Circulating thymus and activation-regulated chemokine/CC chemokine ligand 17 is a strong candidate diagnostic marker for interstitial lung disease in patients with malignant tumors: a result from a pilot study

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Introduction: Serum Krebs von den Lungen-6 (KL-6) level is an established diagnostic marker of interstitial lung disease (ILD). However, it is also elevated in patients with non-small cell lung cancer (NSCLC). The significance of circulating thymus and activation-regulated chemokine (TARC)/CC chemokine ligand 17 (CCL17) in malignant diseases remains unknown.

Methods: We measured circulating TARC/CCL17 and KL-6 using enzyme-linked immunosorbent assay and electrochemiluminescence immunoassay, respectively, in 26 patients with malignant disease and six patients with benign lung disease (BLD). The cutoff levels were 500 U/mL for KL-6 and 450 pg/mL for TARC/CCL17. The significance of the markers was evaluated in relationship to the presence of ILD (n=10). The statistical significance was set at P<0.05.

Results: The KL-6 positive ratio was significantly higher in the patients with NSCLC (n=17) than in those with BLD. There was a significant difference in the KL-6 positive ratio between the patients with NSCLC without ILD and those with BLD without ILD. However, there were no significant differences in the TARC/CCL17 positive ratio between the patients with NSCLC and BLD or between those with NSCLC without ILD and those with BLD without ILD. The TARC/CCL17 positive ratio was significantly higher in the patients with malignancy and ILD than in those without ILD. There was also a significant difference in the TARC/CCL17 positive ratio between the patients with NSCLC without ILD and those with ILD.

Conclusion: TARC/CCL17 may be useful for the diagnosis of ILD in patients with malignancies. Confirmation of the results is warranted through a large-scale study.

Keywords: thymus and activation-regulated chemokine/CC chemokine ligand 17, Krebs von den Lungen-6, interstitial lung disease, biomarker

Introduction
Most anticancer drugs have the potential to induce pulmonary toxicity in the lung parenchyma, airways, pleura, and pulmonary circulation. Interstitial lung disease (ILD) is not uncommon, ranging from reversible benign pulmonary infiltration to life-threatening acute respiratory distress syndrome. The mainstay of treatment for drug-induced ILD is to first identify and eliminate the causative agent as soon as possible. The clinical patterns differ depending on the patient’s illness and drug-related factors, including the type of drug. Because more comprehensive insights into the mechanisms involved in the development of drug-induced ILD, aside from our knowledge regarding the risk factors, are yet to be clarified, the establishment of reasonable early diagnostic methods is...
crucial. ILD, including idiopathic pulmonary fibrosis (IPF), is strongly associated with increased lung cancer risk. Although chest high-resolution computed tomography (HRCT) is a powerful diagnostic tool for ILD, the risk of developing radiation-induced cancer following computed tomography screening is a concern for people without malignancies. Thus, convenient diagnostic markers in serum are necessary.

Krebs von den Lungen-6 (KL-6), a human MUC1 mucin, has been extensively investigated by Kohno et al. Surfactant protein-D (SP-D) and surfactant protein-A (SP-A) belong to the collectin subgroup of the C-type lectin superfamily. KL-6, SP-A, and SP-D are regarded as type II pneumocyte biomarkers and have been shown to correlate with clinical manifestations of IPF and inflammation and reflect the disease status of various ILDs.

Previous studies have shown that circulating KL-6 level was elevated in patients with non-small cell lung cancer (NSCLC), although the cellular origin of circulating KL-6 and the mechanism of its increase in serum have not been clearly demonstrated. Thus, KL-6 may not be useful as an early diagnostic biomarker of ILD in patients with NSCLC.

Thymus and activation-regulated chemokine (TARC)/CC chemokine ligand 17 (CCL17), a functional ligand for CC chemokine receptor type 4, was reported to be elevated in the bronchoalveolar lavage fluids of patients with acute eosinophilic pneumonia (AEP). In addition, serum levels of TARC/CCL17 have been shown to be elevated and associated with the disease activity of AEP; allergic diseases, such as atopic dermatitis and bronchial asthma; and lymphoid malignancies, such as classical Hodgkin’s lymphoma and mycosis fungoides.

