Bioequivalence evaluation of two amlodipine salts, besylate and orotate, each in a fixed-dose combination with olmesartan in healthy subjects

Abstract: A fixed-dose combination of amlodipine and olmesartan is used to treat high blood pressure in patients whose hypertension is not sufficiently controlled with either drug alone. The objective of this study was to evaluate the bioequivalence of two fixed-dose combinations, ie, amlodipine orotate/olmesartan medoxomil 10/40 mg and amlodipine besylate/olmesartan medoxomil 10/40 mg, in healthy subjects. A randomized, open-label, single-dose, two-sequence, two-period, crossover study was conducted in 30 healthy adult volunteers. Blood samples were collected for up to 72 hours post-dose in each period. Safety data included the results of physical examinations, clinical laboratory tests, vital signs, an electrocardiogram, and adverse events. For both amlodipine and olmesartan, the 90% confidence intervals for the geometric mean ratios of AUC\text{last} and time to peak plasma concentration fell within the bioequivalence acceptance criteria. The two fixed-dose combinations showed similar safety profiles. Amlodipine orotate/olmesartan medoxomil 10/40 mg was bioequivalent to amlodipine besylate/olmesartan medoxomil 10/40 mg.

Keywords: amlodipine orotate, amlodipine besylate, olmesartan medoxomil, fixed-dose combination, bioequivalence

Introduction

Amlodipine is one of the most widely used 1,4-dihydropyridine calcium channel antagonists. Amlodipine inhibits the influx of calcium ions through L-type calcium channels that are located mainly in vascular smooth muscle cells, resulting in decreased vascular smooth muscle contractility and vasodilation.\(^1\) Amlodipine is slowly but completely absorbed, with moderately high bioavailability (64%–90%). This drug is extensively converted to inactive metabolites via hepatic metabolism, with 10% of the parent compound and 60% of the metabolites excreted in the urine.\(^2\)

Olmesartan is an angiotensin II receptor blocker that is commonly used to treat hypertension. This drug inhibits the vasoconstrictive and aldosterone-secreting effects by blocking the binding of angiotensin II to its receptors, and results in a decrease in blood pressure.\(^1,3\) With oral administration of olmesartan medoxomil, conversion to the active compound, olmesartan, occurs rapidly and completely during gastrointestinal absorption, and the drug is eliminated mainly in the urine (35%–50%) and feces.\(^4\)

The 2013 European Society of Hypertension and European Society of Cardiology guidelines underline that regardless of which drug is employed, monotherapy effectively reduces blood pressure in only a limited number of hypertensive patients and that most patients require a combination of at least two drugs to achieve blood pressure control.\(^3\) For this reason, fixed-dose combination formulations of two or more classes...
of antihypertensive drugs have been developed, and are used in patients whose blood pressure is not sufficiently controlled when only one drug is used. Compared with separate tablets for each drug, the fixed-dose combination benefits patients by reducing manufacturing costs and by providing the synergistic effect of a potentially lower dose and convenience in terms of administration and compliance.

Combination of an angiotensin receptor blocker and a calcium channel antagonist is one of the preferred regimens, and is the most widely used two-drug combination for treating hypertension. Previous studies have shown no pharmacokinetic interaction between olmesartan and amlodipine, supporting coadministration of olmesartan and amlodipine in fixed-dose combination. The objective of this study was to evaluate the bioequivalence of two fixed-dose combinations, ie, amlodipine orotate/olmesartan medoxomil 10/40 mg and amlodipine besylate/olmesartan medoxomil 10/40 mg, in healthy subjects.

### Materials and methods

#### Study design

This was a randomized, open-label, single-dose, two-treatment, two-sequence, two-period, crossover study conducted at a single center (Clinical Trial Center, Samsung Medical Center, Seoul, Republic of Korea). Healthy adults aged 19–55 years without a record of congenital or chronic disease and with a body mass index of 19–27 were eligible for participation. Selected subjects were randomized to receive either amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®; Daiichi Sankyo Korea Co Ltd, Seoul, Republic of Korea) or amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™; Dong-A ST Co Ltd, Seoul, Republic of Korea). The washout period in this study was 2 weeks.

