Crosstalk between nitric oxide and hypoxia-inducible factor signaling pathways: an update

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Abstract: Hypoxia-inducible factor-1 (HIF-1) is responsible for cellular adaptations to hypoxia. While oxygen (O₂) negatively regulates its stability, many other factors affect HIF-1 stability and activity, including nitric oxide (NO). NO derived from L-arginine and nitrite (NO₂⁻) could nitrosylate or nitrate HIF-1 and multiple proteins involved in HIF-1 regulation, and can allow HIF-1 to escape normoxic degradation. In turn, HIF-1 can increase NO production through multiple mechanisms, including increased inducible nitric oxide synthase (iNOS) expression and subunit 4-2 of cytochrome c oxidase (COX4-2) expression. There is therefore a high degree of crosstalk between HIF-1 and NO signaling. As such, many cellular responses to NO are mediated by HIF-1, and vice versa. This includes, but is not limited to, angiogenesis, apoptosis, senescence, and metabolic changes. These pathways all have important functions in normal physiology and when altered can contribute or, in some cases, lead to pathogenesis.

Keywords: HIF, nitric oxide, Cco/NO mitochondrial signaling, ROS/RNS, cancer

Introduction

HIF-1, a member of a family of hypoxia-inducible transcription factors (HIFs), was discovered in 1992, during studies on the oxygen-dependent regulation of erythropoietin expression.¹ It is a heterodimer containing a novel α subunit (HIF-1α) and a previously characterized β subunit (HIF-1β) or aryl hydrocarbon receptor nuclear translocator (ARNT). Given that cellular HIF-1 levels and activity increased rapidly upon hypoxia, HIF-1 was assumed to be a key mediator of the cellular hypoxic response.² Twenty years later, knowledge about HIF-1 and other HIFs has increased dramatically in both quantity and complexity. One important focus of research has been on the relationship between nitric oxide (NO), a reactive nitrogen species (RNS) and important signaling molecule, and HIF-1. HIF-NO signaling has been implicated in many physiological and pathophysiological processes, which has served to further increase interest in their complex connection. This review will cover much of what has been learned since the identification of HIF-1, and address gaps in our understanding of HIF-1 and how it is influenced by and influences NO production.

HIF background

The HIF family consists of three α isoforms, HIF-1α, HIF-2α, and HIF-3α, and three β isoforms, ARNT, ARNT2, and ARNT3, most of which are subject to alternative splicing.³-⁶ All members of the HIF family are basic helix-loop-helix (bHLH) proteins containing two Per-ARNT-Sim (PAS) domains, PAS A and PAS B (Figure 1). The HIF-α isoforms contain an oxygen-dependent degradation domain (ODDD)
In normoxia, the ODDD of HIF-α is hydroxylated via prolyl hydroxylase domain (PHD) family proteins, ubiquitinated by von Hippel-Lindau protein (VHL), and subsequently degraded via the 26S proteasome.\textsuperscript{17,18} The PHD family has three members, and each play a unique role in regulating HIF-α levels, with PHD2 as the primary isofom controlling HIF-1α levels in normoxia. PHD2 is a 2-oxoglutarate (2-OG, or α-ketoglutarate) O\textsubscript{2}+-dependent enzyme with an oxidizable Fe\textsuperscript{2+} center, and is capable of hydroxylating both Pro564 and Pro402 of HIF-1α. After catalysis, ascorbate reduces the oxidized iron center back into the active state.\textsuperscript{19} Hydroxylation of HIF-1α allows the E3 ubiquitin ligase VHL to ubiquitinate HIF-1α at Lys532, Lys538, or Lys547. Ubiquitination of any of these sites targets HIF-1α to the 26S proteasome for degradation.\textsuperscript{20}

HIF-1α is modified in other ways besides proline hydroxylation, including acetylation, phosphorylation, asparagine hydroxylation, and S-nitrosylation. Most of these modifications are in the ODDD or activation domains of HIF-1α (Figure 2). In addition to proline hydroxylation by PHD, factor-inhibiting HIF-1α (FIH) hydroxylates Asn803 (851 in HIF-2α) in the CTAD during normoxia, which prevents HIF from binding transcriptional coactivator p300.\textsuperscript{21} Knockout studies indicate the CTAD of HIF is primarily responsible for metabolic gene induction.\textsuperscript{22} Mice lacking FIH have increased intracellular ATP, oxygen consumption, and tidal volumes, and have decreased body masses and EPO production during hypoxia, largely as a result of HIF-1 activity. Interestingly, this effect is also seen in neuron-specific knockouts, indicating that HIF-1 activity in one part of the body can induce widespread metabolic changes.\textsuperscript{23}

![Diagram](https://www.dovepress.com/)

**Figure 2** Post-translational modifications of HIF-1α.

**Notes:** HIF-1α is capable of being modified in many ways, and most modifications fall in the C-terminal half of the protein. HIF-1α is hydroxylated at Pro402 and Pro564 by PHD family members and at Asn803 by FIH.\textsuperscript{19} HIF-1α can be acetylated at Lys532 by Arrest-defective-1 protein (ARDD1), Lys674 by p300/CBP-associated factor (PCAF), and Lys709 by p300/CBP-associated factor (PCAF), and Lys709 by p300/CBP-associated factor (PCAF). HIF-1α is also phosphorylated at Ser641/3 by p42/44 mitogen-activated protein kinase (MAPK).\textsuperscript{87} S-nitrosylation of HIF-1α has been observed at Cys533 and Cys800.\textsuperscript{70,71} This figure does not include all known modifications of HIF-1α, but those most relevant to this review.

