool for assessing model reliability, was also computed. CV-ANOVA measures the significance of the observed group separation and provides a familiar $P$-value metric for the model.$^{25}$

The importance of the variables can be measured as a variable influence on projection (VIP) value. This indicates the relevance of each X-variable pooled over all dimensions and Y-variables – the group of variables that best explain Y. Variables with VIP $\geq 1.0$ and having a 95% confidence interval not including zero are usually considered significant, but in this study VIP $\geq 1.5$ was used for OPLS-DA. The direction of the relationship (positive or negative) was determined by sign of the corresponding loading. In addition to OPLS-DA, OPLS was also used in patients (n=11) with age as outcome (Y) variable, rendering an age-VIP. Age-VIP <1 or having a 95% confidence interval including zero was taken to indicate a low risk of an association between protein and patient age.$^{24,25,43}$

For traditional univariate statistics, all computations were made using IBM SPSS® Statistics version 20, and the results in the text and tables are generally given as median values (range) or proportions. Mann–Whitney $U$ test, Fisher’s exact test, and Spearman’s rho for correlation were used as appropriate, and $P<0.05$ (two-sided test) was considered significant. As many variables were analyzed, one should be aware of the problem of multiple testing, ie, a high risk of Type I errors (false positives). Changing the significance level, eg, with a Bonferroni correction, was considered to be too conservative in the current exploratory study, because of the corresponding risk increase of Type II errors (false negatives).$^{25}$

**Ethics**

The healthy controls protocol was approved by the Regional Ethics Committee in Linköping (RECL), Sweden. The clinical trial, from which patient data were derived, was conjointly approved by the Swedish Medical Products Agency and by the RECL. The clinical trial was monitored by the Linköping Academic Research Centre and was conducted according to the standards of Good Clinical Practice (GCP). All lumbar punctures were performed by a specialist in anesthesiology (EB).

**Results**

**Data overview**

A data table consisting of eleven patients, eleven healthy controls, and SOD from 260 protein spots was generated. The data table was overviewed by unsupervised PCA (2 PCs, $R^2=0.29$, $Q^2=0.06$) to check for multivariate outliers. No strong outlier was found by Hotelling’s T2 statistic ($T^2$ Critical 99%). Distance to model in X-space (DModX) identified two non-serious borderline moderate outliers, which hence were not excluded from further analysis.$^{24}$ Patients and healthy controls characteristics are shown in Tables 1 and 2.

**Regression of class discriminating proteins**

In order to identify proteins discriminating between patients and healthy controls, an OPLS-DA regression model with three latent variables (one predictive interclass and two

| Table 1 Overview of patients and healthy controls |
|-----------------|-----------------|-----------------|
| Group Variables | Patients (n=11) | Healthy controls (n=11) |
| Age (years)     | 58 (35–75)      | 23 (20–28)      |
| Sex (% female)  | 55%             | 55%             |
| Body mass index (kg/m²) | 24.7 (20.2–30.0) | 22.6 (20.8–26.5) |
| Pain duration (months) | 65 (30–180) | 0 |
| Pain intensity (0–100 mm) | 72 (40–87) | 0 |
| Opioid dose (mg/day) | 0 (0–480) | 0 |
| On opioids (%) | 45%             | 0%              |
| On tricyclics or duloxetine (%) | 36% | 0% |
| On gabapentinoids (%) | 36% | 0% |
| On paracetamol (%) | 45% | 0% |
| On NSAID (%) | 18%             | 0%              |

Notes: *At inclusion, patients were asked to grade their average pain intensity for the last week on a visual analog scale of 0–100 mm, whereas the pain status of healthy controls was investigated by an extensive structured interview. All controls were free of pain; †in oral morphine equivalents; ‡excluding treatment “as needed”. Data are presented as median (range) or percentages. Furthest to the right are the results of the statistical comparisons between patients and healthy controls; ‡significant group difference. Abbreviation: NSAID, non-steroidal anti-inflammatory drug.
Due to the possible confounding effect of age, a three-latent-variables OPLS regression model was computed for patients (n=11), with age as outcome (Y) variable ($R^2=0.99$ and $Q^2=0.78$). Out of 36 class-discriminating proteins, four were excluded due to a possible confounding effect of age (haptoglobin alpha chain, Ig gamma-1, plasminogen isoform, and unknown protein). Hence, 32 proteins were finally selected as being potential biomarkers (Table 3).

