

# Neoadjuvant chemotherapy in locally advanced cervical carcinoma: which is better, intravenous or intra-arterial?

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**Purpose:** The aim of our study is to investigate the differences in therapeutic effects and clinical significance between intravenous systematic chemotherapy and intra-arterial interventional chemotherapy in stage Ib2-IIb cervical carcinomas.

**Methods:** A retrospective analysis was performed on 93 cases of intravenous and 118 cases of intra-arterial neoadjuvant chemotherapy for stage Ib2-IIb cervical carcinomas treated in Peking Union Medical College Hospital from the year 2001 to 2010.

**Results:** After neoadjuvant chemotherapy, the overall response rate was 84.9% versus (vs) 88.2% and the operability rate was 77.4% vs 81.4%, for intravenous vs intra-arterial ( $P>0.05$ ). There were no significant differences in toxicities, surgical duration, perioperative blood loss, and operative complications between these two groups. Postoperative pathological examination revealed a significantly lower parametrial infiltration in the intra-arterial group (12.5% vs 38.1%,  $P<0.05$ ), while the positive vaginal margin, lymph node metastasis, and intravascular tumor embolus showed no significant differences. The intravenous group and the intra-arterial group had similar recurrence rate (16.0% vs 12.3%), distant metastasis rate (9.1% vs 8.5%), and 5 year survival rate (79.5% vs 84.9%), without significant differences.

**Conclusion:** Neoadjuvant chemotherapy with cisplatin and 5-fluorouracil are safe and effective for patients with locally advanced cervical carcinomas. The intravenous and the intra-arterial approaches present with similar chemotherapy efficacy and clinical outcome. Since it is more simple and economical, the intravenous systematic approach shows greater value in clinical application.

**Keywords:** cervical carcinoma, neoadjuvant chemotherapy, parametrial infiltration, intravenous systematic chemotherapy, intra-arterial interventional chemotherapy

## Introduction

Cervical carcinoma is the most common gynecological malignancy in developing countries, and it remains the major cause of death from cancer. Most patients present with locally advanced diseases (stage Ib2-IIb). For such cases, it is difficult to perform surgery directly due to multiple complications, or to deliver radiation because of too bulky tumors with large hypoxic tumor areas.

Neoadjuvant chemotherapy (NACT) is proposed to treat cervical cancer with huge masses or in advanced stages before surgery or radiation.<sup>1</sup> The rationales for the use of NACT are several. Tumor size reduction may facilitate subsequent local therapy, whether radiotherapy or surgery. This reduction can transform inoperable tumors into radically resectable ones. NACT has also been suggested to increase radiosensitivity and decrease the hypoxic cell fraction. Moreover, NACT treats the micrometastatic

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disease, preventing a significant proportion of relapses. Finally, response to NACT has been identified as an important prognostic factor in several studies.<sup>2–6</sup> A meta-analysis of NACT followed by radical hysterectomy showed an absolute improvement of 14% in survival at 5 years.<sup>7</sup>

At present, there are two approaches for NACT, intravenous systematic chemotherapy or intra-arterial interventional chemotherapy. Intravenous administration has lower requirement of techniques and expenses, but it is assumed to produce heavier systematic side effects. Intra-arterial infusion of chemotherapeutic agents in cervical cancer has been of considerable theoretical interest based on the distinct arterial supply to the tumor-bearing areas and on mathematical and pharmacokinetic models. It is believed to markedly increase the drug concentration in the pelvic cavity and enhance the ability of killing tumor cells 10–100 times, but it is much more expensive and puts more challenges on the technicians. For the time being, there is no standard method for NACT in locally advanced cervical cancer. Are there any differences in therapeutic efficacy, side effects, and clinical outcome associated with these two approaches? How do we choose in clinical practice? Considering these questions, our study retrospectively reviewed 211 patients with stage Ib2-IIb cervical carcinomas who had received NACT either intravenously or intra-arterially at Peking Union Medical College Hospital during 2001–2010, in the hope of providing some reference in future practice.

