

# Neural correlates of delusional infestation responding to aripiprazole monotherapy: a case report

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**Background:** The pathophysiology and appropriate pharmacological interventions for delusional infestation remain unknown.

**Case presentation:** Here, we report a case of primary delusional infestation successfully treated with aripiprazole. We performed functional magnetic resonance imaging (fMRI) to investigate brain structures and functional modifications. Before antipsychotic treatment, pre- versus post-treatment fMRI images revealed a marked increase in brain activation in the supplementary motor area (SMA).

**Conclusion:** Our results highlight the efficacy and safety of aripiprazole in the treatment of delusional infestation and the possible role of SMA dysfunction in delusional infestation. Indeed, our results suggest that psychiatric improvement of delusional infestation is associated with normalization of brain activity, particularly in the SMA.

**Keywords:** supplementary motor area, antipsychotics, fMRI

## Introduction

Delusional infestation is characterized by the firm belief that pathogens are infesting one's skin. It is a relatively rare syndrome. The frequency of delusional infestation is not entirely clear, but it is estimated that the average dermatologist will manage 2–3 patients with delusional infestation every 5 years.<sup>1</sup> Typically, patients have abnormal cutaneous symptoms (including itching, biting, or formication) or describe a generalized moving sensation, which eventually progresses to the internal organs via the patient's natural orifices. Patients often demonstrate self-destructive behavior in an effort to rid the pathogens from under their skin. This may lead to excoriations, ulcerations, and serious secondary infections.<sup>2</sup> Structural brain abnormalities in patients with delusional infestation have mainly been described in case reports;<sup>3,4</sup> the patients in these case reports often have an underlying encephalopathy or previous stroke.<sup>5–8</sup> Freudenmann et al explored the neural basis of delusional infestation, showing low-level evidence of possible dysfunctional fronto–striato–thalamo–parietal network, ie, brain regions involved in judgment (frontal cortex), body perception (dorsal loop and parietal somatic cortices), and sensory gating (thalamus).<sup>4</sup> Nevertheless, there are several other circumstances that have been associated with its appearance, including several other neurologic and endocrine disorders,<sup>9</sup> medications, and abuse of substances.<sup>10,11</sup>

Although the pathophysiology and appropriate pharmacological interventions in delusional infestation remain unknown, antipsychotic medications are commonly used.<sup>9</sup> We report here a case of primary delusional infestation treated with aripiprazole, a second-generation antipsychotic. Functional magnetic resonance imaging (fMRI)

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was performed before and after an 8-month period to further investigate the clinical evolution and functional correlates associated with delusional infestation.

## Case report

A 68-year-old woman with no psychiatric history was referred by her dermatologist for a psychiatric consultation. The patient complained of burning, itching, and generalized pain in the region of her head and face. She described persistent and spreading abnormal tactile sensations. In addition, the patient complained of the rise in incidence of these persistent mobile skin vesicles. She had strong conviction that the vesicles were infested by some tiny pathogens (vermin). The patient was so disturbed by these complaints that her quality of life had progressively deteriorated. She spent much of her time trying to get rid of the vesicles and kill the pathogens, using mechanical force and chemical self-cleaning (disinfectants, alcohol, creams, soap). The patient's symptoms had persisted for the past 2 years. She consulted several general practitioners, dermatologists, and microbiologists but avoided psychiatrists. Despite seeing several doctors and dermatologists who performed two biopsies and a lymphoscintigraphy exam, she was never given an accurate diagnosis. No medical or microbiological evidence was found for this.

On psychiatric evaluation, the patient described a history of posttraumatic stress disorder symptoms, lasting for 3–4 years, following the death of her mother (who died from primary skin carcinoma of her face). Although the patient exhibited few current symptoms of posttraumatic stress disorder, she did express having some nightmares and more frequently, diurnal 'flashbacks' in which her own face was superimposed with that of her mother's degraded face. These 'flashbacks' can be also interpreted as visual illusions or hallucinations. The patient did not show any signs consistent with a chronic mood disorder or other psychosis. However, she clearly expressed her fear of having the same fate as her mother at the same age, and the fear of having a disfigured face.