### Protein identification

The OPLS-DA analysis showed that seven protein spots had VIP $\geq 2$ and no missing values (Table 3). The spots were excised from the gel, in-gel digested by trypsin, and identified by mass spectrometry. The seven proteins were: one isoform of angiotensinogen, two isoforms of alpha-1-antitrypsin, three isoforms of haptoglobin, and one isoform of pigment epithelium-derived factor (PEDF).

#### Angiotensinogen (spot 3409)

As underlined in the “Discussion” section, angiotensinogen should not simplistically be thought of as only a vasoactive substance, as it is produced locally in the central nervous system.\(^{44}\) In the present study, the isoform spot 3409 of angiotensinogen was significantly upregulated in patients (Figure 2A, $P<0.001$), and had the highest discriminatory power between patients and healthy controls (Table 3). In total, five angiotensinogen isoforms were identified, and total angiotensinogen (ie, the sum of the five isoforms) did not differ between groups ($P=0.533$). Isoform spot 3409 represented 46% (median value) of total angiotensinogen in patients, compared to 12% in controls ($P=0.001$), indicating a shift in the balance between angiotensinogen isoforms.

To investigate a possible confounding effect of hypertension, a new OPLS-DA was computed after exclusion of the three patients having a hypertension diagnosis (Table 2). Even then, angiotensinogen isoform spot 3409 had the highest VIP of all, and it was of the same magnitude (VIP = 2.6). Moreover, with hypertension patients excluded, a significant group difference still existed according to traditional statistics ($P=0.002$).

To investigate a possible confounding effect of opioid medication, a new OPLS-DA was computed after exclusion of patients taking opioids. Even then, angiotensinogen isoform spot 3409 had the highest VIP of all (VIP = 2.97). Moreover, with patients on opioids excluded, both groups still differed by traditional statistics ($P<0.001$). No correlation

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**Table 3** Detailed neuropathic pain patient characteristics (n=11)

<table>
<thead>
<tr>
<th>Main cause of pain (ICD-10 diagnosis)</th>
<th>Concomitant diseases</th>
</tr>
</thead>
<tbody>
<tr>
<td>S34.2</td>
<td>Hypertension; polyneuropathy; diabetes; dyspepsia; hypertension</td>
</tr>
<tr>
<td>S34.2</td>
<td>Mild angina; mild obstructive lung disease</td>
</tr>
<tr>
<td>S34.2</td>
<td>Anemia; dyspepsia; hypertension</td>
</tr>
<tr>
<td>S34.2</td>
<td>Autonomic neuropathy; diabetes; dyspepsia; mild angina; panic anxiety disorder</td>
</tr>
<tr>
<td>S34.2</td>
<td>None</td>
</tr>
<tr>
<td>S34.2</td>
<td>Previous, no longer painful vertebral compressions; posterior vitreous detachment; postural hypotension</td>
</tr>
<tr>
<td>S74.1</td>
<td>None</td>
</tr>
<tr>
<td>S94.9</td>
<td>None</td>
</tr>
</tbody>
</table>

Notes: International Classification of Diseases Version 10 (ICD-10) key: S34.2, injury of nerve root of lumbar and sacral spine (ie, failed back surgery syndrome with radiculopathy); S34.3, injury of cauda equina; S54.0, injury of ulnar nerve at forearm level; S74.0, injury of sciatic nerve at hip and thigh level; S74.1, injury of femoral nerve at hip and thigh level; S94.9, injury of unspecified nerve at ankle and foot level.

Orthogonal intraclass (orthogonal intraclass) was computed. The model had an excellent fit ($R^2=0.99$) and a good predictivity ($Q^2=0.70$). Hence, clear class separation was achieved (Figure 1), and using CV-ANOMA, the model was shown to be highly significant ($P=0.005$). VIP computations led to the identification of 36 proteins highly associated with class discrimination (VIP $\geq 1.5$), ie, discriminating between patients and healthy controls.
between age and spot 3409 was found in patients ($n=11$, Spearman’s $\rho=0.05, P=0.884$).

**Alpha-1-antitrypsin (spots 5106 and 1505)**

Two out of 20 identified isoforms of this protein had VIP $\geq 2$, and these two were downregulated in patients (Figure 2B and C; $P=0.001$ and $P=0.002$, respectively). According to the location on the gels, five subgroups of alpha-1-antitrypsin were identified. Spot 1505 belonged to a subgroup of four isoforms, and it represented 10% (median value) of these four isoforms in patients, compared to 55% in controls ($P<0.001$). Total alpha-1-antitrypsin of this subgroup did not differ between patients and healthy controls ($P=0.2$). Spot 5106, probably a degradation fragment, did not belong to any subgroup.