Subjects were admitted to our hospital and fasted overnight before administration of the study drug. They remained in the hospital for 24 hours after dosing. Venous blood samples (8 mL) were collected from an indwelling catheter or by venipuncture before dosing and 0.5, 1, 1.5, 2, 2.5, 3, 4, 6, 7, 8, 12, 24, 48, and 72 hours after dosing. Blood was centrifuged at approximately 2,000×g for 10 minutes at 4°C, and plasma samples were stored at −70°C prior to analysis.

This study was conducted in accordance with the principles of the Declaration of Helsinki and its amendments, and was performed in compliance with Good Clinical Practice. Ethical approval was obtained from the institutional review board of the Samsung Medical Center, Republic of Korea (November 18, 2013) before initiation of the study. Written informed consent was obtained from all volunteers prior to their participation in the study.

#### Analytical methods

Concentrations of amlodipine and olmesartan in plasma were determined using ultra performance liquid chromatography coupled to tandem mass spectrometry. Chromatography was performed on an Acquity UPLC™ system (Waters Corporation, Milford, MA, USA) using an Acquity UPLC BEH C18 column (50 mm × 2.1 mm, 1.7 μm; Waters Corporation). Tandem mass spectrometric detection was carried out on a Xevo™ TQ-S mass spectrometer (Waters Corporation) for amlodipine and a Xevo TQ mass spectrometer (Waters Corporation) for olmesartan, with an electrospray ionization interface operated in positive ionization mode. The precision and accuracy were adequate for determination of amlodipine and olmesartan in plasma.

#### Pharmacokinetic analysis

Data for the concentration in plasma versus time for both olmesartan and amlodipine were analyzed with noncompartmental methods. The pharmacokinetic parameters were characterized using Phoenix® WinNonlin® (version 6.3; Pharsight, Mountain View, CA, USA) as appropriate. The highest observed concentration in plasma and the corresponding sampling time were defined as Cmax and tmax, respectively. The elimination rate constant (λe) was estimated, and t1/2 was defined as the apparent terminal half-life, calculated as (ln2)/λe. The area under the concentration-time curve (AUC) was estimated using the trapezoidal rule from time 0 to the last measurable concentration (AUClast) and with extrapolation to infinity (AUC∞).

#### Pharmacodynamic analysis

Blood pressure in the upper arm was measured in a sitting position. Subjects were instructed to sit quietly while blood pressure was measured, and to rest for at least 5 minutes before beginning the blood pressure measurements. Systolic blood pressure, diastolic blood pressure, and heart rate were recorded before dosing and at 1, 2, 3, 4, 5, 6, 7, 8, 10, 12, 24, 48, and 72 hours after dosing using a semi-automated cuff-oscillometric sphygmomanometer (HEM-CR23; Omron Corporation, Tokyo, Japan) with an automatic blood pressure monitor (YM1000; Mediana, Wonju, Republic of Korea). Pharmacodynamic data were summarized by means of maximum effect (Emax), time to Emax (TEmax), and area under the
effect-time curve from time 0 to 24 hours (AUEC_{24}) using the trapezoidal rule. The \( E_{\text{max}} \) and AUEC_{24} were calculated for the change from baseline (average of three predose values) for each subject.

Safety assessment
Adverse events (AEs) were recorded throughout the study and coded using MedDRA\textsuperscript{®} (version 16.0; Maintenance and Support Services Organization, Chantilly, VA, USA). The investigator recorded and assessed the severity of the AEs and their causal relationship to the study drug. Additional safety parameters included physical examination, an electrocardiogram, and clinical laboratory tests (hematology, blood chemistry, and urinalysis).