TARC/CCL17 in sera was thought to reflect in situ immunological reactions induced by Th2 cytokines in various diseases. The pathological presentation of AEP sometimes closely resembles that of acute lung injury/acute respiratory distress syndrome, including its idiopathic form; acute interstitial pneumonia; and drug-induced ILD. Furthermore, it has been shown that TARC/CCL17 predominantly localized to the epithelial cells in a mouse model of bleomycin-induced fibrosis and in human IPF lung tissue. These previous reports suggest that TARC/CCL17 can be a biomarker for the detection or pretreatment of drug-induced ILD.

In this study, we evaluated the possibility of using TARC/CCL17, compared with KL-6, SP-D, and SP-A, for the diagnosis of ILD.

Materials and methods

Study population

We recruited 32 patients (age: 51–88 years, 18 males and 14 females, mean ± standard deviation (SD): 70.5±9.4 years) between January 2013 and May 2013 who were hospitalized in the Department of General Internal Medicine 4, Kawasaki Medical School Hospital. The inclusion criteria for patient recruitment were as follows: 1) diagnosis or high clinical suspicion of malignant tumor and 2) undergoing systemic chemotherapy in cases with advanced malignant tumors. Inclusion criteria were not based on age, sex, or smoking habits.

The diagnosis of IPF was made based on history, physical examinations, pulmonary function studies, arterial blood gas analysis, and chest HRCT. Eight patients met the American Thoracic Society criteria for IPF. Peripheral venous blood samples that were collected from the patients on their initial admission were stored at −80°C until use and subsequently analyzed in a blinded fashion with regard to the patient’s clinical status. This study was approved by the Ethics Committee of the Kawasaki Medical University (No 1605) and conform to the Declaration of Helsinki (1975). Written informed consent was provided by all the participants before initiating treatment. None of the patients who provided consent were excluded from this study.

Measurement of serum KL-6 concentration

The serum concentration of KL-6 was measured by a sandwich-type electrochemiluminescence immunoassay at BML, Inc., Tokyo, Japan. The cutoff level was set as the level that resulted in the optimal diagnostic accuracy, according to the previous results for healthy volunteers: 500 U/mL (mean + 2SD for healthy volunteers).

Measurement of serum SP-D, SP-A, and TARC/CCL17 concentrations

Commercially available specific kits were used to measure the level of each marker, according to the protocol of each manufacturer. Sandwich-type enzyme-linked immunosorbent assay (ELISA) kits (Human SP-D Quantikine ELISA Kit; R&D Systems, Inc., Minneapolis, MN, USA; Human SP-A ELISA; Funakoshi Co., Ltd., Tokyo, Japan) were used to measure the concentrations of SP-D and SP-A. The cutoff levels were set as the levels that resulted in optimal diagnostic accuracy according to the previous results for healthy volunteers: 110 ng/mL for SP-D and 43.8 ng/mL for SP-A (mean + 2SD for healthy volunteers). ELISA (ITSI-Biosciences, LLC, Johnstown, PA, USA) was used to measure the concentration of TARC/CCL17. The cutoff level was set as the level that resulted in the optimal diagnostic accuracy according to the previous results for healthy volunteers: 450 pg/mL (mean + 2SD for healthy volunteers).
Statistical analysis
Student’s t-test or the Mann–Whitney U-test, if applicable, was used to analyze the differences in the levels of various serum markers between the subject groups. The chi-squared test for goodness of fit or Fisher’s exact probability test was used to test positive quantitative differences between the groups. The significance of the positive ratio of KL-6 and TARC/CCL17 was tested using the chi-squared test. Multivariate analysis was performed using STATATA software (Light Stone Corp., Tokyo, Japan). All P-values corresponded to two-sided tests, and the significance was set at P<0.05.