**Abbreviations:** HIF-1α, hypoxia-inducible factor 1α; PHD, prolyl hydroxylase domain; ARDD1, arrest-defective-1 protein; CBP, CREB-binding protein; PCAF, p300/CBP-associated factor; MAPK, mitogen activated protein kinase; PAS, Per-ARNT-Sim.
dependent dioxygenase, regulation of HIF-1 by FIH is also $O_2$-dependent. Because FIH has a lower $O_2 K_m$ than PHD2, there is a graded response to hypoxia based on HIF-1 NTAD and CTAD activity.\textsuperscript{23}

Hypoxia results in altered expression of over 1,000 mammalian genes due, in large part, to increased HIF-1 activity.\textsuperscript{24} ChIP-seq (chromatin immunoprecipitation) identified over 500 HIF-1 binding sites throughout the human genome, though not all are associated with altered gene expression.\textsuperscript{25} The genes under HIF-1 control are involved in a variety of cellular processes, with the cumulative goal of minimizing cellular damage from hypoxia and returning oxygen supply to cells and tissues (Table 1). To increase perfusion, HIF-1 induces vascular endothelial growth factor (VEGF) and VEGF receptor 1 (VEGFR1) production, which stimulates angiogenesis.\textsuperscript{26} HIF-1 also stimulates expression of inducible nitric oxide synthase (iNOS) to increase NO production, which leads to vasodilation and increased blood and oxygen delivery to cells by activating guanylyl cyclase and relaxing smooth muscle cells.\textsuperscript{27}

HIF-1 also engages multiple pathways to minimize damage from hypoxia. While it was initially thought that limited $O_2$ during hypoxia resulted in lower oxidative phosphorylation and ATP levels, this lowered respiration is actually attributable to HIF-1. HIF-1 induces expression of several metabolic enzymes, including glycolytic enzymes and pyruvate dehydrogenase kinase 1 (PDK1). PDK1 phosphorylates and inactivates pyruvate dehydrogenase, thus preventing pyruvate from entering the TCA cycle and switching cellular energy production from respiration to glycolysis.\textsuperscript{28} HIF-1 also inhibits $\beta$-oxidation of fatty acids and promotes mitophagy, both of which further limit respiratory activity.\textsuperscript{29,30}

The HIF-1 heterodimer is capable of interacting with many proteins. The bHLH of HIF-α and HIF-β allow HIF to bind to DNA, but interaction with p300 or CREB-binding protein (CBP) is necessary for full induction HIF-1 and HIF-2 target genes. Although p300/CBP interacts with the CTAD/TAD of HIF, it increases expression of both CTAD and NTAD target genes.\textsuperscript{32} HIF-1 also interacts with the tyrosine kinase Src in a multitude of ways, including direct binding of Src to complexed HIF-1α-HIF-1β-p300.\textsuperscript{31} Regardless of the manner in which it interacts with HIF, Src is necessary for VEGF production and the full response to hypoxia.\textsuperscript{32,33}

Table 1 A representative list of proteins whose expression is regulated by HIF-1

<table>
<thead>
<tr>
<th>Pathway</th>
<th>Proteins involved</th>
</tr>
</thead>
<tbody>
<tr>
<td>Angiogenesis</td>
<td>VEGF-A, PDGFA, VEGFR-1</td>
</tr>
<tr>
<td>Cell survival</td>
<td>Met, IGF-2, IGFBP-1</td>
</tr>
<tr>
<td>Apoptosis</td>
<td>BNIP3, NOXA, PDK, PGK1, GAPDH, HK2</td>
</tr>
<tr>
<td>Metabolism</td>
<td>GLUT1, HO-1</td>
</tr>
<tr>
<td>Secreted factors</td>
<td>TGFβ1, TGFβ2, EPO</td>
</tr>
<tr>
<td>HIF regulation</td>
<td>PHD3</td>
</tr>
<tr>
<td>NO production</td>
<td>iNOS, COX4-2</td>
</tr>
<tr>
<td>Autophagy</td>
<td>BNIP3</td>
</tr>
</tbody>
</table>

Notes: Many of these processes are influenced by factors outside of HIF-1 regulation. For example, although apoptotic and prosurvival proteins are induced by HIF-1, the environment in which they are expressed will ultimately determine whether HIF-1 promotes apoptosis or survival.

Abbreviations: HIF-1, hypoxia-inducible factor 1; VEGF-A, vascular endothelial growth factor A; VEGF-1, VEGF receptor-1; IGF-2, insulin-like growth factor 2; PDGFA, platelet-derived growth factor subunit A; IGFBP-1, insulin-like growth factor binding protein-1; iNOS, inducible nitric oxide synthase; BNIP3, BCL2/adenovirus E1B 19 kDa protein-interacting protein 3; NOXA, phosphol-12-myristate-13-acetate-induced protein 1; PHD3, polyhydroxylase domain 3; PDK, pyruvate dehydrogenase kinase; PGK1, phosphoglycerate kinase 1; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; HK2, hexokinase 2; GLUT1, glucose transporter 1; HO-1, heme oxygenase 1; TGFβ, transforming growth factor β; TGFβ1, transforming growth factor β1; EPO, erythropoietin.