Statistical analysis
The pharmacokinetic and pharmacodynamic parameters were summarized with descriptive statistics (arithmetic mean and standard deviation, or median and interquartile range, as appropriate). The pharmacokinetic parameters were log-transformed and analyzed using a linear mixed model, with treatment, sequence, and period as a fixed effect and subject as a random effect model. For \( C_{\text{max}} \) and AUC_{last}, estimates and 90% confidence intervals for the ratios of the geometric means of the two study drugs (test/reference drug) were derived from the model. Given the nonparametric nature of \( t_{\text{max}} \), the difference (test-reference) for \( t_{\text{max}} \) was assessed using the Wilcoxon signed rank test.

The safety parameters were also summarized with descriptive statistics. Qualitative variables were described by number and percentage of subjects, whereas quantitative variables were described as the arithmetic mean, standard deviation, median, and range. All statistical analyses were performed using SAS\textsuperscript{®} (version 9.2; SAS Institute, Cary, NC, USA).

Results
Subjects
A total of 30 healthy subjects were enrolled and completed this study. They were all men, with a mean age of 28.9 (22.0–53.0) years, a mean weight of 68.9 (53.3–88.0) kg, and a mean body mass index of 22.9 (19.0–26.9). The average amount of alcohol consumed before study enrollment differed between sequences (\( P<0.05 \)). However, this difference was not considered important because the study was carried out with a crossover design, and all data were analyzed by adjusting for sequence effect. Other baseline characteristics showed no significant differences between sequences.

Pharmacokinetics
The plasma concentration-time profiles for amlodipine and olmesartan are presented in Figure 1. The amlodipine plasma concentrations increased gradually, reached a peak at a median \( t_{\text{max}} \) of 6 hours, and declined thereafter, with a mean \( t_{1/2} \) of about 40 hours for the test drug (amlodipine orotate/olmesartan medoxomil 10/40 mg) and reference drug (amlodipine besylate/olmesartan medoxomil 10/40 mg, Figure 1A). Olmesartan plasma concentrations increased, reached a peak at a median \( t_{\text{max}} \) of 2 hours, and declined thereafter, with a mean \( t_{1/2} \) of about 11 hours (Figure 1B). The summary and statistical comparison results for the amlodipine and olmesartan pharmacokinetic parameters for the two study drugs are presented in Table 1. The mean \( t_{1/2} \) of amlodipine was 39.9 hours for the test drug, and was comparable with that of the reference drug at 40.5 hours. The mean \( t_{1/2} \) of olmesartan was also similar between the test drug (10.9 hours) and the reference drug (11.1 hours). The 90% confidence intervals for the ratio of the geometric mean (test/reference drug) for amlodipine \( C_{\text{max}} \) and AUC_{last} are presented in Table 1.

Pharmacodynamics
Mean changes in heart rate, systolic blood pressure, and diastolic blood pressure after dosing of the two study drugs are shown in Figure 2 and Table 2. Systolic and diastolic blood pressure gradually declined, reached the \( E_{\text{max}} \) at approximately 8 hours, and recovered. Heart rate increased, reached the \( E_{\text{max}} \) at approximately 7 hours, and recovered.

Safety
Administration of a single oral dose of either the test drug or reference drug was found to be safe in healthy subjects. The summary of AEs for the study drugs is presented in Table 3. Thirteen AEs were suspected to be related to the study drug (ten [33.3%] subjects): five AEs for the test drug (five [16.7%] subjects) and eight AEs for the reference drug (eight [26.7%] subjects). All AEs were mild or moderate in severity. No severe, serious, or life-threatening AEs were reported throughout the study. We found no clinically significant changes on electrocardiography or physical examination. The majority of clinical laboratory test results were within the normal range or not clinically significant.

Discussion
In this study, the amlodipine orotate/olmesartan medoxomil 10/40 mg fixed-dose combination was bioequivalent to the amlodipine besylate/olmesartan medoxomil 10/40 mg fixed-dose combination. Amlodipine exposure was slightly
Figure 1  Mean plasma concentrations of amlodipine (A) and olmesartan (B) after a single oral dose of the test and reference drugs in healthy subjects.