**Haptoglobin (spots 1211, 1203, and 2205)**

Three out of five identified isoforms of haptoglobin had VIP $\geq 2$, and they were upregulated in patients (Figure 2D–F; $P=0.008$, $P=0.013$, and $P=0.013$, respectively). These three isoforms together represented 68% (median value) of total haptoglobin in patients, compared to 48% in controls ($P=0.019$). Total haptoglobin differed between patients and healthy controls ($P=0.006$).

**PEDF (spot 3308)**

One out of five identified isoforms of this protein had VIP $\geq 2$; spot 3308 was downregulated in patients (Figure 2G, $P=0.013$). Spot 3308 represented 31% (median value) of total PEDF in patients, compared to 35% in controls ($P=0.053$).
Total PEDF did not differ between patients and healthy controls ($P=0.309$).

**Final statistical model based on seven proteins**

A final OPLS-DA model was computed on the above-mentioned seven proteins. The model had one intra-class latent variable, had a good fit ($R^2=0.83$), and had a high predictivity ($Q^2=0.78$). Hence, clear class separation was achieved with these seven variables, and the model was shown to be highly significant by CV-ANOVA ($P<0.001$). A typical two-dimensional gel highlighting these seven proteins is shown in Figure 3.

**Pain networks interaction analysis**

In order to analyze our results from a systems biology perspective, the four genes coding for the above-mentioned seven proteins were entered into a human Pain Networks search (http://www.painnetworks.org, accessed June 9, 2015), and a typical two-dimensional gel electrophoresis map is shown in Figure 3.

**Notes:** (A) Angiotensinogen isoform, spot 3409, $P=0.001$; (B) alpha-1-antitrypsin isoform, spot 5106, $P=0.001$; (C) alpha-1-antitrypsin isoform, spot 1505, $P=0.002$; (D) haptoglobin isoform, spot 1211, $P=0.008$; (E) haptoglobin isoform, spot 1203, $P=0.013$; (F) haptoglobin isoform, spot 2205, $P=0.013$; (G) pigment epithelium-derived factor isoform, spot 3308, $P=0.013$. Median values are represented by horizontal lines and the interquartile ranges by boxes. In the absence of points (representing outliers) and asterisks (representing extremes), the ends of the whiskers represent minimum and maximum values. Outliers and extremes numbers refer to study subject ID. $P$-values refer to group differences (patients vs controls).

**Abbreviations:** pi, isoelectric point; Mw, molecular weight.

**Figure 2** Spot optical densities in parts per million (ppm) for the seven most discriminating protein spots (patients vs healthy controls).

**Notes:** The seven protein spots having the highest discriminatory power between patients and healthy controls have been encircled and annotated: spot 3409 is an isoform of angiotensinogen; spots 5106 and 1505 are isoforms of alpha-1-antitrypsin; spots 1203, 1211, and 2205 are isoforms of haptoglobin; and spot 3308 is an isoform of pigment epithelium-derived factor.
2015). Using “AGT SERPINA1 HP SERPINF1” as an entry for query genes (AGT codes for angiotensinogen, HP for haptoglobin, SERPINA1 for alpha-1-antitrypsin, and SERPINF1 for pigment epithelium-derived factor), and using the “physical” filtering option (ie, only including interactions with evidence of the proteins physically touching), an interaction map was generated (Figure 4). The map features two known pain-related genes (highlighted in grey in Figure 4): 1) MME codes for neprilysin, which is important for the destruction of opioid peptides, and MME interacts with AGT (codes for angiotensinogen); 2) APOE codes for apolipoprotein E, an isoform of which (spot 3107) has VIP =1.53 (Table 3) and interacts with haptoglobin (Figure 4 and as per Salvatore et al).

Discussion
Using advanced multivariate techniques, seven highly up- and downregulated proteins in the CSF of patients with peripheral neuropathic pain due to trauma or surgery have been identified. These seven proteins had high discriminatory power to distinguish patients from healthy controls. The protein having the highest discriminatory power between groups was an isoform of angiotensinogen, which was up-regulated in patients.