Two distinct cellular pathways for nitric oxide synthesis

Nitric oxide and reactive nitrogen species derived from it are important signaling molecules that function in several different biological pathways and pathologies including: systemic blood pressure, the upregulation of hypoxic genes (hypoxic signaling), the regulation of stress response pathways, host–microbe interactions, immune signaling, and apoptosis.\textsuperscript{35–42} It is important to emphasize that cells have two distinct pathways for NO synthesis, and that these pathways can function differentially in HIF signaling.

L-arginine-dependent NO synthesis by nitric oxide synthases (NOS)

Until recently, the three isozymes of nitric oxide synthase (NOS) – endothelial (eNOS), inducible (iNOS), and neuronal (nNOS) – were thought to be the major intracellular sources of cellular NO. Both eNOS and nNOS are expressed constitutively and are activated by calcium (Ca\textsuperscript{2+}), while the expression of iNOS is inducible. These enzymes catalyze L-arginine-dependent NO synthesis in the presence of NAD(P) and oxygen (Equation 1). Although the L-arginine NOS pathway is oxygen-dependent, the precise oxygen
Nitrite-dependent NO synthesis by mitochondrial cytochrome c oxidase

It is now clear that cells have a second pathway for NO synthesis. This pathway involves the reduction of nitrite (NO$_2^-$) to NO and is catalyzed by a handful of heme-containing proteins (Equation 2). These include: hemoglobin, myoglobin, xanthine oxidase, P450. cytochrome c oxidase, and, under some conditions, cytochrome c. Interest in this NOS-independent route for biological NO synthesis is growing because O$_2$ is now considered to be a circulating reservoir for NO in mammals and because of the potential therapeutic applications of this alternative route for NO synthesis. As mentioned, one of the enzymes that functions to convert O$_2$ to NO is mitochondrial cytochrome c oxidase (Cco), in a reaction that has been designated Cco/NO. As the terminal member of the mitochondrial electron transport chain, Cco uses electrons derived ultimately from a reduced metabolite to convert O$_2$ to NO at physiological pH and O$_2^-$ concentrations. NO produced by Cco/NO has been reported to participate in hypoxic gene induction in both yeast and mammalian cells and may be involved in the metabolic reprogramming that accompanies the increased longevity brought about by dietary restriction. In addition, given that some of the NO produced by Cco/NO is released from human endothelial cells and that heme proteins in blood vessel walls catalyze O$_2^-$-dependent NO synthesis and vasorelaxation of aortic rings, it is possible that Cco/NO produced-NO also functions in vasodilation.

\[
2 \text{L} - \text{Arginine} + 3 \text{NADPH} + 3\text{H}^+ + 4\text{O}_2 \rightarrow 2 \text{NO} + 2\text{L} - \text{Citrulline} + 3 \text{NADP}^+ + 4 \text{H}_2\text{O} 
\]  

(1)

**Differential regulation of the two pathways for NO synthesis**

These two pathways for NO synthesis are differentially regulated by oxygen. While the arginine-dependent pathway is optimal at high oxygen levels and is oxidative, the O$_2^-$-dependent pathway is favored by low oxygen levels and is reductive (Figure 3). This indicates that tissue oxygen concentrations can regulate which pathway is active and under what conditions. However, other factors can regulate these two pathways for NO synthesis as well (Table 2). For example, the arginine-dependent pathway can be regulated by the arginine analogs N$^l$-methyl-l-arginine (ADMA) and N$^l$-dimethyl-l-arginine (l-NMA), as well as calcium. And the Cco/NO pathway is regulated by both subunit isoform switching and by the ratio of ADP to ATP (Castello et al., unpublished). Cco is a genetic chimera composed of three polypeptide subunits encoded on mitochondrial DNA and 6–9 subunits encoded on nuclear DNA. While the mitochondrially-encoded subunit polypeptides make up a core that contains the catalytic center of the enzyme, the nuclear-encoded subunit polypeptides function in the assembly of the holoenzyme or in regulating its catalytic activity. Both yeast and mammalian Cco have

![Figure 3 A model for the effects of oxygen on arginine and O$_2^-$-dependent NO synthesis.](https://www.dovepress.com/)

**Notes:** Nitrite-dependent NO synthesis is favored at low O$_2$ levels while the arginine-dependent pathway for NO synthesis is favored at high O$_2$ levels. **Abbreviation:** NO, nitric oxide.