## Materials and methods

### Patient information

Between January 2001 and December 2010, 211 patients with stage Ib2-IIb cervical carcinomas received NACT (93 intravenous and 118 intra-arterial) in the Department of Obstetrics and Gynecology at Peking Union Medical College Hospital. Patient information, including age at onset, clinical stage, NACT (approach, regimen, and courses), surgery (surgical duration, perioperative blood loss, and complications), postoperative treatment (radiotherapy and/or chemotherapy), clinical prognosis, and follow-up, was collected from clinical database. Clinical staging was performed according to the FIGO (Fédération Internationale de Gynécologie et d'Obstétrique) criteria supplemented by pelvic examination and nuclear magnetic resonance imaging. All investigations were performed according to a protocol that was evaluated and approved by the ethics committee at Peking Union Medical College Hospital, Beijing, People's Republic of China.

### NACT

All enrolled patients were randomized into intravenous and intra-arterial group, and received three cycles of NACT every

3 weeks according to the scheme PF (cisplatin 70 mg/m<sup>2</sup> on the first day; 5-fluorouracil 1,000 mg/m<sup>2</sup> on days 1–4). Intra-arterial interventional chemotherapy was performed through the right femoral artery catheterization. Each side of the uterine artery received half of the cisplatin dosage. Catheter was retained on the severer side, maintaining 24 hour infusion of 5-fluorouracil for 4 consecutive days.

### Evaluation of NACT efficacy

Efficacy of NACT was assessed 14 days after the treatment in accordance with World Health Organization criteria for solid tumors. Complete response was defined as complete disappearance of all clinically detectable diseases. Partial response was recorded as >30% reduction in total tumor size. Stable disease was defined as <30% decrease or <20% increase in tumor size. Progressive disease was defined as >20% increase in size or the appearance of new lesions. Magnetic resonance imaging was used to evaluate tumor response.

### Treatment after NACT

Patients with stable or progressive diseases were referred for radiotherapy, all others underwent classical radical hysterectomy, bilateral salpingo-oophorectomy, and bilateral systematic pelvic lymph node dissection. Adjuvant radio/chemotherapy was given in the presence of high risk factor for recurrence such as positive lymph node, parametrial infiltration, or positive surgical margins.

### Follow-up

Follow-up procedures included pelvic examination, vaginal margin cytology, and nuclear magnetic resonance imaging, every 3 months for 2 years, then 6 months until the fifth year. All patients had regular follow-ups and the period was considered from the day of admission to the last visit or death.

### Statistical analysis

Statistical analysis was performed with SPSS 19.0 software (IBM Corporation, Armonk, NY, USA). Chi-square test was used to analyze the categorical data. A *P*-value <0.05 was considered statistically significant.

## Results

### Patient information (Table 1)

There were 93 and 118 patients in the intravenous group and intra-arterial group, respectively, with a median age of 42.8 years and 40.1 years. The ratio of squamous carcinoma was 86.0% (80/93) versus (vs) 80.5% (95/118), respectively. Regarding the clinical stage before NACT, there were 24 cases

**Table 1** Patient characteristics

Group	N	Age	Squamous cell carcinoma	Clinical stage		
				Ib2	Ila	Iib
Intravenous	93	42.8	86.0% (80/93)	25.8% (24/93)	44.1% (41/93)	30.1% (28/93)
Intra-arterial	118	40.1	80.5% (95/118)	29.7% (35/118)	36.4% (43/118)	33.9% (40/118)

at stage Ib2, 41 at stage Ila, and 28 at stage Iib, in the intravenous group; there were 35 cases at stage Ib2, 43 at stage Ila, and 40 at stage Iib, in the intra-arterial group. No significant differences were observed in age, histological type, and clinical stage between the intravenous and the intra-arterial group.

### Therapeutic efficacy of NACT (Table 2)

In the intravenous group, three and 76 patients obtained complete response and partial response, respectively, with overall response rate of 84.9% (79/93); in the intra-arterial group, six and 98 patients obtained complete response and partial response, respectively, with overall response rate of 88.2% (104/118). The operability rate after NACT was 77.4% vs 81.4%, for intravenous vs intra-arterial. No significant differences were found in overall response rate and operability rate between these two groups.