Notes: Error bars represent standard deviation. Test drug, amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™); reference drug, amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®).

Table 1  Summary of pharmacokinetic parameters and bioequivalence assessment

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Arithmetic mean (SD)</th>
<th>Geometric mean (coefficient of variation[)]</th>
<th>Geometric mean ratio (90% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Test drug</td>
<td>Reference drug</td>
<td>Test drug</td>
</tr>
<tr>
<td>Amlodipine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C&lt;sub&gt;max&lt;/sub&gt;, μg/L</td>
<td>6.7 (1.2)</td>
<td>7.1 (1.2)</td>
<td>6.6 (17.3)</td>
</tr>
<tr>
<td>AUC&lt;sub&gt;last&lt;/sub&gt;, hours·μg/L</td>
<td>230.0 (47.8)</td>
<td>245.1 (51.5)</td>
<td>225.4 (20.8)</td>
</tr>
<tr>
<td>AUC&lt;sub&gt;inf&lt;/sub&gt;, hours·μg/L</td>
<td>327.9 (95.7)</td>
<td>349.9 (96.8)</td>
<td>315.3 (29.2)</td>
</tr>
<tr>
<td>t&lt;sub&gt;max&lt;/sub&gt;, hours</td>
<td>6.0 (5.0, 7.0)</td>
<td>5.8 (5.0, 6.8)</td>
<td>–</td>
</tr>
<tr>
<td>T&lt;sub&gt;1/2&lt;/sub&gt;, hours</td>
<td>39.9 (8.8)</td>
<td>40.5 (8.8)</td>
<td>39.0 (22.1)</td>
</tr>
<tr>
<td>Olmesartan</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C&lt;sub&gt;max&lt;/sub&gt;, μg/L</td>
<td>972.0 (195.9)</td>
<td>1,067.5 (217.6)</td>
<td>952.4 (20.2)</td>
</tr>
<tr>
<td>AUC&lt;sub&gt;last&lt;/sub&gt;, hours·μg/L</td>
<td>6,976.3 (1,365.8)</td>
<td>7,248.6 (1,635.5)</td>
<td>6,839.1 (19.6)</td>
</tr>
<tr>
<td>AUC&lt;sub&gt;inf&lt;/sub&gt;, hours·μg/L</td>
<td>7,062.6 (1,374.2)</td>
<td>7,347.4 (1,650.4)</td>
<td>6,926.9 (19.5)</td>
</tr>
<tr>
<td>t&lt;sub&gt;max&lt;/sub&gt;, hours</td>
<td>2.3 (2.0, 2.5)</td>
<td>2.2 (1.6, 2.5)</td>
<td>–</td>
</tr>
<tr>
<td>T&lt;sub&gt;1/2&lt;/sub&gt;, hours</td>
<td>10.9 (4.2)</td>
<td>11.1 (4.1)</td>
<td>10.2 (38.9)</td>
</tr>
</tbody>
</table>

Notes: *Median (interquartile range), †percentage; test drug, amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™); reference drug, amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®).

Abbreviations: AUC<sub>inf</sub>, area under the plasma concentration-time curve from time 0 extrapolated to infinity; AUC<sub>last</sub>, area under the plasma concentration-time curve from time 0 to the last measurable concentration; CI, confidence interval; SD, standard deviation.
Bioequivalence of two amlodipine salts in combination with olmesartan.

Figure 2 Mean changes in systolic (A) and diastolic (B) blood pressure, and heart rate (C) after a single oral dose of the test and reference drugs in healthy subjects.

Notes: Error bars represent standard deviation. Test drug, amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™); reference drug, amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®).

lower in the present study than in previous studies, whereas olmesartan exposure was slightly higher. A similar antihypertensive effect was observed between the two study drugs. Both drugs displayed a similar safety profile.