### Table 2 Positive and negative regulators of NO production

<table>
<thead>
<tr>
<th>Regulators of activity</th>
<th>NOS</th>
<th>O$_2^-$-dependent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive</td>
<td>Negative</td>
<td>Positive</td>
</tr>
<tr>
<td>O$_2$</td>
<td>NO</td>
<td>O$_2^-$</td>
</tr>
<tr>
<td>L-Arginine</td>
<td>ADMA</td>
<td>H$^+$</td>
</tr>
<tr>
<td>Ca$^{2+}$</td>
<td>l-NMA</td>
<td>ADP$^+$</td>
</tr>
<tr>
<td>H$^+$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NADPH</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Notes:** Arginine and O$_2^-$-dependent NO production each have various activators and inhibitors. In addition to positive and negative feedback by substrates and products, NOS is inhibited by the arginine analogs ADMA and l-NMA, and nNOS and eNOS are induced by increases in Ca$^{2+}$. O$_2^-$-dependent reactions are also subject to feedback regulation. Cco/NO activity is dependent on which subunit 5 isoform is present – 5a or 5b (yeast) – and ATP/ADP levels. High ADP increases Cco/NO activity, while high ATP inhibits it. Denotes Cco/NO specific regulators of activity. 

**Abbreviations:** NO, nitric oxide; Ca$^{2+}$, calcium; NADPH, nicotinamide adenine dinucleotide phosphate; ADMA, N$^l$-dimethyl-l-arginine; l-NMA, N$^l$-methyl-l-arginine; NOS, nitric oxide synthase; O$_2$, nitrite; COX5a, yeast cytochrome c oxidase subunit 5 isoform a; COX5b, yeast cytochrome c oxidase subunit 5 isoform b; O$_2^-$, oxygen; ATP, adenosine triphosphate; ADP, adenosine diphosphate.
Mitochondrial signaling – free radicals and HIF signaling

It has long been known that mitochondria, and the free radicals they produce, function in cell signaling pathways and a variety of cellular processes, including nuclear gene expression, hypoxic signaling, cancer and normal cell proliferation, inflammation, autophagy, stem cell differentiation, and aging. The type of mitochondrial free radical produced is largely dependent on oxygen concentration (Figure 4). Under normoxic conditions (20–130 μM O₂), superoxide (O₂⁻) and hydrogen peroxide (H₂O₂) are prevalent, under hypoxic conditions (20–2 μM O₂), peroxynitrite (ONOO⁻; formed through the reaction of NO with O₂⁻) is prevalent, and under anoxic conditions (less than 2 μM O₂), NO is prevalent. As shown in Figure 4, each of these free radicals can modify proteins that affect HIF-1α stability and activity.

Several studies have implicated the mitochondrial respiratory chain in the induction of hypoxic genes (hypoxic signaling) when cells experience hypoxia and have proposed that increased mitochondrial free radical production by hypoxic mitochondria is involved. As yet, the mitochondrial free radical(s) involved in hypoxic signaling has (have) not been conclusively identified. Early evidence suggested the involvement of superoxide produced by complex III. However, this is unlikely because the rate of superoxide production decreases with oxygen concentration and recent studies have reported that neither complex III nor free radicals generated by complex III in hypoxic cells are required for HIF-1α stability. So, although it is well documented that cells exposed to hypoxia experience a transient increase in oxidative stress, it is not likely that ROS alone are involved. Indeed, it is more likely that the increase in oxidative stress in hypoxic cells is due to increased NO and RNS (including ONOO⁻) generated by mitochondrial Cco/NO. It is now clear that Cco is sufficient for stabilization of HIF-1α, that cell and tissue NO levels increase in hypoxic cells and tissues, that Cco/NO is at least partially responsible for this increase, and that this NO helps stabilize HIF-1α. Ways in which this NO can stabilize HIF-1α or affect the activity of HIF-1 are discussed in the following section.

NO stabilizes HIF

NO is capable of modifying hundreds of proteins within the cell, including those involved in HIF-1α regulation (Figure 5). Although the majority of reports indicate that NO stabilizes HIF-1α, some reports suggest that it does not. These conflicting reports are most likely a result of different methodologies and cellular conditions. Although several early studies reported that NO destabilizes HIF-1α, these studies used exogenous NO donors. This is problematic...
because each NO donor has a different release profile, and it is unclear if the NO released from these donors was in the physiological range. Additionally, some donors, such as sodium nitroprusside, do not release NO, but rather facilitate transnitrosation, and should therefore be excluded from studies on nitrosylation. More recent papers have revealed a more complex picture. It now appears that short-term exposure to NO stabilizes HIF-1α while chronic exposure to NO destabilizes HIF-1α. There is also evidence that NO can have different effects on HIF-1α stability in hypoxia versus normoxia, with low levels of NO stabilizing HIF-1α in hypoxia and high levels stabilizing it both in hypoxia and normoxia. It is important to emphasize that both NOS and heme-containing proteins such as Cco can produce NO, and that both arginine and O2 derived NO have been implicated in the stabilization of HIF-1α.

There are several possible ways in which NO can stabilize HIF-1. Cys533 and Cys800 of HIF-1α are both susceptible to cysteine nitrosylation. Cys533-SNO allows HIF-1α to escape normoxic degradation by preventing VHL from ubiquitinating HIF-1α. The consequences of nitrosylation at Cys800 are not yet clear. Some experiments show increased transcriptional activity as a result of Cys800-SNO, while others show a decreased interaction with p300, which would result in decreased transcriptional activity. NO can also inhibit PDH activity through nitrosylation of cysteine residues or by binding the catalytic iron. The ability of NO to bind the iron center of PHD appears to be affected by the concentration of 2-OG, because inhibition is only seen when 2-OG is unbound, indicating the metabolic status of the cell can alter the effects of NO on HIF-1α stability. FIH also appears to be inhibited by NO, and the mechanism is likely similar to that of PHD. Nitrosylation of Cys162 in VHL prevents it from ubiquitinating hydroxylated HIF-1α. Finally, NO can both directly and indirectly inhibit 26S proteasome activity, though indirect is likely the predominant mechanism, as direct inhibition only occurs at physiologically irrelevant NO concentrations. Although it has been reported that protein tyrosine nitration increases transiently upon cell exposure to hypoxia, to our knowledge, there is currently no data to suggest that HIF-1α is tyrosine-nitrated, via ONOO−, under hypoxia.