### Toxicities of NACT (Table 3)

The most common side effects of cisplatin and 5-fluorouracil are digestive discomfort (nausea and vomiting) and bone marrow depression (neutropenia, anemia, and thrombocytopenia). Others that are not so common include impairment of renal function, acoustic nerve, and peripheral nerves, which were not observed in our study. About 67.7% and 58.5% of patients presented with digestive discomfort, and 9.7% and 8.5% patients presented with neutropenia, for intravenous vs intra-arterial. In the intravenous group, 42 patients had mild digestive discomfort, 17 patients had moderate digestive discomfort, and four patients had severe digestive discomfort. In the intra-arterial group, 40 patients had mild digestive discomfort, 24 patients had moderate digestive discomfort, and five patients had severe digestive discomfort. Nine and ten patients presented with mild bone marrow depression, mainly referring to neutropenia, in the intravenous group and intra-arterial group, respectively. There were no significant differences in the toxicities

associated with NACT between the two groups. The toxicities for most patients were tolerable.

### Surgery, postoperative pathology, and postoperative radiotherapy after NACT (Table 4)

No significant differences were observed in surgical duration (195 minutes vs 184 minutes), perioperative blood loss (685 mL vs 708 mL), and complication rate (9.6% vs 12.7%), for intravenous vs intra-arterial. There were six cases of urinary tube fistula and three case of thrombosis in the crural intermuscular veins in the intravenous group. The complications caused by intra-arterial interventional chemotherapy included four cases of bladder injury, five cases of second debridement due to wound dehiscence, four case of urinary tube fistula, and two case of intestinal fistula.

Postoperative pathological examination revealed that 12.5% (4/32) of patients with stage Iib cervical carcinomas who received intra-arterial interventional NACT were found to have parametrial infiltration, significantly lower than the percentage in the intravenous group (12.5% vs 38.1%,  $P < 0.05$ ). Statistical analyses did not show significant differences in the percentage of intravascular tumor embolus (16.7% vs 20.8%), positive vaginal margin (22.2% vs 18.8%), and lymph node metastasis (18.1% vs 23.1%), for intravenous vs intra-arterial.

Postoperative radiotherapy was given in the presence of high risk factors for recurrence such as positive lymph node, parametrial infiltration, or positive surgical margins. Our data revealed that 44.2% and 37.8% of patients received postoperative radiotherapy, for intravenous vs intra-arterial, without significant difference statistically.

### Clinical outcome after NACT (Table 5)

There were eight cases and 12 cases lost in the intravenous and the intra-arterial group, respectively. The median follow-up

**Table 2** Therapeutic efficacy of neoadjuvant chemotherapy

Group	N	Complete response	Partial response	Stable disease	Progressive disease	Operability rate
Intravenous	93	3.2% (3/93)	81.7% (76/93)	8.6% (8/93)	6.5% (6/93)	77.4% (72/93)
Intra-arterial	118	5.1% (6/118)	83.1% (98/118)	7.6% (9/118)	4.2% (5/118)	81.4% (96/118)

**Table 3** Toxicities of neoadjuvant chemotherapy

Group	N	Digestive discomfort (nausea and vomiting)			Bone marrow depression (neutropenia)
		Mild	Moderate	Severe	Mild
Intravenous	93	45.1% (42/93)	18.3% (17/93)	4.3% (4/93)	9.7% (9/93)
Intra-arterial	118	33.9% (40/118)	20.3% (24/118)	4.2% (5/118)	8.5% (10/118)

period was 66 months (range 17–117) vs 72.5 months (range 20–151) months, for intravenous vs intra-arterial. There were no significant differences in recurrence rate (16.5% vs 12.3%), distant metastasis rate (9.4% vs 8.5%), and 5 year survival rate (79.5% vs 84.9%), for intravenous vs intra-arterial.

## Discussion

Patients with locally advanced-stage cervical carcinomas often have pathological high-risk factors for metastasis or recurrence, and treatment has often been challenged as the local control is relatively poor due to complications or too bulky tumor masses. In 1982, Frei first put forward the concept of NACT, which referred to chemotherapy prior to surgery or radiation intending to improve the operability of cancer and ultimately survival benefits.<sup>8</sup> Li et al reported that for early stage bulky cervical cancer, NACT decreased the ratio of lymphovascular space invasion, deep stromal invasion, lymph node metastasis, and the need of adjuvant radiotherapy, and finally improve 5 year progression-free survival rate and overall survival rate, as compared with primary surgery.<sup>9</sup> Further multivariate analysis suggested that the response to NACT is an independent prognostic factor of progression-free survival and overall survival.<sup>9</sup> In another study, Yin et al also found that NACT plus radical surgery improved the long-term disease-free survival and overall survival of patients with locally advanced stage Ib2-IIb cervical cancer compared with radical surgery alone.<sup>10</sup> Other cisplatin-based chemotherapy regimens have also been explored in multiple clinical studies, showing a promising clinical response in a neoadjuvant setting.<sup>11–16</sup>