The amlodipine/olmesartan fixed-dose combination effectively reduces blood pressure and attenuates the AEs of the amlodipine component in hypertensive patients. The combination of amlodipine 10 mg plus olmesartan 40 mg reduced systolic blood pressure by 30.1 mmHg, a 53% greater reduction than that produced with 10 mg amlodipine alone in patients with mild to severe hypertension. Diastolic blood pressure was reduced by 19 mmHg, compared with 12.7 mmHg for amlodipine alone. All combinations of amlodipine 10 mg with olmesartan demonstrated less peripheral edema than amlodipine 10 mg monotherapy.

Amlodipine base is not water-soluble and must therefore be manufactured as a salt form. Amlodipine was first marketed as a besylate salt. Although the besylate salt is

Table 2 Summary of pharmacodynamic parameters

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Arithmetic mean (SD)</th>
<th>Diastolic BP</th>
<th>Heart rate</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Systolic BP</strong></td>
<td>Test drug</td>
<td>Reference drug</td>
<td>Test drug</td>
</tr>
<tr>
<td>ΔAUEC_{24}, hours mmHg</td>
<td>−140.5 (148.9)</td>
<td>−209.2 (182.2)</td>
<td>−160.2 (101.3)</td>
</tr>
<tr>
<td>ΔE_{max}, mmHg</td>
<td>−12.9 (16.6)</td>
<td>−20.0 (9.5)</td>
<td>−14.1 (7.9)</td>
</tr>
<tr>
<td>T_{max}, hours</td>
<td>7.7 (4.1)</td>
<td>7.6 (5.2)</td>
<td>7.4 (3.6)</td>
</tr>
</tbody>
</table>

Notes: Test drug, amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™); reference drug, amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®). Abbreviations: AUEC_{24}, area under the effect-time curve from time 0 to 24 hours; E_{max}, maximum effect; BP, blood pressure; SD, standard deviation; T_{max}, time to E_{max}. 

Drug Design, Development and Therapy 2015:9
Adverse event | Subjects with adverse events, n (%) | Test drug | Reference drug
---|---|---|---
Total | 7 (23.3) | 11 (36.7)
Sensation of foreign body | 0 (0.0) | 1 (3.3)
Tooth abscess | 0 (0.0) | 1 (3.3)
Hemoglobin decreased | 1 (3.3) | 0 (0.0)
Back pain | 0 (0.0) | 1 (3.3)
Headache | 4 (13.3) | 7 (23.3)
Somnolence | 1 (3.3) | 1 (3.3)
Dysphonia | 0 (0.0) | 1 (3.3)
Nasal congestion | 0 (0.0) | 1 (3.3)
Rhinorrhea | 1 (3.3) | 0 (0.0)

Notes: Test drug, amlodipine orotate/olmesartan medoxomil 10/40 mg (G3041™); reference drug, amlodipine besylate/olmesartan medoxomil 10/40 mg (Sevikar®).

Our results were obtained in conditions that may not be relevant to the practical clinical situation. The characteristics of a homogenous group of healthy study subjects may greatly differ from those of the target patient population, eg, elderly people with several comorbidities who are on polypharmacy for the treatment of hypertension and/or ischemic heart disease, and other vulnerable people, such as women or children, with a risk of reproductive toxicity and fetotoxicity; thus, extrapolation may not be justified. In addition, considering pharmacogenetic polymorphism, our findings may have been inappropriately extrapolated to other ethnic groups. Collectively, further studies may be needed to justify long-term therapeutic interchangeability in a large population of patients with hypertension.

**Conclusion**

In this randomized, open-label study, amlodipine orotate and besylate, each in combination with a fixed dose of olmesartan, were bioequivalent and well tolerated, suggesting that the two fixed-dose combinations investigated could be used interchangeably in clinical practice.

**Acknowledgment**

The authors thank the volunteers who took part in this study and the members of the SMC Clinical Trial Center team for their hard work. This study was sponsored and funded by Dong-A ST Co Ltd.

**Disclosure**

MYB is an employee of Dong-A ST Co Ltd, Seoul, Republic of Korea. The authors have no other conflicts of interest in this work.

**References**