Results
Demographic characteristics of the study population
The characteristics of the patients in this study are outlined in Table 1. There were six patients with benign lung disease (BLD) and 26 patients with malignancies. The distribution of the primary diagnoses is shown in Figure 1A. Among our recruited patients, 59.6% (19/32) had lung cancer. In the six patients with BLD, three had infectious pneumonia, two had nontuberculous mycobacterium infection, and one patient had organizing pneumonia after infectious pneumonia. None of the patients with BLD had ILD. There were 68.8% (22/32) current smokers or ex-smokers, and ten patients suffered from chronic obstructive pulmonary disease (COPD). Among the ten patients with a history of ILD, eight patients were diagnosed as having IPF, one patient radiation pneumonitis, and one patient drug-induced ILD. The case of drug-induced ILD is described in the latter half of this section. All the ILD patients had concurrent malignancies (seven, NSCLCs; one, Table 1 Patient’s characteristics of study population

<table>
<thead>
<tr>
<th>Patient characteristics</th>
<th>No of patients (n=32)</th>
<th>Total (%)</th>
</tr>
</thead>
<tbody>
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<td>Age median (range)</td>
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</tr>
<tr>
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<tr>
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</tr>
<tr>
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<td>81.3</td>
</tr>
<tr>
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<tr>
<td>Pneumonia</td>
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<td>12.5</td>
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<tr>
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<td>6.3</td>
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<td>10</td>
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<tr>
<td>Race (Japanese)</td>
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<td>100</td>
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<tr>
<td>Body mass index (mean ± SD)</td>
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</tr>
<tr>
<td>Family history of malignant tumors</td>
<td>10</td>
<td>31.3</td>
</tr>
<tr>
<td>Family history of lung cancer*</td>
<td>2</td>
<td>6.3</td>
</tr>
</tbody>
</table>

Note: The total number of the disease described in this table overlaps each other.
*Family history of malignant tumors and lung cancer was presented to prove that genetic bias did not exist in our study population.

Abbreviations: COPD, chronic obstructive pulmonary disease; NTM, nontuberculous mycobacterium; ILD, interstitial lung disease; SD, standard deviation.

Figure 1 (A) Distribution of primary diagnoses among subjects. The subjects consisted of six patients (18.8%) with benign lung disease and 26 patients (81.2%) with malignant tumors; 59.4% (19/32) had lung cancer (17, nsClC; two, sClC). (B, C) Circulating KL-6 and TARC/CCL17 levels according to disease.
Abbreviations: NSCLC, non-small cell lung cancer; SCLC, small cell lung cancer; KL-6, Krebs von den Lungen-6; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; NHL, non-Hodgkin’s lymphoma; NTM, nontuberculous mycobacterium.
We considered the patients with BLD as the control group in this study and compared the ability of each marker to detect ILD among the various disease categories. Previously reported values of SP-A, SP-D, KL-6, and TARC/CCL17 in Japanese healthy volunteers were used for reference in this study (Table S1). The total number of diseases and the rate for each are shown in Table 1.

### Serum levels of circulating KL-6, SP-D, SP-A, and TARC/CCL17

The sensitivity, specificity, and prevalence rates associated with the cutoff levels of each marker in this study are shown in Table 2. The receiver-operating characteristic curve of each marker clearly revealed the superiority of TARC/CCL17 as the surrogate marker for detecting ILD compared to KL-6, SP-D, and SP-A (Figure S1). For further analysis, KL-6, which is thought to be a standard surrogate marker to detect ILD, and TARC/CCL17 were used. SP-D and SP-A were excluded because of the low sensitivity of SP-D and low specificity of SP-A. Circulating KL-6 and TARC/CCL17 levels according to disease are shown in Figure 1B and 1C. There were no significant differences in the serum concentrations and positive ratios of KL-6 and TARC/CCL17 between the patients with malignant tumors and those with small cell lung cancer; one, ovarian cancer; and one, primary unknown cancer). We considered the patients with BLD as the control group in this study and compared the ability of each marker to detect ILD among the various disease categories. Previously reported values of SP-A, SP-D, KL-6, and TARC/CCL17 in Japanese healthy volunteers were used for reference in this study (Table S1). The total number of diseases and the rate for each are shown in Table 1.