The results from this hypothesis-generating pilot study have to be confirmed in larger, hypothesis-driven studies with age-matched controls. Nevertheless, the present report indicates a future possibility that a panel of multiple biomarkers will be able to shed light upon the mechanisms involved in neuropathic pain. We think that the systems biology approach presented in this study reopens the field of “pain biomarker” research in humans, the ultimate aim being to find biomarkers useful for diagnostic purposes and choice of treatment. Instead of today’s focus on symptom relief, a better understanding and assessment of different pain mechanisms will perhaps in the future enable clinicians and researchers to develop disease-modifying therapies for chronic pain (as opposed to mere symptom relief).

The central nervous system (CNS) has a local renin–angiotensin system (RAS), and astrocytes synthesize angiotensinogen. Investigation of the CSF/plasma ratio of angiotensinogen has confirmed local production in the CNS, and the RAS has recently been convincingly linked to the pathophysiology of neuropathic pain. In this context, it is noteworthy that when searching for neuropathic pain biomarkers with a purely explorative methodology, it was indeed a RAS protein that had the highest discriminatory power between patients and controls in the present study. Hence, our results are in agreement with several other recent lines of evidence, suggesting a role for the RAS in the pathophysiology of neuropathic pain. Given that angiotensinogen is synthesized by astrocytes, one might speculate that our findings perhaps indicate glial activation in human neuropathic pain. Although many animal studies have shown glial activation in neuropathic pain models, direct evidence for glial involvement in humans has hitherto been almost nonexistent.

In the current study, it was a specific isoform of angiotensinogen that was elevated in patients, not total angiotensinogen. Further research is needed to elucidate the mechanisms behind the increase of this particular isoform of angiotensinogen. Indeed, the present study highlights the importance of taking post-translational modifications (PTMs) into account in biomarker studies. It is becoming increasingly clear that PTMs are important in both health and disease. For instance, post-translational glycosylation patterns are said to be an extremely sensitive indicator of intracellular conditions, and the field of glycoproteomics is emerging as an important contributor in the search for biomarkers in different medical conditions. The glycosylation form of a protein can be altered significantly because of diseases such
as cancer, inflammatory conditions, and neurodegenerative disorders. For example, the role of glycosylation on alpha-1-antitrypsin has recently been reviewed. Hence, PTM patterns are probably important when trying to identify the molecular “fingerprints” of different pain conditions. Other important forms of PTMs include acetylation, deamidation, hydroxylation, nitrification, palmitoylation, phosphorylation, sulfation, and ubiquitination. Hence, looking only at total levels of a particular protein is probably too simplistic in many instances. The current study does not explore the specific PTMs involved, ie, we do not know the exact chemical nature of the isoforms that we have found. We are currently attempting to ascertain these PTMs. Characterization of the chemical nature of the protein isoforms, determination of their origin, and mapping the relationship between these isoforms and other interacting proteins may all lead to a deeper understanding of the pathophysiology of this pain condition.

Both alpha-1-antitrypsin and haptoglobin are well-known plasma acute phase proteins but there is also evidence that they can be synthesized in the CNS. Interestingly, under certain circumstances, astrocytes may synthesize haptoglobin and perhaps alpha-1-antitrypsin as well as other proteins discriminating between groups in this study, eg, clusterin and apolipoprotein E (Table 3). More research is needed to elucidate the source of different isoforms of alpha-1-antitrypsin and haptoglobin, as well as the complex interplay between different PTMs in health and disease.

One isoform of PEDF was downregulated in patients in the current study. It is noteworthy that PEDF has been described as having (among other things) a neuroprotective effect from degeneration due to overexcitation (excitotoxicity) by glutamate. In 2005, Conti et al found that three isoforms of PEDF were significantly downregulated in patients with non-painful peripheral neuropathies compared to healthy controls; the same isoforms were also lowered in patients with painful peripheral neuropathies, albeit not significantly. However, in contrast to the present study, Conti et al used traditional univariate statistics, thereby disregarding possible system-wide aspects.

All in all, this study reflects the hypothesis-generating power of proteomics, especially when combined with MVDA. Two-dimensional gel proteomics is a well-known analytical method with high resolution, good reproducibility, and good quantitative analysis capability; it is particularly suited for mapping PTM patterns. On the one hand, the major limitations of two-dimensional gel techniques have to do with the fact that only more abundant proteins are detected, and on the other hand, with the fact that “extreme proteins” (extremely basic or acidic, extremely small or big) fall outside the isoelectric point (pI)/molecular weight (Mw) range of detection (in this study, 8–250 kDa for Mw and 3–10 for pI). For instance, a neuropeptide like beta-endorphin falls outside the range of detection of the present study. Other methods are needed to study CSF neuropeptides, eg, a Luminex technology kit.