We decided to start the patient on aripiprazole (5 mg/day). Although there have been no controlled clinical trials, there is significant evidence for effectiveness of second-generation antipsychotics in the treatment of this syndrome, eg, risperidone,<sup>12–15</sup> aripiprazole,<sup>13</sup> and blonanserin<sup>3</sup> in the treatment of delusional infestation. We chose aripiprazole because of its mechanism of action and its good clinical tolerance profile. Indeed, aripiprazole has a unique pharmacological effect on the dopamine neurotransmission system (partial agonist at dopamine D2 and D3 receptors).

An fMRI was performed before and after the treatment period. Scanning was performed on a 3T Siemens Verio MRI scanner (Siemens AG, Erlangen, Germany). Functional images were acquired using a single-shot echo planar imaging (EPI) sequence sensitive to blood oxygen level-dependent (BOLD) contrast (repetition time [TR] = 3 seconds; echo time [TE] = 30 ms; flip angle = 90°; 50 contiguous slices; 2.5 mm thickness; 2.5 × 2.5 mm in-plane resolution; field of view [FOV] = 240 mm). The patient performed a visual mental imagery task with a block paradigm, which included 13 rest condition blocks (lasting 12 seconds) and four different mental imagery conditions (lasting 15 seconds, each repeated three times): 1) imagery of her own hand, 2) her own face, 3) her husband's face, and 4) her mother's face.

We obtained written informed consent from the patient prior to performing any procedures. Moreover, written informed consent was obtained from the patient for publication of this case report. A copy of the written consent is available for review by the editor of this journal.

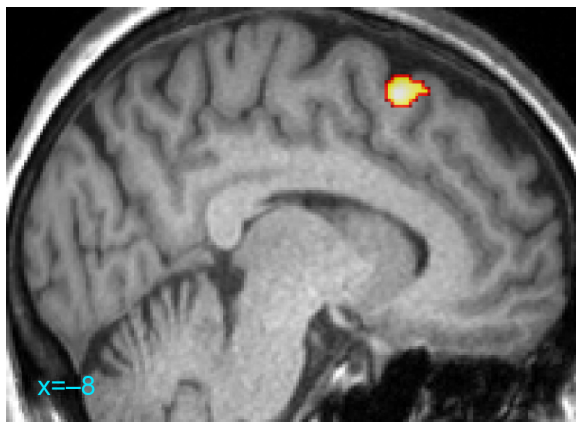
## Results

The patient's complaints progressively decreased in severity and she reported a significant increase in her quality of life (Table 1). After 2 months of aripiprazole treatment, no side effects were noted and the patient stated that most of her vesicles had disappeared. A few of the patient's complaints remained, however, including persistent itching and aching. The medication was increased to 15 mg/day, which completely resolved all of the patient's complaints. A follow-up

**Table 1** Clinical measures

	Session 1: before treatment	Session 2: after 8 months
MINI 5.0		
Current MDE, n	1	0
Current suicidal risk, n	1	0
Other comorbidities, n	0	0
SAPS, score	14	6
SANS, score	21	10
MADRS, score	18	8
HAM-A psychic anxiety, score	13	8
HAM-A somatic anxiety, score	0	4
CAPS, total score	20	12
Re-experiencing, score	3	0
Avoidance, score	8	5
Hyperarousal, score	9	7

**Abbreviations:** CAPS, clinician-administered PTSD (posttraumatic stress disorder) scale; HAM-A, Hamilton Anxiety Rating Scale; MADRS, Montgomery-Åsberg Depression Rating Scale; MDE, major depressive episode; MINI, Mini-international neuropsychiatric interview; SANS, Scale for the Assessment of Negative Symptoms; SAPS, Scale for the Assessment of Positive Symptoms.



**Figure 1** Antipsychotic treatment effects during own face mental imagery task.  
**Note:** The supplementary motor area (–8, 18, 58) was more activated before than after antipsychotic treatment (with aripiprazole).

psychiatric evaluation confirmed marked generalized clinical improvement.

When comparing pre- and post-treatment imaging, the supplementary motor area (SMA) was significantly more activated for all the mental facial imagery tasks (Figure 1). Upon recovery, other regions of brain activity were observed, which corresponded to the abnormal pre-treatment hypo-activation. All of the activations are presented in terms of cluster size, *P*-value, Montreal Neurological Institute (MNI) coordinates, and *Z*-score in Table 2.

## Discussion

Our results highlight the efficacy and safety of aripiprazole in the treatment of delusional infestation and the possible role of SMA dysfunction in delusional infestation.