### Table 2 Diagnostic value of measurement of circulating KL-6, SP-D, SP-A, and TARC/CCL17 for ILD (n=32)

<table>
<thead>
<tr>
<th></th>
<th>KL-6</th>
<th>SP-D</th>
<th>SP-A</th>
<th>TARC/CCL17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitivity (%)</td>
<td>64.0</td>
<td>0.0</td>
<td>73.0</td>
<td>70.0</td>
</tr>
<tr>
<td>Specificity (%)</td>
<td>56.5</td>
<td>100</td>
<td>30.4</td>
<td>90.4</td>
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<td>Prevalence rate (%)</td>
<td>32.4</td>
<td>32.4</td>
<td>32.4</td>
<td>32.2</td>
</tr>
</tbody>
</table>

**Abbreviations:** KL-6, Krebs von den Lungen-6; SP-D, surfactant protein-D; SP-A, surfactant protein-A; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; ILD, interstitial lung disease.

### Figure 1 Comparison of circulating KL-6 and TARC/CCL17 levels between the patients with malignant tumors and those with BLD.

**Notes:**

(A) There were no significant differences in the levels of serum KL-6 and TARC/CCL17 between the two groups. (B) Positive ratios of circulating KL-6 and TARC/CCL17 were compared between the patients with malignant tumors and BLD. There were no significant differences in the positive ratios of serum KL-6 and TARC/CCL17 concentrations between the two groups. (C) Positive ratios of circulating KL-6 and TARC/CCL17 were compared between the patients with malignant tumors without ILD and BLD. There were no significant differences in the positive ratios of serum KL-6 and TARC/CCL17 concentrations between the two groups.

**Abbreviations:** KL-6, Krebs von den Lungen-6; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; BLD, benign lung disease; ILD, interstitial lung disease; NS, not significant.
BLD (Figure 2). Next, we examined KL-6 and TARC/CCL17 levels in the patients with NSCLC and BLD (Figure 3). The circulating KL-6 levels tended to be higher in the patients with NSCLC than those observed in the patients with BLD, although the difference was not significant (P=0.254) (Figure 3A). In contrast, the circulating KL-6 positive ratio (0.705; 95% confidence interval: 0.44–0.896) was significantly higher in patients with NSCLC than in those with BLD (0.167; 95% confidence interval: 0.0042–0.64; P=0.022), but no significant difference was observed in the circulating TARC/CCL17 positive ratio (Figure 3B). This tendency was also observed in the patients with NSCLC without ILD and those with BLD without ILD (Figure 3C). These results indicated that KL-6 may not be suitable as a biomarker for ILD in patients with NSCLC. To assess the possibility of using TARC/CCL17 as an early diagnostic biomarker for ILD, we compared the serum KL-6 and TARC/CCL17 concentrations between the patients with malignancy with and without ILD (Figure 4). The TARC/CCL17 concentration was significantly higher in the patients with malignant tumors and ILD (575.6±315.2 pg/mL; n=9) than in the patients without ILD (252.8±110.7 pg/mL; n=17; P=0.015) (Figure 4A). In contrast, there was no significant difference in the concentration of circulating KL-6 between the patients with malignancy with and without ILD (malignant tumor with ILD [n=10]: 817.7±976.8 U/mL vs malignant tumor without ILD [n=17]: 619.4±591.6 U/mL; P=0.507). The positive ratio of circulating TARC/CCL17 was significantly higher in the patients with malignancy and ILD than in those without ILD (P=0.00011), but no significant difference in the circulating

**Figure 3** KL-6 and TARC/CCL17 levels in the patients with NSCLC and BLD.

**Notes:** (A) There were no significant differences in the levels of serum KL-6 and TARC/CCL17 between the patients with NSCLC and BLD. (B) The positive ratios of serum KL-6 and TARC/CCL17 concentrations were compared between patients with NSCLC and BLD. The positive ratio of circulating KL-6 was significantly higher in the patients with NSCLC than in those with BLD (P=0.022). (C) The positive ratios of serum KL-6 and TARC/CCL17 concentrations were compared between the NSCLC patients without ILD and BLD. The positive ratio of circulating KL-6 was significantly higher in the NSCLC patients without ILD than in those with BLD (P=0.038). In contrast, no significant difference in the TARC/CCL17 level was observed. P-values corresponded to two-sided tests and the significance * was set at P<0.05.