NO can also stabilize HIF-1α via the PI3K/Akt signaling pathway. S-nitrosylation of Ras-Cys118 increases its activity, resulting in active PI3K/Akt signaling. PI3K/Akt signaling then increases HIF-1α expression and prevents its degradation through increased heat shock protein expression and also leads to phosphorylation and activation of eNOS. The increase in NO availability could then facilitate nitrosylation of HIF-1α, PHD2, or VHL, providing another means by which increased PI3K/Akt can increase HIF-1α stability. PI3K can also interact with protein kinase Cζ to decrease FIH mRNA levels and increase HIF-1 transcriptional activity.

Finally, nitrosylation affects proteins that modify HIF-1α. HIF-1α is acetylated at numerous sites by different acetyl transferases (Figure 2). The cofactor p300 complexes with HIF-1 and increases transcriptional activity though numerous mechanisms, including acetylation of Lys709 of HIF-1α. This acetyl transferase activity can be indirectly induced by NO through GAPDH-SNO, which then promotes p300 auto-acetylation and activity. Another way GAPDH-SNO influences HIF-1α acetylation is by transnitrosylating and inhibiting Sirtuin 1 (SIRT1). Although SIRT1 deacetylates HIF-1α, the site and functional effects of this interaction are unclear, as conflicting reports have been published. HIF-1α is also phosphorylated at Ser641/3 by p42/44 MAPK, which increases HIF-1 nuclear localization and activity. NO signaling via cGMP causes a rapid induction of p42/44 MAPK, and NO-dependent inhibition of phosphatases allows prolonged MAPK signaling.

As is easily seen in Figure 5, many upstream pathways induce NO production and increase intracellular NO levels, which can stabilize HIF-1α and increase transcription of its target genes. Interestingly, two of these proteins, COX4-2 and iNOS, function in NO synthesis. This places NO both...
upstream and downstream of HIF-1 signaling and intricately ties the two signaling pathways together.

**HIF-NO signaling in physiology**

Both HIF-1 and NO are essential for several cellular processes (Figure 6). Many physiological functions supported by NO will also have a role for HIF-1 and vice versa. These processes are discussed below.

**HIF-NO in development**

Knockout studies in mice have shown that HIF-1 is vital to development.90 Mice lacking HIF-1 die as embryos, with severe defects in the cardiovascular system and neural tube and large amounts of mesenchymal stem cell death. Stem cells in general are regulated by HIF-1 signaling and O2 levels.90 Oxygen gradients can guide stem cell migration, but embryonic stem cells and numerous adult stem cell populations actually grow more efficiently under hypoxic conditions, and a lack of HIF-1 negatively affects chondrogenesis, adipogenesis, and hematopoiesis due to a lack of vasculature and increased apoptosis. NO is also known to support stem cell functioning, partially due to its interaction with HIF-1. β-adrenergic receptor signaling promotes NO production and vasculogenesis in embryonic stem cells, and the use of β-blockers during pregnancy could potentially interfere with this important pathway.68,92

**HIF-NO in angiogenesis**

HIF-1 and NO continue to support angiogenesis past development. Following injury, the tissue surrounding the wound becomes quite hypoxic, which induces HIF-1 activity to promote revascularization of the wound and prevent cellular death.93 NO is vital to healing wounds that sustain continued injury, likely by supporting HIF-1 stability and activity which then increases blood flow to the area.94 In case of repeated injury, inflammatory cytokines, such as interleukin-1β (IL-1β) or tumor-necrosis factor-α (TNF-α), stimulate NO production through either PI3K/Akt/HIF-1 or NFκB, which induces iNOS expression. This induction of HIF-1 then allows for revascularization of the wound, which expedites healing.95,96 NO production is also stimulated by estradiol-17β (E2). E2 signals through the estrogen receptors (ER), resulting in PI3K/Akt-mediated phosphorylation of eNOS.97 While this activity is fundamental to uterine growth and angiogenesis following menstruation, E2-NO-HIF signaling can also impact the vascular system in distal parts of the body.98,99 Finally, acetylcholine (Ach) signaling via mAChR in cardiomyocytes results in NO-dependent HIF-1 stabilization, again using PI3K/Akt-mediated eNOS phosphorylation.67,100 This HIF-1 activity maintains cardiac function in response to stress not only by inhibiting TGF-β signal transduction but also by promoting angiogenesis to relieve pressure on the heart.101,102