The use of MVDA, which includes taking the internal correlation structure of the data set into account, mitigates but does not (in our opinion) completely eliminate the problem of multiple testing. Hence, it is important to emphasize the explorative and hypothesis-generating nature of our findings. Confirmatory, hypothesis-driven studies are warranted, including longitudinal studies concerning the early development of neuropathic pain; the data of our study pertain to a late phase of neuropathic pain. Another important possibility is to reverse-translate these findings into animal models, where it is easier to control for confounding factors.

An important interpretive issue is the possibility of age, comorbidities, and/or concomitant medication acting as confounding factors. Notably, our healthy controls were markedly younger. This is of course a major drawback; it would have been better to have age-matched controls. For practical reasons, this was not possible, reflecting the limitations and difficulties inherent in clinical translational research as opposed to, eg, animal experiments. The fact that CSF is the body fluid studied is of course part of the problem – collecting CSF is in itself not complicated, but the invasive nature of the procedure is an obvious limitation. Using “surrogate normals” would have been an option, eg, patients with non-painful diagnoses undergoing surgery in spinal anesthesia, but then another potential confounding effect would have been introduced (ie, these controls would not have been healthy, which does not seem to be a trivial problem). Instead, it was chosen to focus on young, healthy subjects, who were age-matched for other pain conditions than chronic neuropathic pain. Hence, this study compares two extremes: patients with severe neuropathic pain intractable to conventional treatment on the one hand, and on the other hand, controls who are “very healthy”. It could be argued that in a hypothesis-generating study like this one, maximizing differences between groups is an advantage, especially when practical constraints limit the number of subjects. Subsequent age-matched confirmatory studies will then have to assess particular protein candidates. Still, even though we took age into account by excluding
proteins that were age-related in patients, there is no avoiding the fact that the potential confounding effect of age is a major weakness of this study.

It is generally acknowledged that there is an increase in CSF protein concentrations with age (especially for plasma-derived proteins), and this is interpreted to be due to either a decline of the integrity of the blood–brain barrier or to a decreased CSF turnover. However, it is very important to remember that our study quantifies protein levels in a relative (not absolute) manner, the same amount of protein being used for each gel. Moreover, in a study by Zhang et al, less than 10% out of more than 300 identified CSF proteins were more than 20% up- or downregulated in older individuals (66–85 years of age) compared to younger individuals (22–36 years of age). Hence, we do not think our results can be dismissed outright as a confounding effect of age, although this of course remains as a possibility.

A related concern is the possible confounding effect of comorbidities and concomitant medication. This was investigated closely in relation to our main result, namely angiotensinogen spot 3409, and neither hypertension nor opioid medication seemed to explain the differences between groups. Hypertension was the only comorbidity that involved more than one patient, and five out of eleven patients had no comorbidity at all.

For such a many-faceted condition as peripheral neuropathic pain, we consider it unlikely that one specific biomarker will be found. Moreover, peripheral neuropathic pain itself should probably not be viewed as a single category. Instead of a single protein approach, we think that in line with modern systems biology, the way forward is to try to establish patterns of a number of discriminating proteins, ie, a “multiple protein fingerprint” characteristic for a distinctive pain mechanism. Moreover, reporting a list of proteins is not in itself enough; it is also important to elucidate whether some of these proteins might interact in a common pathophysiological pathway. As an example of this, we used the web-tool Pain Networks, finding interesting, hypothesis-generating interactions indicating the possibility that our panel of seven proteins might participate in a common pathophysiological pathway. The proteins presented (Table 3) can be used in conjunction with, eg, Pain Networks in order to investigate other possible interactions than the ones we have presented.

We conclude that this study illustrates the fruitfulness of combining proteomics with MVDA in hypothesis-generating pain biomarker studies in humans. It has to be stressed that the present paper is a very preliminary study, and the results presented – even though partially in agreement with other studies – need to be validated in new data sets of similar patients and age-matched controls. Many more exploratory and confirmatory studies are needed in different pain conditions and at different time points in order to hopefully achieve the vision of mechanism-based pain diagnoses and treatments.

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Disclosure
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