Although NACT followed by surgery represents a valid alternative to primary chemoradiotherapy in young and sexually active patients, on the other hand, some concerns have also been associated with the use of NACT. The toxicity of NACT has been reported by several studies. Toxic nonhematologic reactions consisted primarily of grades 1–2 nausea and vomiting, and hematologic toxicity such as neutropenia, anemia, and thrombocytopenia.<sup>17</sup> In addition, in patients who do not respond to chemotherapeutic drugs, the administration of other curative treatment will have been delayed unnecessarily. Moreover, some chemotherapy agents could have cross-resistance with radiotherapy, inducing the development of radioresistant cellular clones.<sup>18</sup>

So far, most researchers have been focusing on the prognosis improvement induced by NACT, while studies focusing on the differences between intravenous and intra-arterial NACT have been scarce. Our study, for the first time, explored the differences between these two approaches of NACT administration. In our research, we compared the two approaches in the efficacy and side effects, and no significant differences were observed in the aspects of overall response rate, operability rate, digestive discomfort, and hematological depression. Nevertheless, our data confirmed that most patients indeed benefited from NACT, consistent with the results of previous research.

As far as surgery is concerned, in our study, the surgical duration, the perioperative blood loss, and the operative complications did not show significant differences for the two approaches of NACT. Compared with previous studies, the fistula rates in our study were relatively higher. About 90% of patients who presented with urinary or intestinal fistulas had previous history of surgery, such as cesarean

**Table 4** Perioperative data and postoperative pathological examination

Group	N	Surgery			Postoperative pathology			
		Surgical duration (minutes)	Blood loss (mL)	Incidence of complication	Parametrial infiltration	Positive vaginal margin	Intravascular tumor embolus	Lymph node metastasis
Intravenous	93	195	685	9.6% (9/83)	38.1% (8/21)	22.2% (16/72)	16.7% (12/72)	18.1% (13/72)
Intra-arterial	118	184	708	12.7% (15/118)	12.5% (4/32)	18.8% (18/96)	20.8% (19/96)	23.1% (21/96)



**Table 5** Clinical outcome after neoadjuvant chemotherapy

Group	Recurrence rate	Distant metastasis rate	Overall survival rate
Intravenous	16.5% (14/85)	9.4% (8/85)	80.0% (68/85)
Intra-arterial	12.3% (13/106)	8.5% (9/106)	84.9% (90/106)

section, ovarian cystectomy, or myomectomy. During the radical hysterectomy, tissue adhesion was the main problem, bringing a lot of difficulties in recovering the normal pelvic anatomy. Considering the postoperative pathological examination of high-risk factors, these two approaches did not show significant differences in positive vaginal margin, vascular involvement, and lymph node metastasis. In spite of this, pathological examination of stage IIb tumors revealed that parametrial infiltration rate for the intra-arterial group was significantly lower than that of the intravenous group, indicating that intra-arterial intervention was superior to intravenous systematic chemotherapy in improving the infiltration of parametrial tissues.

However, regarding the clinical outcome, the incidences of recurrence, distant metastasis, and 5 year survival were not significantly different between these two groups, suggesting that these two approaches had similar effects in improving patient prognosis. We infer that, although the intra-arterial intervention could elevate regional drug concentration dramatically, different drugs may have different distribution patterns in various organs or tissues, and the intravenous delivery may produce a longer period of effective drug concentration in vivo. More research is necessary to confirm the long-term benefits of NACT by increasing the sample size or changing the regimens.

## Conclusion

NACT with cisplatin and 5-fluorouracil are safe and effective for patients with locally advanced cervical carcinomas. The intravenous and the intra-arterial approaches present with similar chemotherapy efficacy and clinical outcome. Since it is more simple and economical, the intravenous systematic approach shows greater value in clinical application.

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## Disclosure

The authors report no conflict of interests in this work.

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