**HIF-NO in the immune system**

HIF-1 has important noncanonical roles in physiology. One such example is trained immunity, where myeloid cells adapt to current infections in order to prevent secondary infections. During trained immunity in primary human monocytes, there is a marked increase in glycolysis as a result of HIF-1 activity, as induced by PI3K/Akt/mTOR. This increase in glycolysis and the resulting changes to the cell are a fundamental part of trained immunity, as rapamycin, an inhibitor of mTOR, prevents the shift toward glycolysis and training in monocytes. This training can be initiated by β-glucan signaling, which is known to increase NO production.103 Another way HIF-1 and NO can affect the immune system is by aiding the innate immune system in fighting infections by numerous bacteria, including *Mycobacterium tuberculosis* (Tb).104 Priming of white blood cells by NO prior to Tb infection stabilized HIF-1α, and leukocytes that had been exposed to NO were then more effective at killing bacteria and preventing infection, due to iNOS induction.105 NO can then kill Tb cells by multiple mechanisms, including induction of apoptosis.106

**HIF-NO in apoptosis/cell survival**

HIF-1 can induce apoptosis or promote cellular survival. Which pathway HIF-1 affects is dependent on the cell type and microenvironment, and NO is a crucial determinant. In support of apoptosis, HIF-1 induces expression of BNIP3, a proapoptotic Bcl-2 family protein, while also stabilizing p53.107 Both of these actions can be induced by exposure to NO, likely due to its stabilization of HIF-1α.108,109 Oppositely,
NO can nitrosylate procaspase-3, which prevents cleavage and activation, and therefore apoptosis.\textsuperscript{110} NO can also signal to nearby cells and induce HIF-1 and EPO production, which is neuroprotective.\textsuperscript{111} Concentration and duration of NO exposure seem to be decisive in determining whether NO has a pro- or antiapoptotic effect.\textsuperscript{112,113} However, O\textsubscript{2} levels also likely play a role, as signaling from ONOO\textsuperscript{•} can have a very different outcome than NO signaling, with much of the apoptotic effects previously attributed to NO actually being the result of increased ONOO\textsuperscript{•}.\textsuperscript{114} Unfortunately, ROS levels were not measured in many publications looking at NO in apoptosis, so it is difficult to determine if it is in fact the differentiating factor.

**HIF-NO in autophagy/mitophagy**

While BNIP3 is known for its role in apoptosis, it can also induce autophagy.\textsuperscript{115} Autophagy is a way for cells to take in damaged structures and use the recycled materials for energy production. In hypoxia, autophagy of mitochondria, or mitophagy, serves as a source of nutrients and also decreases ROS production by eliminating damaged mitochondria that have increased electron leakage.\textsuperscript{116} In addition to promoting mitophagy, HIF-1 modulates expression of components of oxidative phosphorylation. HIF-1 increases the expression of COX4-2, while also increasing COX4-1 degradation through increased expression of the protease LON. COX4-2 increases electron transfer rates, which decreases the rate of ROS production while simultaneously increasing ATP production.\textsuperscript{37,89} As a paralog of yeast COX5b, mammalian COX4-2 is also likely to increase NO synthesis by Cco/NO (see “Nitrite-dependent NO synthesis by mitochondrial cytochrome c oxidase” section).

**HIF-NO in aging**

There is evidence that HIF-1 lowers the expression of mitochondrially-encoded proteins by inhibiting Myc and decreasing the activity of mitochondrial transcription factor A (TFAM), a factor necessary for expression of mitochondrial genes. This process involves a decrease in SIRT1 activity leading to a decrease in VHL functioning, and is dependent on AMP-activated protein kinase (AMPK) switching away from a peroxisome proliferator-activated receptor \( \gamma \) coactivator 1\( \alpha/\beta \) (PGC-1\( \alpha/\beta \))-dependent mechanism of mitochondria biogenesis. This occurs during hypoxia, but it also seems as though it can be induced by an increase in NADH:NAD\(^+\), resulting in a “pseudohypoxic” state. This pseudohypoxic state develops as cells age and is claimed to be causative of the decrease in mitochondrial function that is central to aging.\textsuperscript{117}

However, the role of HIF-1 in aging is not so simple, and there is an abundance of contradictory information. As mentioned, there is evidence that SIRT1 both activates and inhibits HIF-1 by deacetylating HIF-1\( \alpha \) and affecting the ability of p300 to bind.\textsuperscript{85,86} In addition, HIF-1 decreases PGC-1\( \beta \) expression, though again as a result of decreased Myc activity, and TFAM levels were seen to be unchanged by fluctuations in HIF-1 or Myc activity.\textsuperscript{118} In *Caenorhabditis elegans*, both stabilization and deletion of HIF-1 increase lifespan, though each one by different methods. Constitutive HIF-1 stabilization decreased damage from oxidants and heat in a manner that did not rely on Forkhead box O (FOXO) or nuclear factor-like 2 (NRF2), which are both archetypal longevity proteins. Loss of HIF-1, however, increased lifespan in a FOXO and NRF2-dependent manner.\textsuperscript{119} Similarly, another group found that *C. elegans* HIF-1 knockouts had increased lifespan under nonrestricted diets, but when calorically restricted (CR), loss of HIF-1 decreased the lifespan extension typically conferred by CR, indicating HIF-1 may play an important role in the mitohormesis necessary for CR-dependent lifespan elongation.\textsuperscript{120}