Prior to treatment, the SMA was the only region that was significantly more active. Following treatment, we found a marked decrease in the activation of this area; this result was attributed to the dysfunction in the region of the SMA during delusional infestation. An alteration of the SMA may adversely affect how we perceive and adapt to our surroundings. In a previous study, Saugstad highlighted the role of the SMA in psychosis,<sup>16</sup> suggesting that psychosis is due to an abnormally functioning SMA; in such cases, there is relatively decreased function of the excitatory synapses, which creates silent spots in the region of the SMA. The varying localizations of these silent spots may explain the great variability in schizophrenia. Our results suggest that SMA dysfunction may be implicated in this case of delusional infestation. Although the mechanism regarding the modification of SMA activity remains unclear, functional readjustment in this area may contribute to the improvement of clinical symptoms. Future studies should investigate different therapeutic techniques, including the effects of repetitive transcranial magnetic stimulation on the SMA in the treatment of delusional infestation.

**Table 2** Between-session comparisons of treatment effect on all tasks

Mental imagery	Brain region	Size (mm <sup>3</sup> )	<i>P</i> -value	<i>Z</i> -score	MNI coordinates
<b>Session 1 &gt; session 2</b>					
Own hand	–	NS	–	–	–
Own face	Supplementary motor area	142	0.04	3.24	–8, 18, 58
Mother's face	Supplementary motor area	125	0.05	3.43	–8, 18, 58
Husband's face	Supplementary motor area	124	0.05	3.46	–8, 18, 58
<b>Session 2 &gt; session 1</b>					
Own hand	Cerebellum	694	<0.001	3.80	–18, –64, 12
	Left fusiform	160	0.03	3.71	–34, –24, –22
	Right precuneus	191	0.02	3.05	2, –70, 58
Own face	Cerebellum	1,424	<0.001	4.09	–18, –64, –12
	Cerebellum	200	0.01	4.01	–32, –24, –22
	Parahippocampus	370	<0.001	3.41	–30, –62, –28
Mother's face	Parahippocampus	123	0.05	3.73	–30, –26, –22
	Parahippocampus	1,222	<0.001	3.50	34, –76, 4
	Cerebellum	148	0.03	3.14	–28, –58, 46
Husband's face	Left precuneus	126	0.05	2.76	–2, –48, 66
	Vermis	1,425	<0.001	3.81	4, –66, –8
	Cerebellum	142	0.04	3.34	–30, –56, –46
	Left precuneus	165	0.03	2.98	–2, –48, 66

**Notes:** *P*<0.01 (voxel level) with cluster-wise correction (*P*<0.05); *P*-values given for clusters.

**Abbreviations:** MNI, Montreal Neurological Institute; NS, not significant.

After recovery, different areas of the brain were found to be significantly more activated than during the delusional episode: the cerebellum, which is known for its role in attention and mental imagery, the fusiform in body recognition, and the precuneus in reference to the self<sup>17,18</sup> and somatization.<sup>19</sup> The precuneus was found to be more activated, with the exception of the patient's face condition. Despite the difficulty of interpreting these results, functional modifications in such regions cannot be ignored due to their association with psychotic disorders such as altered feelings of self and body incarnation.

In conclusion, this case report confirms the efficacy and safety of using aripiprazole in treating delusional infestation. The possible mechanism of such successful treatment depends on its partial agonist activity at the D2/D3 receptors. Thus, aripiprazole works as a dopamine stabilizer, reducing dopamine activity in dopaminergic systems where the neurotransmitter levels are high, and raising dopamine activity in dopaminergic systems where the neurotransmitter levels are low. According to Freudenmann et al<sup>4</sup> aripiprazole treatment in delusional infestation is associated with blocking 63%–78% of striatal D2 receptors, which was both effective and well-tolerated. Moreover, the occupancy rate appeared comparable to the occupancy rate that has been established for treating schizophrenia. In our study, we found that dysfunction of the SMA may be associated with the manifestations of delusional infestation; therefore, normalization of the SMA activity may lead to improvement of the symptoms of delusional infestation.

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## Author contributions

FA and WEH participated in the design of the study. LP and WEH drafted the manuscript. LP and FA performed the data analysis. All authors contributed to and have approved the final manuscript.

## Disclosure

WEH has received honoraria for conferences and consulting from AstraZeneca, Bristol-Myers Squibb, Eli Lilly, Janssen-Cilag, Lundbeck, and Otsuka. LP and FA report no proprietary or commercial interest in any product mentioned

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