**Abbreviations:** KL-6, Krebs von den Lungen-6; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; NSCLC, non-small cell lung cancer; BLD, benign lung disease; ILD, interstitial lung disease; NS, not significant.
A scatter diagram of serum Kl-6 and TARC/CCL17 concentrations in the patients with malignancy and withoutILD. The broken horizontal bars denote the upper limits of the normal range (KL-6: 500 U/mL; TARC/CCL17: 450 pg/mL). The circulating TARC/CCL17 level was significantly higher in the patients with malignancy and ILD than in those without ILD ($P=0.015$). The positive ratios of the KL-6 and TARC/CCL17 concentrations were compared between the patients with malignant tumors with and without ILD. Although no significant difference was observed in circulating KL-6 ($P=0.015$), the positive ratio of TARC/CCL17 was significantly higher in the patients with ILD than in those without ILD ($P=0.00011$). $P$-values correspond to two-sided tests and the significance * was set at $P<0.05$.

Abbreviations: KL-6, Krebs von den lung-6; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; ILD, interstitial lung disease; ns, not significant.

KL-6 positive ratio was observed between the patients with malignancy with and without ILD ($P=0.31$) (Figure 4B). Among those with NSCLC or all recruited patients, similar results were obtained (Figures 5 and 6). These results suggest that TARC/CCL17, but not KL-6, can be a useful biomarker for the detection of ILD. Subsequently, we performed multivariate analysis using logistic regression models to confirm the superiority of TARC/CCL17 as a surrogate marker to detect ILD. The result revealed that TARC/CCL17 was an independent factor for the detection of ILD (Table S2).

Discussion

KL-6 is believed to be a reliable serum biomarker for the diagnosis and management of ILD. In this study, we showed that TARC/CCL17 may be a better marker than KL-6 in patients with NSCLC.

Tanaka et al showed that circulating KL-6 was elevated both at diagnosis and before chemotherapy for NSCLC and that KL-6 was highly expressed on the cell surface of tumors, although there was no assessment of its diagnostic value for concurrent ILD. In addition, elevation of circulating KL-6 was associated with subsequent lung cancer risk and was reported to be a prognostic marker for patients with NSCLC, harboring epidermal growth factor receptor active mutation with no relationship to ILD. These results indicated an unclear cellular origin of KL-6 in NSCLC. Both tumor tissue and type II pneumocytes regenerated in the normal lung could be the main source of circulating KL-6. Thus, KL-6 seems to be unreliable as a comprehensive biomarker for ILD, particularly in patients with NSCLC.

The characteristics of the study population might be one of the reasons for the low sensitivity of SP-D (0.0%) and low specificity of SP-A (30.4%). All the patients with ILD in this study had ILD-negative chest X-ray images but ILD-positive findings on HRCT. In addition, the proportion of smokers (68.8%) was more than two-thirds. Circulating SP-D could be closely associated with alveolitis but not fibrosis, and the SP-A level is affected by smoking. Thus, the characteristics of our subjects may have influenced the sensitivity of SP-D and specificity of SP-A.

Numerous factors that regulate immune and inflammatory responses have been implicated in the pathogenesis of IPF. Regardless of the initial inciting agent, the hallmark...
of IPF is chronic inflammation and deposition of extracellular matrix.\textsuperscript{25} The phenotype of this chronic inflammation appears to be highly associated with a Th2 phenotype of cytokine expression.\textsuperscript{26} Considering the TARC/CCL17 findings from previous\textsuperscript{15,26} studies and our small studies, this marker may have a key role in the development of IPF and drug-induced ILD. Kawashima et al had reported that serum TARC/CCL17 levels were apparently increased in patients with dermatomyositis and ILD compared to patients with dermatomyositis and without ILD;\textsuperscript{27} this report strongly supports our results. In addition, factors affecting the circulating TARC/CCL17 concentration should be considered. Serum levels of TARC/CCL17 are elevated in patients with atopic dermatitis, AEP, bronchial asthma, classical Hodgkin’s lymphoma, and mycosis fungoides.\textsuperscript{13,14,28} In this study, we encountered an NSCLC patient who had a high level of circulating TARC/CCL17 (473.3 pg/mL) without ILD. She had a history of atopic dermatitis and had used a steroid skin lotion for 3 years. It is important to clarify the disease background in order to properly evaluate circulating TARC/CCL17.