How does NO then relate to HIF-1 and aging? As mentioned, low levels of NO signal to the cell and induce an antioxidant response, while large amounts, especially during normoxia, causes a great deal of damage via ONOO\textsuperscript{•}. However, NO is also known to induce mitochondrial biogenesis by nitrosylation and activation of PGC-1\( \alpha \), and is vital to lifespan elongation by CR.\textsuperscript{121} Increased NO alone can increase lifespan in *C. elegans* and yeast by activating cellular stress defenses and increasing mitochondrial biogenesis.\textsuperscript{50,122} Ultimately, whether HIF-1 and NO promote apoptosis versus survival or premature aging versus longevity seems to be dependent on the duration of HIF-1 stabilization, NO concentration, and the cellular microenvironment, specifically in regards to nutrient availability.\textsuperscript{123,124}

**HIF-NO signaling in pathophysiology**

HIF-1 dysregulation underlies many different pathologies, including cancer, neurodegenerative disease, and ischemia/reperfusion.

**HIF-NO and cancer**

Solid tumors have long been known to be quite hypoxic, and an important step in tumor growth and metastasis is tumor vascularization, a process facilitated by HIF-1.\textsuperscript{125} However, even normoxic tumors can have HIF-1-dependent VEGF expression, likely due to stabilization from NO. Colon adenomas expressing iNOS had higher levels of VEGF, and this then correlated with...
an increased chance of progression to carcinoma. In addition, breast cancer tissues show a higher level of iNOS and eNOS activity, especially in highly invasive tumors.

The relationship between HIF, NO, and cancer is not so simple, in part due to the complexities explored previously (Figure 6). As mentioned, HIF-1 activity halts cell cycle progression by suppressing Myc and can also initiate apoptosis through BNIP3 expression and increased p53 activity, activities considered to be tumor-suppressive. NO is also known to be antiproliferative, part of which is attributable to it sequestering E2F and decreasing Myc activity. Renal clear cell carcinoma is the cancer most frequently associated with HIF-1, as VHL deficiency is often central to renal clear cell carcinoma development. However, an examination of the contributions each HIF isoform makes in carcinogenesis revealed that HIF-1 slowed tumor growth while HIF-2 promoted it. In breast cancer, it was seen in multiple studies that HIF-1 stabilization in cancer-associated fibroblasts increased tumor growth while HIF-1 stabilization in breast cancer cells decreased growth. This has been attributed to HIF-1 halting the cell cycle and promoting autophagy.

Of course, HIF-1 stabilization is not sufficient for cancer, and accompanying mutations may dictate whether HIF-1 and NO play a predominantly oncogenic or tumor-suppressive role. For example, if p53 is nonfunctional, it is in many tumors, then it is irrelevant that HIF-1 and NO promote p53 accumulation and the balance may tip toward oncogenesis (Figure 7). Similarly, if Myc is mutated such that HIF-1 and NO no longer dampens its activity then the cumulative action of HIF-NO may be cancer promoting. As with aging, whether HIF-1 and NO promote tumor survival and metastasis or slow tumor growth comes down to microenvironment. While autophagy slows growth in cancer cells, it also allows survival until blood flow is restored when tumor cells are very hypoxic. In addition, autophagy induced by hypoxia and nutrient deprivation during chemotherapy contributes to the resistance of certain cancers to treatment by decreasing cellular uptake of chemotherapeutic molecules. On the other hand, increased angiogenesis allows increased delivery of chemotherapeutic molecules, which would increase the efficacy of chemotherapy. Similarly, subcutaneous astrocytomas that do not express HIF-1 or VEGF necrotize due to prolonged hypoxia and nutrient deprivation, whereas intracranial astrocytomas lacking HIF-1 or VEGF migrate to higher O2 concentrations to survive. These differential effects of HIF-1 are likely a product of the large number of pathways HIF-1 can affect, and the circumstances under which HIF-1 is acting.

**HIF-NO and neurodegenerative disease**

Another subset of diseases that may be exacerbated by HIF-NO signaling is neurodegenerative diseases. In Alzheimer disease (AD), β-amyloid (Aβ) can stimulate IL-1β and TNFα production, which in turn stimulate iNOS expression through NFκB and PI3K/Akt/HIF-1. This increased NO production, coupled with the increased O2 seen in AD, will form ONOO− which can then cause severe damage and potentially lead to apoptosis. There is also a tentative link between AD and intermittent hypoxia, which causes HIF-1α accumulation, indicating HIF-1 could contribute to the genesis of AD. Hypoxia promotes Aβ plaque formation, due to a HIF-1α-dependent increase in β-secretase expression, which together with γ-secretase cleaves β-amyloid precursor protein (APP) into Aβ.

Alternatively, a lack of HIF-1 may contribute to pathogenesis by decreasing aerobic glycolysis, which has an important function in neuronal development and remodeling. NO from distal cells enhances aerobic glycolysis in the brain by inducing HIF-1α accumulation, which then increases expression of glycolytic enzymes. In AD, there is a decrease in aerobic glycolysis concomitant with...
an increase in Aβ deposition in key areas of the brain most affected by AD, including the default mode network. Aerobic glycolysis is neuroprotective, in part due to the increase in NADH that allows continual glutathione reduction and maintenance of cellular redox state and also due to the high lactate production. Lactate itself is quite important to normal brain function, as it can improve memory formation, provide a readily available source of energy, and also improve cerebral blood flow, likely through a positive feedback mechanism with HIF-1. In fact, HIF-1 expression alone seems to have neuroprotective properties, and prevents Aβ-induced cell death. On a larger scale, decreased cerebral blood flow, which is associated with increased severity of various dementias, including AD, can be increased by dietary nitrate, which can be converted to O₃ and then NO by O₂-dependent NO synthesis.

**HIF-NO and ischemia-reperfusion**

HIF-NO signaling is important for minimizing oxidative damage and infarct size following an ischemic attack and subsequent reperfusion, especially in relation to pre-/postconditioning. While there is minimal ROS production during prolonged ischemia, upon reperfusion there is a large burst of ROS production, which contributes to the massive cell death following an ischemic attack. Ischemic preconditioning involves cutting blood flow for several minutes and reperfusing prior to the prolonged ischemic event, while postconditioning involves several cycles of brief ischemia-reperfusion following prolonged ischemia. HIF and NO have both been implicated in the mechanism underlying the protective effects of pre- and postconditioning. L-arginine supplementation during postconditioning resulted in significantly decreased infarct size and cognitive deficits following global cerebral ischemia in mice. In kidneys, the beneficial effects of preconditioning were found to be a result of Akt activation of eNOS, which then stabilized HIF-1, and all benefits of preconditioning were abolished when this pathway was inhibited at any level. HIF-1 can then decrease ROS production upon reperfusion by altering mitochondrial metabolism, increasing adenine nucleotides, and also by inducing small levels of ROS production that then elicit an antioxidant response. Cumulatively, this results in cells producing less ROS upon reperfusion and also being adequately prepared for an oxidative insult.

**Targeting HIF-NO in therapies**

Because there are diseases associated with both increased and decreased HIF-NO signaling, there is a need for therapeutics that decrease and increase HIF-NO signaling, respectively. While NO does affect HIF-1 activity, it has a plethora of other effects as well, so therapeutics that systemically increase NO levels have limited application. As mentioned, L-arginine supplementation during ischemic postconditioning reduces damage following cerebral ischemia, and may also help following cardiac ischemia. L-arginine or nitrate/nitrite supplementation can also increase global blood flow, and may help diseases or disease-associated complication resulting from O₂ or nutrient deprivation. This includes peripheral diabetic neuropathy, diabetic lesions, and vascular dementias and other neurodegenerative diseases exacerbated by inadequate blood flow. Near-infrared light can also stimulate Cco-NO activity, and this approach to increasing NO production would prevent systemic increases in NO production. This is especially relevant to diabetes, where NO production could help peripheral neuropathy and ulcer healing. However, it could promote diabetic retinopathy by increasing ocular angiogenesis. But again, increasing NO production is nonspecific and targeting pathways downstream of NO, such as HIF-1, is more viable and would minimize undesirable side effects.

HIF-1 activity can be therapeutically affected by altering the activity of PHD2, VHL, or any or HIF-1’s other effectors. A recent study exploring the safety and efficacy of a PHD inhibitor in peripheral artery disease, which is defined by insufficient peripheral blood flow, found the therapy to be ineffective, although this may be due to the short duration of treatment. There is also interest in using PHD inhibitors during ischemia, which has shown to be quite effective in animal models but has not yet undergone clinical trials. However, it is important to note that drugs that affect PHDs still may not be specific to HIF-1, as PHD inhibition will also likely increase HIF-2 and HIF-3 stability. This is especially relevant to cancer therapeutics, where HIF-1 and HIF-2 can have profoundly different effects on tumor aggressiveness.

Targeting the downstream oncogenic activities of HIF-1 or HIF-2 may be the most successful course of action in developing cancer therapeutics, as it will prevent blocking the tumor-suppressive activities associated with increased HIF-1 activity. While anti-VEGF signaling therapies have been explored and can be quite effective, especially in conjunction with fibroblast growth factor signaling inhibitors, many tumors can evade treatment by inducing other pathways that ultimately increase migration. This harkens back to the importance of microenvironment in determining the effect of a HIF-1 or VEGF knockout on tumor progression. A more complete understanding of the factors that dictate these differential responses will lead to more effective cancer therapies.
Conclusion
In the past 20 years, HIF-1 has gone from being a key factor in hypoxia to a key factor involved in several normoxic and hypoxic pathways and pathologies. Because HIF-1 is involved in so many pathways and can directly and indirectly affect expression of over 1,000 genes, an understanding of its regulation is paramount to understanding its role in physiology and pathophysiology. Cellular NO levels and NO signaling are important components of HIF-1 stabilization and signaling, so understanding the intricacies of their formation and targeting within the cell is important. An outline for the crosstalk between NO and HIF signaling has just begun to emerge. Going forward, it will be important to examine: the contributions of both arginine and O₂-dependent pathways for NO synthesis to HIF-1 function under hypoxic and normoxic conditions; the roles of cysteine nitrosylation and tyrosine nitration in HIF-NO signaling; and the relationship between NO posttranslational modifications and other posttranslational events that are involved in HIF-1 signaling. With an increased understanding of mechanisms underlying these processes, more accurate and effective therapies can be developed for the growing number of diseases influenced by HIF-NO signaling.

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