This study had a number of limitations. Because of the small sample size and a potential patient selection bias, confirmation of the present results by a large-scale study is needed to ensure the generalizability of our data. In addition, the association between the circulating TARC/CCL17 level and ILD disease activity should be analyzed. Furthermore, drug-induced ILD was found in only one case. Whether sequential measurement of circulating TARC/CCL17 level is useful for the early detection of drug-induced ILD should be clarified in a prospective study.

**Conclusion**

In conclusion, TARC/CCL17 can be useful as a diagnostic marker of ILD in patients with malignant tumors, especially
in patients with NSCLC. Confirmation of the results in a prospective large-scale study is warranted.

Acknowledgment
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Author contributions
All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

Disclosure
We declare that no conflicts of interest exist, including any financial and personal relationships with other people or organizations that could inappropriately influence our work.

Figure 6 (A) Scatter diagram of serum KL-6 and TARC/CCL17 concentrations between the patients recruited in this study with and without ILD. The broken horizontal bars denote the upper limits of the normal range (KL-6: 500 U/mL; TARC/CCL17: 450 pg/mL). The levels (B) and positive ratios (C) of KL-6 and TARC/CCL17 were compared between the patients with and without ILD. Although no significant difference was observed in circulating KL-6 (P = 0.592), the level and positive ratio of TARC/CCL17 were significantly higher in the patients with ILD than in the patients without ILD (P = 0.026 and P = 0.000385, respectively). P-values corresponded to two-sided tests and the significance * was set at P < 0.05.

Abbreviations: KL-6, Krebs von den Lungen-6; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; ILD, interstitial lung disease; NS, not significant.

References
Table S1 The relationship between average concentration of KL-6, SP-A, SP-D and TARC/CCL17 in healthy volunteers and benign lung disease in this study

<table>
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<th>Reported average concentration of healthy volunteers</th>
<th>Average concentration among benign lung disease patients in this study</th>
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<tr>
<td>KL-6 (mean ± SD, U/mL)</td>
<td>258±131</td>
<td>448.3±480.8</td>
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<tr>
<td>SP-A (mean ± SD, ng/mL)</td>
<td>26.7±8.5</td>
<td>61.7±30.34</td>
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<tr>
<td>SP-D (mean ± SD, ng/mL)</td>
<td>46.4±32.9</td>
<td>16.24±13.0</td>
</tr>
<tr>
<td>TARC/CCL17 (mean ± SD, pg/mL)</td>
<td>196.6±129.7</td>
<td>315.0±133.9</td>
</tr>
</tbody>
</table>

Notes: Average concentration of KL-6 in healthy volunteers was obtained from Kohno et al,1 that of SP-A and SP-D were from Takahashi et al,2 and that of TARC/CCL17 was obtained from Kakinuma et al.3

Abbreviations: KL-6, Krebs von den Lungen-6; SD, standard deviation; SP-A, surfactant protein-A; SP-D, surfactant protein-D; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17.

Figure S1 ROC curve of each marker.
Notes: The value of the area under the ROC curve was <0.7 for KL-6, SP-D, and SP-A and >0.7 (0.861) for TARC/CCL17. TARC/CCL17 was thought to have a moderate accuracy to detect ILD.
Abbreviations: ROC, receiver-operating characteristic; KL-6, Krebs von den Lungen-6; SP-D, surfactant protein-D; SP-A, surfactant protein-A; TARC/CCL17, thymus and activation-regulated chemokine/CC chemokine ligand 17; ILD, interstitial lung disease.
Table S2 Uni- and multivariate analysis in this study

<table>
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<th>OR</th>
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<td>–</td>
<td>–</td>
<td>–</td>
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<td>TARC &gt;450</td>
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</tbody>
</table>

Abbreviations: OR, odds ratio; CI, confidence interval; TARC, thymus and activation-regulated chemokine; SP-D, surfactant protein-D; SP-A, surfactant protein-A; KL-6, Krebs von den Lungen-6; BI, Brinkman index.

References